



Needham Board of Health

AGENDA

Friday June 14, 2019

7:00 – 9:00 a.m.

**Multi-Purpose Room
Rosemary Recreation Complex
178 Rosemary Street, Needham MA 02494**

- **7:00 to 7:05 – Welcome & Review of Minutes (April 12th & May 10th)**
- **7:05 to 7:40 – Staff Reports (May)**
- **7:40 to 8:00 – Continued Discussion on Vaping, Youth Use, and Tobacco Regulations / Review DJ Wilsons updates**
- **8:00 to 8:15 – Update on on-going Pest and Trash Management Challenges/Dumpster relocation update**
- **8:15 to 8:25 – Accessory Dwelling Discussion**
- **8:25 to 8:40 – Discussion of Needham's 10 Essential Services**
- **8:40 to 8:45 – Concussion Protocol update**
- **Other Items**
- **Next Meeting (July 19th , 7:00 – 9:00 a.m.)**
 - **Future Meeting discussion, finalize dates/times**
- **Adjournment**

(Please note that all times are approximate)

Needham Board of Health Minutes

April 12, 2019

Board: Edward Cosgrove, PhD, Chair
Stephen Epstein, MD, MPP, Member
Kathleen Ward Brown, ScD, Vice Chair
Christina S. Mathews, MPH, Member
Robert A. Partridge, MD, MPH, Member

Staff Present: Timothy Muir McDonald, Director; Tara Gurge, Assistant Director; Maryanne Dinell; Donna Carmichael; Diane Acosta; Catherine Delano; Carol Read; Dawn Stiller

Convene: Rosemary Recreation Complex, 178 Rosemary Street, Multi-purpose Room

Dr. Cosgrove, Chair of the Board of Health, called the meeting to order at 7:01 am

Minutes

Dr. Epstein made a motion to approve the March 8 minutes. Dr. Brown seconded the motion. The vote to approve the meeting minutes was unanimous.

The two new Board members were introduced—Ms. Christina S. Mathews and Robert Partridge. Dr. Partridge discussed his work as a full-time emergency room physician at Emerson Hospital in Concord, and his long term interest in tobacco prevention use and international work. Ms. Mathews has worked at the Rhode Island Department of Health and in India on maternal health issues.

All Board of Health staff described their background for the benefit of the new members.

Environmental Health Report--Ms. Tara Gurge and Ms. Diana Acosta

Ms. Gurge reported that a new intern, Michelle Iovino, will begin working 10 hours a week and will work on the FDA standards.

Ms. Gurge reported that Pancho's Taqueria, the Eat Well restaurant, and Servente Bakery & Cafe are in various stages of review.

Ms. Gurge also reported that there is still a rodent problem in the Chestnut Street area parking lot near the daycare center. Environmental Health staff are working with Masala Art restaurant, Farmhouse restaurant, Hearth Pizza, and CVS on investigating the relocation of the dumpsters. While the Town generally supports shared dumpsters as they are less unsightly and require less space, they also present problems because the enclosures are not always shut tight, bags can be left on the ground, and businesses need to cooperate in their maintenance. The dumpster for Hearth Pizza and Farmhouse abuts soft ground next to the daycare center which is an issue for rodent control. The affected parties attribute the rodent problem to the demolition of buildings abutting the police and fire stations, which are also in the vicinity. The Public Health Division has a strict demolition review policy, even for town-owned buildings. Environmental Health required the developers to submit certified pest control reports as part of the demolition sign-offs. The pest control reports verified that these areas were sufficiently baited.

Ms. Gurge reported that there will be another tobacco compliance check with two students during the week of April 14. Ms. Gurge described the compliance check procedure for the benefit of the new Board members.

Ms. Gurge reported that a new CDC advisory regarding sales of CBD products has been issued for food establishments and pharmacies. Digestible CBD will be sold in Massachusetts only under strict conditions outlined by the Massachusetts Department of Agricultural Resources. At this time, no CBD infused food products may be sold in Needham. The Public Health Division will be checking compliance at all Needham pharmacies.

Traveling Meals Program Report--Ms. Mary Anne Dinell

Ms. Dinell described the program for the new Board members, stating that the purpose of the program is to deliver meals to home bound senior residents in Needham. Ms. Dinell also noted that the Beth Israel Deaconess Hospital provides the food which is packed and delivered each morning at a cost of \$5.62 per day.

Ms. reported that there were five new clients in March, four of them funded by Springwell.

She reported that there were no 911 calls for wellness checks this month.

Ms. Dinell announced that there will be an appreciation luncheon on Wednesday, May 1, for the 70 volunteers who help deliver the meals.

Substance Abuse Coordinator Report--Ms. Catherine Delano

Ms. Delano reported that she applied for a STOP grant to fund underage alcohol use. She enjoyed the experience of being a lead on a grant proposal for the first time.

Ms. Delano reported that the alcohol tool kit has been finished and moved to a thumb drive. Each licensee in Needham will be given an alcohol tool kit.

Ms. Delano also reported that five Health and Human Services employees were trained to be Youth Mental Health First Aid instructors through funds from a MetroWest Health Foundation Grant.

Regional Substance Abuse Coordinator Report--Ms. Carol Read

Ms. Read reported that the Substance Abuse Prevention Coalition (SAPC) continues to meet each month. Ms. Read also attends the coalition events within each town. Best practices in substance abuse prevention are shared with the coalition towns with less capacity. For example, the North Reading police issued a parent alert on CBD products sales and the Brookline Public Health Department issued an advisory letter to retailers. The CBD advisory assisted Dedham and Norwood with their approach to communication with retailers regarding CBD products.

Ms. Read reported that she and other SAPC program managers are working with Tracy Desovich from MassTAPP and D J Wilson from Mass. Municipal Association on an alcohol policy toolkit. Strategies and resources included in the toolkit include compliance check protocols, alcohol regulations and

responsible sale and service training protocols. Ms. Read noted that most towns across the region do not have defined penalties for alcohol compliance check failures. SAPC is interested in strengthening regulations across the towns.

Public Health Nurse Report – Ms. Donna Carmichael

Ms. Carmichael reported that influenza cases are starting to go down. There were three Norovirus cases. Dr. Epstein said that he is concerned about the measles vaccination rate and spoke about an article in the Needham Times which addressed this issue. Ms. Carmichael noted that the Massachusetts Department of Public Health requires only self-reporting of immunization rates for daycares, so the numbers obtained for the article were misleading. The nurses will try to get more definitive numbers for daycares, as well as the schools, for the next Board meeting

Ms. Carmichael reported that she is following up with Eversource about protocols and information for shut offs.

Ms. Carmichael and Ms. Zike are beginning to receive summer camp packets. All packets are due April 18th. In answer to a question from Dr. Cosgrove, Ms. Carmichael said that immunization information is required for staff as well as campers. Children and staff can obtain medical or religious exemptions. Access to all immunization records is required for license.

Accreditation Update Report prepared by Lynn Schoeff, presented by Mr. Timothy Muir McDonald, Ms. Schoeff continues developing policies and procedures for the Public Health Division and has begun doing the same for the Aging Services Division.

Ms. Schoeff is planning a grant-writing workshop later in the spring. It will be offered to all Human Services Department staff.

Safety at Home, Ms. Rachael Cain Report presented by Mr. Timothy Muir McDonald

Safety at Home Program referrals have increased since a flyer was included with the water bill.

Ms. Cain and Ms. Delano are completing the survey of public housing residents. There has been sufficient participation to provide data and analysis to create a report for the Needham Housing Authority and the Board of Health later this spring.

Ms. Cain and Ms. Schoeff continue working on the Community Health Assessment in conjunction with BID Needham.

Mr. McDonald also reported that the Division received a grant of \$26,000.00 from the Metropolitan Area Planning Council for a climate resiliency project for older adults. Interviews for a part-time position to manage this program will begin the week of April 18.

Ms. Cain is also working on the NACCHO Million Hearts Project. Needham was one of five awardees in the country. The project provides a tobacco cessation program and uses communications to promote the program and cessation overall. A certified instructor will be available part-time to teach the class.

Director of Health and Human Services Report – Mr. Timothy Muir McDonald

Mr. McDonald reported that NPHD submitted three grants this month. Mr. McDonald is most excited about the STOP Grant, a regional preparedness grant. This grant program is run by the State and meant to fund public engagement. It does not give money directly to recipients, instead allowing departments to hire from the state's approved list of contractors. After this process is complete, departments can apply for action grants to work on flooding, culverts or other climate change issues in their area.

Ms. Kate Fitzpatrick, the Town Manager, and Mr. McDonald met with Mr. Dundas the CEO of Sira Naturals Medical Marijuana Dispensary. Sira has been bought by a Canadian venture capital firm. They lost money in 2018 and are interested in growing the business. The anticipated enrollment rate for Massachusetts had been estimated at the west coast rate of 3% of population, but in Massachusetts only .75-1% of the population signed up and just over one half of registered clients actually purchased the product.

Sira's agreement with Needham to not expand to recreational sales is not legally binding. Mr. McDonald noted that while there is no indication that Sira petition for recreational sales in the near future, this could change.

Dr. Cosgrove said that there is a movement in Town meeting to allow recreational sales. The Board would like to think about, and possibly write, new regulations. Being prepared now with written regulations will allow the Board to act if needed. Dr. Epstein said that he thinks the Board should be ready for the possibility that the momentum increases.

Ms. Read provided background for benefit of the new members.

Dr. Epstein noted that there is limited science about cannabis use, but that access increases propensity to use. A draft regulation will be presented by Mr. McDonald to the Board at the May meeting.

Fees

Fee changes are in the Board packet. They include the beaver removal permit fee, the farmers market seasonal permit, the mobile service vendor fee, and the pre-residency housing inspection fee for non-section 8 housing vouchers. Changes were discussed at the March meeting. A motion was made by Dr. Epstein to adopt the fee schedule as written in the Board packet. Dr. Brown seconded. The Board voted unanimously to approve the fee changes as outlined in the April 12 Board packet.

FDA Retail Standards Adoption

Ms. Gurge provided an overview of the FDA standards, which are now required by the State. The Board voted in March 2018 to abide by the FDA 2013 food code and the 2015 Food Code Supplement. Needham was ahead of the State changes by 6 months.

Ms. Gurge recommended the adoption of Annex 1—a stricter compliance and enforcement standard change to the State sanitary code. Dr. Cosgrove noted that the Board needs time to review. The Board will have a fuller discussion in May and vote on Annex 1 at that meeting.

Draft Plan for Metropolitan Area Planning Council (MAPC) Tool Kit

Mr. McDonald reported that the Division received a technical assistance grant from the Metropolitan Area Planning Council to work with building departments to incorporate health issues into their planning

process. There is growing literature in the public health field about how the built environment affects health.

The Board agreed to discuss and vote on the tool kit at the May meeting. Ms. Matthews raised the issue of educating the Planning Board but other members noted that the Planning Board typically contacts the Board of Health only for special permit requests or other public health related issues.

Dr. Brown said that the N²Innovation District development does not address transit issues such as bike lanes or access to the MBTA. Dr. Epstein replied that it is a map - a vision for what a healthy town is. Once it is approved the Health Board will need to work with the Planning Board and the Select Board on the education component.

Warrant for the Town Meeting

Ten days after the Town election, the Chair of each board automatically becomes a member of Town Meeting. Since Dr. Cosgrove is already a member of Town Meeting, the Board needs to decide if they want to send someone else by temporarily reorganizing the Board for a month. There are a few items, such as accessory dwelling units, that would benefit from another Board of Health member's perspective.

The Special Town Meeting warrant is brief. There is some discrepancy between the Select Board and the Finance Committee regarding the appropriation for a public information officer position

Dr. Cosgrove asked Mr. McDonald to provide background on Chairperson Dan Matthews's view of the public information officer position, which would cost \$120,000.00 for a 30-hour position for two years.

Dr. Cosgrove said that there are more pressing needs in the Public Health Division for environmental health issues. Ms. Matthews said that without effective messaging, important programs may go unnoticed or be poorly attended. Ms. Matthews asked if there is any movement to hire a Director of Public Health. Mr. McDonald said that it has not been recommended by the Town Manager for the last two budget cycles. Dr. Brown questioned how effective the Director of Health and Human Services position could be split across so many town departments and issues. Dr. Cosgrove suggested that the Board should stay neutral on the topic of the proposed communications director position.

A discussion ensued on the proposed Article 51 renouncing nuclear weapons, supporting nonproliferation.

Dr. Cosgrove said that May 13 and 15 are the dates Town Meeting and suggested that the Board reorganize until May 31 to allow representation from two Board members. Dr. Epstein and Dr. Partridge are available for those meetings. Dr. Partridge agreed to be the Chair for the duration. Dr. Epstein will serve as back up if needed. Dr. Epstein made a motion to promote Dr. Partridge to Chair through May 31, 2019 for purposes of Town Meeting representation. Dr. Cosgrove seconded the motion. The Board voted unanimously to promote Dr. Partridge to chair.

Meeting Time Discussion

Ms. Matthews noted that she does not have child care coverage for the early 7-9 am meeting time.

Dr. Epstein and Dr. Partridge work shifts at the hospitals and Dr. Epstein is blocked out through August. It was noted that historically the last week in July is the only summer meeting.

Friday from 9:00 AM to 11:00 AM was proposed for Board meetings from September 2019 and beyond. Mr. McDonald noted that it would exclude those Needham residents who want to come to meetings but who work standard business hours. He said that most Boards meet at night to accommodate residents. Dr. Cosgrove noted that the Board historically has two evening meetings a year to accommodate residents.

Next Meetings

May 10 7-9 am

June 14 7-9 am

July 19 7-9 am

Beginning September 2019, meetings will move to 2nd Fridays from 9 – 11 AM

Dr. Cosgrove made a motion to adjourn the meeting at 9:10 am. Dr. Epstein seconded the motion. Upon motion duly made and seconded, the meeting was adjourned at 9:10 am.

Minutes Respectively Submitted,

Faith Crisley, Recording Secretary

Needham Board of Health Minutes

May 10, 2019

Board: Edward Cosgrove, PhD, Chair
Stephen Epstein, MD, MPP, Member
Kathleen Ward Brown, ScD, Vice Chair
Christina S. Mathews, MPH, Member
Robert A. Partridge, MD, MPH, Member

Staff Present: Tara Gurge, Assistant Director; Maryanne Dinell; Donna Carmichael; Diana Acosta; Carol Read; and Dawn Stiller

Convene: Rosemary Recreation Complex, 178 Rosemary Street, Multi-purpose Room

Dr. Partridge, Chair of the Board of Health, called the meeting to order at 7:05 am

Minutes

Ms. Gurge distributed latest materials from DJ Wilson and Cheryl Sbarra.

Ms. Gurge said minutes were pending and were being reviewed by Ms. Lynn Schoeff.

Regional Substance Abuse Coordinator Report-Ms. Carol Read

Ms. Read reported on the progress of the alcohol prevention policy project which includes a tool kit for policy and practice. The tool kit contains communication tools and readiness assessment to support education and advocacy related to town alcohol policies. Included among the tools are some identified in a CDC community guide: intervention approaches and policies; limiting alcohol advertising; retailer compliance checks; responsible beverage service training; and limiting alcohol outlet density and proximity to schools, playgrounds, and residential neighborhoods.

Ms. Read works with Ms. Carmichael, Ms. Zike, and the police on the Community Crisis Intervention Team (CCIT). The CCIT reviews quarterly emergency department admission data from Newton-Wellesley and BID Needham hospitals including: acute mental health conditions; alcohol and other drug intoxication; overdose; elder falls; and domestic violence incidents. This data is used to identify and track acute and chronic behavioral health conditions enabling town service providers to ensure and enhance programs and services.

The Public Health Division and the Police Department are collaborating on a grant application for the Massachusetts Department of Mental Health Jail/Arrest Diversion program. The proposal is to fund a social worker within the police department to work along with officers in responding to residents with behavioral health challenges. This social worker will also collaborate with other Town service providers including public health nurses and social workers in the CCIT.

Traveling Meals Program Report--Ms. Mary Anne Dinell

Ms. Dinell reported that she has posted a second job for summer traveling meals packer-driver position. Three of the women from summer 2018 will return. Ms. Dinell happily reported that she has again received a \$1,000.00 donation from one of the volunteers. Sadly, a former town employee and volunteer passed away recently. This person's family requested that in lieu of flowers, people could send donations to the Friends of the Board of Health for the Traveling Meals program.

Ms. Dinell noted the May 1st appreciation lunch was well attended and she thanked Ms. Mathews for attending.

Environmental Health Report--Ms. Tara Gurge and Ms. Diana Acosta

Ms. Gurge reported that the three training sessions about the Voluntary National Retail Food Regulatory Program Standards (FDA Standard 9, program assessment) in April went extremely well. Pamela Ross Kung conducted the trainings and focused on the three risk factors that arose in the fall 2018 survey. These are: poor handwashing, contaminated equipment, and improper cooling temperatures. Both the data and strategies to remediate the program were presented. Ms. Acosta reported that the survey at the end of the sessions indicated an overwhelmingly positive response. Dr. Cosgrove said that he attended one of the trainings and was very impressed by the entire session.

Shared Dumpster (CVS, Hearth, Farmhouse, and Masala Arts)

A long discussion ensued on rodent infestation in the dumpster and remediating to prevent burrowing in the soft soil nearby on the day care's playground. The town engineer Tony Del Gaizo is now on board with possible relocation of the dumpster further out in the parking lot. Enclosure design is under the jurisdiction of the Planning Board while the supervision of the dumpsters is within the Board of Health's domain.

Communication has improved among the parties since the restaurant owners are now meeting with the Health Division and the three pest-control companies to share information. Cameras can be checked for illegal dumping but the main issue is training the staff to properly close the doors to the dumpsters. Mid-May daily pickups will begin for both dumpsters which will also improve the situation.

