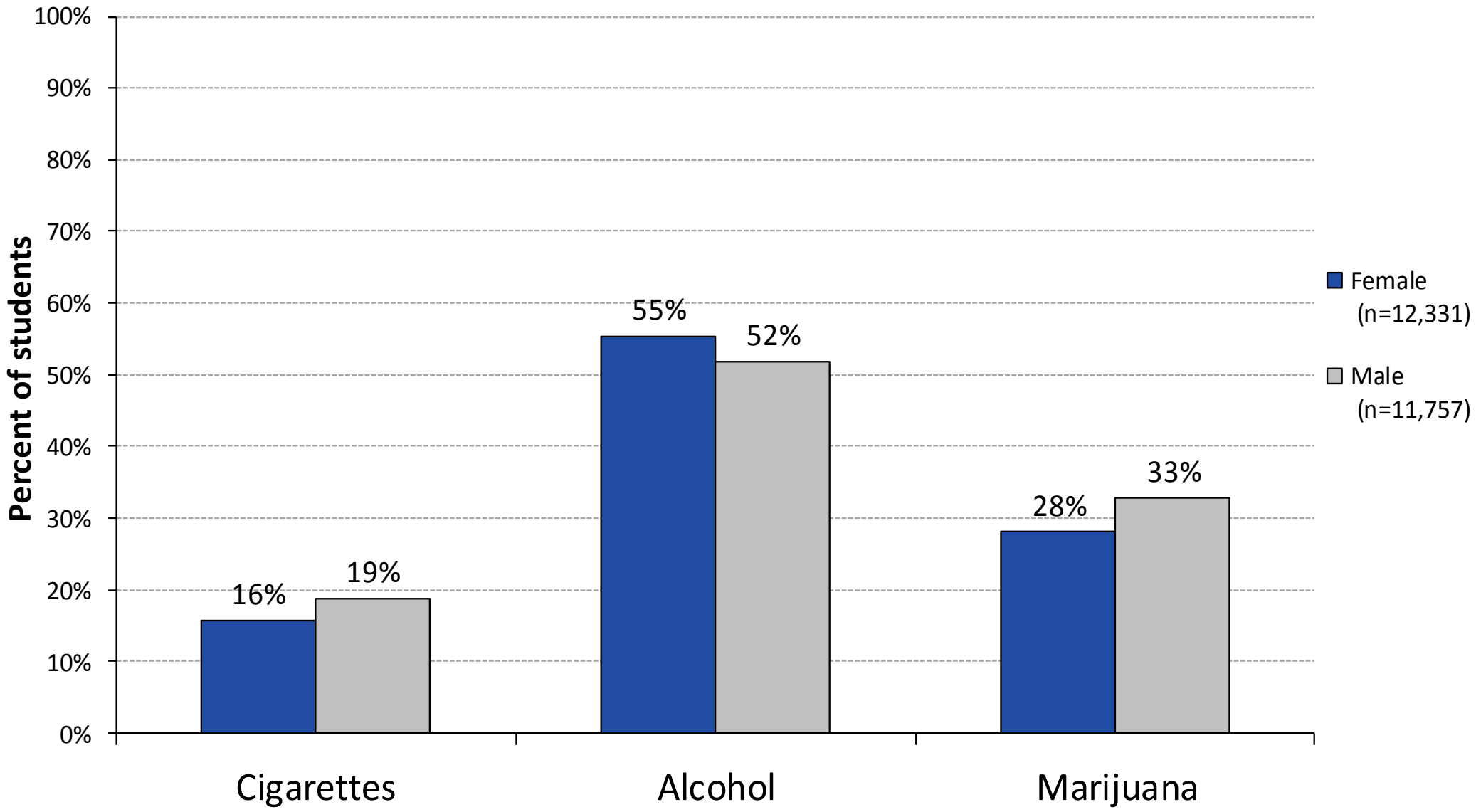
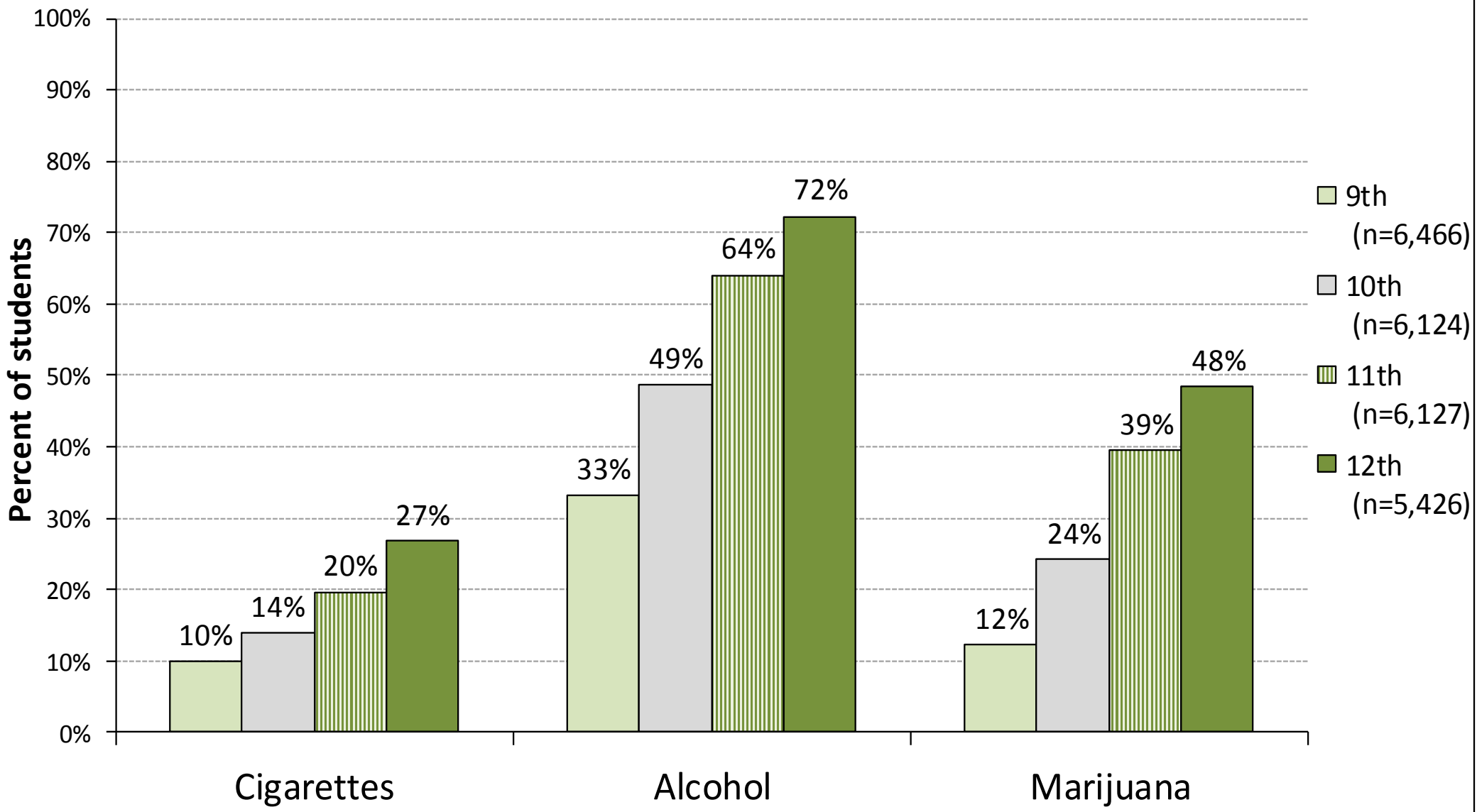


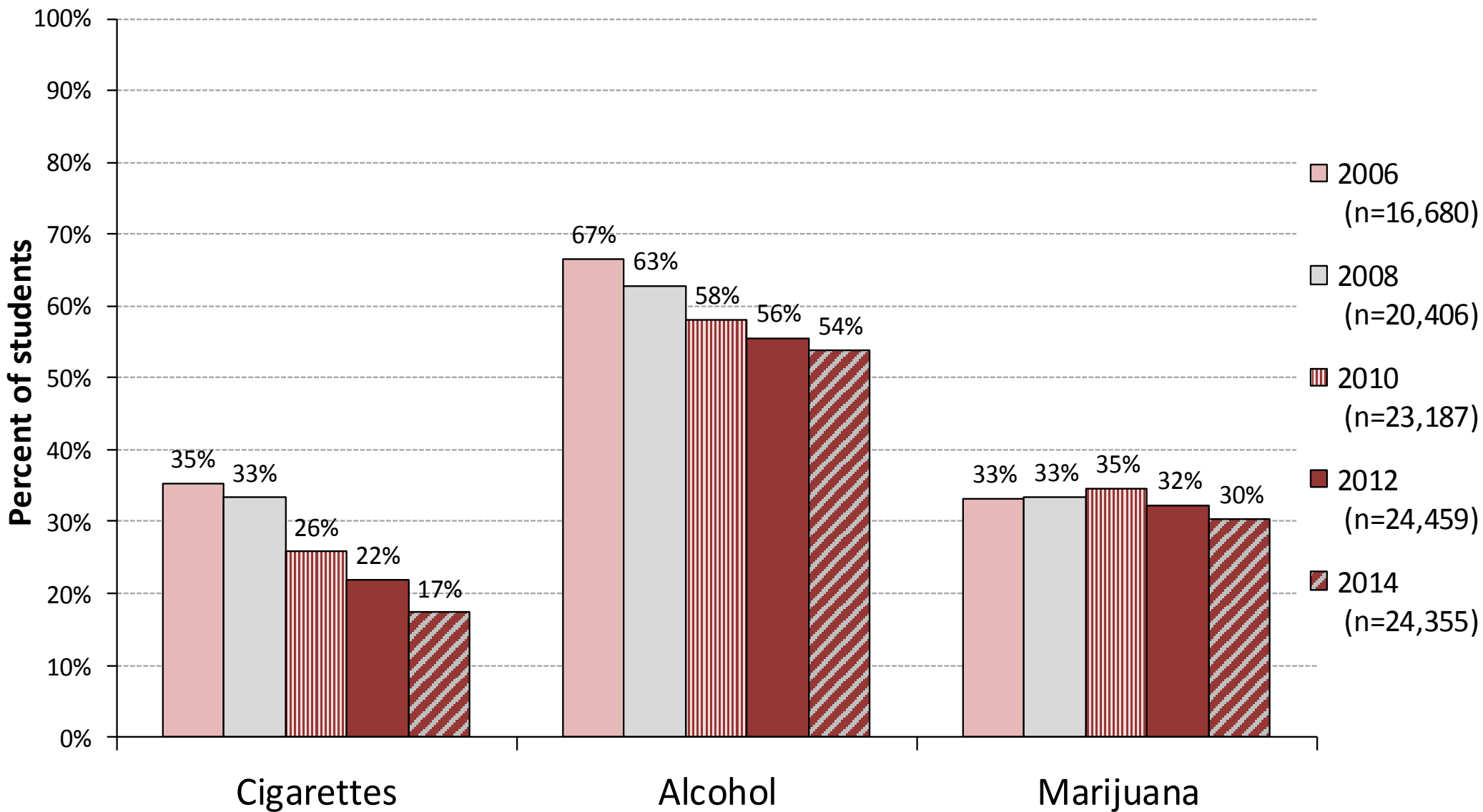
**Figure 2-1A. Lifetime Substance Use by Gender, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



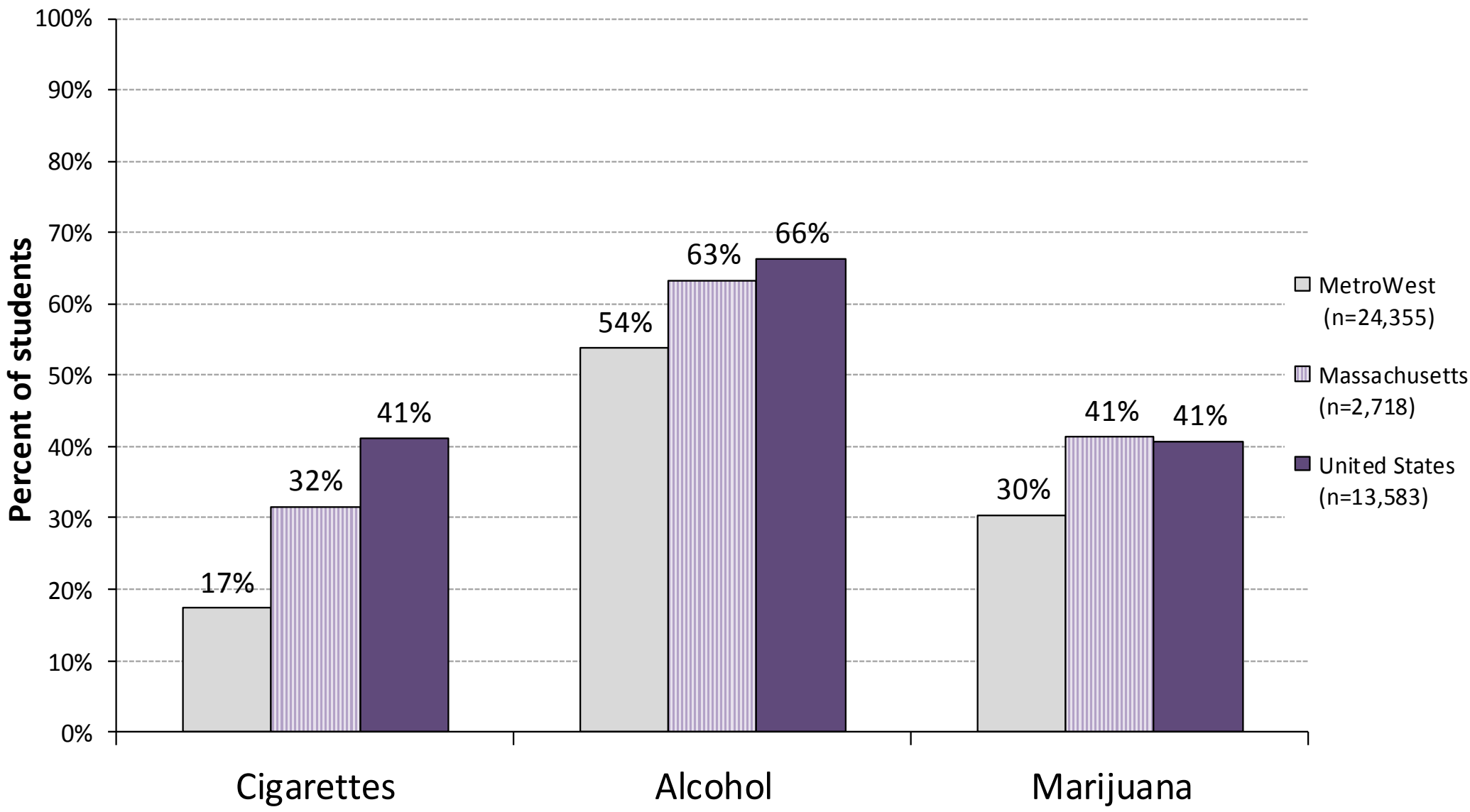
**Figure 2-1B. Lifetime Substance Use by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



**Figure 2-1C. Trends in Lifetime Substance Use, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



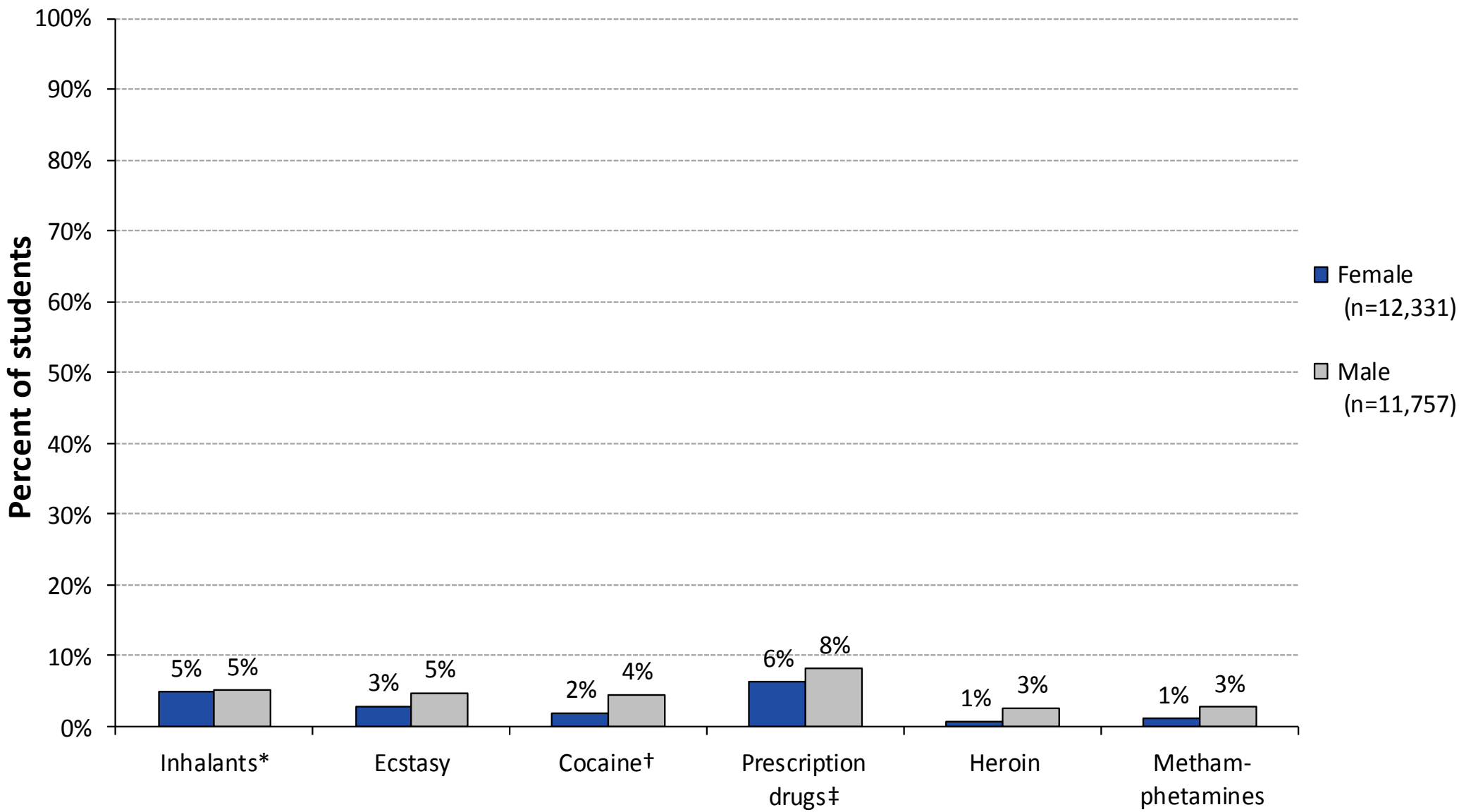
**Figure 2-1D. Lifetime Substance Use at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



# Figure 2-2A. Lifetime Other Substance Use by Gender, 2014

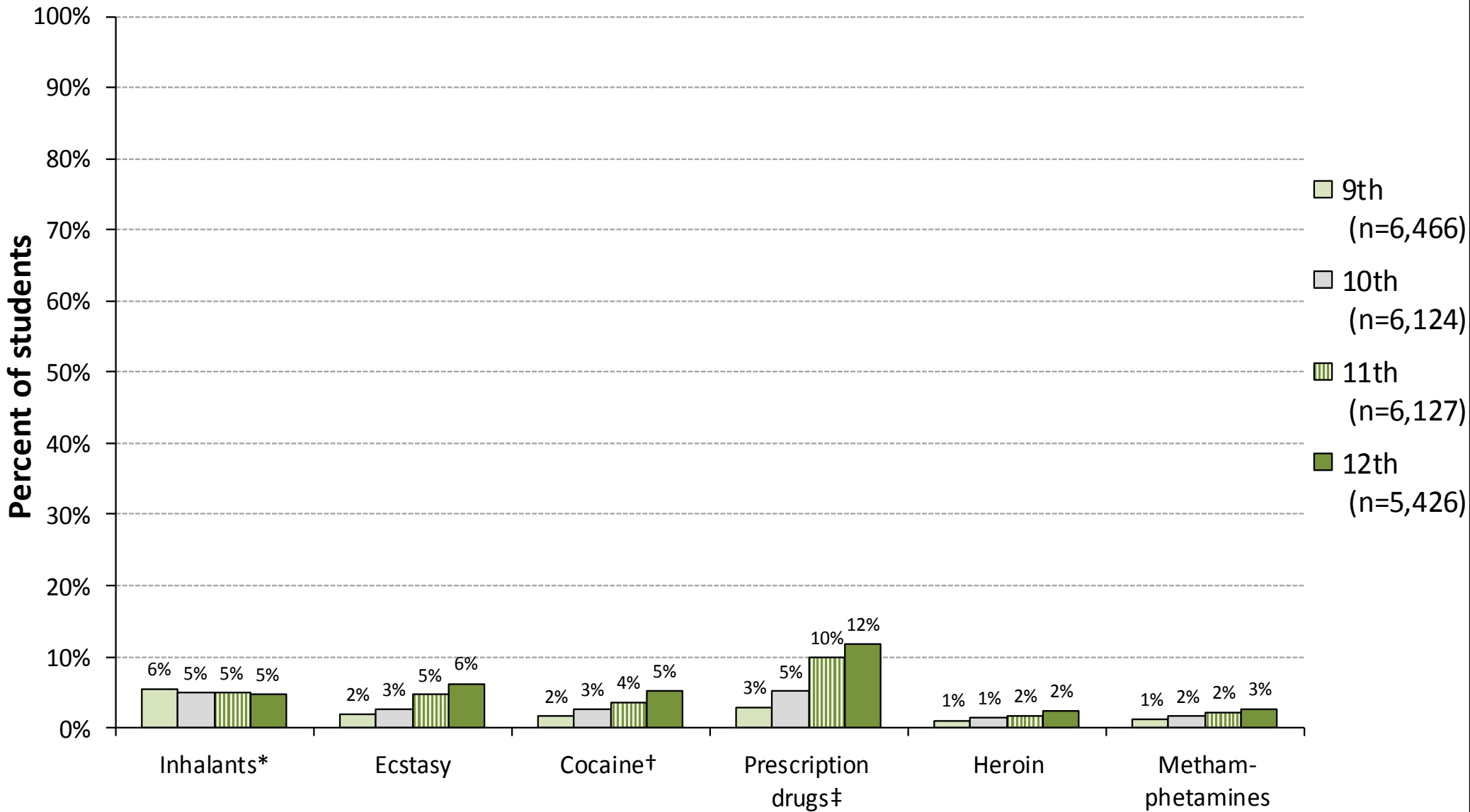
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Includes sniffing glue, breathing the contents of aerosol spray cans, or inhaling any paints or sprays to get high  
 † Includes using powder, crack or freebase  
 ‡ Without a doctor's prescription

**Figure 2-2B. Lifetime Other Substance Use by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Includes sniffing glue, breathing the contents of aerosol spray cans, or inhaling any paints or sprays to get high

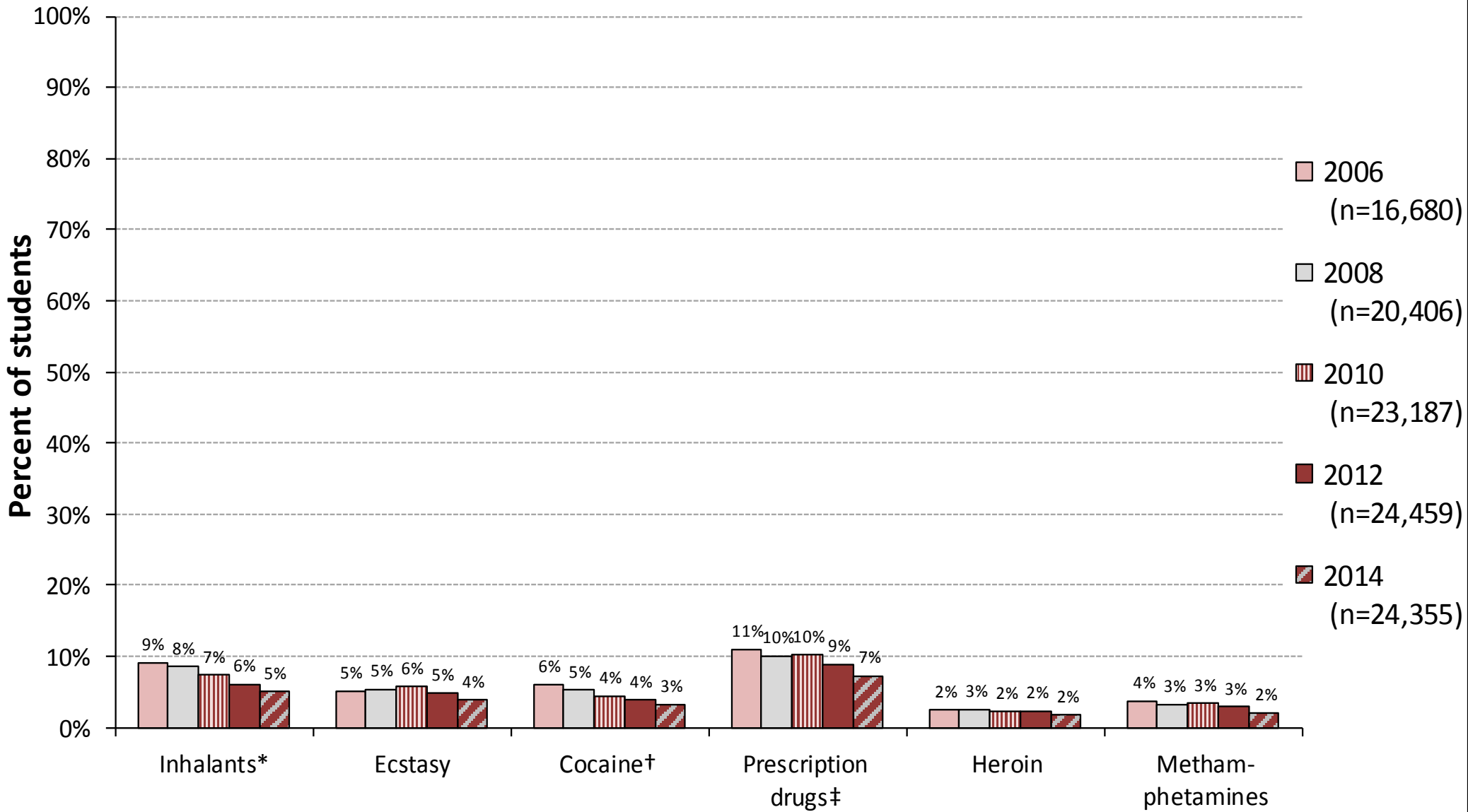
† Includes using powder, crack or freebase

‡ Without a doctor's prescription

# Figure 2-2C. Trends in Lifetime Other Substance Use, 2006-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

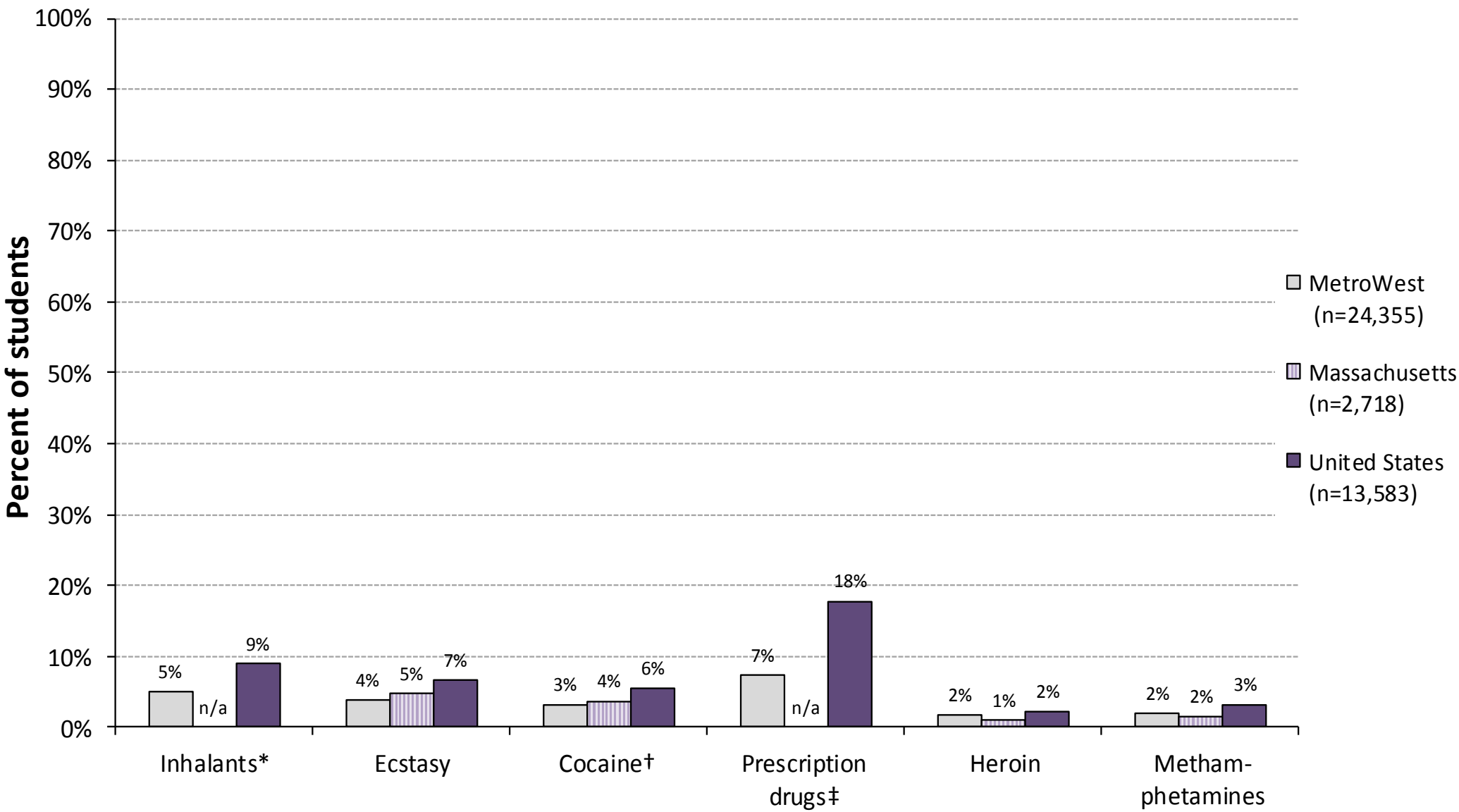


\* Includes sniffing glue, breathing the contents of aerosol spray cans, or inhaling any paints or sprays to get high

† Includes using powder, crack or freebase

‡ Without a doctor's prescription

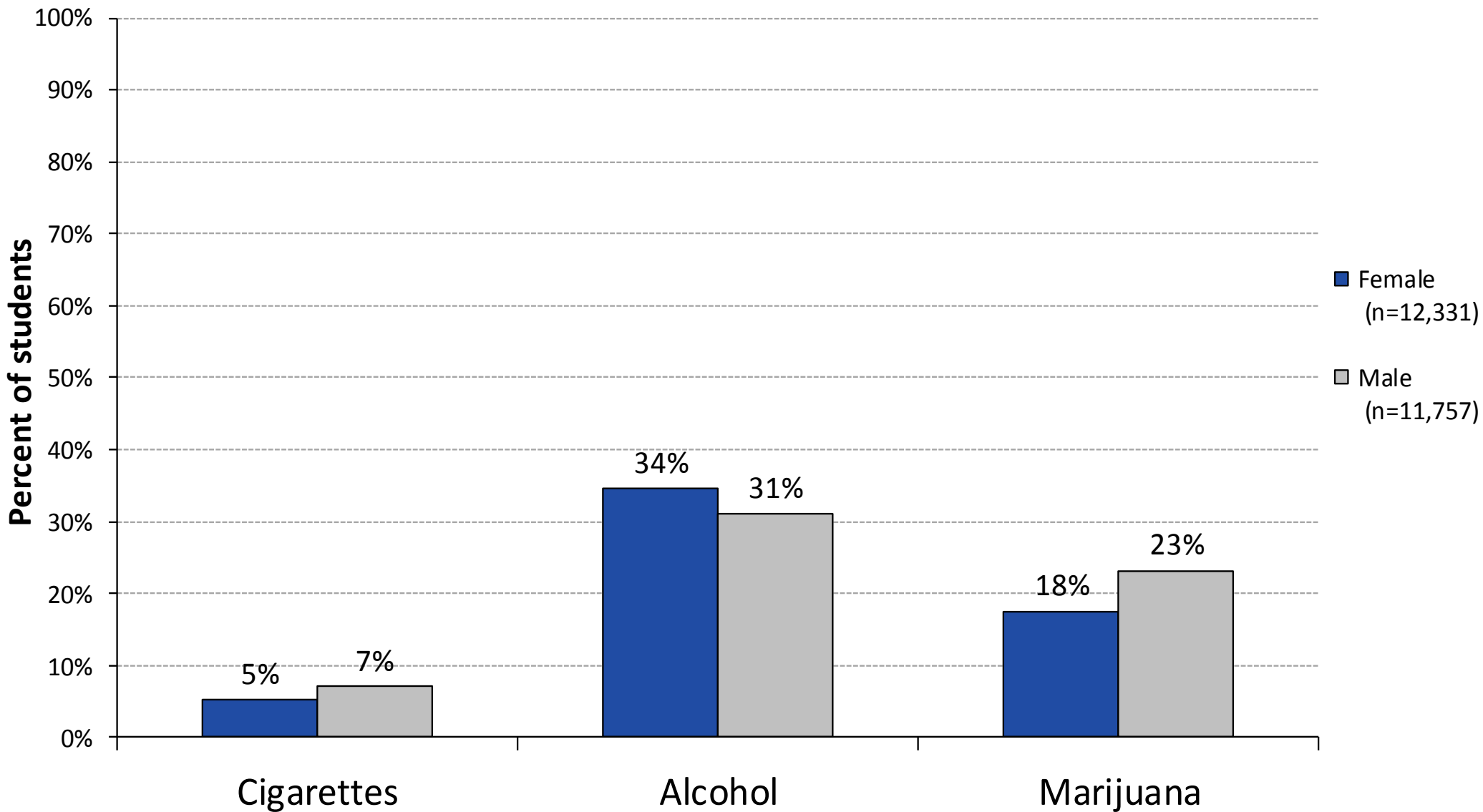
**Figure 2-2D. Lifetime Other Substance Use at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Includes sniffing glue, breathing the contents of aerosol spray cans, or inhaling any paints or sprays to get high  
 † Includes using powder, crack or freebase  
 ‡ Without a doctor's prescription



# Figure 2-3A. Current Substance Use\* by Gender, 2014 MetroWest Region High School Students (Grades 9-12) *MetroWest Adolescent Health Survey*

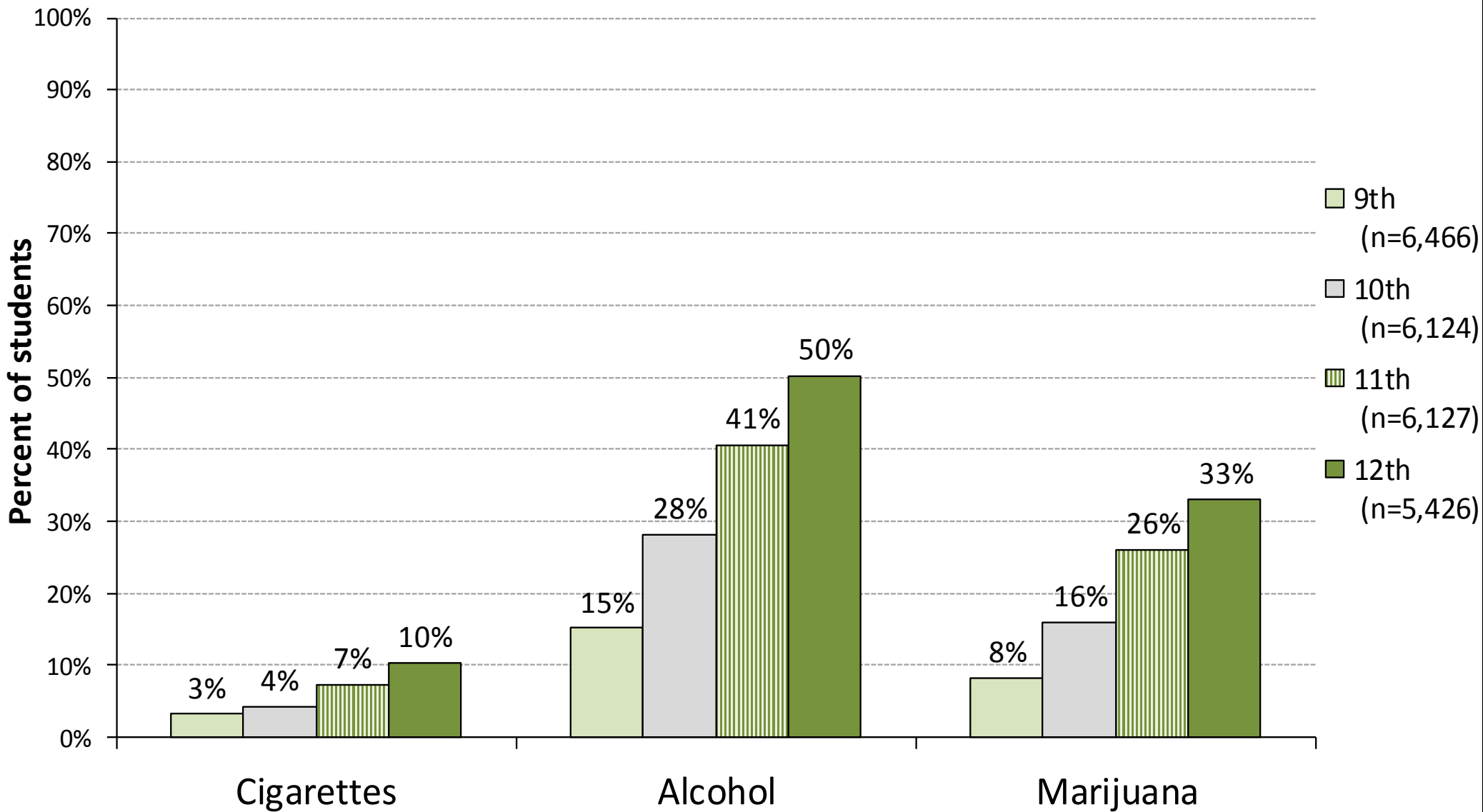


\* Used one or more times in the past 30 days

# Figure 2-3B. Current Substance Use\* by Grade, 2014

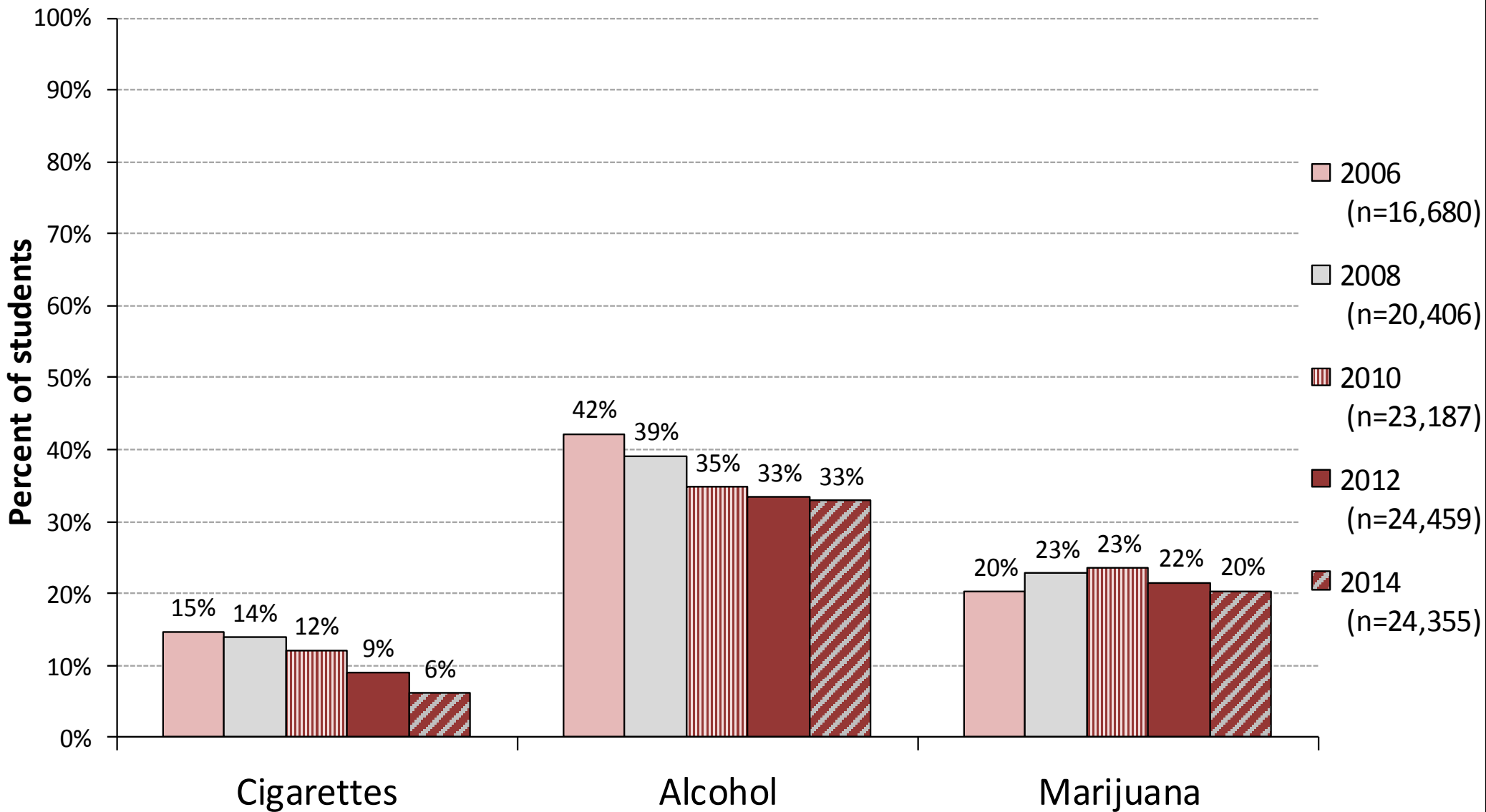
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



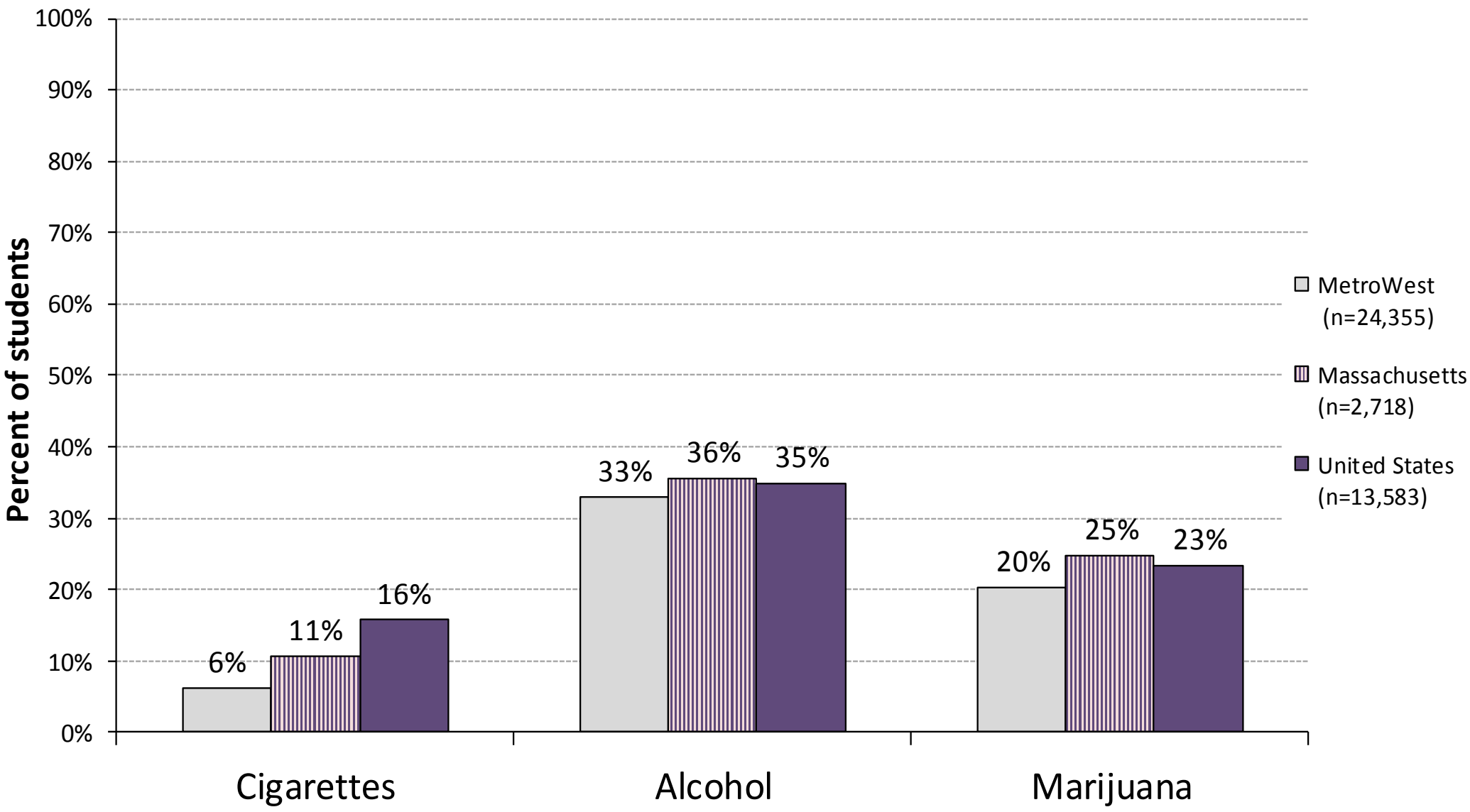
\* Used one or more times in the past 30 days

**Figure 2-3C. Trends in Current Substance Use,\* 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Used one or more times in the past 30 days

**Figure 2-3D. Current Substance Use\* at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

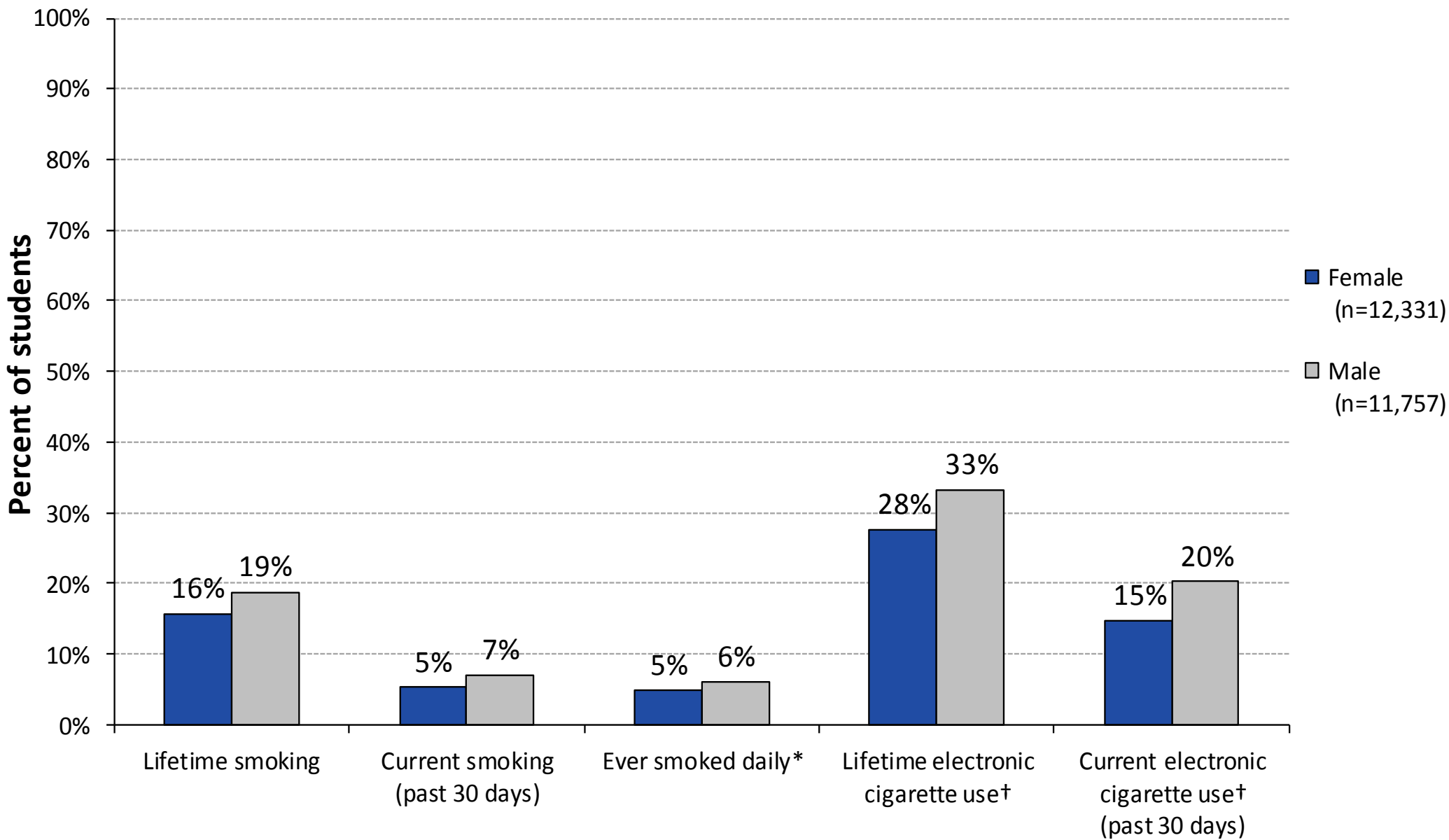


\* Used one or more times in the past 30 days

# Figure 2-4A. Cigarette and Electronic Cigarette Smoking by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



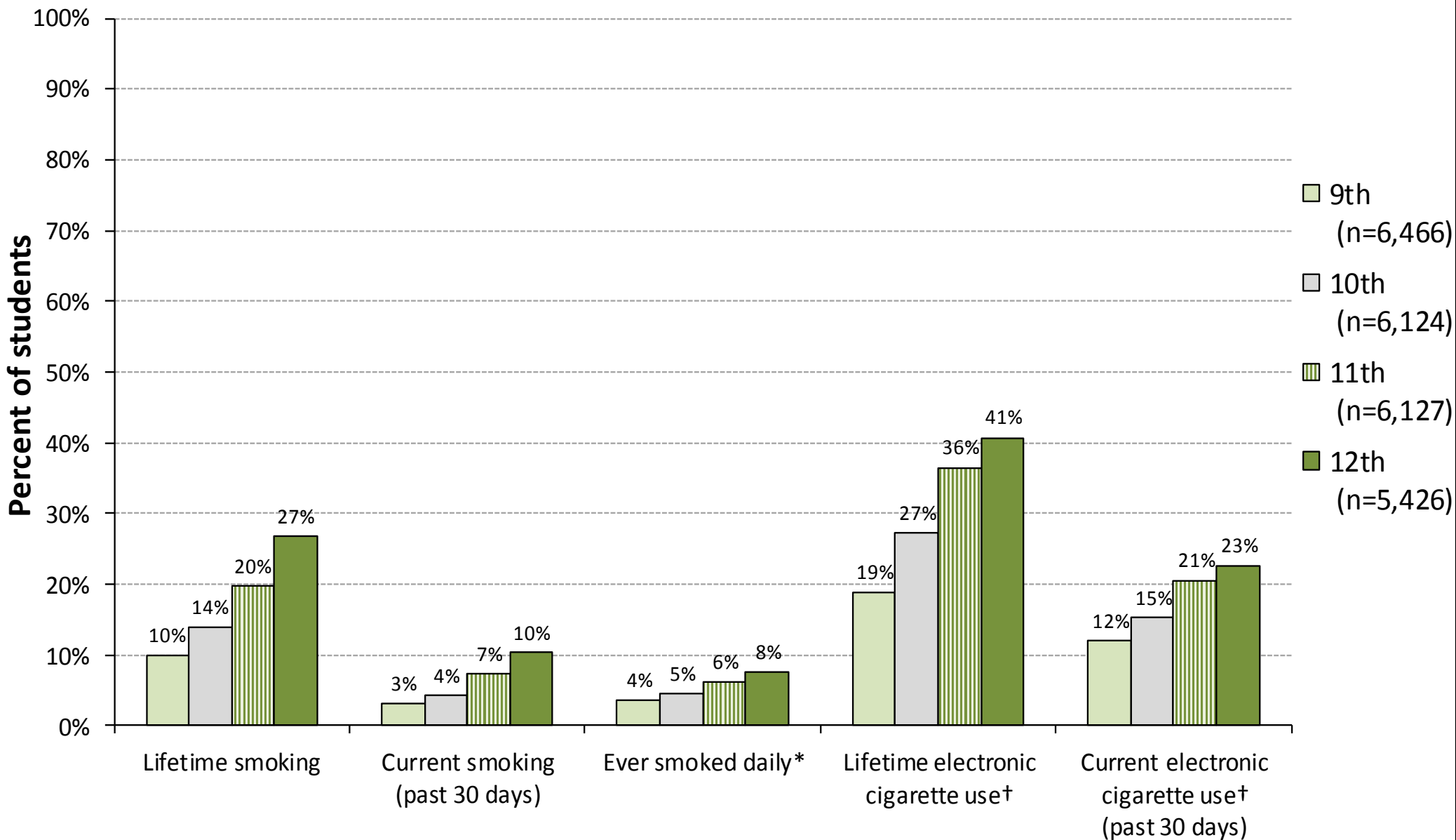
\* Every day for 30 days

† Includes electronic cigarettes, or e-cigarettes, and other electronic vapor products. E-cigarettes create a mist or vapor that you breathe in like smoke.

# Figure 2-4B. Cigarette and Electronic Cigarette Smoking by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



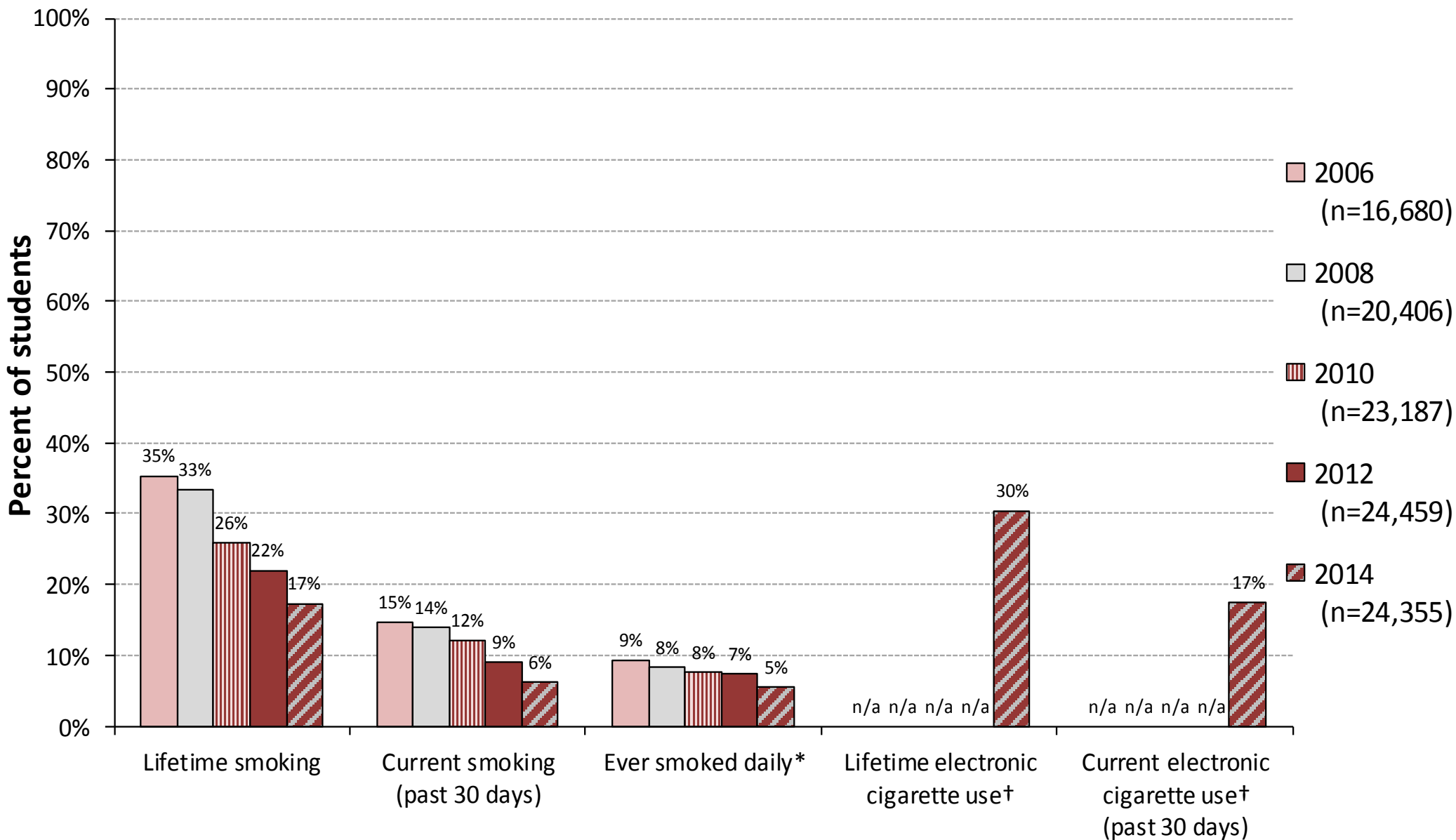
\* Every day for 30 days

† Includes electronic cigarettes, or e-cigarettes, and other electronic vapor products. E-cigarettes create a mist or vapor that you breathe in like smoke.

# Figure 2-4C. Trends in Cigarette and Electronic Cigarette Smoking, 2006-2014

## MetroWest Region High School Students (Grades 9-12)

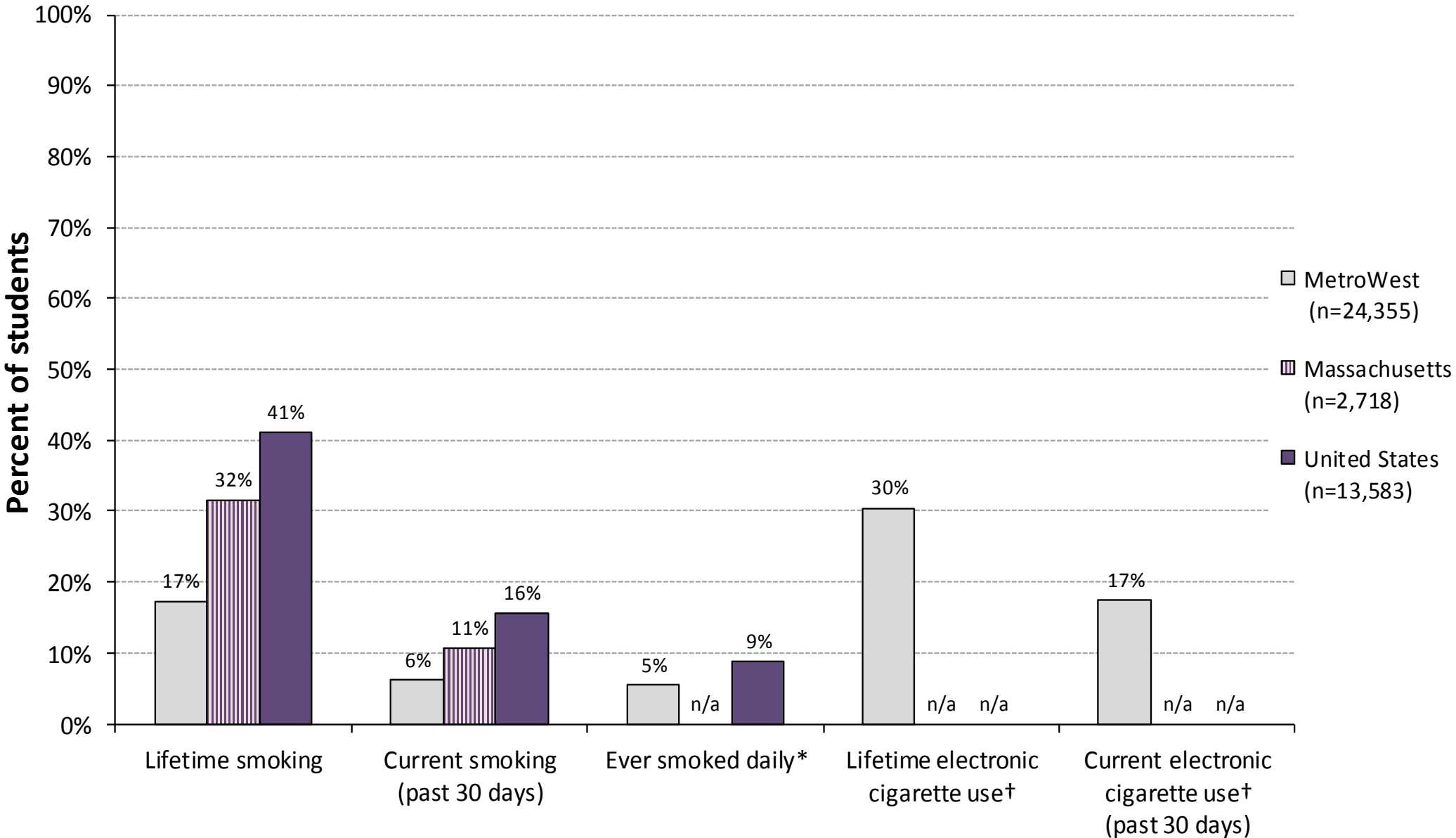
*MetroWest Adolescent Health Survey*



\* Every day for 30 days

† Includes electronic cigarettes, or e-cigarettes, and other electronic vapor products. E-cigarettes create a mist or vapor that you breathe in like smoke.

**Figure 2-4D. Cigarette and Electronic Cigarette Smoking at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

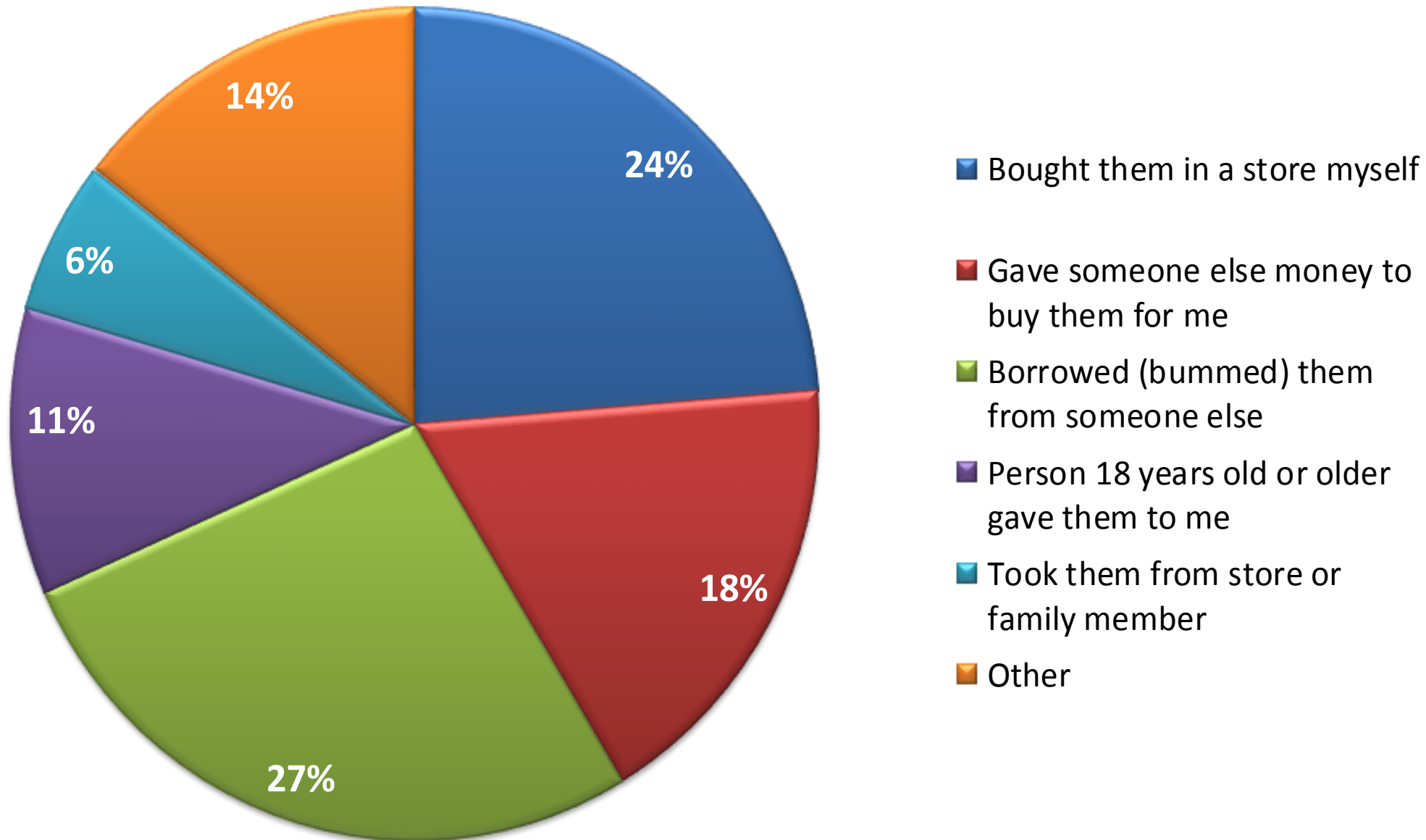


\* Every day for 30 days

† Includes electronic cigarettes, or e-cigarettes, and other electronic vapor products. E-cigarettes create a mist or vapor that you breathe in like smoke.



