

REGISTRATION BEGINS WEDNESDAY, DECEMBER 14TH AT 12:00PM

WINTER & SPRING 2023

ACTIVITIES & EVENTS

INTERESTED IN WORKING THIS SUMMER?

Needham Park and Recreation is looking for interested community members to assist with our summer programs and events! Please see below for some of the positions we are looking for assistance with. Park and Recreation starts accepting applications for summer positions beginning in January. All applicants must be at least 15 years of age as of June 1.

Summer Programs

Position Starting at

COUNSELORS \$15

GROUP LEADERS \$16

The Pools at Rosemary

Position	Starting at
BOOTH STAFF	\$15
MAINTENANCE STAFF	\$15
LIFEGUARDS	\$16
SWIM INSTRUCTORS	\$18

APPLY TO WORK AT WWW.NEEDHAMMA.GOV/725/EMPLOYMENT

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WE WELCOME

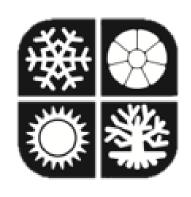
ALL RACES AND ETHNICITIES
ALL RELIGIONS
ALL COUNTRIES OR ORIGIN
ALL GENDER IDENTIES
ALL SEXUAL ORIENTATIONS
ALL ABILITIES & DISABILITIES
ALL LANGUAGES

EVERYONE.

ALL AGES

WE STAND HERE WITH YOU

YOU ARE SAFE HERE



Who are we?

Stacey Mulroy
Director
smulroy@needhamma.gov

Assistant Director



Chris Burnham
Recreation Supervisor
cburnham@needhamma.gov

Kim Parsons

Administrative Assistant

kparsons@needhamma.gov

Derek Moreau Administrative Specialist dmoreau@needhamma.gov

> Wu Liao Park Ranger wliao@needhamma.gov





The Department is overseen by the Park and Recreation Commission, made up of the following members:

Chris Gerstel, Chair Michelle Geddes, Vice Chair Cindy Chaston Dina Hannigan, Member Frederika Lalonde, Member Responsibilities of the Commission:

Empowered by Chapter 45 of the General Laws of the Commonwealth of Massachusetts, the Park and Recreation Commission:

- Serves as steward of over 300 acres of land
- Oversees and schedules all outdoor athletic facilities
- Oversees the Pools at the RRC
- Develops long-range plans related to open space and recreation
- Coordinates and provides support services to many community organizations
- Provides youth leadership training and volunteer resource development

Where can you find us?

Stop by the office at:

Rosemary Recreation Complex 178 Rosemary Street Needham, MA 02494

Give us a call at:

781.455.7930

Email us at:

parkandrecreation@needhamma.gov

Visit our informational site at:

https://www.Needhamma.gov/495/Park-Recreation

Register for programs, activities and events at:

http://www.NeedhamPrograms.com

Follow us at:



https://www.facebook.com/ NeedhamRecreation



https://www.instagram.com/ NeedhamRecreation



https://twitter.com/ NeedhamPandR

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Important Town Numbers

COA 781.455.7555

Conservation 781.455.7550 x248

DPW 781.455.7550

Fire 781.455.7580

Housing 781.455.7550 x220

Library 781.455.7559

MBTA 617.222.3200

Police 781.455.7570

Public Health 781.455.7940

Public Schools 781.455.0400

RTS 781.455.7568

Town Hall 781.455.7500

Youth & Family 781.455.7500 x267

WINTER 2023

Registration Information

Registration Quick Notes

- There are no guarantees for any method of registration, so choose the method most comfortable to you.
- Remember to put your name on the waitlist if a space is not available; no payment is collected for a space on waitlist.
- All programs are offered to Needham residents on a first come, first served basis, including any students attending the Needham Public Schools. Financial Assistance
- Credits may be used online.

Financial Assistance & Scholarships

Financial assistance is available to Needham Residents. Please send a letter of need to us at parkandrecreation@needhamma.gov. A recommendation of need is also needed for processing. Letters can come from school guidance, Youth & Family Services, Needham Food Pantry, Needham Community Council, religious organizations and others. If you have any questions, do not hesitate to contact us at 781.455.7930. We strive to give everyone an opportunity to participate in our programs and events!

Registration

Register for all Park & Recreation programs online, in the office, or by mail. Participants are accepted on a first come, first serve basis. If the class is FULL, you can be placed on a waitlist. If an opening becomes available, we will contact you. Due to the number of registrations, we do not confirm placement. If you do not hear from us, you should assume you are enrolled.

Non-Residents

Non-Needham Residents may register one week after resident registration begins, on a space-available basis.

Cancellations

The Park & Recreation Department reserves the right to cancel programs which do not support themselves. If a class must be cancelled due to weather, instructor illness, facility issues, etc., the Department will make every effort to contact participants. No classes are held when the Needham Public Schools have been cancelled. If a class is cancelled, you will be notified regarding a make up class.

Refund Policy

The Department has a NO REFUND policy unless the program is cancelled or there are special circumstances. In most cases, credits are given and do not expire. All requests need to be submitted to Park and Recreation *in writing* to parkandrecreation@needhamma.gov.

Accessibility

The Park & Recreation Department strives to make all of our programs accessible to all. If participants have special needs, please contact the Director in advance. Stacey can be reached at smulroy@needhamma.gov or at (781) 589 0960.

Park Donations

You can make a donation on your registration form or write a separate check in honor of your favorite park. All gifts will be placed in the Trust Fund for Parks and will be used for park improvements. Call (781) 455 7930 for more information.

Registration Information

Lost & Found

Please call 781.455.7930 if you've lost an something at a Park & Recreation park, facility, event, or program.

Typos, Errors, We Goofed!?

Occasionally there may be an error or change in the day, times, fees or location in the brochure. If so, we will do everything possible to correct the situation promptly. Thank you for your patience and understanding should these situations arise.



Programs do not meet on the following dates unless noted otherwise:

January 16 - Dr. Martin Luther King Jr. Day
February 20 - 24 - February School Vacation
April 7 - Good Friday
April 17 - 21 - April School Vacation
May 29 - Memorial Day
June 19 - Juneteenth

Classes are cancelled when the Needham Public Schools have been cancelled.

Town Offices are closed on all national holidays.



Notify Me is a notification system that will send you an email or text message when new information is posted on the Town of Needham website, including program updates, field status and ice depths!!

- 1. Go to www.needhamma.gov and click on the 'Notify Me' bubble in the middle of the webpage.
- 2. Enter your email address (or cell phone number for text messages).
- 3. Select email type, HTML or Text
- 4. Select box for FIELD STATUS, RECREATION INFORMATION, and more!
- 5. Click the SUBSCRIBE button.

Town Newsletter: Register for the News you Need(ham) by going to www.needhamma.gov and clicking on the blue button labeled: Sign Up for the Town's Email newsletter











Needham Court Badges

NEEDHAM COURT BADGES

Badges are required for all public court use at Mills Field, Newman School and Needham High School Tennis Courts from March - October each year. Badges are available to Needham residents ages 8 and up. Badges can be purchased online, by mail or at the Park and Recreation Office. Any resident using the public courts must have a copy of their receipt, either printed or available on a mobile device, and be ready to show matching photo identification.

FEES	RESIDENTS
Family	\$60
Individual (8+)	\$45
Senior (60+)	\$20

<u>Use of Courts</u>

- Courts will be open for residential public use Keep Our Courts Beautiful from sunrise to sunset.
- basis. All users must be Needham residents with leaving the courts. a valid Tennis Badge.
- Badge holders may not operate Private Lesson Business on courts.
- Only the games of tennis or pickleball are permitted on the courts. In-line skates, roller skates, and skateboards are not a permitted use. The courts are not to be used for practice space for any non-tennis sport.

Waiting for Use of Courts

- Change over on courts will be on the hour, quarter past the hour, half past the hour, and quarter to the hour. Appropriate designation has been posted at each court. If players are waiting to use a court, the group at the designated time must clear the court.
- Adults have priority use of the courts after 6:00pm. Players, ages 16 and under, shall yield the courts if adults are waiting to play, unless playing tennis with an adult at the time.
- The Park and Recreation Commission reserves the right to modify these rules when it is in the best interest of the public and to suspend the seasonal badge of any individual.

All litter and debris must be removed at the end of use. Please Courts will be used on a first come, first served remove all water bottles and tennis ball cans and caps prior to

Guests

One (1) guest is allowed per adult badge holder. The badge holder must supervise their guest at all times.

Maintenance

There is no staff designated to the courts. Please call 781.455.7930 with any issues.

Locations

All locations have four asphalt tennis courts.