Going forward Ms. Gurge has begun working on a new pest control protocol that must be in place before a big project (such as the current Police and Fire station rebuild) to avoid extensive remediation issues in the future.

Dr. Epstein and Dr. Cosgrove recommended Ms. Gurge speak with the Wellesley Health Department as they have been handling similar issues and planning protocols.

Farmers Market

Dr. Brown queried Ms. Acosta on the status of the application from Del Sur, the new hot empanada vendor. Ms. Acosta said that there is no access to bathrooms again so the food code prohibits hot food.

Ms. Acosta noted that the new and returning vendors were pleased with the elimination of the \$50.00 fee. Doris' Peruvian Pastries is going forward as their items are prepacked. Ms. Acosta expects more applications during the rest of May.

Substance Abuse Coordinator Report was not available for this meeting because Ms. Catherine Delano was out today.

Public Health Nurse Report--Ms. Donna Carmichael

Ms. Carmichael reported in response to the April Board request for state measles vaccination numbers. She prefaced the response with the reminder the the state numbers are self-reported. Ms. Barbara

Singer, the School Nurse, reported a 90% rate for measles vaccines and said that her staff keeps track of the exceptions. Ms. Carmichael noted that the Health Department used to be responsible for day care licensure. Ms. Carmichael is hoping to meet with the preschools and day care staff to discuss vaccination and review the importance of tracking those with exemptions.

Dr. Partridge noted that when parents are informed that lack of vaccination puts others' children at risk, the vaccination rate may increase. He recommended that this information should be included in the parental discussions and materials.

Dr. Cosgrove and Dr. Epstein noted that people born before 1957 may require a booster shot. Dr. Cosgrove recommended that the booster issue be mentioned in the next Council on Aging Compass along with a suggestion that seniors speak with their doctors about the possible need for a booster shot.

Ms. Carmichael noted that camp paperwork is processing smoothly. She said that ten applications are in so far, with two to three more expected. Most camps will open June 24.

Ms. Tiffney Zike is away attending the Mass Association of Public Health Nurses conference.

Influenza has begun to decrease.

Other Business

Discussion of Cartwright Road Subdivision

The property consists of two houses under the same ownership which will continue. The 267 house was demolished and the new house has a new septic system. The 260 house has a new septic plan and will continue to be rented by the owner.

A motion was made by Dr. Cosgrove to release the off- street drainage bond early (which covers grading and grass). The total amount of the off-street drainage bond is \$7,000.00 (or \$3,500.00 per lot) for the two lot subdivision. Dr. Epstein seconded the motion. Upon motion duly made and seconded the off-street drainage bond release. The motion was carried. The vote was unanimous.

Food Code Update

The Board voted unanimously in March 2018 to adopt the FDA 2013 Food Code and the 2015 Food Code Supplement. Ms. Gurge noted that the adoption of Annex 1 is now being recommended to all Boards of Health by the FDA. It is slightly stricter with the time frame changing from ten days to five days for hearings. Dr. Epstein asked if the shorter time would adversely affect the Division's work load. Ms. Gurge said that it would not as the Division has routinely needed to organize hearings quickly when needed.

Dr. Cosgrove asked if the State or Annex 1 would apply in questionable cases. Ms. Gurge said that the more stringent regulation, Annex 1, would apply.

Dr. Cosgrove made a motion to amend the initial vote to also include the adoption of Annex 1. Dr. Partridge seconded the motion. Upon motion duly made and seconded, the adoption of the complete 2013 FDA Food Code, along with the 2015 FDA Food Code Supplement, which now also includes the addition of the 2013 FDA Food Code Annex 1 was approved. The motion was carried. The vote was unanimous.

Vaping

Mr. Ted Crowell, a Needham resident, came to the meeting to discuss discovering a Juul e-cigarette in his 15 year-old son's backpack and wanted to provide a parental perspective on Juul use. Mr. Crowell had investigated DJ Wilson's writings as well as an exemption on the Juul website which prohibits shipment of the product to Belmont, MA. A discussion ensued between Mr. Crowell and the Board on what may have led to the exception.

Ms. Mathews thanked Mr. Crowell for his comments and told him she would be interested in forming a committee with parents, teachers, and health care professionals to look at current prevention education.

Dr. Partridge specifically thanked Mr. Crowell for preventing his son's Juul use, reinforcing that prevention begins at home.

Dr. Cosgrove and Dr. Epstein suggested meeting with the tobacco control legal team at Northeastern University to see which State laws may be used and why only Belmont has a ban on online sales. The Board will also consult with Cheryl Sbarra and DJ Wilson. Representative Denise Garlick has presented a bill to tax e-cigarettes (the Governor has suggested 40% and the Democrats are asking for 70%). Representative Garlick can be queried on where it stands currently. A discussion ensued on the amount of tax needed to decrease online sales and methods for preventing under-21 sales. Dr. Epstein recommended a rate based on the amount of nicotine per manufacturer. Dr. Brown raised the issue of how to treat addicted teenagers.

Ms. Read referred Mr. Crowell to the Tobacco 84 initiative since it has outcome data and involves youth in prevention work.

The Board will be updated at a later date about online sales legislation and the opinions of DJ Wilson, Cheryl Sbarra, and the Tobacco Control Group at Northeastern University.

Board Policy on Media Questions

A new policy is needed when the media solicits a Board opinion. Ms. Mathews, Dr. Partridge and Dr. Cosgrove were all approached recently by a Needham Times reporter, Mr. Stefan Geller, on a study forthcoming from the Massachusetts Health Commissioner on Needham's ability to meet the 10 essential public health services as defined by the CDC.

Any future press query will require a conversation between the Director of Public Health and the Board Chair. They will determine whether or not to respond and, if a response is warranted, what the content may be.

In the meantime Ms. Gurge will formulate a response for Mr. Geller which will be sent to the Board for approval and then disseminated to Mr. Geller.

Dr. Cosgrove provided some background information on the commission studying the 10 Essential Public Health Services across Massachusetts. Dr. Cosgrove has been Representative Garlick's designee since October 2018, but he has been attending meetings on his own since fall 2017. The final report is in the editing stage and will be shared in June. Dr. Cosgrove said that so far, towns between 10,000 and 50,000 are meeting the 10 essential service goals but there are issues in resources and scope for those

under 5,000. The report will include suggestions for meeting the goals in the context of strong local control in Massachusetts.

Discussion of 2019 town Meeting

The budget passed as printed in the Warrant. The article about changing marijuana regulations has not yet been raised. Most of the discussion was on accessory dwelling units, which was referred back to the Planning Board. There was widespread support for the accessory dwelling units, while a proposed new apartment complex application was denied.

Concussion protocol

Dr. Epstein asked Ms. Carmichael about the status of the concussion protocol rollout. Ms. Zike will update the Board at the June meeting.

A motion was made by Dr. Partridge to adjourn the meeting. The motion was seconded. Upon motion duly made and seconded the vote was unanimous. The meeting was adjourned at 9:03 am.

Next Meetings

June 14 7-9 am

July 19 7-9 am

September 2019 and beyond meetings will move to 2nd Fridays from 9 – 11 am

September 13 9-11 am is tentatively scheduled as the first fall meeting.

Minutes Respectively Submitted,

Faith Crisley, Recording Secretary

Public Health Nurse Report - May FY2019
Donna Carmichael and Tiffany Zike

COMMUNICABLE DISEASES:	JUL	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	Apr	MAY	JUN	T19	T18	T17
BABESIOSIS		3									1		4	4	2
Borrelia Miyamota													0	0	0
CAMPYLOBACTER				2	1	1	1		1				6	14	7
CRYPTOSPORIDIUM													0	1	0
Cyclosporiasis													0	1	0
Dengue													0	0	1
E-Coli													0	0	0
EHRlichiosis/ HGA	1	1									2		4	2	2
Enterovirus													0	1	1
GIARDIASIS									1		1		2	1	2
Haemophilus Influenza													0	1	1
HEPATITIS B		1		1		2	2	1			2		9	8	8
HEPATITIS C	1		3	2		3				1	1		11	14	21
Influenza						9	19	30	20	16	4		98	211	108
Legionellosis													0	2	0
Listeriosis													0	0	0
LYME	13	7	2	4	4	2	1	2		3	5		43	53	44
MEASLES													0	0	0
MENINGITIS													0	0	0
Meningitis(Aseptic)													0	1	2
Mumps													0	0	0
Noro Virus							1	1	3				5	3	2
PERTUSSIS	3												3	1	4
RMSF(Rocky Mt Spotted Fever)						1									
SALMONELLA			1								1		2	3	2
SHIGA TOXIN									1				1	0	1
SHIGELLOSIS		1		1									2	0	0
STREP Group B													0	1	0
STREP (GAS)										2			2	5	0
STREP PNEUMONIAE				1			1			1			3	3	0
TUBERCULOSIS													0	0	0
TULAREMIA													0	0	1
Latent TB	1												1	0	1
Varicella	2	1	1		1				1				6	12	10
Vibrio			1										1	0	1
West Nile virus													0	0	0
Zika													0	1	1
TOTAL DISEASES	21	14	8	11	6	18	25	34	27	23	17	0	203	343	221
Revoked/Suspect Diseases Investigated			1	3			1						5	6	13
Contact Investigation	4						1						5	5	1

Public Health Nurse Report - May FY2019

Donna Carmichael and Tiffany Zike

ANIMAL TO HUMAN BITES	JUL	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	Apr	MAY	JUN	T19	T18	T17
DOG	6	3	4	0	2	1	2		2	3			23	42	15
CAT													0	0	0
BAT													0	8	5
SKUNK										1			1	0	0
RACCOON													0	0	0
other													0	1	1
TOTAL BITES	6	3	4	0	2	1	2	0	2	4	0	0	24	51	22

IMMUNIZATIONS	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY19	FY18	FY17
B12	2	2	2	2	2	2	2	2	2	2	2		22	24	22
Flu (Seasonal)			284	408	20	0	0	0	0	0	0		712	522	674
Hep B						2	0	0	0	0	0		2		
Polio		4		0	0	0	0	0	0	0	0		4		
TDap		3		1	0	2	0	0	0	0	0		6	0	1
Varicella				0	0	0	0	0	0	0	0		0	2	0
Consult	49	50	90	72	32	98	34	25	71	65			586	319	592
Fire/Police	20	7	15	15	16	20	6	5	22	15			141	59	80
Schools	2	8	30	40	4	35	10	8	14	12			163	42	106
Town Agencies	25	20	20	15	10	35	15	10	30	25			205	185	246
Community Agencies	2	15	25	2	2	8	3	2	5	10			74	32	160

ASSISTANCE PROGRAMS	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY19	FY18	FY17
Food Pantry		1	2	0	3	0	1	1	1	1	1	0	10	13	20
Food Stamps			0	0	0	0	1	0	0	0	0		1	0	4
Friends			0	0	0	0	0	0	0	0	0		0	0	0
Gift of Warmth	1		2	2	1	1	4	1	2	6	0		20 (\$5817)	20(\$7250)	11
Good Neighbor			0	0	0	0	0	2	0	0	0		2 ⁵ \$425/fam		8
Park & Rec			0	0	0	0	0	0	1	0	0		1	1	2
Salvation Army			0	0	1	0	0	0	0	0	0		1	0	0
Self Help	2	2	1	3	0	2	1	3	4	5	3		26	34	46

Gift Cards Distributed - 2

Public Health Nurse Report - May FY2019

Donna Carmichael and Tiffany Zike

WELLNESS PROGRAMS	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY19	FY18	FY17
Office Visits	56	49	34	26	11	18	20	27	29	30	34		334	467	481
Safe Visits	0	3	2	1	2	0	0	1	2	0	0		11	10	7
Clinics	0	0	0	0	4	2	7	7	11	7	14		52	0	0
Housing Visit	1	1	0	0	2	0	0	1	0	0	0		5	15	6
Housing Call	0	3	3	4	7	4	13	5	4	1	0		44	110	37
Camps-summer	6	7	0	0	0	0	0	8	1	8	5		35	60	50
Tanning Insp	0	0	0	0	0	0	0	0	0	0			0	0	0
Articles	1	0	1	0	0	0	1	0	1	2	0		6	3	3
Presentations	1	1	6	2	5	2	2	1	1	1	2		24	16	0
Cable	0	1	1	1	0	0	1	0	0	1	1		6	2	5

EMPLOYEE WELLNESS	July	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	FY19	FY18	FY17
BP/WELLNESS - DPW/RTS	0	0	10	13	11	11	13	12	12	12	11		105	148	169
CPR/AED INSTRUCTION	0	0	0	0	11	7	0	0	0	0	0		18	0	31
Narcan Training											13				
Police Weights	0	0	0	0	13	0	0	0	0	0	12		25		
First Aide	10	8	5	6	3	2	0	3	6	9	5		57		
Total People	10	8	15	19	38	20	13	15	18	21	41	0	205		
Community Education Hours															
HEALTH ED Tick Borne	50	20	15	5	3	0	0	0	0	1	0		94	132	90
HEALTH ED Mosquito Borne	50	20	15	5	0	0	0	0	0	0	0		90	135	80
HEALTH ED FLU	0	0	15	15	10	20	2	2	1	3	0		68	289	160
GENERAL HEALTH EDUCATION	20	10	10	10	15	20	5	12	8	3	2		115	186	258
HEALTH ED Measles										15	2		15		
Total Hours	120	50	55	35	28	40	7	14	9	22	4	0	382	1077	954

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MEETINGS, EVENTS, TRAININGS

<i>Title</i>	<i>Description/Highlights/Votes/Etc.</i>
Emergency Planning	NC8 - Monthly Meeting
	Region 4AB - PHEP Monthly Meeting
	EOC Table Top Exercise preparation for June x4
	Hot Topics and Preparedness Conference - Granite Links
Emergency Preparedness	Grant writing - EMPG, MVP, and HMEP Grants
DVAC	Monthly Meeting - Organizing and Preparing for meeting, meeting minutes, follow up and distribution of information
	REACH Donation Drive
	Cable series coordination
Concussions	Working towards Roll-out
	Baseball/Softball Opening Day
	Working on Paperwork/Website
Healthy Aging	Home visit x 1
	Lunch and Learn
Trainings	MHOA Camps
	Immunization Updates
	MAPHN Conference
	COCA call- Measles, Rickettsia
Summer Camps	Managing Packet information
Managing	Managing BC Student, DVAC Intern as well as EP Program Coordinator
Newton-Wellesley	Community Meeting
Narcan Training	Trained 13 Library staff on the use of Narcan
MAPC Grant	Climate Change training meetings x2

Needham Public Health Division

May 2019

Assist. Health Dir. - Tara Gurge

Health Agents - Diana Acosta and Monica Pancare

Activities

Activity	Notes
Animal Inspection (For new permit.)	1 – Animal Inspection conducted at: - Preliminary inspection conducted for 3 goats at Needham Golf Club – Inspected proposed structure(s) for housing animals on site. Animal Control Officer also conducted an initial inspection. Animals have not arrived yet. Will conduct a re-inspection once animals arrive, along with Animal Control Officer, prior to issuing permit. (Pending.)
Animal Permits (Renewals sent out.)	Animal Permit renewal applications sent out. - Applications in process of being submitted for review. (Permits expire June 30, 2019.) - 7 / 18 Received – (1 person moved out of Needham.) Will call to remind applicants of permit renewal deadline.
Demo Reviews/ Approvals	13 - Demolition sign-offs: • 1102 Highland Ave • 823 Charles River Street • 609 Central Ave • 21 Otis Street • 13-15 Highland Place • 95 Taylor Road • 29-31 Linden Street • 33-35 Linden Street • 119 Whitman Road • 66 Washington Ave • 1038 Greendale Ave • 758 Webster Street • 1315 Highland Place
Farmer's Market Permits (Seasonal)	6 – Farmers Market Permits issued: - Angry Honey - Sweet Rossella - Boston Sword and Tuna - Swiss Bakers - Fundamentally Nuts - MacArthur Farms
Food – Temporary Food Event Permits (Monica conducted inspections at the NBA June Street Fair on Saturday, June 1 st .)	35 – Temporary Food Permits issued to: - Legal Sea Foods @ Intex Solutions - Oath Pizza @ BID Grand Opening - The Cookie Monstah @ BID Grand Opening - Captain Marden's Seafood@ BID Grand Opening - Newman PTC Springfest - St. Joseph's Elementary School Field Day - Needham Diversity Initiative - Arts in the Park - All Purpose Bakery - Memorial Day Soccer Tournament - Exchange Club car show - Sam's Hot Dog @ TBS - Sam's Hot Dog @ Newman - Parks and Recreation Summer Programs (x5) - Broadmeadow PTC Playground Picnic