**Figure 2-5. Access to Cigarettes,\* 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



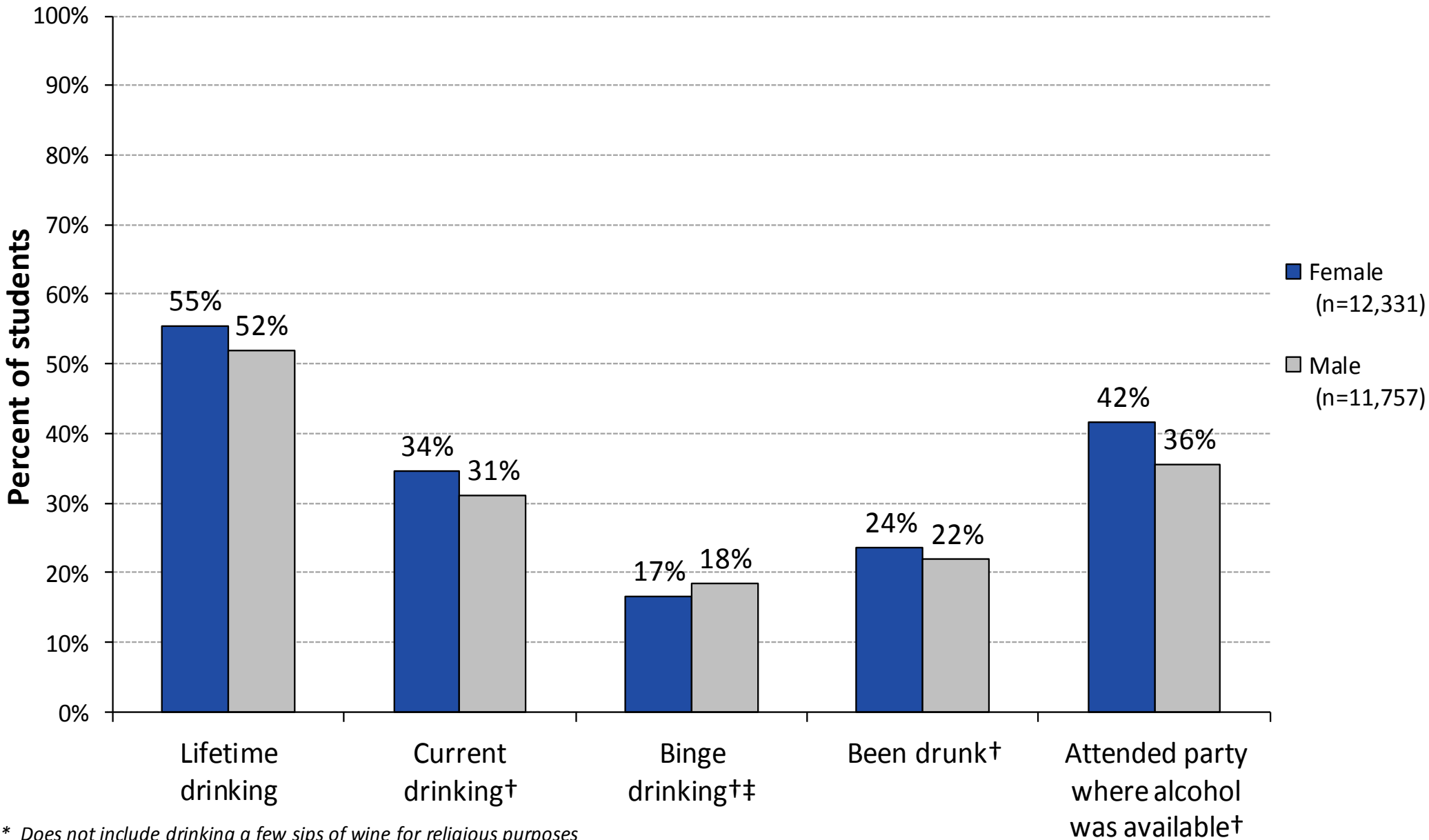
\* Among students who smoked in the past 30 days



# Figure 2-6A. Alcohol Use\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

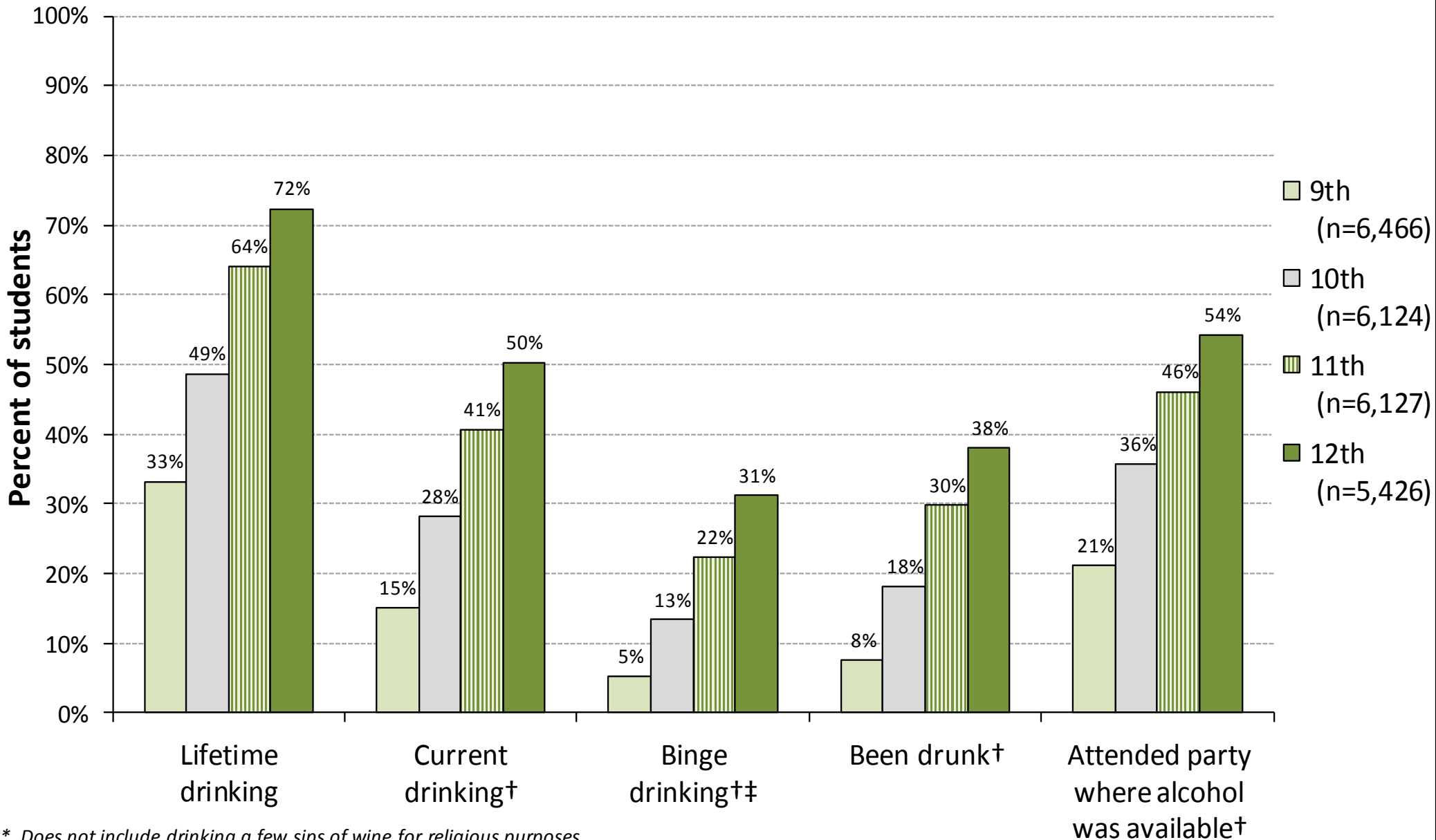


\* Does not include drinking a few sips of wine for religious purposes

<sup>†</sup> In the past 30 days

<sup>‡</sup> Had 5 or more drinks in a row (within a couple of hours)

**Figure 2-6B. Alcohol Use\* by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

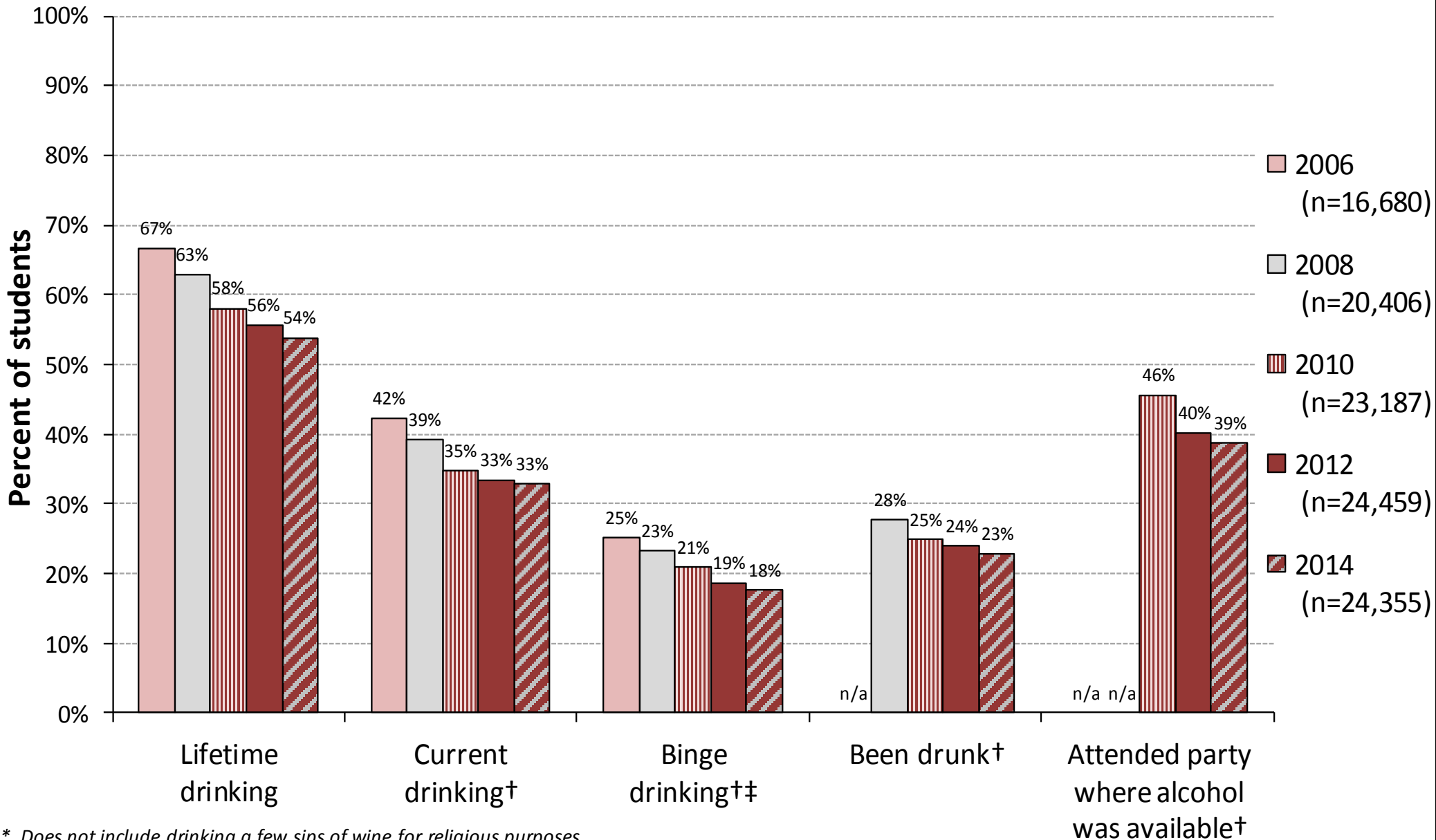


\* Does not include drinking a few sips of wine for religious purposes

<sup>†</sup> In the past 30 days

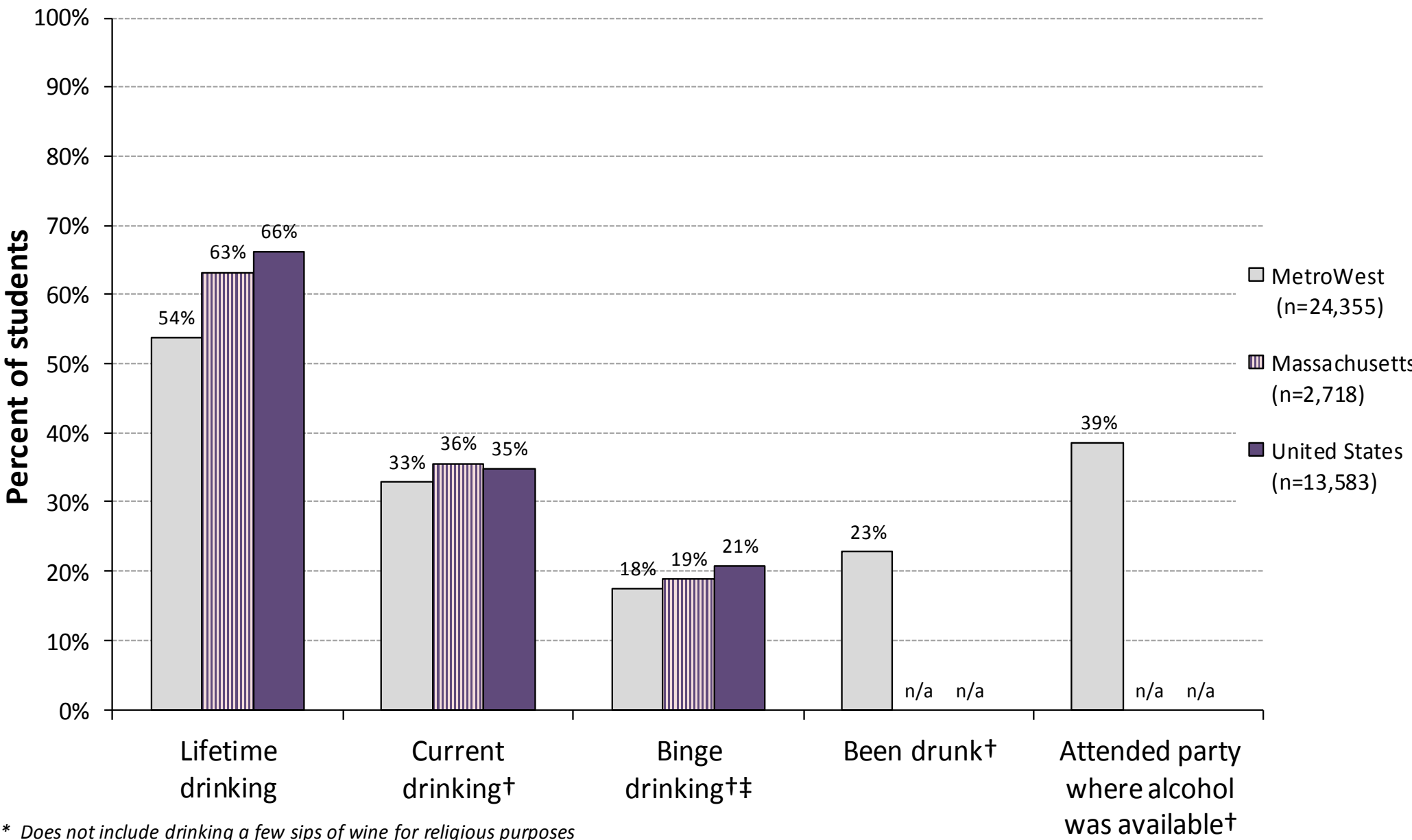
<sup>‡</sup> Had 5 or more drinks in a row (within a couple of hours)

**Figure 2-6C. Trends in Alcohol Use,\* 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Does not include drinking a few sips of wine for religious purposes  
<sup>†</sup> In the past 30 days  
<sup>‡</sup> Had 5 or more drinks in a row (within a couple of hours)

**Figure 2-6D. Alcohol Use\* at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

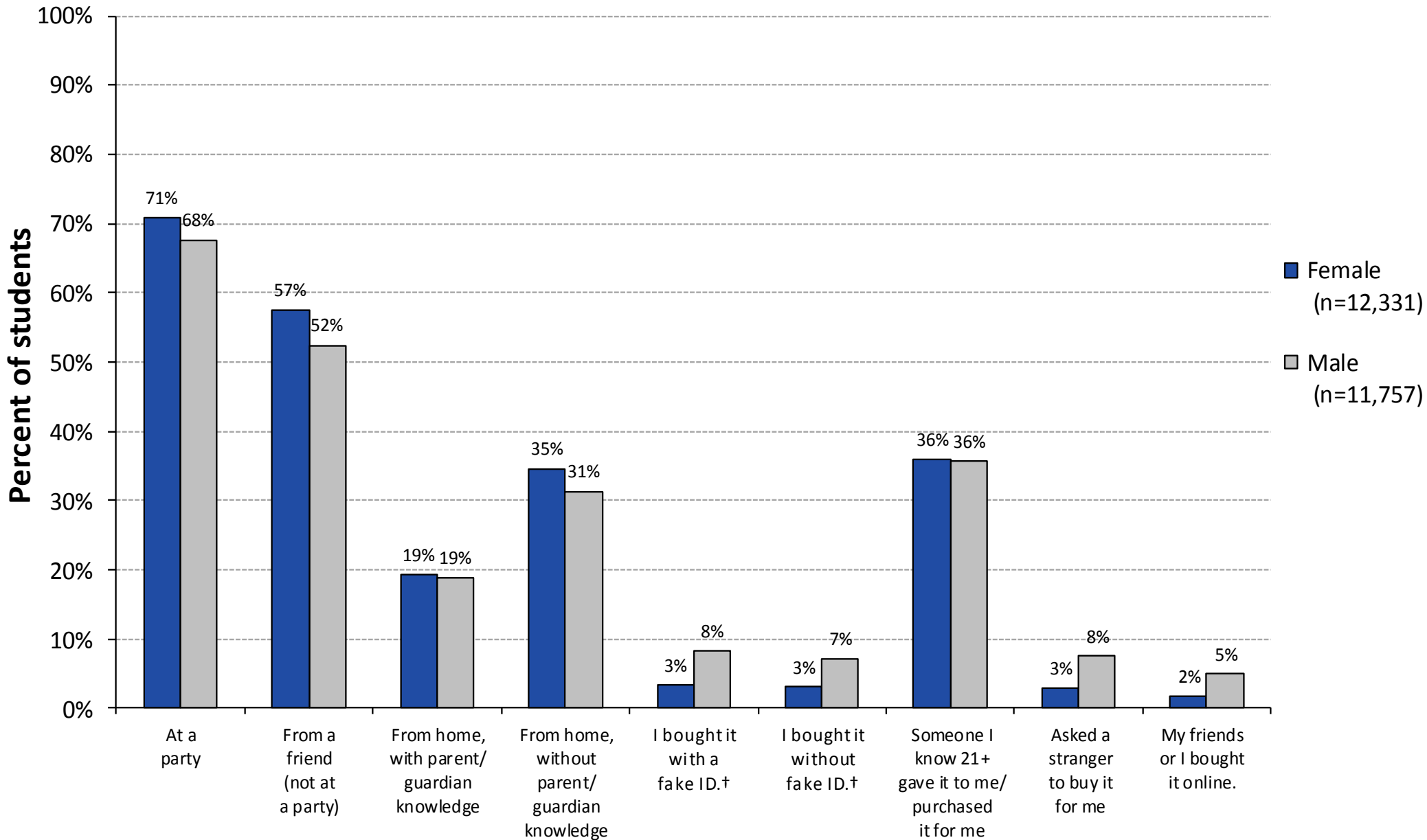


\* Does not include drinking a few sips of wine for religious purposes  
 † In the past 30 days  
 ‡ Had 5 or more drinks in a row (within a couple of hours)

# Figure 2-7A. Access to Alcohol Among Current Drinkers\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



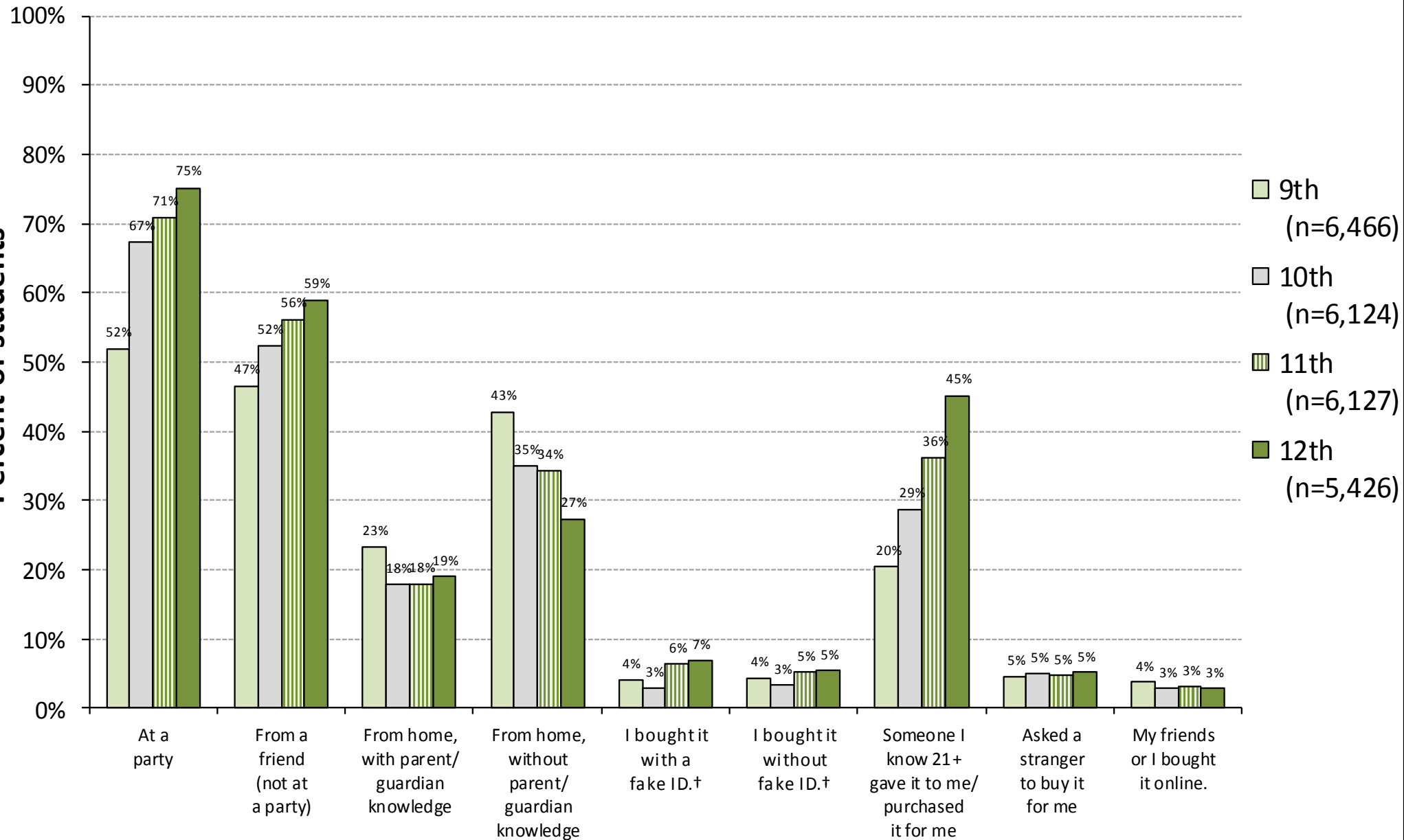
\* Among students who drank in the past 30 days

† At a store, tavern, bar, or public event (like a concert or sporting event)

# Figure 2-7B. Access to Alcohol Among Current Drinkers\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Among students who drank in the past 30 days

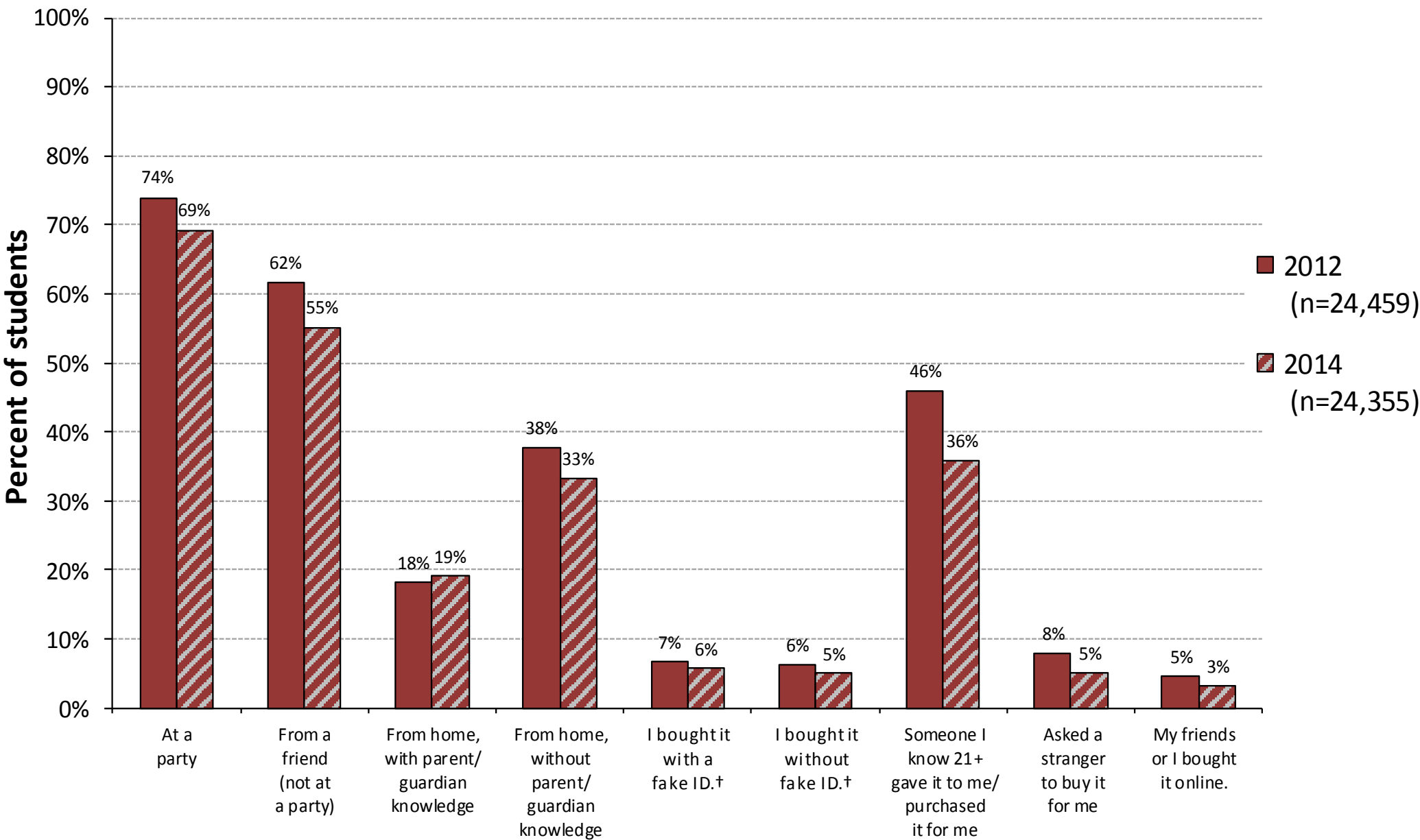
† At a store, tavern, bar, or public event (like a concert or sporting event)



# Figure 2-7C. Trends in Access to Alcohol Among Current Drinkers,\* 2012-2014

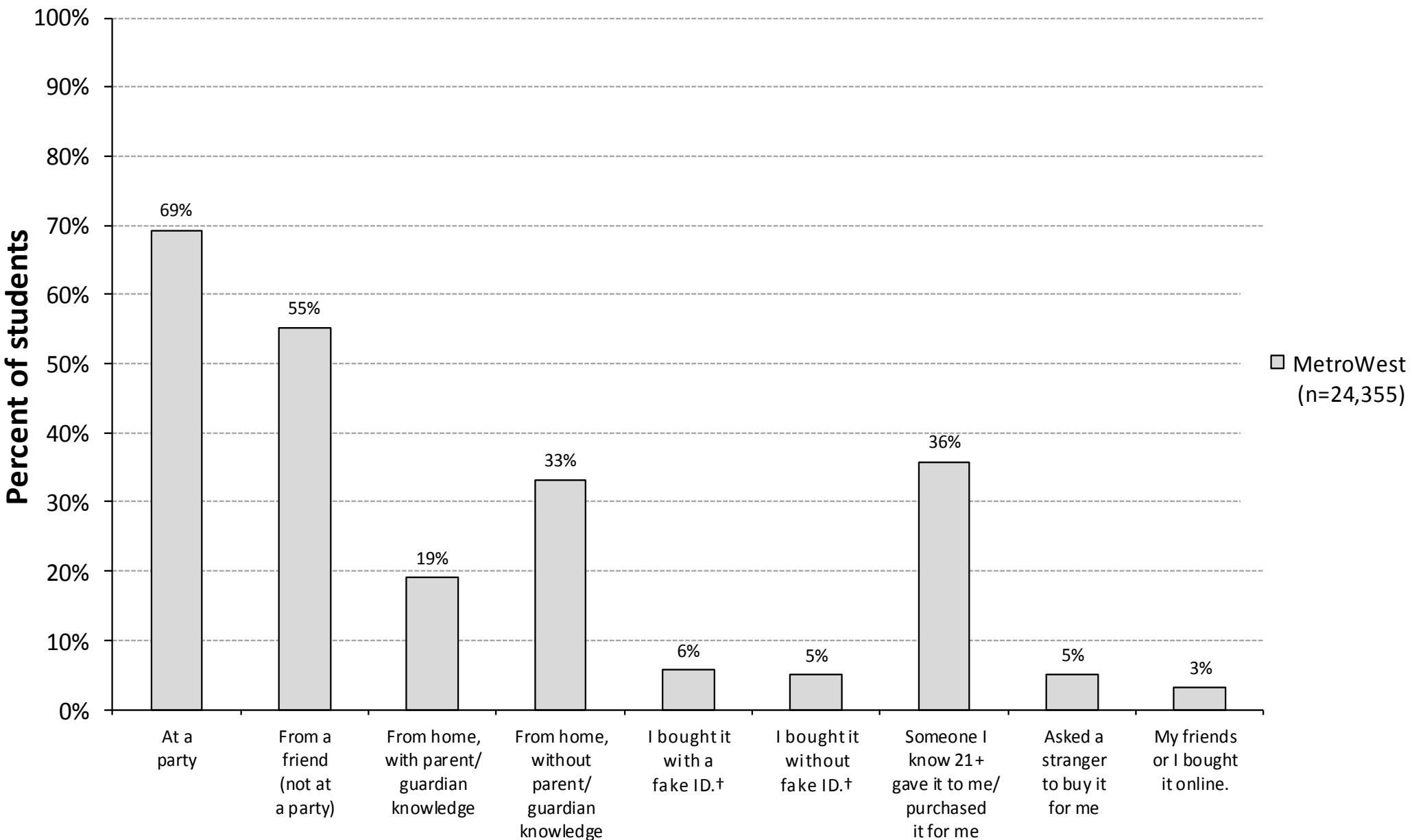
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Among students who drank in the past 30 days  
 † At a store, tavern, bar, or public event (like a concert or sporting event)

**Figure 2-7D. Access to Alcohol Among Current Drinkers\* at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

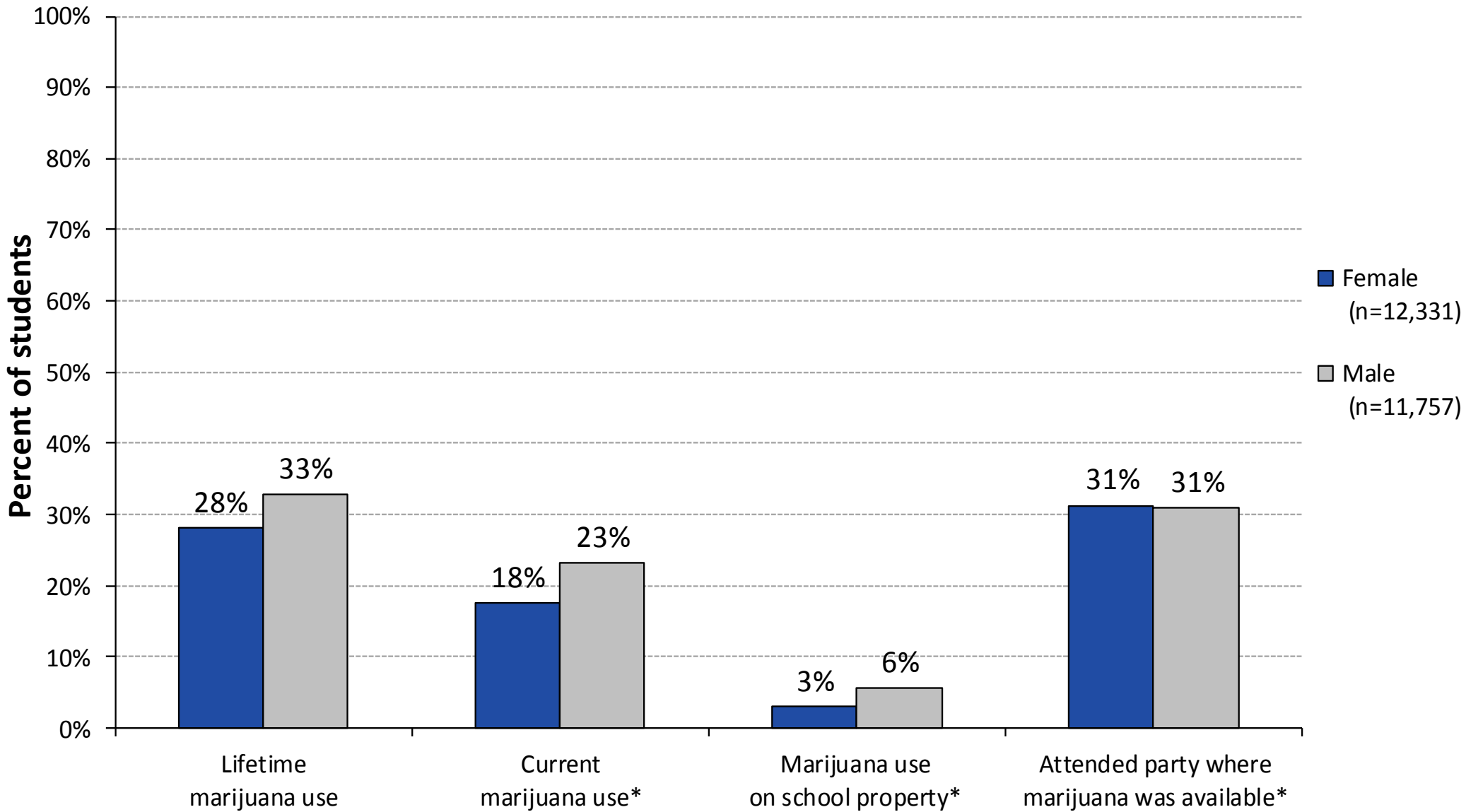


\* Among students who drank in the past 30 days  
 † At a store, tavern, bar, or public event (like a concert or sporting event)

# Figure 2-8A. Marijuana Use by Gender, 2014

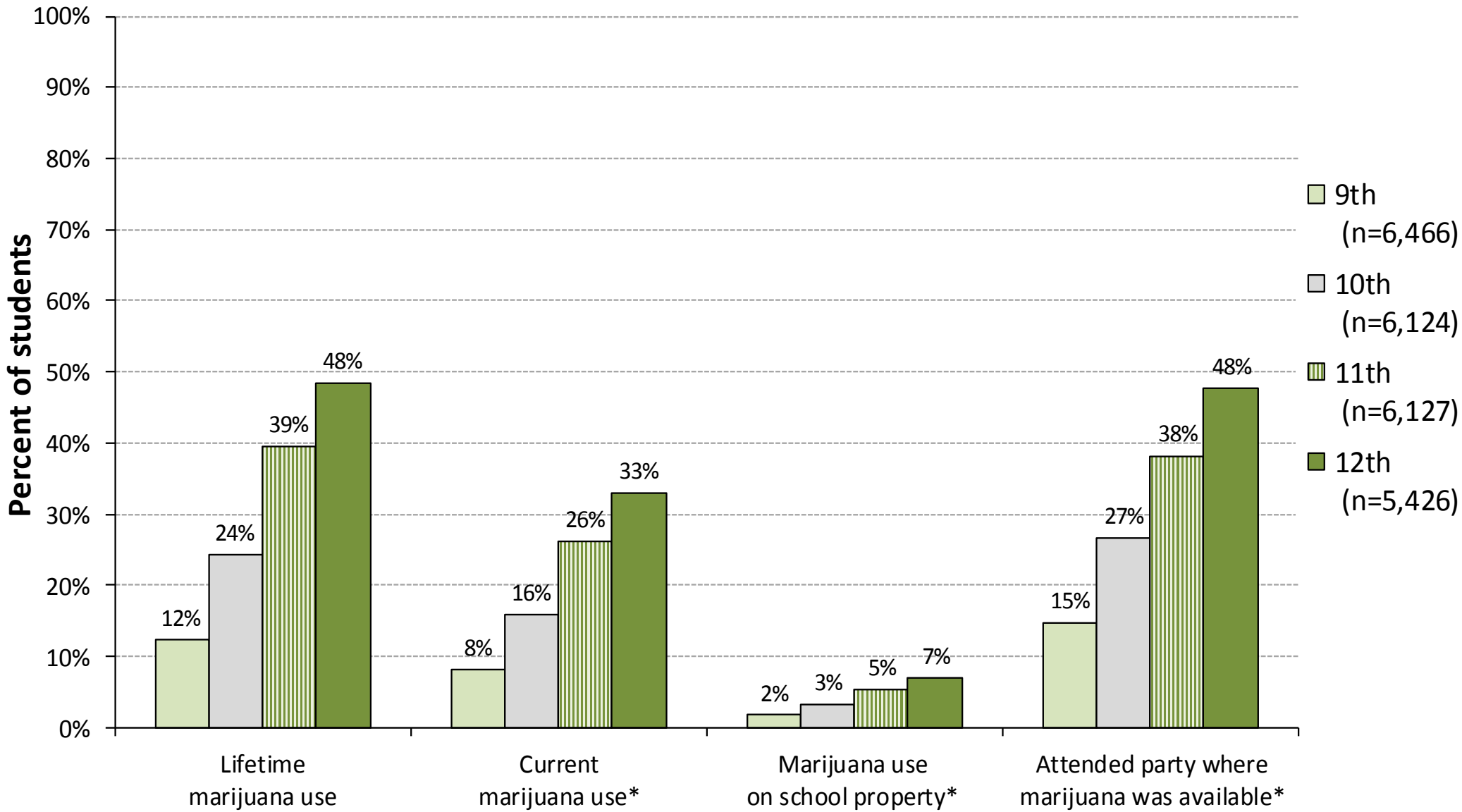
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* In the past 30 days

**Figure 2-8B. Marijuana Use by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

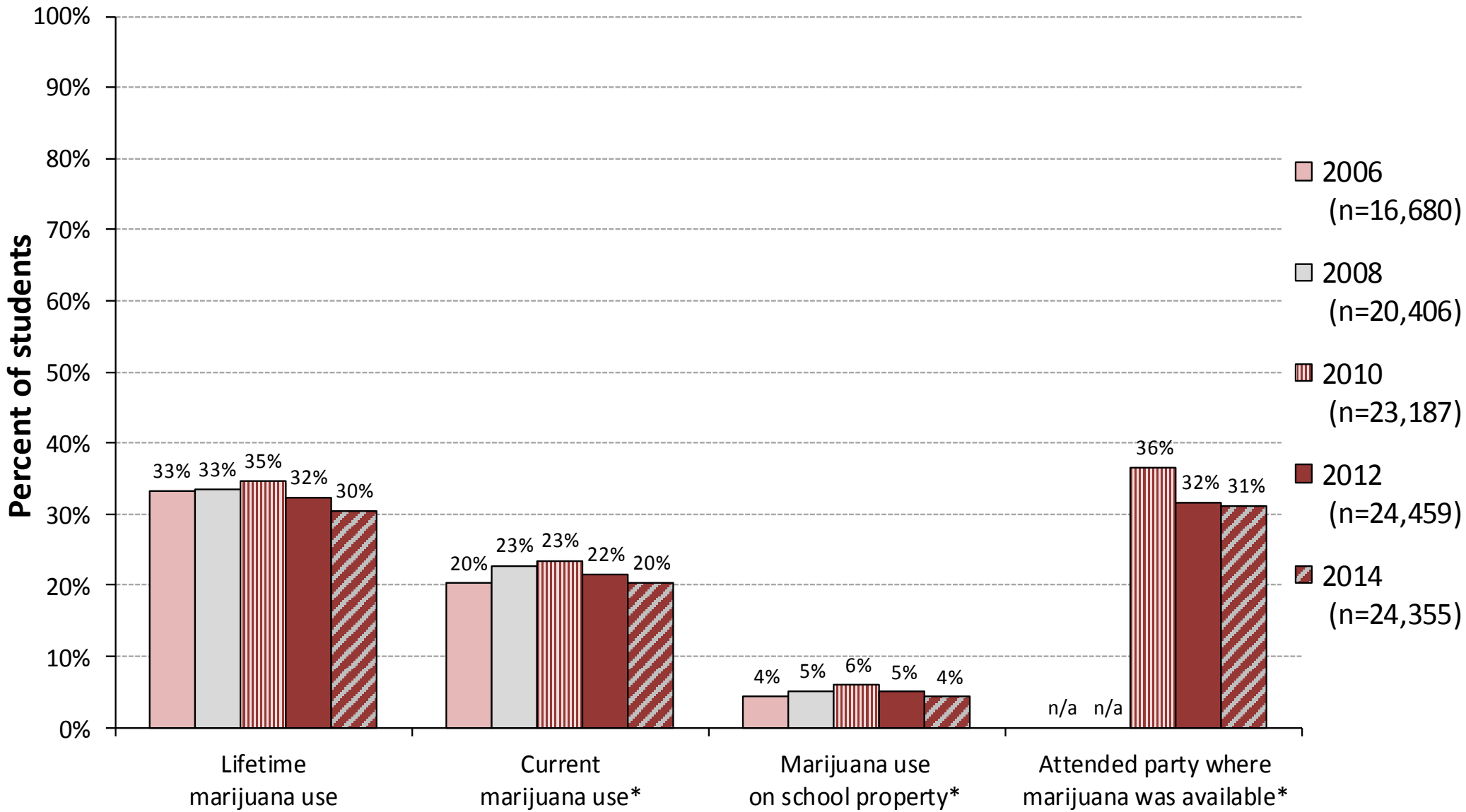


\* In the past 30 days

# Figure 2-8C. Trends in Marijuana Use, 2006-2014

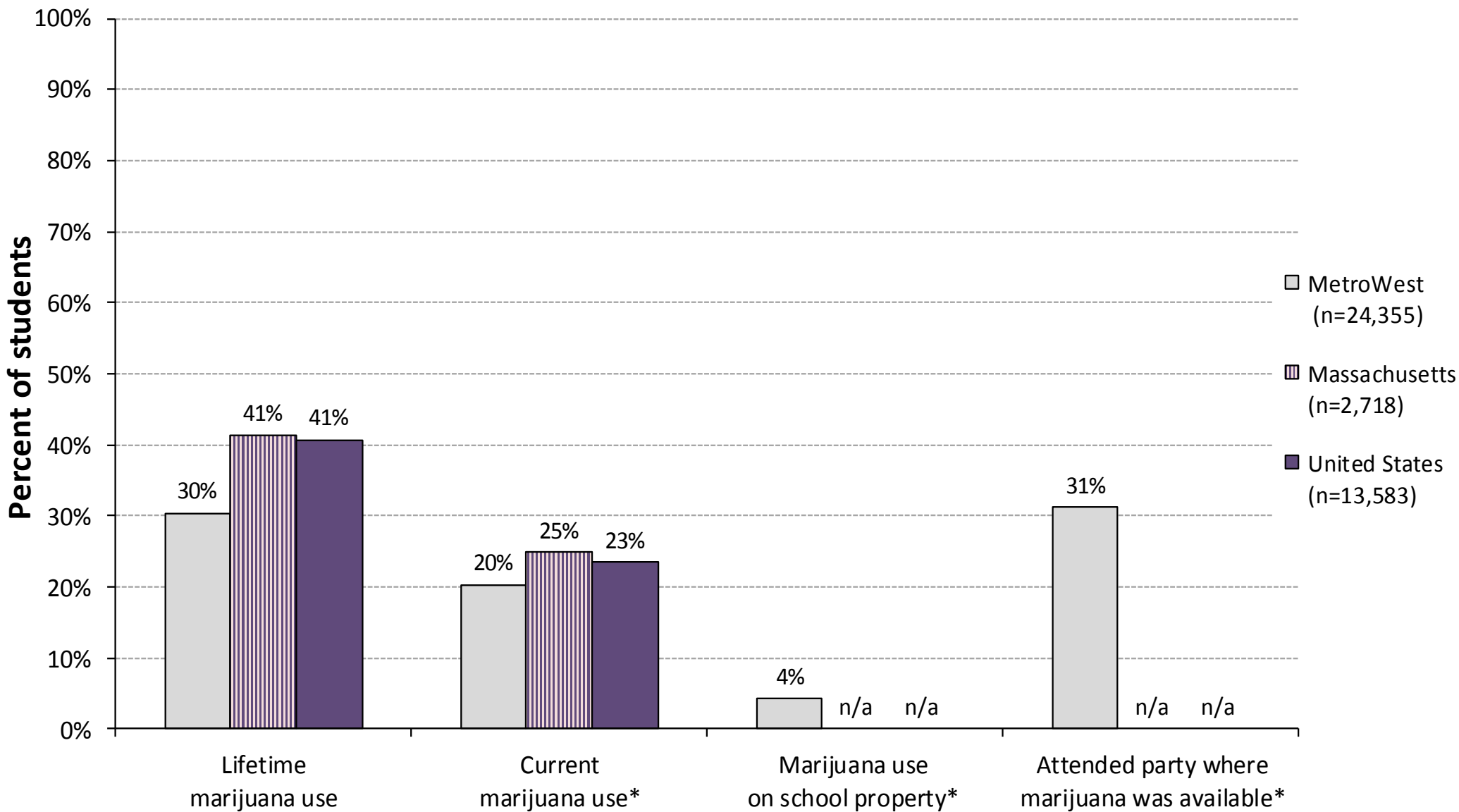
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



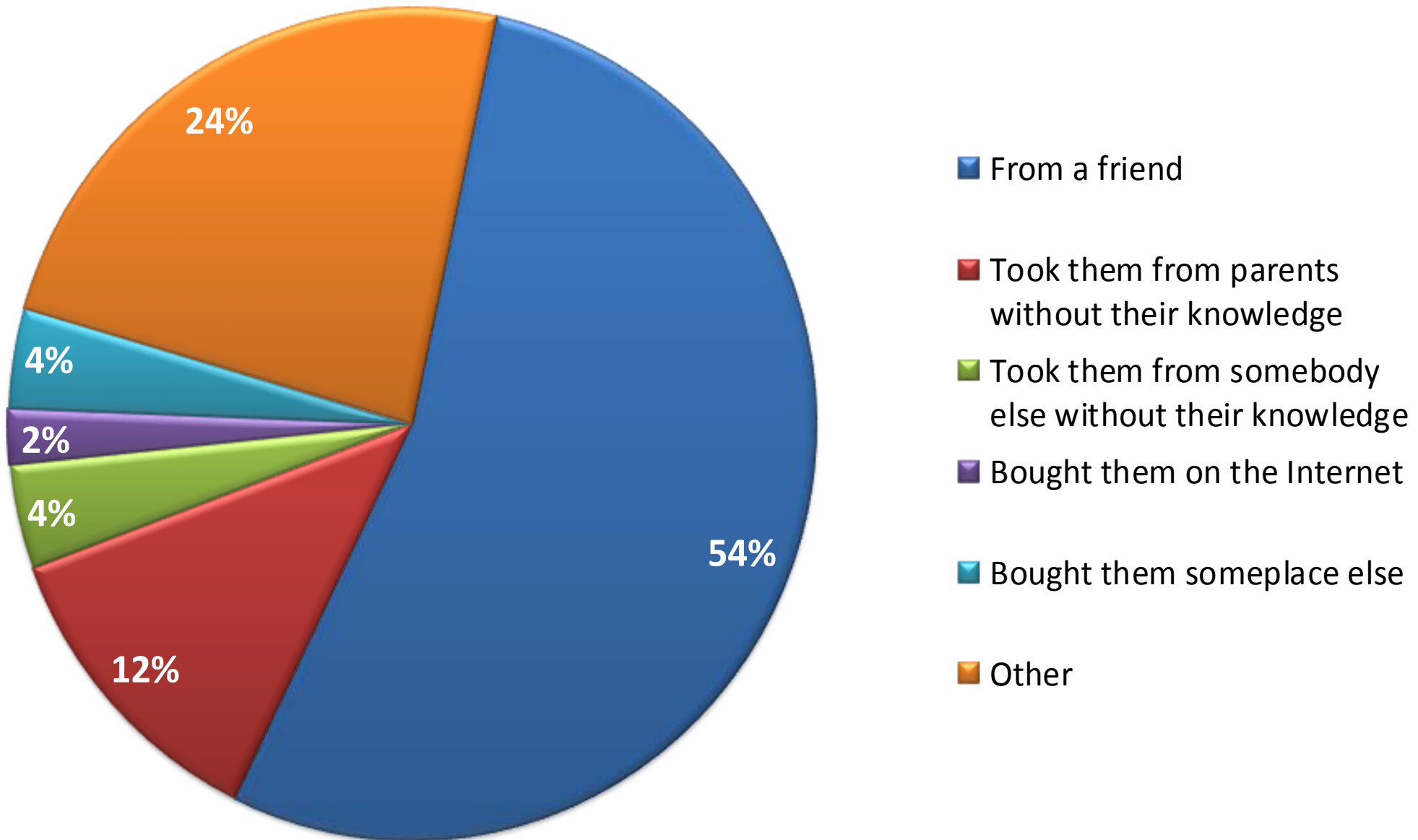
\* In the past 30 days

**Figure 2-8D. Marijuana Use at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* In the past 30 days

**Figure 2-9. Access to Prescription Drugs,\* 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

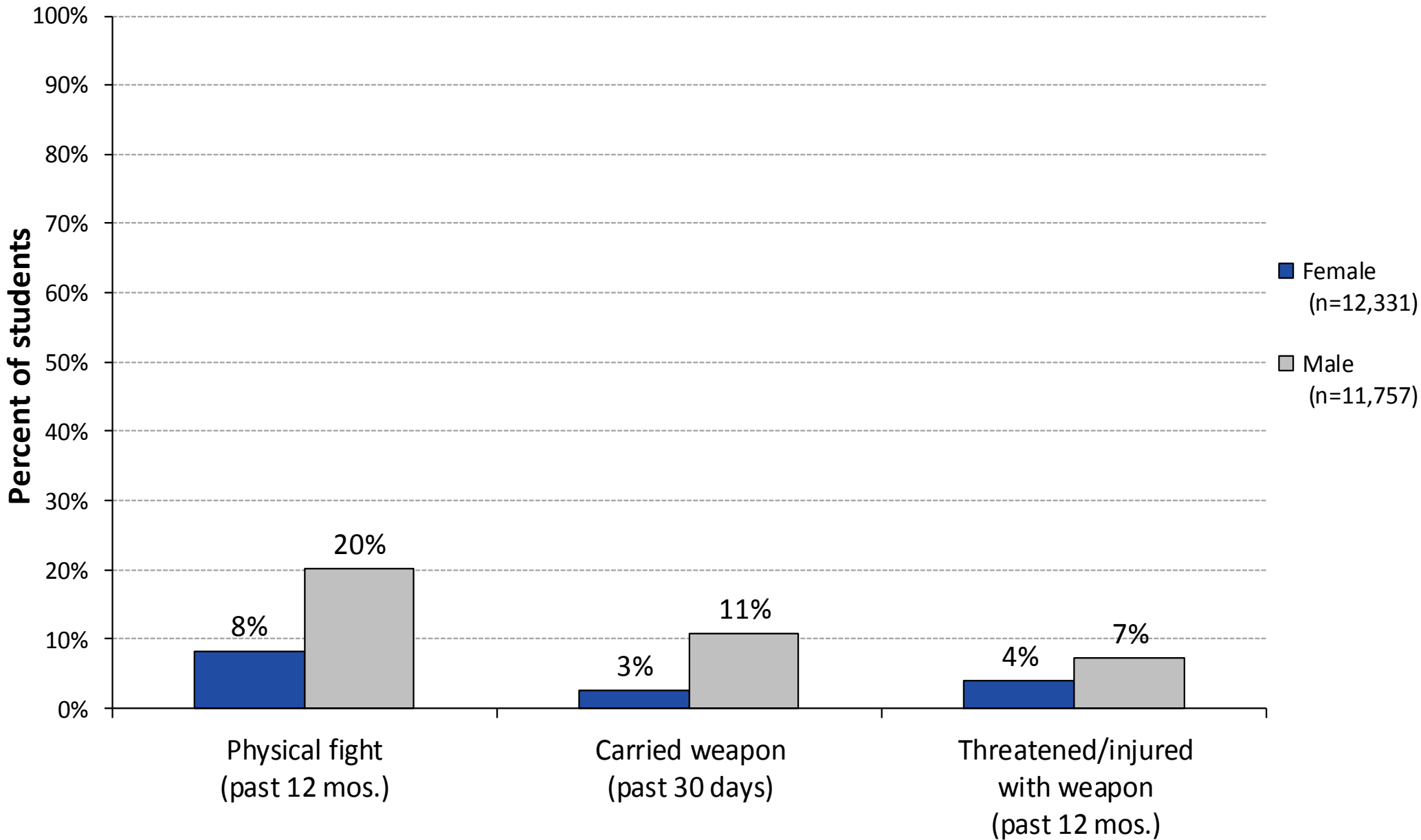


\* Among students who misused prescription drugs in their lifetime

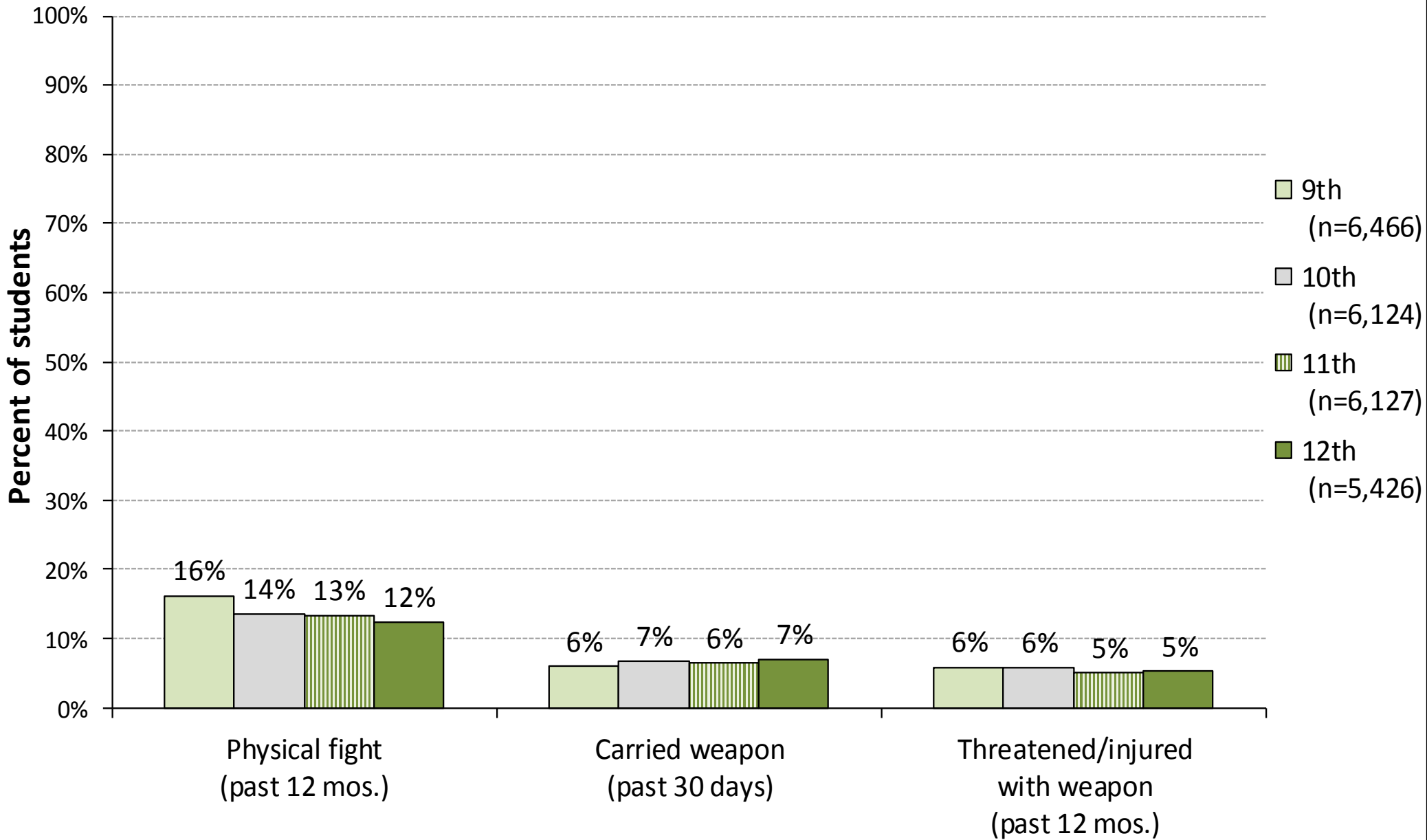




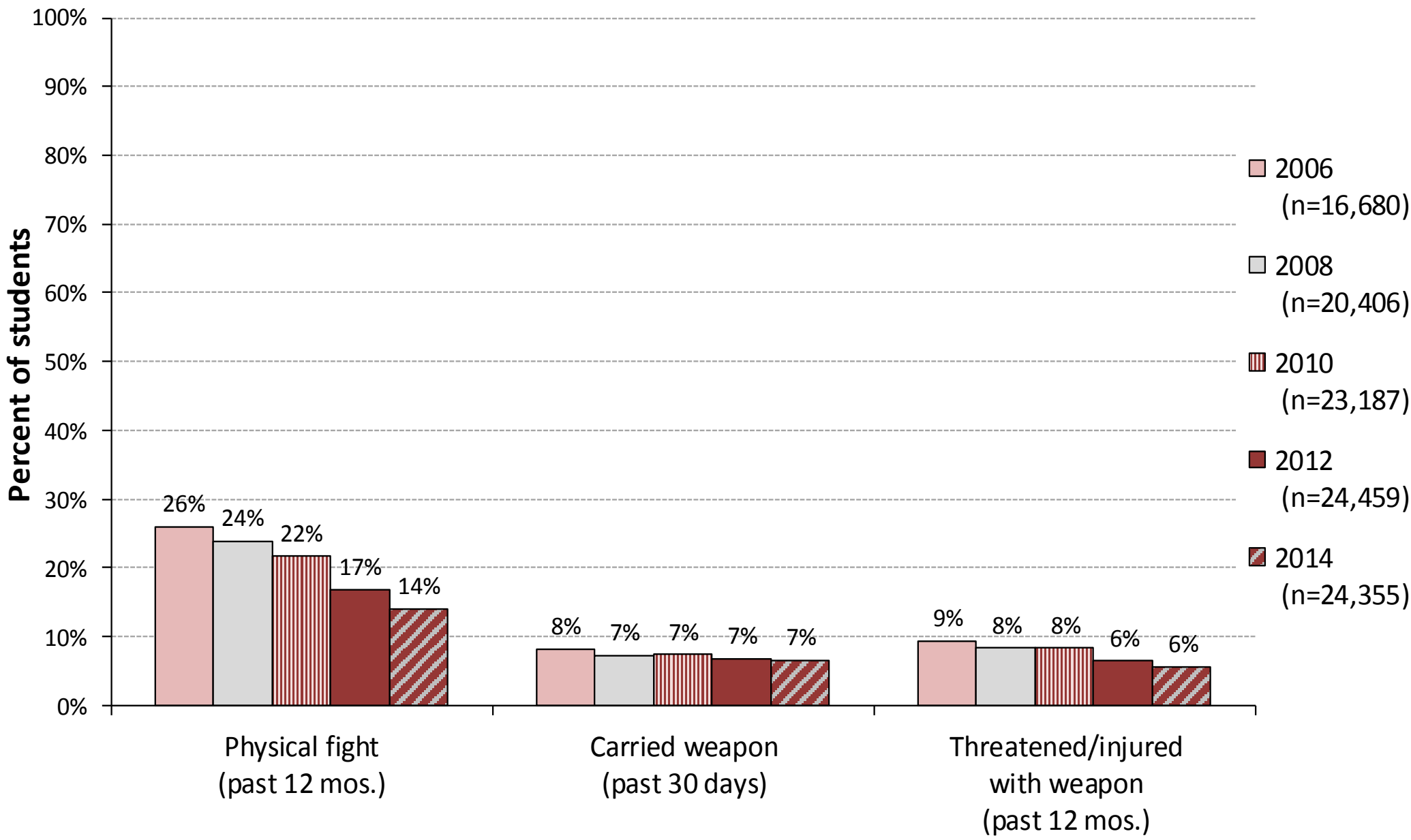
**Figure 3-1A. Fighting and Weapon Carrying by Gender, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



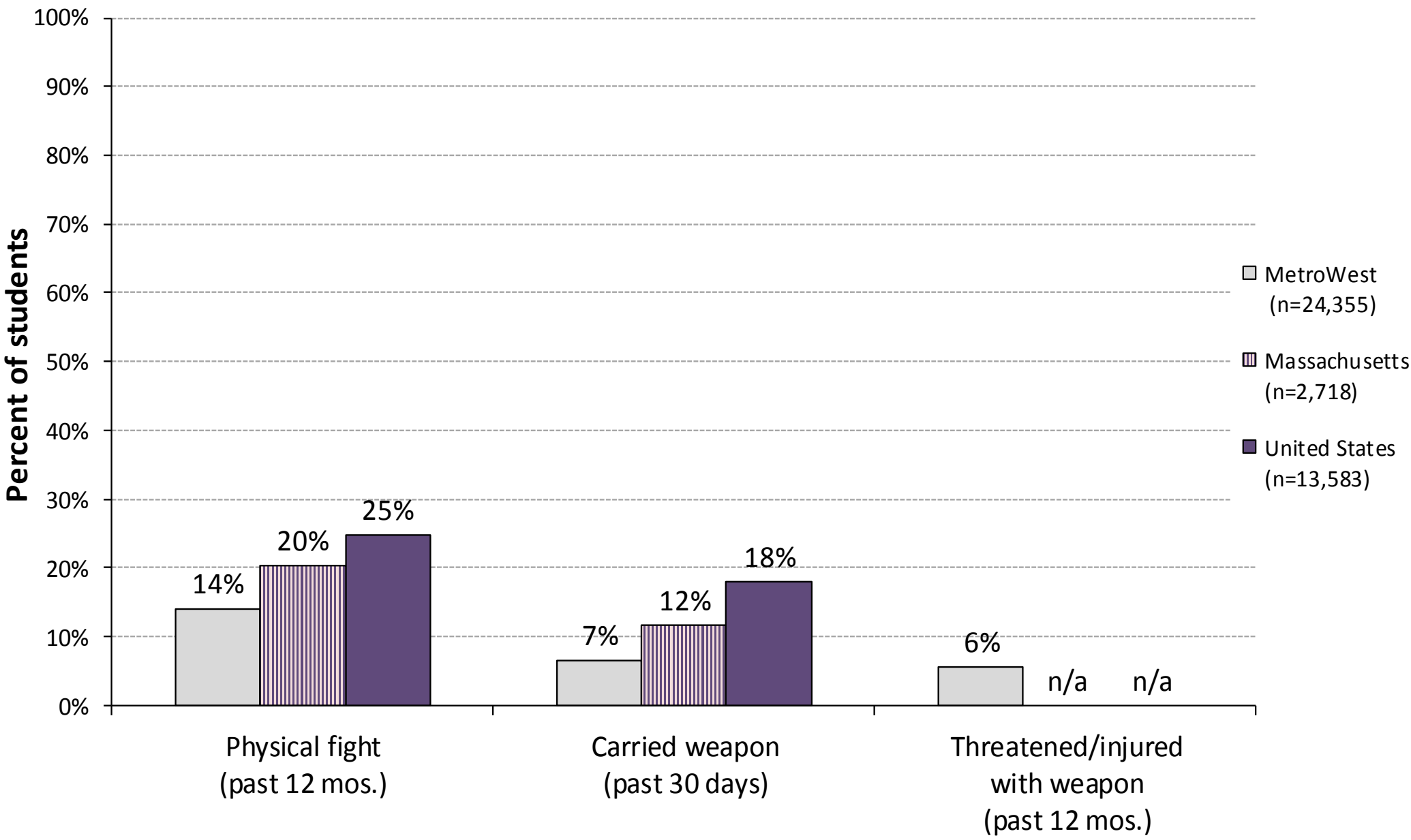
**Figure 3-1B. Fighting and Weapon Carrying by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