- Mills Field: From Highland Avenue, turn onto Gould Street at the Muzi Ford Corner. Take third right onto Ellis Street. The courts are located on your left, with parking in front.
- Needham High School: From Webster Street turn onto Kingsbury Street. Take first right onto Admiral Gracey Drive and follow driveway to the top. The courts are located at the far end of the building. Park in Visitor Parking spaces only.
- Newman School: From Great Plain Avenue, turn onto Central Avenue, so that the Presbyterian Church is on your right. Take second right into the driveway of Newman. Follow to the right and large parking lot. The courts are located in the far corner.

Needham Pickleball Policy

PARK AND RECREATION COMMISSION TOWN OF NEEDHAM, MASSACHUSETTS

Approved 5-0 on Wednesday, August 24, 2022

- Courts 1-3 at the high school will be painted and can be used by Pickleball players 7 days a week from dawn till dusk, with exception of the any times the Park & Recreation Department are holding tennis lessons. The NHS courts can only be used weekdays after school until dusk and weekends from dawn to dusk.
- Courts 3 & 4 at the Mills Tennis Courts will be lined and available, exclusively for any Pickleball players from 7:00am 12:00pm, Monday through Sunday. After noon each day, all courts will be first come first serve and follow the rules and guidelines posted at the courts.
- All players, Tennis & Pickleball alike, are required to obtain the Park & Recreation Department Tennis Badges each season they wish to play on the courts. Badges can be purchased at https://needhamprograms.myrec.com/info/activities/program_details.aspx?ProgramID=30079
- There are no prescheduled events allowed at any of our courts unless previously authorized by the Park & Recreation Department. This includes tournaments, practices, games, private lessons and the like.
- The Commission reserves the right to update and change this policy as necessary. All changes will be formalized with a vote from the Commission.











Special Events

Town Wide Clean Up

Come celebrate Earth Day with us! Join your neighbors as we clean up the town from the tough winter. Supplies will be provided at the Rosemary Recreation Complex. We ask that you pre-register with the number of participants so that we can have enough supplies. Have a favorite park or trail you'd like to give a little extra TLC? Let us know so we can assign you there!

Ages: All are welcome!

Supply Pick Up Date/Time: 4/28, 9:00am - 5:00pm OR 4/29, 9:00am - 12:00pm

Supply Pick Up Location: Rosemary Recreation Complex

Clean up Dates/Times: 4/28, 4/29, OR 4/30!

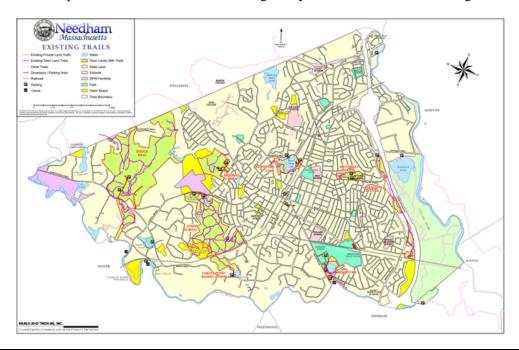
Clean Up Locations: Any public school, park, or forest in town

Fee: FREE!



Needham Trail Stewards

Do you love Needham's trails? Do you want to help keep our town beautiful and help ensure all of our trails are kept in good condition? Then the Trail Steward program is for you! Needham Park and Recreation and the Needham Department of Conservation are bringing back Needham's Trail Stewards to help keep Needham's trails in the great condition they should be in! Trail Stewards would be expected to regularly walk Needham's trails, pick up trash, and report fallen limbs or poor trail conditions. Please reach out to parkandrecreation@needhamma.gov if you're interested in becoming a Trail Steward!



Special Events

Rollie's Family Fishing Festival

Everyone is welcome to join Needham Park and Recreation in enjoying a relaxing morning of fishing at the Needham Reservoir! A limited number of fishing rods and bait will be available to use while at the event.

Staff: Park and Recreation Staff

Ages: All are welcome!

Date: 5/20

Day/Time: Saturday, 9:00am - 12:00pm

Location: Needham Reservoir

Fee: FREE!





Touch the Trucks

Have you ever wondered what it would be like to climb into a sewer truck, an excavator, or a front-end loader? Little kids (and little kids at heart) are invited to climb into the Town of Needham's DPW trucks!!

Staff: Park and Recreation Staff

Ages: All are welcome!

Date: 5/20

Day/Time: Saturday, 9:00am - 12:00pm

Location: DeFazio Parking Lot

Fee: FREE!



Preschool Programs

Music Together

Music Together is about connecting with music, with your child, and with other families in your community. Parents and caregivers, regardless of musical ability, create a stimulating and rich environment that supports overall development. We provide you with the tools and resources you need (songbooks, guides and a handy app for parents) to continue the music-making at home, so you can nurture your child's musical growth and realize the amazing benefits of music all the time, anytime. In addition, families will receive an email the day before class with the items we will be using for class that they can bring from home.

Winter

Staff: Music Together Staff

Ages: 0 - 5

Session 1: Tuesdays 9:00am - 9:45am

Dates: 1/24 - 3/14

Location: Rosemary Recreation Complex

Fee: \$255

Session 2: Tuesdays, 11:15am - 12:00pm

Dates: 1/24 - 3/14

Location: Rosemary Recreation Complex

Fee: \$255

Session 3: Thursdays, 10:00am - 10:45am

Dates: 1/19 - 3/9

Max: 5/12

Location: Memorial Park Field House

Fee: \$250

Spring

Staff: Music Together Staff

Ages: 0 - 5

Indoor Session

Day/Time: Thursday, 10:00am - 10:45am

Dates: 4/6 - 5/25

Location: Memorial Park Field House

Outdoor Session

Session 1: Tuesday, 9:30am -10:15am

Dates: 4/4 - 5/23

Session 2: Tuesdays, 10:30am - 11:15am

Dates: 4/4 - 5/23

Location: Claxton Quarry

Max: 5/12 **Fee:** \$250

PuddleStompers Nature Exploration: Adult/Child

Our Adult/Child classes offer a safe and fun way for your youngsters to get outside and exploring the natural community around them! Each class is organized around a seasonally relevant topic (ex: Grasshoppers, Fall Leaves, Winter Birds, Signs of Spring, & more!), that we will investigate through a combination of hands-on exploration, active movement, outdoor play, games, songs, crafts, and stories.

Staff: Puddlestompers Staff

Ages: 2 - 5

Dates: 2/2 - 3/16

Session 1: Thursday, 9:45am - 10:40am **Session 2:** Thursday, 10:45am - 11:40am

Max: 4/10

Location: Rosemary Recreation Complex



Adult Programs

Dance: Ballroom Dancing

Dancing is a perfect combination of physical activity, social interaction, and mental stimulation. Learn the basic step elements, posture, poise, lead/follow, technique, etc. Dances include Merengue, Waltz, Foxtrot, Tango, Swing, Rumba, and Salsa/Cha Cha. No partner required. Please wear comfortable shoes.

Winter

Staff: Paul Hughes

Ages: 15+

Dates: 1/25 - 3/22

Day/Time: Wednesdays, 8:00pm - 9:00pm **Location:** Rosemary Recreation Complex

Min/Max: 6/20

Fee: \$115



Spring

Staff: Paul Hughes

Ages: 15+

Dates: 4/5 - 5/31

Day/Time: Wednesdays, 8:00pm - 9:00pm **Location:** Rosemary Recreation Complex

Min/Max: 6/20

Fee: \$115



Dance: Line Dancing

Beginner line dancing is great fun while you improve memory skills, strengthen bones, develop better balance, relieve stress, and put a smile on your face. Each dance is broken down first, demonstrated and then danced to contemporary music that you will enjoy! No need to have a partner! Please wear comfortable shoes with smooth soles.

Winter

Staff: Paul Hughes

Ages: 15+

Dates: 1/25 - 3/22

Day/Time: Wednesdays, 7:00pm - 8:00pm **Location:** Rosemary Recreation Complex

Min/Max: 6/20

Fee: \$115

Spring

Staff: Paul Hughes

Ages: 15+

Dates: 4/5 - 5/31

Day/Time: Wednesdays, 7:00pm - 8:00pm **Location:** Rosemary Recreation Complex

Min/Max: 6/20

Adult Programs

The Glass Bar: Bowl Draping

Expand your knowledge of glass fusing while designing your very own fused glass bowl. Learned techniques include cutting straight lines, curved lines, and circles. You will learn intermediate glass fusing knowledge, such as working with cold glass sheets, remnants, and frits. You will also gain an in-depth perspective at kiln working. Using this knowledge you will brainstorm a design, and bring your idea to life!