	- Busy Bee Jumpers @ Playground Picnic - Broadmeadow 5th Grade Luncheon - Hillside PTC Carnival - Park & Recreation Ribbon Cutting Event - AKBTC Geared up for Kids - Park & Recreation Grand Opening Luau - NBA June Street Fair: - o Abbott's Frozen Custard - o Arbonne International - o Cappella - o Dedham Savings Bank - o Gari - o Hearth - o Hill Homes Market Place - o JP Licks - o Masala Art - o Newton Needham Chamber - o Newton Center Associates - o Nothing Bundt Cakes - o Needham Public Health Division - o Rockland Trust - o The James - o Victoria Regia Bridal
Food – Mobile Trucks	4 – Mobile Food Trucks inspected: - Oath Pizza - The Cookie Monstah - Captain Marden's Seafood - Bowl Boyz 1 – Seasonal Permit Issued - Bowl Boyz - Super Start Ice Cream (pending). Police in process of submitting letter.
Food – Food Permit Plan Reviews (Updates)/Permits Issued	5 – Food Establishment looking to start their Pre-operation inspection process: - <u>Eat Well</u> – (Still Pending) Pre-operation inspections pending. (No update) - <u>Servente Bakery & Café</u> – Permit packet and fees received. Awaiting bathroom renovations. Pre-operation insp. pending. (No update) - <u>Pancho's Taqueria</u> – Updated kitchen layout plan still pending for review. (On-going) - <u>Forklift Catering</u> – To take over vacant #301 Reservoir St. location. (Plan review on-going) - <u>Hungry Coyote</u> – Submitted plan review. Awaiting items. (Old Orange Leaf location.) 1 – Food Establishment Plan Review Pending - Mike's Trattoria (Old L&K food establishment location.) 4 – Food establishment seasonal/annual permit issued: - <u>Wingate at Needham</u> - <u>Rosemary Pool Ice Cream</u> - <u>BID OOC Coffee Kiosk</u> (In new building.) - <u>Lunchbox Program @ St. Joseph's Elementary</u> (Catering service.) 3 – Establishments Out of Business / Temporary Close - Acapulcos (closed on May 31st) - Sweet Saba's - Teri's Toffee Haus
Food Pre-operation Inspections conducted	2 – Pre-operation inspections conducted for: <u>NEW Suny Williams School (x2)</u> - Pre-operation inspections conducted. (Follow-up pending.)
Food Complaints	2/2 – Food Complaints/Follow-ups: - <u>Fuji Steakhouse</u>- Resident called to report the bathroom in the establishment had trash coming out of the containers, no hot water at the sink, the toilet seat was broken, and the door had a piece of tape covering the latch so the door could not lock. Diana followed up

	with the manager. All items were addressed. - <u>North Hill</u> – Resident reported seeing pests in the dining areas. Diana has been following up with the manager at North Hill. They now have weekly pest control service and working to solve issues, but looking at sealing up foundation areas and other areas (door sweeps, etc.) to prevent pest access. Monica conducted routine food inspection and saw droppings in one of the dry food storage areas but the facility was clean overall. (Will continue to monitor.)
Housing – Complaints/Follow-ups	1/1 – Housing Complaints/Follow-ups - <u>Chambers Street (NHA)</u> – Well check was conducted by Donna, public health nurse, and the state of the apartment was unsanitary. Occupant removed and taken to a medical facility. Needham Housing Authority (NHA) hired a professional company to clean out the unit. The company cleaned out the main parts of the unit but NHA is waiting on occupant's permission to remove items. Also in process of coordinating with Springwell. Will need to conduct a re-inspection of this unit, prior to re-occupancy. (On-going.)
Nuisance – Complaints/Follow-ups	7/12 – Nuisance Complaints/Follow-ups conducted for: - <u>John Street (x2)</u> – A resident reported a neighboring home under construction had an overflowing dumpster. Diana spoke with the contractor each time to address the issue. In other calls the contractor was called directly and reported they would call the hauler to remove the trash. Issued addressed. Dumpster has now been removed. - <u>Dumpsters near CVS/Farmhouse/Hearth/Masala Art (x4) –UPDATE</u> – Pest elimination progress being made. Weekly meetings are conducted with Pest Control companies, along with establishment owners, to review progress. The shared dumpster enclosure has been approved to be moved to a different location in the parking lot, and away from the daycare. The current enclosure will remain without dumpsters per the landlord's request. - <u>Gould Street (2x)</u> – A resident feels strongly that there is "nuclear material" in the area near his home. Concerned about business office and school which is also in the area. Complainant reports no health symptoms when off the property but is uncomfortable when he is at home or even in his yard. No evidence of odors or spills in and around his property. Diana conducted a search on the Department of Environmental Protections (DEP)'s website to see if there were any spills in the area. (The only spills that occurred were gas or oil and happened 20+ years ago.) DEP put Diana in contact with the Radiological Control Program (RCP) from the MA Department of Public Health (DPH). RCP recommended following up with the Fire Chief. Diana spoke with Needham's Fire Chief, Dennis Condon who said the only nuclear material in town could be found at a biomedical lab or the hospital but the material was in a small quantity and well contained. There is no reason to believe that this material would have an effect on someone living on Gould Street. Diana also working with the nurses on this case (On going). - <u>St. Mary Street</u> – The property was reported to have a lot of clutter and wood storage. Observed items in front of house and on driveway, etc. Tara and Diana conducted routine site visits (x2) and met with the resident. Resident said they would be clearing some of the items. Also triggers Town 'Junk' by law. Will write a letter to resident. (On-going). - <u>Cottage Street</u> – Across from house, there is patch of land that is unkempt. The patch is allegedly owned by Webster Green. Resident had seen rodents running in and out of area over the weekend. Diana conducted a site visit and met with the resident. The patch had a lot of leaf litter that could serve as habitat for the rodents. On the other side of the fence that runs through the patch was the dumpster for the Webster Green residents' which was overflowing. Diana contacted the management for Webster Green and explained the situation. The manager said they would get the dumpster taken out and see what can be done about the patch of land. Most likely they did not realize the piece of land belonged to the apartment complex because it is behind the main fence on the property. Their pest control company will be adding bait boxes along the fence line. (On-going) - <u>Oakcrest Road</u> – Resident called to report the abutting property had an excessive amount of leaf litter and junk in the driveway. They are concerned that the pile will attract pests as there have already been many flies in the past. Diana conducted a site visit and was given permission to enter the complainant's property. From the fence, the leaf litter and items

	were observed. A letter was sent to the neighbor to encourage the clean-up of this pile. - <u>Charles Court East</u> – Resident called to report grounds staff was blowing out mulch and after cleaning off the patio area, the leaf blowers left a “fine dust that cannot be swept off.” The resident said that they could not be outside as they would cough and lose their voice. They asked for a power wash of the patio. Diana contacted management and they will remind the grounds staff to avoid getting mulch where it should not be. The power wash has been a historical request from the resident. The management did not agree that a power wash was needed but they would make sure the patio was cleaned.
Pools	7/4 – Outdoor Pool Inspections / Follow Ups Conducted at: - The Kendrick (1 Follow up) - Modera - Rosemary Ridge Condos - Charles River Landing (1 Follow up) - Needham Pool & Racquet Club - Rosemary Recreation Complex (2x pools /2 Follow ups) 7 – Outdoor Pool Permits Issued 1 – Variance Issued - Rosemary Ridge Condos
Septic – COC for Repairs	2 – Final Certificates of Compliance issued for: - <u>#32 Gatewood Dr.</u> (D-Box replacement) - <u>#88 Stratford Rd.</u> (D-Box replacement)
Septic - Soil Test Application/Perc Tests conducted	1 – Soil Test/Perc Test conducted for: - <u>#1 Wellesley Ave.</u> – For septic system upgrade. (Plan submittal pending.)
Septic – Plan Reviews	3 – Septic Plan Reviews conducted for: - <u>#260 Cartwright Rd.</u> – Comments sent. Revised plan submitted. Approval letter issued. - <u>#32 Gatewood Dr.</u> – Reviewed septic as-built plan. - <u>#88 Stratford Rd.</u> - Reviewed septic as-built plan.
Septic – Enforceable Agreement Discussion	1 - Enforceable Agreement Discussion held for: - <u>#57 Walker Lane</u> – Met with Town Engineering, Water and Sewer, and Conservation Depts., along with homeowner, to discuss the timeline for the municipal sewer extension project to bring up the sewer line to his property. (PLEASE NOTE: DEP Enforceable Agreement set on this property which is due to expire of Dec. 31, 2019.) Homeowner will work on contacting additional sewer contractors to take on this proposed sewer extension job. Homeowner may ask for an extension from the BOH for this Order once he has exhausted all efforts to connect by the 2-year deadline. (On-going.)
Subdivision Release of Off-Street Drainage Bond (Update)	1 – Off-Street Drainage Bond Release request received from: - <u>Owner of #260/#267 Cartwright Rd.</u> – Off-Street drainage bond monies held - \$3,500 per lot. Total of \$7,000 for 2-lot subdivision. (See Info. enclosed in packet.) –BOH to vote. <u>UPDATE</u> – BOH voted to release bond amount of \$7,000. Letter sent.
Tobacco Complaints	0 – Tobacco Complaints
Waste Hauler Permits Issued	8 - Waste Hauler Inspections Conducted - Barry Brothers - Republic (2x) - BP Trucking (x3) - EL Harvey - C.L. Noonan 3 – Waste Hauler Permits issued to: - Barry Brothers - BP Trucking - C.L. Noonan

Planning Board Plan Reviews	3 – Plan reviews conducted for Planning Board/Comments sent for: - #88 and #66 Chestnut St., #89 School St. and #43 Lincoln St. - Amendment to SPMP 2018-03/Town of Needham – Public Safety Communications Facility at Police and Fire Headquarters. - #1407 Central Avenue - Amendment to SPMP 2013-02/Town of Needham – Public Safety Communications Facility. - Hearth Pizza and Farmhouse Rest. (Dumpster relocation) – Comments in support of relocation sent.
Zoning Board of Appeals Plan Review	1 - Plan Review conducted for Zoning Board of Appeals/Comments sent for: - #73 Highland Ave. – Comments sent on the proposed food establishment at the site. (Former D’Angelo’s site.)

Yearly

Category	Jul	Aug	S	O	N	D	J	F	M	A	Ma	Ju	FY '19	FY' 18	FY' 17	FY' 16	Notes/Follow-Up
Biotech	0	0	0	0	1	0	0	0	0	0	0	0	1	0	2	2	Biotech registrations
Bodywork	0	0	0	0	0	4	2	8	0	0	0	0	14	14	6	11	Bodywork Estab. Insp.
Bodywork	0	2	0	0	0	5	2	0	0	0	0	0	9	6	4	3	Bodywork Estab. Permits
Bodywork	0	2	1	0	0	16	2	0	0	0	0	0	21	22	13	10	Bodywork Pract. Permits
Bottling	0	0	1	0	0	0	0	0	0	0	0	0	1	1	2	1	Bottling Permit insp.
Demo	12	13	9	5	11	5	12	4	7	2	13	0	93	105	112	110	Demo reviews
Domestic Animal Permits/Insp.	0	1	1	0	0	0	0	0	0	0	0	0	2	19	17	16	Animal permits/
	0	0	20	0	1	0	0	0	0	0	1	0	22	3	16		Inspections
Food Service	16	8	23	25	16	13	20	9	22	15	15	0	182	225	198	209	Routine insp.
Food Service	3	1	0	1	0	1	1	0	0	1	1	0	9	32	37	35	Pre-oper. Insp.
Retail	6	5	7	7	2	2	3	4	4	3	0	0	43	60	69	71	Routine insp.
Resid. kitchen	0	1	0	0	1	0	0	1	2	0	1	0	6	8	7	11	Routine insp.
Mobile	1	4	0	1	0	0	0	0	1	2	5	0	14	13	15	9	Routine insp.
Food Service	1	1	0	3	5	3	4	4	3	2	1	0	27	53	51	50	Re-insp.
Food Service/retail	2	1	0	0	1	129	1	0	0	1	2	0	137	171	177	176	Annual/Seasonal Permits
Food Service	7	12	19	14	12	2	3	3	3	14	35	0	124	163	158	107	Temp. food permits/Inspe
	9	1	10	0	0	0	0	0	0	1	16	0	37	29	62	54	
Food Service	1	0	1	0	0	0	0	0	1	5	6	0	14	14	7	9	Farmers Market permits
	50	45	41	42	10	0	0	0	0	0	0	0	188	127	33	16	Farmers Market insp.

Food Service	0	2	0	2	1	1	1	3	1	4	2	0	17	20	13	21	New Compl./
	0	2	0	2	1	1	4	3	1	4	2	0	20	21	17	21	Follow-ups
Food Service	0	1	1	3	4	3	2	1	2	1	0	0	18	42	33	32	Plan Reviews
Food Service	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	Admin. Hearings
Grease/ Septage Haulers	0	0	0	0	0	21	0	0	0	0	0	0	21	24	24	29	Grease/ Septage Hauler Permits
Housing (Chap II Housing)	0	0	0	0	0	0	0	0	0	0	0	0	0	14	14	7	Annual routine insp./
	0	0	0	0	0	0	0	0	0	0	0	0	0	5	4	4	Follow-up insp.
Housing	2	4	1	3	4	1	3	0	2	0	1	0	21	22	7	18	New Compl./
	3	5	1	4	4	1	3	3	2	0	1	0	27	24	11	37	Follow-ups
Hotel	0	0	0	0	0	3	0	0	0	0	0	0	3	3	3	3	Annual insp./
	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	Follow-ups
Nuisance	2	5	5	4	4	4	1	4	6	8	7	0	50	42	30	44	New Compl./
	2	5	5	4	4	4	1	4	8	8	12	0	57	42	45	50	Follow-ups
Pools	1	4	0	0	1	7	0	0	0	0	7	0	20	12	13	9	Pool insp./
	1	5	0	0	0	1	1	0	0	0	4	0	12	7	8	3	Follow up
Pools	1	2	1	0	0	7	1	0	0	0	7	0	19	12	9	9	Pool permits
Pools	2	1	0	0	0	0	0	0	0	0	0	0	3	44	19	8	Pool plan reviews
Pools	0	0	0	0	0	4	0	0	0	0	1	0	5	7	6	4	Pool variances
Septic	0	0	0	1	2	1	1	1	0	1	1	0	8	5	18	8	Septic Abandon
Septic	1	0	0	0	0	1	0	0	0	0	0	0	2	2	5	9	Addition to a home on a septic plan rev/approval
Septic	0	0	0	8	9	3	1	0	0	0	0	0	21	28	43	23	Install. Insp.
Septic	0	0	0	0	1	0	0	0	0	0	2	0	3	1	0	3	COC for repairs
Septic	0	0	0	0	2	1	1	0	0	0	0	0	4	4	3	3	COC for complete septic system

Septic	0	0	0	0	0	0	0	0	0	1	0	0	1	2	6	8	Soil/Perc Test.
Septic	0	1	0	1	2	0	0	0	0	2	0	0	6	5	8	6	Const. permits
Septic	0	0	1	0	1	3	2	0	0	0	0	0	7	9	11	9	Installer permits
Septic	0	0	1	0	1	1	1	0	0	0	0	0	4	3	6	6	Installer Tests
Septic	0	0	0	0	1	0	0	0	0	0	0	0	1	3	7	3	Deed Restrict.
Septic	1	1	0	1	2	1	0	0	0	1	2	0	9	23	14	14	Plan reviews
Sharps permits/Insp.	0	0	0	0	0	7	0	0	0	0	0	0	7	9	9	10	Disposal of Sharps permits/
	0	0	0	0	2	5	0	0	0	0	0	0	7	7			Inspections
Subdivision	0	0	0	0	0	0	0	0	0	1	0	0	1	0	3	3	Plan review- Insp. of lots /
	0	0	0	0	0	0	0	0	0	0	1	0	1		1	0	Bond Releases
Special Permit/ Zoning memos	1	2	0	2	4	2	7	6	0	3	4	0	31	15	12	16	Special Permit/Zoning
Tobacco	0	0	0	0	0	10	0	0	0	0	0	0	10	11	12	13	Tobacco permits
Tobacco	4	1	3	2	0	0	1	1	2	0	0	0	14	18	25	25	Routine insp./
	1	0	0	0	0	0	0	0	2	0	0	0	3	3	6	7	Follow-up insp.
Tobacco	0	0	0	10	0	0	0	10	0	10	0	0	30	41	34	48	Compliance checks
Tobacco	0	0	0	0	0	0	0	2	1	0	0	0	3	4	2	4	New compl./
	0	0	0	0	0	0	0	2	1	0	0	0	3	4	2	4	Compl. follow-
Trash Haulers	0	0	0	0	0	0	0	0	3	10	3	0	16	14	26	30	Trash Hauler permits
Medical Waste Haulers	0	0	0	0	0	2	0	0	0	0	0	0	2	1	2	2	Medical Waste Hauler permits
Wells	0	2	0	0	0	0	2	0	1	0	0	0	5	2	7	6	Permission to drill letters/
	0	0	0	0	0	0	0	1	0	0	0	0	1	0	3	0	Well Permits

FY 19 Priority FBI Risk Violations Chart (By Date)

Restaurant	Insp. Date	Priority Violation	Description
Comella's	7/16/2018	28 - 7-206.13 (A) Tracking Powders, Pest Control & Monitoring - A tracking powder pesticide may not be used in a food establishment.	Kitchen -Eliminate mouse infestation
Cookies By Design	9/21/2018	9-3-301.11 (B) Preventing Contamination from Hands - Except when washing fruits and vegetables, food employees may not contact exposed, ready-to-eat food with their bare hands and shall use suitable utensils such as deli tissue, spatulas, tongs, single-use gloves or dispensing equip.	Kitchen -Need gloves.
Pollard Middle School	9/24/2018	28-7-204.11 Sanitizers - Chemical sanitizers, including chemical sanitizing solutions generated onsite, and other chemical antimicrobials applied to food-contact surfaces shall meet the requirements specified in 40 CFR 180.940. Chemical sanitizers shall not exceed manufacture's label instructions.	Kitchen -Sanitizer in 3 bay sink was low, ~100 ppm - should be 150-200 ppm.
St. Sebastian's	9/27/2018	33-3-501.15 (A) Cooling Methods - Cooling shall be accomplished in accordance with the time and temperature criteria specified under 3-501-14 by using one or more of the following: placing food in shallow pans; separating the food into smaller or thinner portions; using rapid cooling equipment; stirring the food in a container placed in an ice water bath; using containers that facilitate heat transfer; adding ice or other effective methods	Kitchen -Tortellini was at 68 F - Should be cold held in walk-in before being placed in the salad bar.
Gari	10/3/2018	4-501.110 Warewasher Wash Sol. Temp. - Ensure that low temp dishwash machine operates at a minimum of 120°F wash & rinse. The temperature of the wash solution in spray-type warewashers that use chemicals to sanitize may not be less than 120°F.	Kitchen -110°F in wash cycle
Wingate at Needham	11/6/2018	5-402.13 Conveying Sewage - Sewage shall be conveyed to the point of disposal through an approved sanitary sewage system or other system, including use of sewage transport vehicles, waste retention tanks, pumps, pipes, hoses, and connections that are constructed, maintained, and operated according to law.	Kitchen - Repair hand wash sink drain in dish room
Beth Israel Deac. Hospital Kitchen	12/15/2018	4-703.11 Methods-Hot Water and Chemical - After being cleaned, equipment food-contact surfaces and utensils shall be sanitized in: hot water manual operations for at least 30 seconds; hot water mechanical achieving surface temperature of 160°F as measured by an irreversible registering temperature indicator; or chemical (manual or mechanical) for times specified the EPA-registered label use instructions.	Kitchen - Wash Temperature 140-140F.
Residences at Wingate	12/15/2018	4-602.11 (A) Food-Contact Surfaces and Utensils - Equipment food-contact surfaces and utensils shall be cleaned: before each use with a different type of raw animal food such as beef, fish, lamb, pork, or poultry; each time there is a change from working with raw foods to working with RTE foods; between uses with raw fruits and vegetables and with TCS food; before using or storing a food temperature measuring device; and any time during the operation when contamination may have occurred.	Kitchen - Slicing machine blade has encrusted food debris on rim of blade. Thorough cleaning and sanitizing required.