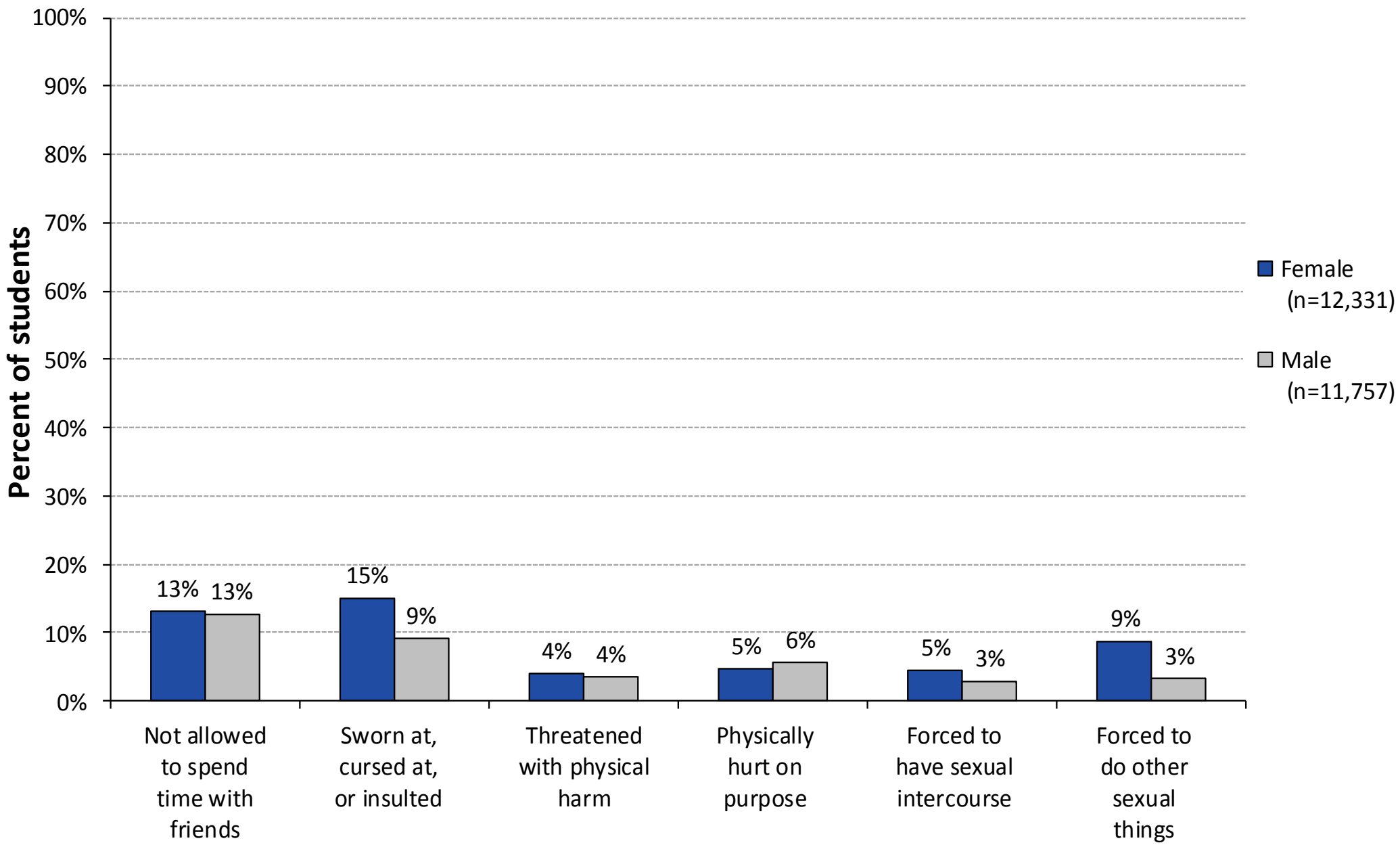
**Figure 3-1C. Trends in Fighting and Weapon Carrying, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



**Figure 3-1D. Fighting and Weapon Carrying at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

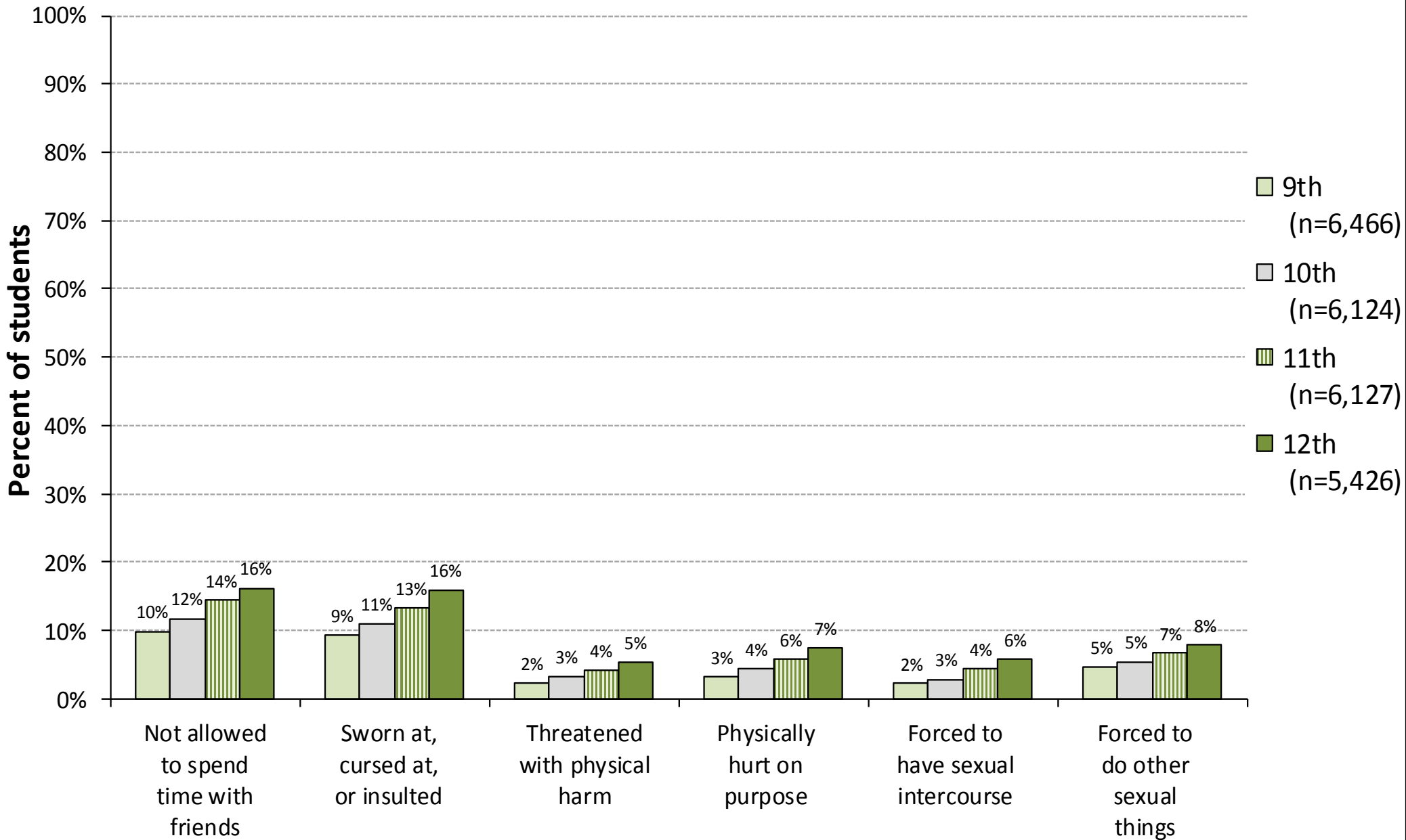


# Figure 3-2A. Lifetime Dating Violence\* by Gender, 2014 MetroWest Region High School Students (Grades 9-12) *MetroWest Adolescent Health Survey*



\* By a boyfriend/girlfriend, date, or someone you were going out with

# Figure 3-2B. Lifetime Dating Violence\* by Grade, 2014 MetroWest Region High School Students (Grades 9-12) *MetroWest Adolescent Health Survey*

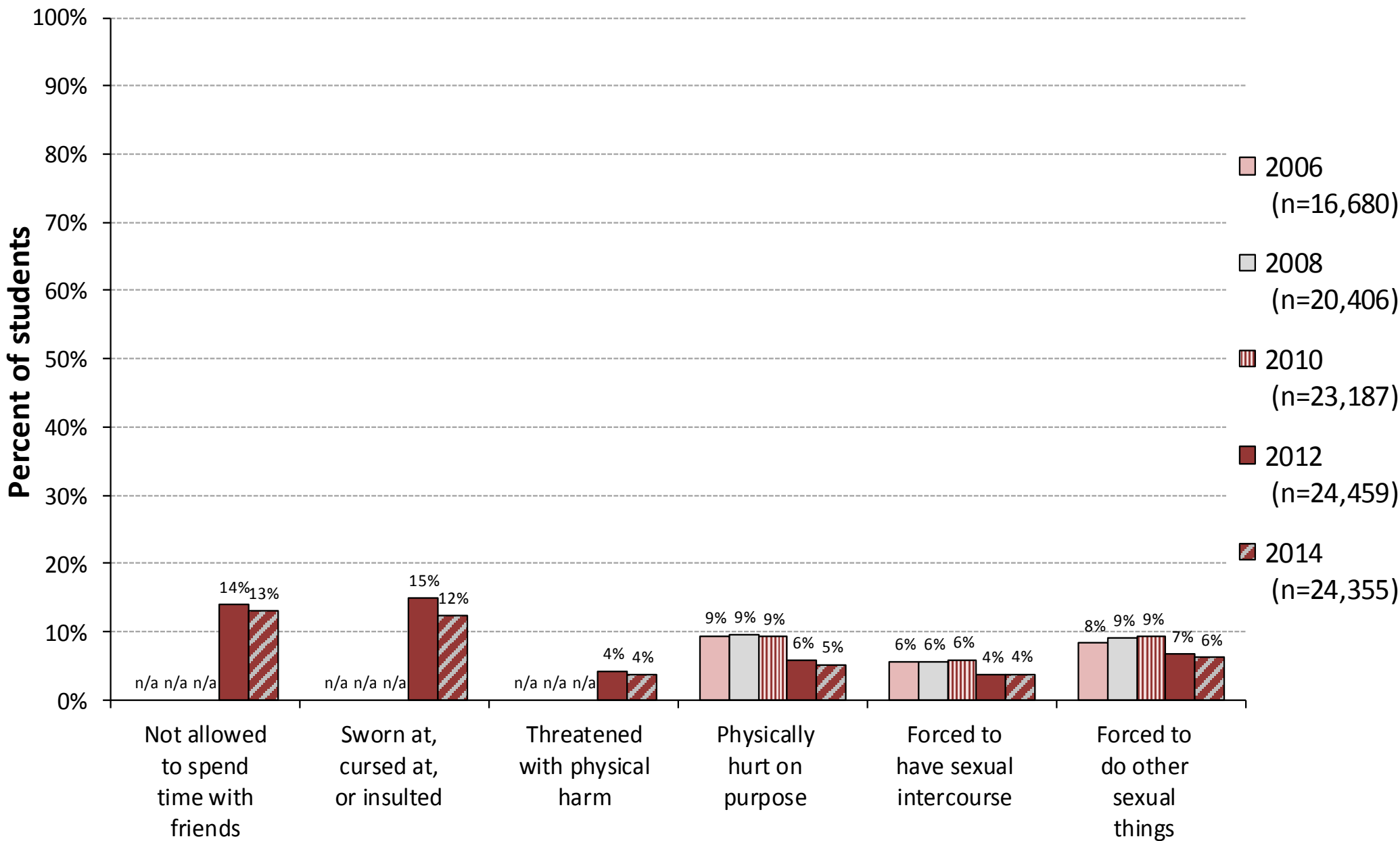


\* By a boyfriend/girlfriend, date, or someone you were going out with

# Figure 3-2C. Trends in Lifetime Dating Violence,\* 2006-2014

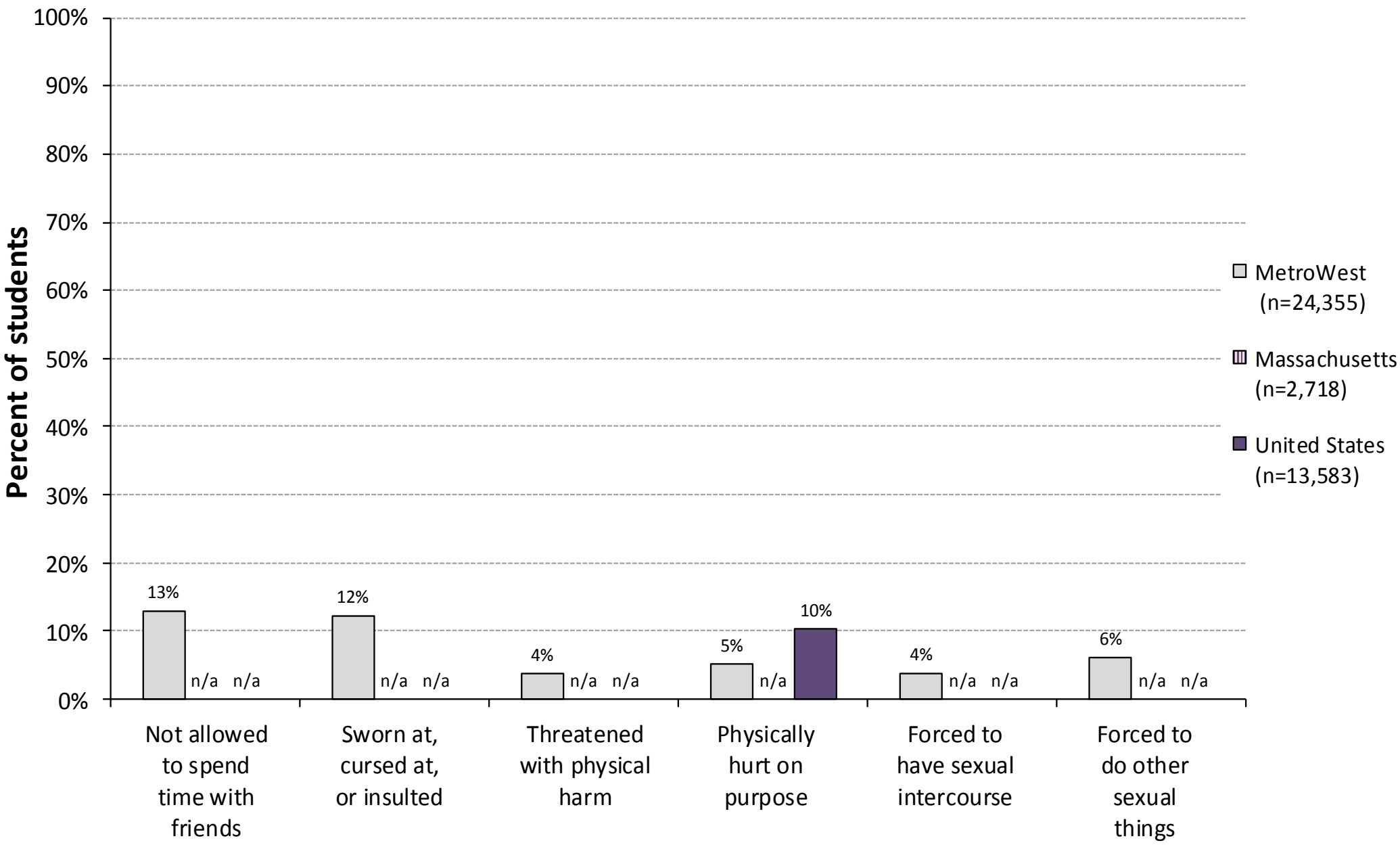
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* By a boyfriend/girlfriend, date, or someone you were going out with

**Figure 3-2D. Lifetime Dating Violence\* at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



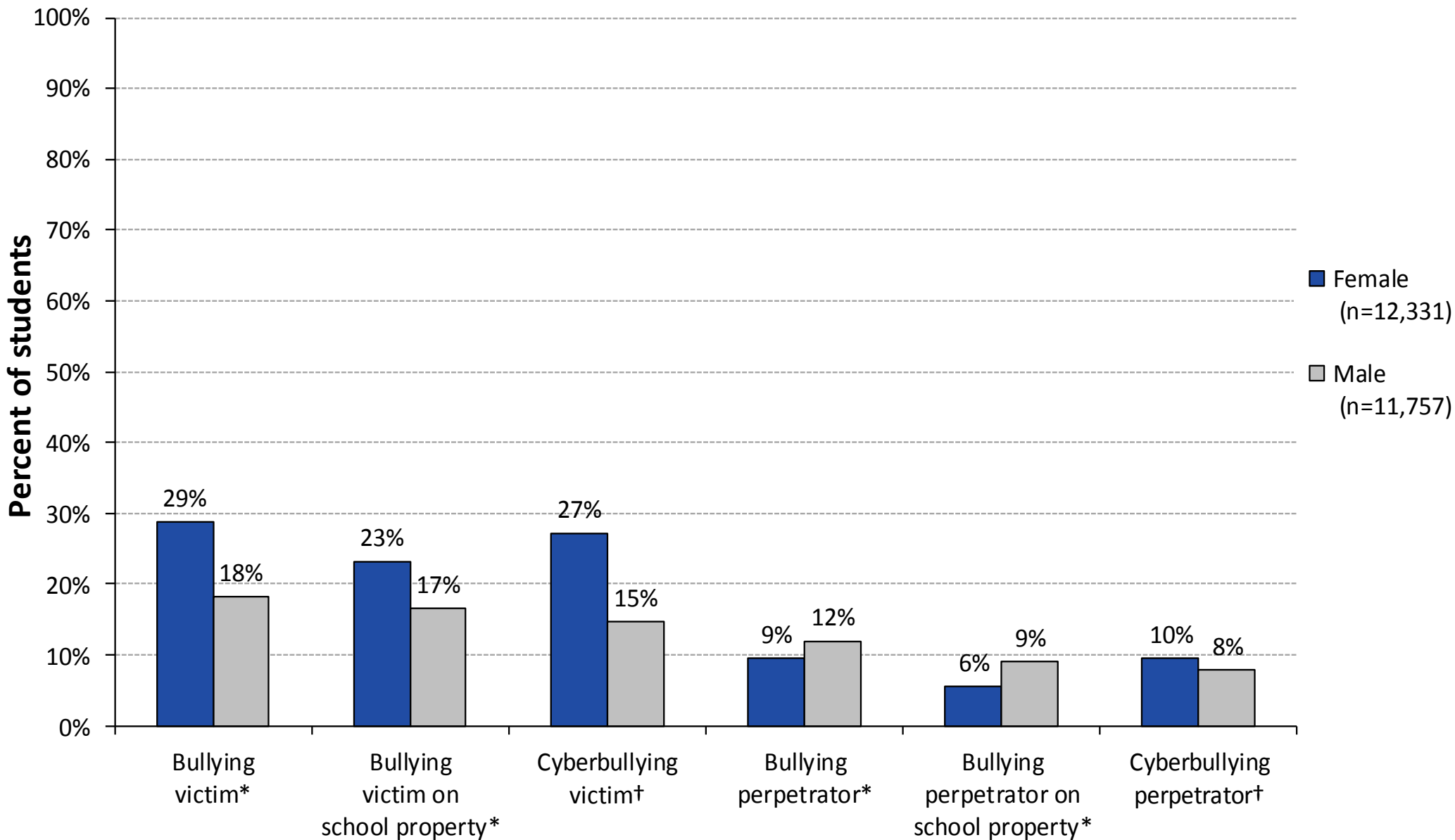
\* By a boyfriend/girlfriend, date, or someone you were going out with



# Figure 3-3A. Bullying and Cyberbullying by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



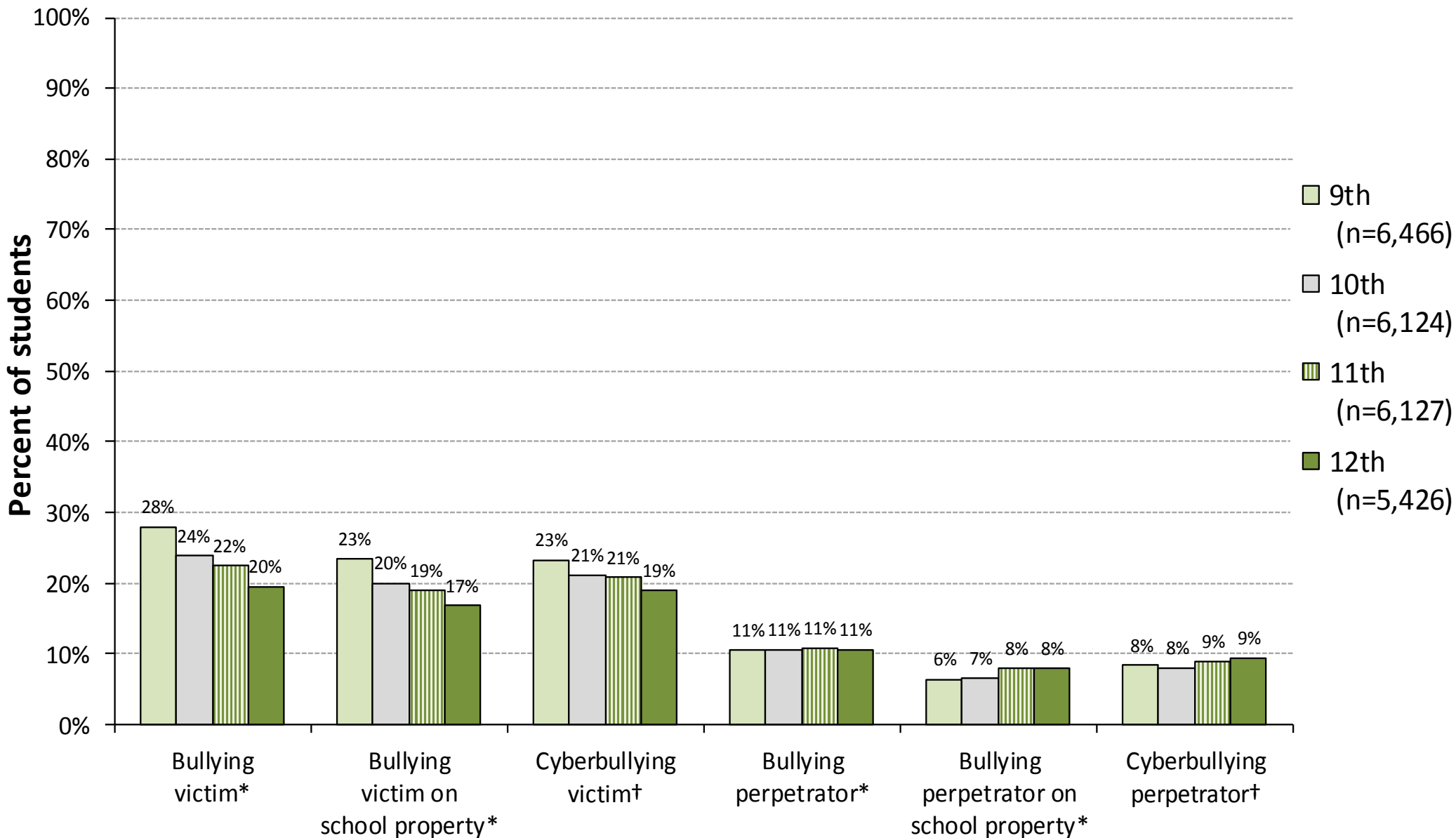
\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

† In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 3-3B. Bullying and Cyberbullying by Grade, 2014

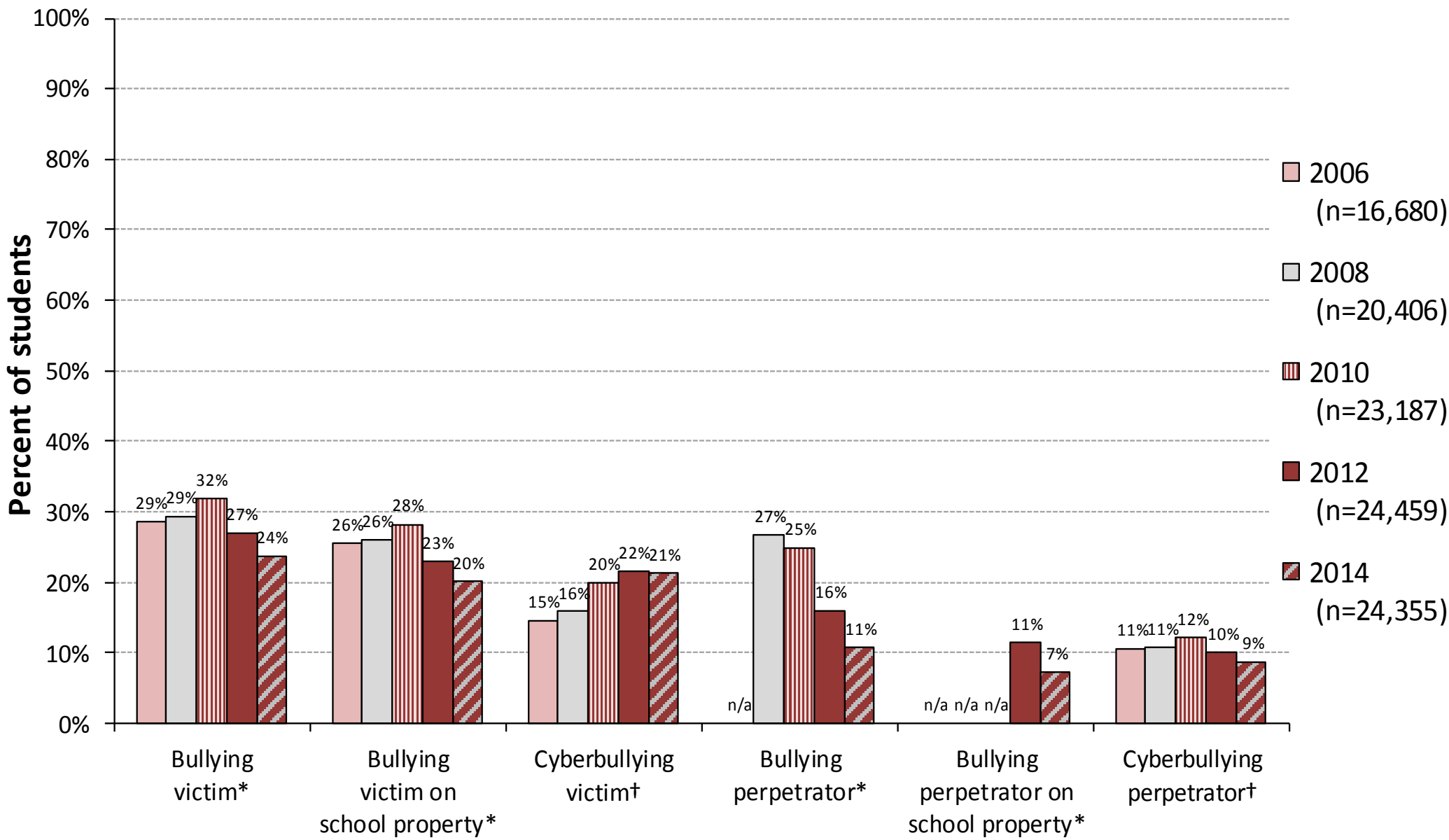
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



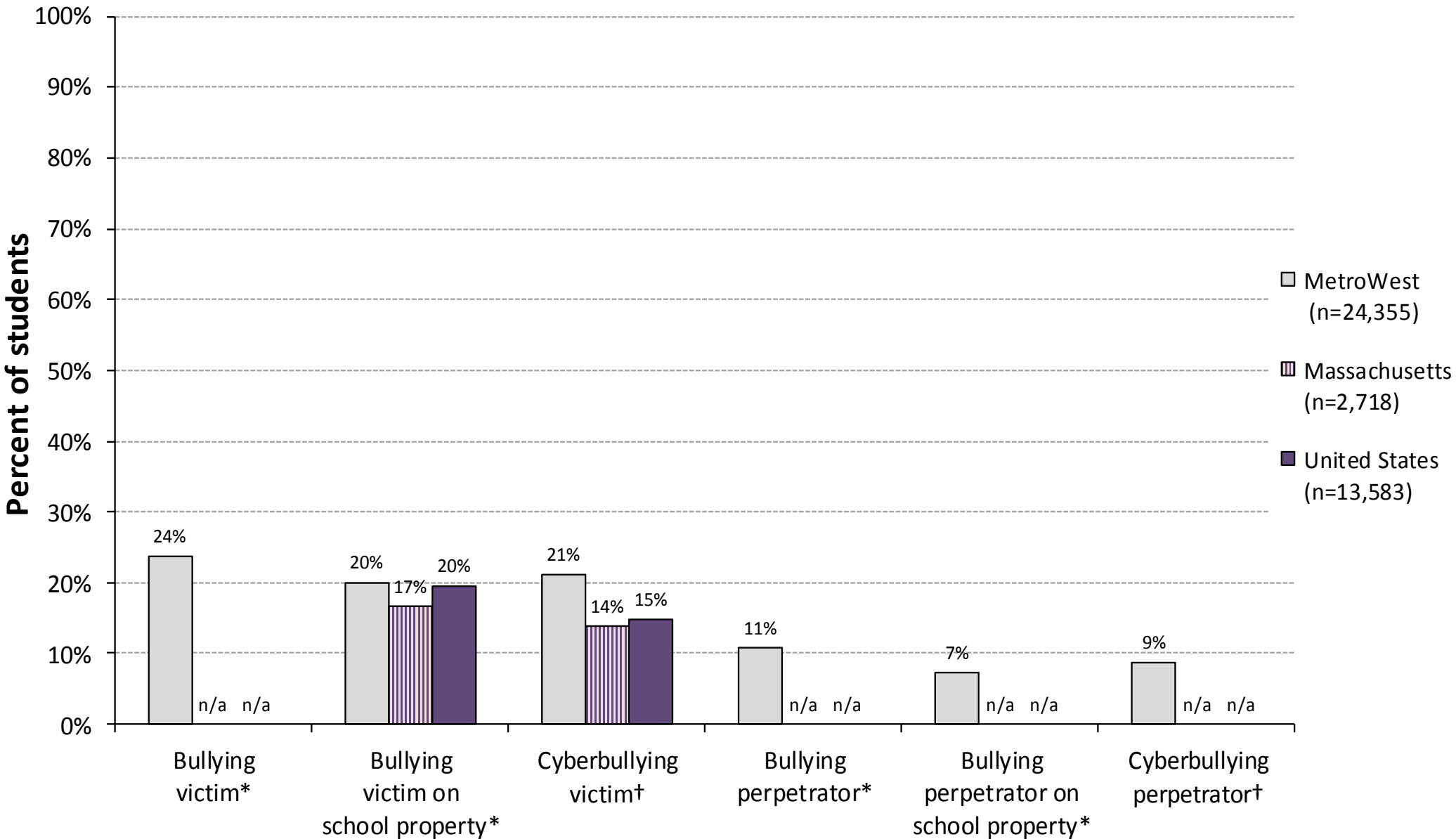
\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again  
 † In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

**Figure 3-3C. Trends in Bullying and Cyberbullying, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again  
 † In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

**Figure 3-3D. Bullying and Cyberbullying at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

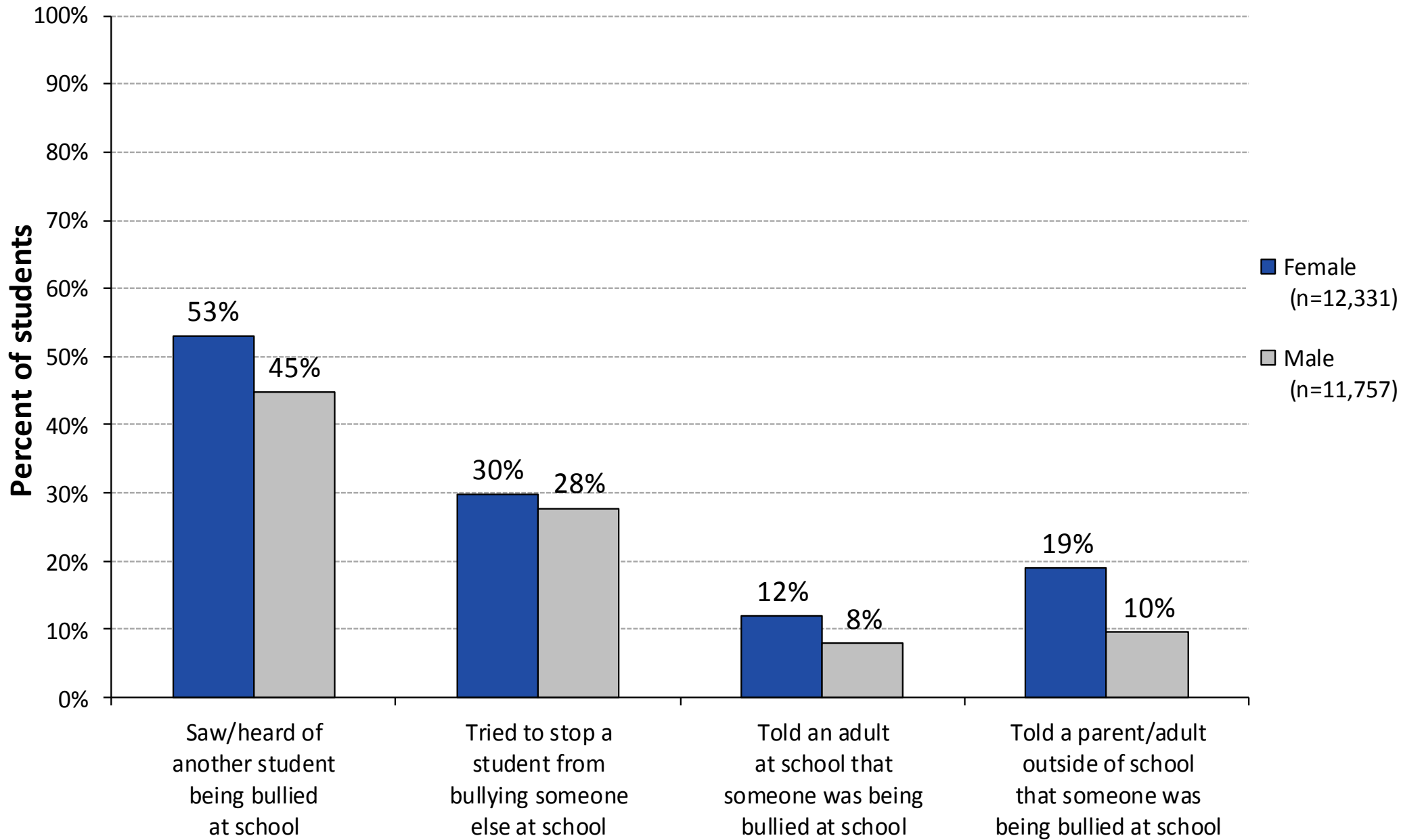


\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again  
 † In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 3-4A. School Bullying Bystander Behaviors\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

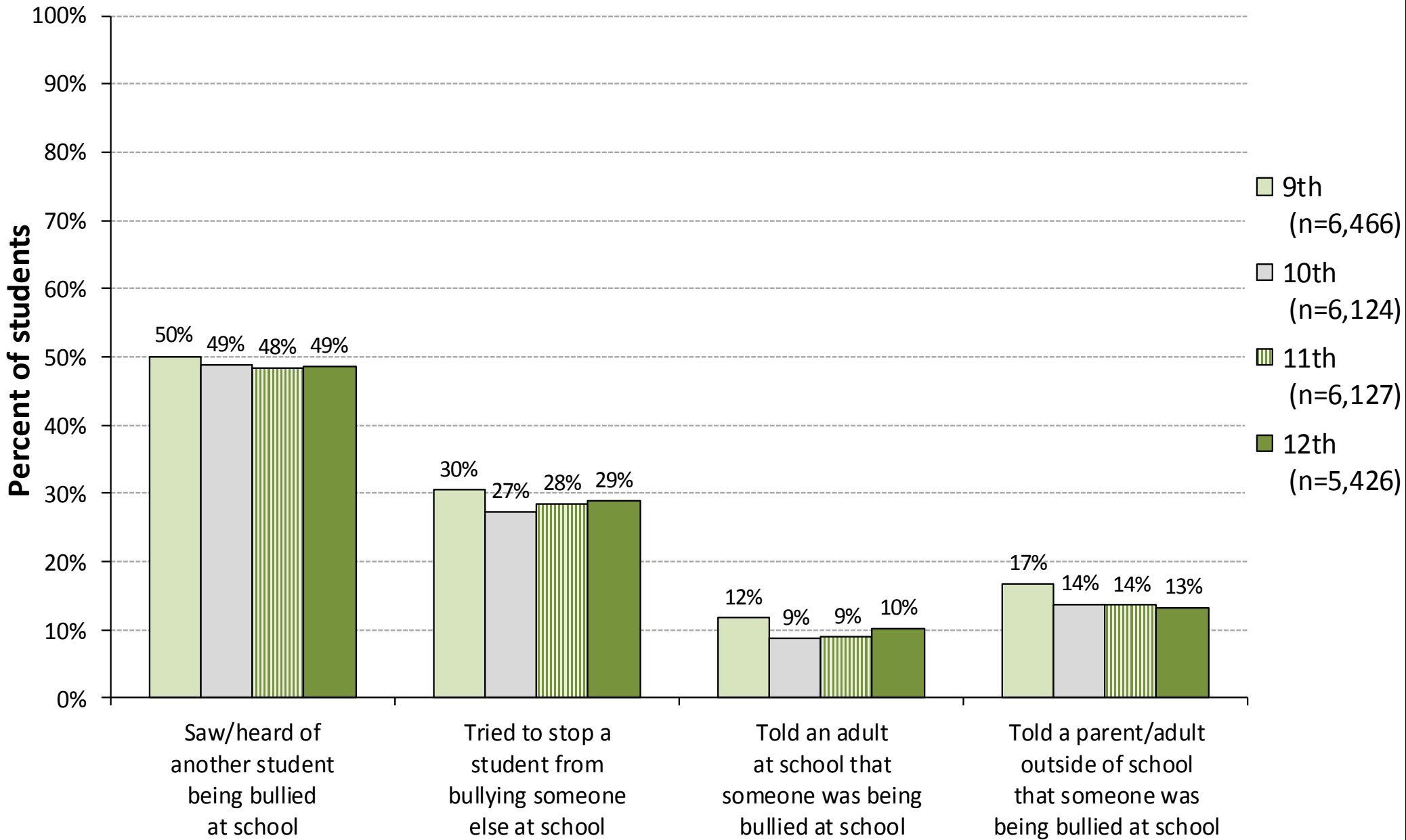


\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 3-4B. School Bullying Bystander Behaviors\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

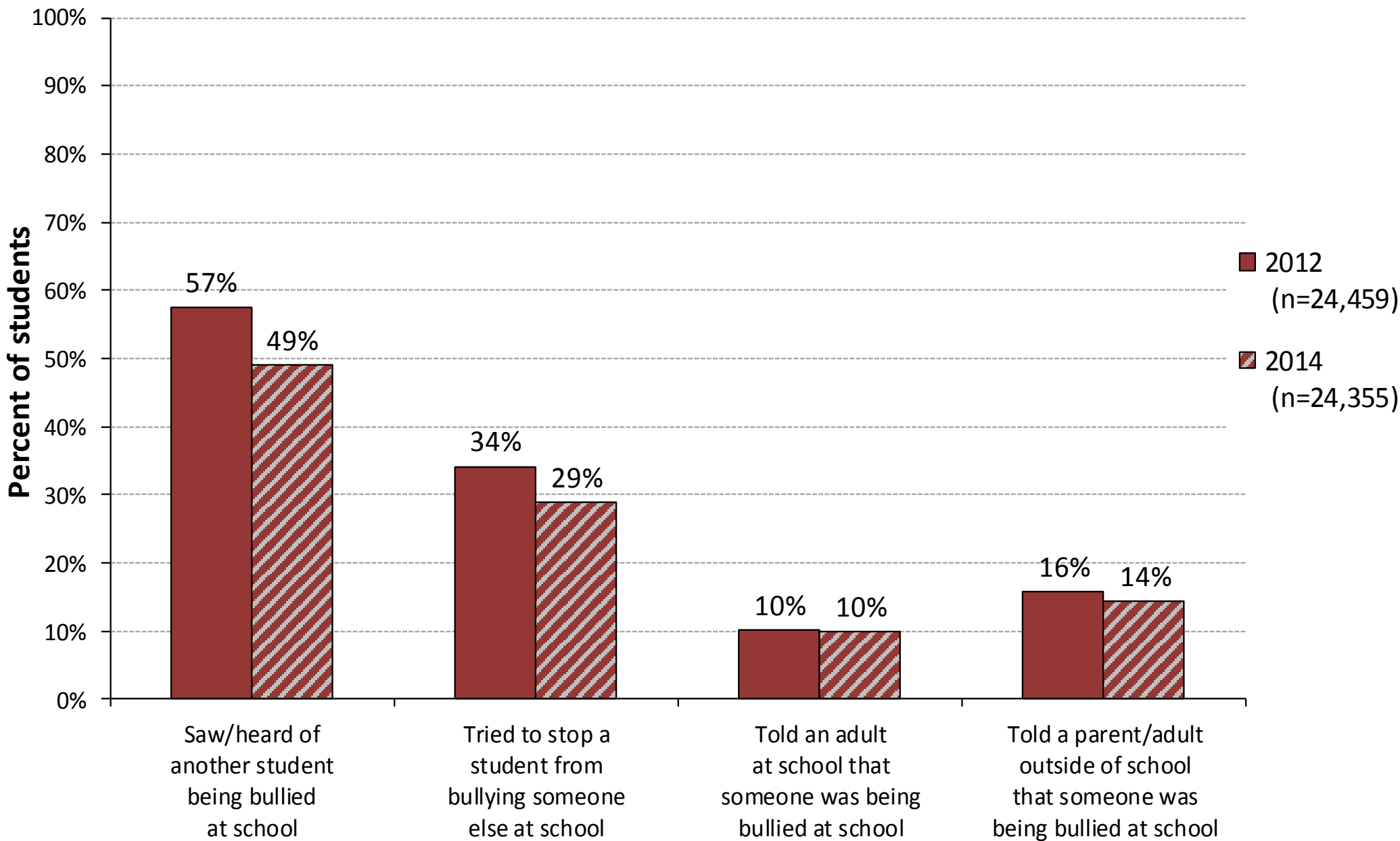


\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 3-4C. Trends in School Bullying Bystander Behaviors,\* 2012-2014

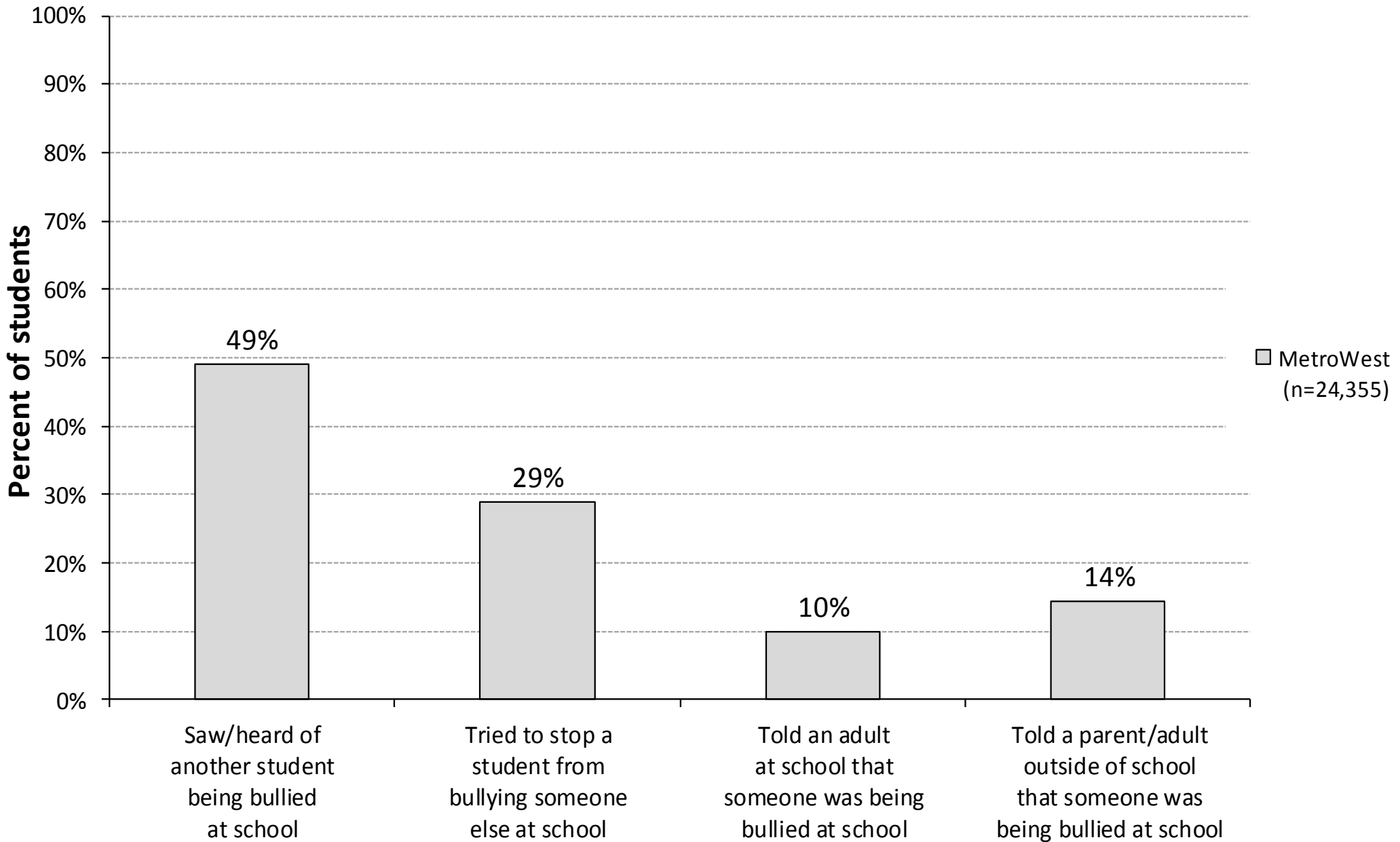
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

**Figure 3-4D. School Bullying Bystander Behaviors\* at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



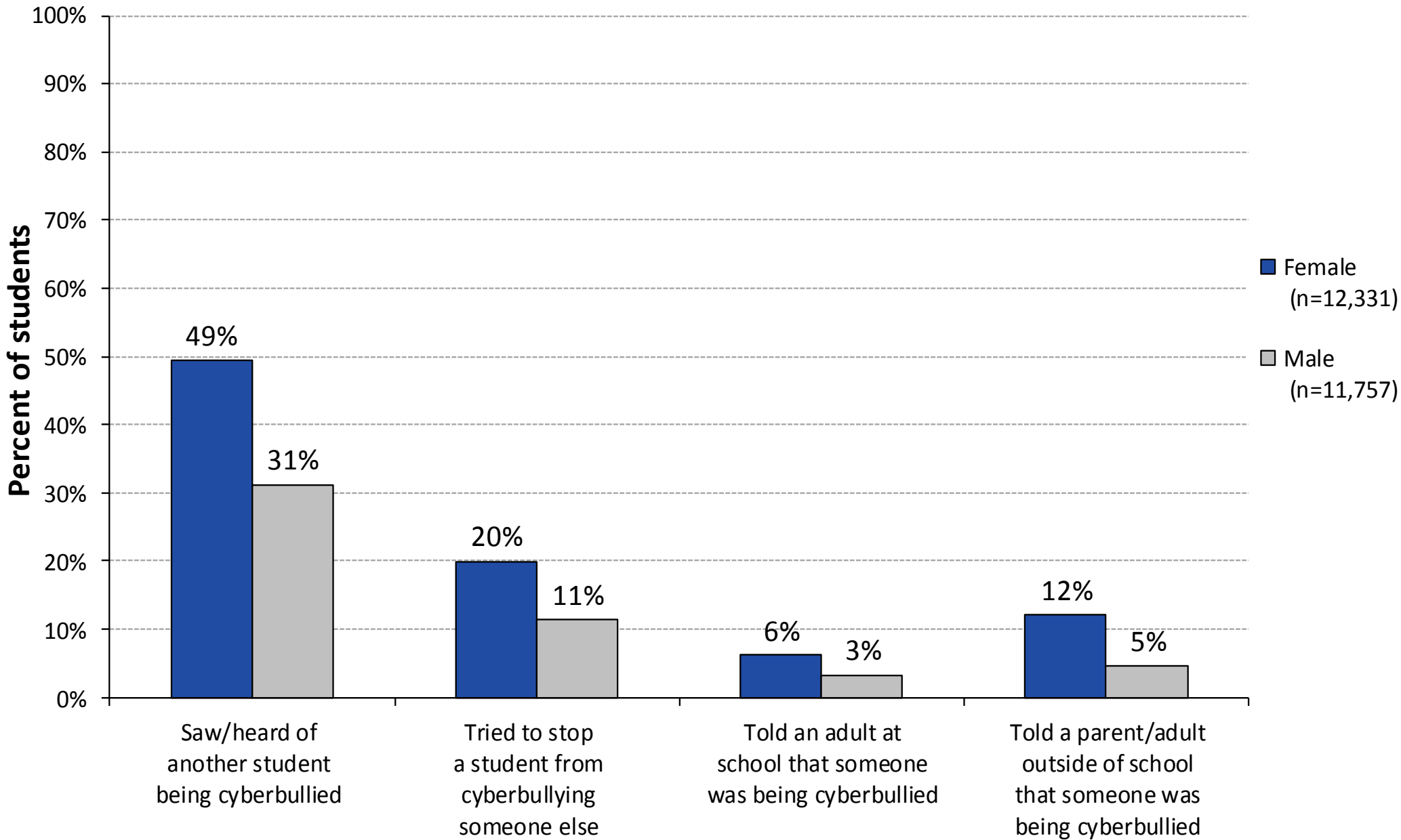
\* In the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again



# Figure 3-5A. Cyberbullying Bystander Behaviors\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

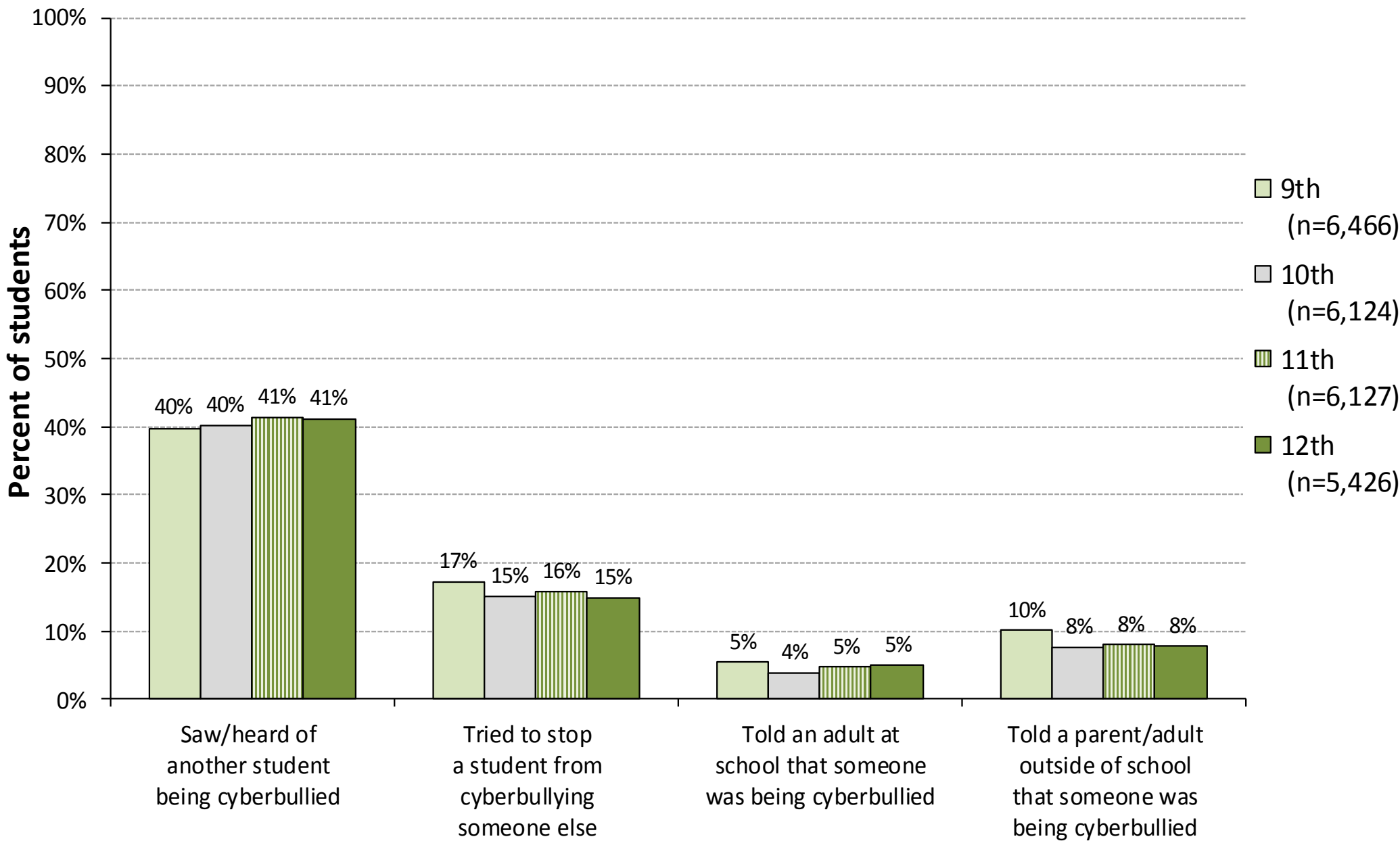


\* In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 3-5B. Cyberbullying Bystander Behaviors\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

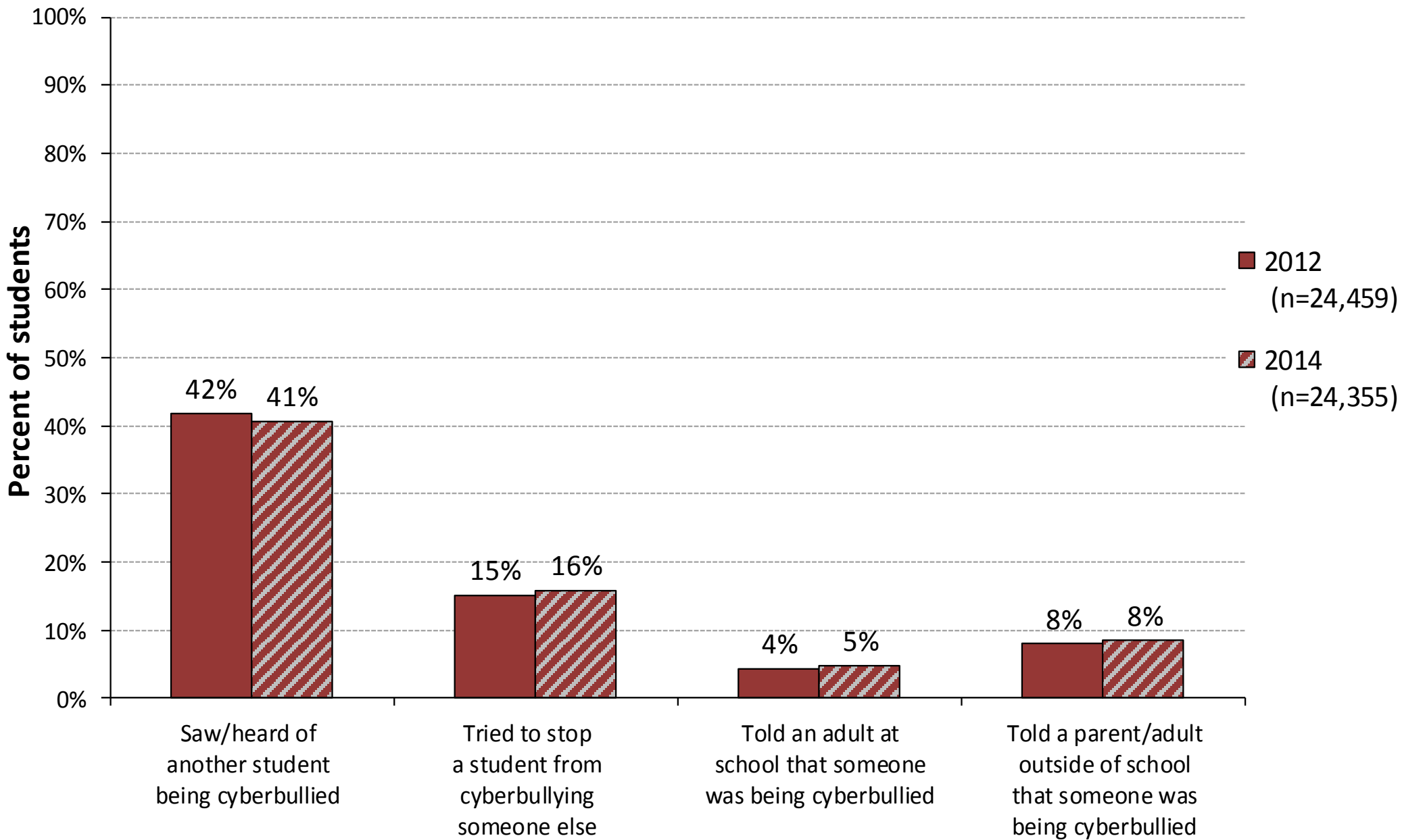


\* In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 3-5C. Cyberbullying Bystander Behaviors,\* 2012-2014

## MetroWest Region High School Students (Grades 9-12)

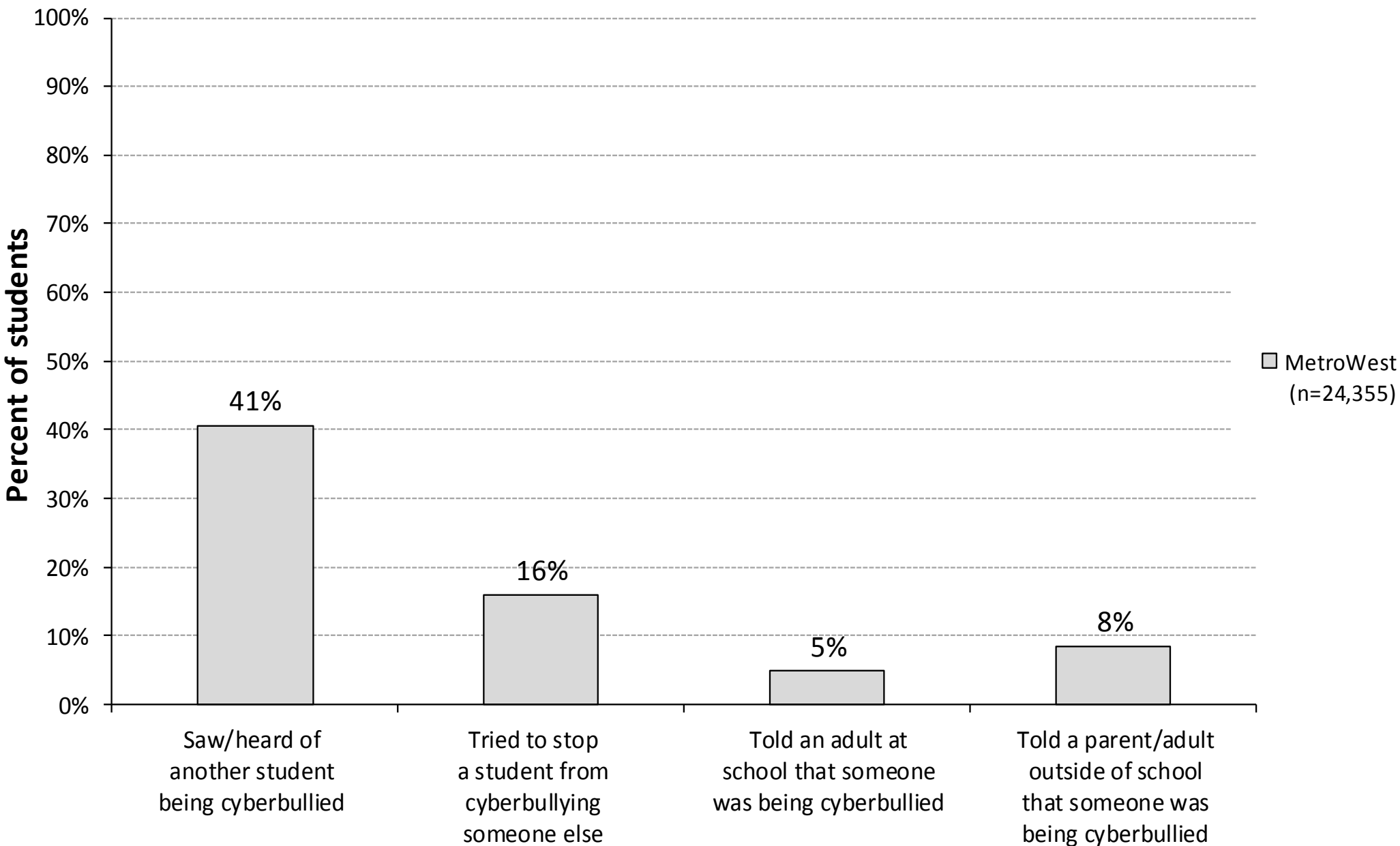
*MetroWest Adolescent Health Survey*



\* In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 3-5D. Cyberbullying Bystander Behaviors\* at the Regional Level, 2014 MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

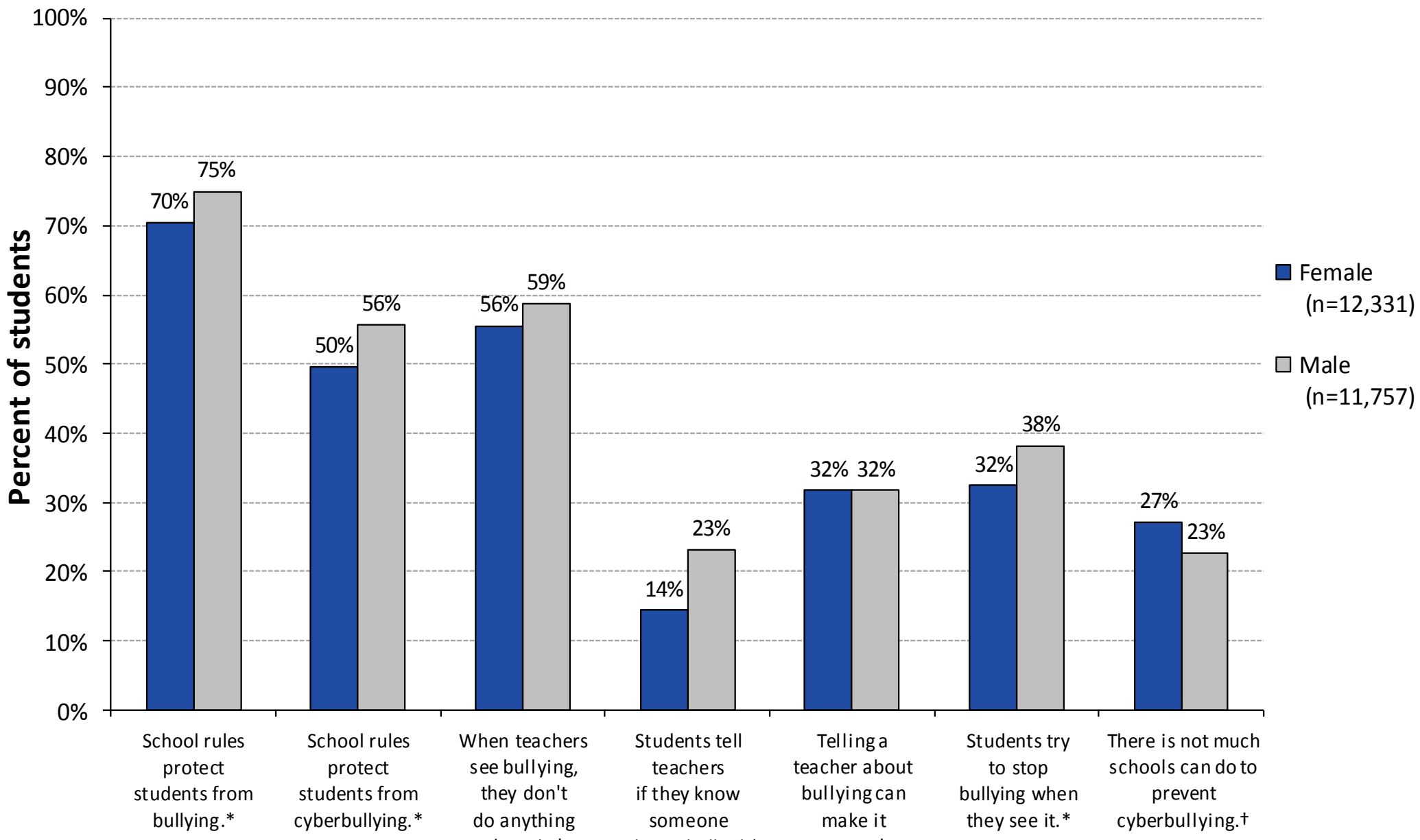


\* In the past 12 months; cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 3-6A. School Climate Related to Bullying by Gender, 2014