Winter

Staff: The Glass Bar Staff

Ages: 16+

Day/Time: Sunday, 5:00pm - 7:00pm

Session 1: 1/8 **Session 2:** 2/5 **Session 3:** 3/5

Location: The Glass Bar

Min/Max: 1/4

Fee: \$105

Spring

Staff: The Glass Bar Staff

Ages: 16+

Day/Time: Sunday, 5:00pm - 7:00pm

Session 4: 4/2

Session 5: 5/7

Session 6: 6/4

Location: The Glass Bar

Min/Max: 1/4

Fee: \$105



The Glass Bar: Fusion Fanatic Workshop

Love Glass Fusing? Ready to dive into something bigger? Join us for our fantastic fanatic fusing workshop. This program meets on consecutive Tuesday nights from 6-9pm. We're going to cover a lot during these session. Our first session will cover basic skills such as cutting and grinding. Throughout the weeks we will discuss more complex techniques. We will spend the next few weeks exploring and experimenting with these techniques as you create many pieces that you will cherish forever. Returning students will be challenged to expand their knowledge. This is your opportunity to grow and define your skill set. No experience necessary.

Winter

Staff: The Glass Bar Staff

Ages: 17+

Day/Time: Tuesdays, 6:00pm - 9:00pm

Dates: 1/3 - 1/24

Location: The Glass Bar

Min/Max: 1/3 Fee: \$310

Spring

Staff: The Glass Bar Staff

Ages: 17+

Day/Time: Tuesdays, 6:00pm - 9:00pm

Dates: 4/4 - 5/2

Location: The Glass Bar

Min/Max: 1/3

Adult Programs

The Glass Bar: Introduction to Stained Glass Class

During this 3-hour workshop, our experienced instructors will guide you through the creation of this floating geode panel. You will learn the historic steps of the American Copper Foil technique of Stained Glass. Learn techniques including copper foiling, soldering, polishing, and patina. There will be a glass cutting demonstration at the beginning of class, though you will be working from a precut kit of glass.

Winter

Staff: The Glass Bar Staff

Ages: 17+

Day/Time: Sunday, 1:00pm - 4:00pm

Date: 1/8

Location: The Glass Bar

Max: 2 Fee: \$135



The Glass Bar: Seasonal Glass Fusing Introduction

Join us for this special seasonal class to create a festive creation. Students will learn the basics of glass fusing including glass cutting, grinding, and designing of 2-dimensional pieces. We'll have fun experimenting with different shapes, textures, and mediums of glass to inspire our creations. Dec-Feb Theme = Twinkling Trees, Mar-May = Spring Flowers, June-Aug = Summer Wave.

Winter

Staff: The Glass Bar Staff

Ages: 17+

Day/Time: Saturday, 4:00pm - 5:30pm

Session 1: 1/7

Session 2: 2/4

Session 3: 3/4

Location: The Glass Bar

Min/Max: 1/4

Fee: \$65



Spring

Staff: The Glass Bar Staff

Ages: 17+

Day/Time: Sunday, 4:00pm - 5:30pm

Session 4: 4/1

Session 5: 5/6

Session 6: 6/3

Location: The Glass Bar

Min/Max: 1/4





Adult Programs

Senior Exercise

These classes are designed to help folks, ages 50 and older, stay fit in an enjoyable, social and supportive setting. Emphasis on cardiovascular fitness and endurance, range of motion, and injury prevention!

Winter

Staff: Shirley Klepadlo

Age: 50+

Dates: 1/11 - 3/8

Day/Time: Wednesdays, 9:15am - 10:15am **Location:** Rosemary Recreation Complex

Min/Max: 10/25

Fee: \$30



Staff: Shirley Klepadlo

Age: 50+

Dates: 4/5 - 5/31

Day/Time: Wednesdays, 9:15am - 10:15am **Location:** Rosemary Recreation Complex

Min/Max: 10/25

Fee: \$30



Senior Yoga

Traditional Hatha yoga postures will be used and tailored for the senior population! Increase flexibility, balance, and stretch with some quiet meditation and relaxation. Participants should bring a yoga mat. Tuesdays are with Carol and Fridays are with Judi.

Winter

Age: 50+

Location: Rosemary Recreation Complex **Session 1:** Tuesdays, 10:00am - 11:00am

Dates: 1/10 - 3/7

Session 2: Fridays, 10:00am - 11:00am

Dates: 1/13 - 3/10 **Min/Max:** 10/30

Fee: \$30



Spring

Age: 50+

Location: Rosemary Recreation Complex **Session 1:** Tuesdays, 10:00am - 11:00am

Dates: 4/4 - 5/30

Session 2: Fridays, 10:00am - 11:00am

Dates: 4/14 - 6/9 **Min/Max:** 10/30

Adult Programs

Tennis Lessons

Are you looking for an introduction to the basics of tennis? The beginner lessons will cover using forehand and backhand strokes, serving, and understanding the rules of the game. The advanced beginner and intermediate courses are for someone who is looking to develop court strategy and improve their technique. The advanced classes will cover skills like stroke positioning, volleying, and serving. Please bring a racket. Instructors may adjust your class level as needed.

Staff: Coach Benoit

Ages: 18+

Location: Newman Elementary School Tennis Courts

Fee: \$80

Min/Max: 5/16

Thursdays

Session 1 Dates: March 30 - April 27 Session 2 Dates: May 11 - June 1

Beginner: 9:00am - 10:00am

Advanced Beginner: 10:00am - 11:00am

Intermediate: 11:00am - 12:00pm

Saturdays

Session 1 Dates: April 1 - April 29 **Session 2 Dates:** May 6 - June 3

Beginner: 9:00am - 10:00am

Advanced Beginner: 10:00am - 11:00am

Intermediate: 11:00am - 12:00pm





Adult Programs

Yoga - Iyengar Based Flow

Join us in stretching, balancing, strengthening, and relaxing in our Adult Yoga class. Classes are taught by a certified instructor in a warm and welcoming environment for newbies or long-time yogis at heart!

Winter

Staff: Verna Gurwitz

Age: 18+

Day/Dates: Wednesdays, 1/11 - 3/8

Beginners: 6:45pm - 7:45pm **Intermediate:** 8:00pm - 9:00pm

Location: Memorial Park Field House

Min/Max: 4/10

Fee: \$40



Spring

Staff: Verna Gurwitz

Age: 18+

Day/Dates: Wednesdays, 4/5 - 5/31

Beginners: 6:45pm - 7:45pm Intermediate: 8:00pm - 9:00pm

Location: Memorial Park Field House

Min/Max: 4/10

Fee: \$40



Looking for news on Pool Season Passes and Summer Programs?

Needham Park and Recreation
will be making an official announcement
on pricing, scheduling and all things summer
on March 1st through our official website
and all social media pages!
See you then!



Blue Hills Ski and Snowboard Trips

Blue Hills: Free Ski and Snowboard

Join Needham Park and Recreation for 5 weeks on the slopes at Blue Hills Ski Area. This program provides bussing to and from Blue Hills Ski Area and Park and Recreation chaperones will be present on every trip. All participants must feel comfortable skiing or snowboarding independently. No lessons are provided. This program is separate from the Friday evening Ski and Snowboarding Lessons. Rental fees will cost \$175 and are not included in the fee below. See MyRec page for more details. Staff from Needham Park and Recreation will be chaperones on each trip.

Staff: Park and Recreation Staff

Ages: 7 - 15

Day: Saturdays

Slopes Time: 8:30am - 11:30am **Dates:** 1/7, 1/21, 1/28, 2/4, 2/11

Bus Pick-Up and Return Location: Rosemary Recreation Complex

Bus Pick-Up Time: ~7:30am **Bus Return Time:** ~12:00pm

Min/Max: 20/30

Fee: \$450



Blue Hills: Ski and Snowboarding Lessons

Try out skiing or snowboarding for the first time or come brush up on your skills with Blue Hills Ski and Snowboarding Lessons. These lessons are 1 hour and 15 minutes each week for 5 weeks and all lessons are taught by the talented instructors with Blue Hills Ski Area. All participants must provide their own transportation. This program is separate from the Saturday morning Free Ski and Snowboard. Rental fees are \$100 and are not included in the fee below. See MyRec page for more details. No chaperones from Needham Park and Recreation will be present for this program.

Staff: Instruction provided by Blue Hills Staff

Ages: 7 - 15

Day/Time: Fridays, 4:30pm - 5:45pm

Dates: 1/13 - 2/10

Location: Blue Hills Ski Area **Max:** 30 skiers, 10 snowboarders



Youth Programs

Archery for Beginners

Relax and take aim for your target and feel the thrill of the success when your patience and concentration pays off. All equipment is provided. Led by certified USA and National Field Archery Instructors.