Sweet Tomatoes	12/20/2018	3-501.14 (A) Cooling Cooked Foods - Cooling cooked TCS foods shall be done within 2 hours from 135°F to 70°F and then within 4 hours from 70°F to 41°F.	Kitchen - A hot holding unit was found unplugged in the back of the kitchen on the shelf which contained tomato sauce and another pan of meatballs. PIC stated she was told to unplug it at 4 o'clock the meatballs and sauce were in the danger zone products discarded tomato sauce was 106°F and meatballs were 110°F.
Briarwood Healthcare Center	1/6/2019	7-201.11 Storage Separation - Poisonous or toxic materials shall be stored so they cannot contaminate food, equipment, utensils, linens, and single-service and single use articles.	Kitchen - Oven cleaner and other toxic chemicals stored above prep sink and prep table area. Store segregated and away from all food, equipment prep areas.
Mandarin Cuisine	1/19/2019	3-302.11 (A)(2) Raw Animal Foods Separated from each other - Except when combined as ingredients, separating types of raw animal foods from each other such as beef, fish, lamb, pork and poultry during storage, preparation, holding, and display by: (a) Using separate equipment for each type, or (b) Arranging each type of food in equipment so that cross contamination of one type with another is prevented and (c) preparing each type of food at different times or in separate areas. 3-501.14 (A) Cooling Cooked Foods - Cooling cooked TCS foods shall be done within 2 hours from 135°F to 70°F and then within 4 hours from 70°F to 41°F.	Kitchen - Raw chicken stored above RTE foods. This chicken was wrapped in a chef's coat. Removed. Specific discussion w/ PIC on storage segregating product so it is more functional for him. Kitchen - Large bulk pans cooked rice cooling improperly Rice was 129°F, 110°F.
Spiga	1/19/2019	3-501.16 (A)(2) (B) Proper Cold Holding Temps. - All cold TCS foods shall be held at 41°F or below. Eggs that have not been treated to destroy all viable Salmonellae shall be stored in refrigerated equipment that maintains an ambient air temperature of 45°F or less.	- Kitchen - Bechamel 54 °F; Fresh fish filets 41 °F; Porcini mushrooms mix 52 °F; Suggest pre-chilling pans in freezer to help in keeping food 41 F or below. Provide a lid or cover for this unit, and the other refrigerator roll top (without the top) in the far corner -COS. Several coddled raw whole shell eggs were observed in a small pan insert in warm water. (This was used for making Carbonara sauce.) The inside is not fully cooked and in the danger zone. Suggest using pasteurized shell eggs.
Masala Art Restaurant	1/19/2019	3-304.11 Food Contact with Soiled Items 3-302.11 (A)(3) Using clean and sanitized equipment - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer.	Kitchen -Utensils stored improperly after cleaning and sanitizing above 3-Comp sink.
Tomorrow's Lunch @ WCVB	1/29/2019	3-501.16 (A)(2) (B) Proper Cold Holding Temps. - All cold TCS foods shall be held at 41°F or below. Eggs that have not been treated to destroy all viable Salmonellae shall be stored in refrigerated equipment that maintains an ambient air temperature of 45°F or less. 3-501.16 (A)(2) (B) Proper Cold Holding Temps. - All cold TCS foods shall be held at 41°F or below. Eggs that have not been treated to destroy all viable Salmonellae shall be stored in refrigerated equipment that maintains an ambient air temperature of 45°F or less.	Cafeteria - Fridge is at 46°F. Service is to be done today. Forward receipt of service to Health Div. ASAP. End of service. Kitchen - Chickpeas and tuna temps were high. PIC voluntarily discarded.
The James	2/9/2019	3-301.11 (B) Preventing Contamination from Hands - Except when washing fruits and vegetables, food employees may not contact exposed, ready-to-eat food with their bare hands and shall use suitable utensils such as deli tissue, spatulas, tongs, single-	Kitchen - Bare hand contact w/ ready to eat food. Product discarded. Train and review with staff.

		use gloves or dispensing equipment.	
Otrada Adult Day Care	2/16/2019	3-801.11 (C) Special Requirements (Raw/Partially Cooked RTE) - - The following foods may not be served or offered for sale in a RTE form: raw animal foods such as raw fish, raw-marinated fish, raw molluscan shellfish, and steak tartare, a partially cooked animal food such as lightly cooked fish, rare meat, soft-cooked eggs that are made from raw eggs, and meringue; and raw seed sprouts. 7-204.11 Sanitizers - Chemical sanitizers, including chemical sanitizing solutions generated onsite, and other chemical antimicrobials applied to food-contact surfaces shall meet the requirements specified in 40 CFR 180.940. Chemical sanitizers shall not exceed manufacture's label instructions.	Kitchen - Cook stated that they provide omelet, sunny side undercooked eggs to adult day care participants. Cease and desist this practice, unless pasteurized shell eggs or pasteurized liquid eggs are used. Kitchen - Kitchen chlorine sanitizer in 3 comp sink was in excess of 200 ppm. Discussed w/ chef DeMaris and PIC.
Farmhouse Restaurant	2/16/2019	3-304.11 Food Contact with Soiled Items - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer. 3-501.14 (A) Cooling Cooked Foods - Cooling cooked TCS foods shall be done within 2 hours from 135°F to 70°F and then within 4 hours from 70°F to 41°F.	Kitchen - Micro greens, towel and other products covered w/ paper towels direct food contact. Discussion with Juan PIC Kitchen - Bolognese Sauce 176°F in walk in cooler. COS. Discussion w/ PIC on alternative methods to cool rapidly sautéed mushrooms on service line- cool quickly, keep below rim of food to assist in keeping well chilled.
7-Eleven 36044A (Chestnut Street)	2/21/2019	3-701.11 Discarding or Reconditioning Unsafe, Adulterated, or Contaminated Food - A food that is unsafe, adulterated, or not honestly presented as specified shall be discarded or reconditioned. Food that is not from an approved source shall be discarded. RTE food that may have been contaminated by an employee who has been restricted or excluded shall be discarded. Food that is contaminated by food employees, consumers, or other persons through contact with their hands, bodily discharges, such as nasal or oral discharges, or other means shall be discarded.	Store - Box of Cinnamon Toast Crunch was ripped into. Discarded by PIC.
Volante Farms	2/22/2019	3-501.16 (A)(2) (B) Proper Cold Holding Temps. - All cold TCS foods shall be held at 41°F or below. Eggs that have not been treated to destroy all viable Salmonellae shall be stored in refrigerated equipment that maintains an ambient air temperature of 45°F or less. 3-501.15 (A) Cooling Methods - - Cooling shall be accomplished in accordance with the time and temperature criteria specified under 3-501-14 by using	Store - "From Our Kitchen" reach-in unit was observed at 46° F. May be on defrost. Basement - Employees were not able to report definite time when soups were added into fridge. In ice bath but still above 41°F. Recommend cooling and keeping a log.

		one or more of the following: placing food in shallow pans; separating the food into smaller or thinner portions; using rapid cooling equipment; stirring the food in a container placed in an ice water bath; using containers that facilitate heat transfer; adding ice or other effective methods.	
New Garden	3/2/2019	3-304.11 Food Contact with Soiled Items - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer. 3-302.11 (A)(2) Raw Animal Foods Separated from each other - Except when combined as ingredients, separating types of raw animal foods from each other such as beef, fish, lamb, pork and poultry during storage, preparation, holding, and display by: (a) Using separate equipment for each type, or (b) Arranging each type of food in equipment so that cross contamination of one type with another is prevented and (c) preparing each type of food at different times or in separate areas.	Kitchen - Raw TCS foods fish stored layered with paper towel. Paper towel is not food grade. Use approved food grade storage only. Kitchen - TCS foods stored improperly in walk in Cooler. Raw chicken stored above raw pork and large buckets of cabbage/ vegetables were on lower shelf. Smaller prepared TCS animal foods were all stored on the same shelf in the walk-in without segregation. Store all TCS foods separated and segregated to prevent cross contamination-Provide proper and organized food storage plan within 3 days or less.
Sudbury Farms	3/15/2019	3-202.11 (A)(C)(D) Temperature - TCS food shall be at a temperature of 41°F or below when received. Raw eggs shall be received in refrigerated equipment that maintains an ambient air temperature of 45°F or less. TCS food that is cooked to a proper temperature and received hot shall be at a temperature of 135°F or above. 4-703.11 Methods-Hot Water and Chemical- After being cleaned, equipment food-contact surfaces and utensils shall be sanitized in: hot water manual operations for at least 30 seconds; hot water mechanical achieving surface temperature of 160°F as measured by an irreversible registering temperature indicator; or chemical (manual or mechanical) for times specified the EPA-registered label use instructions.	Kitchen - Two lobster tails on table at room temp 60F. Product discarded Kitchen - The 3 comp sinks in the meat room and prep area in the basement were not set up properly. The middle rinse sink was used as a wash/ soap sink without a clear clean water rinse prior to sanitizing. Sinks were not labeled properly - Wash/ rinse/ sanitize. Provide additional training and proper signage.
Acapulcos	3/23/2019	3-501.14 (A) Cooling Cooked Foods - Cooling cooked TCS foods shall be done within 2 hours from 135°F to 70°F and then within 4 hours from 70°F to 41°F.	Kitchen - Bulk Sauces cooling improperly on counter. Cool properly. Enchilada sauce was 185F+ PIC stated they were made 1.5 hours ago.
Cookies by Design	3/27/2019	3-301.11 (B) Preventing Contamination from Hands - Except when washing fruits and vegetables, food employees may not contact exposed, ready-to-eat food with their bare hands and shall use suitable utensils such as deli tissue, spatulas, tongs, single-use gloves or dispensing equipment.	Kitchen - No gloves on site. Employees observed working with cookies without any gloves. Hand washing was noted.
Fuji Steakhouse	4/6/2019	3-304.11 Food Contact with Soiled Items - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth	Walk in freezer- Frozen salmon stored inside a previously used raw chicken box. These are considered single use only and should not be used for food storage. Provide proper storage food grade containers only –

		napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer. 3-304.11 Food Contact with Soiled Items - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer. 3-302.11 (A)(2) Raw Animal Foods Separated from each other - Except when combined as ingredients, separating types of raw animal foods from each other such as beef, fish, lamb, pork and poultry during storage, preparation, holding, and display by: (a) Using separate equipment for each type, or (b) Arranging each type of food in equipment so that cross contamination of one type with another is prevented and (c) preparing each type of food at different times or in separate areas.	Kitchen - Side towels are used to cover food products and as absorbable cloths for eggrolls. Use food grade materials only. Discussed w PIC recommendations. Kitchen - Raw cutlets of Pork, salmon, pork and chicken were all stored in the same container on service line. Store all TCS foods separated and segregated to prevent cross contamination
Gyro and Kebab House	4/8/2019	3-302.11 (A)(1) Raw Animal Foods Separated from RTE - Food shall be protected from cross-contamination by: (1) Separating raw animal foods during storage preparation, holding and display from: (a) Raw RTE food including other raw animal food such as fish for sushi or molluscan shellfish or other raw RTE food such as fruits and vegetables, and (b) cooked RTE food. 7-201.11 Storage Separation - - Poisonous or toxic materials shall be stored so they cannot contaminate food, equipment, utensils, linens, and single service and single use articles.	Kitchen - Pr Raw meat stored above hummus. Corrected on site - Basement - Paint and varnish seen next to catering pans. Chemical cleaners stored near food and food equipment. All food must be stored together away from all chemicals. Chemicals should be put on designated shelf.
Gari Restaurant	4/15/2019	3-304.11 Food Contact with Soiled Items - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer. 3-304.11 Food Contact with Soiled Items - Food shall only contact surfaces of: equipment and utensils that are cleaned and sanitized; single-service and single-use articles; or linens, such as cloth napkins that are used to line a container for the service of foods AND are replaced each time the container is refilled for a new consumer.	Kitchen - Raw pork was stored with raw chicken in walk in cooler. The raw chicken was exposed. Product discarded. Store TCS food separated and segregated. Train staff on proper food storage Kitchen - Paper towels used for hand drying were used to wrap Raw sushi fish, and other food items. Wrap and store with food grade products only such as pvc film, foil, food grade tissue and similar. Discussion with PIC

Olin College	4/18/2019	4-602.11 (A) Food-Contact Surfaces and Utensils 4-602.11 (E)(1-3) Food-Contact Surfaces and Utensils - Equipment food-contact surfaces and utensils shall be cleaned: before each use with a different type of raw animal food such as beef, fish, lamb, pork, or poultry; each time there is a change from working with raw foods to working with RTE foods; between uses with raw fruits and vegetables and with TCS food; before using or storing a food temperature measuring device; and any time during the operation when contamination may have occurred.	1st Floor Kitchen - Ice machine to clean out.
Avita of Needham	4/20/2019	2-301.11 Clean Condition - Food employees shall keep their hands and exposed portions of their arms clean.	Kitchen - Cook observed with uncovered/unprotected burn/ cut on lower forearms. Gloves did not cover. Protect this area.
Baker's Best	4/27/2019	3-302.11 (A)(2) Raw Animal Foods Separated from each other Except when combined as ingredients, separating types of raw animal foods from each other such as beef, fish, lamb, pork and poultry during storage, preparation, holding, and display by: (a) Using separate equipment for each type, or (b) Arranging each type of food in equipment so that cross contamination of one type with another is prevented and (c) preparing each type of food at different times or in separate areas.	Kitchen - Raw chicken breasts in walk-in were stored above cooked chicken breasts, and above rare beef cubes on sheet pans. COS
Fresco	5/4/2019	3-501.16 (A)(1) Proper Hot Holding Temps. All hot TCS foods shall be held at 135°F or above except roasts cooked to a temperature and time as specified in 3 403.11 (B).	Kitchen - Hollandaise sauce made with raw eggs @127F. Was held at room temp on top of service line. PIC stated that it was made at 730am. Product discarded. Discussion with PIC to make batches more frequently to hold less than 4 hours, alternatives to use pasteurized eggs, or hot hold in water bath@135f or higher. Keep out of danger zone 40-135f
The Rice Barn	5/11/19	4-501.111 Manual Warewashing - Sanitization Water Temp 4-501.112 Mechanical Warewashing - Sanitization Water Temp - If immersion in hot water is used for sanitizing in a manual operation, the temperature of the water shall be maintained at 171°F or above. 3-501.14 (A) Cooling Cooked Foods - - Cooling cooked TCS foods shall be done within 2 hours from 135°F to 70°F and then within 4 hours from 70°F to 41°F. 7-301.11 Separation - Poisonous or toxic materials shall be stored so they cannot contaminate food, equipment, utensils, linens, and single service and single-use articles by separating these materials by spacing or partitioning, and locating these materials in an area that is not above food, equipment, utensils, linens and single-service/ single-use articles.	Kitchen - It was observed that female cook did not sanitize equipment properly in the 3 compartment sink. She rinsed in in water from faucet, did not properly wash rinse or sanitize to prevent contamination. Kitchen - Basement -Observed 3 metal containers of sauce/ liquid cooling improperly Kitchen - Cleaning chemical spray bottle stored where cooked rice is located Butane torch stored on top of refrigerator next to food equipment storage shelf



NEEDHAM PUBLIC HEALTH DIVISION



Unit: Substance Use Prevention

Date: May 2019

Staff: Catherine Delano, Karen Shannon, Karen Mullen, and Monica DeWinter

Summary: Prevention team continued work with action teams and the Steering Committee. Additionally, they planned for dissemination of Parent Survey and Youth Vaping Survey.

Activities and Accomplishments

Activity	Notes
SPAN Steering Committee Meetings	Follow-up discussions from the Vaping Talk with Dr. Winickoff and HIPS event; discussed upcoming SPAN quarterly SPAN meeting
Action Team Meetings (Community, Parents, Youth)	Policy discussion with regard to alcohol compliance in Needham; Recap and feedback on "Juuling and Schooling" Event, Family Dinner Project, Book Group updates and Team Dad events; Distracted Driving Initiative; PSA produced by NHS student as part of DA Morrissey's Team Rival Challenge; "Talk About It" campaign - students indicate that youth need resources they can easily access when they or friends need help, Work on youth vaping survey
SPAN Quarterly Meeting	Volunteer Appreciation and Accomplishments; Facilitated Kahoot!
Prevention Team Meeting	SPAN Action Team updates, develop marketing plan for Parent Survey 2019
Meeting DFC Dedham Program Director,	Met with Krissy King, Program Dir., to share resources and experiences. Dedham is Year 1 of DFC
Prepare Twitter messages	Theme:
Parent Survey 2019	Distribute Parent Survey 2019 thru various media channels: FB, twitter, to core sectors in community (faith-based, Needham Police, etc.)
SAAP and other students	Continued with ongoing SAAP students and weekly clients
MDPH summer intern	Intern to start in beginning of June to do data analysis on MWAHS 2018
Marijuana Regulations	Initial research and meeting with members of Public Health Division to discuss potential commercial marijuana regulations
SALSA at Pollard/Wellness Classes	SALSA students taught refusal skills and corrected misconceptions about substance use at NHS (60 Pollard 8 th graders).