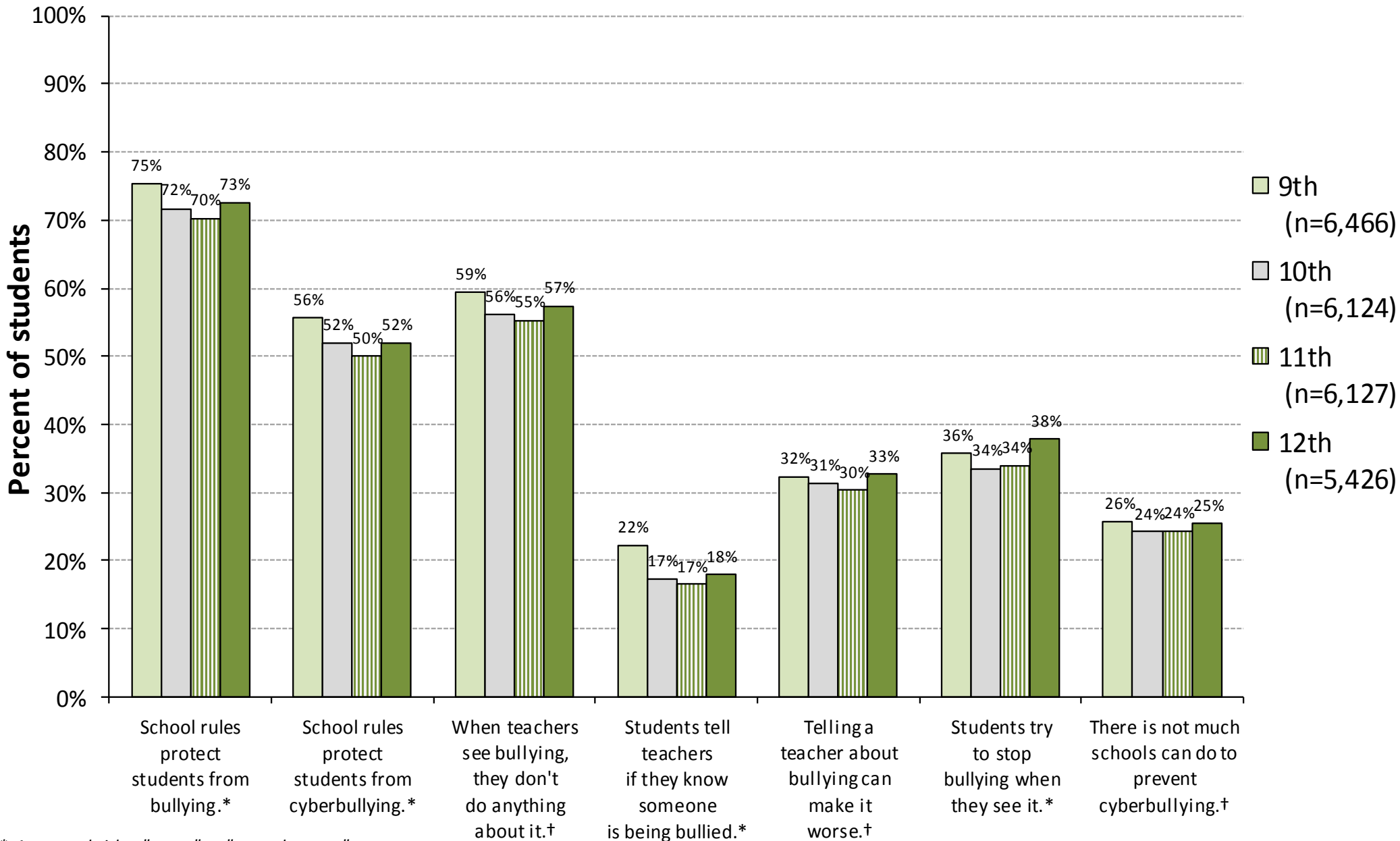
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Answered either "agree" or "strongly agree"  
 † Answered either "disagree" or "strongly disagree"

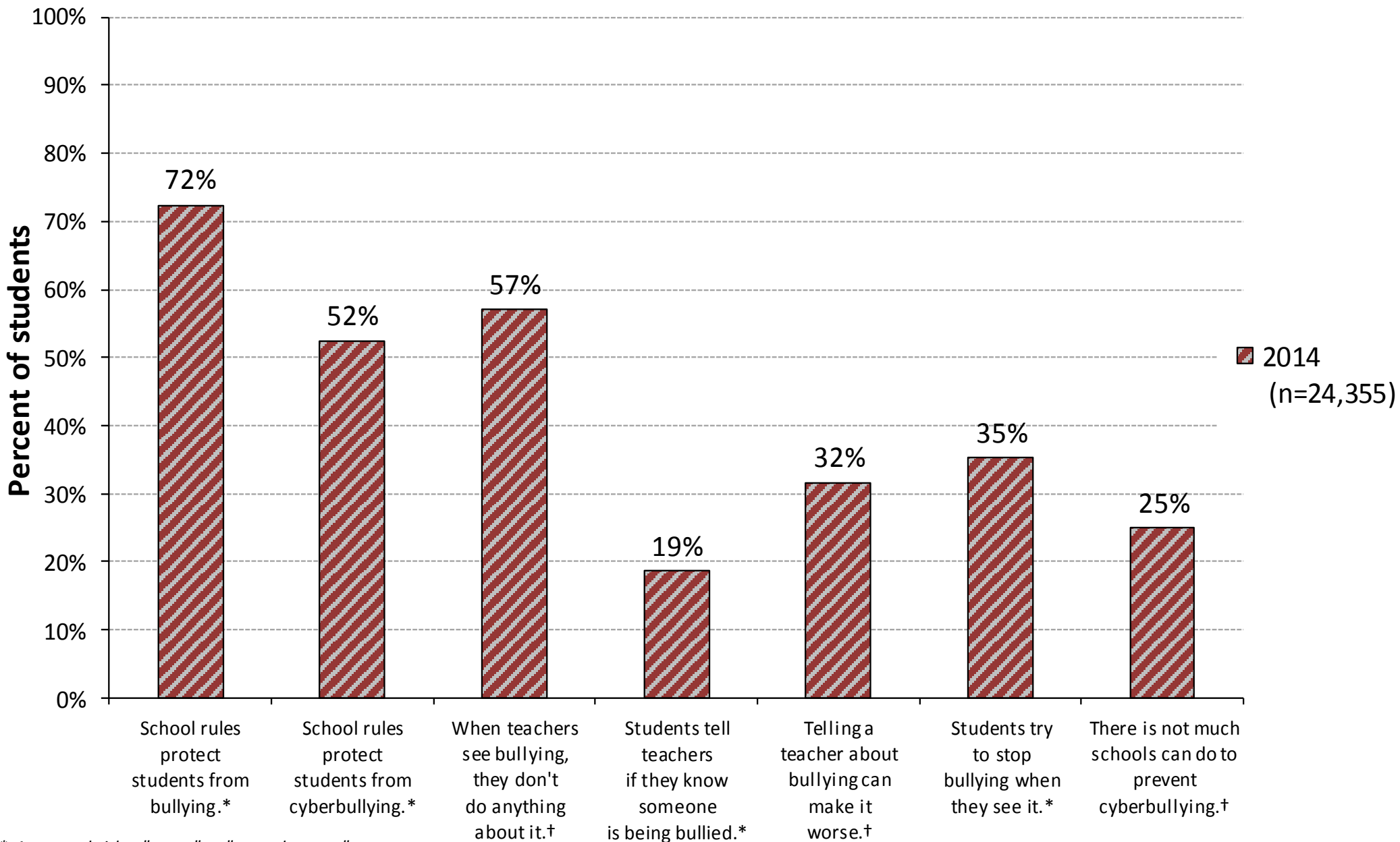
**Figure 3-6B. School Climate Related to Bullying by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Answered either "agree" or "strongly agree"

† Answered either "disagree" or "strongly disagree"

**Figure 3-6C. School Climate Related to Bullying, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



■ 2014  
 (n=24,355)

\* Answered either "agree" or "strongly agree"

† Answered either "disagree" or "strongly disagree"

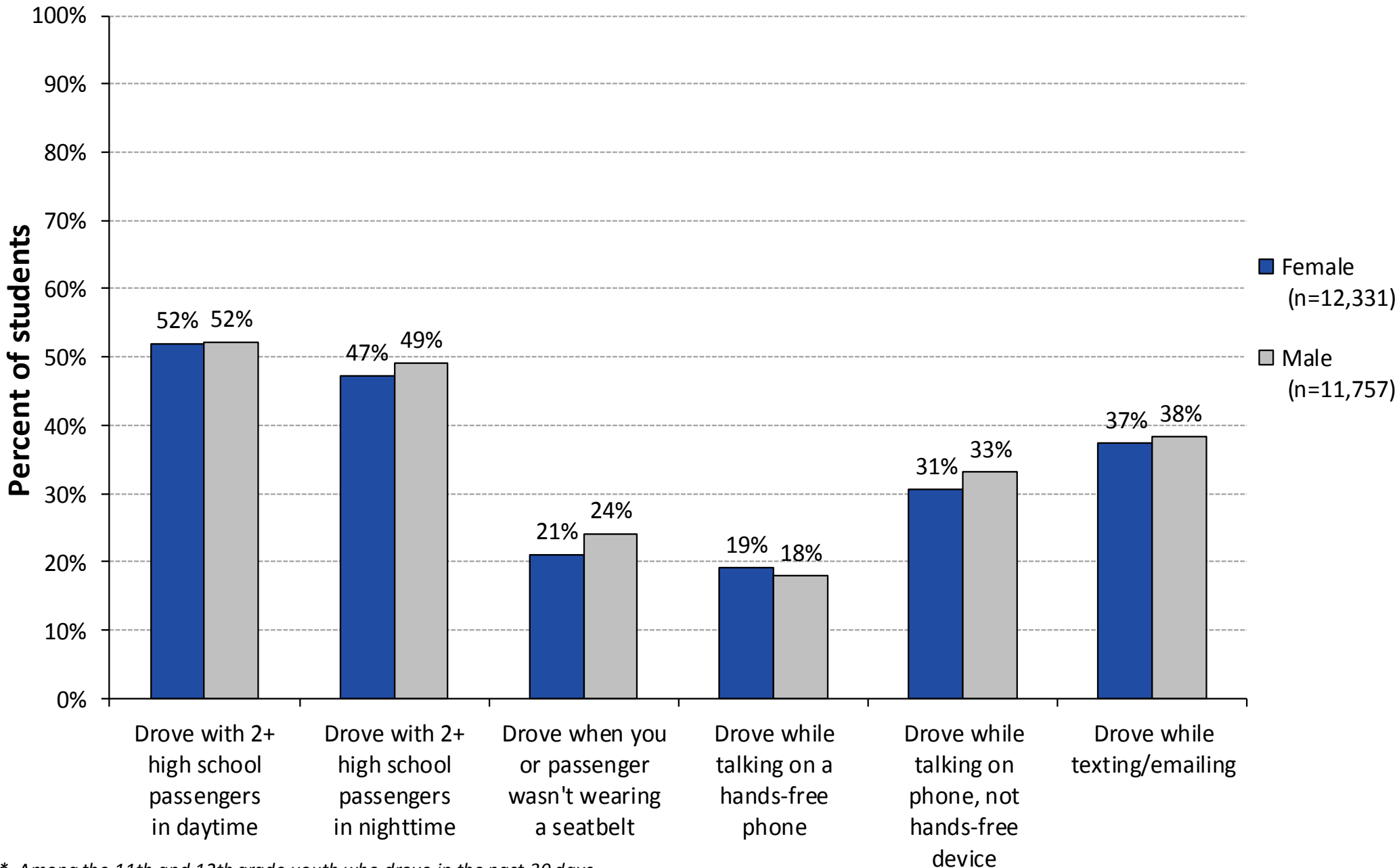




# Figure 4-1A. Distracted Driving\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

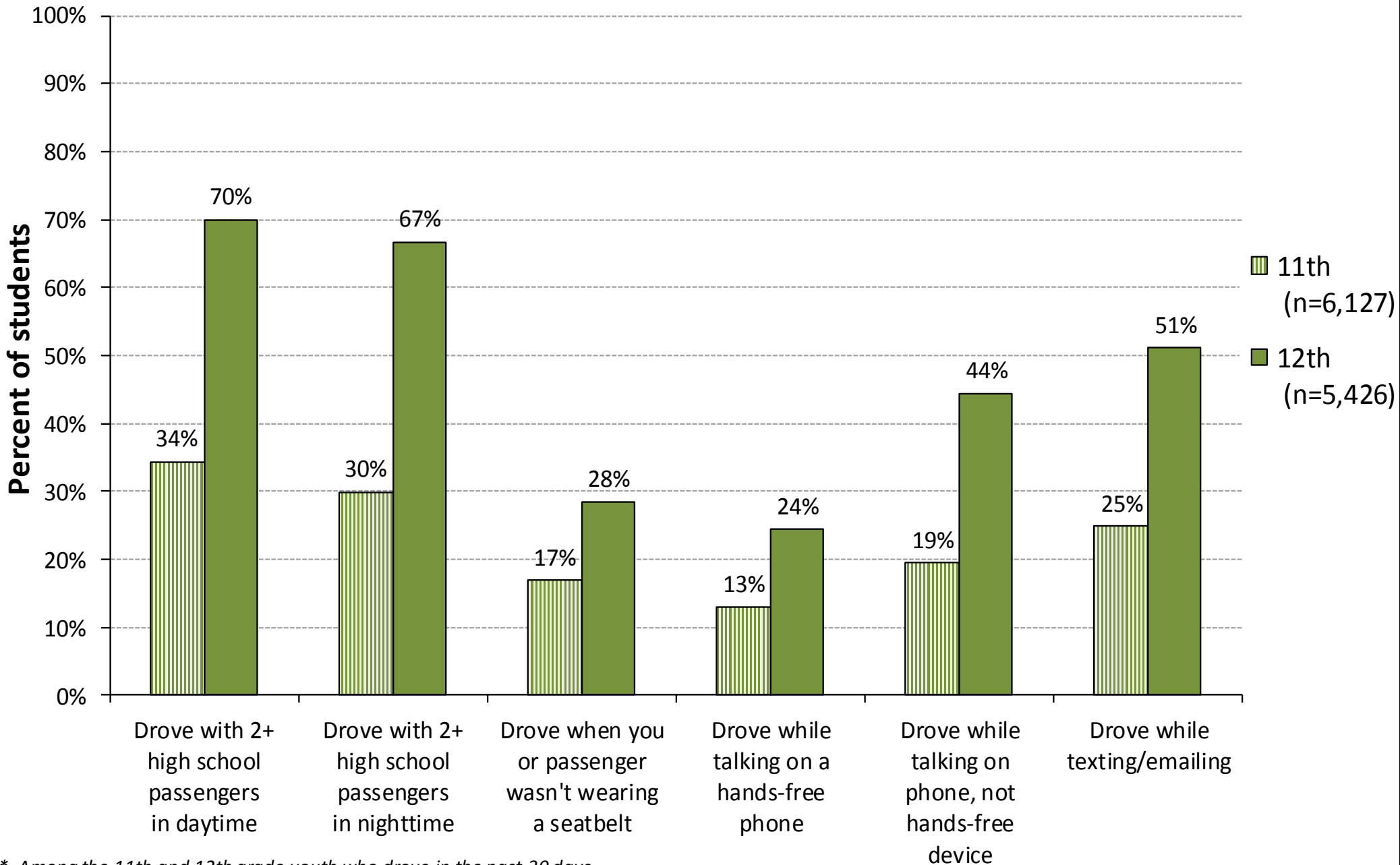


\* Among the 11th and 12th grade youth who drove in the past 30 days

# Figure 4-1B. Distracted Driving\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

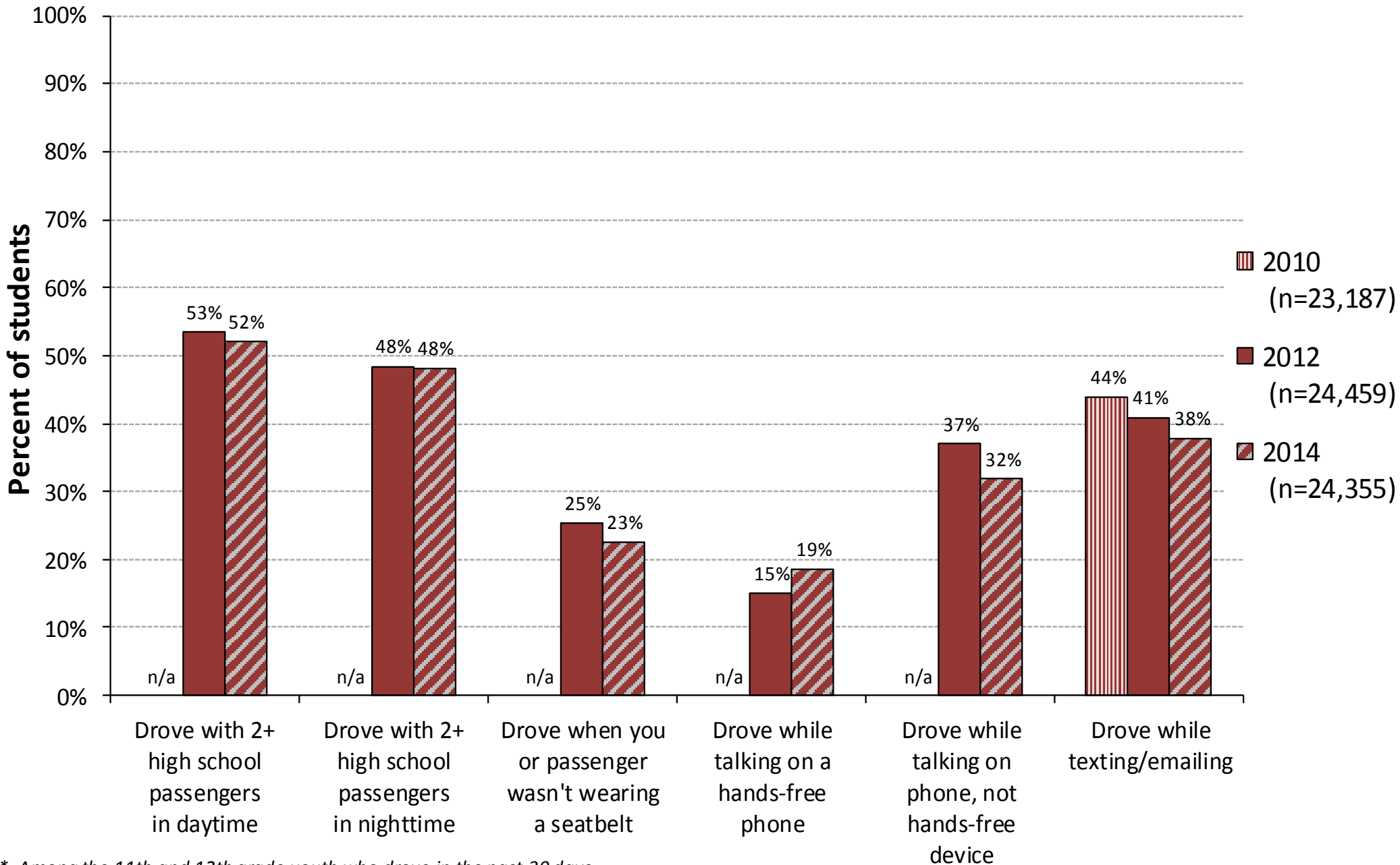


\* Among the 11th and 12th grade youth who drove in the past 30 days

# Figure 4-1C. Trends in Distracted Driving,\* 2010-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

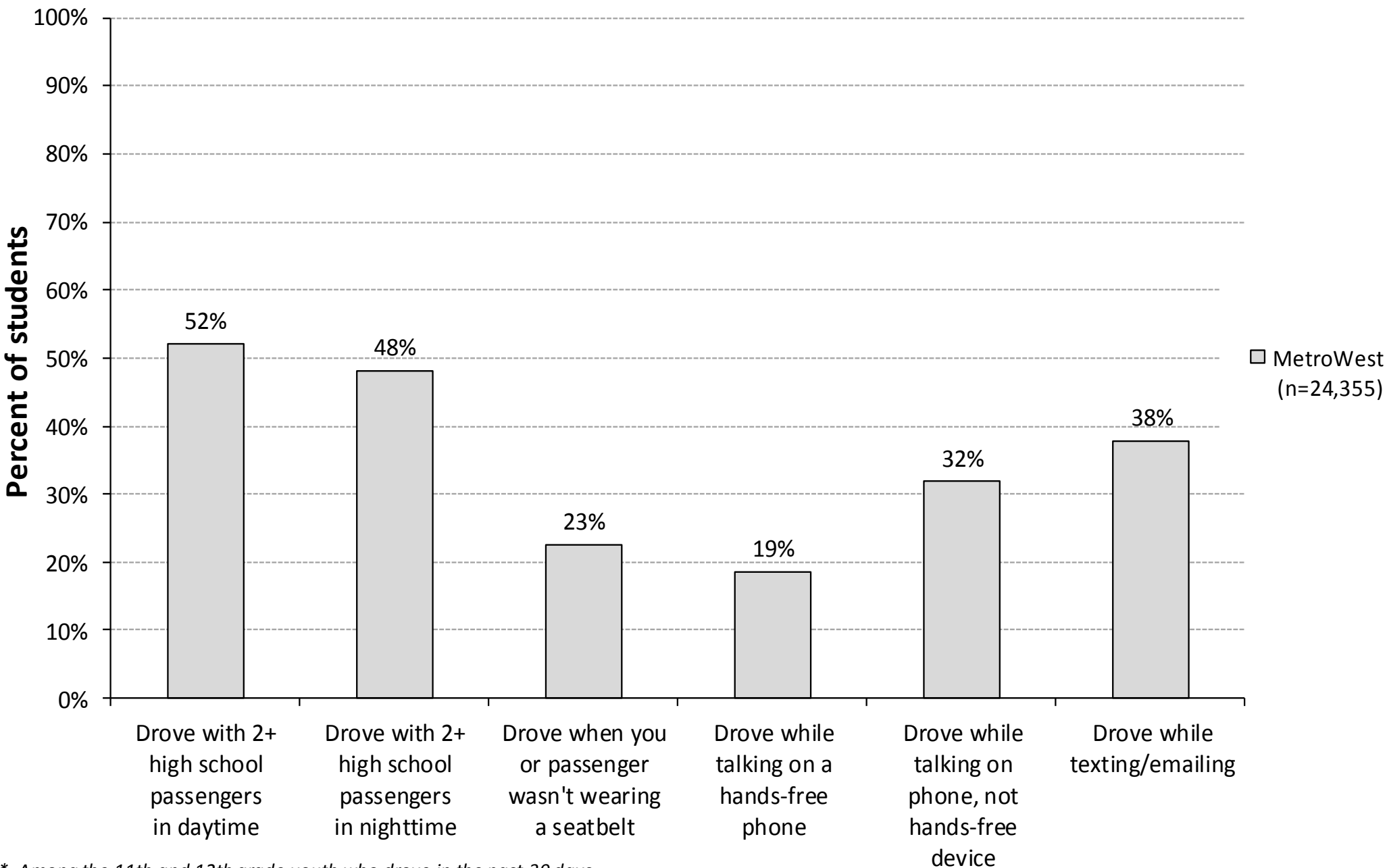


\* Among the 11th and 12th grade youth who drove in the past 30 days

# Figure 4-1D. Distracted Driving\* at the Regional Levels, 2014

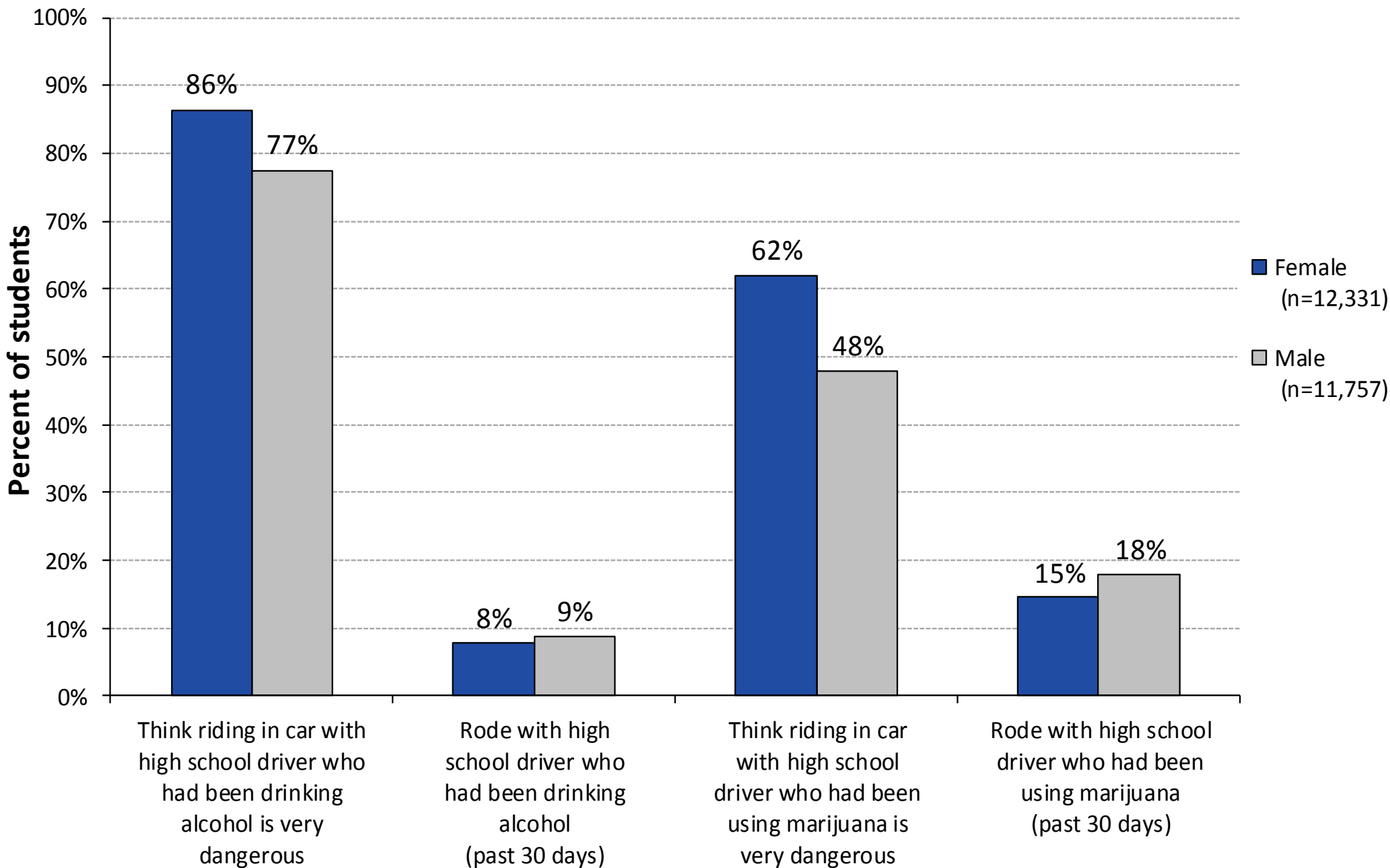
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

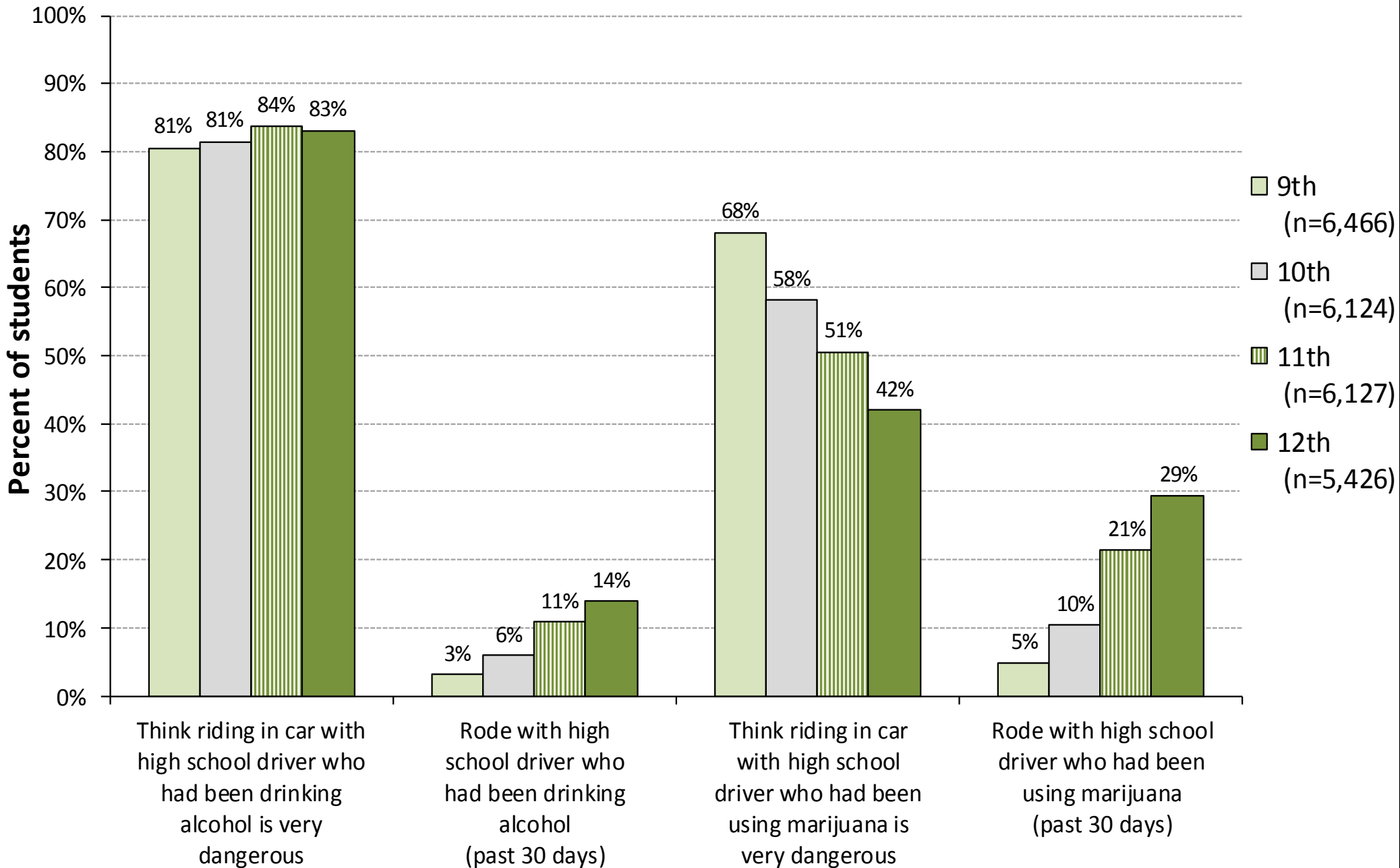


\* Among the 11th and 12th grade youth who drove in the past 30 days

**Figure 4-2A. Perceptions of Risk and Passenger Behaviors Related to Impaired Driving by Gender, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

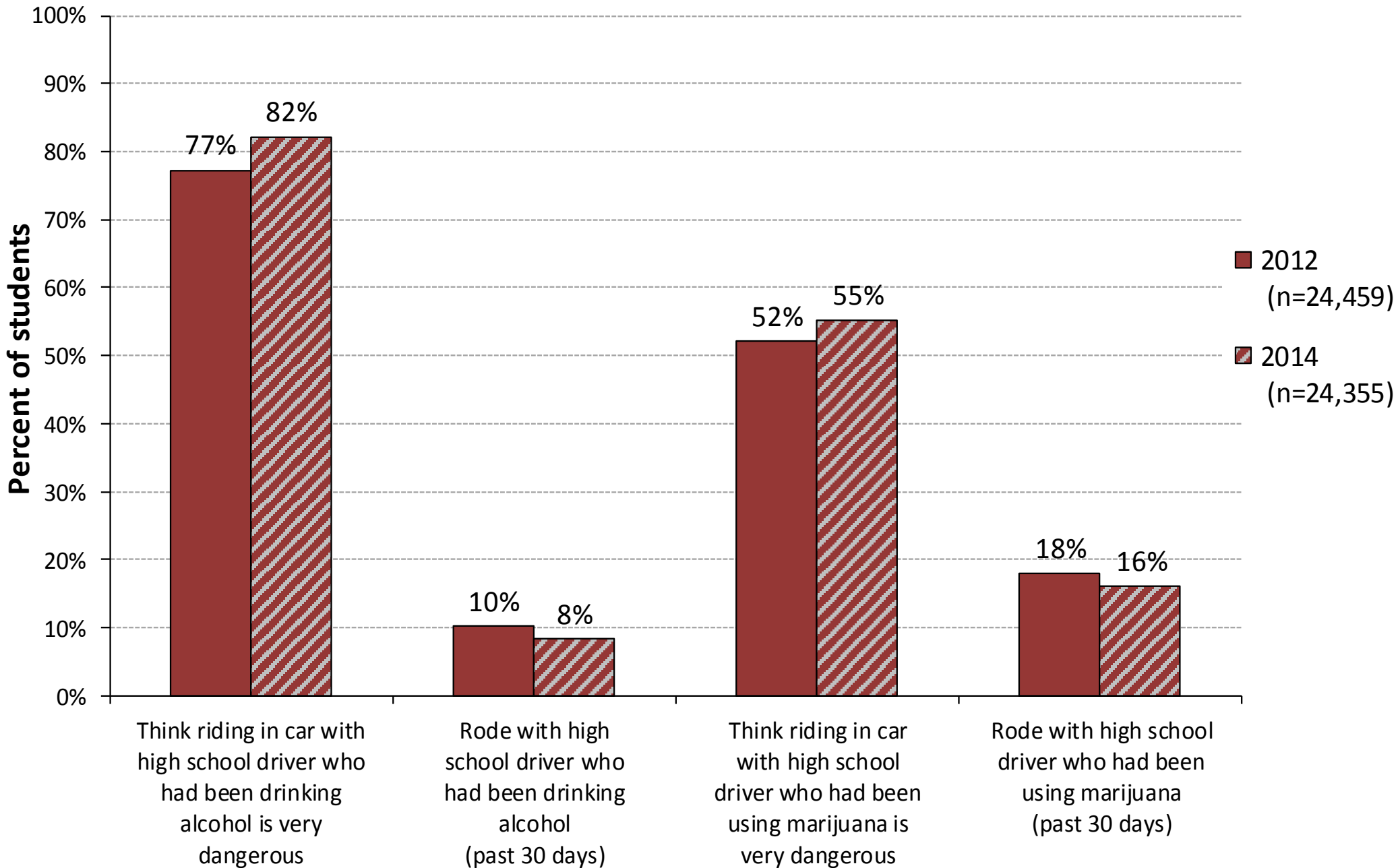


**Figure 4-2B. Perceptions of Risk and Passenger Behaviors Related to Impaired Driving by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



**Figure 4-2C. Trends in Perceptions of Risk and Passenger Behaviors Related to Impaired Driving, 2012-2014**  
**MetroWest Region High School Students (Grades 9-12)**

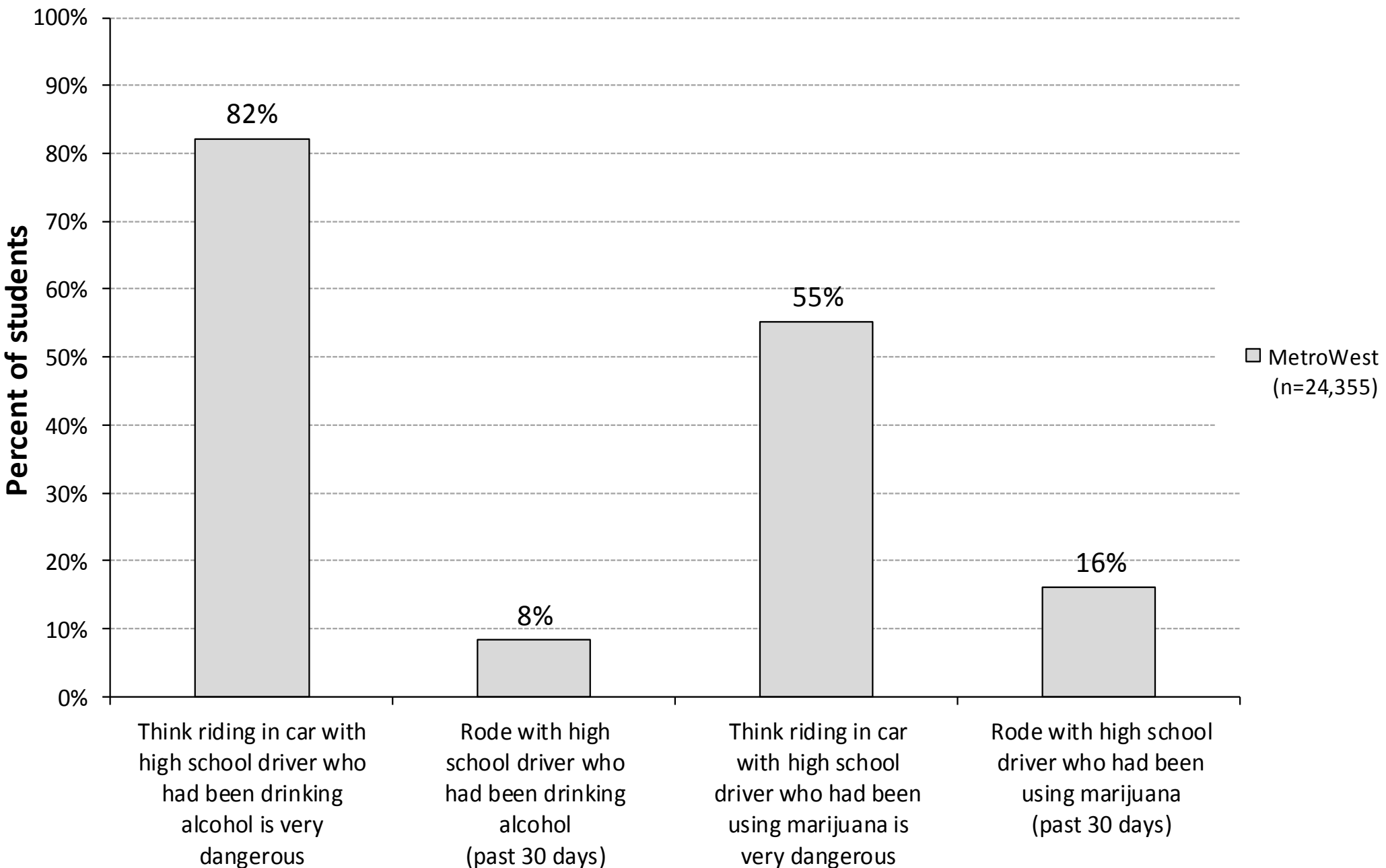
*MetroWest Adolescent Health Survey*



**Figure 4-2D. Perceptions of Risk and Passenger Behaviors Related to Impaired Driving  
at the Regional Level, 2014**

**MetroWest Region High School Students (Grades 9-12)**

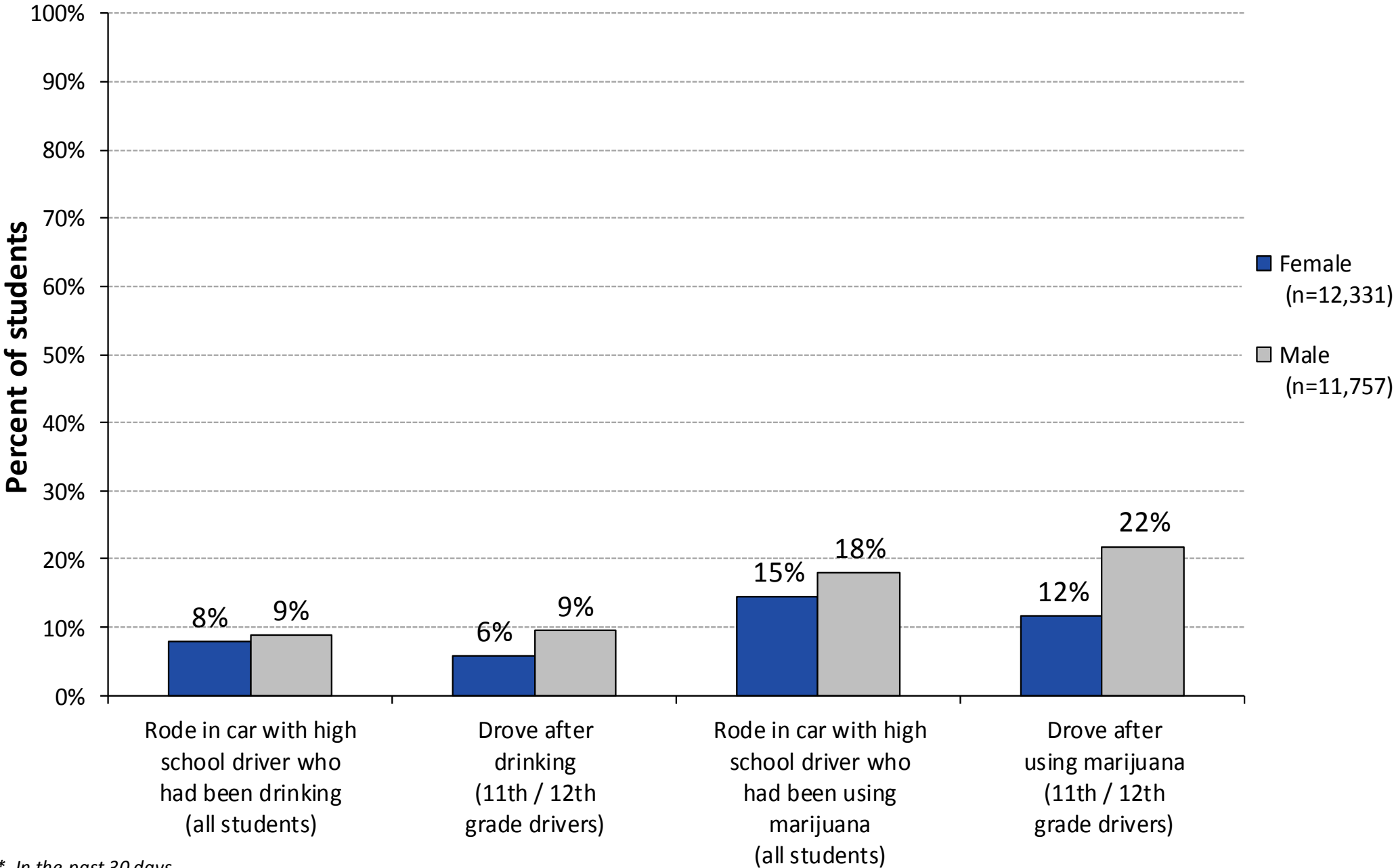
*MetroWest Adolescent Health Survey*





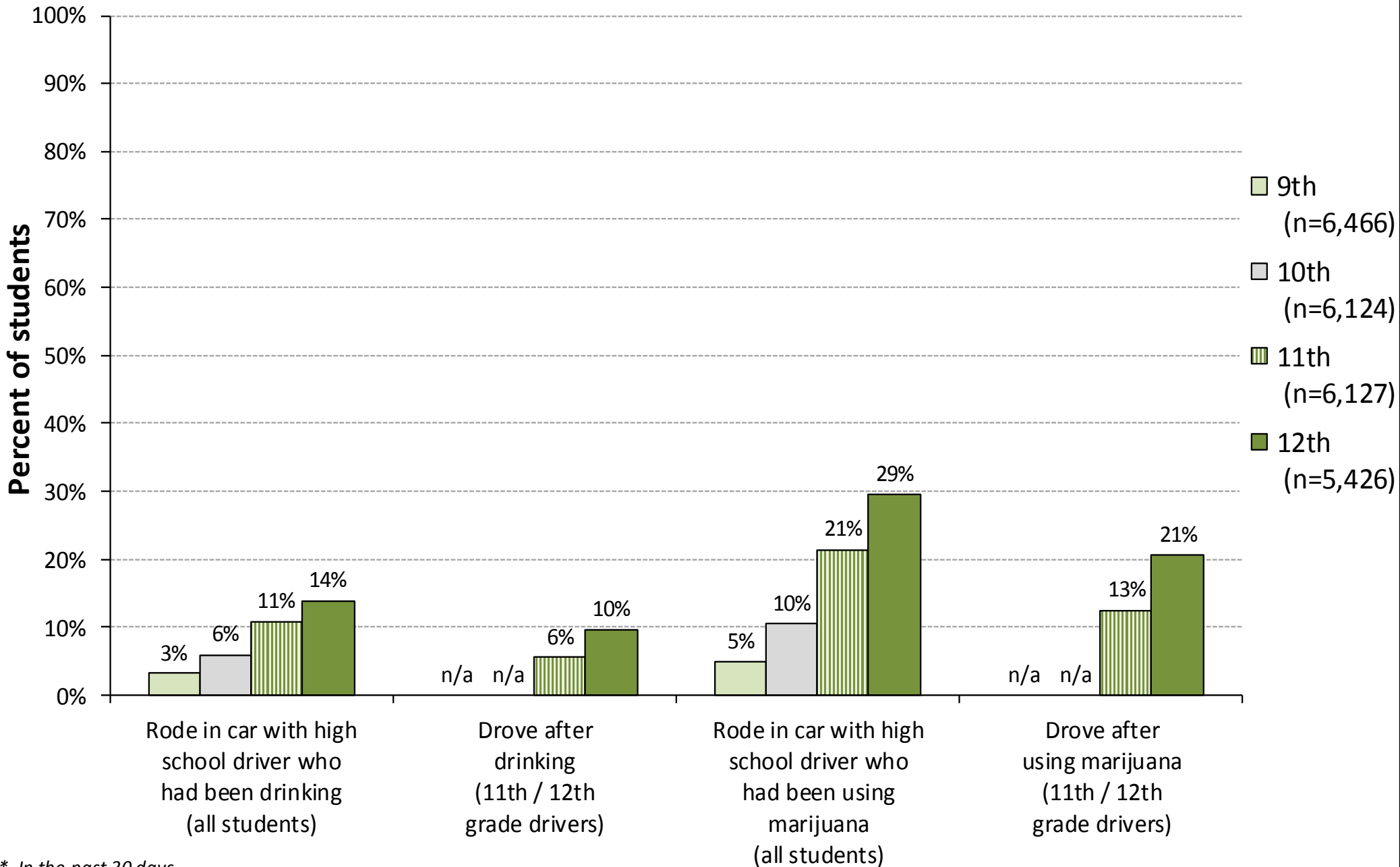
# Figure 4-3A. Impaired Driving and Related Passenger Behaviors\* by Gender, 2014 MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* In the past 30 days

# Figure 4-3B. Impaired Driving and Related Passenger Behaviors\* by Grade, 2014 MetroWest Region High School Students (Grades 9-12) *MetroWest Adolescent Health Survey*

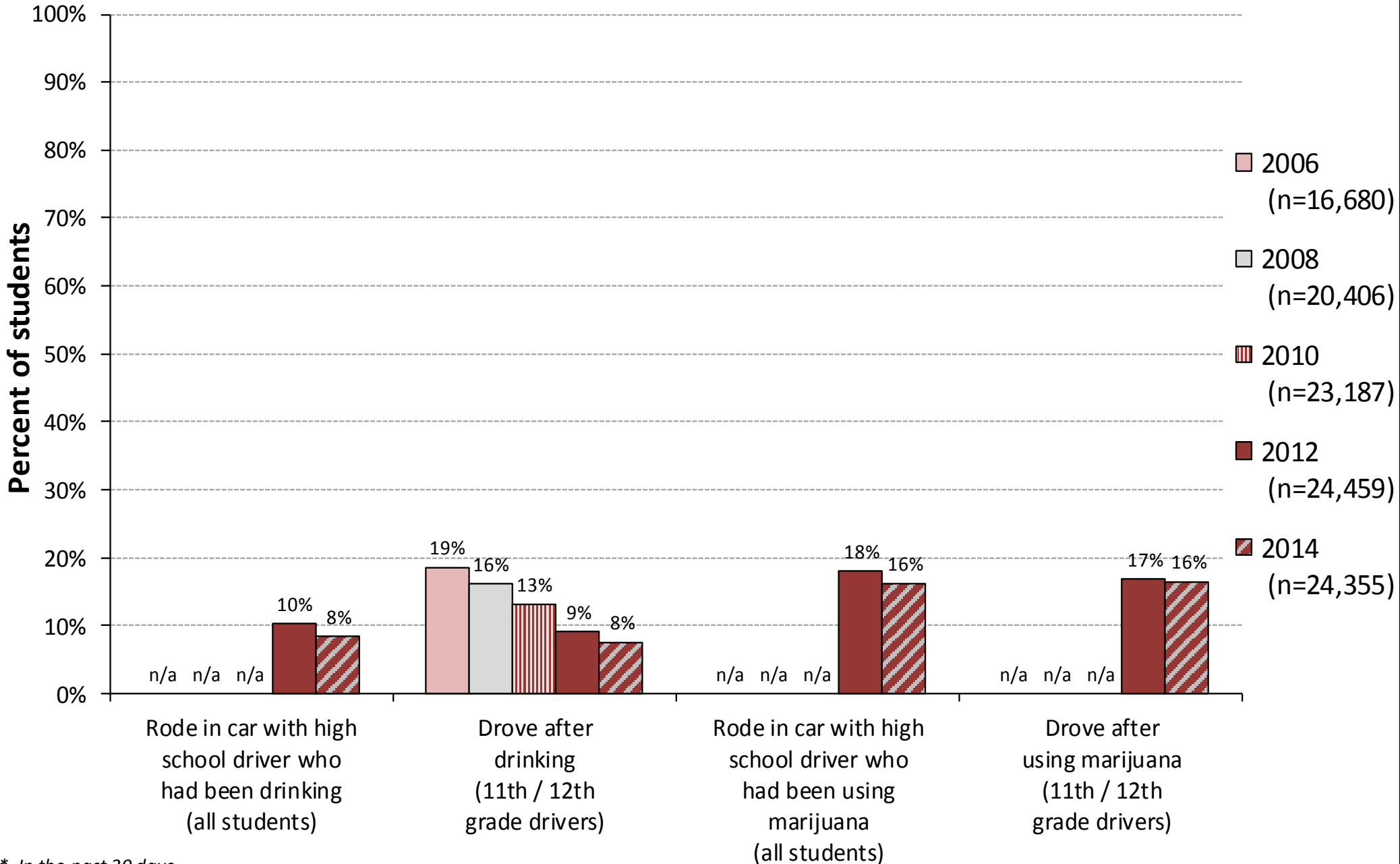


\* In the past 30 days

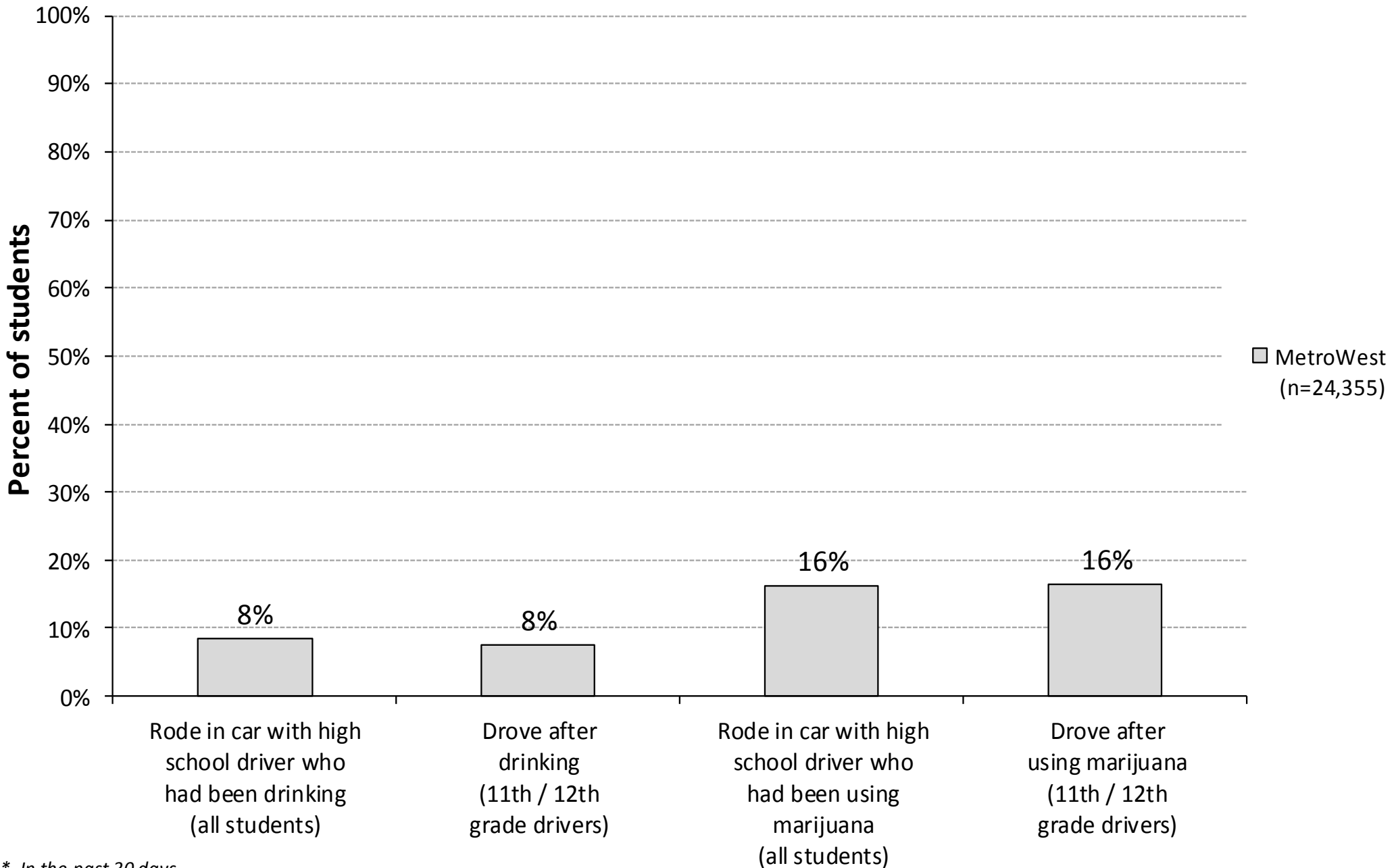
# Figure 4-3C. Impaired Driving and Related Passenger Behaviors,\* 2006-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



**Figure 4-3D. Impaired Driving and Related Passenger Behaviors\* at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

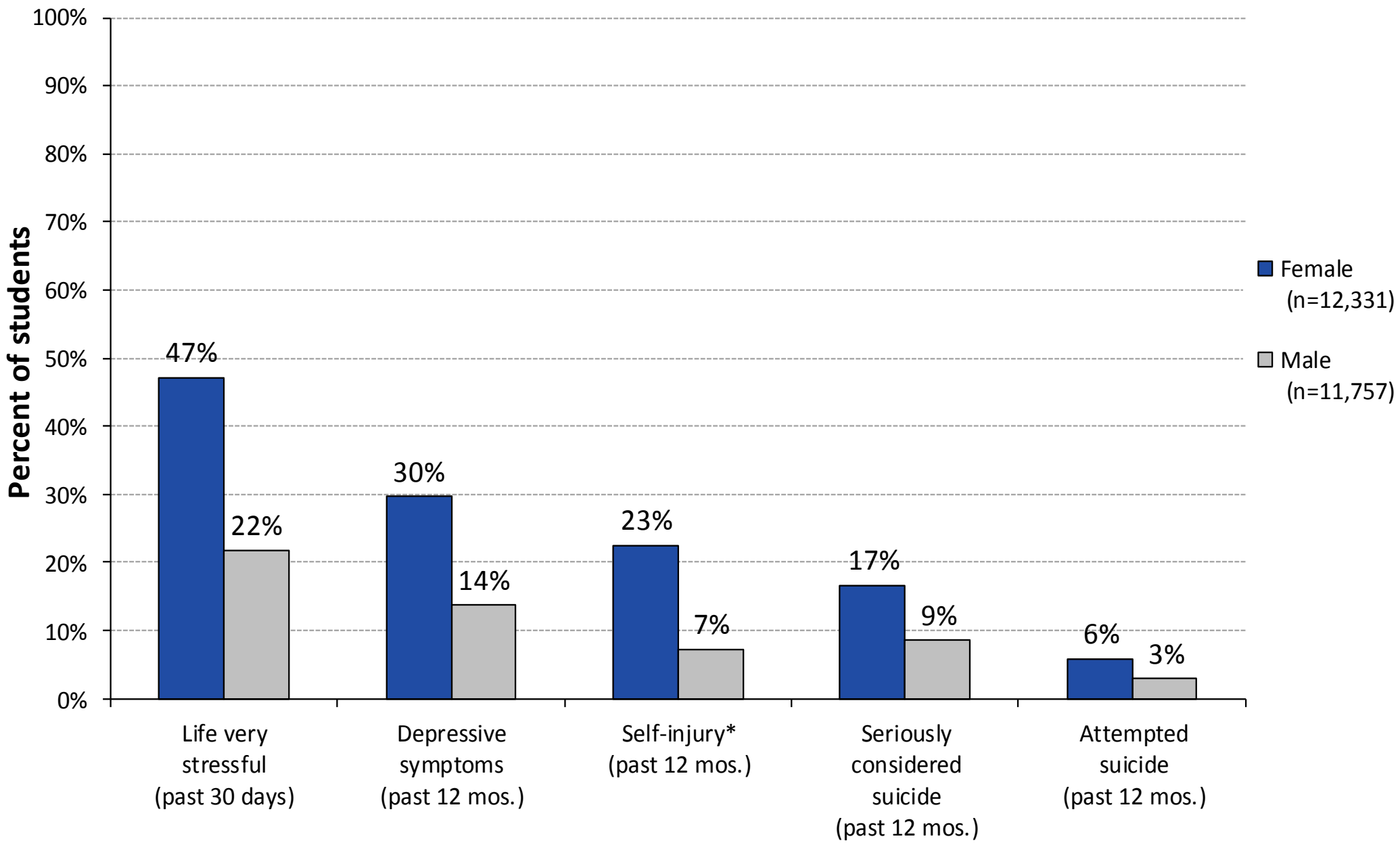


\* In the past 30 days

# Figure 5-1A. Mental Health and Suicidality by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

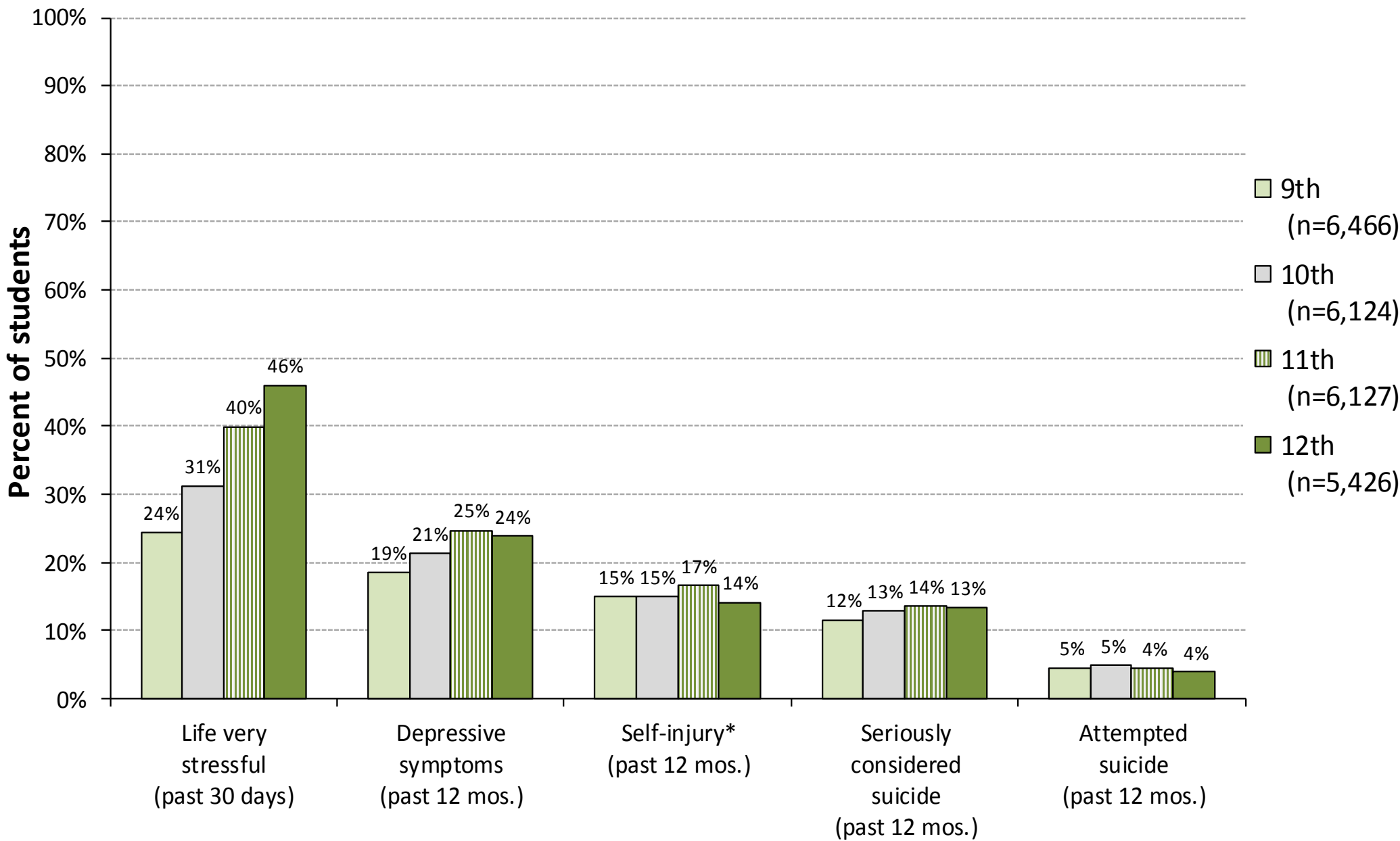


\* For example, by cutting, burning, or bruising yourself on purpose

# Figure 5-1B. Mental Health and Suicidality by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

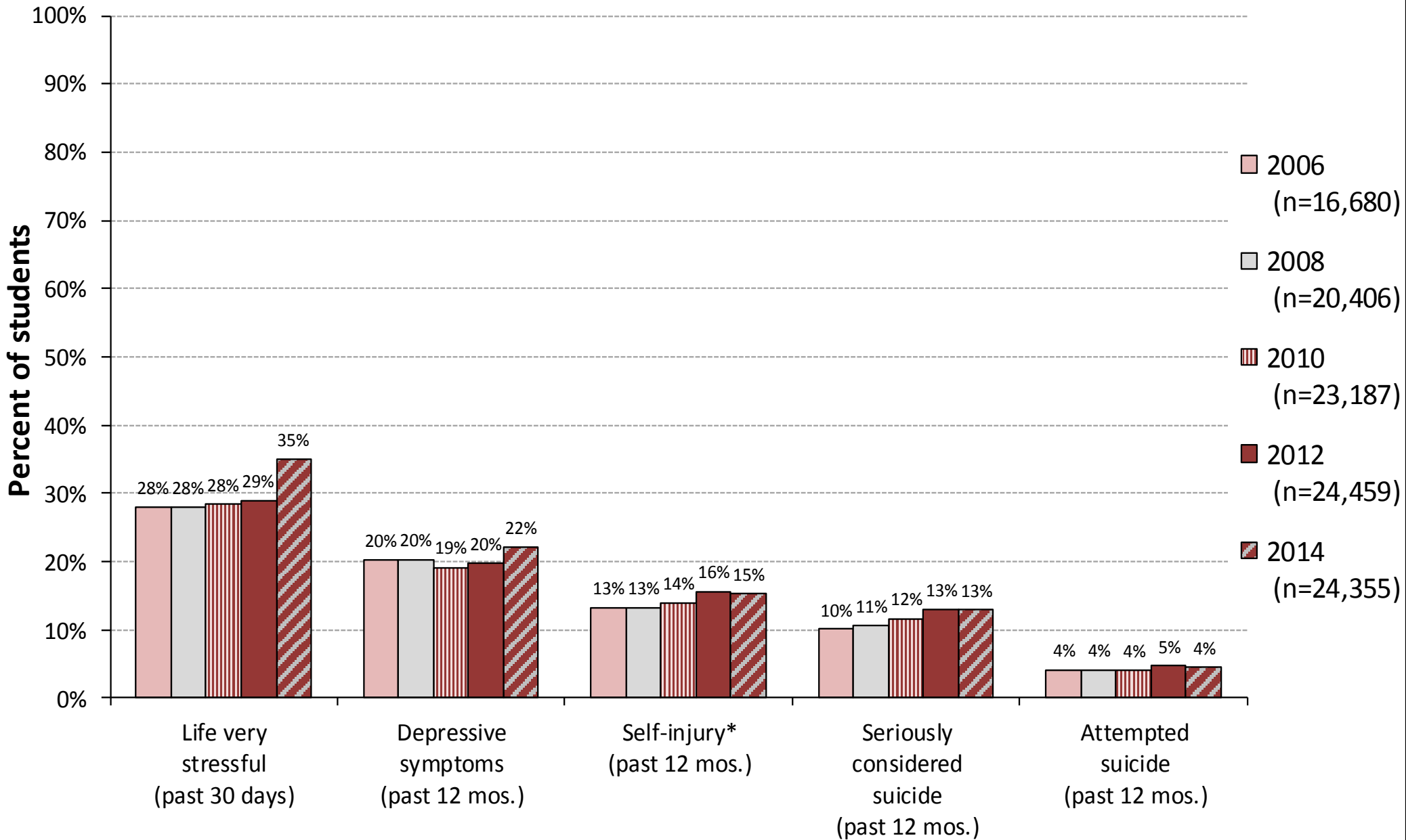


\* For example, by cutting, burning, or bruising yourself on purpose

# Figure 5-1C. Trends in Mental Health and Suicidality, 2006-2014

## MetroWest Region High School Students (Grades 9-12)

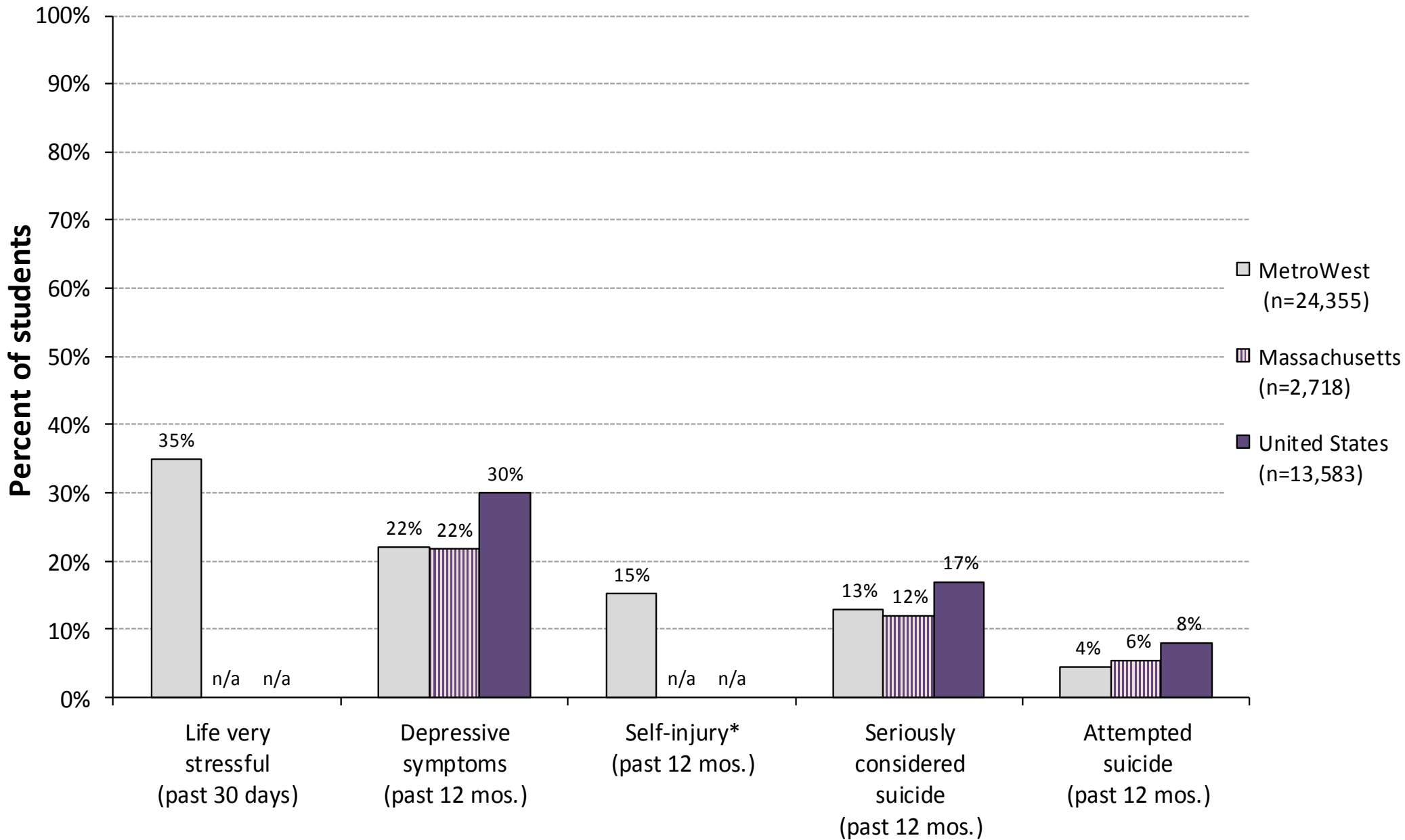
*MetroWest Adolescent Health Survey*



- 2006 (n=16,680)
- 2008 (n=20,406)
- 2010 (n=23,187)
- 2012 (n=24,459)
- 2014 (n=24,355)