Winter

Ages: 9+

Session 1: Saturdays, 10:00am - 11:00am

Dates: 1/14 - 2/4

Session 2: 10:00am - 11:00am

Dates: 3/4 - 3/25

Location: Newman Elementary School

Min/Max: 10/16

Fee: \$162



Spring

Ages: 9+

Session 1: Saturdays, 9:00am - 10:00am

Dates: 4/15 - 5/6

Session 2: 10:15am - 11:15am

Dates: 4/15 - 5/6

Location: Claxton Field Quarry

Min/Max: 10/16

Fee: \$162

CodeWiz: Minecraft

Explore, create or survive! Mine deep into the Minecraft world and create the future! In our modding with Minecraft course, you'll challenge the odds, craft your own kinds of weapons and build dream worlds using code. You will do this while also learning fundamental programming concepts, level design and problem-solving skills. You will make use of ready-made coding blocks to create mini versions of Minecraft games all throughout the course. Concepts your child will learn: introduction to debugging programs, code using drag and drop or Java, problem solving and learning transferable programming skills. They will also learn how to make mods and make their own Texture Packs!

Winter

Staff: CodeWiz Staff

Ages: 7+

Session 1: Tuesdays, 6:30pm - 7:30pm

Dates: 1/24 - 3/21

Min/Max: 1/5

Session 2: Saturdays, 10:00am - 11:00am

Dates: 1/28 - 3/25

Min/Max: 1/2

Location: CodeWiz Needham

Fee: \$358

Spring

Staff: CodeWiz Staff

Ages: 7+

Session 1: Tuesdays 6:30pm - 7:30pm

Dates: 4/4 - 5/30

Min/Max: 1/5

Session 2: Saturdays, 10:00am - 11:00am

Dates: 4/15 - 6/17

Min/Max: 1/2

Location: CodeWiz Needham

Youth Programs

CodeWiz: Roblox

Anyone can build a game in Roblox! Roblox studio has all the tools to make your wildest gaming imaginations a reality. You tell us what game you want to make, and we'll teach you the fundamentals and coach you through bringing that game to life! Whether you're new to coding or have some experience, you will be challenged and have fun. Through drag and drop techniques or pure scripting, you'll be creating extensions to the Roblox game while fostering your creativity and learning real-world computer coding. Concepts your child will learn: learn to use Roblox Studio 3D game engine to design a 3D world, game design using Roblox Studio, mathematical concepts and write code scripts to program characters and objects in the game. They will also learn the life cycle of game development (from planning to design to their finished product) and finding and fixing errors in their code.

Winter

Staff: CodeWiz Staff

Ages: 7+

Location: CodeWiz Needham

Fee: \$358

Tuesdays

Session 1: Tuesdays, 4:30pm - 5:30pm

Dates: 1/24 - 3/21 **Min/Max:** 1/5

Session 2: Tuesdays, 5:30pm - 6:30pm

Dates: 1/24 - 3/21 **Min/Max:** 1/5

Thursdays

Session 1: Thursdays, 4:30pm - 5:30pm

Dates: 1/26 - 3/23 **Min/Max:** 1/4

Session 2: Thursdays, 5:30pm - 6:30pm

Dates: 1/26 - 3/23 **Min/Max:** 1/1

Saturdays

Session 1: Saturdays, 10:00am - 11:00am

Dates: 1/28 - 3/25 **Min/Max:** 1/1

Spring

Staff: CodeWiz Staff

Ages: 7+

Location: CodeWiz Needham

Fee: \$358

Tuesdays

Session 1: Tuesdays 4:30pm - 5:30pm

Dates: 4/4 - 5/30 **Min/Max:** 1/5

Session 2: Tuesdays 5:30pm - 6:30pm

Dates: 4/4 - 5/30 **Min/Max:** 1/5

Thursdays

Session 1: Thursdays, 4:30pm - 5:30pm

Dates: 4/6 - 6/1 **Min/Max:** 1/4

Session 2: Thursdays, 5:30pm - 6:30pm

Dates: 4/6 - 6/1 **Min/Max:** 1/1

Saturdays

Session 1: Saturdays, 10:00am - 11:00am

Dates: 4/15 - 6/17 **Min/Max:** 1/1

Youth Programs

CodeWiz: Robotics

Our Robotics class is a project-based program where you will be introduced to science, technology, engineering, and math (STEM) concepts in a fun and creative way! You'll have fun investigating and working on a scientific challenge with your team, all through a brand you know and love – LEGO®. You'll get a chance at the celebration event to showcase all that you've learned and the robot that you've built with your team! How exciting! Concepts your child will learn: fundamental coding skills such as sequencing, basic conditionals, robotics, teamwork. critical thinking and problem-solving skills. They will also undergo hands-on STEM learning, conceptualizing, designing, and building LEGO robots from scratch.

Winter

Staff: CodeWiz Staff

Ages: 7 - 9

Day/Time: Wednesdays, 6:00pm - 7:30pm

Dates: 1/25 - 3/22 **Min/Max:** 1/2

Location: CodeWiz Needham

Fee: \$398



Spring

Staff: CodeWiz Staff

Ages: 7 - 9

Day/Time: Wednesdays, 6:00pm - 7:30pm

Dates: 4/5 - 5/31 **Min/Max:** 1/2

Location: CodeWiz Needham

Fee: \$398

Looking for news on volunteering during the school year and summer?

Anyone interested in volunteering during the school year can apply on our website or email Chris at churnham@needhamma.gov. Information on volunteering at the pool or summer programs will be released in March.



Youth Programs

The Glass Bar: After School Glass Fusing

We're going to cover a lot during this session. Our first session will cover basic skills such as cutting, grinding, and designing. Each week, we will learn and incorporate new techniques into our designs. Each week, we will learn and incorporate new techniques into our designs. Students will spend the following weeks building on their designs to create an 11 x 8 fused glass masterpiece that can be used as a functional plate, or a stunning suncatcher. Great for beginners.

Winter

Staff: The Glass Bar Staff

Ages: 10 - 16

Day/Time: Fridays, 3:30pm - 5:00pm

Session 1: 1/6 - 1/27

Session 2: 3/3 - 3/24

Location: The Glass Bar

Min/Max: 1/3

Fee: \$210



Spring

Staff: The Glass Bar Staff

Ages: 10 - 16

Day/Time: Fridays, 3:30pm - 5:00pm

Session 3: 3/31 - 4/28 **Session 4:** 5/5 - 5/26

Location: The Glass Bar

Min/Max: 1/3 Fee: \$210

The Glass Bar: Half Day Glass Fusing

Each session will begin with a thorough glass safety lesson. Then, students will learn basic glass fusing techniques such as cutting and grinding of glass and working with frit. Students will each receive a 4x4 glass base tile that they will design to or a decorative suncatcher. Great for beginners.

Staff: The Glass Bar Staff

Ages: 10+

Day/Time: Wednesday, 1:00pm - 2:30pm

Session 1: 1/11

Session 2: 2/8

Session 3: 3/22

Session 4: 4/5

Location: The Glass Bar

Min/Max: 1/3

Fee: \$55



The Glass Bar: No School Glass Fusing

Each session will begin with a thorough glass safety lesson. Then, students will learn basic glass fusing techniques such as cutting and grinding of glass and working with frit. Students will each receive a 4x4 glass base tile that they will design to their liking. their liking. The final result can be used as a functional coaster, The final result can be used as a functional coaster, or a decorative suncatcher. Great for beginners.

Staff: The Glass Bar Staff

Ages: 10+

Time: 1:00pm - 2:30pm

Session 1: 1/16

Session 2: 4/7

Session 3: 5/29

Session 4: 6/19

Location: The Glass Bar

Min/Max: 1/3



Youth Programs

GOTR: Girls on the Run

Girls on the Run inspires girls of all abilities to recognize their individual strengths, while building a sense of connection in a team setting. Volunteer coaches facilitate lessons that blend physical activity with life skill development to enable girls to adapt to whatever comes their way. At the end of the season, the team completes a 5K together, which provides a tangible sense of accomplishment and sets a confident mindset into motion. Girls on the Run is an inclusive program where the dignity of every participant is respected, and all youth are safe. If a child identifies as a girl, and the parent/guardian identifies the child as a girl, then the child is welcome to participate in Girls on the Run.

Staff: GOTR Coaches **Ages:** Grades 3 - 5

Session 1: Mondays & Wednesdays 4:00pm - 5:30pm

Dates: 3/27 - 6/7

Location: DeFazio Track

Min/Max: 8/15

Fee: \$240



GOTR: Heart and Sole

Our Heart & Sole middle school program meets the unique needs of girls of all abilities in 6th-8th grade. The program considers the whole person - body, brain, heart, spirit and social connection. Heart & Sole offers an inclusive place of belonging, where girls feel supported and inspired to explore their emotions, cultivate empathy and strengthen their physical and emotional health. At the end of the season, all program participants complete a 5K. Heart and Sole is an inclusive program where the dignity of every participant is respected, and all youth are safe. If a child identifies as a girl, and the parent/guardian identifies the child as a girl, then the child is welcome to participate in Girls on the Run.