NEEDHAM PUBLIC HEALTH DIVISION



Middle School Parent Conference

SALSA Workshop- SALSA leaders presented Vaping Awareness information, refusal skills, and resources to 25 Pollard/HR parents + State Rep Denise Garlick. Strong support for their work with MS and HS students.



NEEDHAM PUBLIC HEALTH DIVISION



Unit: Substance Prevention

Date: June 1, 2019

Staff: Monica De Winter & Karen Shannon

Activities and Accomplishments

Activity	Notes
5/1 Steering Committee Leadership Team	Follow-up discussions from the Vaping Talk with Dr. Winickoff and HIPS event; discussed upcoming SPAN quarterly SPAN meeting 13 attendees
5/1 Community Action Team meeting	Tim McDonald spoke to the team about the policy opportunity with regard to alcohol compliance in Needham. Team facilitated by action team leader and parent, Marian Slavin
5/2 SPAN Parent Action Team (Needham Parent Care)	Recap and feedback on "Juuling and Schooling" Event; discuss Family Dinner Project; Book Group updates and Team Dad events; Share upcoming events: discuss upcoming Middle School Parent Conference 5/5/19 and "The Mask We Live In"
5/8 Webinar: Public Health Storytelling https://storycenter.adobeconnect.com/freephwebinar/	Webinar explored how to honor real people and real stories with universal and powerful stories, a dialog that is in 1st person which shows honesty and vulnerability. Described the process, outcomes and final product which is a 2-3 minute long video. https://www.storycenter.org/public-workshops/ph-intro-to-ds Presented by Story Center, Berkeley, CA
5/16 – Karen S. conference call	Conference call with Dr. Anne Fishel from The Family Dinner Project
5/21 – SPAN Quarterly Meeting	Volunteer Appreciation and Accomplishments; Facilitated Kahoot! For attendees
5/11 and 5/21 Prevention Team Meeting	SPAN Action Team updates, develop marketing plan for Parent Survey 2019
5/28 SPAN Youth Action Team meeting	Distracted Driving Initiative; PSA produced by NHS student as part of DA Morrissey's Team Rival Challenge; "Talk About It" campaign - students indicate that youth need resources they can easily access when they or friends need help. Students don't know where to go/who to trust at school.
5/28 – Meeting DFC Dedham Program Director,	Met with Krissy King, Program Dir., to share resources and experiences. Dedham is Year 1 of DFC
5/28 Kelli Keck, Epiphany Community Services	Conference call to consult and update on our work.
Research:	Social media research on creating Twitter messages
Training:	5/22 - MA Health Council conference: Vaping



NEEDHAM PUBLIC HEALTH DIVISION



	Addiction and Adolescent Brain, at Bentley College, Waltham
Administrative: - covered PH Phones, 1.5 hours - SPAN Steering Comm meeting minutes K. Shannon - Conference call with Parent Action team members re: Family Dinner Project	- REACH data entry - Created flyer for the 4th Quarter SPAN meeting to disseminate at the Pollard Parent Conference 5/5/19

Other Public Health Division activities this month:

5/30 Parent Survey 2019	Distribute Parent Survey 2019 thru various media channels: FB, twitter, to core sectors in community (faith-based, Needham Police, etc.)
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Substance Use Prevention and Education ~ Initiative Highlights

Needham NPHD, Needham SPAN and Substance Abuse Prevention Collaborative (SAPC) grant* collaboration with the towns of Dedham, Needham, Norwood and Westwood.

SAPC grant

Town coalition meetings:

Dedham coalition: May 7th 6:00pm Dedham Town Hall

Impact Norwood coalition: May 9th & May 23rd 3:00pm-5:00pm Norwood Police Department Strategic Planning: 2018 MWAHS data review, risk assessment, logic model and action planning.

Westwood Cares coalition: *No meeting scheduled*

Needham SPAN coalition: May 21st 8:30am Center at the Heights

SAPC program, capacity building and strategy implementation preparation:

(1) BSAS- SAPC grant program quarterly programmatic report (Q2) online submission, May 15th-Q3 report *pending* (2) Training for Intervention Procedures (TIPs) alcohol responsible sales and service trainings: email outreach- flyer distribution for Monday, June 3rd Section 12 and Section 15 licensees (9:30am-2:30pm | 3:00pm-8:00pm) American Legion, Dedham (3) TIPs attendee registration confirmations phone and email; logistical follow-up for food, hall set-up and invoicing with Dedham and Norwood Public Health (4) TIPs *Train the Trainer* program: outreach for participation (14 maximum) funding allocations- eight (8) SAPC stakeholders registered for June 17th and 18th Norwood Police Department (5) SAPC FY19 budget line item adjustment, final approval Amal Marks, BSAS. Entered into EIM system with Michelle Vaillancourt, Needham Town Accountant (6) Westwood Town Manager, Alcohol policy strategies, preventing underage access PIRE, UMinn Alcohol Epidemiology Program and the CDC Community Guide (7) AlcoholEdu for High School Parents course; EverFi course link update for SAPC town parent participation.

SAPC Leadership Team: May 6th (1) SAPC Regional Compliance Check (CC) schedule completions: Dedham (April 11th) Norwood (April 25th) Westwood (May 18th) Needham *pending June*. (2) BSAS FY20 budget review; discussion of funding priorities (*Frameworks Institute* trainings, Cultural Competence, data consultant and Youth Engagement Project Coordinator) (3) *AlcoholEdu for High School* students curriculum, final report timeframe and new parent curriculum course link activation, EverFi (4) TIPs Trainings- final promotions for Section 15 & Section 12 registrations by session: Monday, June 3rd 9:30am-2:30pm (45 registrations) and 3:00pm-8:00pm (24 registrations) (5) TIPs *Train the Trainer*: 2 day program, eight (8) SAPC attendees (6) Data sharing: Compliance Checks, TIPs attendees and Parent Surveys targeted access responses by town (7) Resource sharing: *Under the Right Influence 2019* District Attorney's Morrissey and Cruz, parent/guardian booklet for spring prom and graduation season safety

MDPH- BSAS: May 1st MassTAPP Grantee Coordinator meeting: SAPC, MOAPC, and PFS 2015 grantees. Fernando Perfas, Assistant Director of Prevention, BSAS: overview of SABG prevention funding- procurement review and timeline FY20. Andy Robinson, Amal Marks, BSAS Grant Managers. Presentation MDPH, *Marijuana Baseline Health Study- Report of Findings*. Including: patterns of use methods of consumption and general perceptions, impaired driving and hospitalizations related to marijuana use, economic and fiscal impacts for state and local governments. Report in collaboration with: EOHHS, EOPSS and ANG, JSI Research, Mathematica Policy Research, University of Massachusetts Donahue Institute as mandated in Section 18 of Chapter 351 of the Acts of 2016. Tower Hill Botanical Gardens, Boylston.

Riverside Trauma Center: May 6th Jim McCauley Co- Director Riverside Trauma.

How to Raise a More Resilient and Mentally Tougher Child. Presentation of qualities of resilient children/adults, recognizing signs of anxiety and depression, four techniques for child perseverance and support strategies to overcome obstacles. Review of the Resilience Prescription (10 components) Southwick & Chamoy 2012.

Dedham Public Health Department: May 17th Jessica Tracy, Pubic Health nurse. Consultation regarding: scope of supervisory responsibility of DFC grant Program Director, SAMHSA year end fiscal parameters, discretion in shifting funds in FY19 budget for program expenses, compliance related to carry over funds (up to 10%) and municipal protocols and SOP related to department purchases and consultant services balanced with SAMHSA Notice of Award (NOA).

Melrose Wakefield SAPC: May 21st Webinar, Melrose/ Wakefield SAPC. Dr. Nicholas Chadi, Pediatrician Boston Children's Hospital. *Vaping: What You Need to Know About E-Cigarettes and Vaping.* Science and research related to adolescent health impacts, brain development vulnerabilities, youth use rates (quantitative/qualitative) risks of dependence and addiction, intervention and treatment options. Review of vaping products, advertising targeted to youth and access points for purchase. Liz Parsons, SAPC Melrose, Melrose Public Health.

Massachusetts Health Council Forum: May 22nd Bentley University *Vaping: Addiction & the Adolescent Brain* Commissioner Monica Bharel, Commissioner MDPH (Vaping and E-Cigarette Use Among Youth) Nicholas Chadi, MD Pediatrician, Adolescent and Addiction Medicine Boston Children's Hospital (Vaping, JUULING and e- cigarettes: An Update) Cheryl Sbarra, JD, Director of Policy and Law MAHB (Policies and Practices to Prevent Youth Exposure To And Access To E-Cigarettes) Scott Callaghan, MA, LMHC, Genesis Counseling Services (School Intervention) Carly Caminiti, Associate Director HRIA (Engaging Youth in Vaping Prevention – The 84) and Nanatte Vitali, UMass Medical School, Center for Tobacco Treatment Research & Training (Addressing E-Cigarette and Tobacco Use: Access, Media, SBIRT Assessment and Treatment Resources)

Metrowest Substance Abuse Prevention Alliance (SAPA) May 22nd Dr. Amy Turncliff, Science Advisor Massachusetts Prevention Alliance (MAPA) *Marijuana Statement of Concern* content review, dissemination to legislator offices and strategies for local distribution, Boards of Health and Public Health Departments (MAHB- MHOA)

SAPC Manager–MassTAPP Alcohol Policy: May 28th WebEx. SAPC Alcohol Policy Tool Kit training, September/October schedule options. BSAS letter of intention, program goals, content and audience. Tool Kit content: assessing community readiness, identifying access data, planning stakeholder meetings, strategies to impact access including alcohol regulations, compliance checks, TIPs alcohol licensee training and zoning templates to include sensitive use area designations and research backed protocols that support limiting outlet density. D.J. Wilson, J.D, MMA, Tracy Desovich, MassTAPP Technical Assistance. Liz Parsons, Melrose SAPC, Colin Gallant, Hudson SAPC, Heather Warner, SAPC Northampton, SAPC Program Managers.

Dedham Prevention Coalition: May 28th Krissy King, DFC grant Program Manager and Cassandra Bigness, Project Coordinator. Review and discussion on Needham youth engagement origins Rockets Against Destructive Decisions (RADD) protocols for Parent Survey 2019 promotion and capacity building for engagement by grade level, strategies for Social Norms messaging/ Positive Community Norms using 2018 MWAHS data, DFC grant financial compliance and municipal financial structures including procurements balancing SAMHSA and municipal parameters.

Needham Public Health Division:
NPHD – SPAN initiatives:

NPHD programs meeting preparation outreach for research and resource gathering:

(1) NPHD April monthly report (2) Needham CCIT Core Team protocol review, service provider confidentiality agreement review (Jessica Moss, Kristen Lindley) release of information draft (3) Conference calls (3) CCIT resident support cases Social Workers, Public Health nurses review Riverside Emergency Services home assessment/intervention support model. (4) Research Washington State public health regulations and protocols commercial marijuana for NPHD team review. (5) Riverside Emergency Services CCIT resident response protocol parameters for co-response, intervention support, assessment and evaluation to circumvent ED transport, billing and insurance per visit.

Needham Public Health Division- strategic planning: May 2nd Marijuana health regulation, *commercial*. Discuss steps to draft health regulations and protocols for commercial marijuana, identify by comparison to Needham Board of Health medical marijuana regulation constructs. Primary focus to include: product safety standards, THC packaging labels, contaminant testing, preventing underage access and minimizing exposure to advertising, promotions and delivery. Collaboration with Diana Acosta and Tara Gurge, Environmental Health, Catherine Delano, Prevention and Tim McDonald, Director HHS.

Needham CCIT, community recovery supports: May 6th Kerrie Cusack, LICSW. Request for alcohol addiction recovery support resources including Needham female residents in recovery and local peer support meetings. Names provided for peer support outreach.

Community Crisis Intervention Team (CCIT): May 8th quarterly Community Partners meeting: Kathy Davidson CNO and Dr. Greg McSweeney BIDN. Dr. Irene Tien, Associate Director, Emergency Services. Newton Wellesley Hospital and Joanna Bell, Walker School. Review ED admission data, trend identification and transport protocols for mental health and substance related incidents. Collaboration to support residents navigating acute and chronic substance use disorders and/or mental health conditions. Core Team: Lt. Chris Baker, Sgt. John McGrath and Katie McCullough, Needham Police Department, Tiffany Zike, RN, MPH, Donald Anastasi, Deputy Fire Chief, Ed Sullivan, EMS Supervisor, Jessica Moss, LICSW, Kristen Lindley, LICSW and Kerrie Cusack, LICSW Senior Services, Sara Shine, Director, Needham Youth & Family Services, Catherine Delano, MPH, NPHD and Evan Marcus, Riverside Mobile Crisis Supervisor. Officer Adrienne Anderson, resident supports and response sharing.

Needham Public Health- DMH grant: May 9th DMH Jail/ Arrest Diversion grant program project, Jessica Goldberg, consultant. Review project scope, timeline for strategic planning, ongoing communication with Needham Police Department leaders and content, data and supporting documents resources needed for Needham application.

Needham Board of Health meeting: May 10th Directors Report, staff reports of public health and prevention initiatives, resident education and support programs. Agenda: Cartwright Road Sub-Division, Vote to Release Off-Street Drainage Bond, 2013 FDA Food Code and 2015 Food Code Supplement and Annex 1 Vaping, Youth Use, Tobacco Regulations, and Tobacco Compliance, review ongoing Pest and Trash Management Challenges and discussion of 2019 Annual Town Meeting warrant.

Representative Denise Garlick 13th Norfolk: May 10th Review of: public health and prevention initiatives to impact youth access to alcohol, marijuana and e-cigarettes/vaping products (alcohol Compliance Check data, TIPs trainings and police- public health collaborations) mental health intervention supports (Riverside Emergency Services home intervention assessment model) SAMHSA SPF-PFS grant NC-8 Region application, DMH Jail/Arrest Diversion grant program Needham application and local BOH awareness of MPHA support for Special Commission on Local Public Health bill.

Town Accountant: May 10th SAPC grant Michelle Vaillancourt, Town Accountant. BSAS SAPC FY19 line item adjustments as preliminarily approved by Amal Marks, BSAS. EIM system line item adjustment input, *final approval pending review, Amal Marks, BSAS.*

Needham Public Health Division- regulation draft: May 13th Marijuana health regulation, commercial. Team review of regulations from Colorado, Washington, California, outline main category areas: youth access, community marketing exposure, product safety (cultivation and testing) THC potency and other components as compared to Needham Board of Health medical marijuana regulations. Collaboration with Diana Acosta, MPH and Tara Gurge, MPH Environmental Health and Catherine Delano, MPH SPAN DFC Prevention.

NPHD – CCIT capacity: May 15th & 22nd Donna Carmichael and Tiffany Zike Public Health nurses. Review of CCIT resident support capacity, acute SUD- SMI client responses by town service providers. Options for addiction psychiatry consultation to confirm support strategies and expand on options for referral after extended support outreach. Conference call (May 22nd): Chris Lauzon, Director Riverside Emergency Services Director

Needham CCIT protocols: May 16th & 21st Riverside Emergency Services home assessment and evaluation model- specific resident case review, feasibility for home assessment. Donna Carmichael, Kristen Lindley and Kerrie Cusack, Needham Social Work team.

Needham Police Department: May 21st Strategic planning meeting, grant MA Department of Mental Health Jail/Arrest Diversion program. Chief John Schlittler, Lt. Chris Baker, Jessica Goldberg, MPH Consultant. Review scope of RFA, Needham police CCIT program, priorities for department supports related to mental health and addiction resident responses and incident data to draft grant narrative. Rolling application DMH. Next steps planning and timeline for project.

Riverside Trauma Center: May 22nd Conference call. Jim McCauley, LICSW, CCIT Community Partner (1) Consultation Needham resident, CCIT support, chronic alcohol suicidality, identification of police/ social worker intervention protocols. (2) Need for case supervision addiction and mental health high need cases (3) DMH Jail/Arrest Diversion grant program grant constructs for social worker ride along model, embedded in NPD (4) CCIT resident response protocols confidentiality and home visits.

Needham Police Department CCIT: May 23rd Lt. Chris Baker. Review consultation, Jim McCauley, LICSW, Riverside Trauma. 45yr. resident support interventions, DMH Jail/Arrest Diversion grant program Needham structure including consultation, CCIT Core Team release of information protocols and structured resident responses co- response model. .

Needham Police Department: May 31st Conference call, Katie Tierney NPD. CCIT case, 45 yrs. chronic alcohol/suicidality, co-response protocols and resource presentation with Kerrie Cusack, LICSW Case supervision, Jim McCauley, LICSW, Riverside Trauma.

Resident Support: Respond to calls and/or meeting requests related to mental health conditions and/or substance use disorder. Referral to Riverside Emergency Services 24/7 support and counseling, assessment, treatment and recovery resources.

M 58 yrs. Depression risk assessment, consult with family- Consult Jim McCauley, Riverside trauma- Chris Lauzon- Evan Marcus, Riverside Emergency Services- in home support- intervention and assessment.

