

Needham Youth & Family Services

Youth Commission Meeting Notes

11/8/2017

Materials Distributed (both prior to or/and at the meeting): Agenda; Minutes of 10/11/2017; November Department Report; Right Information Right Time flyer, October Ray of Hope Recipient

- **Accepted Minutes of 10/11/2017**

- **Clinical Focus: Values Exercise**

Board and staff members individually made a list of values they hold, then board members created a unified list of 10 values while the staff created their own list of 10 values. We concluded by coming up with common values we would like Needham Youth and Family Services to be guided by. The values include community, collaboration, empowerment, integrity, respect and service. Leadership and diversity were additional values we may include. We hope to define these in a future meeting.

Updates given:

- Staff members attended a training on “Shirting the Narrative: Helping Adolescents Recover from traumatic Grief and Suicide Loss in October with other HHS staff---great conference
- I attended Simmons NECON Training--Trauma-Informed Crisis Intervention Skills for Field-Supervisors—fabulous training.
- Internship Collaborative started on 9/29, I had the pleasure of presenting for the director’s panel
- Groups have already started, “Be You tiful” at Newman, 5th grade girls at Broadmeadow starts tomorrow, and 4th grade boys at Hillside starts next week.
- We have received a few new counseling referrals and are able to accommodate all!
- We have had many SAAP referrals and are starting to take care of them one by one.
 - Catherine Delano from Public Health has started with a few SAAP clients which is terrific as it is keeping our waitlist manageable...currently 2 waiting.

- **Program Focus : Reach Out Day**

Reach out day was explained to board members. Members were asked to do exercises from the day as a way to understand the impact the day has on students

Updates given:

- VIP started last night, 15 pairs...

- Presented 4 classes of Picture Perfect to 8th graders at Pollard Middle School...and are scheduling the next 3 for this trimester.
- We had our first Ray of Hope on October 31st...great young woman!
 - David agreed to select the next Ray of Hope re
- Time to select a Forde Award recipient. Karen, Vin and Jack agreed to be the selection committee
- Carolyn began Sexual Harassment Trainings for the 7th grade...terrific...more to come next month

• **Community Focus**

Updates given:

- Provided 8 additional community consultations this month
 - Met with a social work student who is doing a project on community mental health
 - Aaron Dungca at NHS is in school and we are the focus of his project, providing information about program evaluation, clinical supports vs our programs
 - Guidance counselor wanting to refer a parent for community supports
- Solution Committee meetings continue to meet. We currently sit on 3 committees...all team meeting is tomorrow...looking forward to an update on all
- Domestic Violence Action Committee meetings meet monthly
- YRN had another great roundtable this month
 - Kara Rodecker, Art Therapy Intern from NHS presented a family
- Attended SPAN leadership meeting on November 1st
 - Coalition meeting will happen 4 times per year with the leadership meeting once a month.
 - Action Teams: Marijuana, Alcohol and Prescription Drugs will continue to work on projects
 - In addition, a sustainability group (of which I will be a part with Catherine and Kathy) to start the conversation with various community leaders about sustainability for community substance misuse prevention once the grant runs out in 3 years.
- Rep. Garlick is hosting a mental health and substance use community forum (**Right Information at the Right Time; Validating Mental Health and Substance Use Issues, Identifying Resources and Empowering Individuals and Families with a Plan of Action for When You Need It**) on November 13th and we were asked to be a panelist/community resource

• **FY 2019 Budget Update**

- We submitted our budget request to Kate
 - Are operational budget request is for \$17, 550
 - Increases due to creating a training budget, paying for licenses & subscriptions and an increase in clinical consultation

- **Old/New Business:**
 - Congratulations to Maria as she just celebrated 4 years with the town of Needham
- **Adjourn**

Members Present:	David Bookston, Jack Cruickshank, Kevin Keane, Karen Mullen, Susan Patkin,Shayan Raza, and Vin Springer
Members Absent:	Julie Stevens
Division Staff Present:	Katy Colthart, Carolyn Tracey, Maria Papantoniou and Ben Aronson
Notes By:	Katy Colthart