\* For example, by cutting, burning, or bruising yourself on purpose

**Figure 5-1D. Mental Health and Suicidality at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



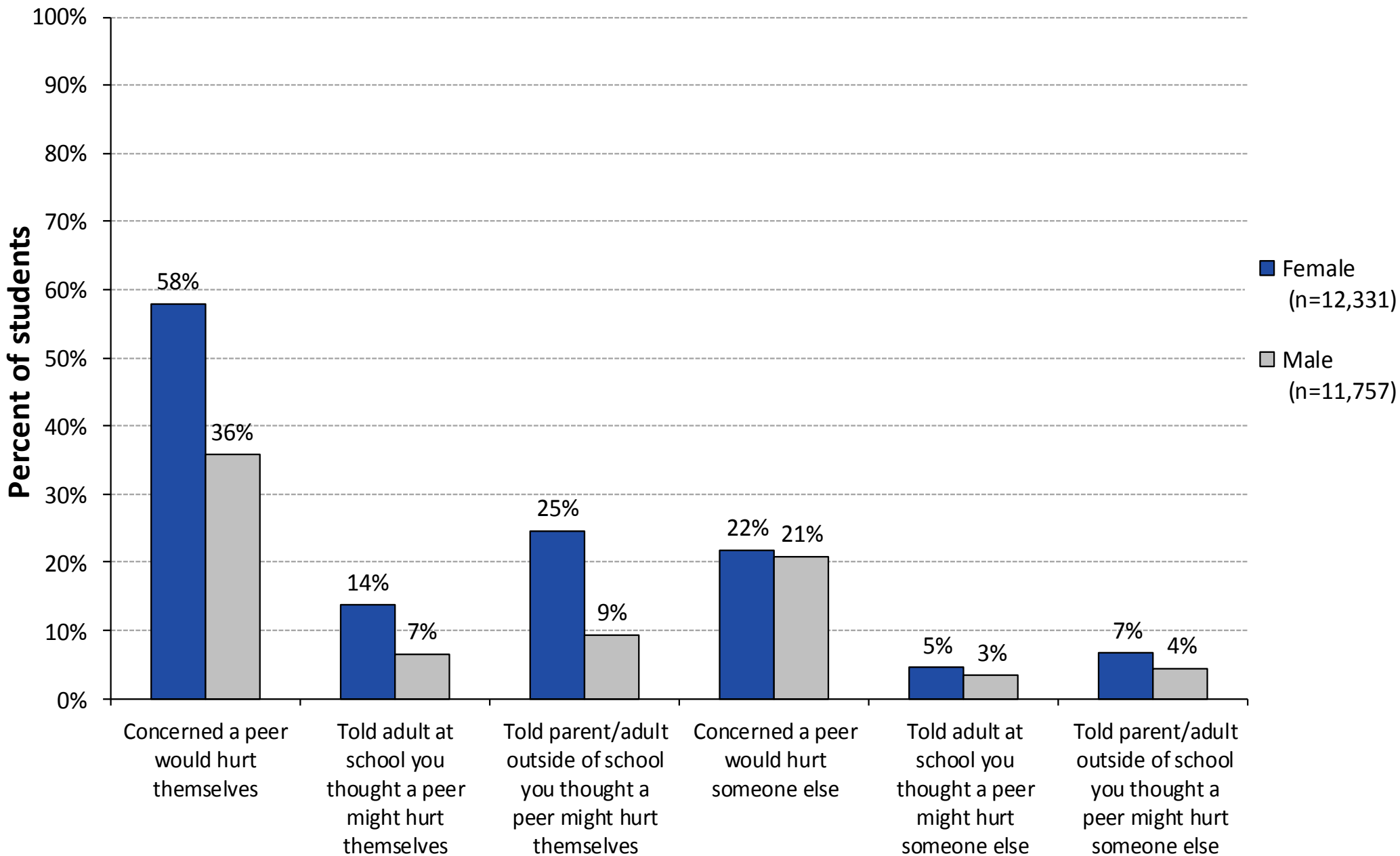
\* For example, by cutting, burning, or bruising yourself on purpose



# Figure 5-2A. Peer Mental Health\* by Gender, 2014

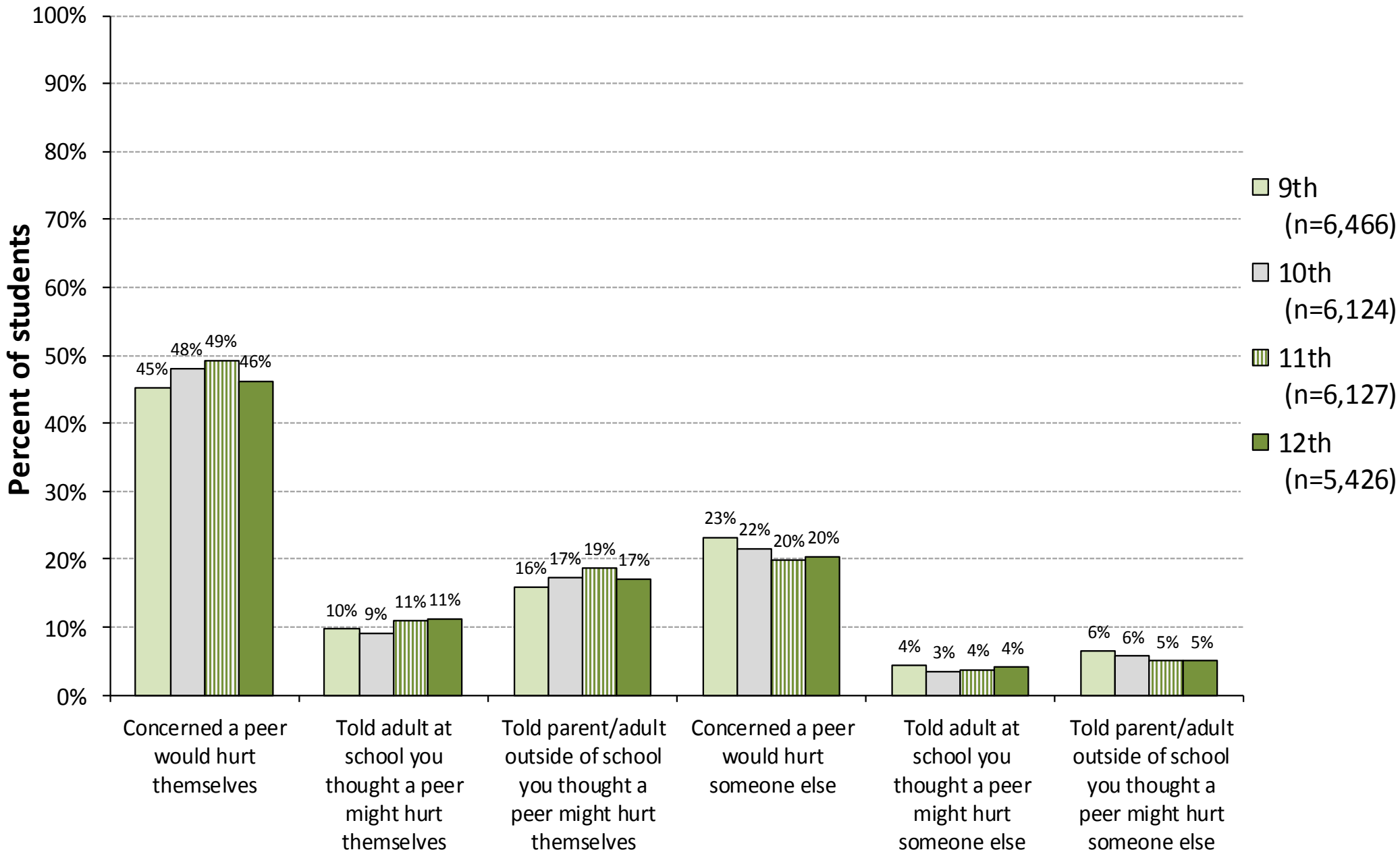
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* In the past 12 months

**Figure 5-2B. Peer Mental Health\* by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

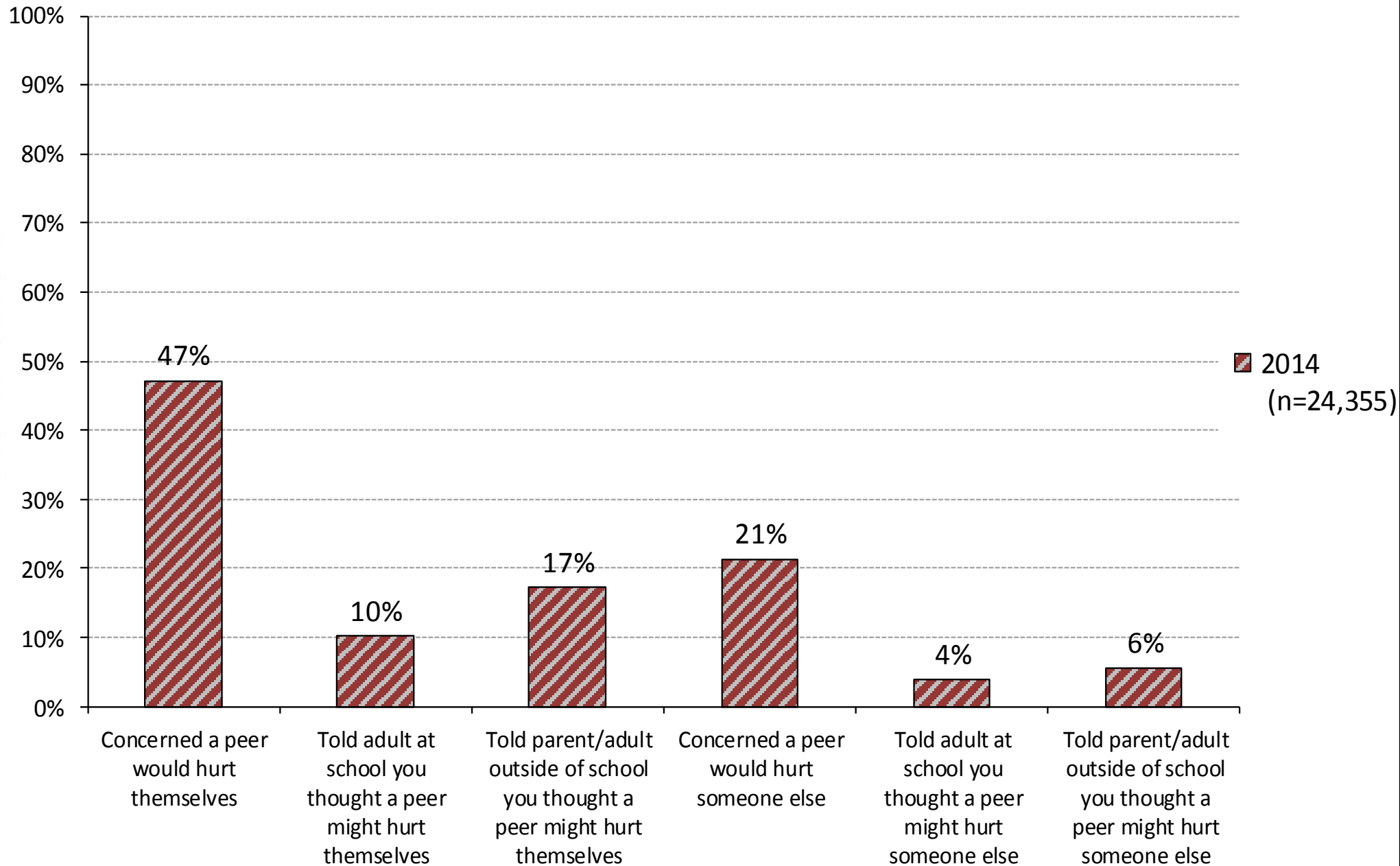


\* In the past 12 months

# Figure 5-2C. Peer Mental Health,\* 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



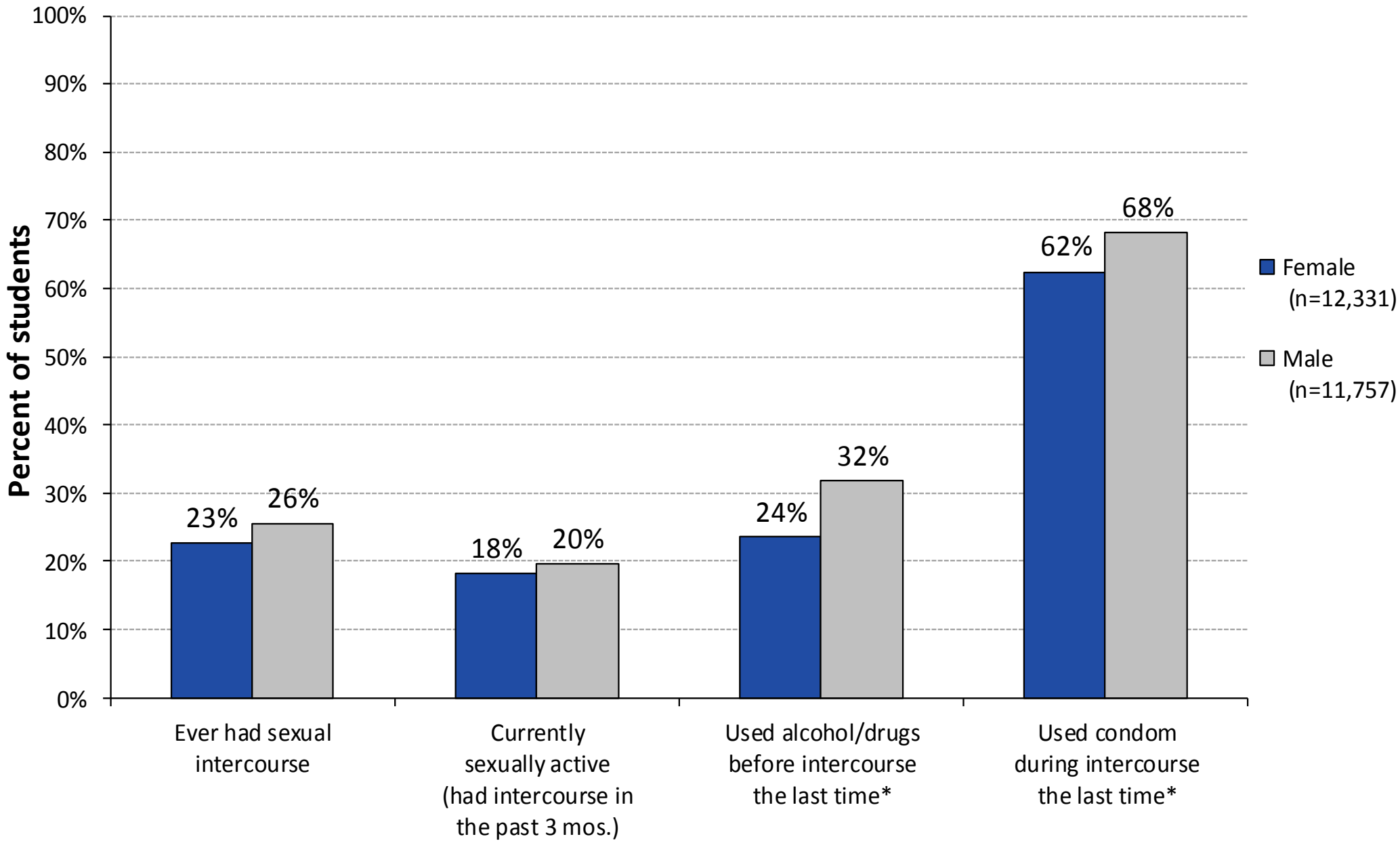
\* In the past 12 months



# Figure 6-1A. Sexual Behaviors by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

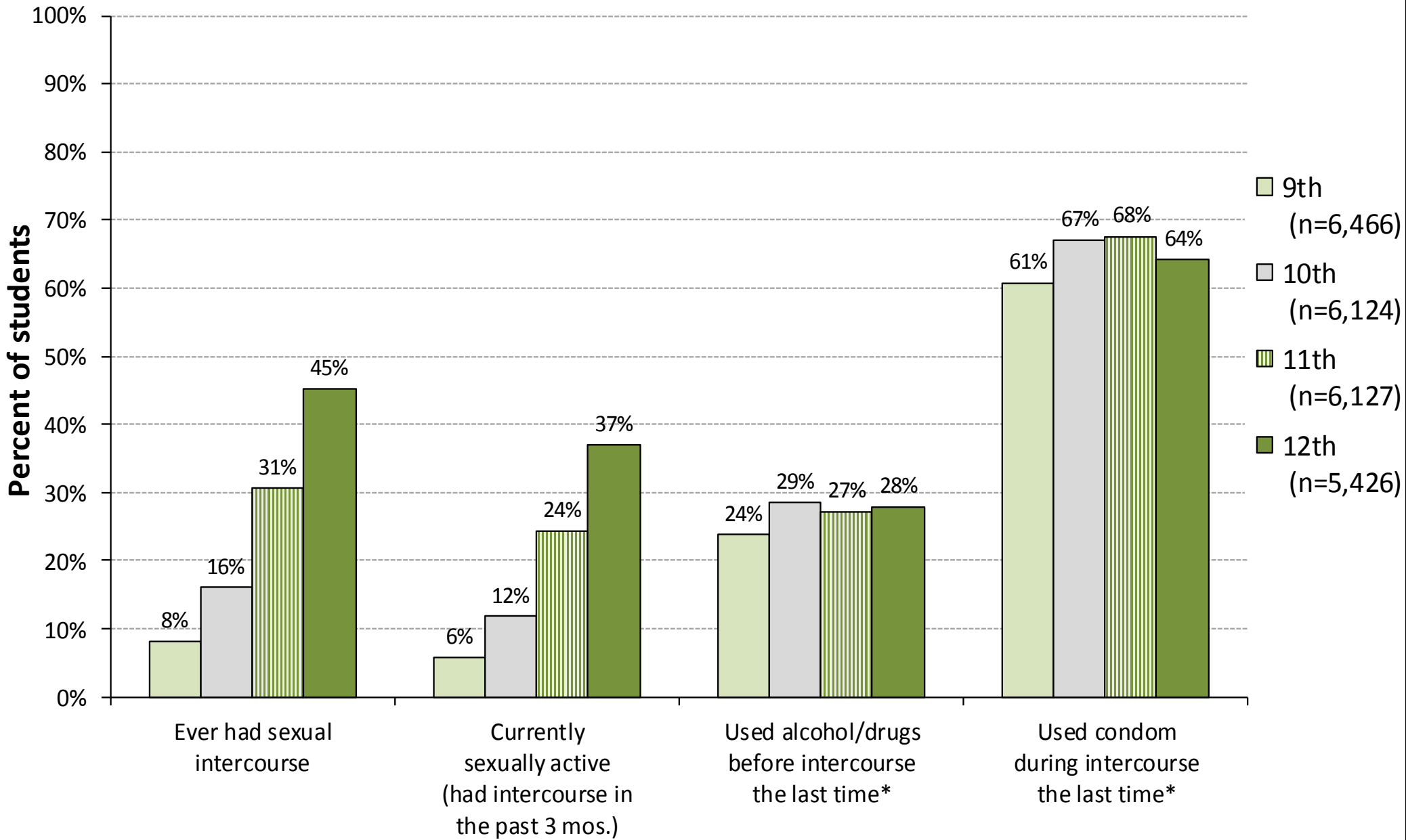


\* Among currently sexually active youth

# Figure 6-1B. Sexual Behaviors by Grade, 2014

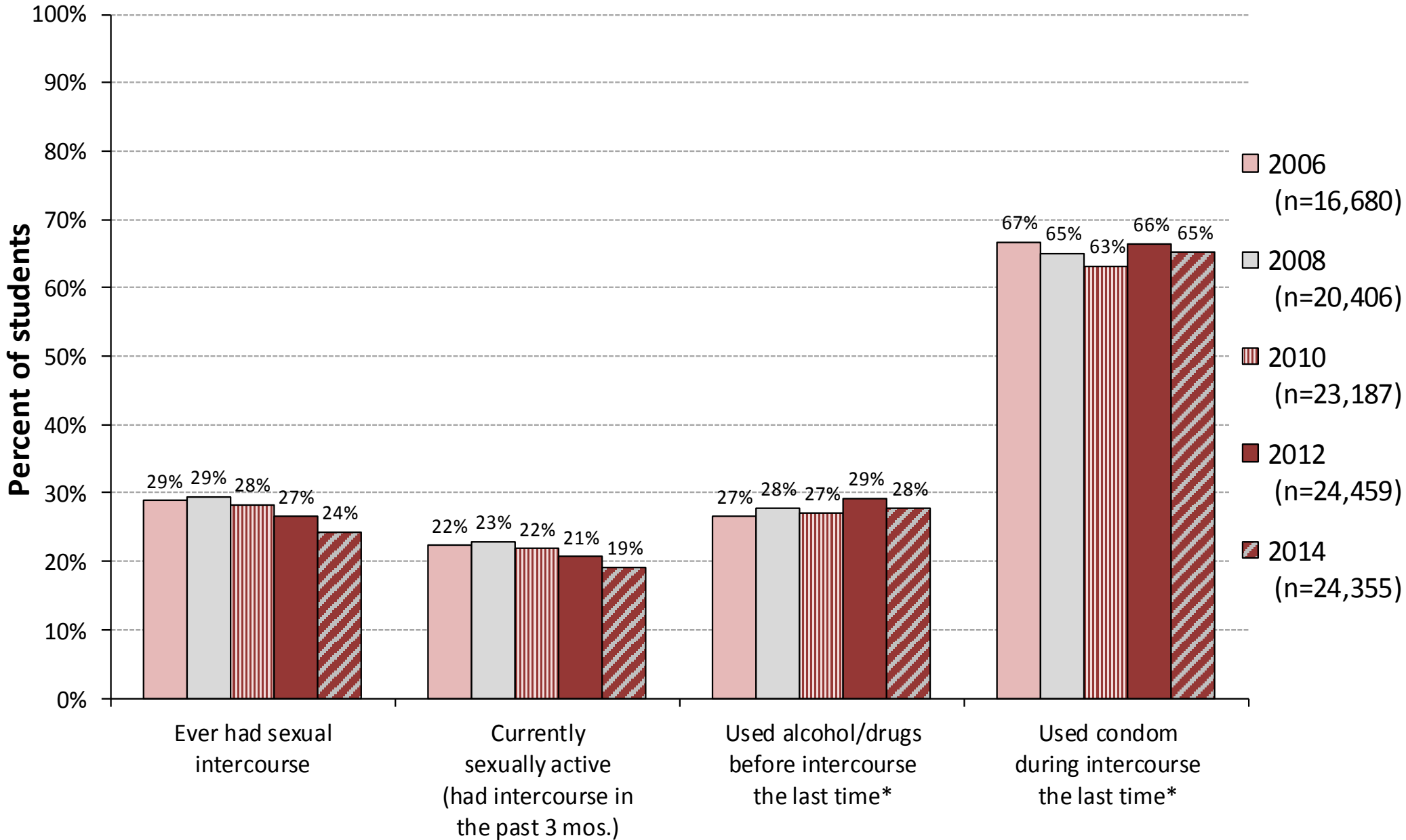
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



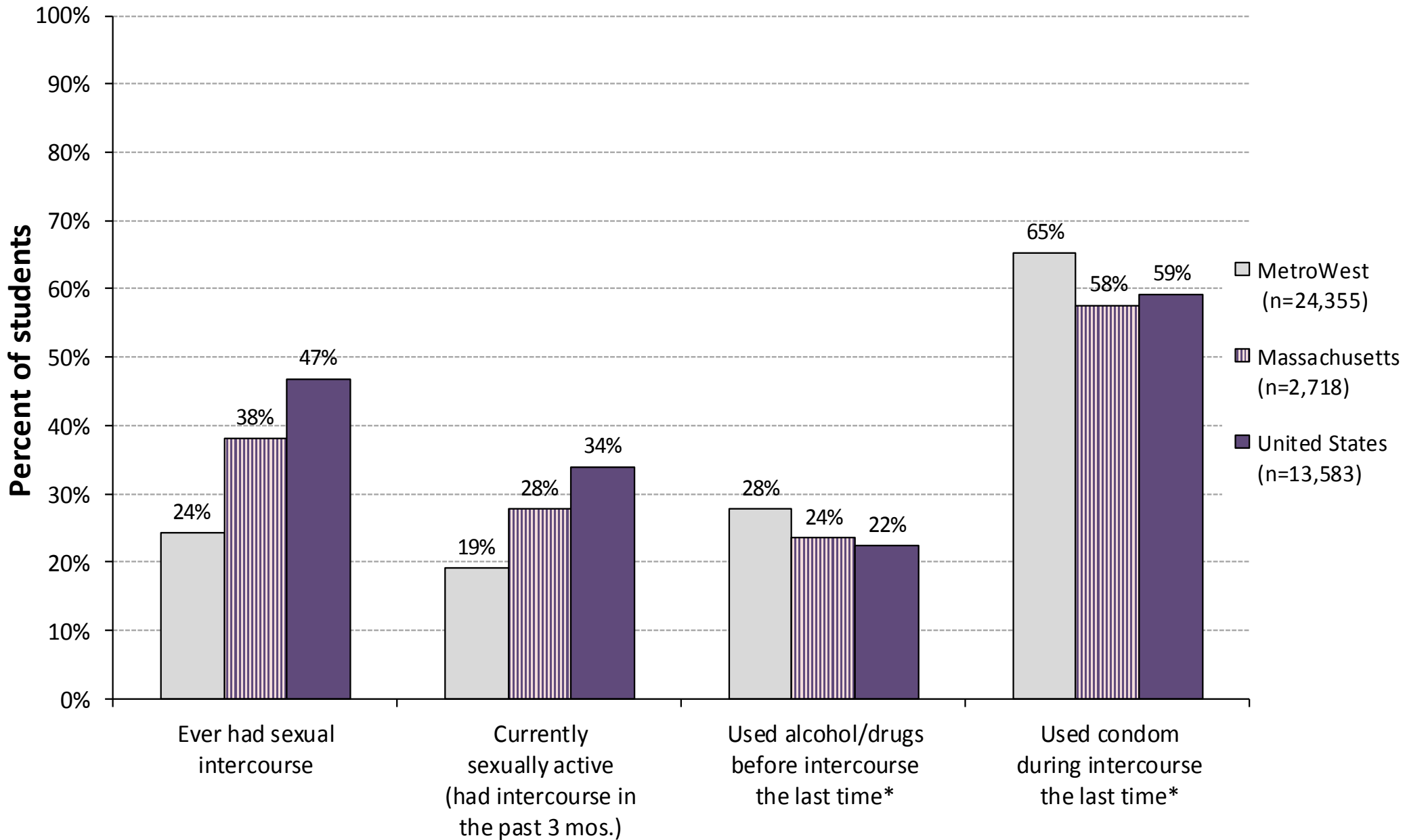
\* Among currently sexually active youth

**Figure 6-1C. Trends in Sexual Behaviors, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Among currently sexually active youth

**Figure 6-1D. Sexual Behaviors at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



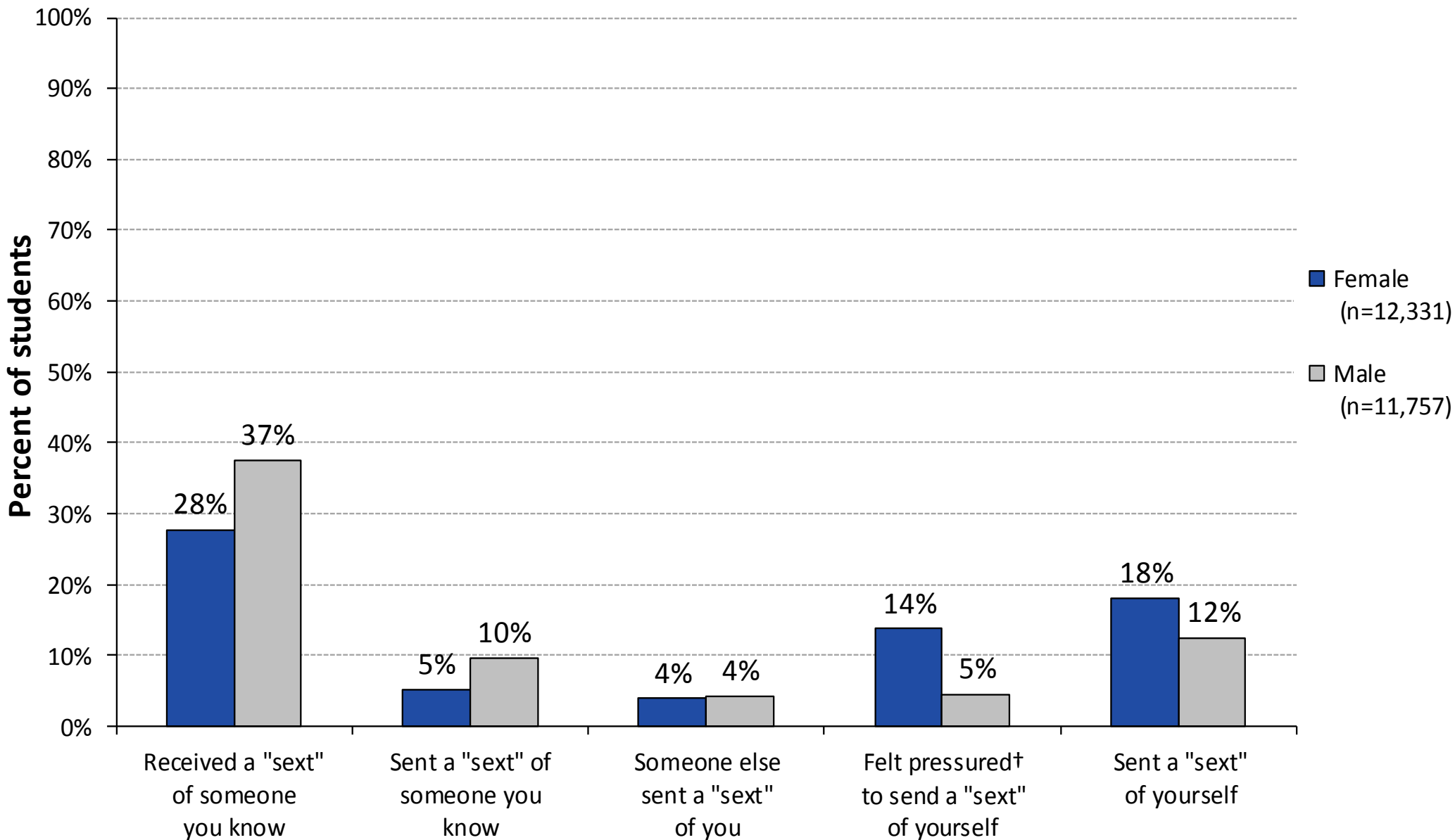
\* Among currently sexually active youth



# Figure 6-2A. Sexting\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



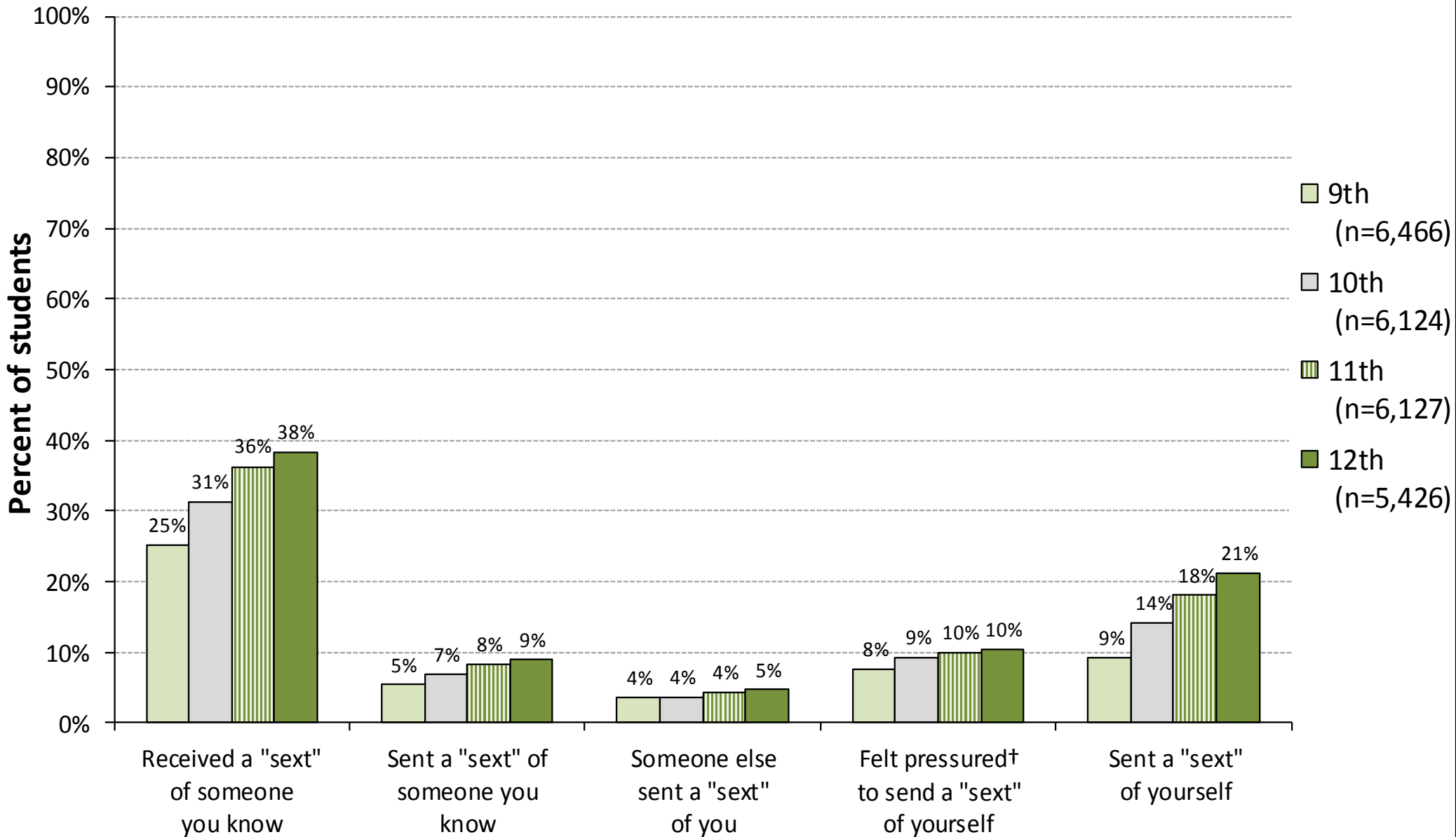
\* Defined as sending/forwarding nude, sexually suggestive/explicit photos or videos using the Internet, cell phones, or other electronic devices in the past 12 months

† By a boyfriend, girlfriend, date, or someone you were going out with

# Figure 6-2B. Sexting\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



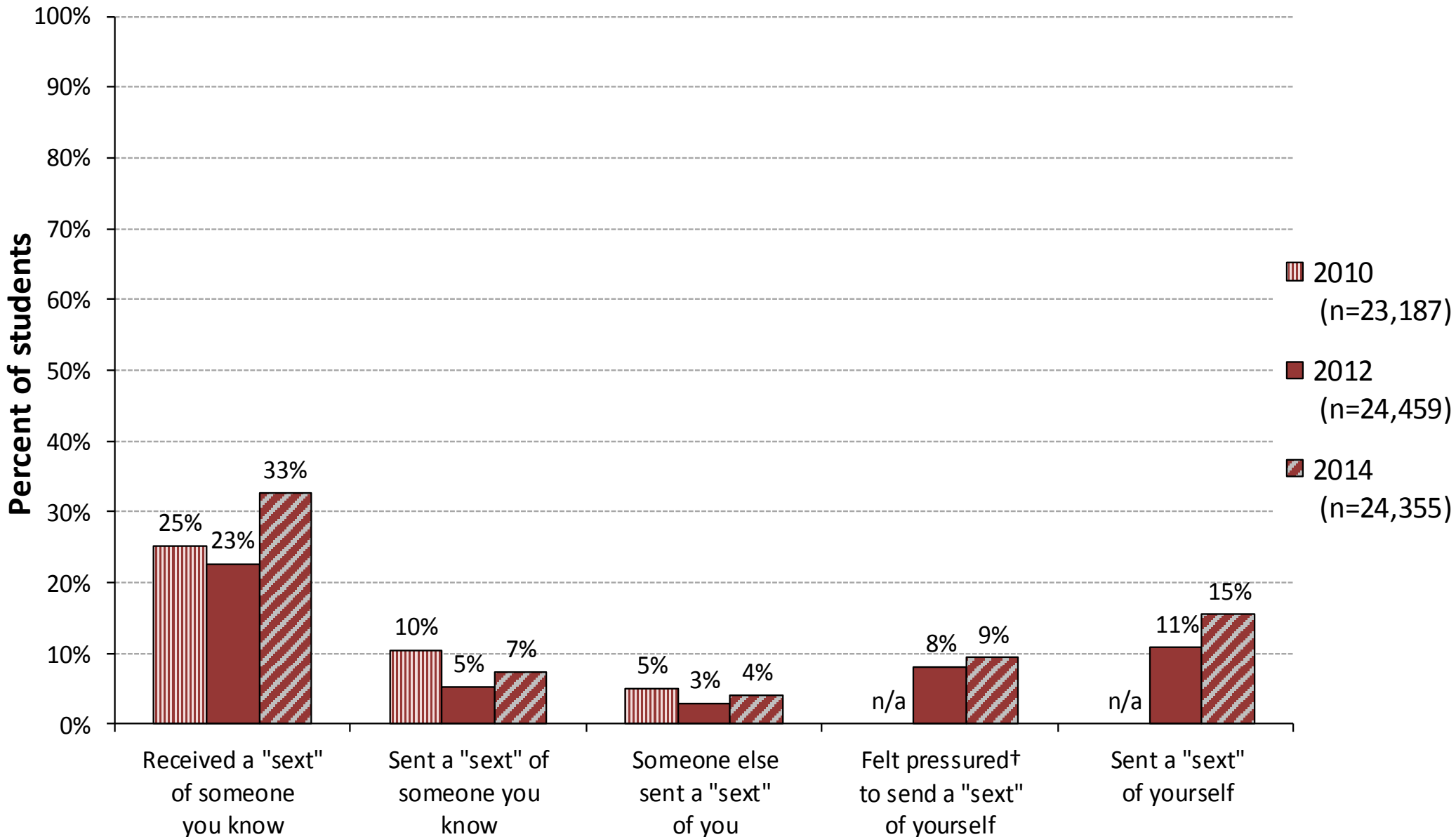
\* Defined as sending/forwarding nude, sexually suggestive/explicit photos or videos using the Internet, cell phones, or other electronic devices in the past 12 months

† By a boyfriend, girlfriend, date, or someone you were going out with

# Figure 6-2C. Trends in Sexting,\* 2010-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



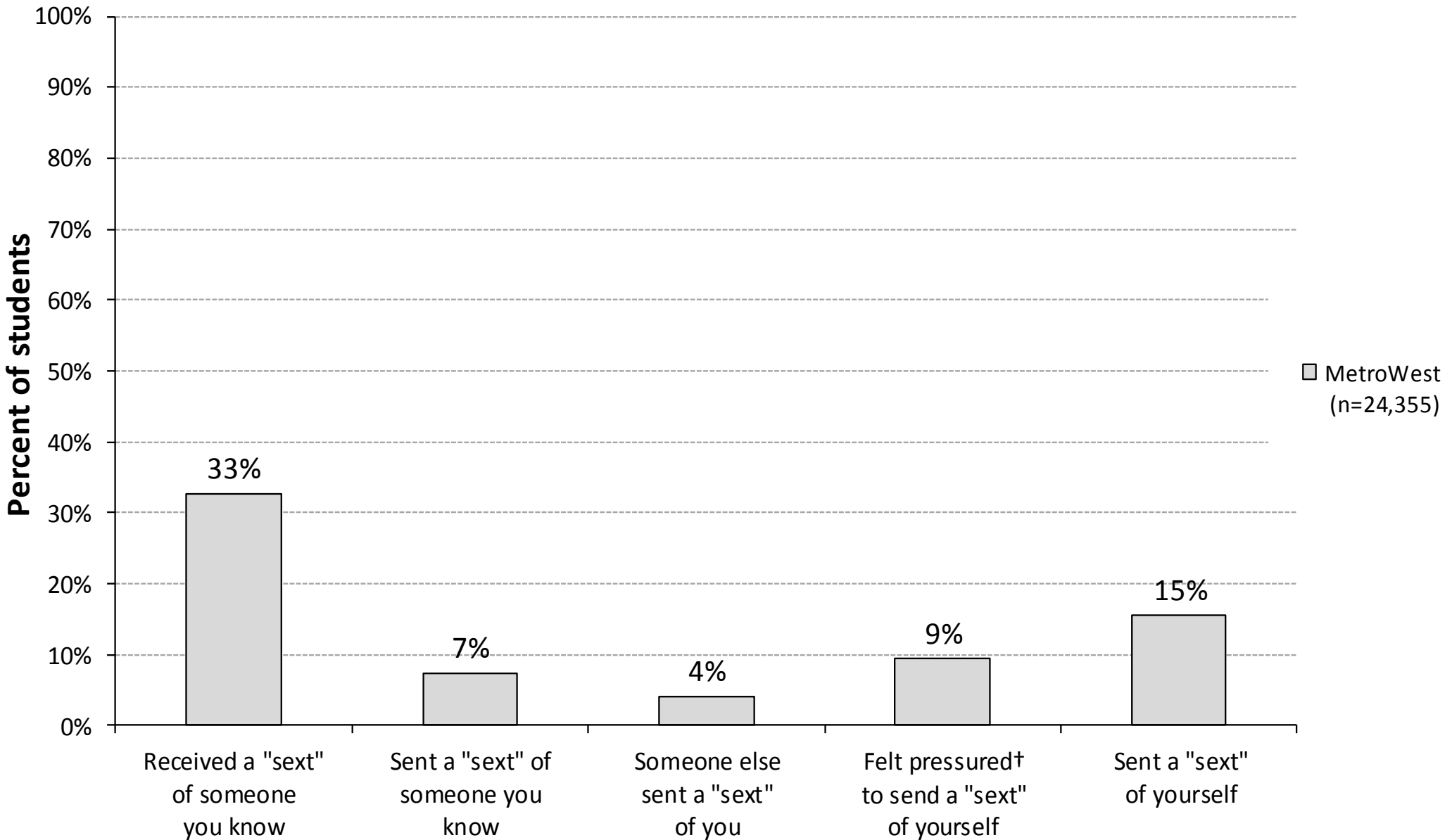
\* Defined as sending/forwarding nude, sexually suggestive/explicit photos or videos using the Internet, cell phones, or other electronic devices in the past 12 months

† By a boyfriend, girlfriend, date, or someone you were going out with

# Figure 6-2D. Sexting\* at the Regional Level, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



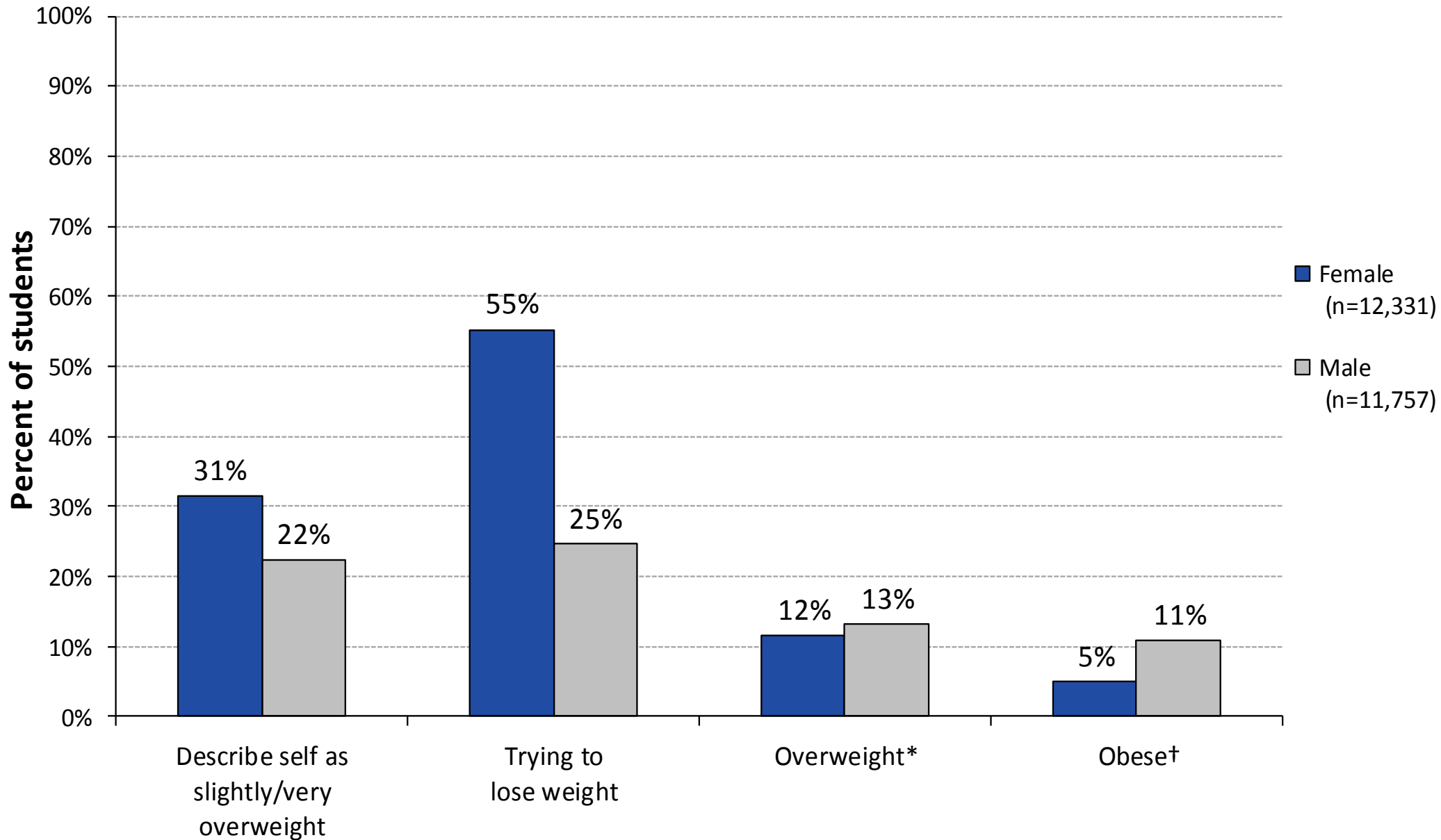
\* Defined as sending/forwarding nude, sexually suggestive/explicit photos or videos using the Internet, cell phones, or other electronic devices in the past 12 months

† By a boyfriend, girlfriend, date, or someone you were going out with

# Figure 7-1A. Weight Perception and Body Weight by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

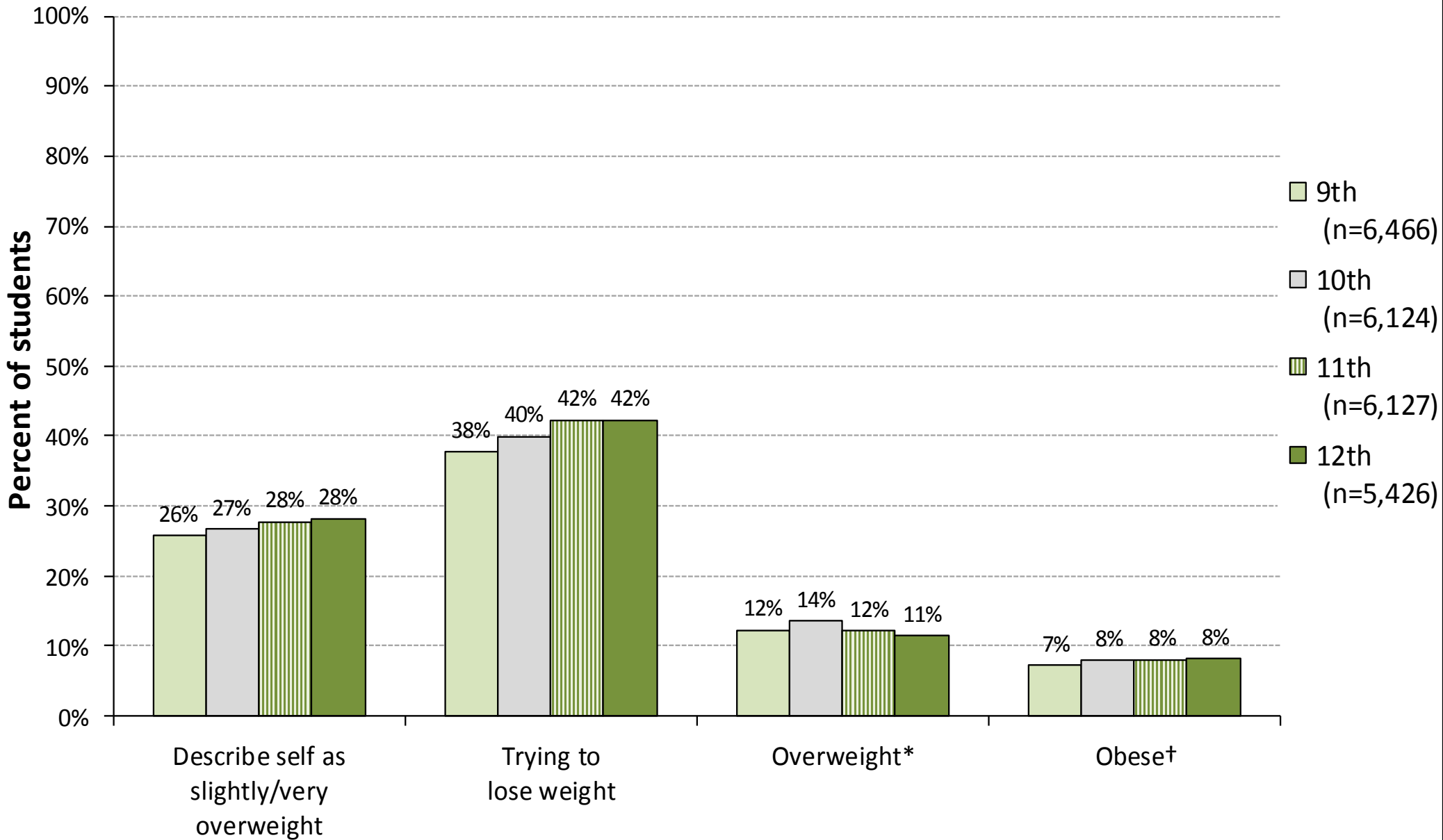
*MetroWest Adolescent Health Survey*



\* Students who were  $\geq 85$ th percentile but  $< 95$ th percentile for body mass index by age and gender, based on reference data

† Students who were  $\geq 95$ th percentile for body mass index by age and gender, based on reference data

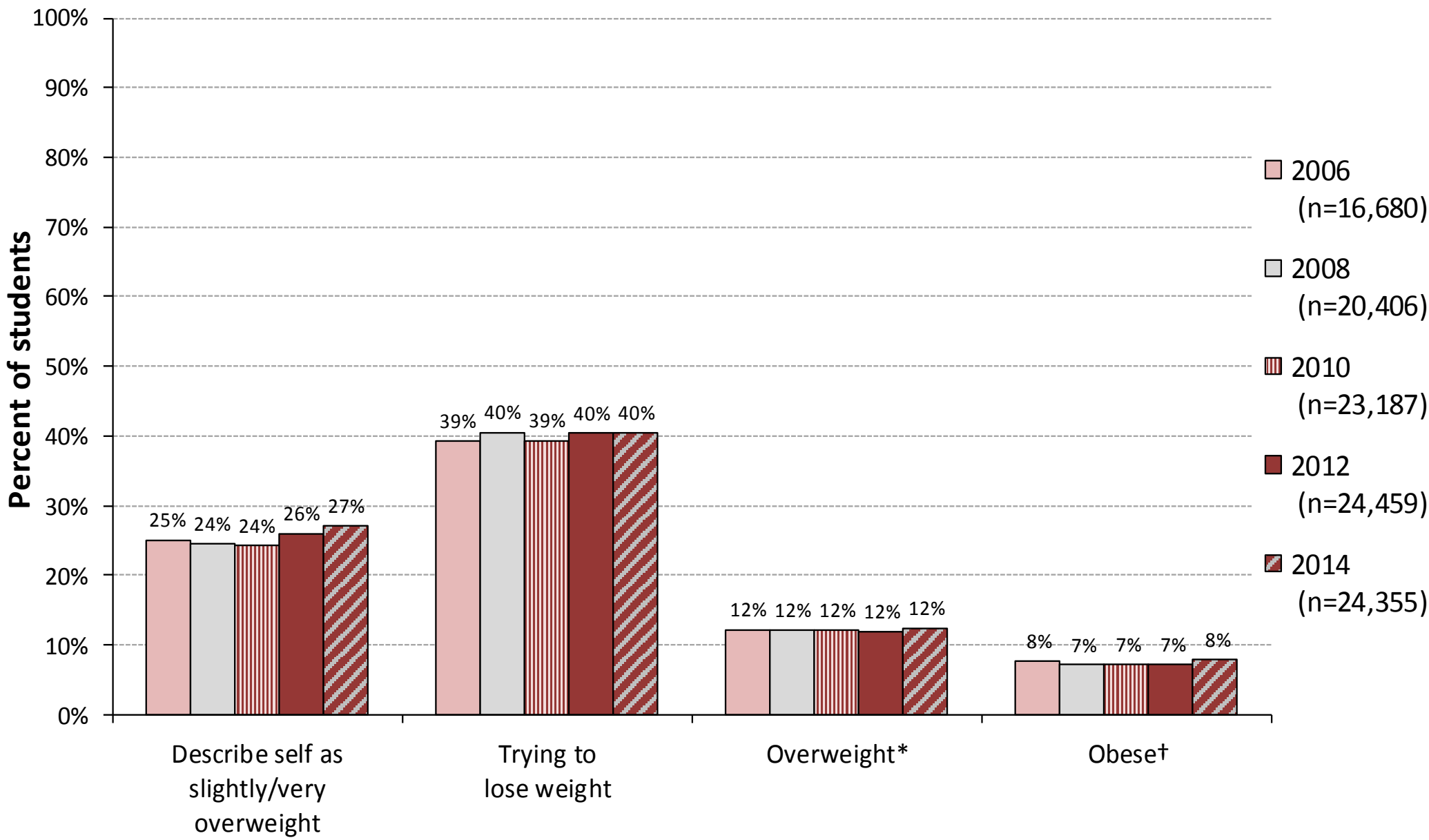
**Figure 7-1B. Weight Perception and Body Weight by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Students who were ≥85th percentile but <95th percentile for body mass index by age and gender, based on reference data

† Students who were ≥95th percentile for body mass index by age and gender, based on reference data

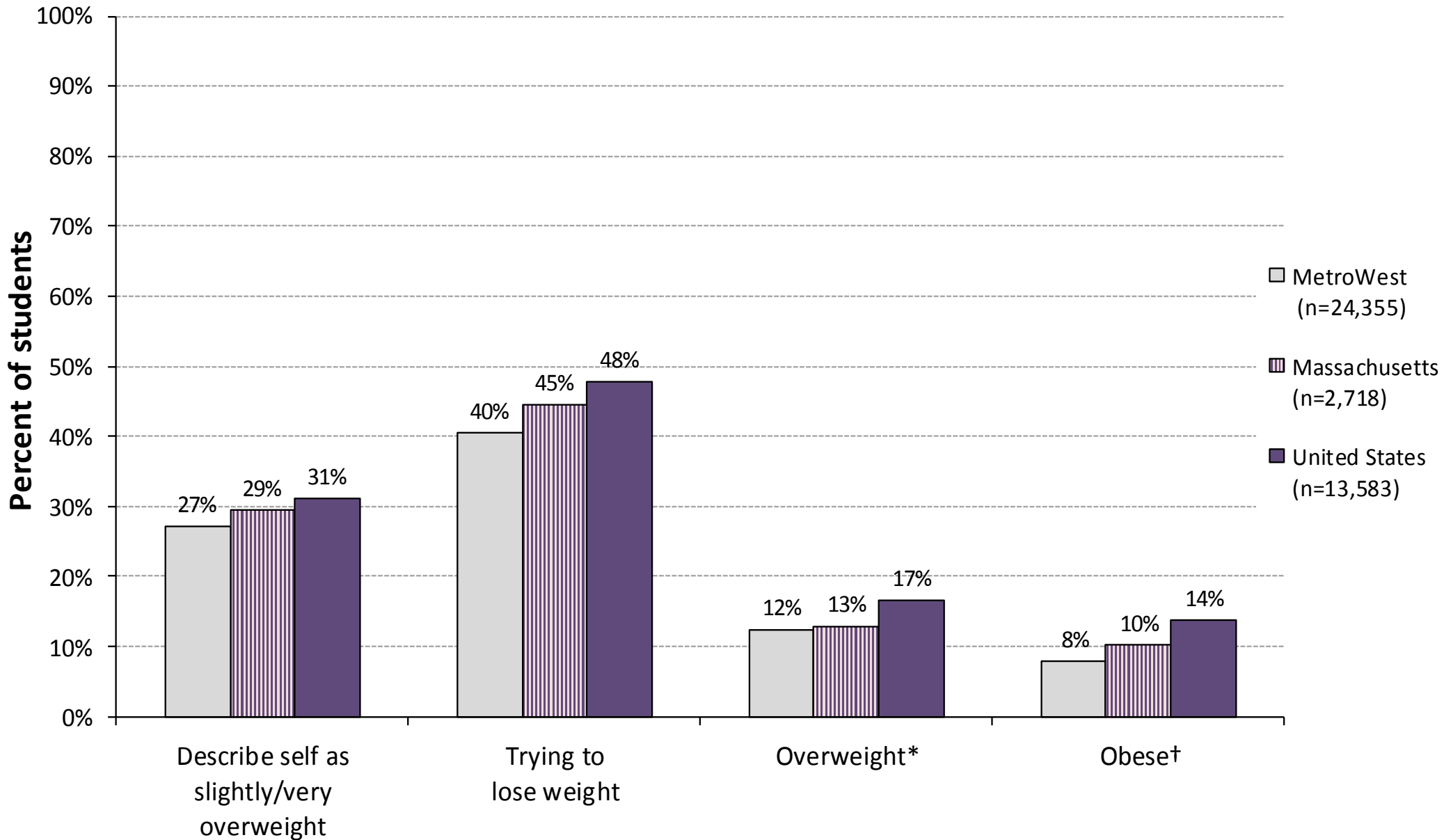
**Figure 7-1C. Trends in Weight Perception and Body Weight, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Students who were ≥85th percentile but <95th percentile for body mass index by age and gender, based on reference data

† Students who were ≥95th percentile for body mass index by age and gender, based on reference data

**Figure 7-1D. Weight Perception and Body Weight at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Students who were  $\geq 85$ th percentile but  $< 95$ th percentile for body mass index by age and gender, based on reference data