Staff: Heart & Sole Coaches

Ages: Grades 6 - 8

Days/Times: Thursdays, 4:00pm - 6:00pm

Dates: 3/30 - 6/8

Location: DeFazio Track

Min/Max: 8/15



Youth Programs

iCode Wellesley: Digital Art

Digital Art is a new frontier and students will learn how to navigate the currents in this class from iCode. Creating art expands a child's ability to interact with the world around them and provides a new set of skills for self-expression and communication. Using a combination of tools, you'll sketch and draw models.

Staff: iCode Wellesley Staff

Ages: 6+

Dates: April 4 - May 30

Day/Time: Tuesdays, 6:00pm - 7:00pm **Location:** iCode Wellesley Campus

Min/Max: 5/15

Fee: \$285



iCode Wellesley: 3D Modeling and Design

3D Printing is here to stay and whether it is being used for Rapid Prototyping or just to print out a cool character from your favorite game, the applications are endless. In this class, students will learn how to design their model and make it a reality using various types of software and printing.

Staff: iCode Wellesley Staff

Ages: 6+

Dates: April 7 - May 26

Day/Time: Fridays, 6:00pm - 7:00pm **Location:** iCode Wellesley Campus

Min/Max: 5/15





Youth Programs

Indoor Tennis Lessons with Coach Benoit

Join Coach Benoit this winter for some indoor tennis lessons at the Eliot Elementary School Gym. Learn the proper way to hold a racket, swinging forehand, swinging backhand, and proper court positioning. The instructor may suggest different times depending on ability to fit participants with like skills together.

Staff: Coach Benoit

Location: Eliot Elementary School Gym

Min/Max: 3/15 per session

Fee: \$75

Tuesdays

Dates: 1/3 - 1/31

Session 1: 6:15pm - 7:15pm

Ages: 6 - 9

Saturdays

Dates: 1/7 - 2/11*

Session 1: 9:00am - 9:50am **Session 2:** 10:00am - 10:50am

Ages: 6 - 9

Saturdays

Dates: 1/7 - 2/11*

Session 1: 11:00am - 11:50am

Ages: 9 - 10

*No lessons on January 28.





Youth Programs

KidZone

Nothing is better on a cold winter day than sitting somewhere warm and doing some fun arts and crafts. Join Needham Park and Recreation in creating masterpiece art works with all of your friends in KidZone! Each week will be guided by a fun weekly theme! Themes include Winter Wonderland, Rockin' Robots, Enchanted Forest, Silly Selfies, Monster Mash, and many more!

Winter

Staff: Lauren da Silva

Ages: 5 - 10

Dates: 1/23 - 3/20

Day/Time: Mondays, 5:00pm - 6:00pm **Location:** Rosemary Recreation Complex

Min/Max: 6/15

Fee: \$115



Kids' Test Kitchen

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. At the end, each student will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned!

Winter

Staff: Kids' Test Kitchen Staff

Ages: Grades K - 5 **Dates:** 1/12 - 2/16

Day/Time: Thursdays, 4:00pm - 5:00pm **Location:** RRC Multipurpose Room

Min/Max: 8/12

Fee: \$155

Spring

Staff: Kids' Test Kitchen Staff

Ages: Grades K - 5 **Dates:** 4/6 - 5/18

Day/Time: Thursdays, 4:00pm - 5:00pm **Location:** RRC Multipurpose Room

Min/Max: 8/12





Youth Programs

Kid's Night Out

Give yourself the night off and treat your child to a supervised night of fun, interactive games, a pizza dinner AND a movie! PJs and sleeping bags are not required but are allowed & encouraged!

Staff: Park and Recreation Staff

Ages: Grades K - 5

Day/Time: Fridays, 5:30pm - 9:00pm

Session 1: 1/6 - Clifford The Big Red Dog

Session 2: 2/3 - Ice Age: Adventures of Buck Wild

Session 3: 3/3 - Lightyear

Session 4: 4/7 - DC League of Super Pets

Session 5: 5/5 - Classics: Cars **Session 6:** 6/2 - Classics: Cars 2

Location: Rosemary Recreation Complex

Min/Max: 10/25

Fee: \$35









KNO FAQs

What is the schedule for the night?

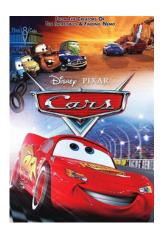
• Between 5:30 and 6:15, participants can play games, do crafts, color, or play with our toys. At 6:15, we will clean up and get ready for dinner. At 6:30, dinner will be served. Between 7:00 and 7:15, we will start the movie. The movie will usually run until 8:30, at which point we will start packing up everyone's things and playing some games until pick up at 9:00.

What is served for dinner?

• Plain cheese pizza from Nicholas' Pizza and water.

What should participants bring with them?

• We recommend each child bring a water bottle, a blanket, or sleeping bag for the movie!





Youth Programs

LEGO Master Builders

It takes years of practice, determination, patience, and dedication to become a Lego Master Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. You will not want to miss out on all the excitement we have planned!

Winter

Staff: SportsZone101 Staff

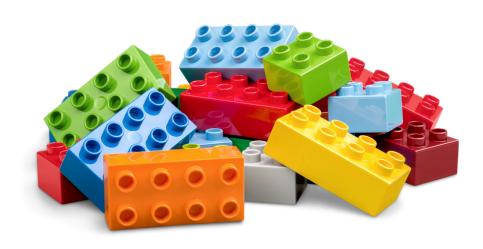
Ages: Grades 2- 5 **Dates:** 1/23 - 3/20

Day/Time: Mondays, 4:00pm - 5:00pm **Location:** RRC Multipurpose Room

Min/Max: 8/30

Fee: \$190





MA Sports League: Floor Hockey

This 8-week program is for children of all experience levels. Everyone will discover how fun and exciting this sport can be. Participants will learn the fundamental skills of stick handling, passing, shooting, defense, and goaltending. MA Sports Leagues promotes sportsmanship, teamwork, dedication, and integrity. All participants must wear athletic gear and bring their own water bottle.

Winter

Staff: MA Sports League Staff

Ages: 8 - 13

Dates: 1/17 - 3/14

Day/Time: Tuesdays, 6:00pm - 7:00pm

Location: Pollard Middle School Blue Gym

Min/Max: 8/30

Fee: \$150

Spring

Staff: MA Sports League Staff

Ages: 8 - 13

Dates: 4/4 - 5/30

Day/Time: Tuesdays, 6:00pm - 7:00pm

Location: Pollard Middle School Blue Gym

Min/Max: 8/30

Youth Programs

MA Sports League: Multisport

This 8 week program will consist of a different sport each session. Some of the sports we will be playing are dodgeball, basketball, volleyball, kickball, indoor soccer, tag games and more. MA Sports Leagues promotes sportsmanship, teamwork, dedication, and integrity. All participants must wear athletic gear and bring their own water bottle.

Winter

Staff: MA Sports League Staff

Age: 8 - 13

Dates: 1/18 - 3/15

Day/Time: Wednesdays, 6:00pm - 7:00pm **Location:** Pollard Middle School Green Gym

Min/Max: 8/30

Fee: \$150



Spring

Staff: MA Sports League Staff

Age: 8 - 13

Dates: 4/5 - 5/31

Day/Time: Wednesdays, 6:00pm - 7:00pm **Location:** Pollard Middle School Green Gym

Min/Max: 8/30

Fee: \$150



Minds in Motion: 6 in 1 Space Fleet

Build and take home your very own Solar Space Fleet Robot! The Solar Space Fleet Kit is an innovative solar powered science kit that can transform into six different lunar modules. Using your own mini solar panel, watch as direct sunlight brings the kits to life! Come and create six different working models including a Space Station, Space Rover, Space Explorer, Astronaut, Space Shuttle, and Space Dog. Watch as it moves around and speeds up or slows down depending on the intensity of light as you learn, experiment, and have fun with solar power! Each complete model can also be powered by your very own mini rechargeable battery. Come join in this super fun solar space adventure!

Winter

Staff: Minds in Motion Staff

Ages: 6 - 11

Dates: 1/17 - 3/14

Day/Time: Tuesdays, 4:45pm - 5:45pm

Location: RRC Multipurpose Room

Min/Max: 6/14





Youth Programs

Minds in Motion: Chemical Creations

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit complete with test tubes, safety googles, and more! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will be trained to work like a real scientist in the lab. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program!