F 45 yrs. Alcohol – Depression/Suicidality- Consultation Jim McCauley, Riverside Trauma.

Town holiday: (1 day) Memorial Day May 27th

Respectfully submitted by Carol Read June 10, 2019

*SAPC technical assistance calls, coordinator meetings, and compliance related to the SAPC grant program are extensively documented in the BSAS-SAPC online quarterly reports.

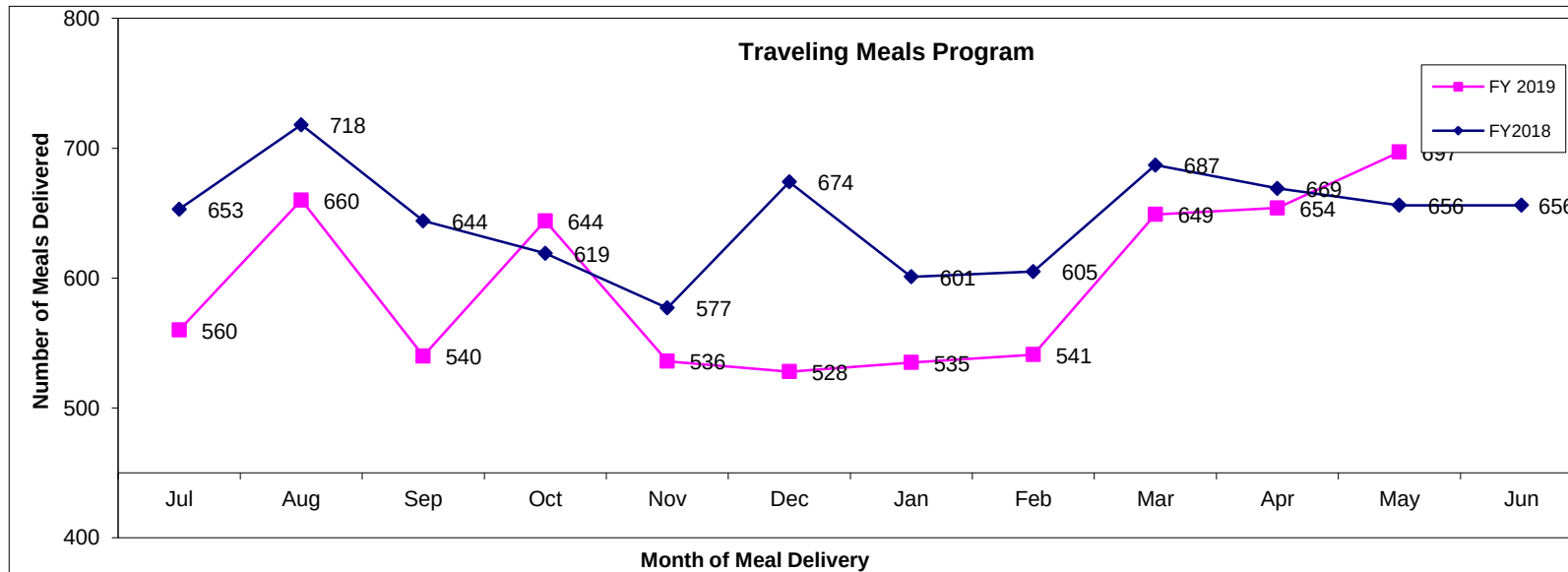
Page 5 of 5 Pages End

Traveling Meals Program

May, 2019

Projected-12 Mo.	
\$	40,190.92
#	7,138.91

Month	# Meals FY2018	# Meals FY2019	FY19 Cost	% Change # Meals
<u>Jul</u>	653	560	\$3,147.20	-14%
<u>Aug</u>	718	660	\$3,709.20	-8%
<u>Sep</u>	644	540	\$3,034.80	-16%
<u>Oct</u>	619	644	\$3,683.68	4%
<u>Nov</u>	577	536	\$3,012.32	-7%
<u>Dec</u>	674	528	\$2,967.36	-22%
<u>Jan</u>	601	535	\$3,006.70	-11%
<u>Feb</u>	605	541	\$3,040.42	-11%
<u>Mar</u>	687	649	\$3,647.38	-6%
<u>Apr</u>	669	654	\$3,675.48	-2%
<u>May</u>	656	697	\$3,917.14	6%
<u>Jun</u>	656			
Totals:	7,759	6,544	36,841.68	

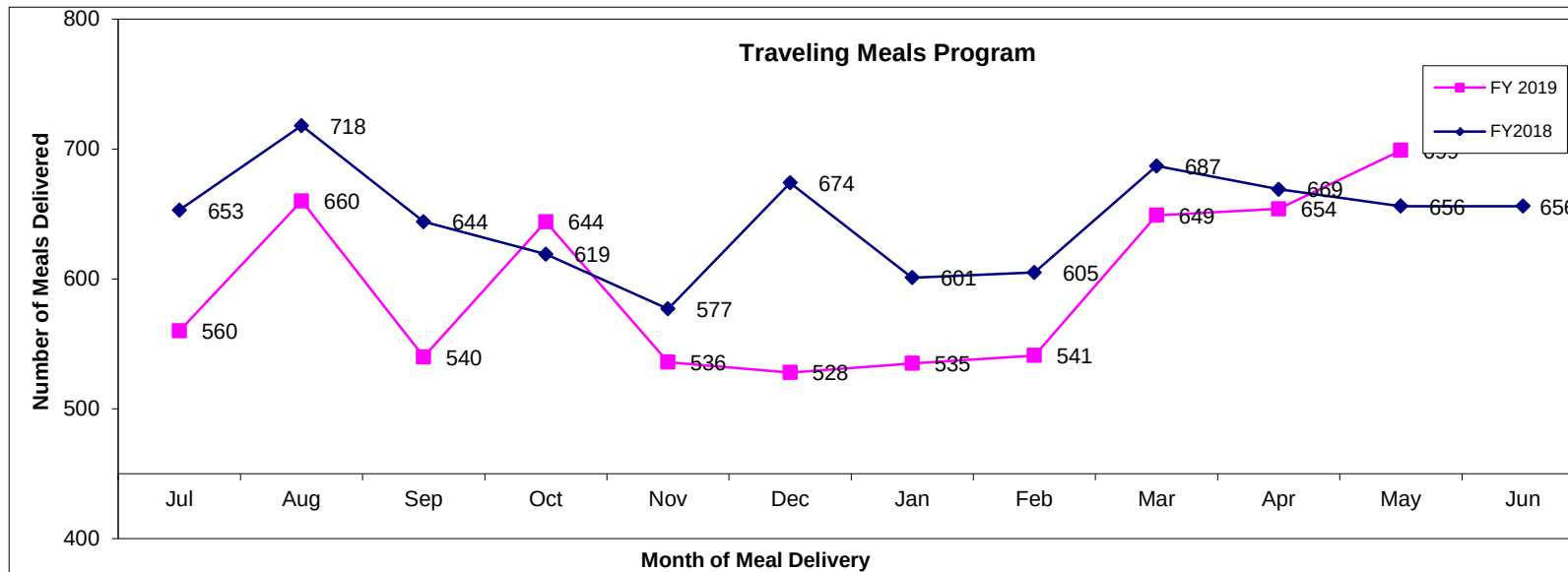


Traveling Meals Program

May, 2019

Projected-12 Mo.	
\$	40,203.19
#	7,141.09

Month	# Meals FY2018	# Meals FY2019	FY19 Cost	% Change # Meals
<u>Jul</u>	653	560	\$3,147.20	-14%
<u>Aug</u>	718	660	\$3,709.20	-8%
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<u>Apr</u>	669	654	\$3,675.48	-2%
<u>May</u>	656	699	\$3,928.38	7%
<u>Jun</u>	656			
Totals:	7,759	6,546	36,852.92	





NEEDHAM PUBLIC HEALTH DIVISION



Date: May 2019

Staff: Rachael Cain (Greenberg)

Activities and Accomplishments

Safety at Home Program

Activity	Notes
Presentations and Promotion	• Ongoing promotion at CATH
Program roll-out	• Full program roll-out continued • Five pilot and 23 full program visits completed to date ◦ 18 referrals received due to flyers with water bills ◦ 8 referrals received from other avenues, such as events and word-of-mouth • Data from visits is being collected and recorded
Quality Improvement	• Continued improvement on program protocol and forms based on feedback from Safety at Home team members
Evaluation	• Continued development of an evaluation plan
Team Meetings	• Regular team meetings continued
Sustainability	• Developing plan to offer Matter of Balance sessions year-round to program participants (and Needham residents overall), in collaboration with Aging Services • Working with local physical therapists to offer fall screenings at CATH regularly

Housing Authority Assessment

Activity	Notes
Survey Dissemination	• Total of 119 surveys completed (38% response rate), which is sufficient for analysis • Surveys sent to consultant for analysis – expected shortly • Quantitative and qualitative analyses to occur in coming months, culminating in final report

Accreditation Support

Activity	Notes
Community Health Assessment	• Ongoing communication with BID-Needham ◦ Will review initial assessment when drafted



NEEDHAM PUBLIC HEALTH DIVISION



Climate Change Project

Awarded \$26,089 grant from the Metropolitan Area Planning Council to implement a one-year climate resiliency project for older adults. Activities will include creating and holding three workshops for older adults about extreme weather and how to prepare for it, as well as a related communications campaign.

Activity	Notes
Start-Up Activities	• Reached out to program partners • Met with internal team and MAPC to plan next steps • Continued brochure development with team and graphic designer • Planning for first workshop at the end of June - o Identified workshop speaker - o Developed agenda • Held interviews and identified strong candidate for Program Coordinator position – finalizing hiring process

NACCHO Million Hearts project

- Awarded \$9,912 grant from the National Association of County and City Health Officials to implement a five month Million Hearts project focused on tobacco cessation. Activities will include a communications campaign and tobacco cessation course.

Activity	Notes
Start-Up Activities	• Conducted outreach to program partners • Worked with graphic design to create an infographic and program flyer - o Both were translated into Mandarin and Russian • Eight-week Freedom From Smoking course began in early May with three participants • Promoted course: - o Ongoing social media promotion - o Ads in two local papers - o In addition to prior promotions (cable, flyers, Town TV, press releases, and emails) • Discussing how to continue to offer course and develop cessation course for youth



NEEDHAM PUBLIC HEALTH DIVISION



Accreditation Update May 2019

June 7, 2019
Lynn Schoeff

Activity	Notes
Policies and procedures	The following policies have been finalized. They are now in the Policy and Procedure Manual on the Public Health shared drive and in Standard Operating Procedures on the Town shared drive: - Purchase order request - BOH orientation - Asbestos - Database for tracking prevention work - Hoarding The following policies are still in the works: - New staff orientation - After-action report - Duty to warn - Professional staff licensure - Mandated reporting - Ethics - Blood pressure clinics The following policies for the Aging Services Division are still awaiting approval: - Transportation policy - Lyft Ridesharing Program - Volunteer Management
Accreditation	Developing an orientation packet and checklist for new staff members.

Municipal Tobacco Control Technical Assistance Program

Donald J. Wilson, Director
c/o Massachusetts Municipal Association
One Winthrop Square
Boston, Massachusetts 02110

(617) 426-7272
FAX (617) 695-1314
djwilson@mma.org

LOCAL POLICY RESTRICTING FLAVORED TOBACCO AND VAPE PRODUCTS TO ADULT-ONLY “RETAIL TOBACCO STORES”

MUNICIPALITY AND EFFECTIVE MONTH/YEAR

Adams 2/17	E.Longmeadow 7/18	Marlboro 9/15	Southampton 3/16
Agawam 10/18	Easton 5/16	Marshfield 9/15	So. Hadley 6/16
Andover 6/17	Edgartown 1/18	Mashpee 12/18	Spencer 4/18
Amherst 8/15	Essex 8/16	Maynard 9/16	Stockbridge 10/19
Arlington 3/15	Everett 5/17	Medfield 1/16	Stoneham 3/18
Ashburnham 12/18	Fairhaven 1/15	Medford 7//17	Stoughton 3/19
Ashby 12/18	Fitchburg 3/17	Melrose 1/16	Stow 6/17
<u>Ashland</u> 1/15	Framingham 7/18	Methuen 9/15	Sudbury 7/17
Athol 10/16	Franklin 4/19	Middleton 10/16	Sunderland 1/16
Attleboro 1/16	Gardner 3/17	Millis 11/15	<u>Swampscott</u> 7/19
Avon 7/15	Gill 9/15	Milton 4/15	Templeton 10/16
Ayer 7/18	Gloucester 5/18	Montague 7/15	Tewksbury 6/16
<u>Barnstable</u> 6/19	Grafton 9/16	Natick 9/15	Topsfield 3/19
Bedford 1/18	Granby 2/15	<u>Needham</u> 1/16	Townsend 9/16
Belmont 1/15	Greenfield 7/15	Newburyport 1/18	Tyngsboro 1/16
Beverly 8/17	Groton 10/17	Newton 9/14	Upton 1/19
Billerica 10/16	Hadley 3/16	No. Adams 8/16	Uxbridge 12/18
Bolton 12/18	Halifax 3/16	No. Andover 1/15	Wakefield 1/16
Boston 2/16	Hamilton 10/16	No. Attleboro 7/16	<u>Walpole</u> 7/15
Braintree 12/18	<u>Harvard</u> 12/17	Northampton 1/17	Wareham 4/16
Brewster 5/19	Hatfield 1/15	No. Reading 9/16	Watertown 3/15
Brockton 9/16	Haverhill 1/19	Norton 9/18	Webster 5/19
<u>Brookline</u> 2017	Holbrook 10/18	Norwell 3/16	Wellfleet 1/19
Buckland 3/16	Holden 7/17	Norwood 4/18	W. Boylston 3/17
Cambridge 6/15	Holyoke 11/16	Oak Bluffs 3/18	Westboro 1/19
Canton 1/18	Hopkinton 6/19	Orange 8/17	Westford 7/16
Carver 7/14	Ipswich 3/19	Orleans 11/16	Westminster 5/19
Charlemont 10/15	Lancaster 7/18	Palmer 4/19	Westwood 9/18
Chelsea 3/16	Lanesboro 3/15	Peabody 1/19	Whately 9/15
Clinton 7/17	Lawrence 2/19	Pittsfield 11/16	Wilbraham 12/18
Cohasset 6/16	Lee 10/19	Provincetown 3/16	Williamstown 1/15
Concord 11/14	Lenox 10/19	Reading 8/17	Wilmington 10/18
Conway 7/18	Leominster 3/17	Rockport 1/19	Winchendon 10/16
Danvers 1/19	Leverett 3/15	Salem 3/17	Winchester 7/15
Dedham 10/16	Lowell 10/16	Sandwich 6/17	Winthrop 6/18
Deerfield 1/17	Ludlow 6/16	Saugus 7/16	Worcester 1/19
Dracut 3/19	Lynnfield 8/15	Shelburne 11/15	Yarmouth 7/14
Duxbury 2/15	Malden 1/18	<u>Sherborn</u> 9/14	
Easthampton 1/18	Marblehead 7/16	Somerville 3/16	

TOTAL: 154 (33 Cities in Bold) – 64.4% of state’s population (4,216,479) lives in listed municipalities. All are health regulation policies except Brookline is an Attorney General-approved town bylaw and the following cities have enacted the policy as an ordinance: Agawam, Cambridge, Newton

Updated: 6/12/19

History and Policy Details

MUNICIPALITIES THAT “UN-EXEMPTED” MINT, MENTHOL, WINTERGREEN IN THEIR “ORIGINAL” FLAVORED TOBACCO SALES POLICY (underlined on list)

Somerville voted on 12/13/18, effective 4/1/19.

Ashland voted on 1/22/19, effective 1/1/20.

Framingham voted on 4/25/19, effective 1/1/20

Barnstable voted on 5/28/19, effective 6/29/19

Brookline, voted at Town Meeting on 5/28/19 (174 to 20) requires AG approval before going into effect – only tobacco-flavored vape and unflavored traditional tobacco can be sold, no retailer exemption

Sherborn, voted on 5/15/19, eff. 9/1/19 – un-exempting mint only applies to vape – not recommended!

Needham voted on 1/11/19, effective 7/1/19.

Swampscott voted on 4/23/19, effective 7/1/19.

Walpole voted on 5/21/19, effective 8/1/19

Harvard voted on 6/11/19, effective 9/1/19

HISTORY

In June of 2009, the federal government, recognizing the damaging role flavored tobacco products play in encouraging youth initiation, banned the sale of flavored cigarettes, except for menthol, mint and wintergreen flavorings. In July of 2009, the state of Maine extended that federal ban to include cigars.

In January 2012, the Providence city council enacted a city ordinance to mimic and extend the federal ban to include all OTP (Other Tobacco Products), such as cigars, smokeless and chew tobacco, as well as to include electronic cigarettes, except in qualifying adult-only retail locations. Providence was sued in federal court and in February 2013 prevailed at the U.S. Court of Appeals. This is notable as we are in the same federal court district as Rhode Island. Therefore, this ruling extended to Massachusetts and municipalities began adopting this original policy with the first ones becoming effective in Summer 2014.

“PROVIDENCE ORDINANCE” ORIGINAL POLICY DETAILS

This original policy recognizes that cheap, flavored tobacco products are attractive to youth, resulting in reported increase of such usage in Massachusetts and nationwide. The policy reads: “No person shall sell or distribute or cause to be sold or distributed any flavor tobacco product, except in smoking bars and adult-only retail tobacco stores.”

The original policy DOES prohibit the sale of all flavored tobacco products and flavored e-cigarette/vaping products, except for in qualified adult-only retail tobacco stores and “smoking bars”. Includes all products containing tobacco and those liquids, regardless of nicotine content, that are used in e-cigarettes or similar vaporization devices. Also includes flavored products even if the wrapper does not list an identifiable flavor. Note that the policy exempts mint, menthol and wintergreen as flavors.