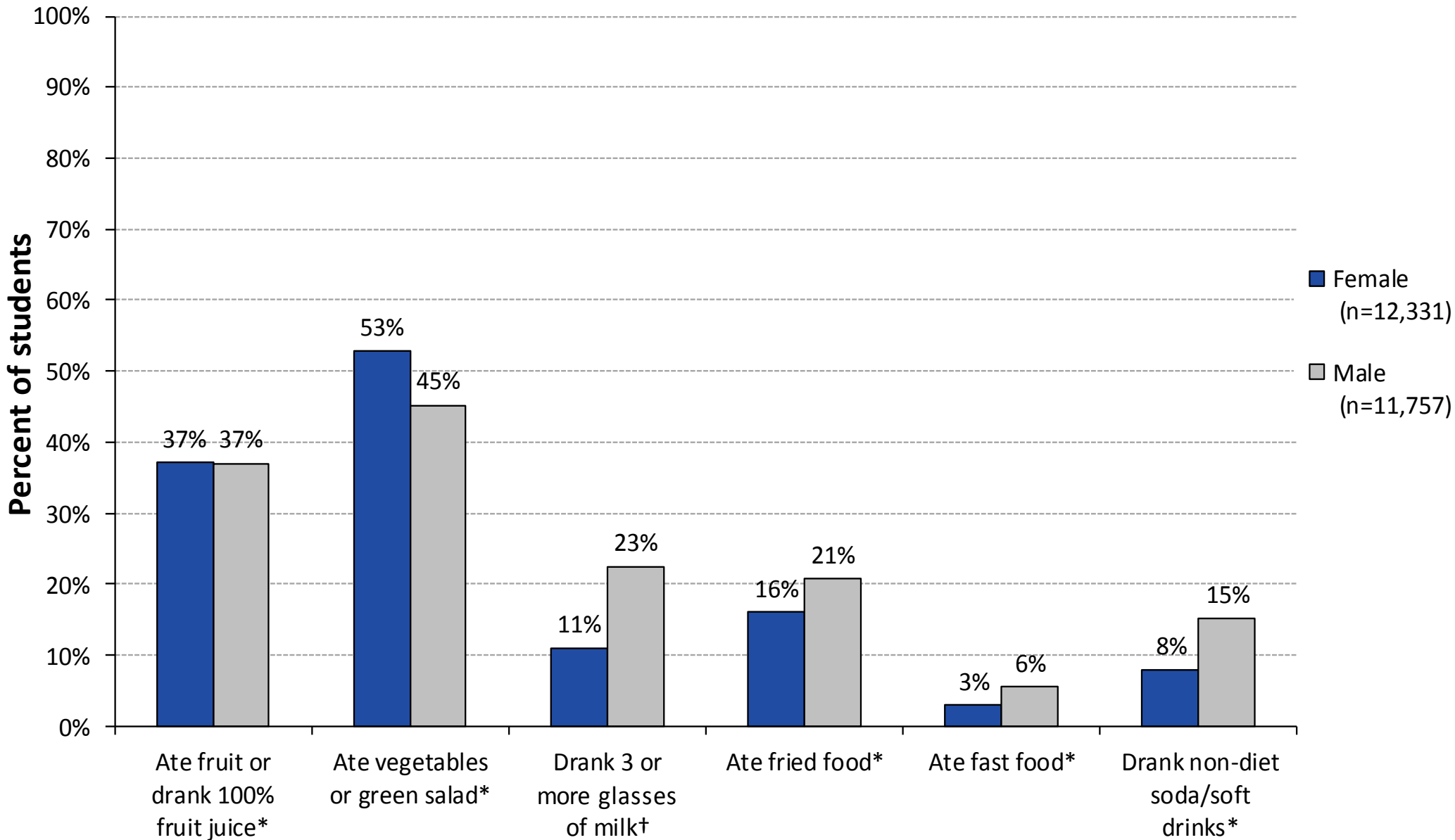
† Students who were  $\geq 95$ th percentile for body mass index by age and gender, based on reference data



# Figure 7-2A. Nutrition by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



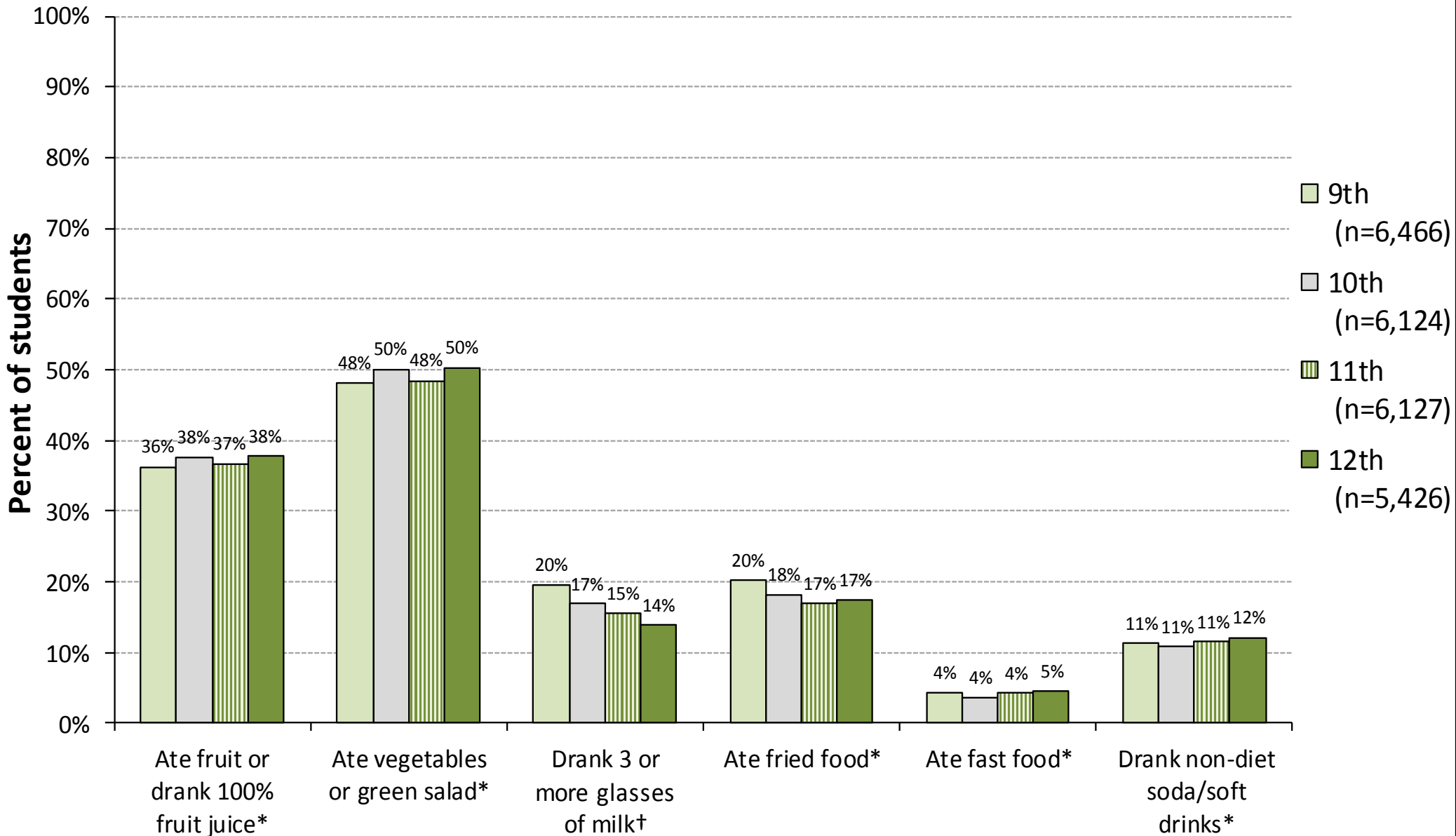
\* Consumed one or more times per day in the past 7 days

† Everyday in the past 7 days

# Figure 7-2B. Nutrition by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



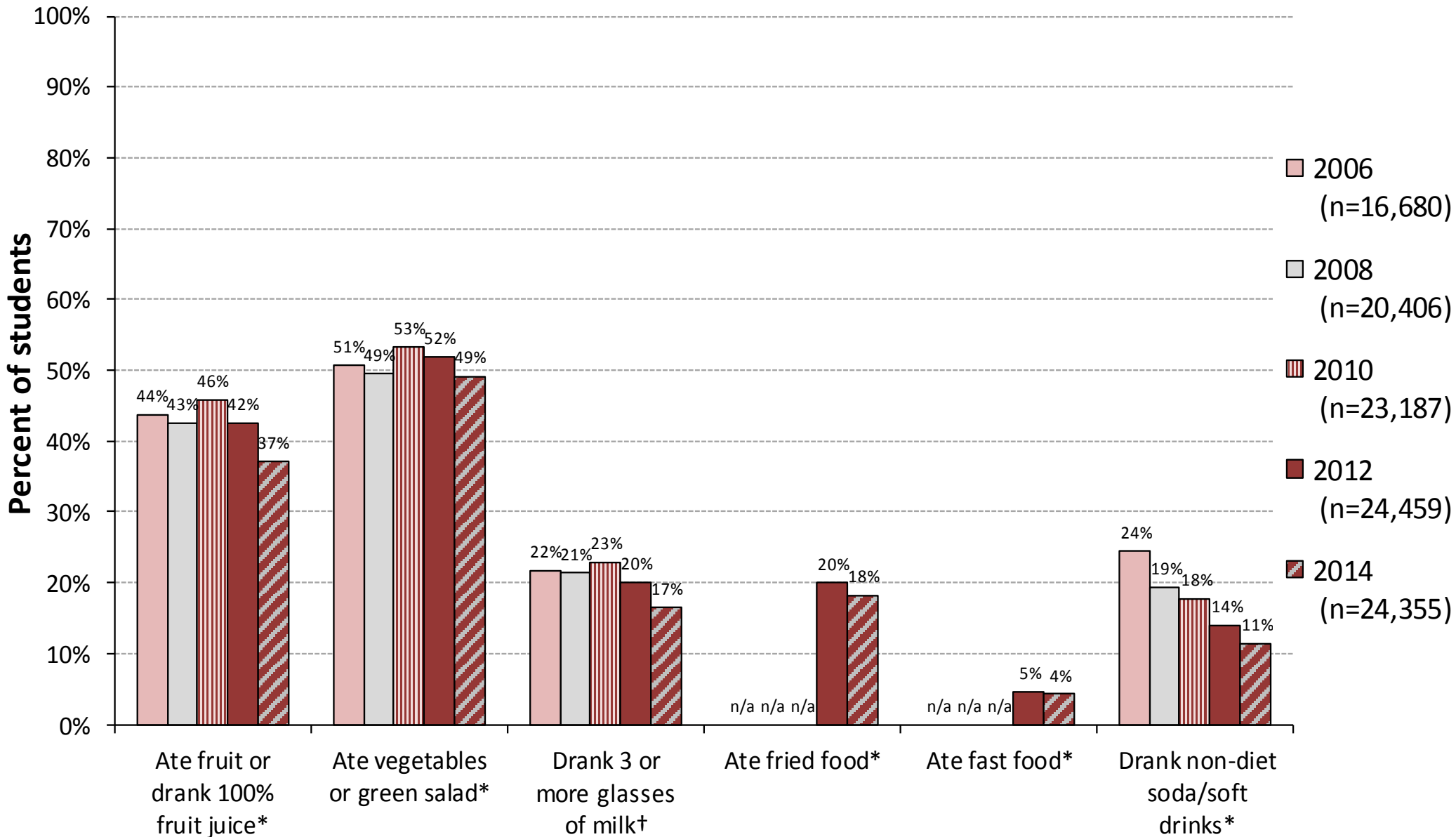
\* Consumed one or more times per day in the past 7 days

† Everyday in the past 7 days

# Figure 7-2C. Trends in Nutrition, 2006-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



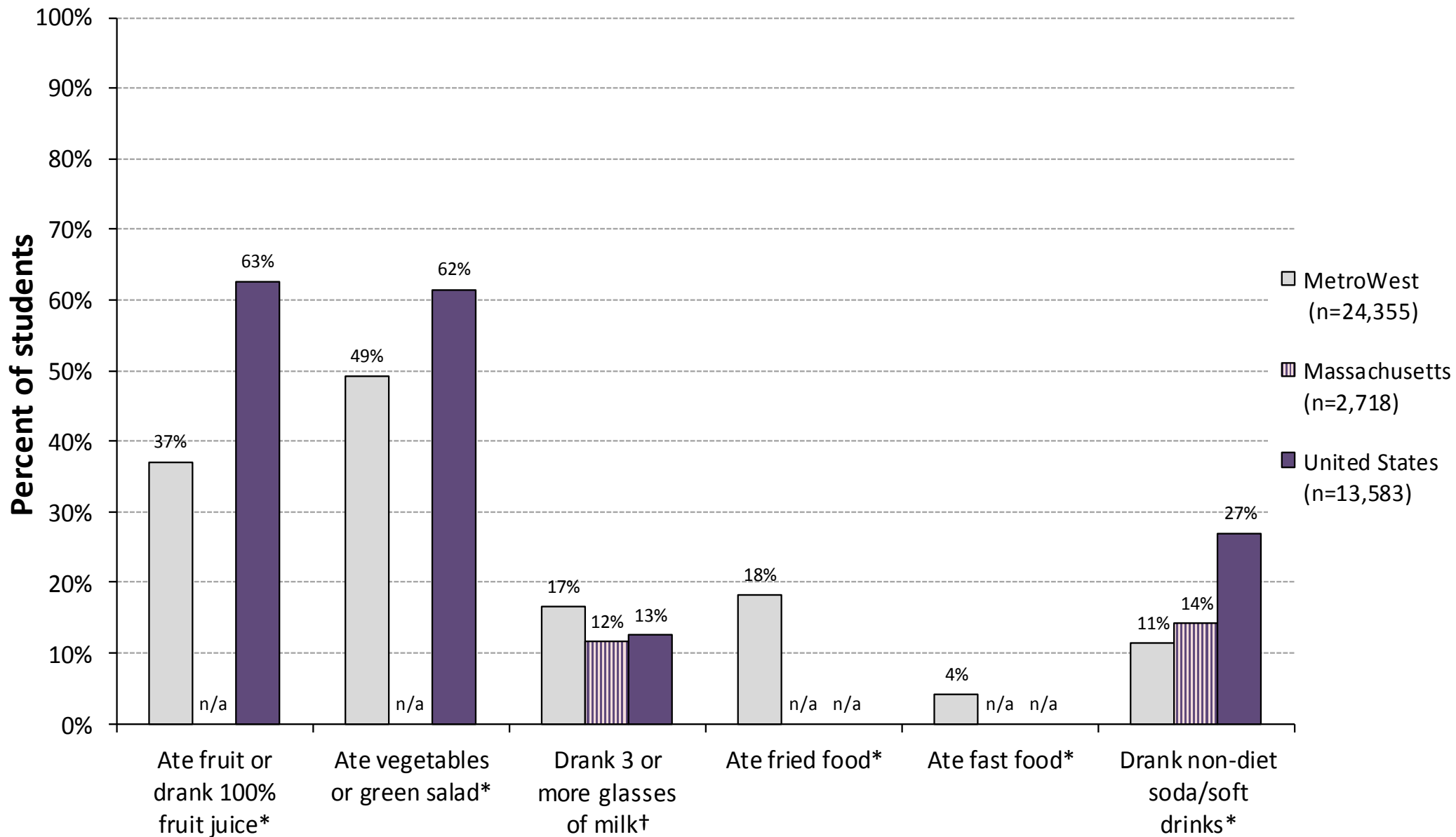
\* Consumed one or more times per day in the past 7 days

† Everyday in the past 7 days

# Figure 7-2D. Nutrition at the Regional, State, and National Levels, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



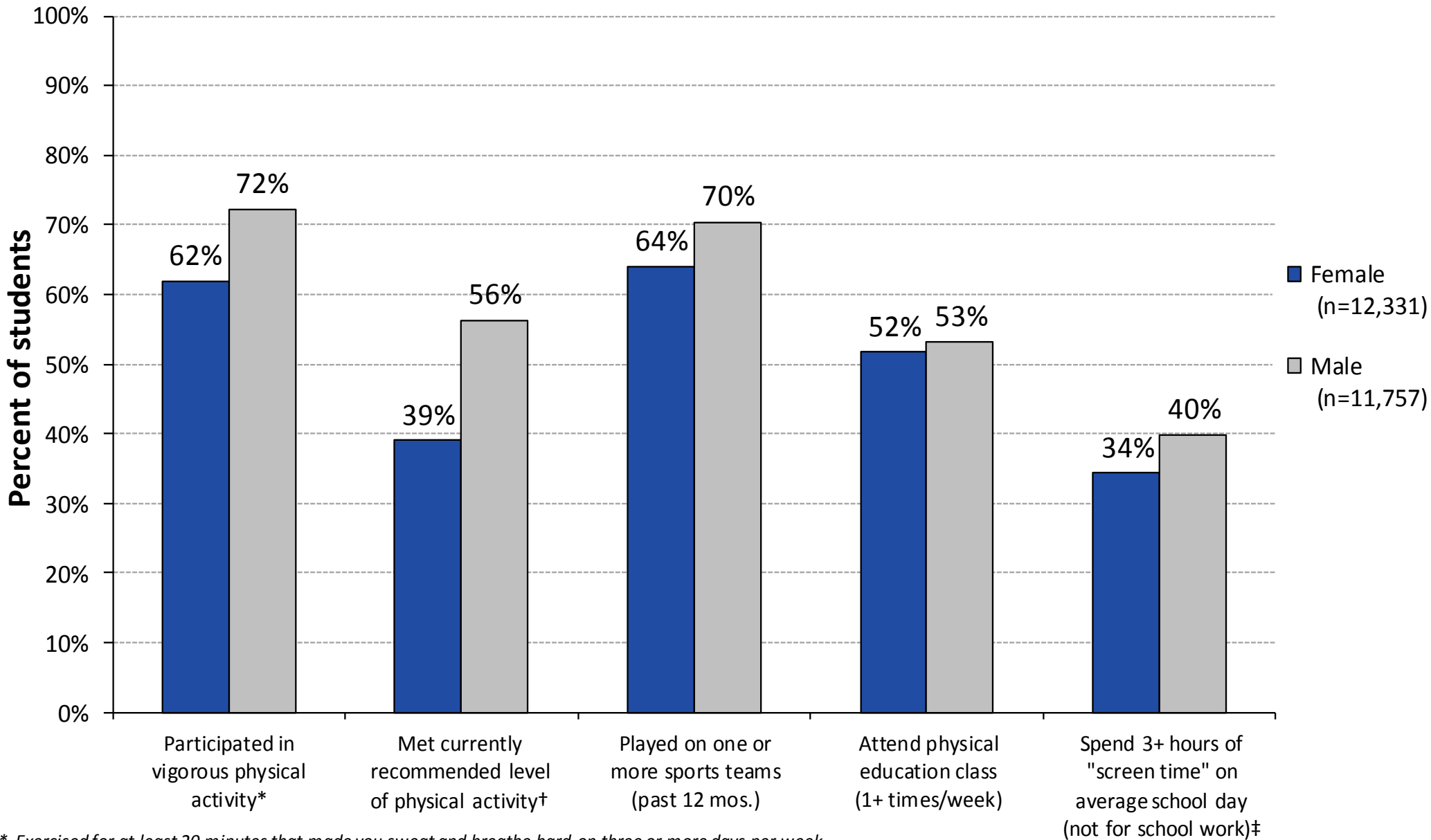
\* Consumed one or more times per day in the past 7 days

† Everyday in the past 7 days

# Figure 7-3A. Physical Activity by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Exercised for at least 20 minutes that made you sweat and breathe hard on three or more days per week

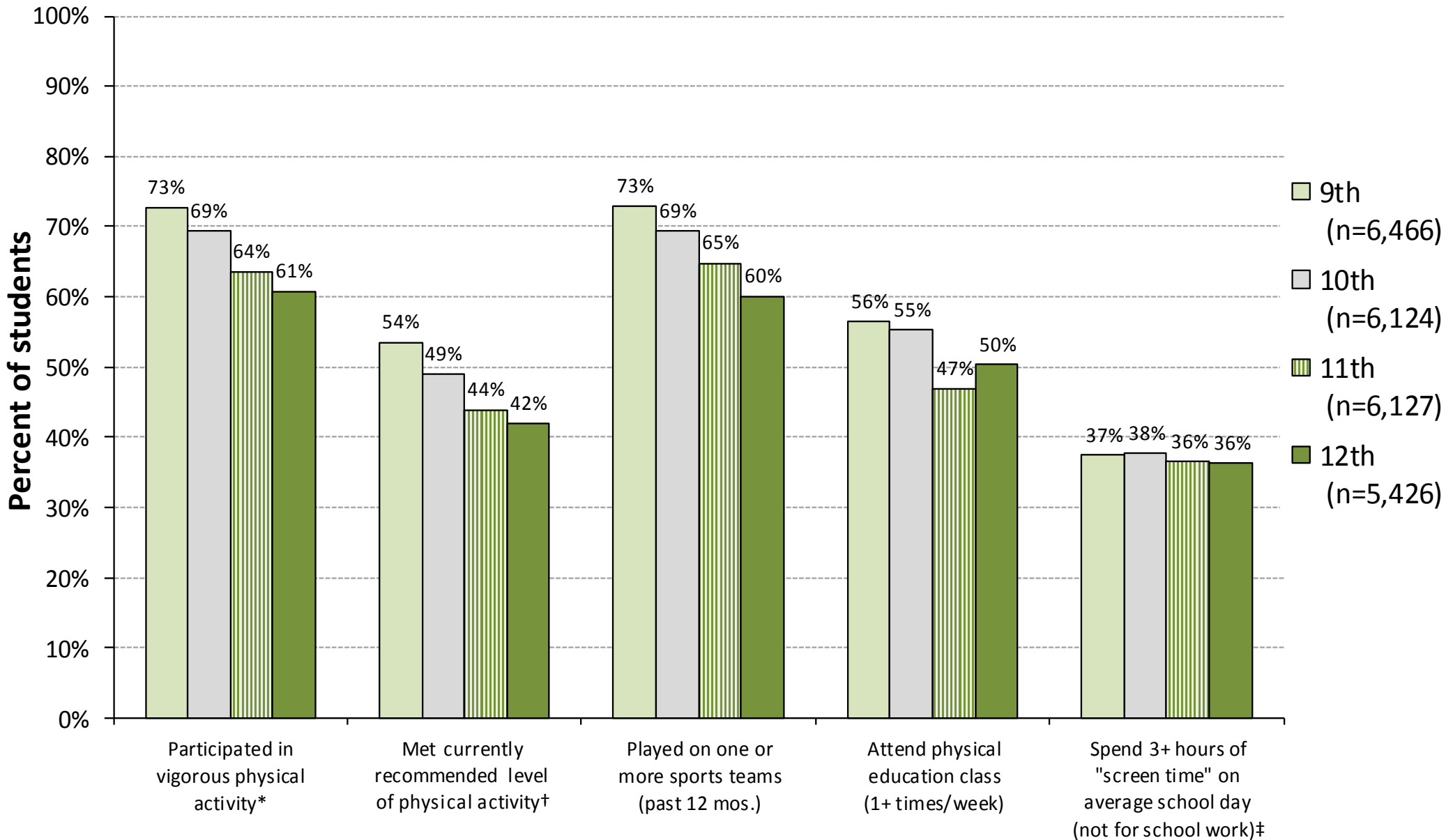
† Physically active for ≥ 60 minutes/day on ≥ 5 of the past 7 days; includes physical activity that increases your heart rate and makes you breathe hard some of the time

‡ Includes watching TV, going on the Internet, playing video games, or using a computer, tablet, or smartphone

# Figure 7-3B. Physical Activity by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Exercised for at least 20 minutes that made you sweat and breathe hard on three or more days per week

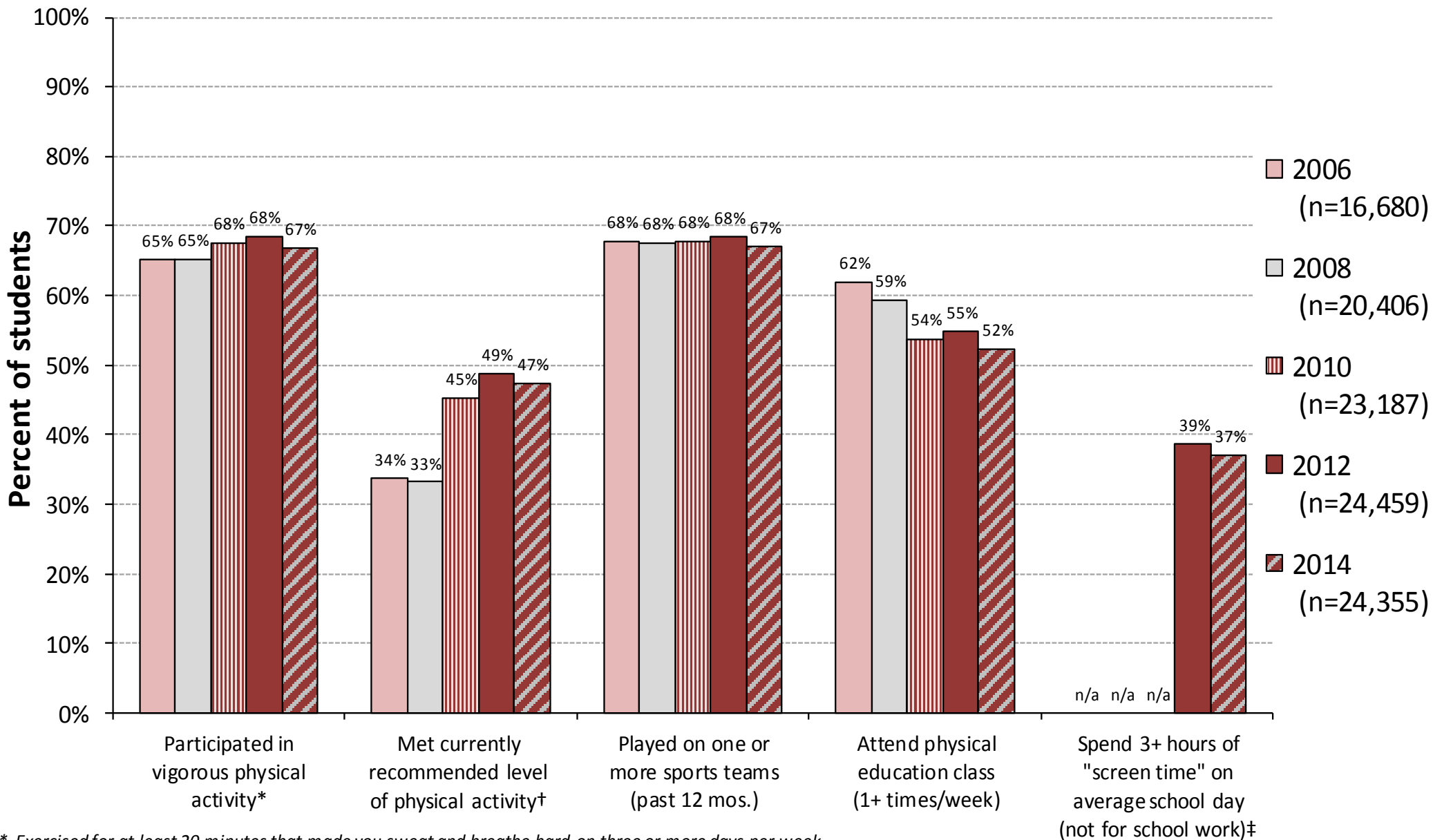
† Physically active for ≥ 60 minutes/day on ≥ 5 of the past 7 days; includes physical activity that increases your heart rate and makes you breathe hard some of the time

‡ Includes watching TV, going on the Internet, playing video games, or using a computer, tablet, or smartphone

# Figure 7-3C. Trends in Physical Activity, 2006-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

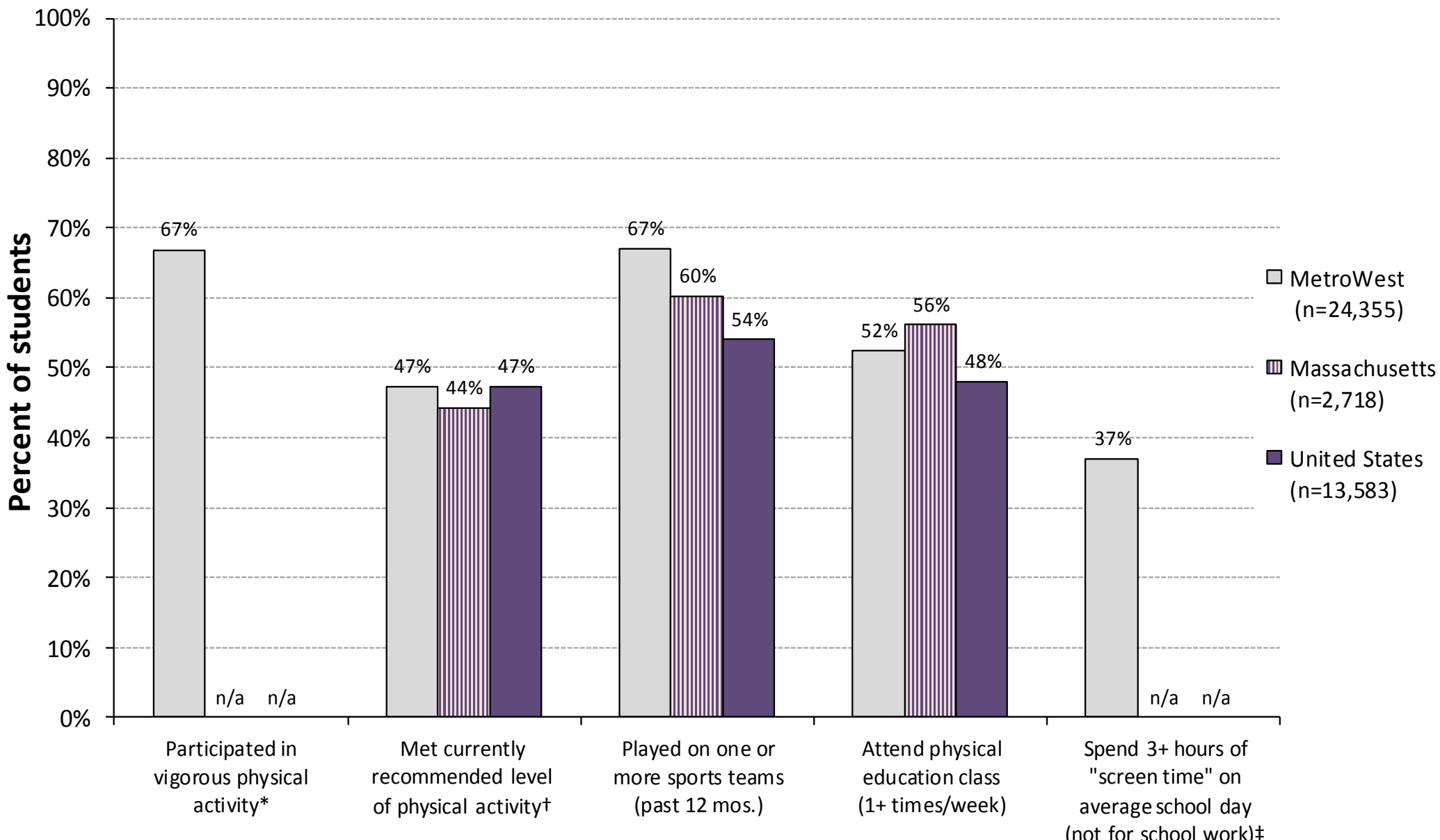


\* Exercised for at least 20 minutes that made you sweat and breathe hard on three or more days per week

† Physically active for ≥ 60 minutes/day on ≥ 5 of the past 7 days; includes physical activity that increases your heart rate and makes you breathe hard some of the time

‡ Includes watching TV, going on the Internet, playing video games, or using a computer, tablet, or smartphone

**Figure 7-3D. Physical Activity at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* Exercised for at least 20 minutes that made you sweat and breathe hard on three or more days per week

† Physically active for ≥ 60 minutes/day on ≥ 5 of the past 7 days; includes physical activity that increases your heart rate and makes you breathe hard some of the time

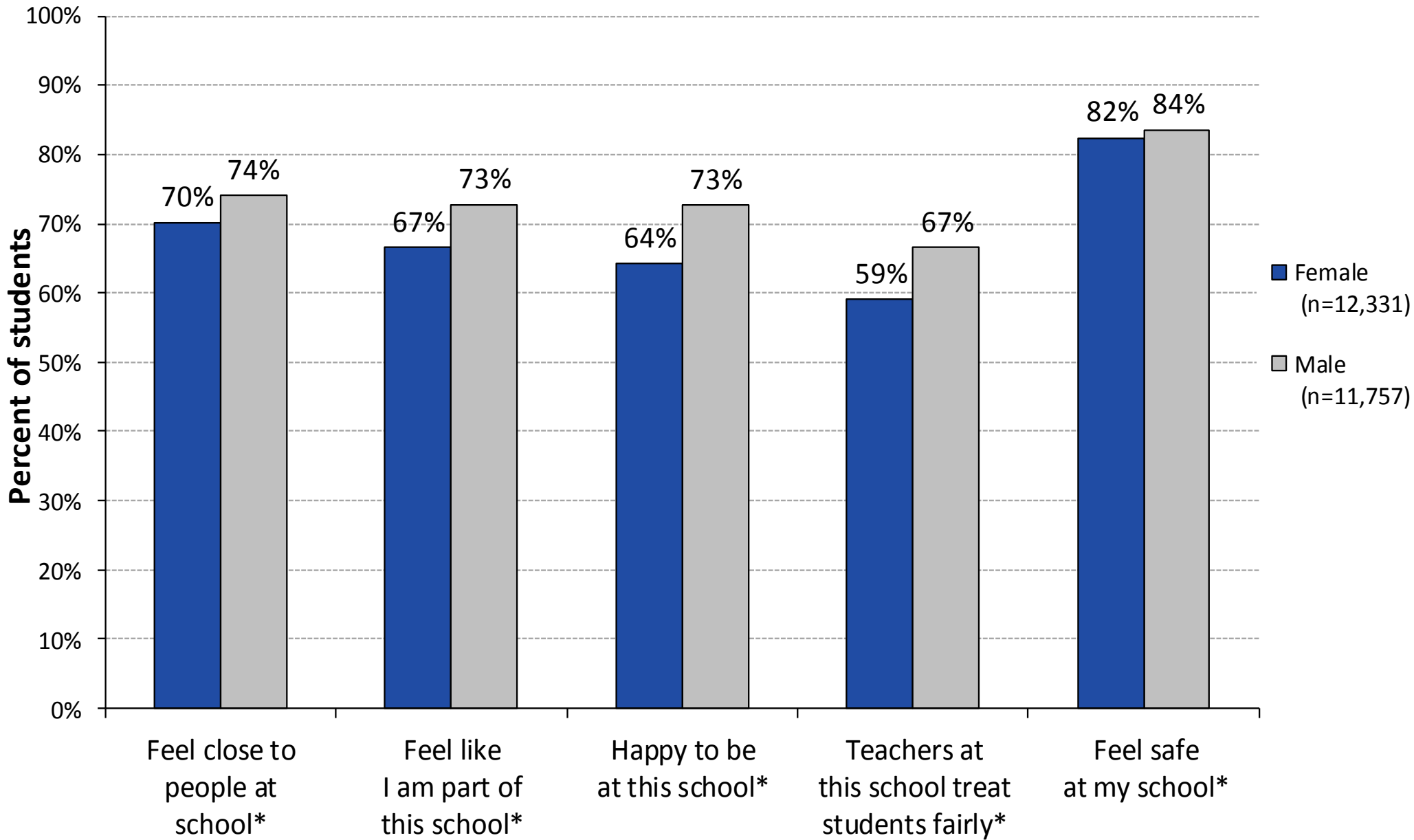
‡ Includes watching TV, going on the Internet, playing video games, or using a computer, tablet, or smartphone



# Figure 8-1A. School Attachment by Gender, 2014

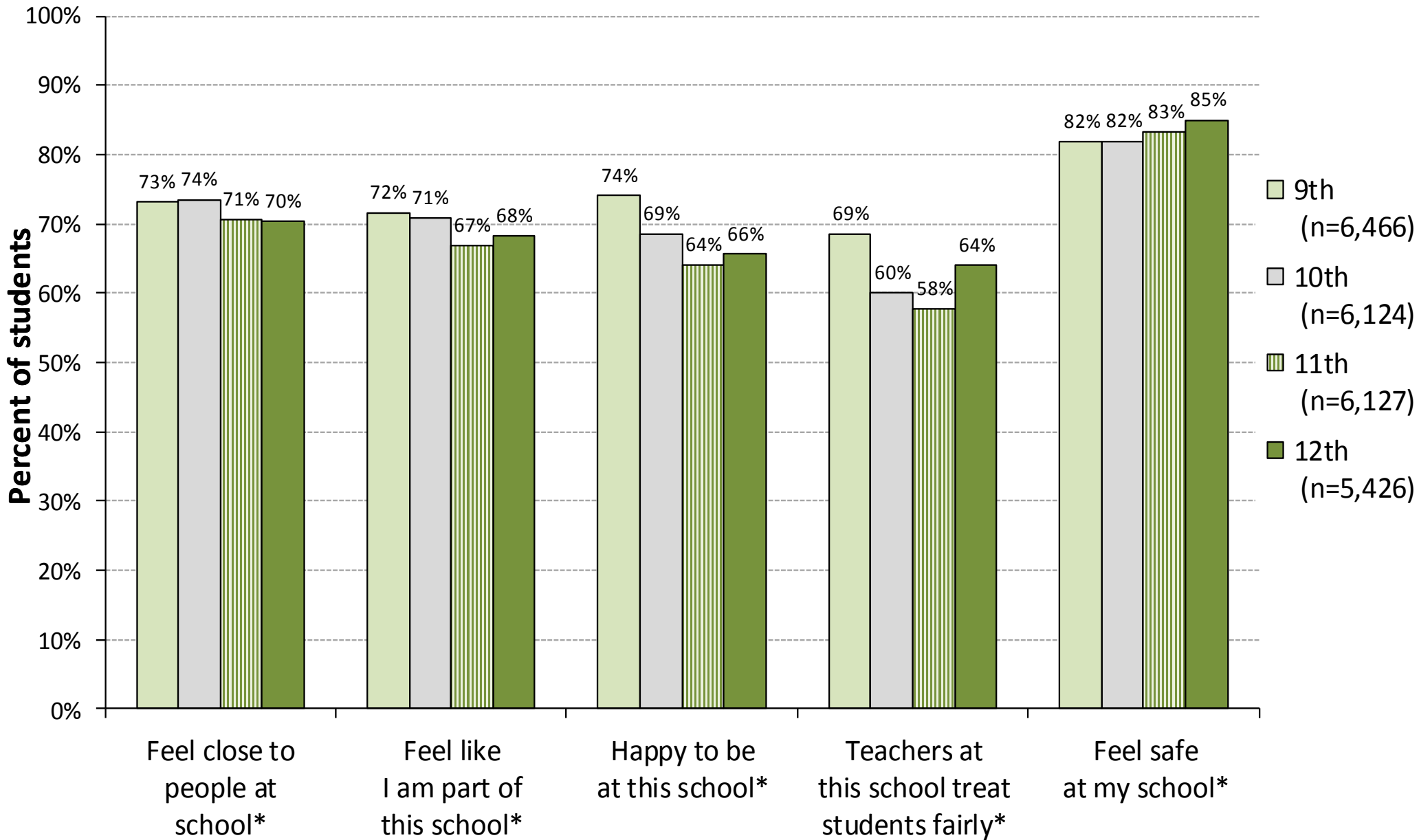
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Answered either "agree" or "strongly agree"

**Figure 8-1B. School Attachment by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

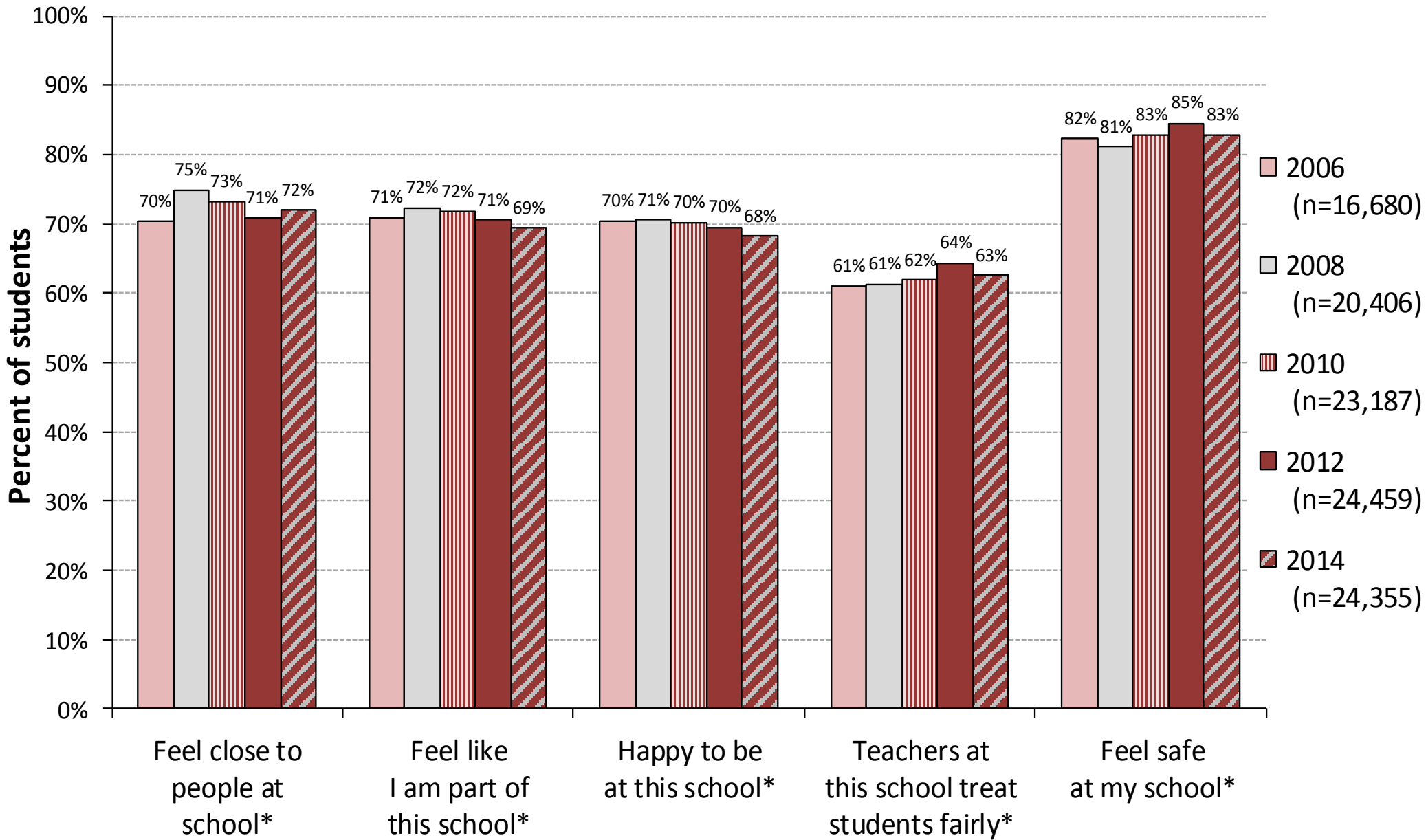


\* Answered either "agree" or "strongly agree"

# Figure 8-1C. Trends in School Attachment, 2006-2014

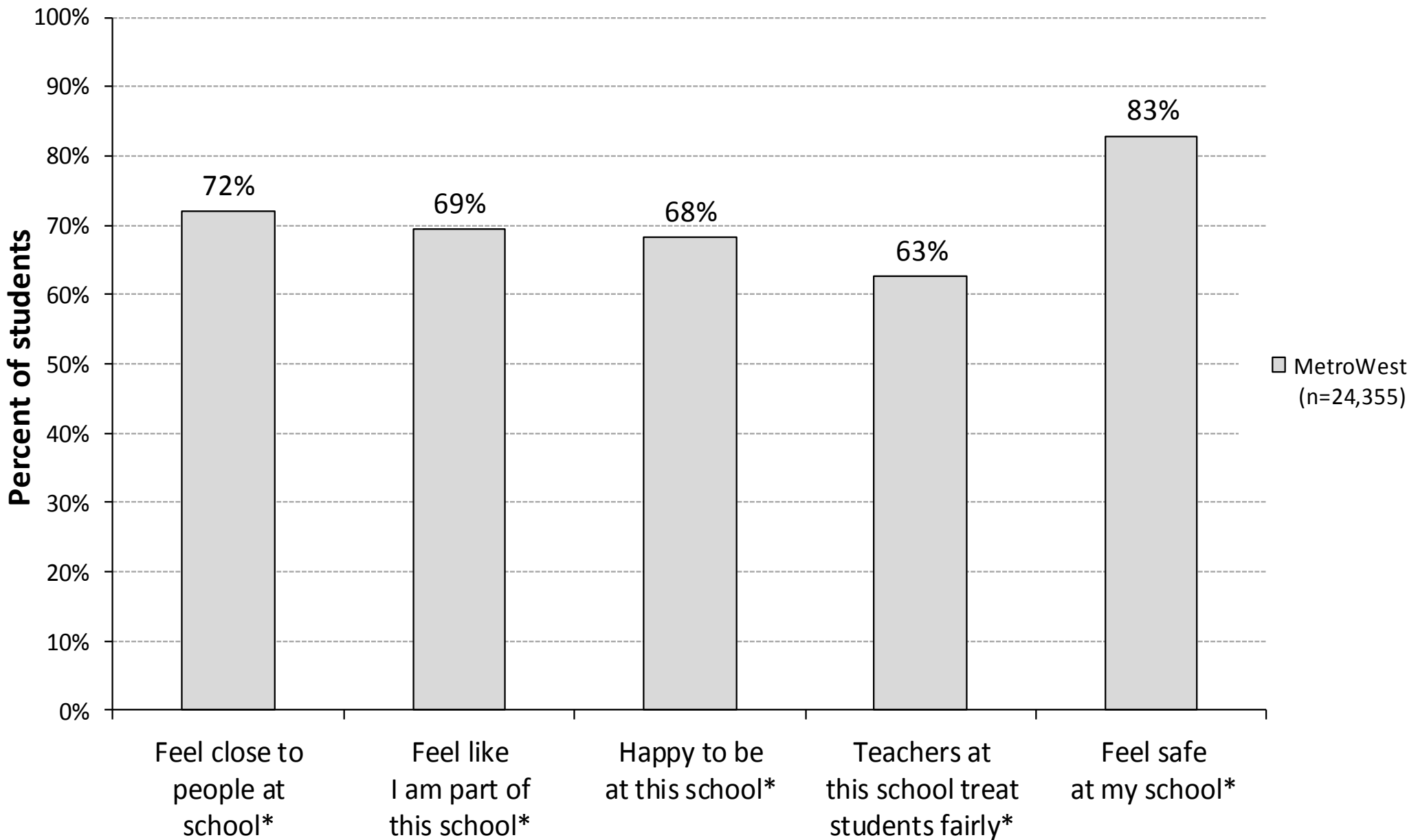
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Answered either "agree" or "strongly agree"

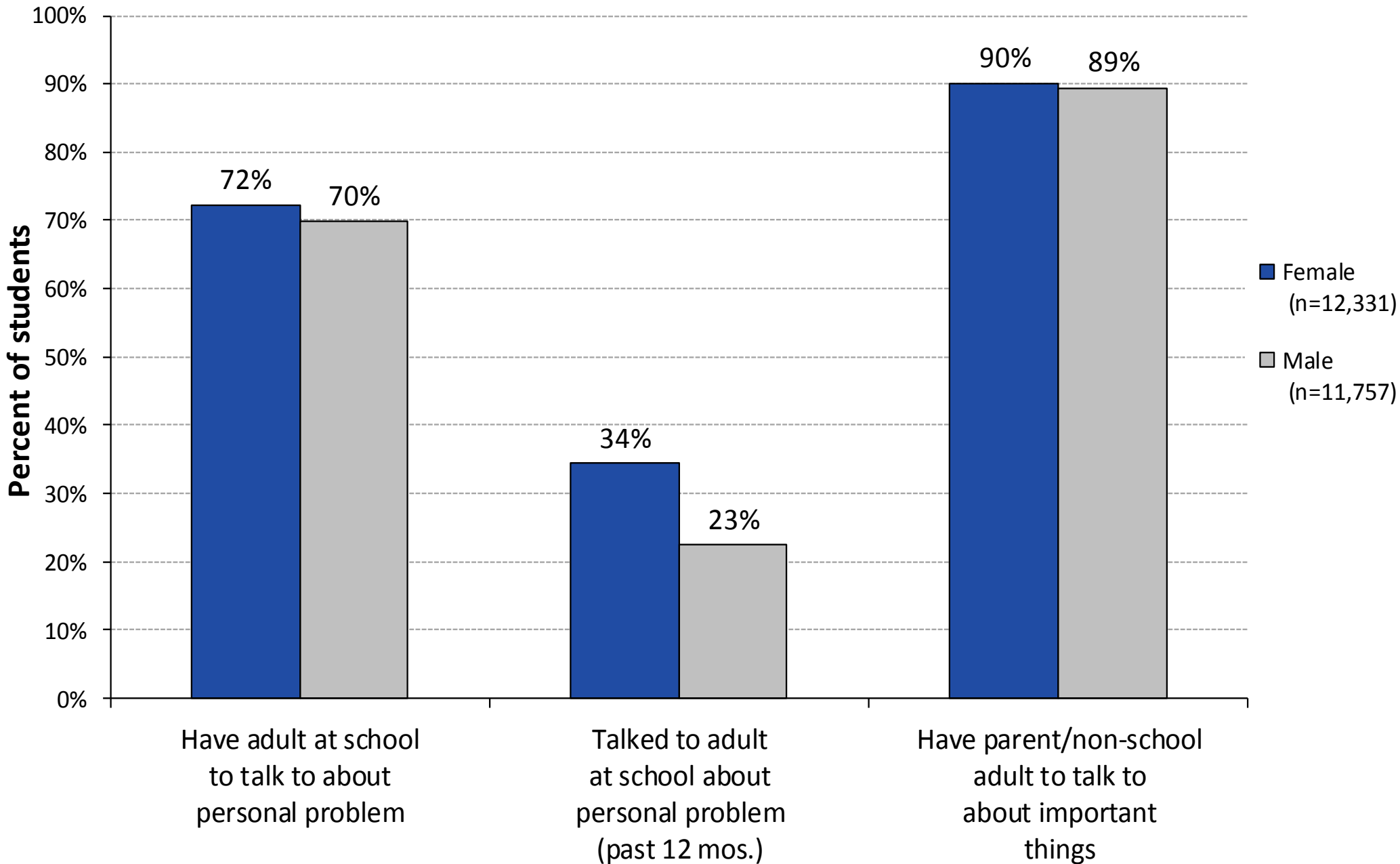
**Figure 8-1D. School Attachment at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



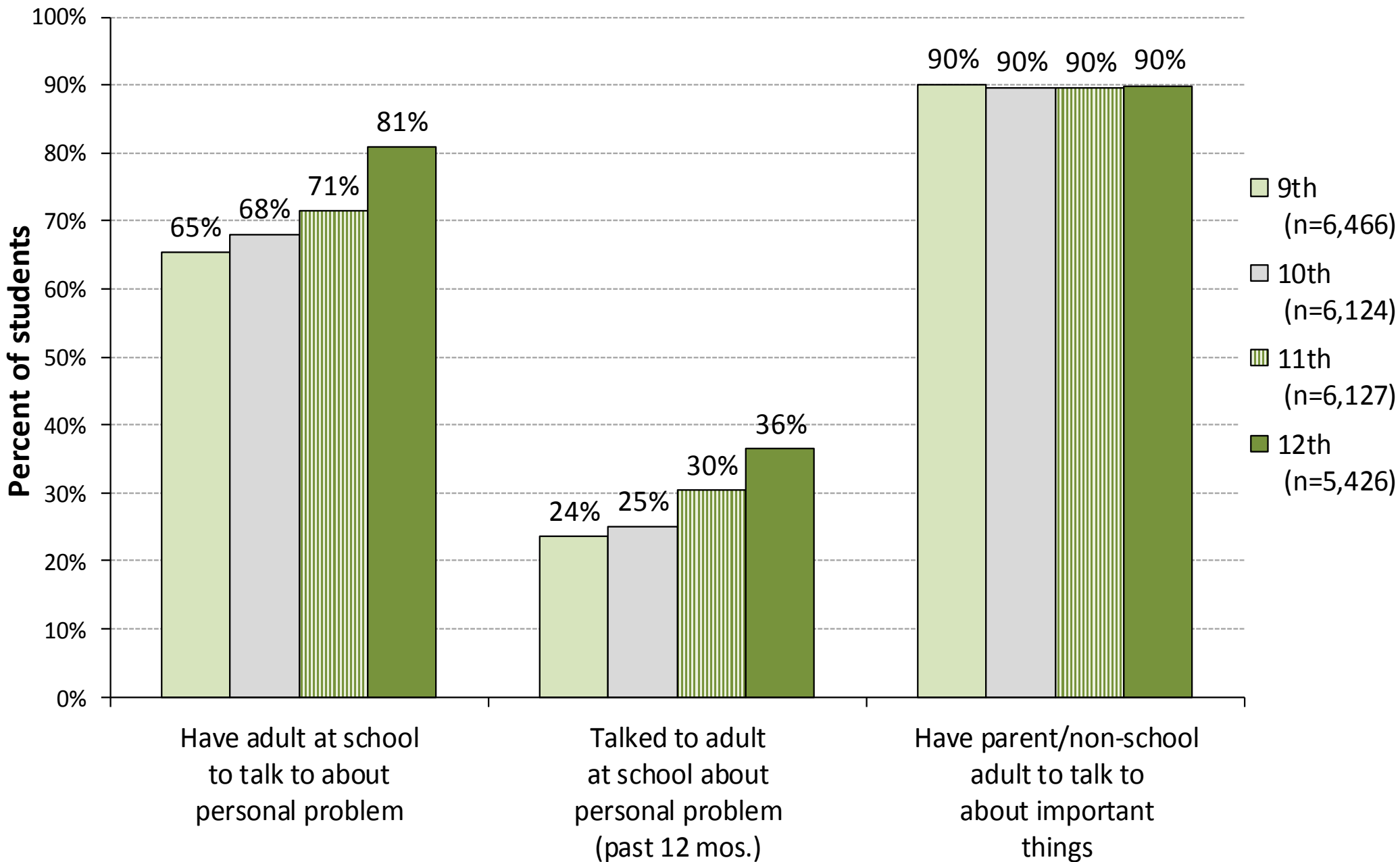
□ MetroWest  
(n=24,355)

\* Answered either "agree" or "strongly agree"

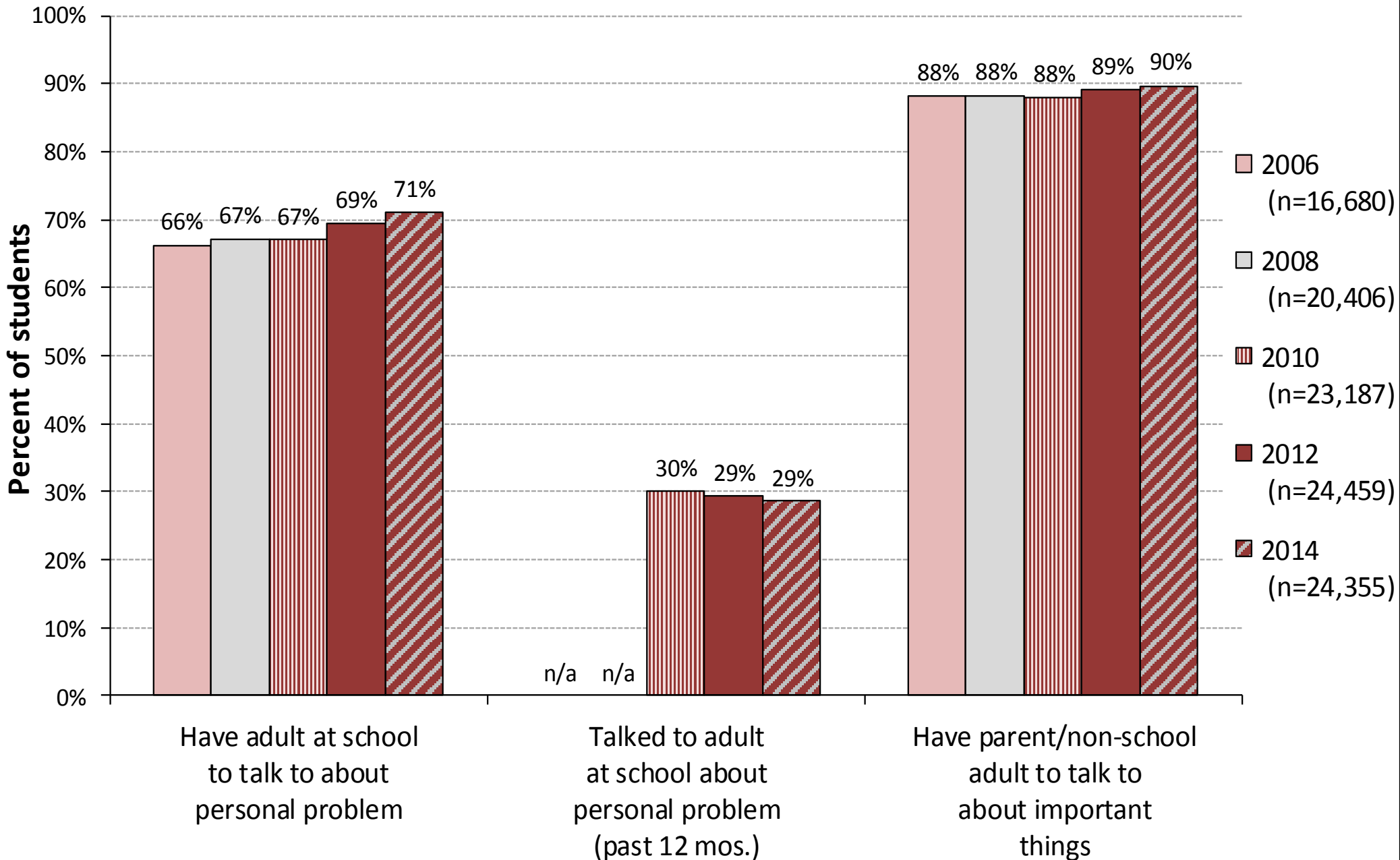
**Figure 8-2A. Adult Support by Gender, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



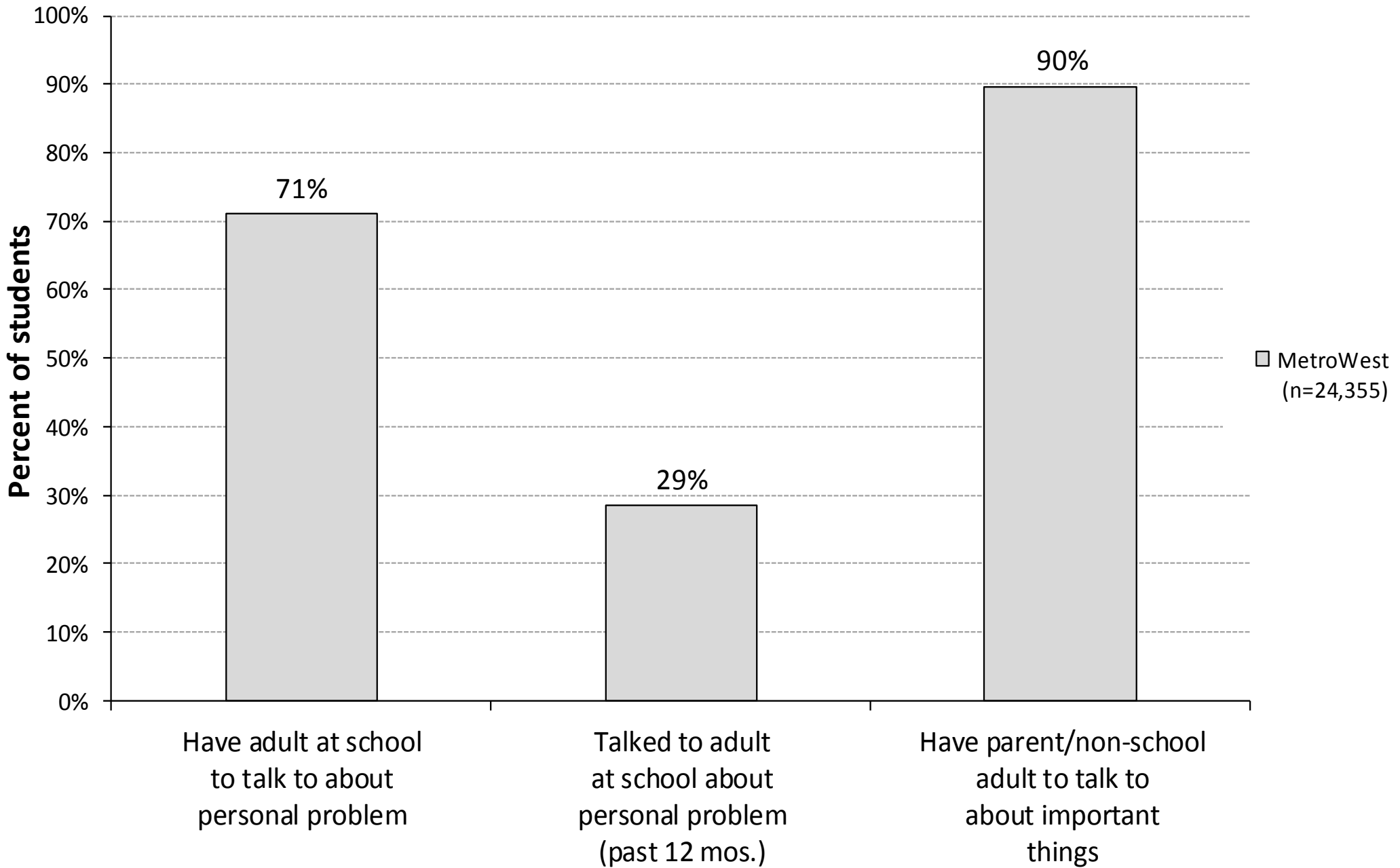
**Figure 8-2B. Adult Support by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