Spring

Staff: Minds in Motion Staff

Ages: 6 - 11

Dates: 4/4 - 5/30

Day/Time: Tuesdays, 4:45pm - 5:45pm **Location:** RRC Multipurpose Room

Min/Max: 6/14

Fee: \$145

Needham Community Theatre: Scene Work for Young Actors

This class will review basic aspects of theatre, integrating movement and music into scene work for musical and straight theatre through the lens of writing and staging an original show. The class will culminate in a short showcase production.

Winter

Staff: NCT Staff

Ages: 8 - 11

Dates: 1/13 - 3/31

Day/Time: Fridays, 4:30pm-5:30pm

Location: Rosemary Recreation Complex

Min/Max: 5/15

Fee: \$215



Spring

Staff: NCT Staff

Ages: 8 - 11

Dates: 4/28 - 6/9

Day/Time: Fridays, 4:30 - 5:30pm

Location: Rosemary Recreation Complex

Min/Max: 5/15



Youth Programs

Needham Community Theatre: Theater Fun

This class will provide an introduction to theatre: basic terminology, stage direction, set design and scene work. The class will culminate in a short showcase production.

Winter Spring

Staff: NCT Staff
Staff: NCT Staff

Ages: 6 - 8 **Ages:** 6 - 8

Dates: 1/13 - 3/31 **Dates:** 4/28 - 6/9

Day/Time:Fridays, 3:30pm - 4:30pmLocation:RRC Multipurpose RoomLocation:RRC Multipurpose Room

Min/Max: 5/15 Min/Max: 5/15

Fee: \$215

Needham Community Theatre: The Actors Studio for Teens and Tweens

What are the vital tools for success needed to "break out of your box" and confidently showcase your ability to play a range of characters at auditions, callbacks and in all of your performances? This class is designed for teen actors eager for individualized feedback and training, who will be given the tools every actor needs to build their confidence and raise their acting and audition skills to the next level. Students in this teen acting studio in grades 7-12 will build, sharpen and showcase their acting skills through fun and challenging individual and group work.

Winter Spring

Staff: NCT Staff
Ages: 12 - 17
Ages: 12 - 17
Residue: 110 - 2416

Dates: 1/19 - 3/16 **Dates:** 4/13 - 6/8

Day/Time: Thursdays, 7:00pm - 9:00pm **Location:** RRC Multipurpose Room **Day/Time:** Thursdays, 7:00pm - 9:00pm **Location:** RRC Multipurpose Room

Min/Max: 5/15 Min/Max: 5/15



Youth Programs

Movie Night: Family Movie Night

Bring your family and come enjoy a fun night of pizza and a movie. We'll be showing *The Sandlot (PG)* on our big screen! Pizza, soda, and snacks will be available without any additional charge. Families can feel free to bring sleeping bags or blankets!

Staff: Park and Recreation Staff

Ages: 5+

Day/Time: Saturday, 6:00pm - 9:00pm

Date: 2/11

Location: Rosemary Recreation Complex

Min/Max: 5/30

Fee: \$10



Movie Night: Teen Movie Night

Invite your friends and come hang out at the RRC and watch the action-packed movie: *Dune* (PG-13) on our big screen! Pizza, soda, and snacks will be available without any additional charge.

Staff: Park and Recreation Staff

Ages: 13 - 18

Day/Time: Saturday, 7:00pm - 10:00pm

Dates: 2/18

Location: Rosemary Recreation Complex

Min/Max: 5/20







Youth Programs

Pokémon Battle Club

Gather up your Poké balls, muster your courage, and prepare your mind for the ultimate test of your Pokémon trainer abilities. Throughout this class, you will go head-to-head with other Pokémon trainers to determine who will become the Gym Master and take home the Grand Prize of 10 Pokémon booster packs. We will cover some basic Pokémon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokémon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested. In class trading will also be allowed with direct approval of class teachers to ensure fair trade practices.

Winter

Staff: SportsZone101 Staff

Ages: Grades 2 - 5 **Dates:** 1/18 - 3/15

Day/Time: Wednesdays, 4:00pm - 5:00pm

Location: RRC Multipurpose Room

Min/Max: 8/30

Fee: \$190



PuddleStompers Nature Exploration: Outdoor Explorers

Afterschool Drop-Off Programs are a great way to get your kids out and exploring after a day at their desks! Each day, we will explore a different seasonally relevant topic (ex: Grasshoppers, Fall Leaves, Winter Birds, Signs of Spring, & more!) through hands-on exploration, active movement, outdoor play, STEM-based experiments, games, crafts, and stories. Our Afterschool Drop-Off Programs are designed to span all seasons and highlight what changes are happening in nature as the weather shifts. Whether it's August sun, April showers, or January blizzards, we can't wait to get outside and explore with you!

Winter

Staff: Puddlestompers Staff

Ages: 5 - 8

Day/Time: Thursdays, 3:00pm - 4:00pm

Dates: 2/2 - 3/16

Max: 4/10

Location: Rosemary Recreation Complex



Youth Programs

Sidekick Sports: Basketball Skills Clinics

Players will learn the position names in basketball: Point Guard, Shooting Guard, Small Forward, Power Forward, and Center. Players will learn how to pass and shoot effectively, learn the different ways to defend and block, best strategies for teamwork and efficient play, and be challenged to think and act fast during small-sided games at the end of each session.

Winter

Staff: Sidekick Sports Academy Staff

Ages: 8 - 13

Dates: 1/19 - 3/16

Day/Time: Thursdays, 6:00pm - 7:00pm

Location: Pollard Middle School Green Gym

Min/Max: 10/30

Fee: \$135



Staff: Sidekick Sports Academy Staff

Ages: 8 - 13

Dates: 4/13 - 6/8

Day/Time: Thursdays, 6:00pm - 7:00pm

Location: Pollard Middle School Green Gym

Min/Max: 10/30





Youth Programs

USTA Youth Tennis Lessons - Tennis in the Parks

The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate

racket, and tennis ball!

Staff: USTA Staff

Location: Needham High School Tennis Courts

Fee: \$70

Min/Max: 7/8

Session 1: Grades 1 - 2: Tuesdays, 4:00pm - 5:00pm

Dates: April 25 - May 30

Session 2: Grades 3 - 5: Wednesdays, 4:00pm - 5:00pm

Dates: April 26 - May 31

Session 3: Grades 6 - 8: Thursdays 4:00pm - 5:00pm

Dates: April 27 - June 1



Youth Dodgeball

Join Needham Park and Recreation in enjoying one of America's favorite games! Participants will be placed onto different teams each week and will play different versions of dodgeball each week including Revenge Dodgeball, Dr. Dodgeball, Two Camps, Cone of Life, No Man's Land and Crackerball. All participants will receive a free t-shirt at the first session!

Winter

Staff: Park and Recreation Staff

Age: 6 - 11

Dates: 1/17 - 3/14

Day/Time: Tuesdays, 6:00pm - 7:00pm

Location: Pollard Middle School Green Gym

Min/Max: 10/40

Fee: \$115



Spring

Staff: Park and Recreation Staff

Age: 6 - 11

Dates: 4/4 - 5/30

Day/Time: Tuesdays, 6:00pm - 7:00pm

Location: Pollard Middle School Green Gym

Min/Max: 10/40



Youth Programs

Youth Kickball

Everyone is welcome to join in on enjoying one of America's favorite summertime schoolyard games. Invite your friends or come make new ones as participants will be split up onto different teams each session for friendly games of kickball and matball. All participants will receive a free t-shirt at the first session!

Winter

Staff: Park and Recreation Staff

Age: 6 - 11

Dates: 1/20 - 3/17

Day/Time: Fridays, 6:00pm - 7:00pm

Location: Pollard Middle School Blue Gym

Min/Max: 12/30

Fee: \$115



Spring

Staff: Park and Recreation Staff

Age: 6 - 11

Dates: 4/14 - 6/9

Day/Time: Fridays, 6:00pm - 7:00pm

Location: Pollard Middle School Blue Gym

Min/Max: 12/30

Fee: \$115



Youth Volleyball

Needham Park and Recreation's awesome coaches will help introduce participants to the basics of volleyball and improve the skills of those already familiar with the sport. Participants will take part in different drills each week and will enjoy matches against other participants!

Staff: Needham Park and Recreation Staff

Ages: 11 - 14

Dates: March 1 - April 26

Day/Time: Wednesdays, 6:00pm - 7:00pm **Location:** Pollard Middle School Blue Gym

Min/Max: 8/16



School Vacation Youth Programs

Hoop it Up

Join Needham Park and Recreation and Coach Baker in learning new basketball skills and brushing up on old ones over February school vacation. Players will work on dribbling, passing, shooting, and defensive skills. All players take part in daily scrimmages to put their skills to the test and have some fun. All basketballs are provided.