Smoking Bar = (aka hookah bars, cigar bars). To qualify for this exemption, a retailer (1) must be adult-only – no minors permitted in the establishment; AND (2) be in possession of a valid Massachusetts Department of Revenue-issued Smoking Bar Permit; AND (3) be in compliance with the conditions set out in that permit which include, but are not limited to, require that a majority of the establishment’s income is derived from tobacco sales, that no outside food or drink be brought into the smoking bar and that the establishment is an enclosed indoor space.

Adult-Only Retail Tobacco Store = (also commonly known as smoke shops, tobacconists and vape shops). To qualify for this exemption, a retailer (1) must be adult-only – no minors permitted in the establishment; AND (2) the store is not required by the municipality to possess a retail food permit; AND (3) the sale of other products that are not tobacco/vape or tobacco/vape paraphernalia is incidental.

Retailers who do not qualify for either of the above exemptions are barred from selling flavored tobacco/vape products. Penalties may be issued if the banned products are available for sale. An actual sale is not required. The original policy DOES NOT prohibit the sale of mint, menthol or wintergreen tobacco/vape products nor the sale of all e-cigarettes.



The Commonwealth of Massachusetts
Executive Office of Health and Human Services
Department of Public Health
250 Washington Street, Boston, MA 02108-4619

CHARLES D. BAKER
Governor

KARYN E. POLITO
Lieutenant Governor

MARYLOU SUDDERS
Secretary

MONICA BHAREL, MD, MPH
Commissioner

Tel: 617-624-6000
www.mass.gov/dph

May 21, 2019

Chair, Needham Board of Health
178 Rosemary Street
Rosemary Recreation Complex
Needham, MA 02492

Dear Needham Board of Health Chair,

As you may know, the Special Commission on Local and Regional Public Health was established by Chapter 3 of the Resolves of 2016 to “assess the effectiveness and efficiency of municipal and regional public health systems and to make recommendations regarding how to strengthen the delivery of public health services and preventive measures.” The Commission, chaired by Massachusetts Department of Public Health (DPH) Commissioner Monica Bharel, recently released its draft report - *Recommendations for Improved Effectiveness and Efficiency of Local Public Health Protections in the Commonwealth*. The draft report and additional information about the Commission are available at www.mass.gov/dph/olrh by clicking on the link to the Commission on the DPH Office of Local and Regional Health home page.

The Commission welcomes comments on its findings and recommendations from a wide range of stakeholders interested in the future of local public health services and protections in Massachusetts. Please share this information with others in your city or town.

Comments on the draft report may be submitted by May 31, 2019 to:

LocalRegionalPublicHealth@MassMail.State.MA.US

Massachusetts Department of Public Health, Office of Local and Regional Health, Attention: Jessica Ferland, 5 Randolph Street, Donovan Building, Canton, MA 02021

The Commission looks forward to reviewing feedback on the report at its next meeting in late June.

Sincerely,

A handwritten signature in blue ink, appearing to read "Ron O'Connor".

Ron O'Connor, MPH, Director
Office of Local and Regional Health



Needham Board of Health



May 24, 2019

Representative Denise C. Garlick
State House
24 Beacon St.
Room 238
Boston, MA 02133

Dear Representative Garlick,

As guardians of public health, the Needham Board of Health is writing to request that you introduce or co-sponsor legislation to restrict the online sale of e-cigarettes in Massachusetts. We need your help to curb the epidemic of nicotine vaping (e-cigarettes, Juul, etc.) and risk of nicotine addiction among teenagers and young adults. Over the past few years, e-cigarette use has increased sharply among young people in Massachusetts and across the country. The Commissioner of the Massachusetts Department of Public Health has reported that more than 40% of Massachusetts high school students and 10% of middle school students have tried vaping. Among high school students, 20% have vaped in the past month alone.

The potent addictive properties of nicotine are well known, yet according to research from the FDA, 80% of teens do not perceive great risk of harm from using e-cigarettes. The U.S. Department of Health and Human Services has concluded that nicotine is as addictive as cocaine or heroin. The Surgeon General has found that nicotine exposure during adolescence may have lasting consequences for brain development; moreover, addiction to nicotine is what keeps young people smoking after adolescence. The risk of nicotine addiction is significantly higher among those under age 21 than among older adults.

Manufacturers of e-cigarettes have specifically targeted younger users, especially with flavored vaping products, which are popular with teens and young adults. As Brian King from the CDC's Office on Smoking and Health put it, "Advertising can bring the horse to water. The flavors will get them to drink. And the nicotine will keep them coming back for more." Last year the Massachusetts Attorney General launched an investigation into whether Juul Labs and other e-cigarette companies were marketing their products to underage users. Earlier this May, the North Carolina Attorney General filed suit against Juul Labs, which dominates the market, claiming that Juul marketed its products to minors and downplayed the dangerous effects of nicotine.

The Needham Board of Health has joined with other Massachusetts Boards of Health to take a leadership role in restricting the access of teens and young adults to these dangerous products. Needham has limited the sale of all flavored e-cigarettes and other tobacco products (including mint and menthol) to smoke shops (which only admit patrons over the age of 21) as of July 1, 2019, as a measure to protect our young people. The effectiveness of

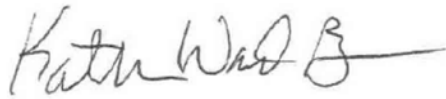
restrictions on the sale of tobacco products to teens in reducing nicotine addiction is well documented. However, current legislation will have only a limited effect on sales of e-cigarettes, which are available online—where it is easier to get around proof-of-age restrictions.

Utah, Arkansas, and Maine have all put in place legislation that restricts online sales of e-cigarette products. Juul Labs will not ship their products to addresses in those states. Other states, including Vermont, are working to restrict mail delivery of vaping products by requiring that these products be supplied to consumers only by wholesalers licensed by the state.

The Needham Board of Health asks that you consider filing or co-sponsoring legislation in Massachusetts to similarly restrict the online sale of e-cigarettes and vaping products in our state. We feel this is urgently necessary to protect an entire generation of young people from a lifetime of nicotine addiction.

Thank you for taking the time to consider this important issue.

Sincerely,



Kathleen Ward Brown, ScD



Edward Cosgrove, PhD



Stephen Epstein, MD, MPP



Christina S. Mathews, MPH



Robert Partridge, MD, MPH

Board of Health, Needham, Massachusetts

cc: Timothy McDonald, Director, Health and Human Services Department
Tara Gurge, Assistant Director, Public Health Division



Needham Board of Health



May 24, 2019

Senator Rebecca L. Rausch
State House
24 Beacon St.
Room 218
Boston, MA 02133

Dear Senator Rausch,

As guardians of public health, the Needham Board of Health is writing to request that you introduce or co-sponsor legislation to restrict the online sale of e-cigarettes in Massachusetts. We need your help to curb the epidemic of nicotine vaping (e-cigarettes, Juul, etc.) and risk of nicotine addiction among teenagers and young adults. Over the past few years, e-cigarette use has increased sharply among young people in Massachusetts and across the country. The Commissioner of the Massachusetts Department of Public Health has reported that more than 40% of Massachusetts high school students and 10% of middle school students have tried vaping. Among high school students, 20% have vaped in the past month alone.

The potent addictive properties of nicotine are well known, yet according to research from the FDA, 80% of teens do not perceive great risk of harm from using e-cigarettes. The U.S. Department of Health and Human Services has concluded that nicotine is as addictive as cocaine or heroin. The Surgeon General has found that nicotine exposure during adolescence may have lasting consequences for brain development; moreover, addiction to nicotine is what keeps young people smoking after adolescence. The risk of nicotine addiction is significantly higher among those under age 21 than among older adults.

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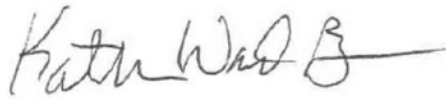
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Sincerely,



Kathleen Ward Brown, ScD



Edward Cosgrove, PhD



Stephen Epstein, MD, MPP



Christina S. Mathews, MPH



Robert Partridge, MD, MPH

Board of Health, Needham, Massachusetts

cc: Timothy McDonald, Director, Health and Human Services Department
Tara Gurge, Assistant Director, Public Health Division



Needham Board of Health



May 24, 2019

Senator Michael F. Rush
State House
24 Beacon St.
Room 109-C
Boston, MA 02133

Dear Senator Rush,

As guardians of public health, the Needham Board of Health is writing to request that you introduce or co-sponsor legislation to restrict the online sale of e-cigarettes in Massachusetts. We need your help to curb the epidemic of nicotine vaping (e-cigarettes, Juul, etc.) and risk of nicotine addiction among teenagers and young adults. Over the past few years, e-cigarette use has increased sharply among young people in Massachusetts and across the country. The Commissioner of the Massachusetts Department of Public Health has reported that more than 40% of Massachusetts high school students and 10% of middle school students have tried vaping. Among high school students, 20% have vaped in the past month alone.

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The Needham Board of Health has joined with other Massachusetts Boards of Health to take a leadership role in restricting the access of teens and young adults to these dangerous products. Needham has limited the sale of all flavored e-cigarettes and other tobacco products (including mint and menthol) to smoke shops (which only admit patrons over the age of 21) as of July 1, 2019, as a measure to protect our young people. The effectiveness of

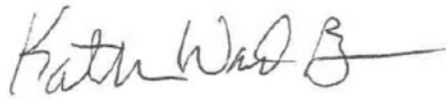
restrictions on the sale of tobacco products to teens in reducing nicotine addiction is well documented. However, current legislation will have only a limited effect on sales of e-cigarettes, which are available online—where it is easier to get around proof-of-age restrictions.

Utah, Arkansas, and Maine have all put in place legislation that restricts online sales of e-cigarette products. Juul Labs will not ship their products to addresses in those states. Other states, including Vermont, are working to restrict mail delivery of vaping products by requiring that these products be supplied to consumers only by wholesalers licensed by the state.

The Needham Board of Health asks that you consider filing or co-sponsoring legislation in Massachusetts to similarly restrict the online sale of e-cigarettes and vaping products in our state. We feel this is urgently necessary to protect an entire generation of young people from a lifetime of nicotine addiction.

Thank you for taking the time to consider this important issue.

Sincerely,



Kathleen Ward Brown, ScD



Edward Cosgrove, PhD



Stephen Epstein, MD, MPP



Christina S. Mathews, MPH



Robert Partridge, MD, MPH

Board of Health, Needham, Massachusetts

cc: Timothy McDonald, Director, Health and Human Services Department
Tara Gurge, Assistant Director, Public Health Division

Essential Public Health Services

Strategic Planning Exercise

June 22, 2017

1. **Monitor health status** to identify community health problems.
 - Communicable disease – MAVEN
 - Review data sources (cancer registry, census data, etc.)
 - Monitor and track environmental health complaints
 - Bi-annual surveys of youth risk behavior
 - Review reports on substance use, overdose, and domestic violence from local partners (hospital, police, EMT, schools, Norfolk DA) and from the state level (Mass Dept. of Education)
2. **Diagnose and investigate** health problems and health hazards in the community.
 - MAVEN – communicable disease
 - Diagnose and investigate food borne illness
 - Hoarding support
 - Investigate violations of food and housing codes
3. **Inform, educate, & empower** people about health issues.
 - Write op-eds and letters to the editor about current topics
 - Senior Safety education
 - Presentations to community groups
 - Health Matters articles on seasonal health issues
 - Wellness clinics for employees and community
 - CPR training
 - Send health alerts and information about emerging diseases
 - PSAs with Needham Cable Channel
 - Social media efforts
 - SALSA high school kids work with middle school youth (substance use prevention)
 - Work with SPAN (Substance Prevention Alliance of Needham) Action Team to educate teachers, parents, and teens about substance use prevention
 - Engage partners to distribute public health messages
 - o YMCA list serve
 - o BIDN
 - o Coaches list
 - o Drug free

- SALSA leadership team – support and empower advocacy
 - Support other Town departments in their health promotion activities (COA, Youth Services, Park & Rec, etc.)
4. **Mobilize community partnerships** and action to identify and solve health problems.
- Work with schools, law enforcement, local businesses to fund substance-free events for youth
 - Work as part of community task forces and committees (DVAC, CCIT, SPAN, BIDN Community Resource) to identify and address program needs
 - Parent Teacher Cooperatives can mobilize partnerships
 - Work with other agencies and departments on grant submissions
 - Collaborate with community groups, agencies, and town departments on needs assessments and program design
 - Collaborate with the District Attorney’s office on substance use and overdose prevention
5. **Develop policies and plans** that support individual and community health efforts.
- Advocate for policies and protocols for consistent response to individual residents, programs, implementation and delivery of services to diverse stakeholder groups
 - Identify new businesses & development and create or update health policies such as for food trucks and Eversource
 - Develop and update policies and regulations on emerging health issues
 - Work with schools to develop and update chemical health policy
 - Revive, enhance, or create Public Health Division policies, protocols, and standard operating procedures
 - Develop or revise Board of Health regulations
6. **Enforce laws and regulations** that protect health and ensure safety.
- Tobacco compliance
 - Tanning
 - Social service support provided along with enforcement (e.g., hoarding)
 - Summer camps
 - Enforce environmental health regulations, such as food code; Title V septic; MA pool code; MA housing and community sanitation; farmers markets; and other local environmental regulations
 - Elder abuse and neglect
 - Communicable disease control

7. **Link people** to needed personal health services and assure the provision of health care when otherwise unavailable.
 - Offer resources, such as fuel assistance, for homeowners in need
 - Riverside
 - Community Crisis Intervention Team
 - Refer youth to support services for individual and family
 - Work with community groups such as the Interfaith Council
 - Other Town services (Youth Services, COA, Building Department)
 - Senior safety
 - Maintain strong connections with Beth Israel Deaconess and Newton Wellesley hospital
8. **Assure a competent** public and personal health care **workforce**.
 - Staff get required training and certifications
 - Wellness clinics for employees and communities
 - Support staff attendance at trainings
 - Food and safety training in restaurants
 - CPR training
 - Send health alerts to local providers
9. **Evaluate** effectiveness, accessibility, and quality of personal and population-based health services.
 - Evaluation of programs
 - Senior survey
 - Use quantitative data whenever possible
 - Use qualitative data such as key informant interviews; focus groups; surveys
10. **Research** for new insights and innovative solutions to health problems.
 - Use data:
 - o MetroWest Adolescent Health Survey (youth)
 - o MA CHIP (adult)
 - o National Survey on Drug Use and Health (youth and adult)
 - o Police incident data (youth and adults)
 - o Fire & EMT transport (youth and adults)
 - o Best practice searches, such as National Registry of Evidence-based Programs
 - o School Safety and Discipline Report
 - Policy memos for BOH (such as radio frequency waves)
 - Research into environmental concerns of Needham residents

- Conduct research on emerging issues
- Check with other towns on emerging issues and innovative approaches
- Research public health best practices
- Stay up-to-date with current public health research

8-31-17 Note:

- Have we forgotten anything?
- Is anything on this list that should be here?
- Where are we strong?
- Where are we weak?

IMMIGRANTS SURVIVED THE UNDISCOVERED art of live storytelling. "Suitcase Stories" will take place at TBIS, located on 670 Highland Ave., Needham, on June 12, at 7:30 p.m.

Suitcase Stories raises the profile of refugees and immigrants and assists immigrants in Greater Boston, Lowell, and Southern New Hampshire.

Needham Human Rights Committee, and The League of Women Voters of Needham, as well as others.

Tickets are \$15 and are available at <http://bit.ly/TBISsuitcase>.

about the Youth in Philanthropy program, visit www.yipmetrowest.org.

Carter Memorial UMC offering scholarships

Carter Memorial UMC is offering three \$1,000 scholarships to graduating seniors who plan to continue their education in a college, university or accredited trade setting and reside in Needham, Wellesley, Dedham, Dover, Norwood, Westwood and Newton. The scholarship criteria are based on community service

and a genuine desire to serve others. These scholarships are made possible through proceeds from the Pumpkin Patch that the church organizes each fall. This is the church's small way to thank the community for supporting its fundraising efforts through

pumpkin sales and to demonstrate its commitment to service in the world. Applications may be requested through the church office at 800 Highland Ave., Needham, MA 02454, via email at office@carterumc.org or downloadedatwww.carterumc.org. Applications are due back to the church office no later than Friday, May 31, at noon, and must be complete with all supporting documents. Late and incomplete applications will not be considered. Awards will be distributed on Sunday, June 16.

Included in the offerings: Learn to Sew, Beginning Golf Clinic for Women, Drawing from Nature, various Watercolor Painting Workshops, Campfire Sing along (for adults and families), Couch to 5K, test prep and college application programs, Summer

Book Club, Personal Finance 101, Portfolio Building for High School students, and more. Details can be found in the NCE Adult Programs Summer 2019 catalog on the NCE website: www.needham.k12.ma.us/Community_Ed. Questions may be directed to NCE Adult Program Director Amy Goldman at amy_goldman@needham.k12.ma.us or (781-455-0400, x11214).

War of 1812 program on tap

It is called "America's Forgotten War," yet the War of 1812 offered lessons that changed US politics and perspectives. First Lady Dolley Madison, whose husband President James Madison declared this War with England, will share the story behind the conflict at the Center at the Heights in Needham on June 12.

battle the British Empire; how the USS Constitution acquired its nickname, Old Ironsides; battle mishaps and triumphs; the writing of the national anthem; the burning of Washington; the Treaty of Ghent; and who won.

The performance will take place at Center at the Heights, located on 300 Hillside Ave., on Wednesday, June 12, from 1-2 p.m. Registration is requested by calling (781-455-7555). The event is free of charge.