**Figure 8-2C. Trends in Adult Support, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



**Figure 8-2D. Adult Support at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

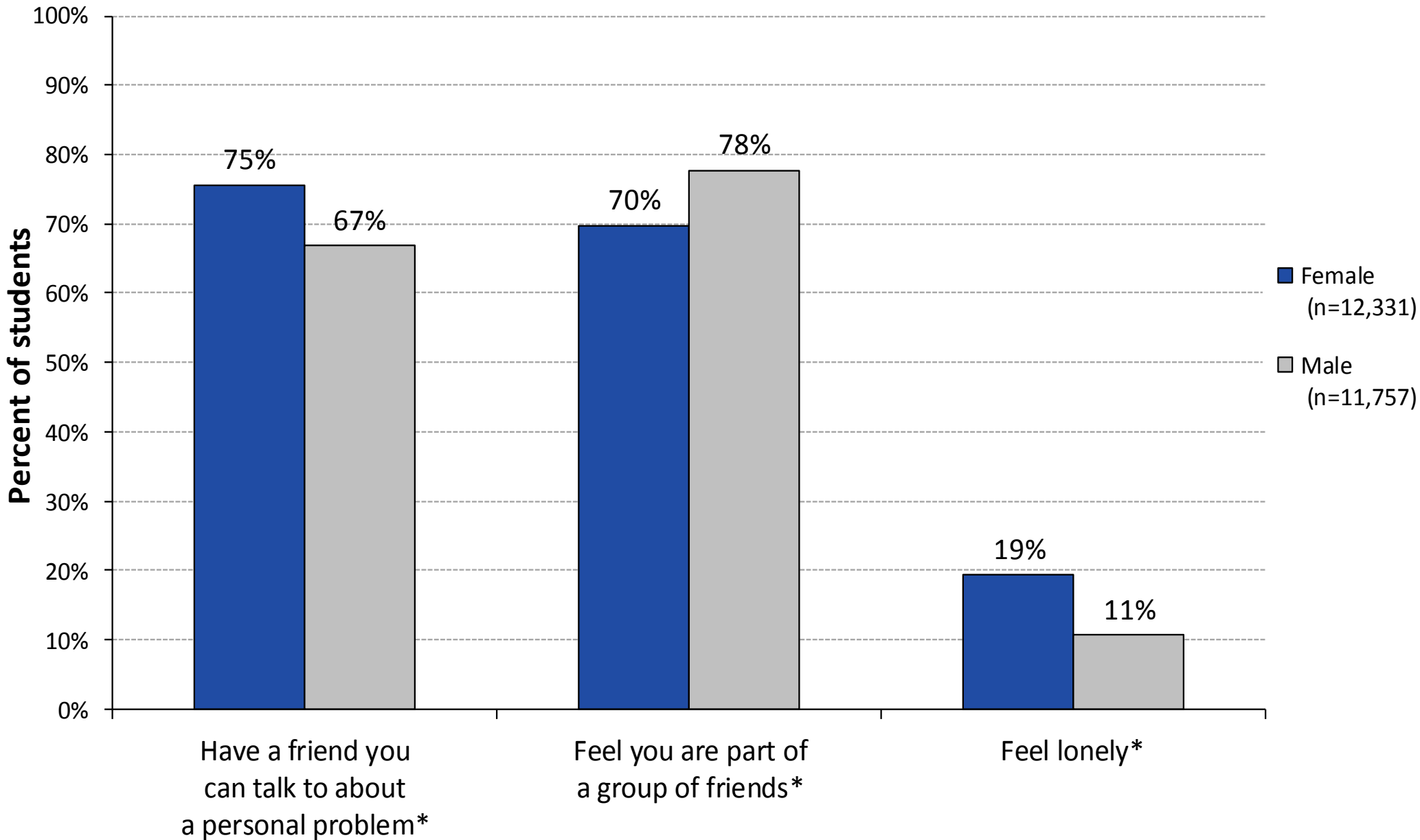




# Figure 8-3A. Peer Support by Gender, 2014

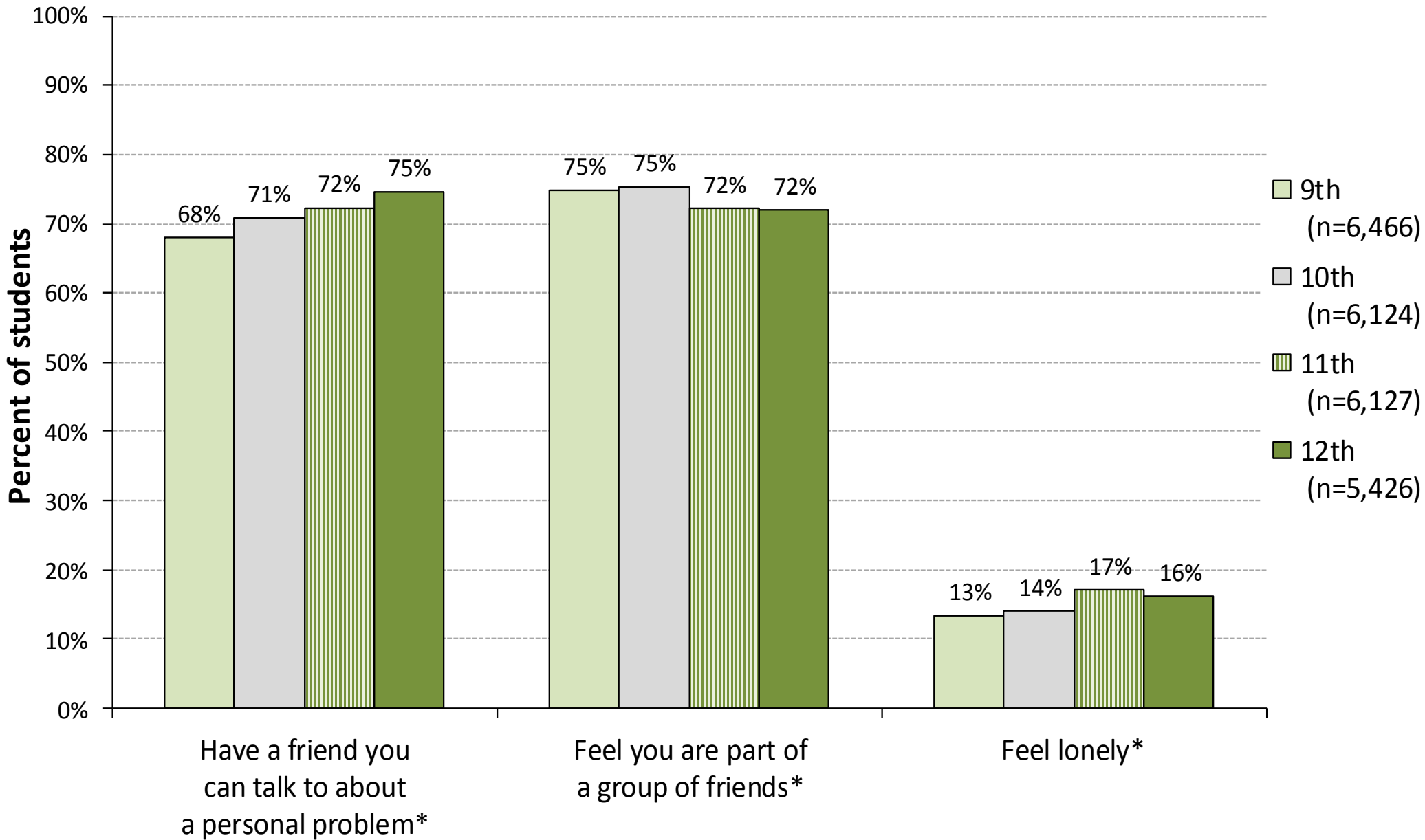
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Student responded "most of the time" or "all of the time"

**Figure 8-3B. Peer Support by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

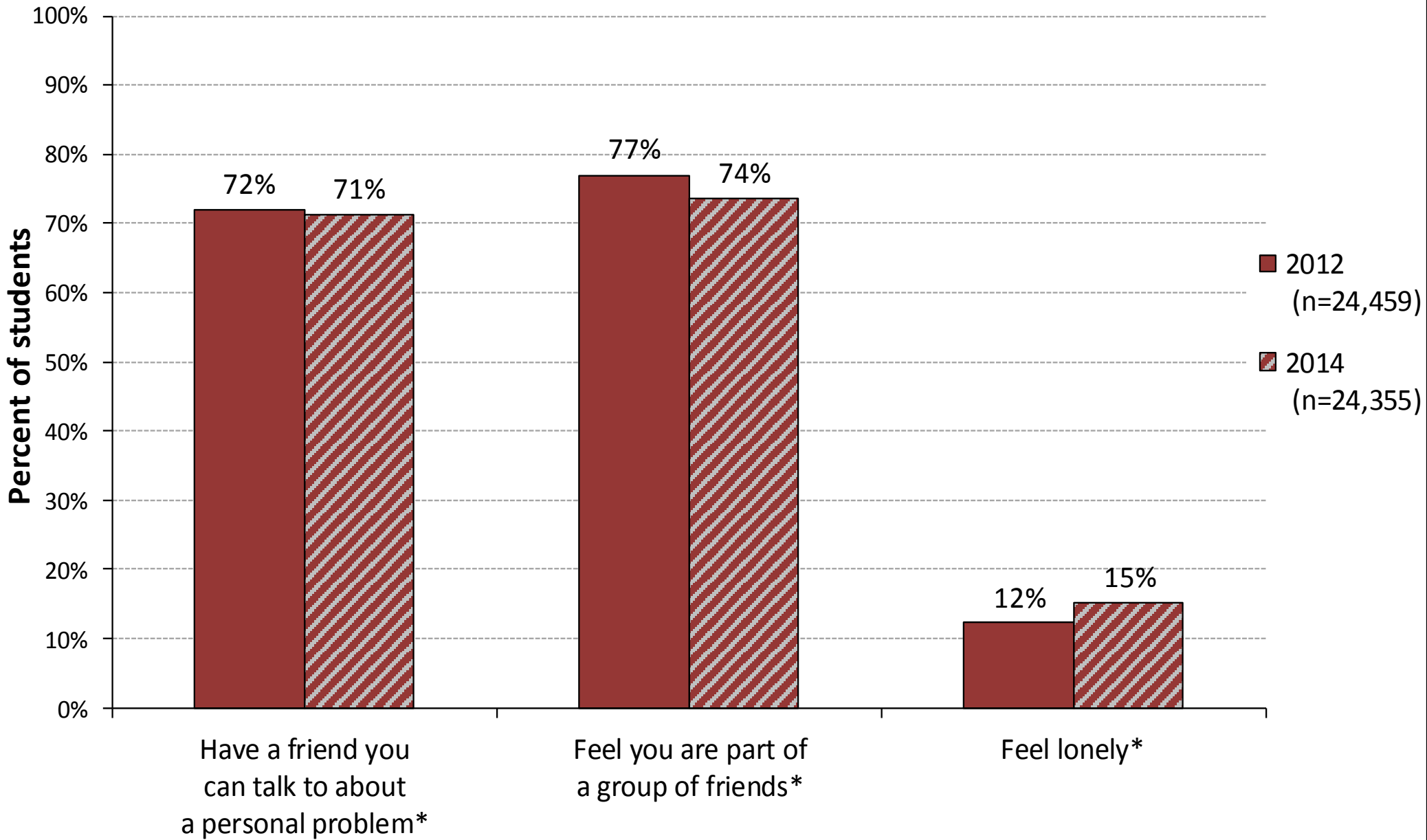


\* Student responded "most of the time" or "all of the time"

# Figure 8-3C. Trends in Peer Support, 2012-2014

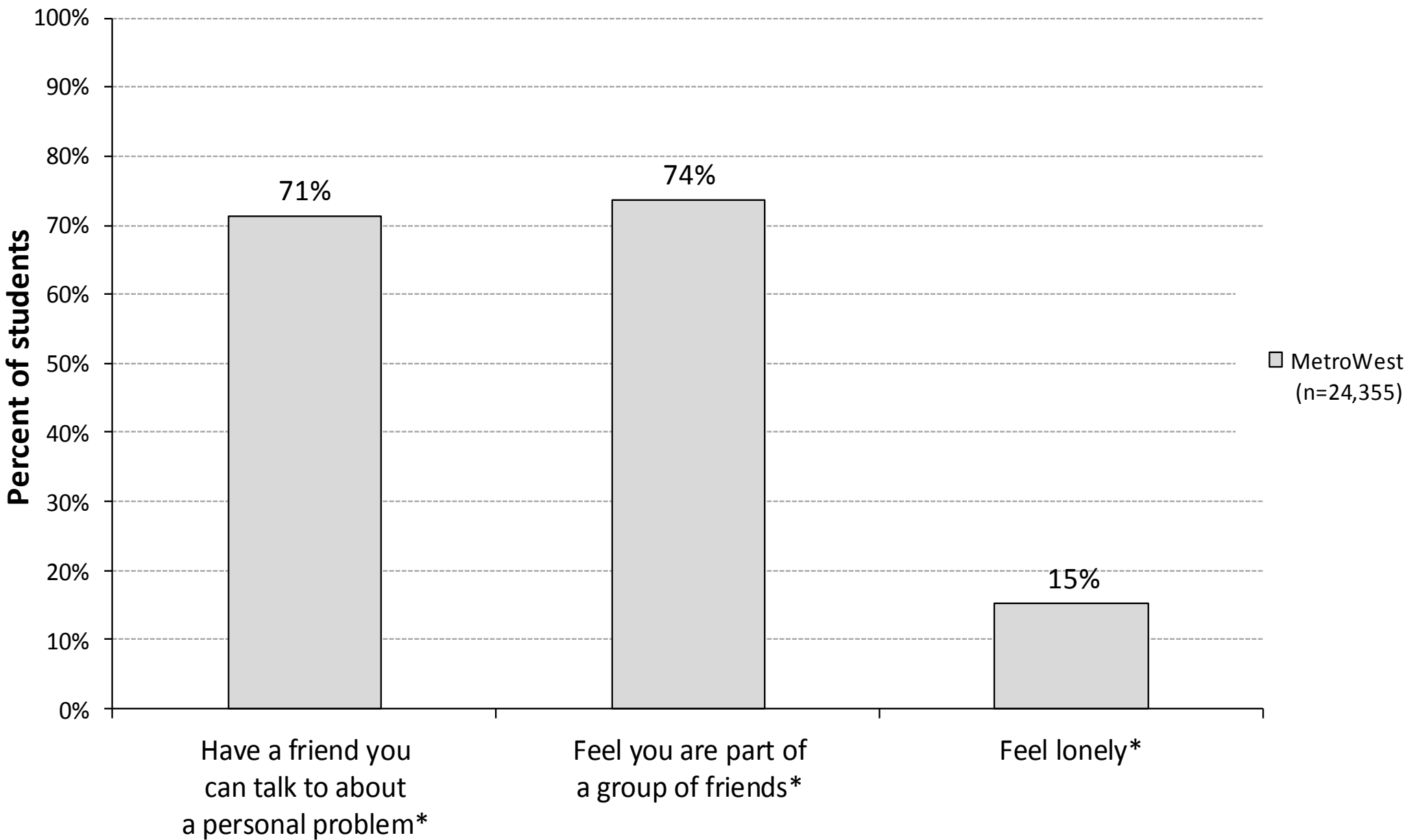
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Student responded "most of the time" or "all of the time"

**Figure 8-3D. Peer Support at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

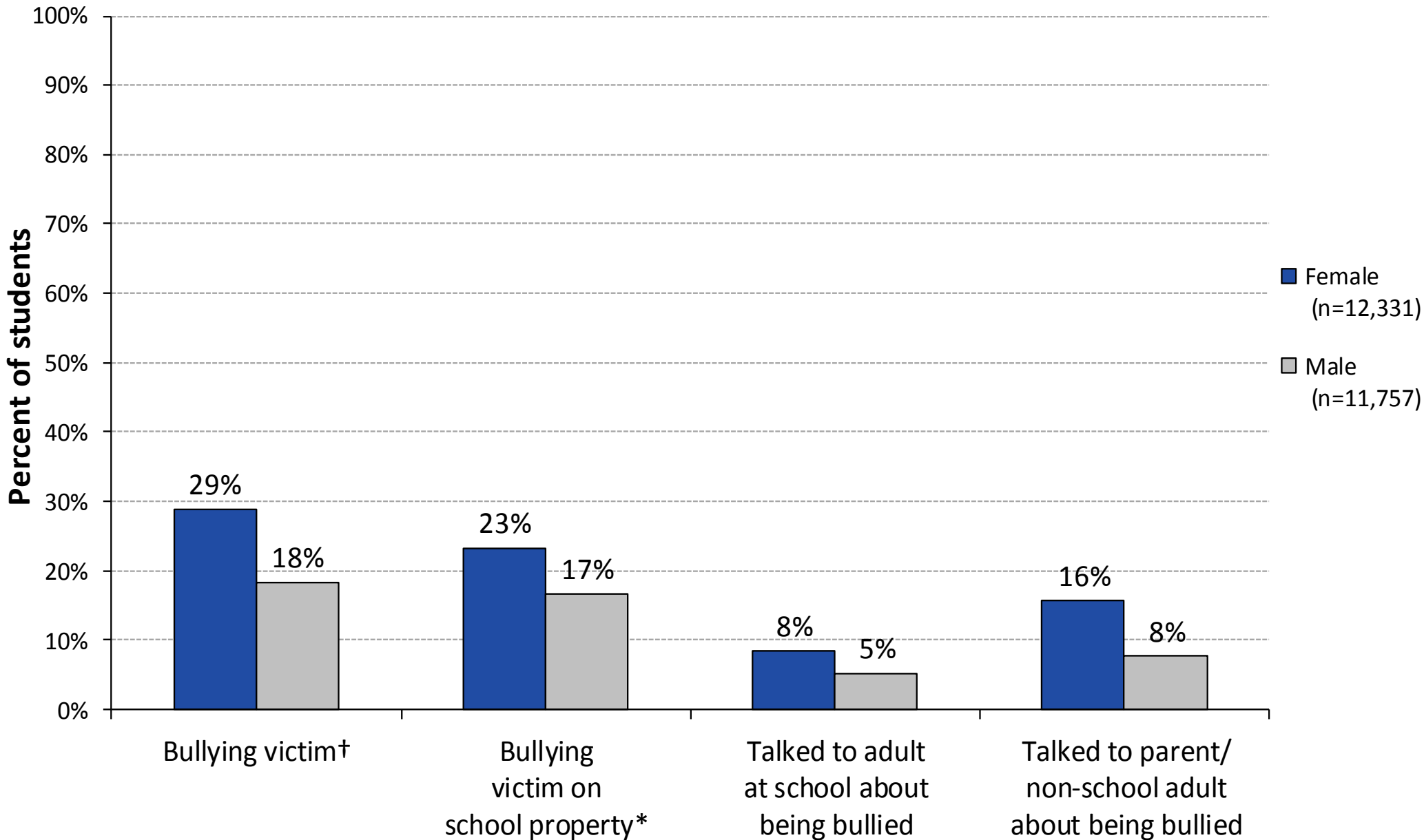


\* Student responded "most of the time" or "all of the time"

# Figure 8-4A. Bullying and Adult Support\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



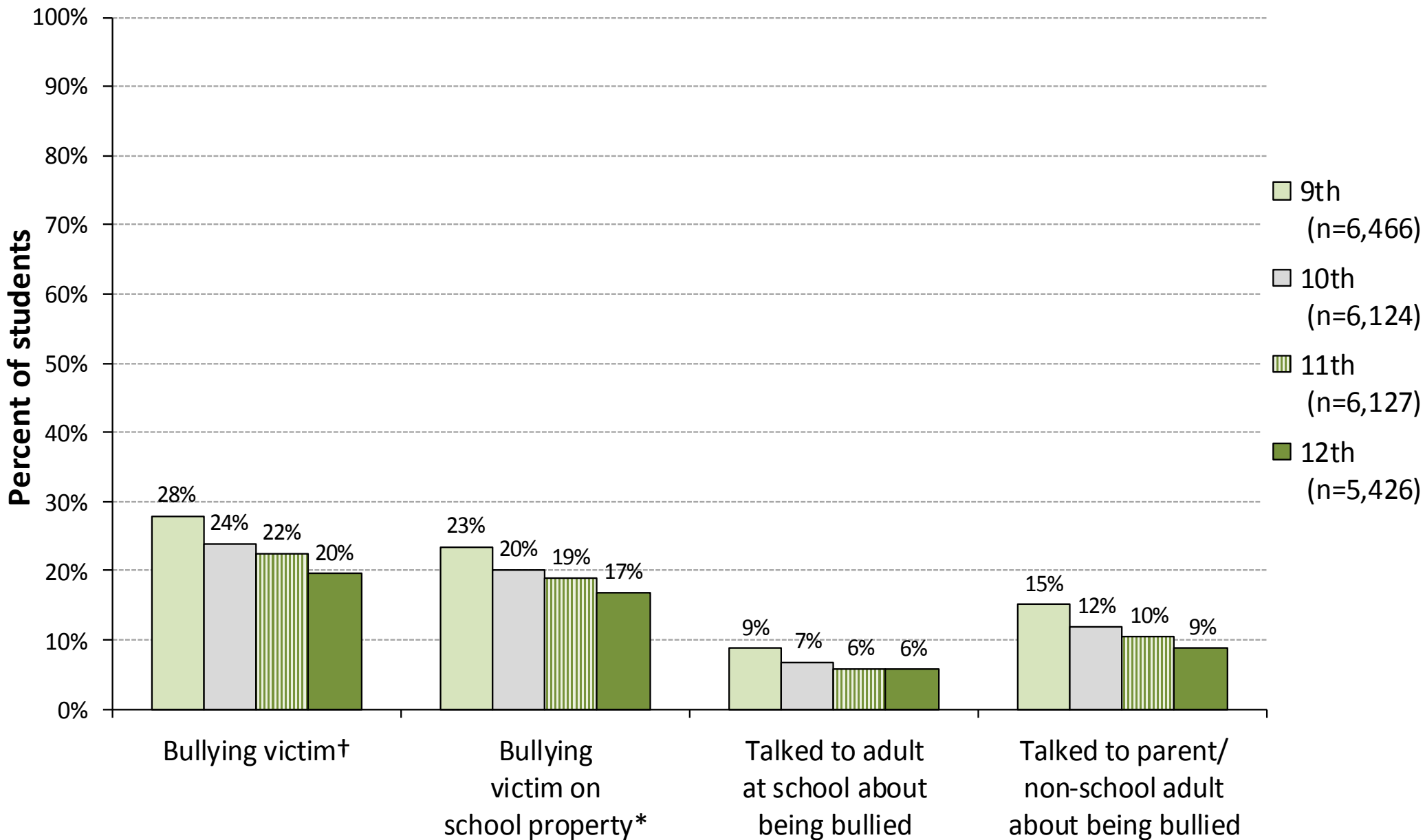
\* In the past 12 months

† Bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 8-4B. Bullying and Adult Support\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



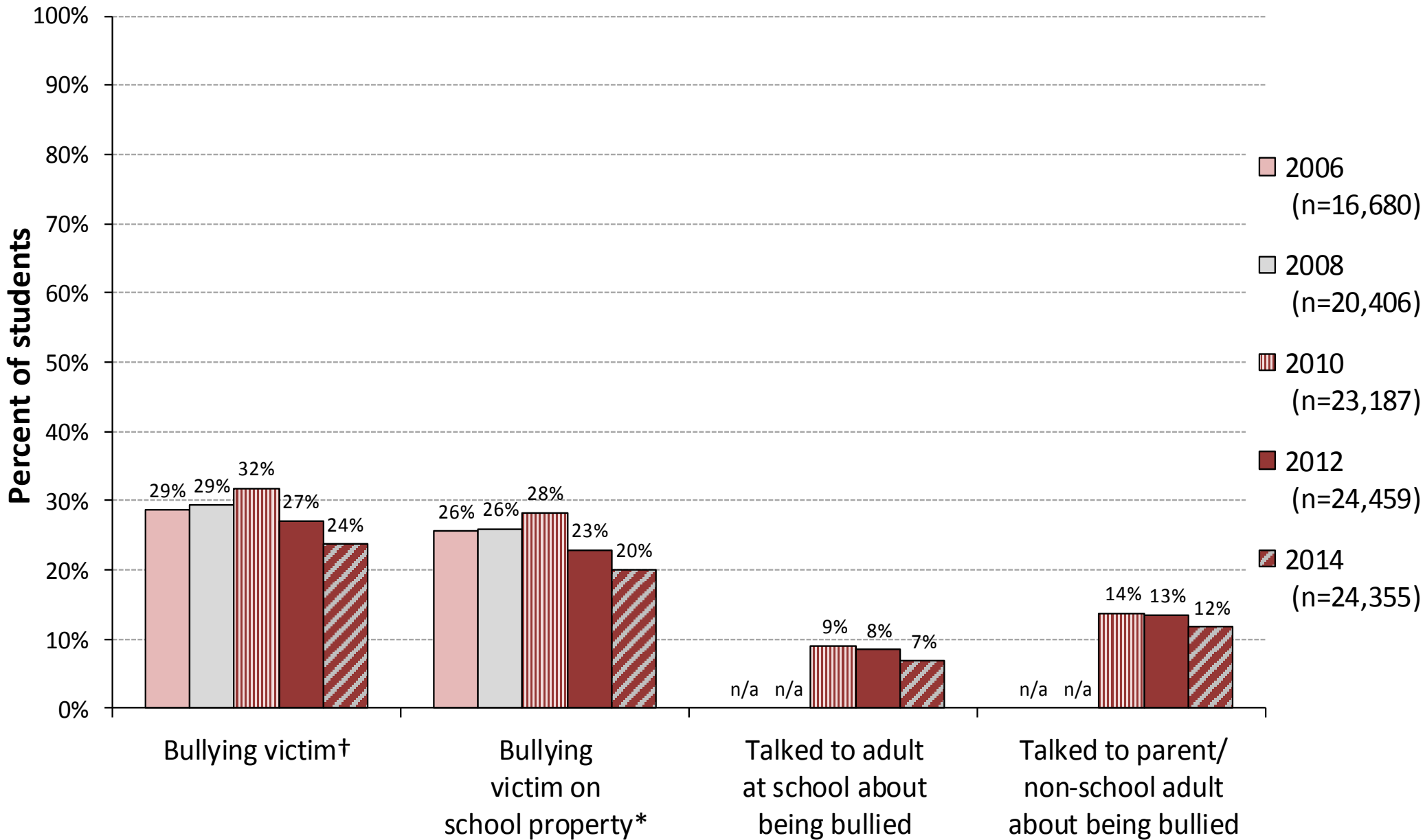
\* In the past 12 months

† Bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 8-4C. Trends in Bullying and Adult Support,\* 2006-2014

## MetroWest Region High School Students (Grades 9-12)

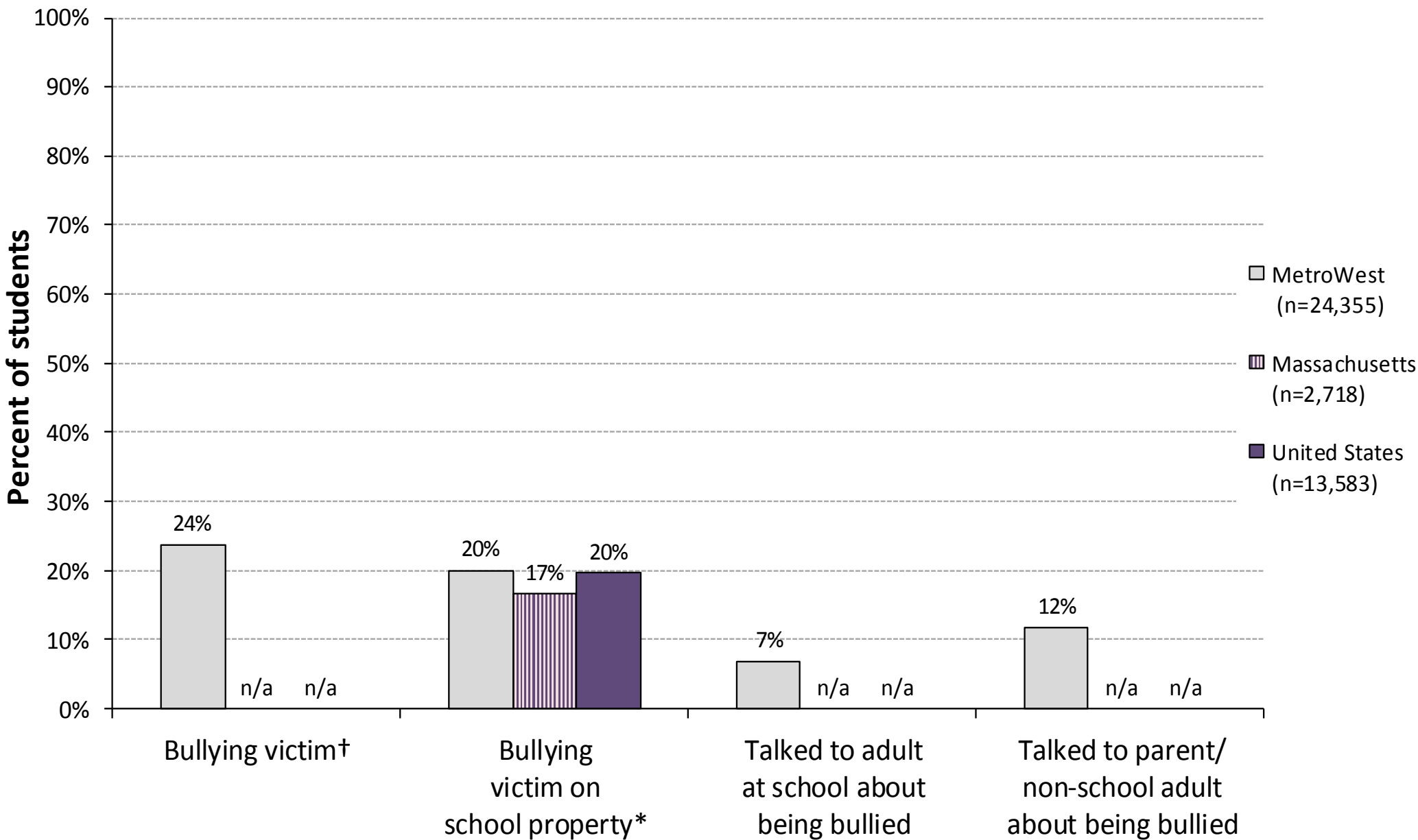
*MetroWest Adolescent Health Survey*



\* In the past 12 months

† Bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

**Figure 8-4D. Bullying and Adult Support\* at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* In the past 12 months

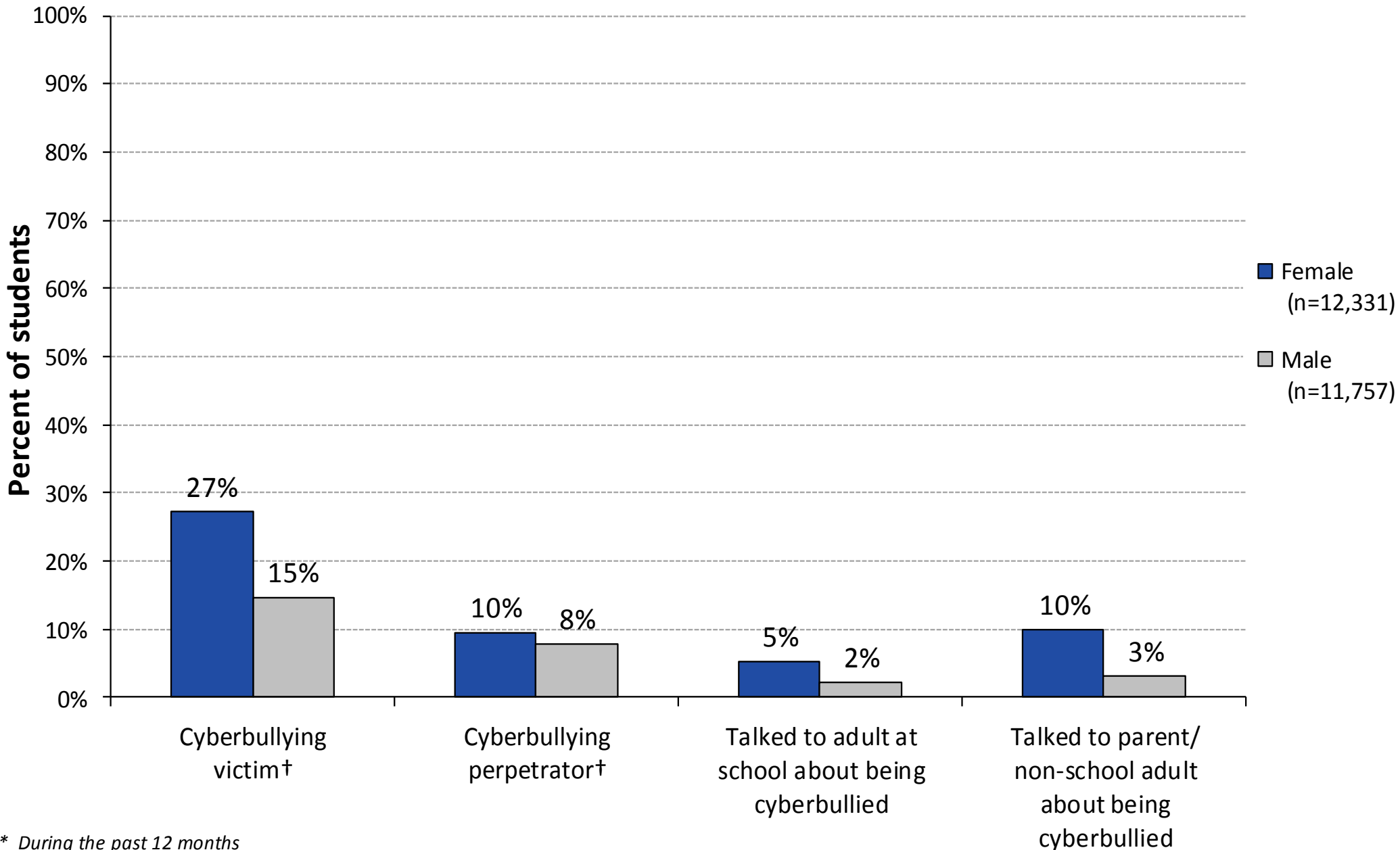
† Bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again



# Figure 8-5A. Cyberbullying and Adult Support\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



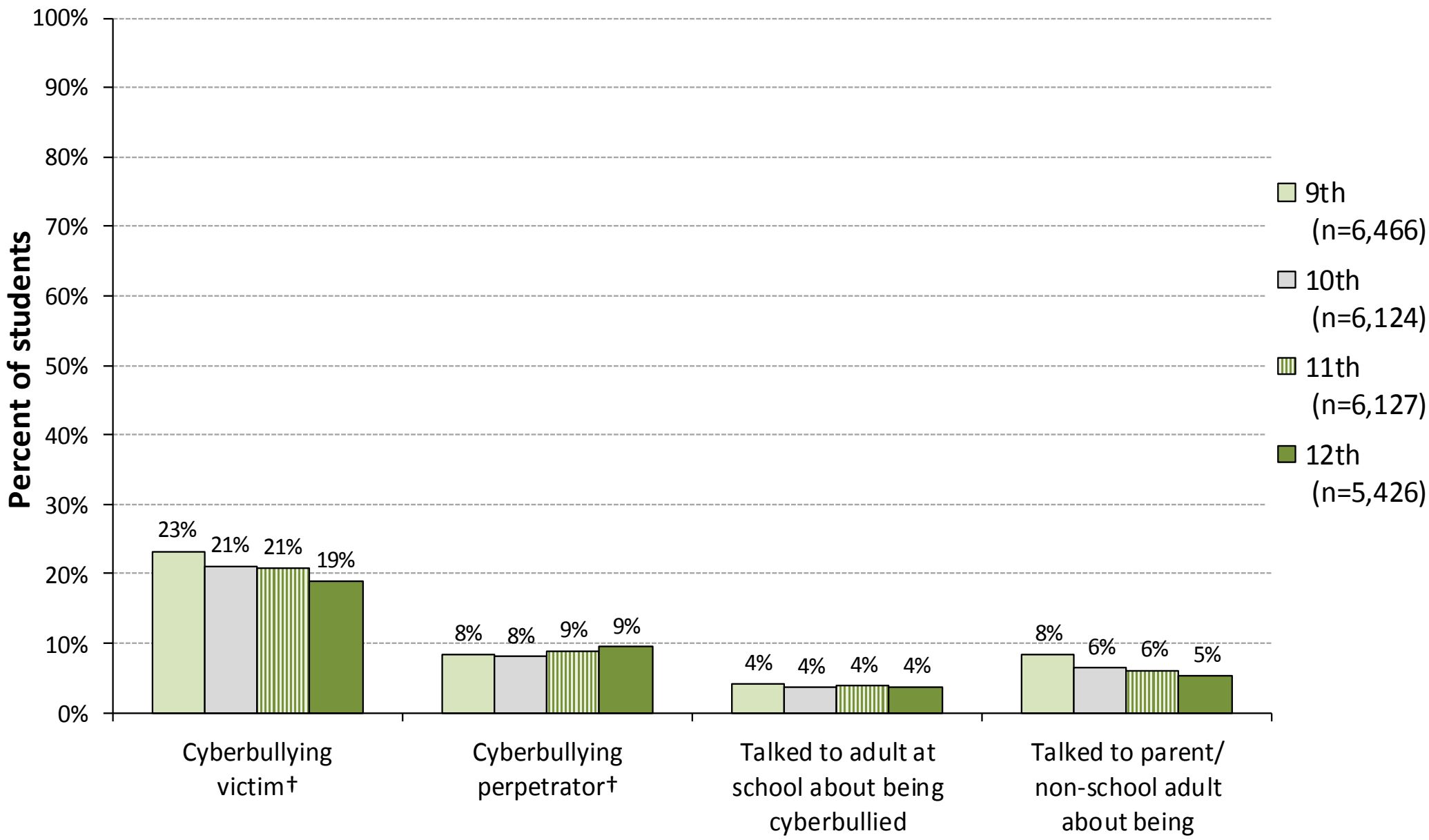
\* During the past 12 months

† Cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 8-5B. Cyberbullying and Adult Support\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



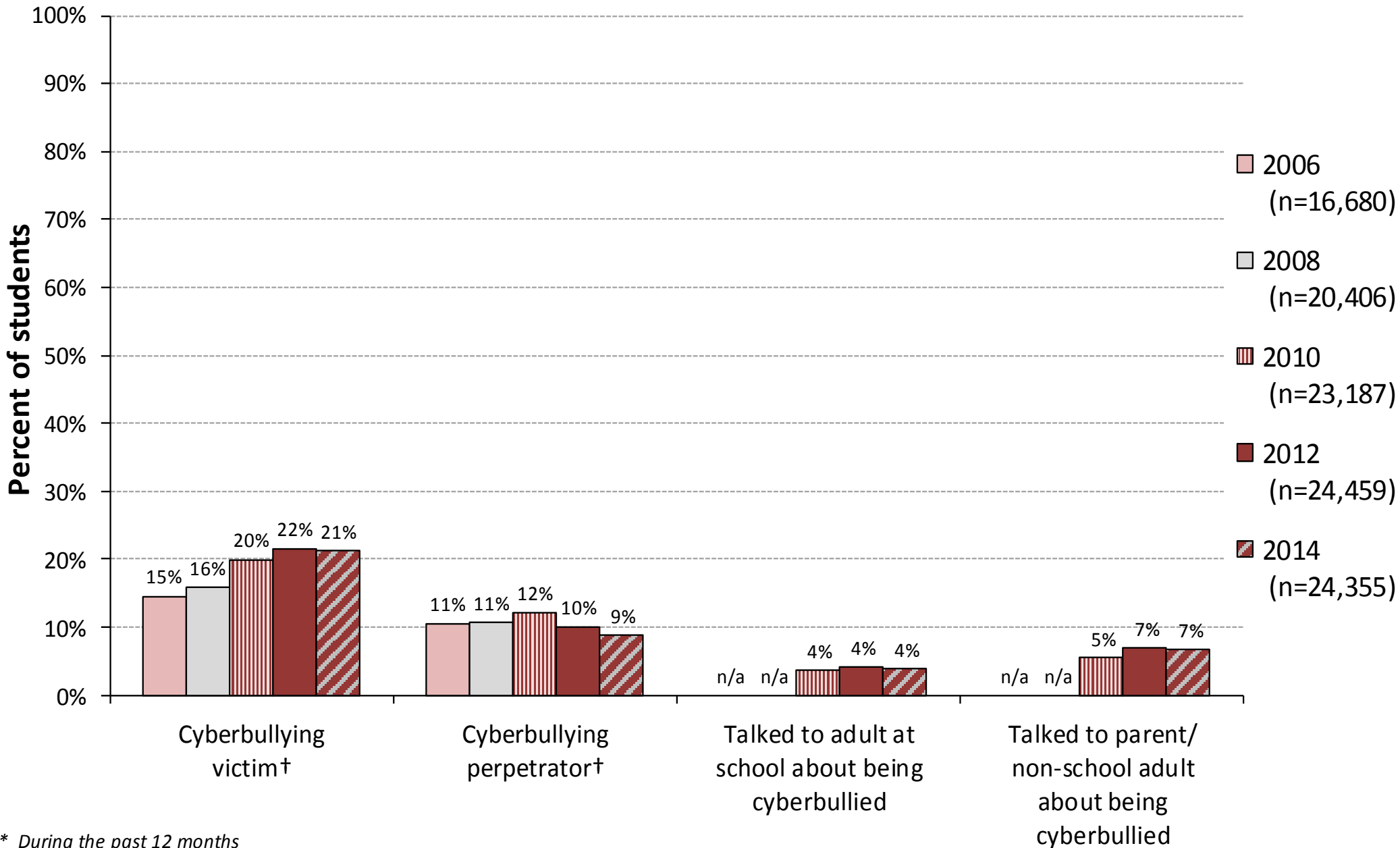
\* During the past 12 months

† Cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

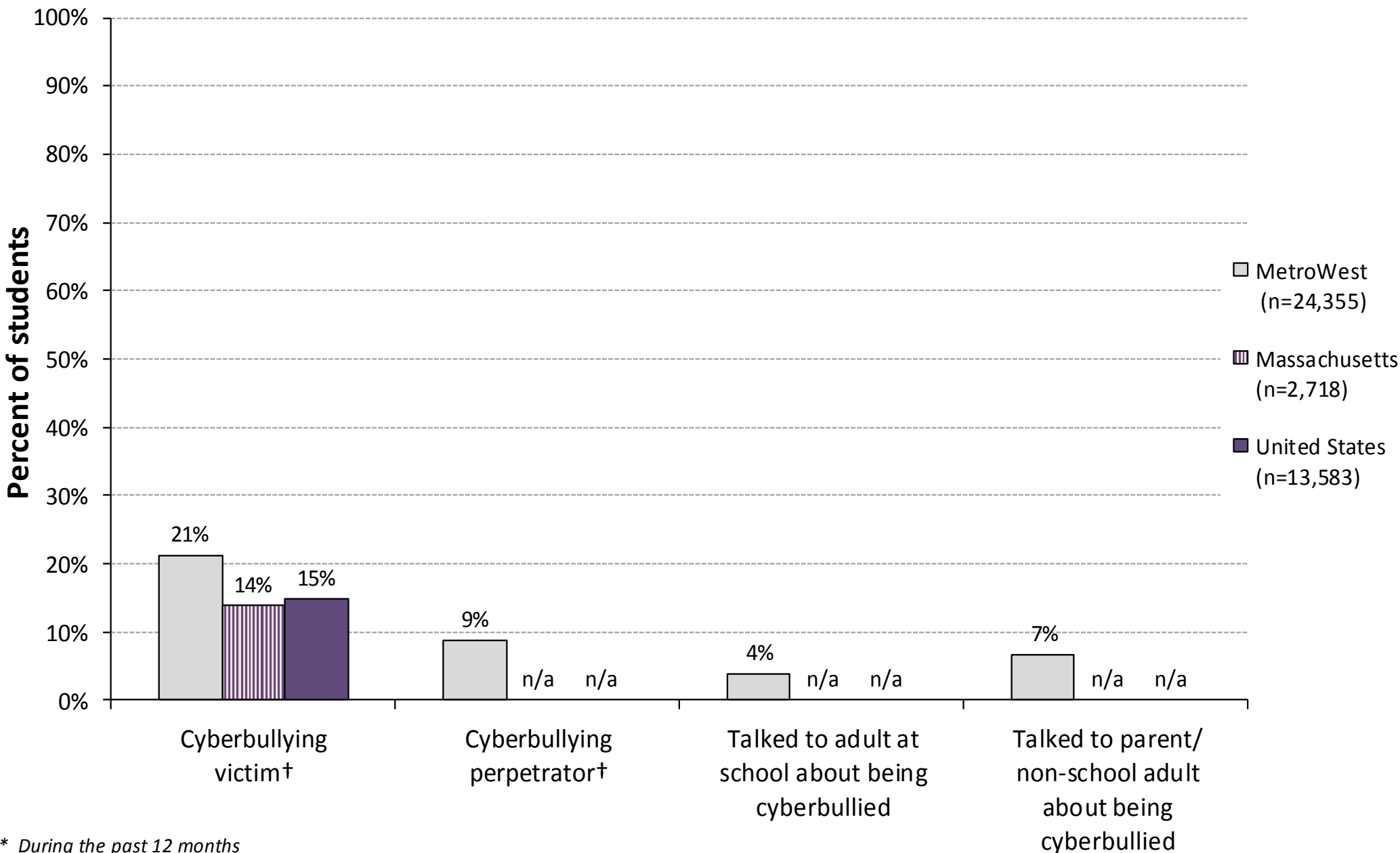
# Figure 8-5C. Trends in Cyberbullying and Adult Support,\* 2006-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



**Figure 8-5D. Cyberbullying and Adult Support\* at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



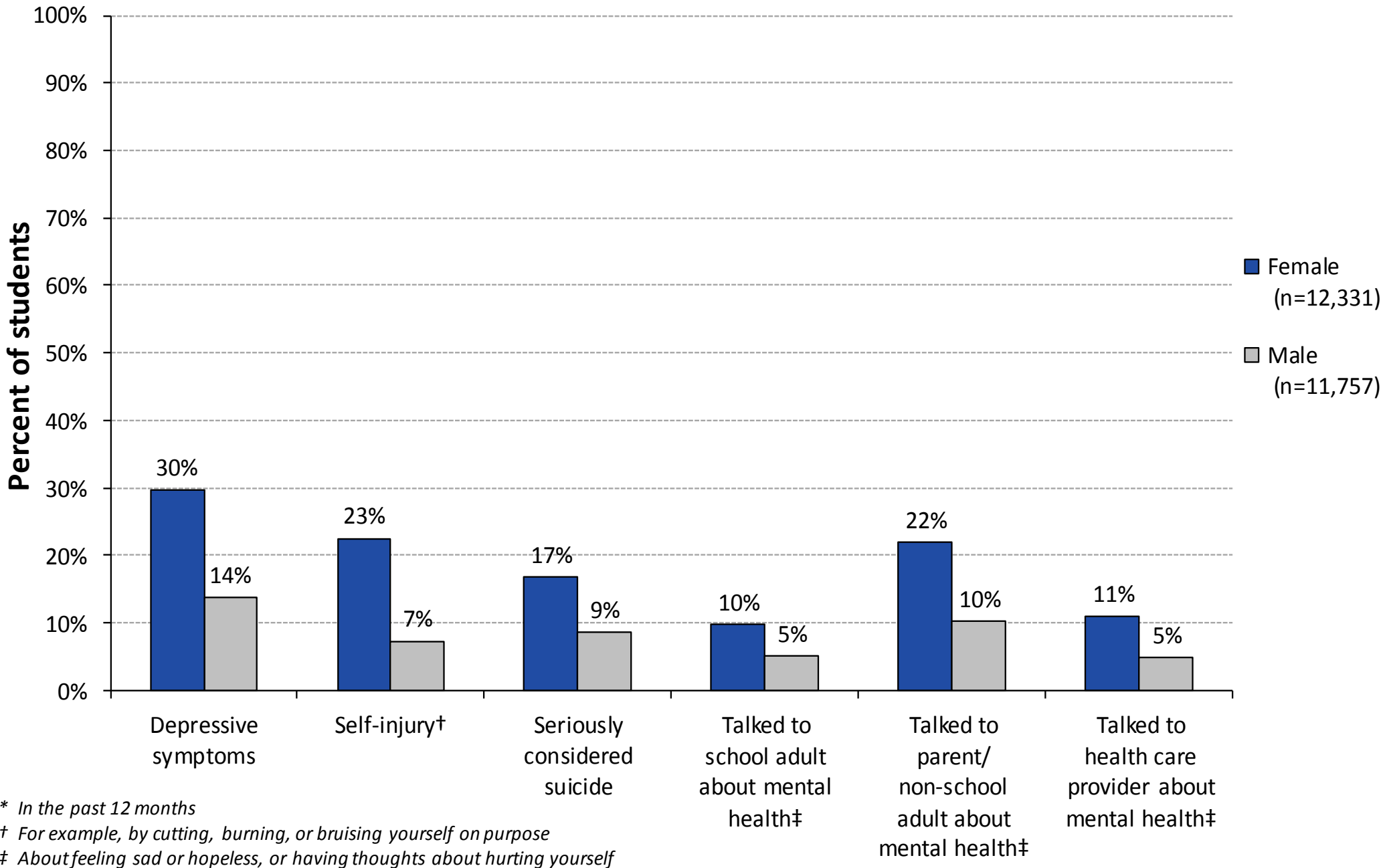
\* During the past 12 months

† Cyberbullying defined as using the Internet, cell phones, or other electronic devices to bully, tease, threaten or spread rumors about someone

# Figure 8-6A. Mental Health and Adult Support\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

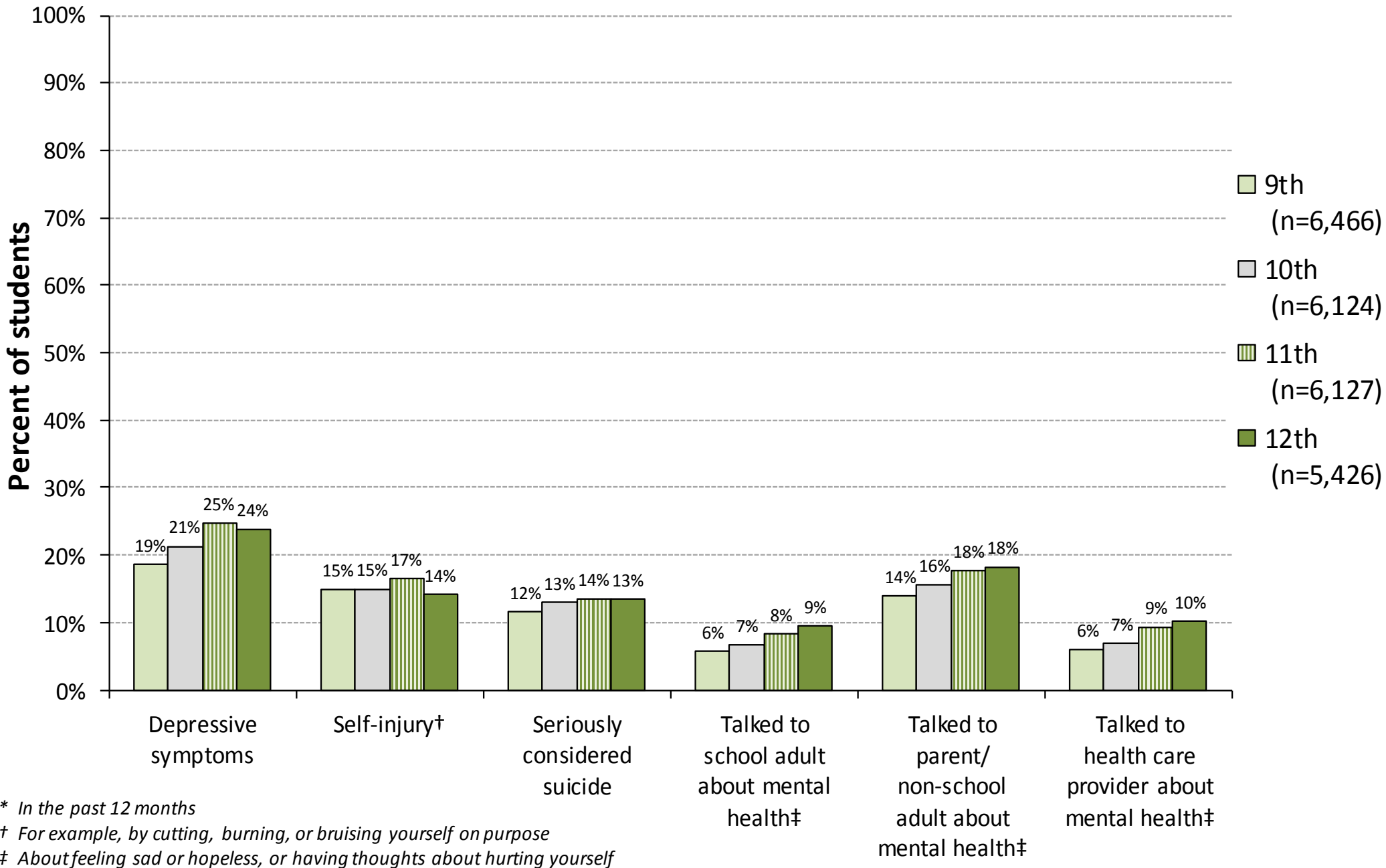
*MetroWest Adolescent Health Survey*



# Figure 8-6B. Mental Health and Adult Support\* by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

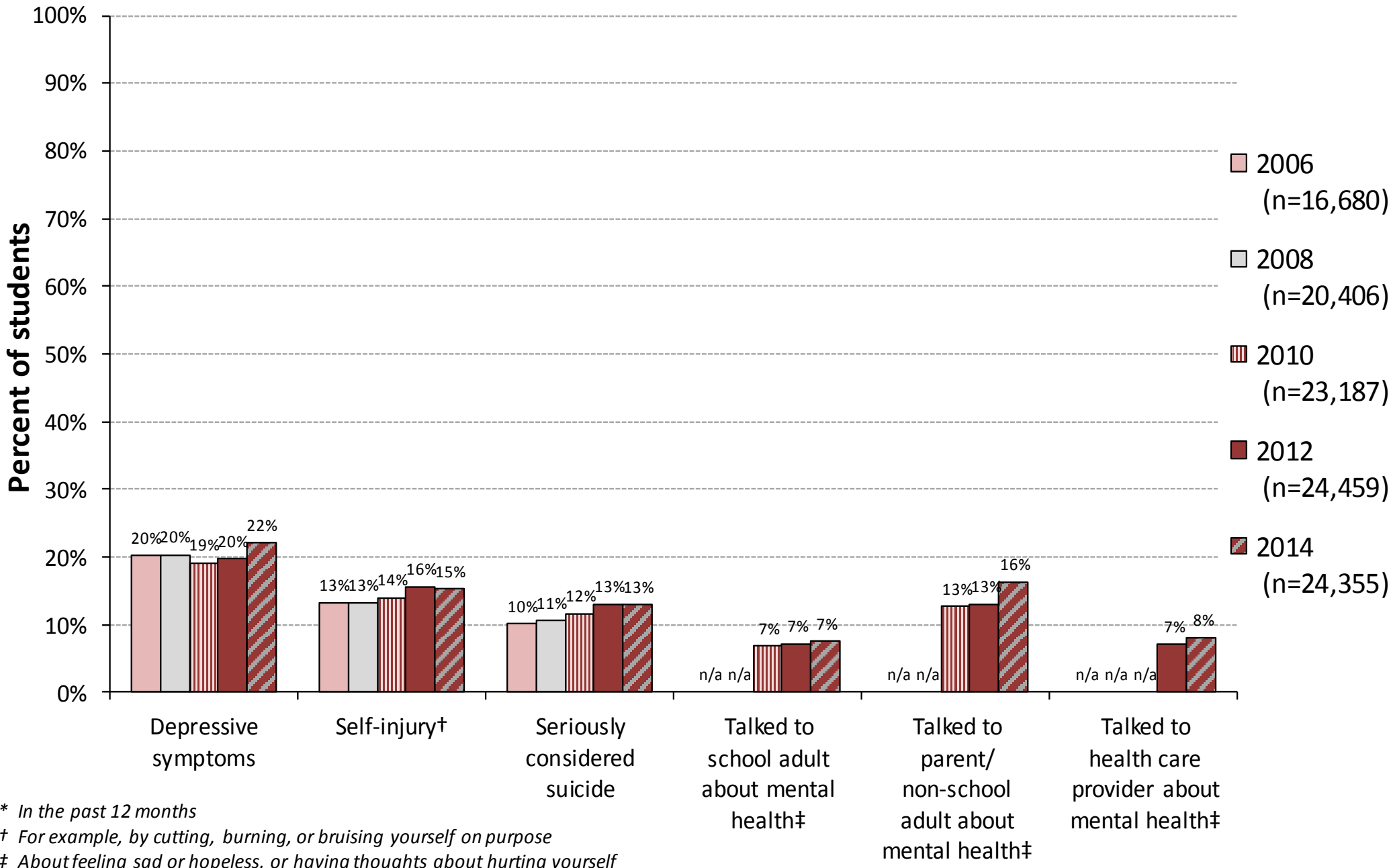
*MetroWest Adolescent Health Survey*



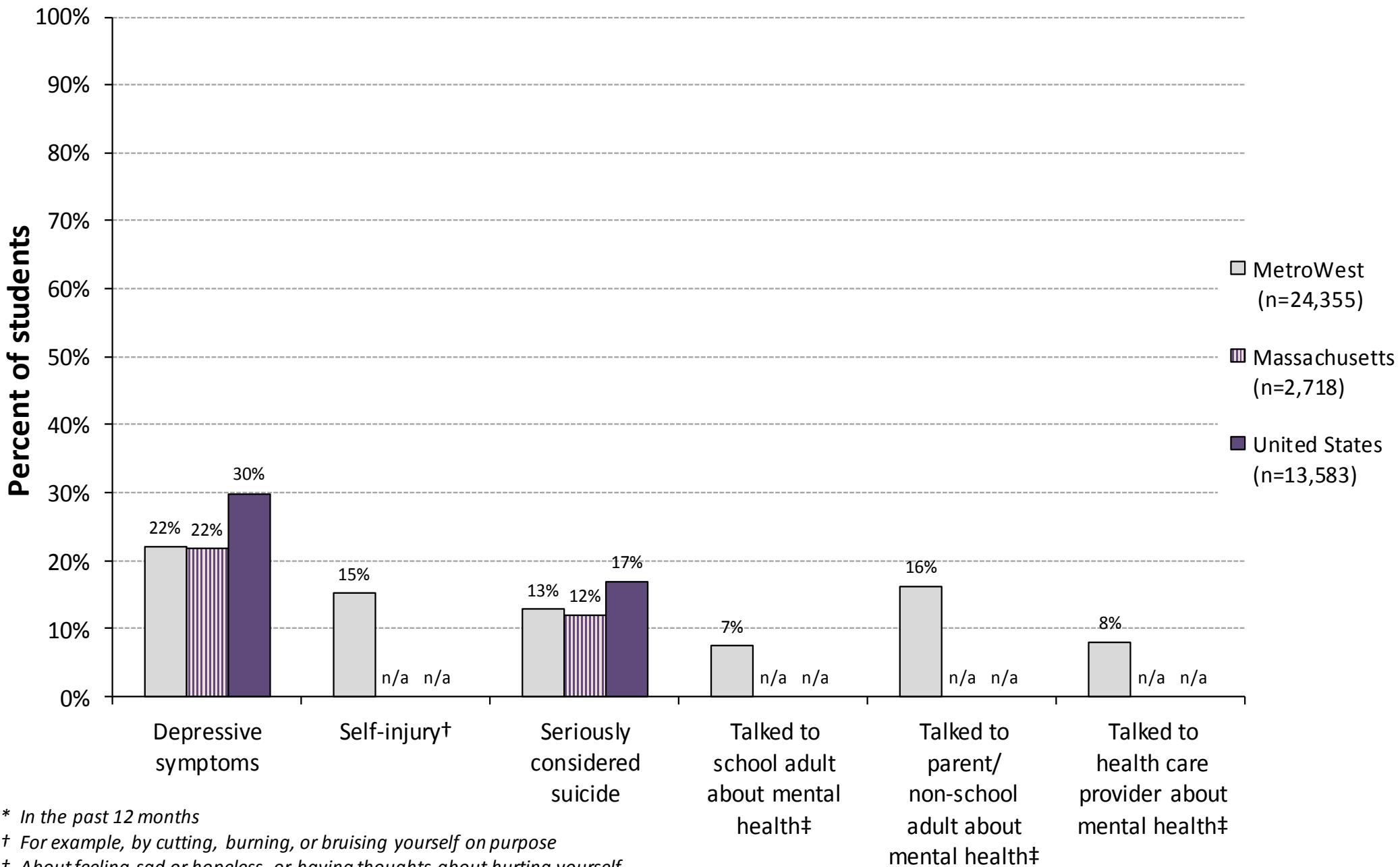
# Figure 8-6C. Trends in Mental Health and Adult Support,\* 2006-2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

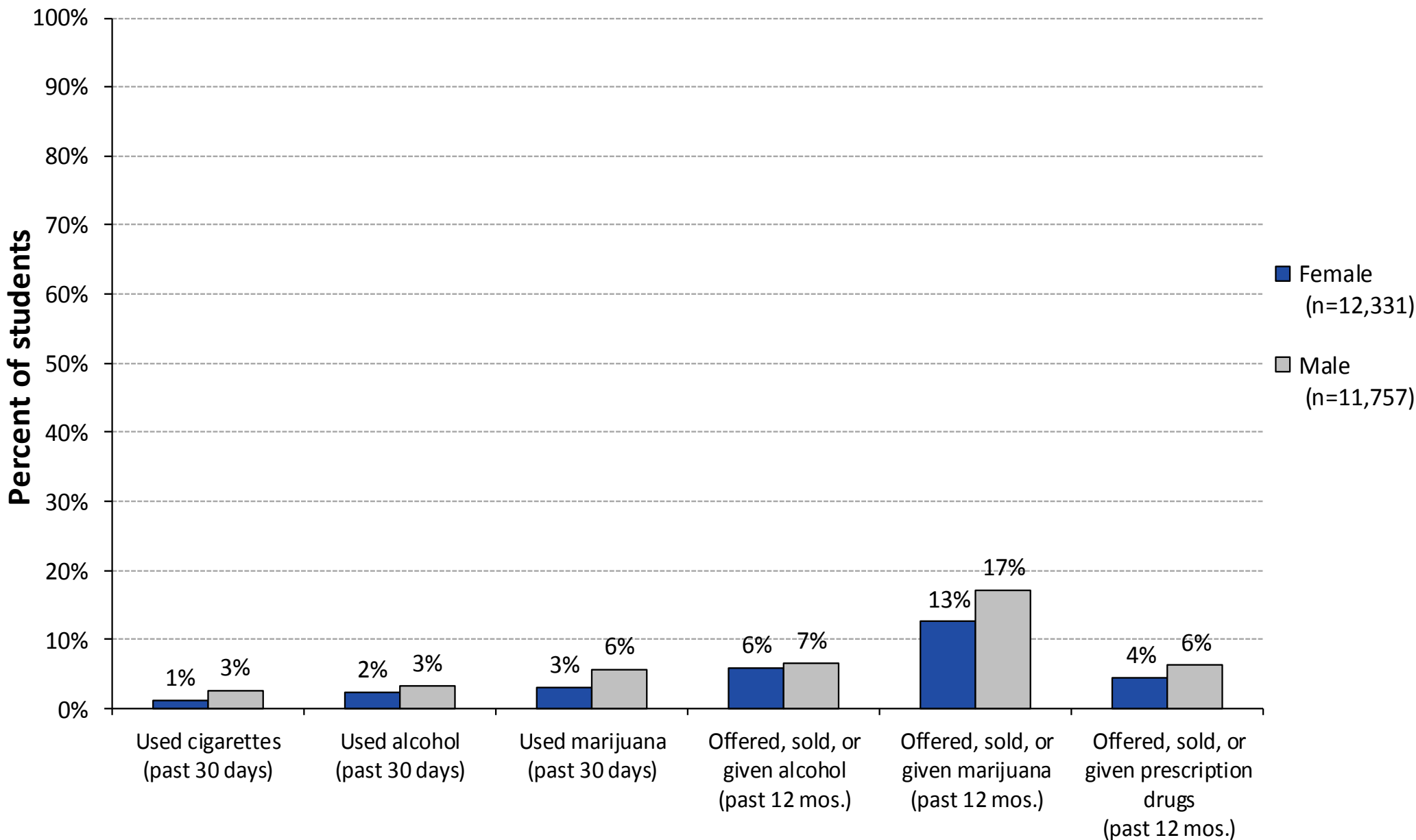


**Figure 8-6D. Mental Health and Adult Support\* at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

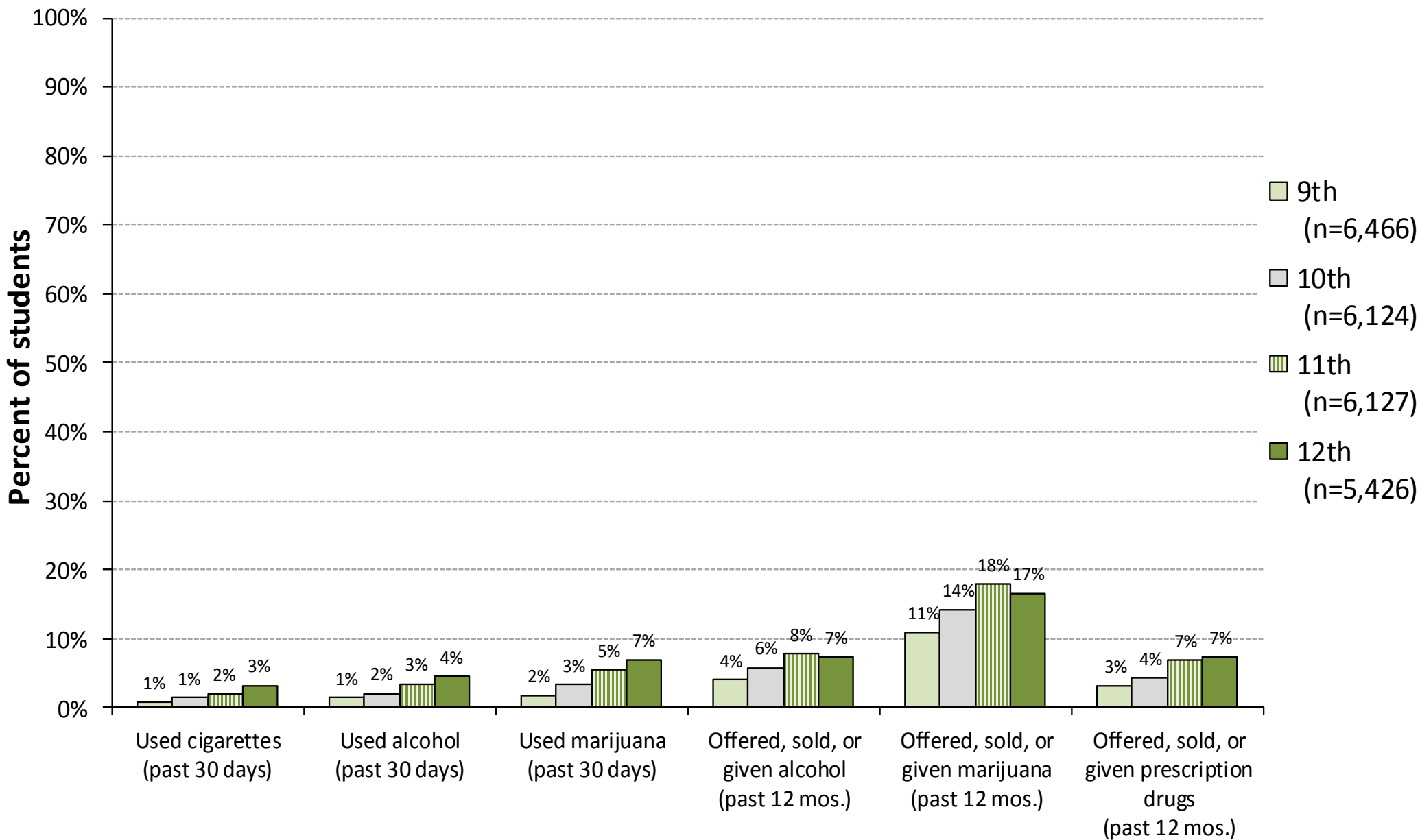




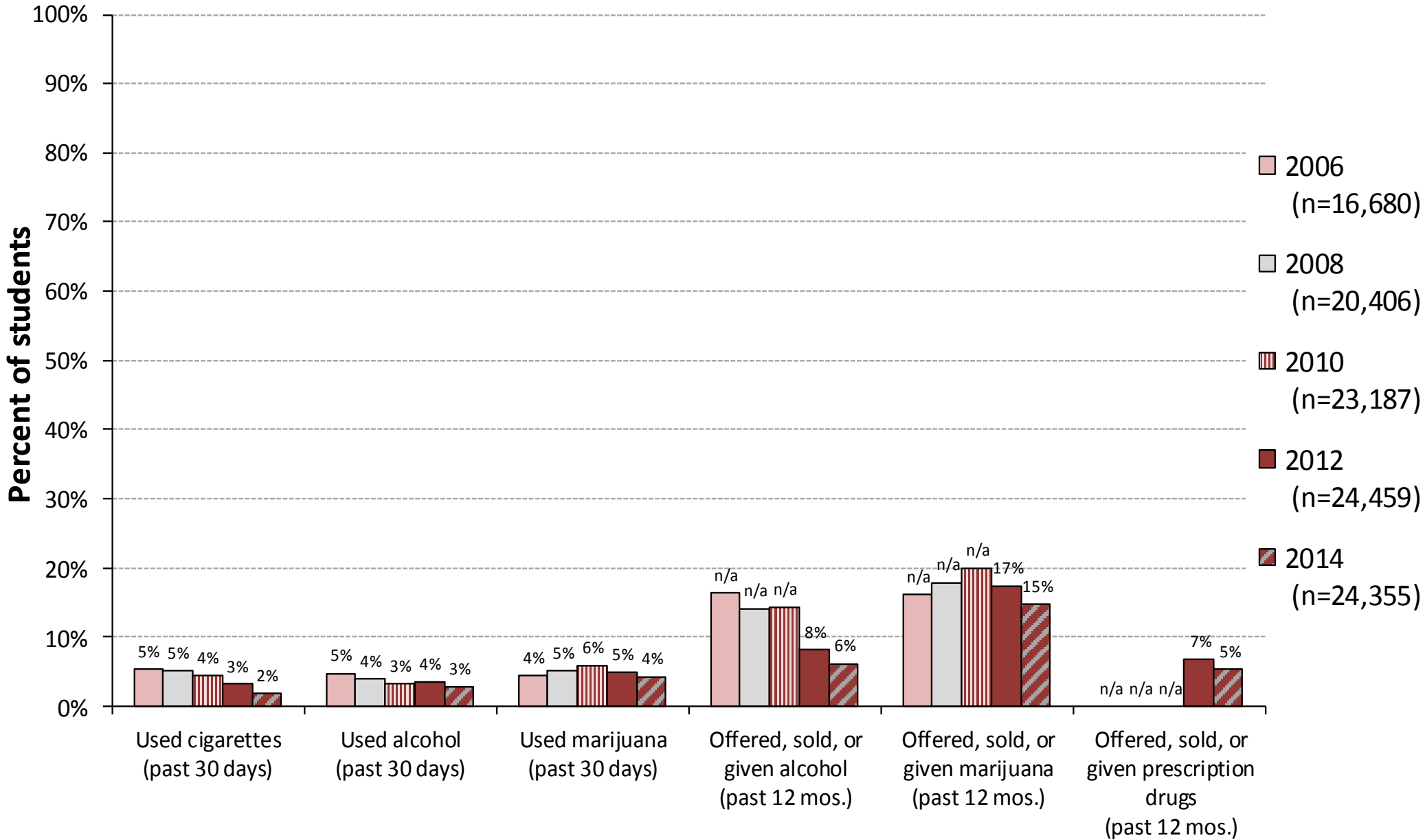
**Figure 9-1A. Substance Use on School Property by Gender, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