Staff: Coach Jack Baker

Ages: 7 - 13

Dates: 2/21 - 2/24

Day/Time: Tuesday - Friday, 9:00am - 12:00pm

Location: Pollard Middle School Gyms

Min/Max: 12/30

Fee: \$125





Introduction to Snake Style Kung Fu

Students will safely and respectfully learn 5 different Snake Style techniques for self-defense. In addition, students will play a variety of active games as well as listen to ancient stories of wit and wisdom and then discuss how that wisdom can be applied in today's world.

Staff: Needham Martial Arts Center Staff

Grades: K - 5 **Dates:** 2/21 - 2/24

Days / Times: 9:00am - 1:00pm

Location: Needham Martial Arts Studio

Min/Max: 5/20

Fee: \$240



Introduction to Leopard Style Kung Fu

Students will safely and respectfully learn 5 different Leopard style techniques for self-defense. In addition, students will play a variety of active games as well as listen to ancient stories of wit and wisdom and then discuss how that wisdom can be applied in today's world.

Staff: Needham Martial Arts Center Staff

Grades: K - 5 **Dates:** 4/18 - 4/21

Days / Times: 9:00am - 1:00pm

Location: Needham Martial Arts Studio

Min/Max: 5/20

School Vacation Youth Programs

Minds in Motion: CSI - Crime Scene Investigation

Come join our Minds in Motion Crime Team in this fun and interesting program! We will provide you with all the tools you need to become your very own crime scene investigator. Learn all about forensics, searching for evidence, gathering clues and bring home your very own detective kit! Working in groups, you will conduct many science experiments in our crime lab to solve the mysteries at hand. You will learn all about fingerprinting and how to classify them and bring home your very own fingerprint classification sheet! You will also perform chemical analysis and observations working with powders, liquids, and much, much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds in Motion Laboratory! We need you!

Staff: Minds in Motion Staff

Ages: 7 - 11

Dates: 2/21 - 2/24

Day/Time: Tuesday - Friday 9:00am -12:00pm

Location: Memorial Park Field House

Min/Max: 6/14

Fee: \$150





Minds in Motion: Bridges and Building

Do you ever wonder how bridges span huge distances and how skyscrapers stay standing? Get ready to get your mind in motion as you work with and take home your very own Bridges and Skyscrapers Set! Learn all about basic structural elements and witness firsthand the forces acting on structural components! With your kit, you can build up to 20 model building experiments that each demonstrate a basic principle of mechanical physics or structural engineering in a hands-on way. Learn about the strength of materials as you compete with your classmate to see who can build the tallest tower using the pieces in this kit! Challenge yourself building different types of bridges such a suspension bridge or cable stayed bridge. Come bring out the architect side of you as you enter the fascinating world of structural engineering and explore the magic of STEM!

Staff: Minds in Motion Staff

Ages: 7 - 11

Dates: 2/21 - 2/24

Day/Time: Tuesday - Friday, 12:30pm - 3:30pm

Location: Memorial Park Field House

Min/Max: 6/14



School Vacation Youth Programs

Minds in Motion: Agent 992 Robot

Build and take home your very own Agent992 Robot! This smart undercover robotics kit will entertain and teach infra-red capabilities to inquisitive minds. It consists of 140 assembly pieces and is equipped with an infrared radar so it can capture its surrounding conditions! A classified press-button switch instructs your Agent992 Robot to transform into 3 investigative modes: Forward mode, Gesture Control mode, and Auto Navigation mode. Forward mode executes basic forward direction where its eyes turn red. Use your hand's forward and backward motion to guide your robot when Gesture Control mode is activated, and its eyes turn blue. Compete with your classmates by designing obstacles or maze courses! Agent992 Robot's Auto Navigation Mode will set it on its secret mission as its eyes turn purple and automatically avoids obstacles on its own. This super cool robot is educational, entertaining, and fun!

Staff: Minds in Motion Staff

Ages: 7 - 11

Dates: 4/18 - 4/21

Day/Time: Tuesday-Friday, 9:00am - 12:00pm

Location: Memorial Park Field House

Min/Max: 6/14

Fee: \$150





Minds in Motion: Electricity and Magnetmania

Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. With the aid of your instructor, simply follow the colorful pictures in your manual to build up to 100 exciting projects such as a flying saucer, alarm, and doorbell! All parts are mounted on plastic modules and snap together with ease. You will also take part and witness many cool magnetic experiments including making and taking home the World's Simplest Motor! Watch electricity being produced by a handheld generator and take part in a cool activity involving a very powerful magnet. Behold a special magnetic top levitating and much much more!

Staff: Minds in Motion Staff

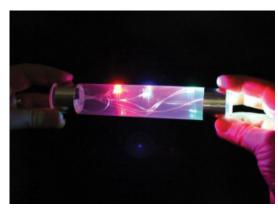
Ages: 7 - 11

Dates: 4/18 - 4/21

Day/Time: Tuesday - Friday, 12:30pm - 3:30pm

Location: Memorial Park Field House

Min/Max: 6/14



School Vacation Youth Programs

Snowy Days

Join Park and Recreation over February Break in playing some classic recreation games, inspiring crafts, and exciting activities! Participants will enjoy classic games like dodgeball, kickball, pickle and much more. Participants will enjoy these activities both indoors and outdoors at the High Rock school.

Staff: RRC Staff Ages: 6 - 10

Dates: 2/21 - 2/24

Days / Time: Tuesday - Friday, 9:00am - 4:00pm

Location: High Rock School Gym / Cafeteria

Min/Max: 10/30 Weekly Fee: \$200 Daily Fee: \$55



Spring Days

Join Park and Recreation over April Break in playing some classic recreation games, inspiring crafts, and exciting activities! Participants will enjoy classic games like dodgeball, kickball, pickle and much more. Participants will enjoy these activities both indoors and outdoors at the High Rock school.

Staff: RRC Staff

Ages: 6 - 10

Dates: 4/18 - 4/21

Days / Time: Tuesday - Friday, 9:00am - 4:00pm

Location: High Rock School Gym / Cafeteria

Min/Max: 10/30 Weekly Fee: \$200 Daily Fee: \$55



12 WAYS TO HAVE FUN THIS WINTER

- Go sledding
- Enjoy a mug of hot chocolate
- Learn how to ski or snowboard
- Make a snow angel
- Make a gingerbread house
- Bake something delicious

- Complete a puzzle
- Read a book inside by the fireplace
- Hang out with friends and family
- Build a snowman
- Learn how to snowshoe
- Learn a new hobby

NEEDHAM COMMUNITY RESOURCES

BASEBALL

American Legion Post #14 Baseball

A competitive, evening baseball program for Ages 14 - 19. Sign-ups and try-outs will be held in May.

Website: https://www.legion.org/

baseball/teams/2021/ma/305116



Charles River YMCA Tee-Ball & Baseball

Fall and Spring season programs for Ages 3 - 6, focusing the skills and fundamentals consisting of drills followed by a game, with an emphasis on sportsmanship, teamwork, fun and fair play.

Website: https://ymcaboston.org/healthy-living/youth-sports/

Needham Summer Baseball

Competitive travel teams for Ages 14 - 18, competing in leagues with other area towns. Tryouts are held in May. Website: http://www.needhambaseball.com/Page.asp? n=64836&org=NEEDHAMBASEBALL.COM

Needham Baseball & Softball

Spring season runs April through June for Ages 5 - 15. Summer travel team runs mid June through July. Fall Travel Baseball runs September through October. Website: http://www.needhambaseball.com/ Default.asp?org=NEEDHAMBASEBALL.COM

BASKETBALL

Charles River YMCA Jr. Celtics Basketball

This Winter program is set up for children in Grade Pre-K - 4th. This program will emphasize sportsmanship, teamwork and wellness.

Website: https://ymcaboston.org/ healthy-living/youth-sports/



Needham Basketball Association

Instructional program for youth in Grades 1 - 4. The season is held from January through mid March. Website: http://needhambasketball.com/

Needham Metrowest Basketball League

An instructional, competitive, grade based regional travel Fall/Winter program for Grades 4 - 8. Tryouts are held in September, practices are twice a week, and start early November, one game per week starting early December (Sundays) and all teams compete in playoffs through mid March.

Website: https://www.needhammetrowestbball.com/

Needham Youth Basketball League

An in-town league for everyone Grades 5 - 8 in which everyone plays and no one is cut. The season runs from November through March.

Website:

https://www.needhamyouthbasketballleague.com

CHEERLEADING

Needham Jr. Football & Cheer

Needham Junior Cheerleading is a recreational program open to children in Grades 2 - 8. We emphasize spirit, teamwork, safety and commitment.