At a public meeting on May 10, 2019 the Board of Health voted to amend a previous vote that was conducted back on March 9, 2018, where the board voted to adopt the 2013 Food Code and 2015 Food Code Supplement. This amended vote included adoption of the 2013 Food Code and 2015 Food Code Supplement, along with the adoption of FDA Annex 1, in order to be in compliance with the Food and Drug Administration's (FDA) Voluntary National Retail Food Regulatory Program

TOWN OF NEEDHAM

Janet Parnes, owner of Historical Portraits by Lady J will portray Mrs. Madison in this performance titled "The War of 1812: Dolley Tells All."

The performance will address topics that include the following: Dolley's Quaker childhood and path to the White House; why the United States was ill-prepared to

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www.WapneLook.com
166 Crescent Road, Needham, MA 02454

Thinking about quitting...

For your family?

For children, secondhand smoke causes respiratory problems, ear infections and increases the risk of sudden infant death syndrome.



For your health?

Quitting smoking helps prevent heart disease and stroke, among other health issues.

You are at an increased risk for these diseases even if you smoke fewer than five cigarettes a day.

For your wallet?

It costs almost \$3,500 a year in Massachusetts to purchase a daily pack of cigarettes.



What happens when you quit?

You save money
Your sense of smell returns to normal
You stop the yellowing of teeth/fingernails

You will cough less and breathe easier

Over time, you'll be less likely to die from lung cancer or have coronary heart disease.

Immediately	In 20 min	In 2 weeks	In 1-9 months	In 1 year	In 2-5 years
Your heart rate and blood pressure drop		Your heart attack risk begins to drop	Your risk of coronary heart disease is decreased by 50%		Your stroke risk is reduced to that of a nonsmoker

- Identify your motivation for quitting and remind yourself of it often
- Participate in a group smoking cessation program
- Choose a quit date and make a plan
- Call the Helpline at 1-800-QUIT-NOW
- Visit smokefree.gov for more resources

Tips to QUIT



Share your story!
#NeedhamQuitsSmoking



TOWN OF NEEDHAM

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Weekly 5/23/19

BOH/VOTE AMENDMENT LEGAL NOTICE

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AD#13799284
Needham Times 5/23, 5/30/19

C8 Thursday, May 30, 2019 |

Legal Noti

BOH/VOTE AMENDMENT LEGAL NOTICE

At a public meeting on May 10, 2019 the Board of Health voted to amend a previous vote that was conducted back on March 9, 2018, where the board voted to adopt the 2013 Food Code and 2015 Food Code Supplement. This amended vote included adoption of the 2013 Food Code and 2015 Food Code Supplement, along with the adoption of FDA Annex 1, in order to be in compliance with the Food and Drug Administration's (FDA) Voluntary National Retail Food Regulatory Program Standard 1. This summary shall serve as notice to all.

AD#13799284
Needham Times 5/23, 5/30/19

YOU GO TO OUR GALA.

THEY GO ON TO MAKE THEIR

DREAMS REAL.

JOIN US IN CELEBRATING 25 YEARS OF TRANSFORMING
HUNDREDS OF LIVES THROUGH FINANCIAL SUPPORT,
HOUSING, AND EDUCATION OPPORTUNITIES.

BETHANY
HILL
PLACE

Spring Gala

COCKTAILS, DINNER, SILENT AUCTION AND ENTERTAINMENT
THURSDAY, MAY 2, 2019 1 6-9PM 1 SHERATON 1 FRAMINGHAM, MA.
GET TICKETS AT BETHANYHILLPLACE.ORG/GALA

The Needham Art Association's Spring Art Show and Sale will be held at the Needham History Center & Museum, located on 1147 Central Avenue. The exhibit will be open from April 1 through May 3, with visiting hours on Tuesdays through Thursdays, and Saturday, April 13 and 27, from 10 a.m. - 4 p.m. This year's judge is Ms. Shireen Yadollahpour, art teacher at the Needham High School.

A reception and the awarding of

ribbons will take place on Saturday, April 6, from 1-3 p.m. Parking is available in the Newman Elementary School lot.

The Needham Art Association has fostered the love and practice of art in Needham for over 70 years. The group meets on the first Tuesday of each month at 7 p.m., October through April, in the Community Room in the Needham Public Library. Art demonstrations are free and open to the public.

Community Farm announces Family Gardening Classes

The Needham Community Farm has announced new Family Gardening Classes. The classes are designed for families with children under the age of 12 with little to no previous gardening experience. Participants will learn about the wonders of sustainable gardening in a supportive, hands-on, and community based environment. Supplies such as

seeds, seedlings, fertilizer, gloves, and hand tools are provided. Spring, summer, and fall sessions are offered on Wednesday evenings or Saturday afternoons. Parent/child members receive a discount. For more information and to register, visit www.NeedhamFarm.org, or call Susan Shaver at (781-343-1106).

Notice of Public Hearings

Friday, May 10, 2019, 7:00 AM - 8:00 AM
Multi-Purpose Conference Room, Rosemary Recreation Complex
178 Rosemary St, Needham MA 02464

The purpose of this Public Hearing is to: Amend the Board of Health's previous vote that was conducted back on March 9, 2018, where the board voted to adopt the 2013 Food Code and 2015 Food Code Supplement. This amendment will also include the adoption of Annex 1 of the 2013 Food Code, in order to be in compliance with the Food and Drug Administration's (FDA) Voluntary National Retail Food Regulatory Program Standards. This summary shall serve as notice to all.

Comments will be accepted at the public hearing, and will also be accepted through Friday, May 3rd in writing via electronic or postal mail. Please send comments to health@needhamma.gov or to Public Health Division, 178 Rosemary St, Needham, MA 02464.

wednesday 4/25/19

What you should know about student vaping

By Stefan Geller
sgeller@wickedlocal.com

A forum on the dangers of e-cigarettes was held on April 4 at the Rosemary Recreation Complex, hosted by the Substance Prevention Alliance of Needham, Needham Parents Care and Beth Israel Deaconess Hospital.

The presentation, titled, "Juuling and Schooning," was given by Dr. Jonathan Winickoff, a pediatrician at Massachusetts General Hospital for Children and a professor of pediatrics at Harvard Medical School.

Here are a few important takeaways:

What exactly is vaping?

Vaping is the act of inhaling and exhaling vapor - typically containing nicotine - via electronic, battery-powered devices commonly known as "e-cigarettes," "vape pens," "tanks" and "mods."

The devices are also referred to by brand name, such as JUUL, one of the largest distributors of vaping devices in the country.

Vaping products are sold in nearly 8,000 flavors, such as mango, mint and cinnamon. They can be found at gas stations, pharmacies and package stores. Some devices can also be used to consume marijuana vapor.



Vaping products are sold in nearly 8000 flavors. [WICKEDLOCAL FILE PHOTO]

Massachusetts in 2018 passed a law making the age to purchase vaping products 21 years old.

Growing prevalence

According to a 2016 MetroWest Adolescent Health Survey, 26 percent of high school students in the MetroWest area said they had tried using e-cigarettes and 16 percent reported using them

in a typical month.

Winickoff said that one of the major reasons he believes kids are getting into vaping, outside of peer pressure, is the flavoring.

What's in them?

According to Winickoff's presentation, e-cigarette solutions (otherwise known as e-juice) contain:

- Humectant (propylene glycol and glycerin)
- Flavoring
- Nicotine (which can be present even when listed as 0 mg/ml)
- Toxicants
- Carcinogens
- Cytotoxic metallic nanoparticles (from the coil heating element)
- Silicates

Dangers

The main danger that Winickoff said vaping poses is nicotine addiction.

According to Winickoff, only 0.5 percent of vaping solutions in the U.S. market truly contain no nicotine, which he said has the strongest effects on kids. And to make matters worse a single JUUL pod contains as much nicotine as a pack of cigarettes.

"The adolescent brain is uniquely vulnerable to nicotine addiction. They can become addicted more quickly and at lower levels of use," he said. "If kids are vaping, they're vaping nicotine."

In addition to nicotine addiction, Winickoff said e-cigarette use can lead to asthma attacks, mood disorders and attention problems.

However, because the trend of vaping is relatively new, there have been no studies linking it to

cancer. Still, Winickoff said parents should be concerned if their kids are using them.

"If we have carcinogens and kids are inhaling these ultra fine particles deep into their lungs, it's just a matter of time before that starts to yield cancer," he said.

Recommendations

Winickoff said that because nicotine addiction is such a difficult thing to fight, primary prevention is critical to combat it.

"If someone is trying [e-cigarettes] you have a very tight window to get them off of it before they lose total control. And that's why it's an emergency," he said.

For parents, Winickoff recommended asking less pointed questions when addressing the topic with kids in - such as, "do any of your friends JUUL?" or "have you ever tried it?" - in order to make them more comfortable talking about it.

Additionally, he suggested discussing the topic as early as possible, setting clear expectations and consequences, being more careful lending kids money and getting help early if you believe they have become addicted.

Be a part of health prevention: get vaccinated

By Needham Public Health Division

Measles was once considered eliminated in the United States in 2000. Now you hear about many outbreaks of the disease due to travel from other countries as well as unvaccinated people in the US.

According to the CDC, the number of measles cases in the United States has surged, to a total of 555 thus far in 2019. Outbreaks have been reported in New York, Washington, California, New Jersey and Michigan, and individual cases have been confirmed in 20 states. These

cases have been linked to travelers bringing measles back from countries like Israel, Ukraine and the Philippines.

Measles is an extremely contagious disease that is still endemic in some countries around the world and it has been spreading rapidly amongst unvaccinated populations throughout the United States. False information regarding vaccines has led to an increase in the numbers of people who believe that vaccines are unsafe and as a result, more people are refusing to vaccinate themselves and their children. In order to help ensure vaccine safety, new vaccines are

evaluated, tested and undergo trials before receiving licensure. In addition, vaccines are continually monitored through the Vaccine Adverse Events Reporting System. If adverse health effects are linked to a vaccine, the FDA will take action to regulate the vaccine and protect the public.

Vaccines play a major role in preventing dangerous and life-threatening illnesses in people of all ages. When people are not vaccinated, they are at a much higher risk for contracting diseases like measles and can potentially spread the disease to other people they come into

contact with, including infants that are too young to be vaccinated or people who cannot be vaccinated because their immune systems have been weakened due to cancer and other conditions.

The measles vaccine is very effective at preventing infections, with one dose being 93 percent effective and two doses being 97 percent effective at preventing measles. Immunizations have saved countless lives and are considered to be one of the greatest public health achievements.

Measles can be prevented by receiving the MMR vaccine. The vaccine protects against three diseases: measles, mumps

and rubella. CDC recommends children get two doses of MMR vaccine, starting with the first dose at 12 through 15 months of age, and the second dose at 4 through 6 years of age. Teens and adults should also be up to date on their MMR vaccination.

Let's get back to eliminating measles in the United States. Please check to make sure you and your loved ones are vaccinated. We can all be a part of prevention if we vaccinate.

If you have any questions please contact the Public Health Division at 781-455-7940 ext 504.

Noteworthy items on this year's Town Meeting warrant

By Stefan Geller
sgeller@wickedlocal.com

home. They would also have to be attached to the main house, have a doorway accessible from inside the home and the permits would have to be renewed every three years.

In-law apartments

Article 24 seeks to amend zoning bylaws in order to allow accessory dwelling units (also known as in-law apartments) in town. ADUs are secondary living spaces attached to homes that would be used by seniors to house their caregivers or for families to keep aging relatives under closer care. The call for them in Needham has been growing over the past several years due to factors, including the town's growing senior population, rising property tax bills and a shrinking market for downsizing options. Each unit would be limited to 850 square feet and only one unit would be allowed per single family

Dementia caregivers program planned for May

The Alzheimer's Association is presenting a program on communication strategies for dementia caregivers on Tuesday, May 7, beginning at 2:30 p.m., at the Needham Council on Aging, 300 Hillside Avenue. The program is free and open to the public.

Effective Communication

Strategies explores how communication takes place when someone has dementia, teaches strategies to decode verbal and behavioral messages and will help caregivers connect and communicate through all stages of the disease. To register, or for more information, call (800-272-3900).

Public Health

addresses measles vaccination

Measles was once considered eliminated in the United States in 2000. Now you hear about many outbreaks of the disease due to travel from other countries as well as unvaccinated people in the US.

According to the CDC, the number of measles cases in the United States has surged to a total of 555 thus far in 2019. Outbreaks have been reported in New York, Washington, California, New Jersey, and Michigan, and individual cases have been confirmed in 20 states. These cases have been linked to travelers bringing measles back from countries like Israel, Ukraine and the Philippines.

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In order to help ensure vaccine safety, new vaccines are evaluated, tested, and undergo trials before receiving licensure. In addition, vaccines are continually monitored through the Vaccine Adverse Events

Reporting System (VAERS). If adverse health effects are linked to a vaccine, the FDA will take action to regulate the vaccine and protect the public.

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Any questions may be directed to the Public Health Division at (781-455-7940, x504).

Measles is a highly contagious disease that can cause serious complications and even death. It is preventable by vaccination.

Public Health offering smoking cessation program

The Needham Public Health Division is offering a free program, Freedom From Smoking, to assist individuals with overcoming their tobacco addiction. This program is supported by a grant from the National Association of County and City Health Officials, in partnership with the Million Hearts initiative. Freedom From Smoking was created by the American Lung Association.

There are many reasons individuals want to quit smoking, including to improve health, relationships with family and friends, or to save money.

Participants of the program will receive information on how to quit using a variety of evidence-based techniques. The program will be led by trained Freedom From Smoking facilitators.

"The Public Health Division is excited to have the opportunity to offer this program to Needham residents," said Rachael Cain, Public Health Associate with the Town of Needham. "We believe it is an important resource to offer our community."

The program begins on May 6 from

6:00-7:00 p.m. and runs for eight weeks throughout May and June. It will be held at the Center at the Heights, located on 300 Hillside Ave., Needham.

Participants will receive a free two-month membership to the YMCA and a light dinner will be provided during each class. Interpreter services or transportation are available upon request.

Registration is strongly encouraged, as space is limited. Contact Rachel Cain at rcain@needhamma.gov or (781-455-7940) to register.

MERCURY RECOVERY PROGRAM

Mercury is an element that can be harmful to human health and the environment if not disposed of properly.

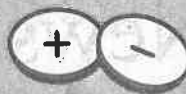
Mercury is found in products such as:



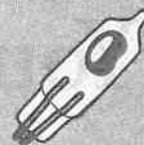
Thermostats



Thermometers



Button-Cell Batteries



Mercury Switches



Fluorescent Lamps

Please contact your local Board of Health or Department of Public Works for information on where to safely dispose of these items.

keepmercuryfromrising.org

SPONSORED BY


Wheelabrator
MILLBURY

BOH 5/10/19 HEARINGS
LEGAL NOTICE
Notice of Public Hearings
Friday, May 10, 2019
7:00 AM - 9:00 AM

Multi-Purpose Conference Room
Rosemary Recreation Complex
178 Rosemary St., Needham MA 02494

The purpose of this Public Hearing is to:

Amend the Board of Health's previous vote that was conducted back on March 9, 2018, where the board voted to adopt the 2013 Food Code and 2015 Food Code Supplement. This amendment will also include the adoption of Annex 1 of the 2013 Food Code, in order to be in compliance with the Food and Drug Administration's (FDA) Voluntary National Retail Food Regulatory Program Standards. This summary shall serve as notice to all.

Comments will be accepted at the public hearing, and will also be accepted through Friday, May 3rd in writing via electronic or postal mail. Please send comments to healthdepartment@needhamma.gov or to Public Health Division, 178 Rosemary St., Needham, MA 02494.

AD#13791523
Needham Times 4/25, 5/2/19

Legal Notice

BOH 5/10/19 HEARINGS
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AD#13791523
Needham Times 4/25, 5/2/19

IPB 19DPUR1ACR



NEEDHAM DRUG TAKE-BACK DAY

Don't let your unwanted or expired drugs fall into the wrong hands.

WHAT

Safely dispose of your unwanted, unused, and expired drugs to avoid improper use

WHEN

Saturday, April 27th
10:00am to 2:00pm

WHERE

Needham Town Common
Drive through drop-off on
Garrity Way

Know Before You Go:

- Check your home for unused over-the-counter and prescription medications
- Check the expiration dates on all medications

*Needle disposal available at Needham RTS



Needham Division of Public Health, Catherine Delano.
781-455-7940 x 215
Partnership of the Needham Division of Public Health,
Needham Police Department and the Substance Prevention
Alliance at Needham (SPAN)

Open for exciting announcements and events!

FREE! Smoking Cessation classes

Thinking about quitting? We can help!
Join us for the [Freedom From Smoking® Program](#)

An engaging course to learn ways to overcome your tobacco addiction
This FREE American Lung Association eight-week program will cover a range of topics including:
medications to help quit smoking, avoiding weight gain, and managing stress, among others.
Freedom From Smoking® will give you the resources needed to reduce the costs tobacco has
on your health and your wallet.

Participants will receive a FREE two month membership to the YMCA!

- WHEN 6:00 PM - 7:00 PM
- Monday, May 6th
 - Monday, May 13th
 - Monday, May 20th
 - Tuesday, May 28th
 - Monday, June 3rd
 - Monday, June 10th
 - Monday, June 17th
 - Monday, June 24th.

WHERE: Center at the Heights 300 Hillside Ave Needham, MA 02494

A light dinner will be provided. Interpreter services and transportation are available upon request.

To Register: Email rcain@needhamma.gov or call 781- 455-7940

Attn: Schools, community groups, parent organizations.

Minding Your Mind has exciting news! We have been awarded a grant to expand mental health education programming in MetroWest by the Foundation for MetroWest's Youth in Philanthropy students. We think it's special that students selected our program to support their peers.

[More About Minding Your Mind](#)