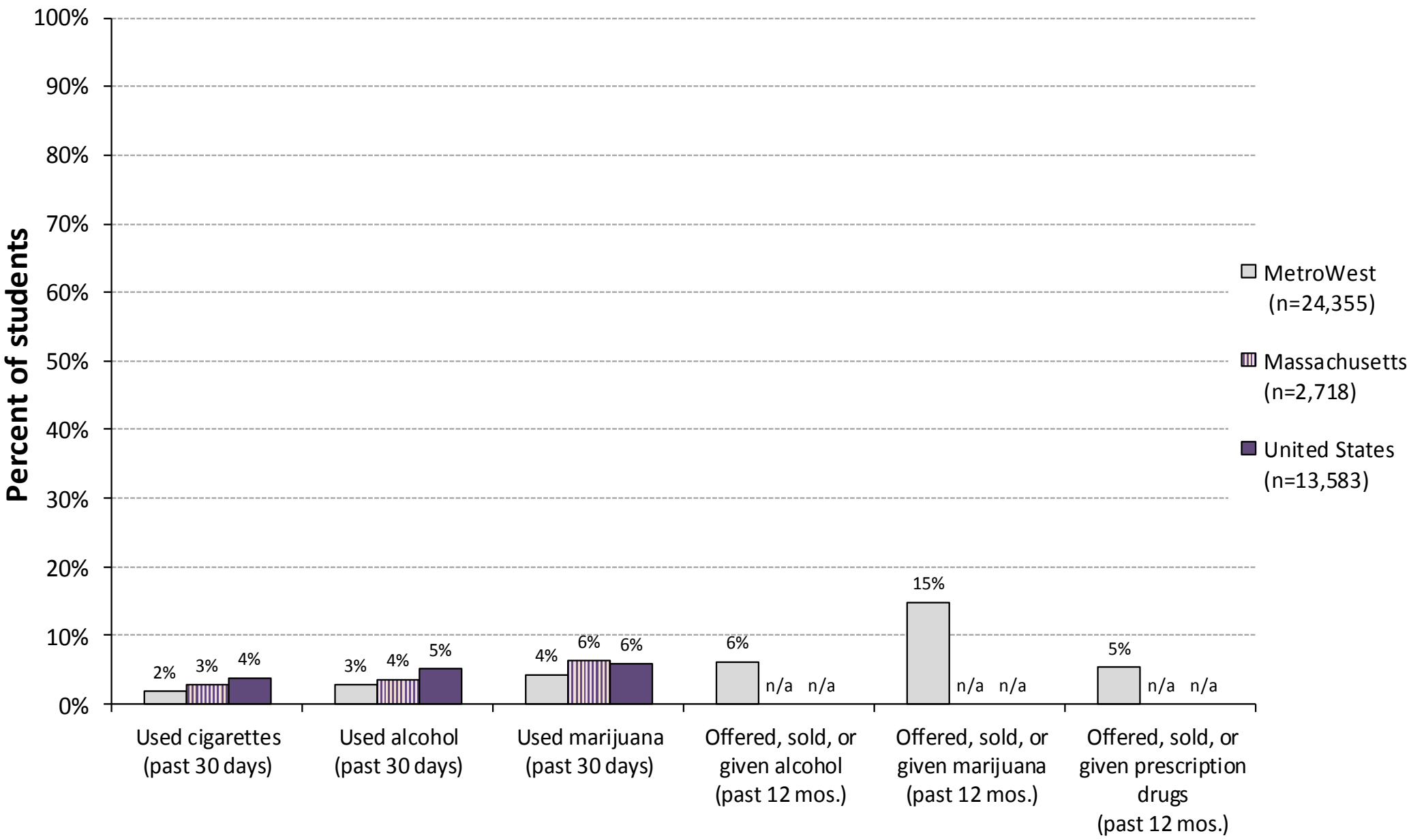
**Figure 9-1B. Substance Use on School Property by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



**Figure 9-1C. Trends in Substance Use on School Property, 2006-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



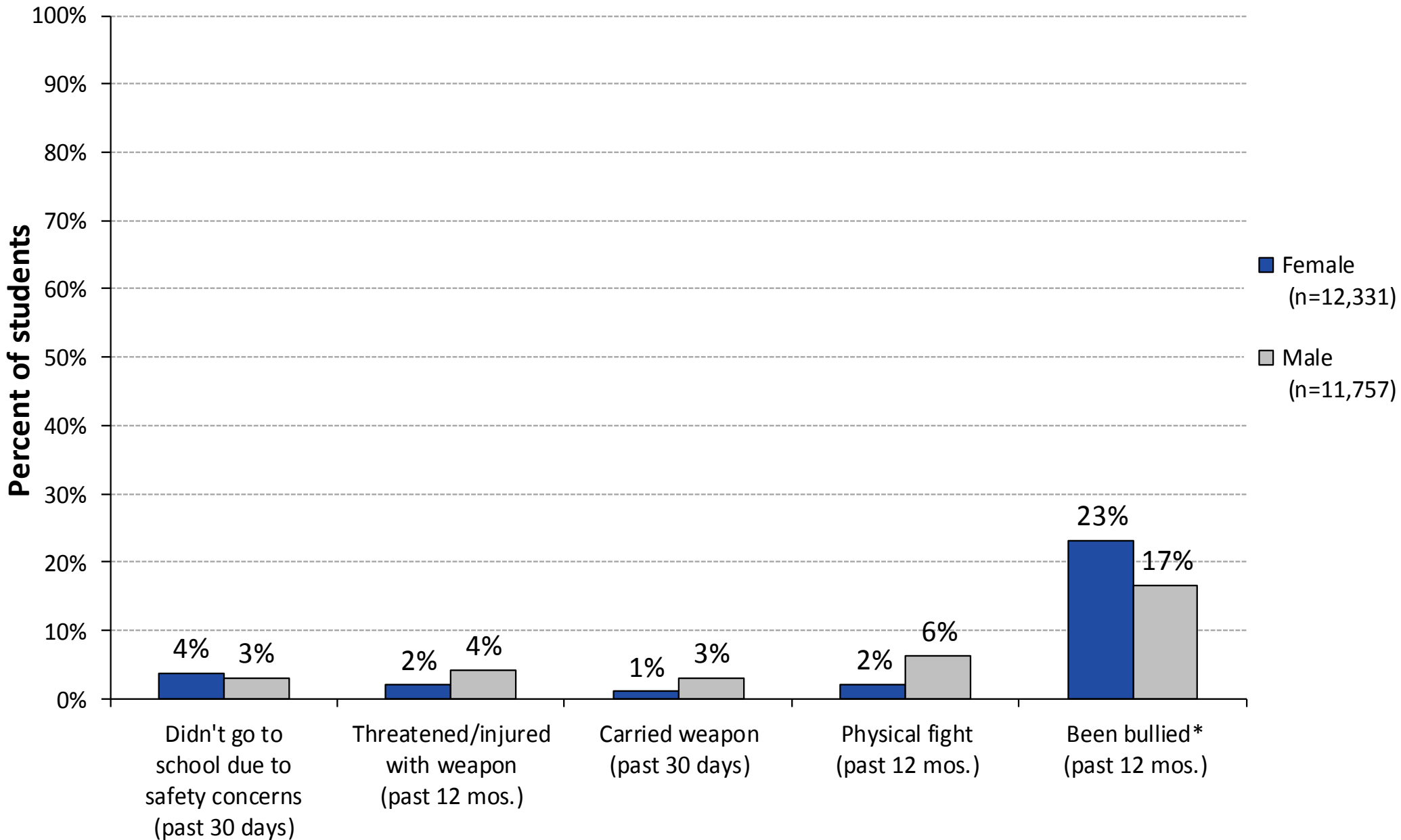
**Figure 9-1D. Substance Use on School Property at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



# Figure 9-2A. Violence and Bullying on School Property by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

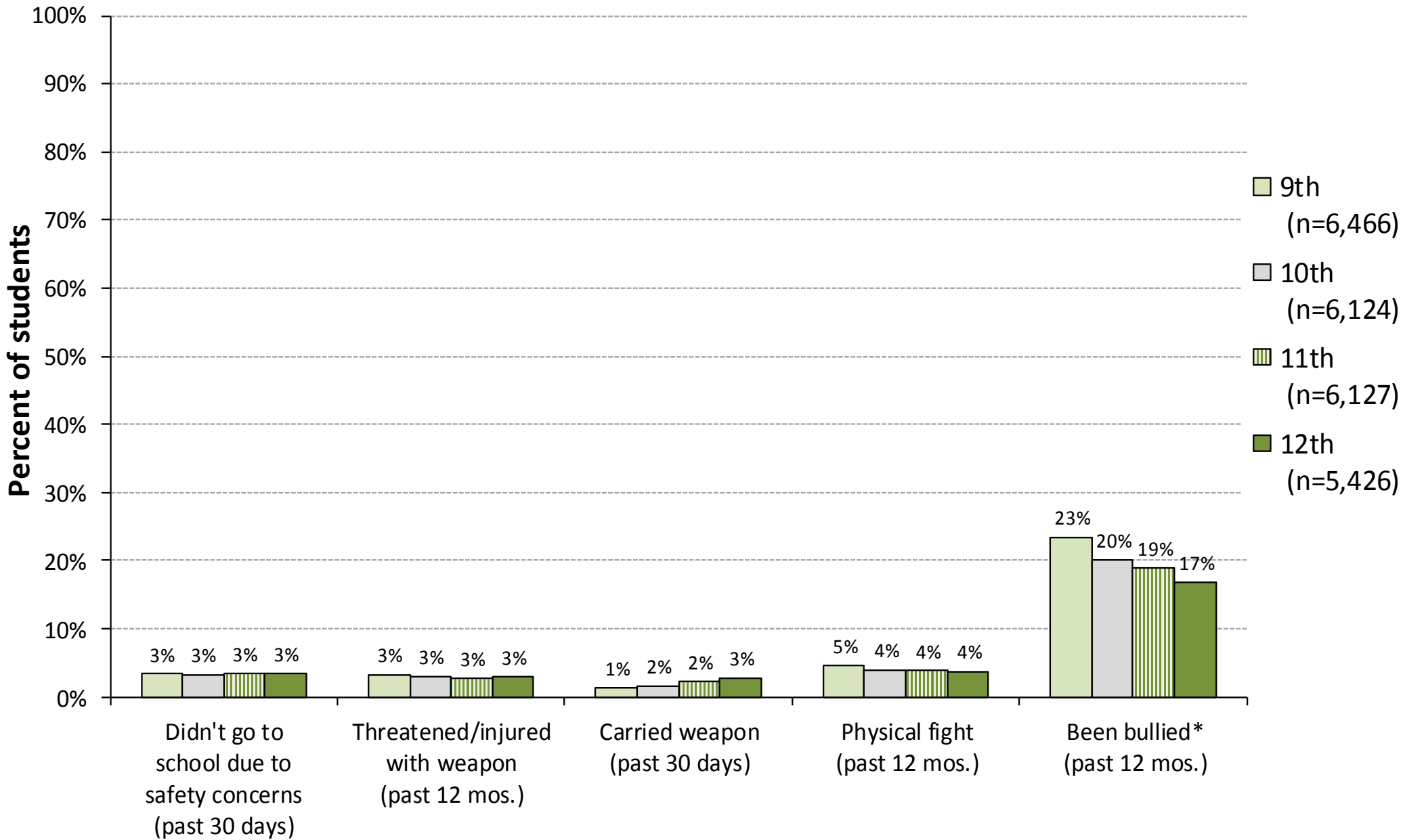


\* Defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 9-2B. Violence and Bullying on School Property by Grade, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

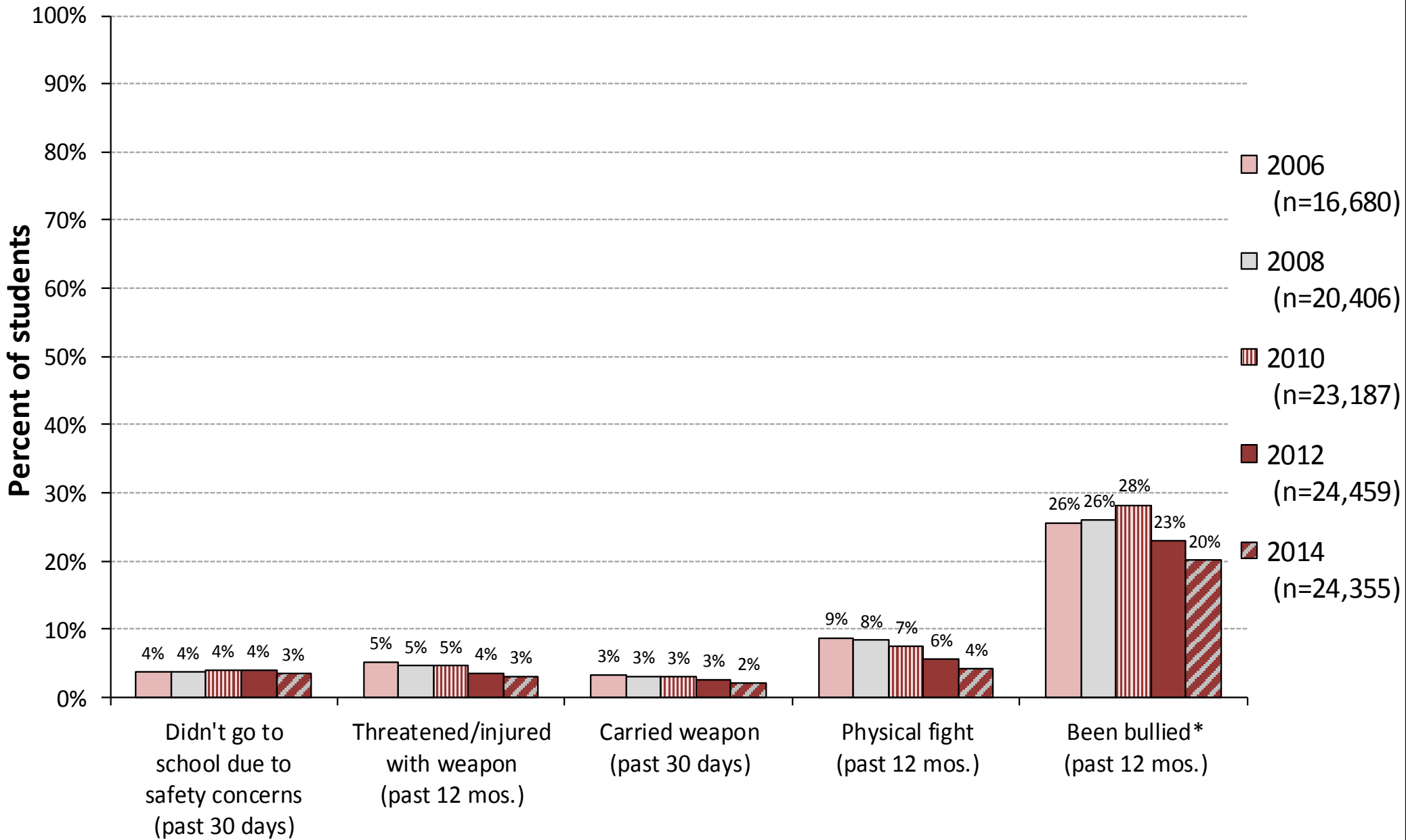


\* Defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 9-2C. Trends in Violence and Bullying on School Property, 2006-2014

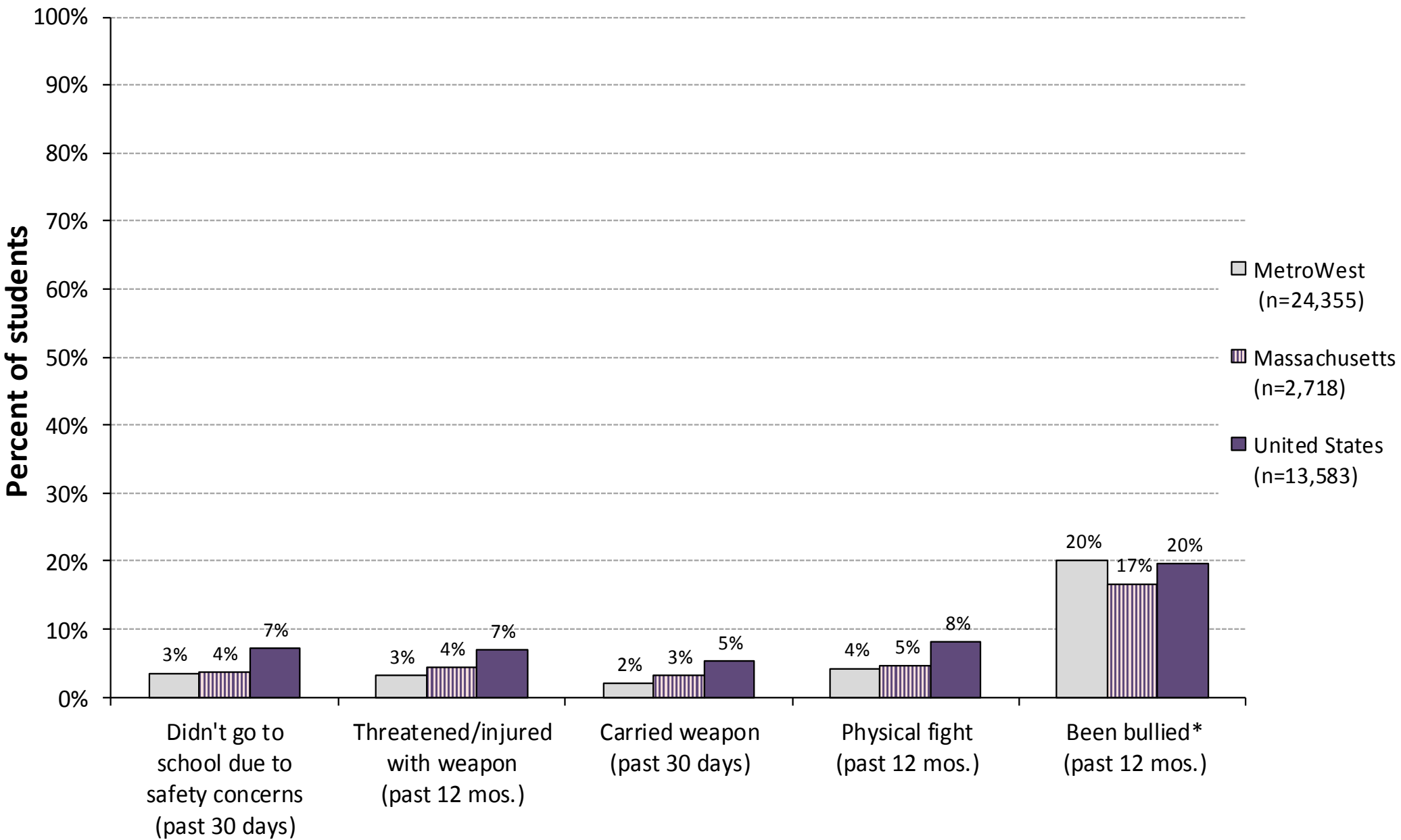
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

**Figure 9-2D. Violence and Bullying on School Property at the Regional, State, and National Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



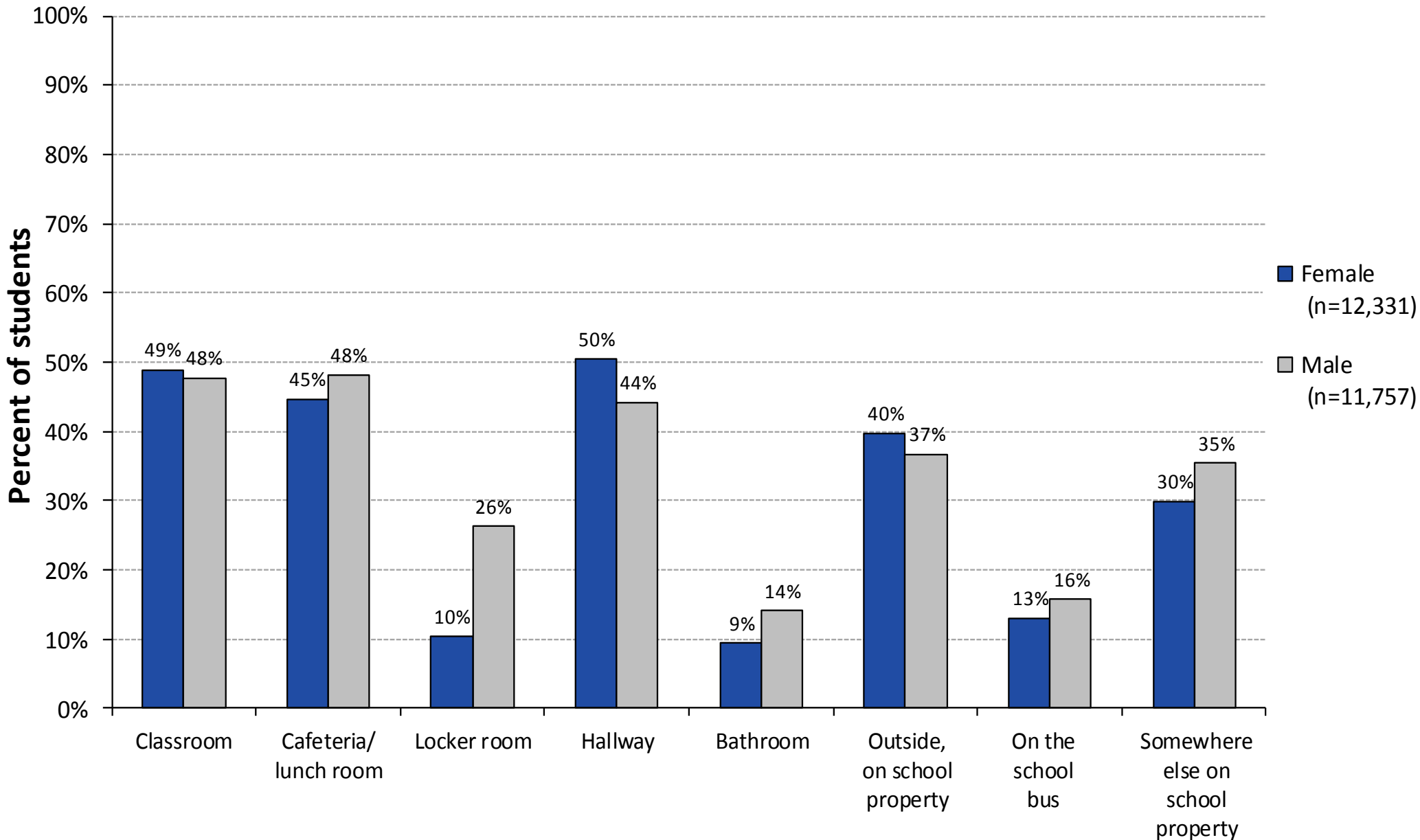
\* Defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again



# Figure 9-3A. Locations of Bullying\* on School Property by Gender, 2014

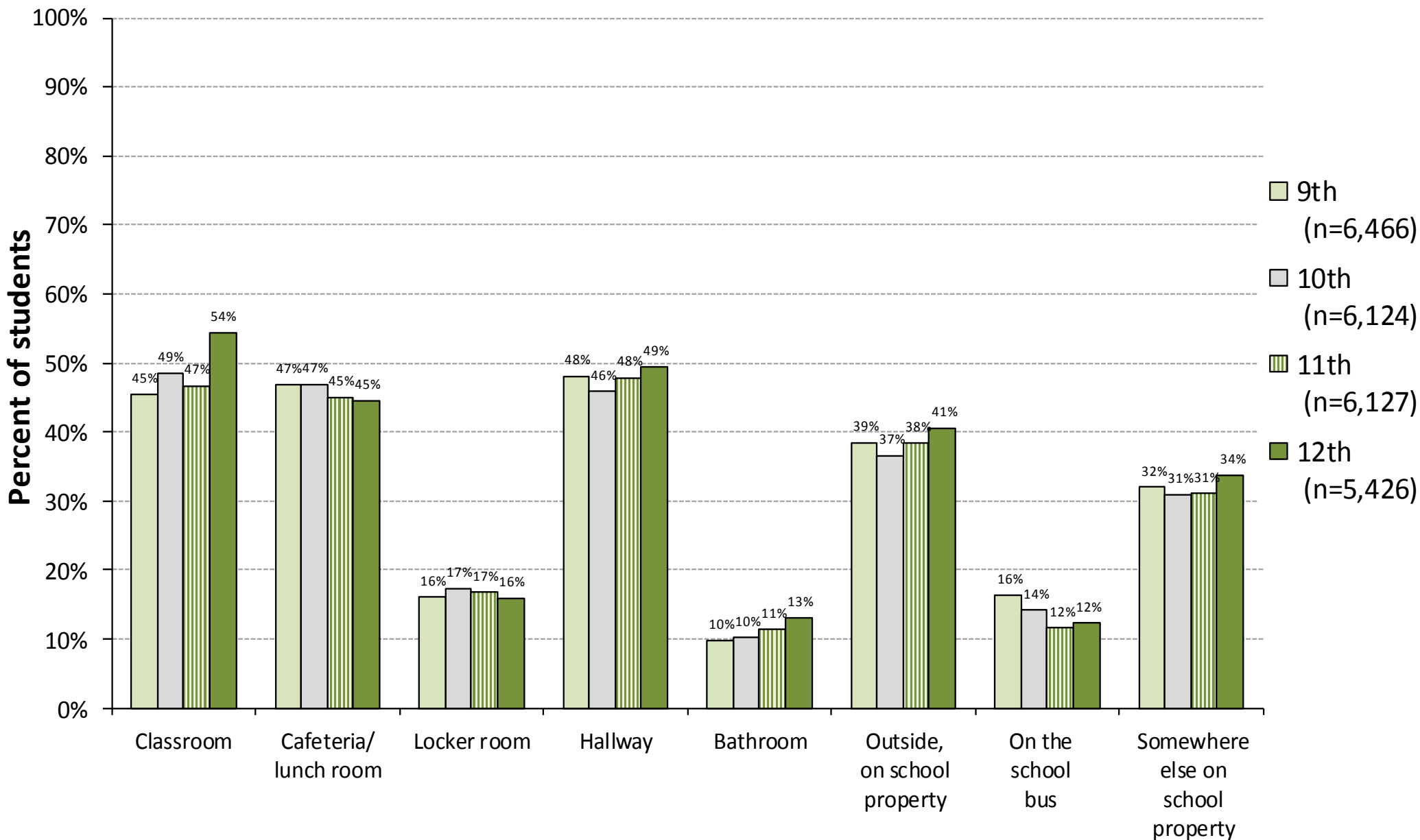
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Among students who were bullied on school property in the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

**Figure 9-3B. Locations of Bullying\* on School Property by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

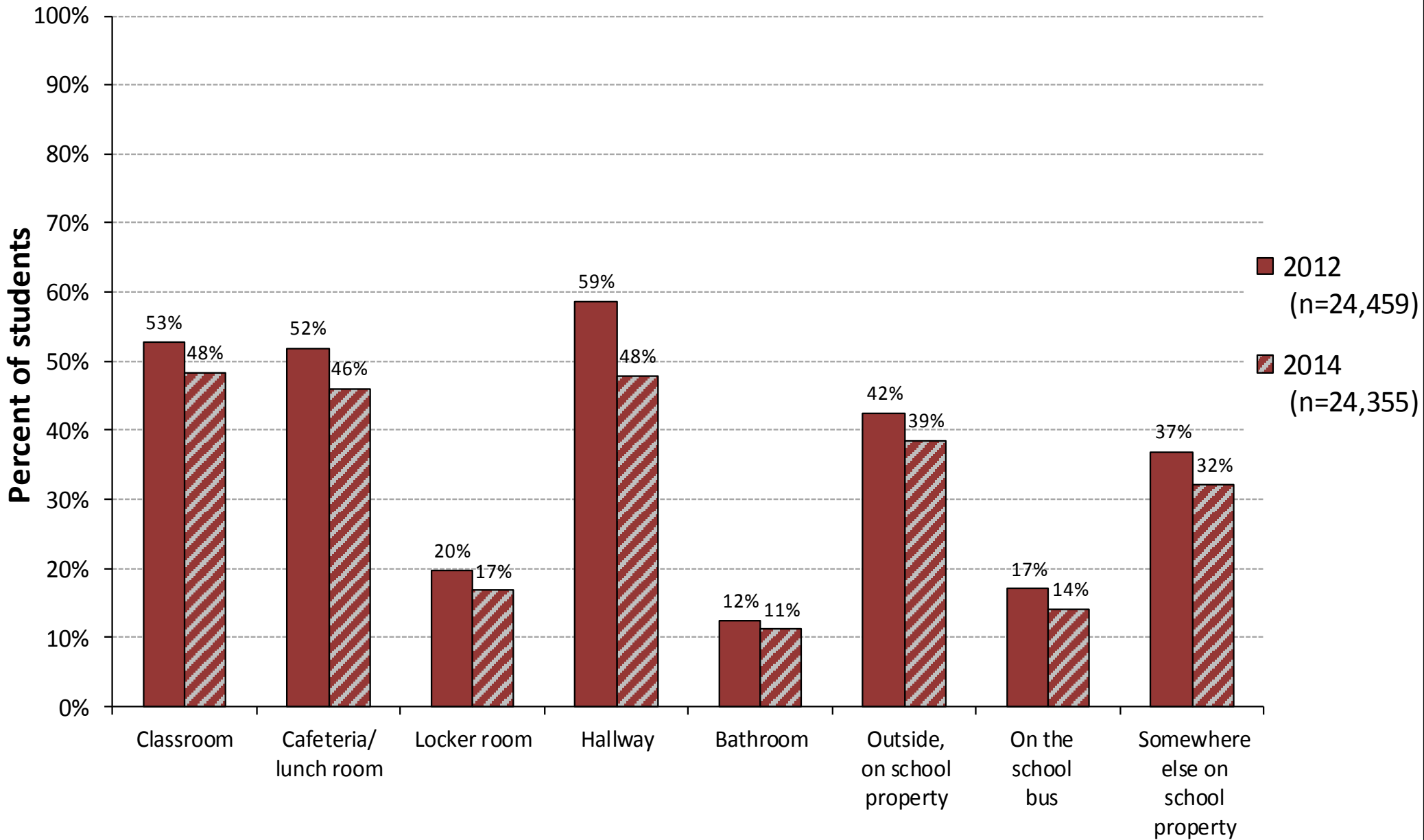


\* Among students who were bullied on school property in the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 9-3C. Trends in Locations of Bullying\* on School Property, 2012-2014

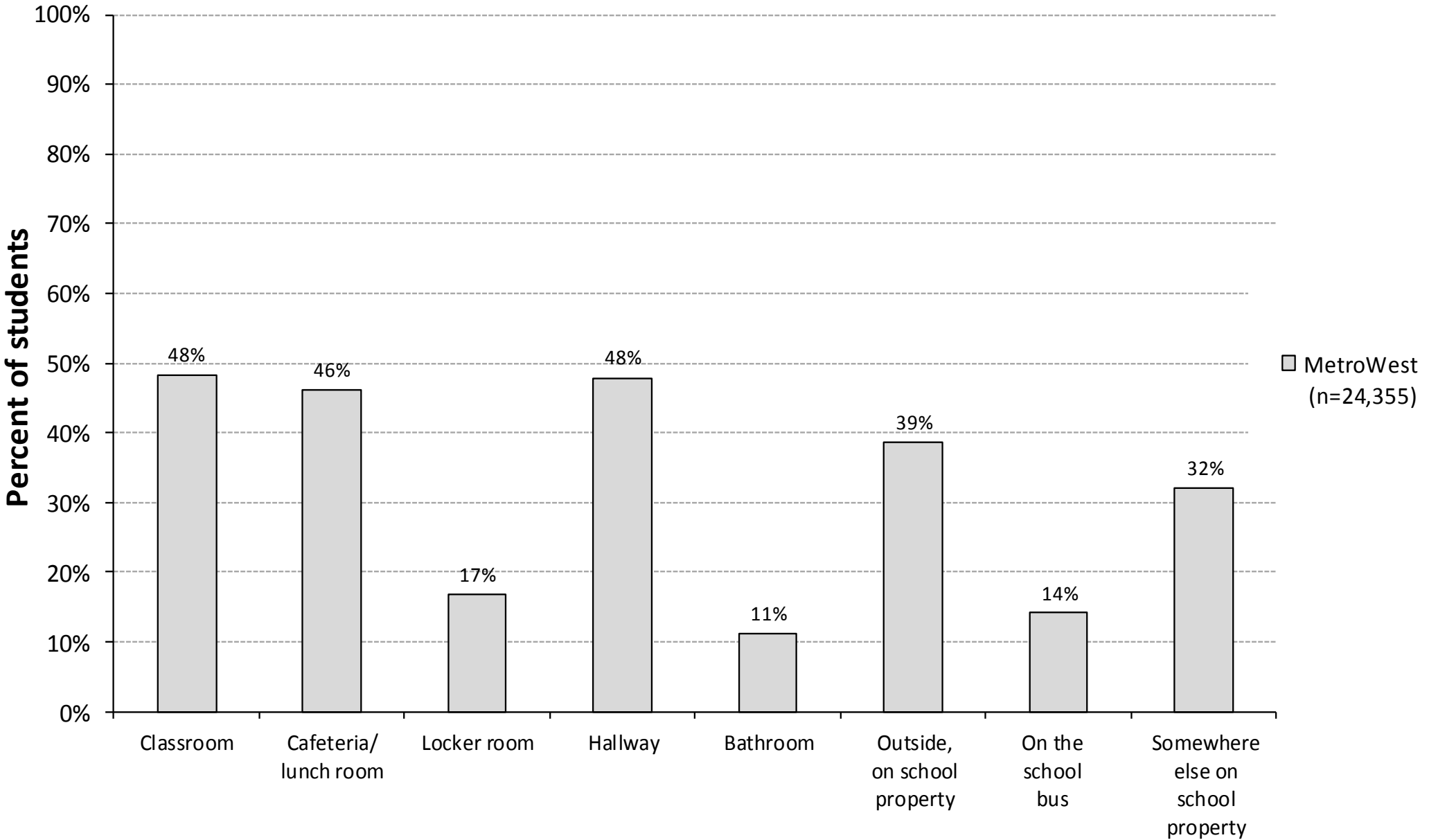
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Among students who were bullied on school property in the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

**Figure 9-3D. Locations of Bullying\* on School Property at the Regional Levels, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*

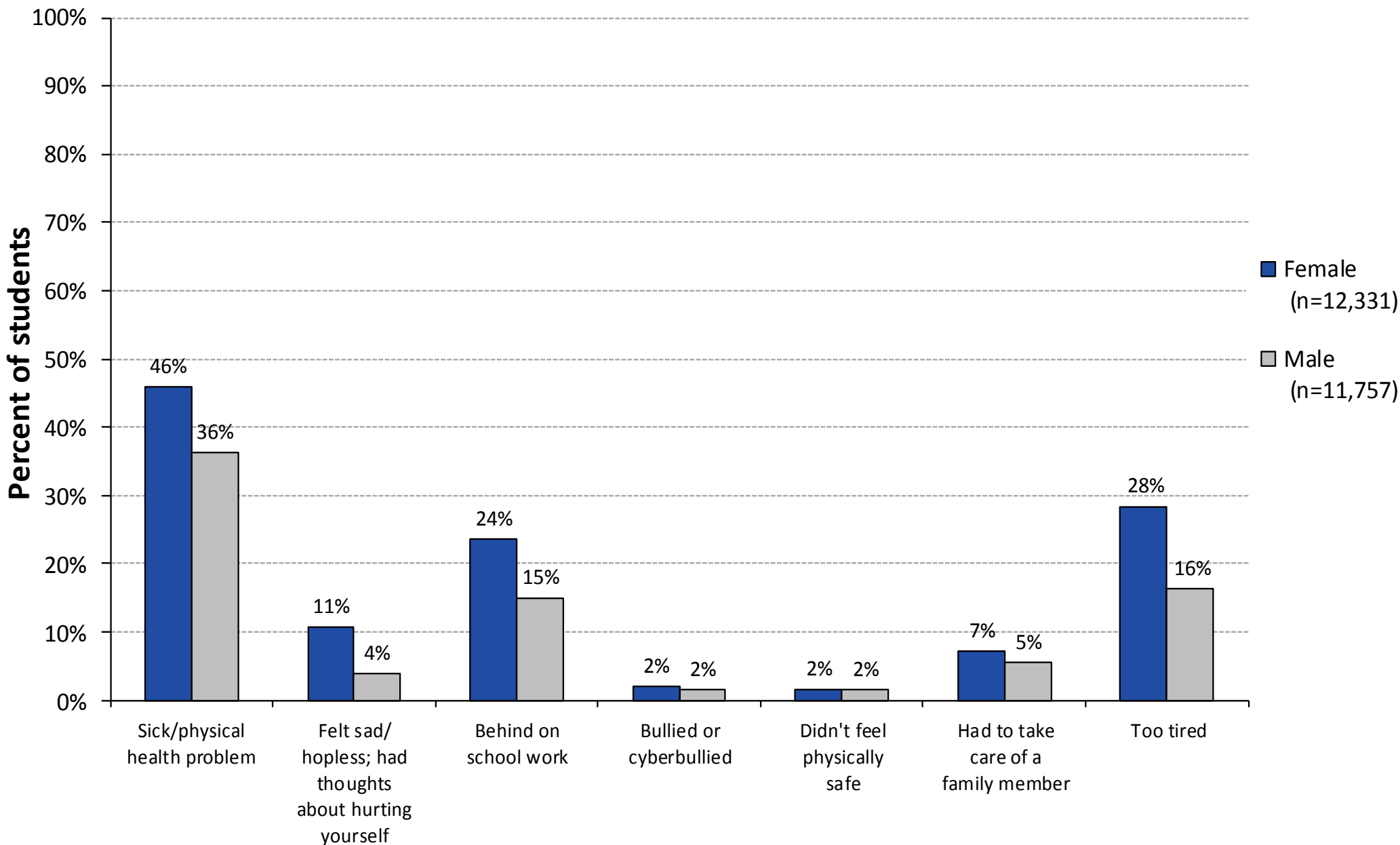


\* Among students who were bullied on school property in the past 12 months; bullying defined as when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again

# Figure 9-4A. Reasons for School Absences\* by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*

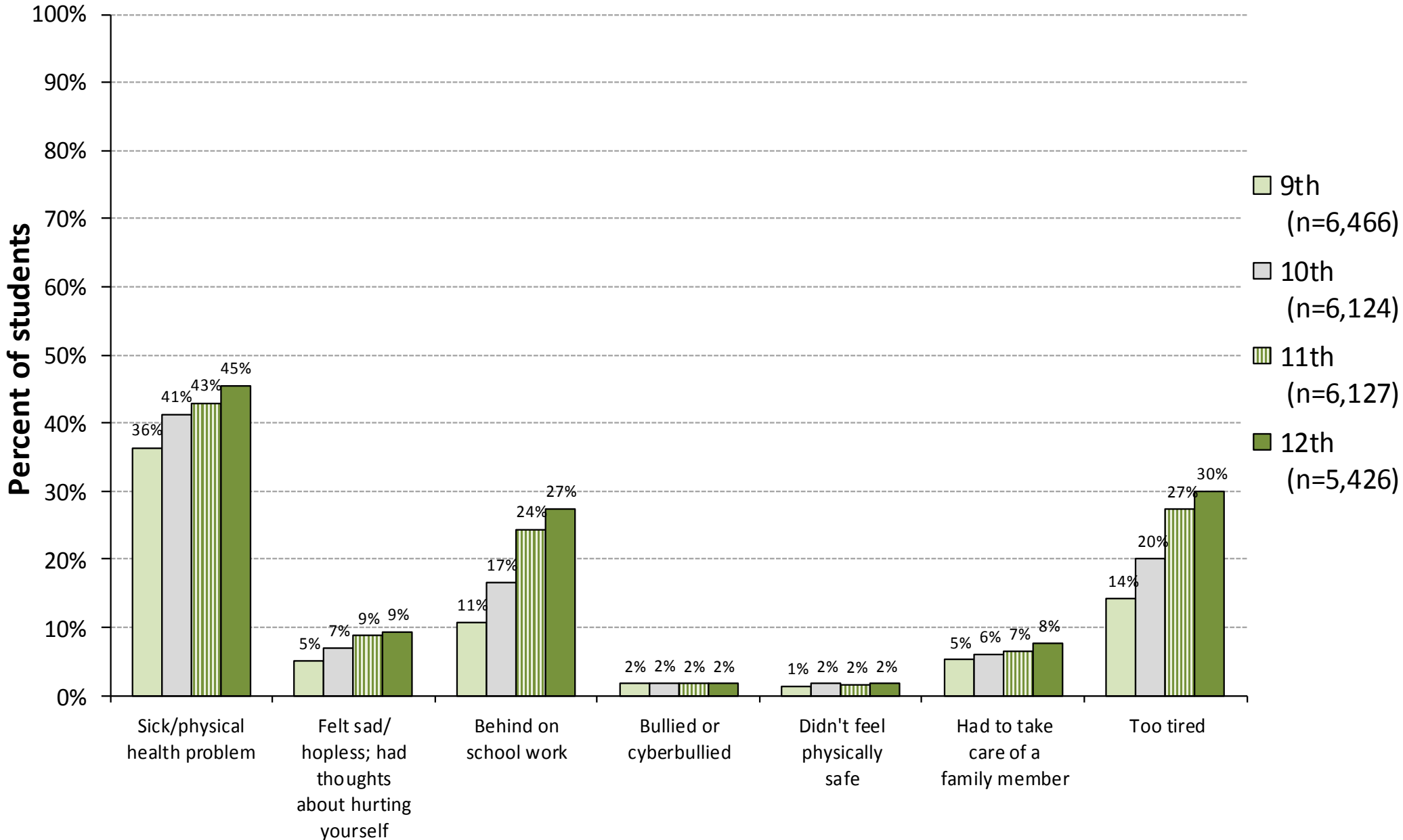


\* Absent or missed part of the school day on one or more of the past 30 days

# Figure 9-4B. Reasons for School Absences\* by Grade, 2014

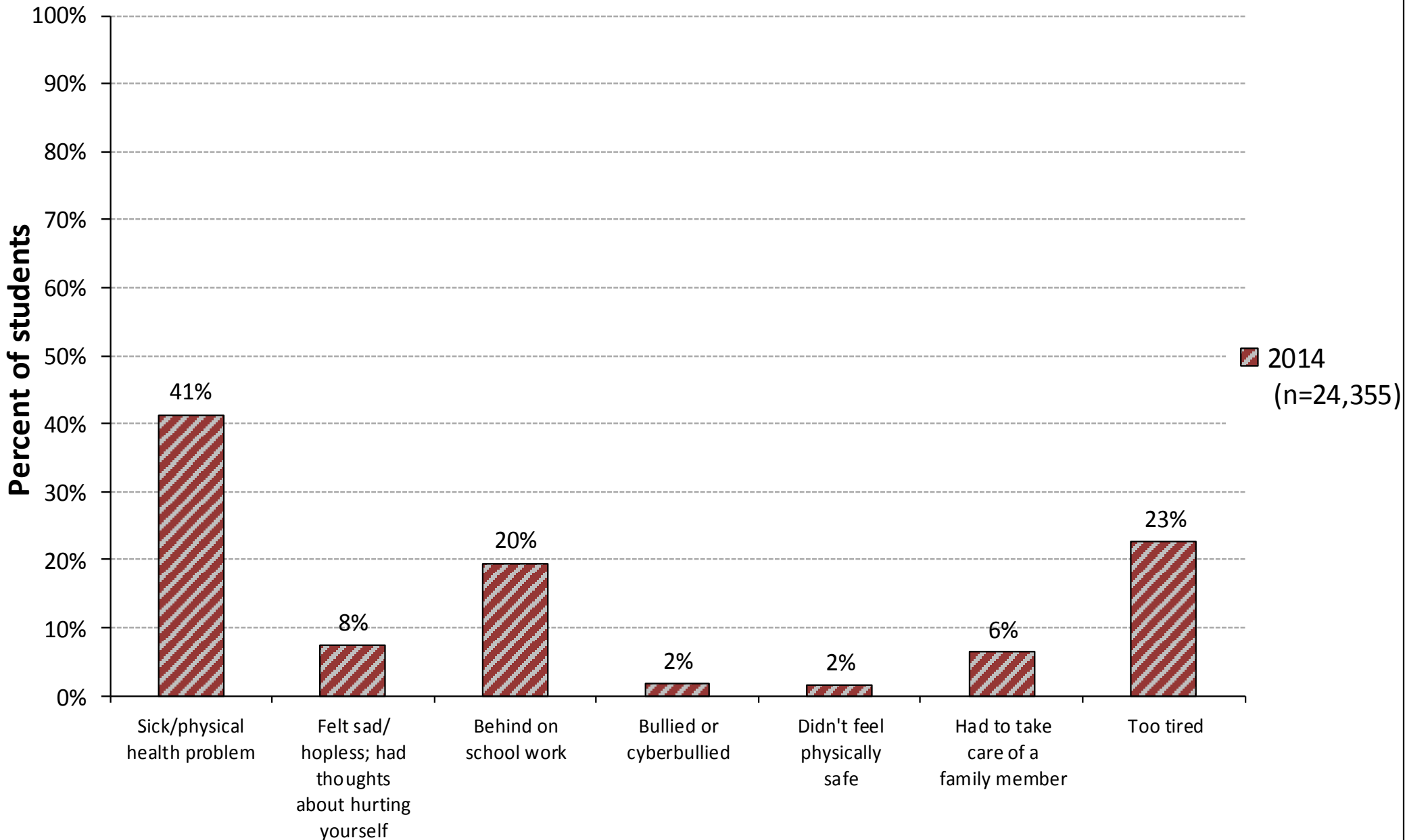
## MetroWest Region High School Students (Grades 9-12)

*MetroWest Adolescent Health Survey*



\* Absent or missed part of the school day on one or more of the past 30 days

# Figure 9-4C. Reasons for School Absences,\* 2014 MetroWest Region High School Students (Grades 9-12) *MetroWest Adolescent Health Survey*



2014  
(n=24,355)

\* Absent or missed part of the school day on one or more of the past 30 days

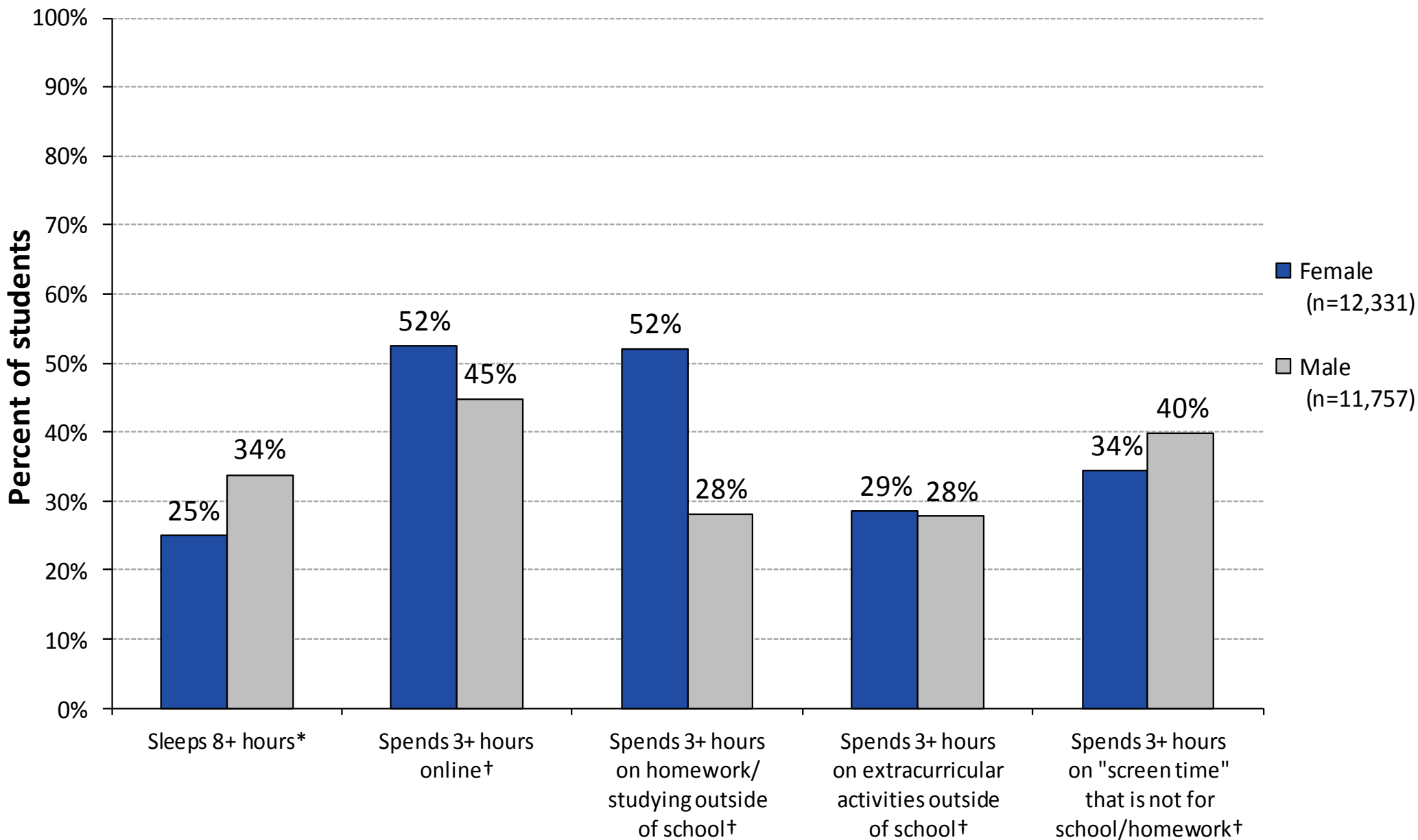




# Figure 10-1A. Sleep and Other Activities by Gender, 2014

## MetroWest Region High School Students (Grades 9-12)

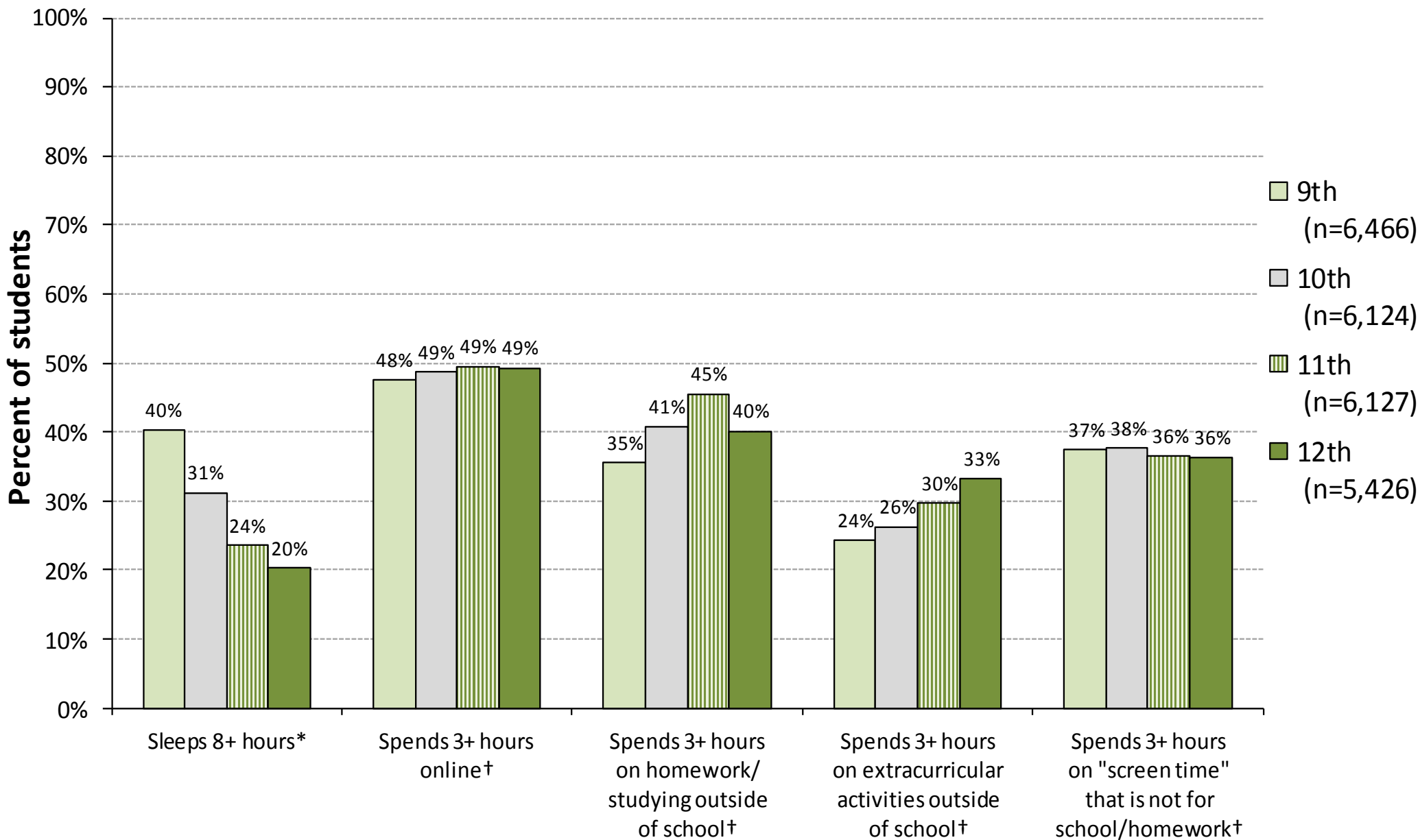
*MetroWest Adolescent Health Survey*



\* On an average school night

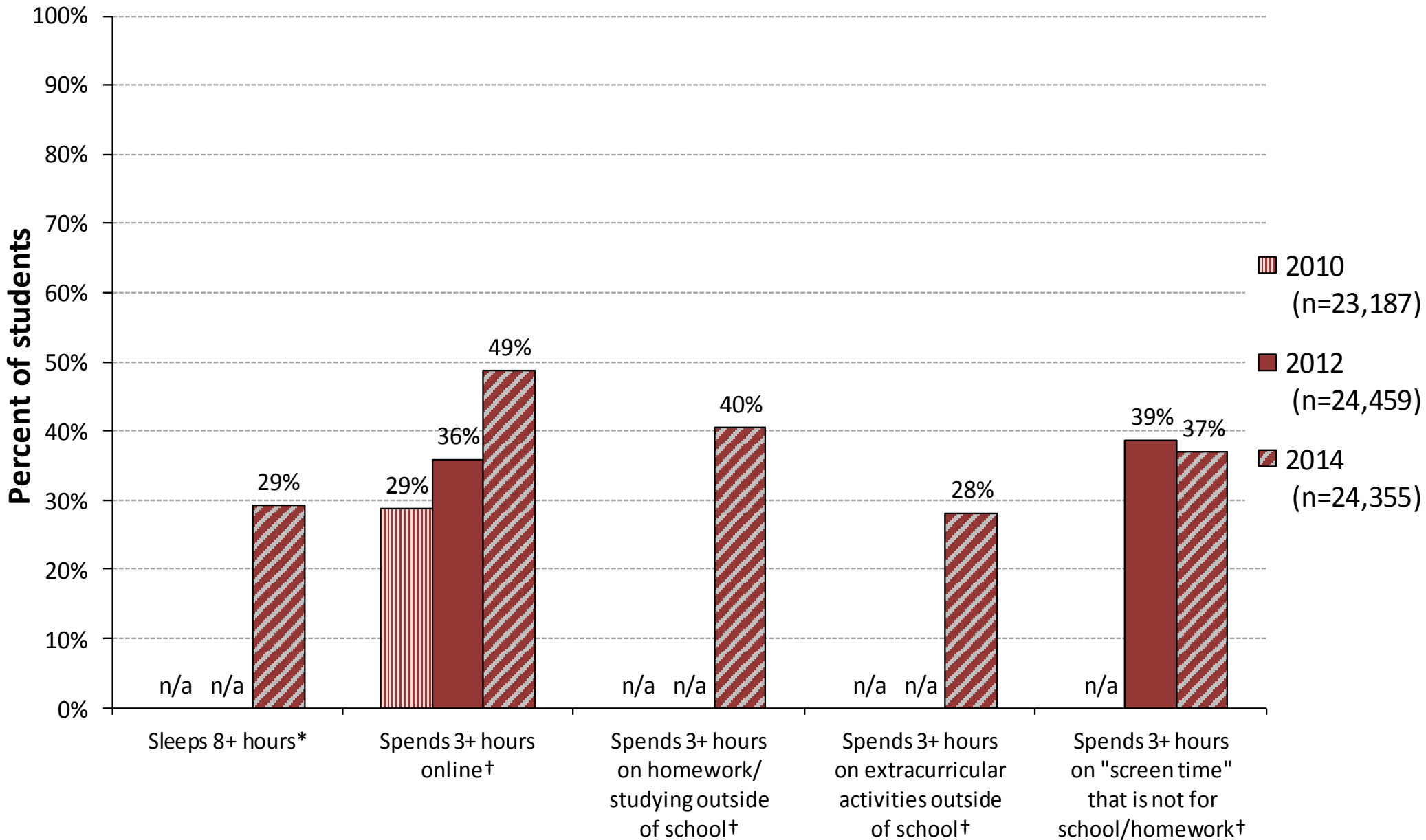
† On an average school day

**Figure 10-1B. Sleep and Other Activities by Grade, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* On an average school night  
 † On an average school day

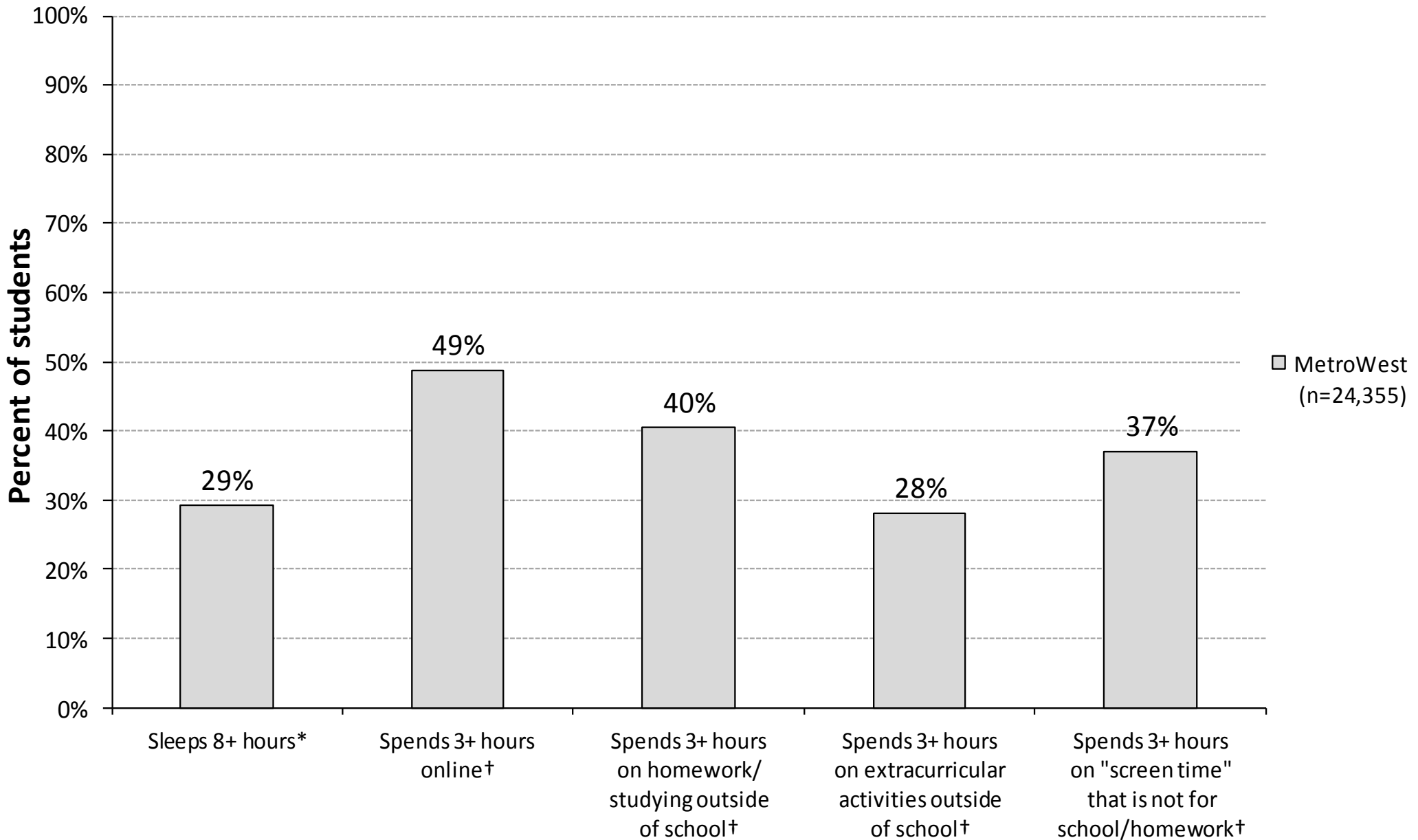
**Figure 10-1C. Sleep and Other Activities, 2010-2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* On an average school night

† On an average school day

**Figure 10-1D. Sleep and Other Activities at the Regional Level, 2014**  
**MetroWest Region High School Students (Grades 9-12)**  
*MetroWest Adolescent Health Survey*



\* On an average school night

† On an average school day