Website: https://needhamfootball.net/cheer/

FIELD HOCKEY

Needham Youth Field Hockey

Teaches fundamental field hockey skills, introduce team play while encouraging good sportsmanship and is offered to Grades 1 - 6 for our Fall season, and

Grades 1 - 7 in the Spring.

Website: https://www.needhamyouthfieldhockey.com/

FOOTBALL & CHEERLEADING

Charles River YMCA Flag Football

An instructional program in the Spring and Fall for Ages 5 -11 focusing on the basic fundamentals and game rules with an emphasis on sportsmanship and fair play.

Website: https://ymcaboston.org/ healthy-living/youth-sports/



NEEDHAM COMMUNITY RESOURCES

Needham Flag Football League "NFFL"

Needham Flag Football is a Fall season, non-contact, coed league for youth in Grades K - 8. We are a member of the nationally known NFL Flag League. Website: https://www.needhamflagfootball.com/

Needham Junior Football & Cheerleading

These programs are for youth n Grades 2 - 8. The season runs from early August through November.

Website: https://

needhamfootball.net/football/



HOCKEY

Needham Youth Hockey Association Inc.

A Winter youth hockey program for youth, Ages 4 - 17, with an emphasis on developing skills, fun, sportsmanship, respect and fair play. Website: http://www.nyha.org/



LACROSSE

Needham Girls' Lacrosse

Developmental lacrosse programs for girls in Grades 1-8. The primary season is in Spring, though there are also clinics and a "fall ball" program for girls in Grades 5 - 8.

Website: http://www.needhamlacrosse.com/

Needham Boys' Lacrosse

These Spring & Fall season programs for Grades K - 8 are designed to teach necessary skills needed to succeed in lacrosse as well as to expand upon already learned skills at an age-appropriate level. Website: http://www.needhamboyslacrosse.com/

128 Lacrosse

128 Lacrosse Club is a select High School Boys Lacrosse club. The program is separated into three seasons (Fall Ball Team, Winter Skills, and Summer Teams).

Website: http://www.128lacrosseclub.com/

SOCCER

Charles River YMCA Pre-School Soccer

Program is offered for Ages 3 - 6. This program focuses on learning the basic fundamentals and rules followed by a game with an emphasis on fun and sportsmanship. Website: https://ymcaboston.org/healthy-living/youth-sports/

Needham Soccer Club

For Grades 1 - 12 (Ages 7 - 18), the purpose of the club is to promote and enhance the game of soccer.

Website: http://needhamsoccer.com/



SOFTBALL

Needham Baseball & Softball

Spring is for Grades K - 8 and requires no prior softball experience and includes professional skills training. Year round travel softball for Ages 8 - 18 focuses on skill development and competitive games.

Website: http://www.needhambaseball.com/Page.asp? n=73850&org=needhamsoftball.com

SWIMMING

Charles River YMCA Swimming

Swim lessons, adaptive aquatics and exercise, Special Olympics Swim Team for Ages 6 and up. Competitive Swim Teams for Ages 5 and up.



Website: https://ymcaboston.org/healthy-living/healthy-living-swimming/swimming-lessons/

TRACK & FIELD

Needham Track Club

Summer season for Ages 3.5 - 14 offers training and low-key competition with emphasis on fun. Fall season for 7 - 14 is a cross country program. Winter season for Ages 7 - 14 is an indoor program featuring practice, training and meets.

Website: http://www.needhamtrack.org/

NEEDHAM PARKS, PLAYGROUNDS, FEILDS & FACILITIES

Avery Field - Webster Street

Amenities: One youth diamond. Parking: Street parking only.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Broadmeadow School - 120 Broadmeadow Road

Amenities: Two youth diamonds. Playground for with equipment for Ages 3 - 5 and Ages 5 - 12.

Parking: Park in the lower parking lot, off of

Broadmeadow Road, to the right of the school.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Claxton Field - Central Avenue

Amenities: Two adult softball diamonds. Public restrooms Parking: The parking lot is located off of Central Avenue, across from the RTS entrance. There is no parking on Central Avenue.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Cricket Field - Hillside Avenue

Amenities: Two multi-purpose fields. Playground with equipment for Ages 3 - 5. Half basketball court.

Parking: All players and spectators should park in the spaces along Sunnyside Road.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

DeFazio Park - 380 Dedham Avenue

Amenities: Two synthetic multi-purpose fields with lights. Two grass multi-purpose fields. One 60' diamond & one 90' diamond. 8 - lane synthetic track. Playground with equipment for Ages 3 - 5 and Ages 5 - 8. Picnic area with grills. Public restrooms. Parking: Park in an orderly manner leaving spaces for emergency vehicles. Do not park in fire lanes. There is no parking on Dedham Avenue, George Abbot Road other neighborhood streets, or on the fields.

Dogs: Town of Needham By-Law: NO Dogs at DeFazio, except for certified service dogs.

Dwight Field - Dwight Road

Amenities: One youth diamond.

Parking: Park in parking lot. Keep children away from

steep hill for their safety.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Eliot School - 135 Wellesley Avenue

Amenities: One youth diamond. Playground with equipment for Ages 3 - 5 and Ages 5 - 8.

Parking: Parking is available in school lot. No vehicles are

permitted on the playground area.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Greene's Field - Pickering Street

Amenities: One youth diamond. One small multi-purpose grass field. Playground with equipment for Ages 3-12. Basketball court. Passive park. Picnic area.

Parking: Park on Pickering Street. Parking is not permitted at the Stephen Palmer Building.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

High Rock School - Sylvan Road

Amenities: One youth diamond. One multi-purpose grass field.

Parking: Please park in the school parking lot. Street parking is only permitted on the Linden Chambers Apartments side of Linden Street.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Memorial Park - 92 Rosemary Street

courteous to neighbors.

Amenities: One synthetic multi-purpose field with lights. One synthetic 60' diamond with lights. One grass 90' diamond with lights. Outdoor gazebo. Public restrooms. Parking: Use parking lot or high school lot for auxiliary parking. Do not block emergency access. Please be

Dogs: Town of Needham By-Law: NO Dogs at Memorial Park, except certified service dogs.

NEEDHAM PARKS, PLAYGROUNDS, FEILDS & FACILITIES

Mills Field - 96 Gould Street

Amenities: One youth diamond. Tennis courts. Pickleball courts Playground with equipment for Ages 3 - 6. Picnic area with grills. Basketball court. Public restroom.

Parking: Be courteous to neighbors when parking. No parking is permitted on the basketball courts.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Mitchell School - 187 Brookline Street

Amenities: Two youth diamonds. Playground with equipment for Ages 5 - 12. Basketball court.

Parking: Parking available off Brookline Street and

Lindbergh Avenue. Be courteous to neighbors.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Needham High School - 609 Webster Street

Amenities: One small grass multi-purpose field. Tennis Courts. Pickleball courts. Parking: Park in designated areas only. Do not

block emergency vehicle access.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Newman School - 1155 Central Avenue

Amenities: Three youth diamonds. Playground with equipment for Ages 3 - 6 and Ages 5 - 12. Tennis Courts. Parking: Do not block the tennis bang board when parking. Groups using Newman #3 should park to the left of the Newman School and walk through the path to the field. There is no parking on Central Avenue or the berm adjacent to the field.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Off Leash Dog Space - Pine Street

Amenities: Open, fenced in space for dogs.

Parking: Park in designated areas only. Do not block

emergency vehicle access.

Dogs: Yes please!

Perry Park - Beaufort Avenue

Amenities: One youth diamond. Playground with equipment for Ages 3-6. Basketball Court.

Parking: Park along the field, not at the fire hydrant or corner. Be courteous to neighbors.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Pollard Middle School - 200 Harris Avenue

Amenities: One youth diamond. One multi-purpose grass field. Asphalt recreation area. Pop-Up skate park. Parking: Parking available off of Bradford Street in parking lot at rear of school. Do not block emergency access.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Riverside Park - Riverside Street

Amenities: One small multi-purpose grass field.

Playground with equipment for Ages 3 - 6.

Parking: Park adjacent to the park, and be courteous to neighbors.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Sunita Williams School - 585 Central Avenue

Amenities: One small multi-purpose synthetic field. Playgrounds with equipment for Ages 3 - 5 and Ages 5 - 12. Two half basketball courts.

Parking: Parking is in the front, one playground is in front and the other is in the back.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

Walker-Gordon - 174 Charles River Street

Amenities: One 90' diamond. Playground with equipment for Ages 3 - 5. Half basketball court. Passive park. Fishing is permitted in Walker Pond.

Parking: Park only the parking lot, in an orderly manner, leaving emergency access. Do not park on grassy areas. Be respectful of neighbors.

Dogs: Must be leashed at all times. Please don't allow dogs to defecate on playing fields or in playgrounds.

