



Needham Board of Health



AGENDA—Revised

Friday, January 13, 2017

7:00 a.m. – 9:00 a.m.

**Charles River Room – Public Services Administration Building
500 Dedham Avenue, Needham MA 02492**

- 7:00 to 7:05 - Welcome & Review of Minutes (December 2nd)
- 7:05 to 7:30 - Director and Staff Reports (November, December)
- 7:30 to 7:45 - Board Discussion of Goals and Objectives
- 7:45 to 7:50 - Update on Concussion Training and Tracking System
- 7:50 to 8:00 - Follow-up Discussion about Healthy Aging Report and Possible Next Steps

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Board of Health Public Hearing

- 8:00 to 8:20 - Revise Article 1: Regulation Affecting Smoking and the Sale and Distribution of Tobacco Products in Needham
- 8:20 to 8:45 - Consider Article 24: Regulation to Ensure the Sanitary and Safe Operations of Commercial and Recreational Marijuana Establishments, and To Minimize Community Impacts and Collateral Consequences of Widespread Recreational Marijuana Use and Both Commercial and Personal Marijuana Cultivation
- 8:45 to 8:55 - Public Hearing of Violation by Hawthorne Builders

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- Other Items
- Next Meeting ... Friday February 10, 2017
- Adjournment

(Please note that all times are approximate)



Needham Board of Health



Notice of Public Hearings

Friday, January 13, 2017

8:00 p.m. – 8:50 a.m.

**Charles River Room – Public Services Administration Building
500 Dedham Avenue, Needham MA 02492**

At an open meeting and a public hearing on January 13, 2017, the Board of Health of the Town of Needham, County of Norfolk, Massachusetts, acting under the authority of Chapter 111, Section 31 of Massachusetts General Laws shall consider regulations. The purpose of these regulations is to:

- Revise Article 1: "Regulation Affecting Smoking and the Sale and Distribution of Tobacco Products in Needham" to rescind labeling provision and to consider possible lessening of penalties for non-compliance as well as a longer tolling period and other changes to permit transfer processes and outlet density.
- Consideration of Article 24: "Regulation to Ensure the Sanitary and Safe Operations of Commercial and Recreational Marijuana Establishments, and To Minimize Community Impacts and Collateral Consequences of Widespread Recreational Marijuana Use and Both Commercial and Personal Marijuana Cultivation" to consider a number of regulatory provisions that govern the operation of commercial and recreational marijuana establishments in the Town of Needham including inspectional standards and staff training procedures.

These regulations shall be considered in Needham in the interest of, and for the preservation of, the public health. This summary shall serve as notice to all.

Comments will be accepted at the public hearing, and will also be accepted through Thursday January 5th in writing via electronic or postal mail. Please send comments to healthdepartment@needhamma.gov or to Public Health Department, 1471 Highland Avenue, Needham, MA 02492. Both regulations are available for interested parties to review on the Public Health Department's website at www.needham.gov/health.

NEEDHAM BOARD OF HEALTH

December 2, 2016

MEETING MINUTES

PRESENT: Edward V. Cosgrove, PhD, Chair, Jane Fogg, Vice-Chair, M.D., and Stephen Epstein, M.D

STAFF: Timothy McDonald, Director, Maryanne Dinell, Tara Gurge, Carol Read, Dawn Stiller, Kerry Dunnell, Lynn Schoeff

GUEST: Denise Garlick, State Representative, Mitch Breen, Needham Resident

CONVENE: 3:00 p.m. - Public Services Administration Building (PSAB), 500 Dedham Avenue, Needham MA 02492

DISCUSSION:

Call To Order - 3:04 p.m. - Dr. Cosgrove, Chairman

APPROVE MINUTES:

Upon motion duly made and seconded, the minutes of the BOH meetings of November 10, 2016 were approved as amended.

The motion carried. The vote was unanimous.

BOARD DISCUSSION OF POLICY POSITION AND GOALS

Chair Dr. Cosgrove opened the discussion on the draft Board of Health mission. He referred to the five areas that organize the document: Community Health, Emergency Preparedness, Environmental Health, Public Health Nursing, and Substance Use Prevention. Mr. McDonald stated that included in the document will be a description of the Board's priorities to expand data collection, community health conditions, and expand electronic permitting for inspections. A general discussion followed on staff responsibilities in this regard.

Mr. McDonald asked the Board to consider the role of Public Health Nursing and potentially the role of a new staff person that Ms. Carmichael could help transition into the Board's vision for Public Health Nursing.

The conversation veered to a discussion on waste hauler regulations. Mr. McDonald stated that he and Ms. Gurge are working with the State Department of Environmental Protection (DEP) to revise Needham's waste hauler regulations. Mr. McDonald added that the Public Health Division partnered with the Recycling Transfer Station to apply for a technical assistance grant from the DEP. He stated that draft recommendations, based

on best practices and technical assistance, would come to the Board for their consideration. Dr. Cosgrove asked if this is

something that the Needham Public Health Division would use as a statewide model or would it be specific to Needham only. Mr. McDonald replied that the DEP has been working with other communities and that the Needham regulations would be adapted from the DEP's model regulations to fit Needham.

The conversation continued with a preliminary discussion on a review of the *Rules and Regulations for the Registration and Construction of Private Water Supplies*, in particular, section 12.7 *Irrigation Wells*. Mr. McDonald pointed out that the Mass Association of Public Health Boards has developed a brief set of guidance for municipalities on the ability of Boards of Health to regulate irrigation wells during a time of drought. Mr. McDonald stated that the Board could consider how Needham would adapt its regulations to the state regulations or the Board could submit a declaration that there needs to be conservation of water and it applies to private irrigation wells. A brief discussion followed on Needham's use of irrigation wells.

Mr. McDonald stated that he would incorporate the suggestions and feedback from the Board on its mission in preparation for the next BOH meeting.

REVIEW BUDGET PRIORITIES

Mr. McDonald referred to the Health and Human Services, Town Manager's Department budget submission and spoke about his meeting with the Finance Committee liaison on Monday, November 28. Mr. McDonald described the items that were reviewed at this meeting. Mr. McDonald outlined budget priorities, two of which are specifically for the Public Health Division and one of which is intended to benefit the Health & Human Services Department as a whole. The budget priorities are: Data Gathering, Substance Use Prevention Education Training and Compliance, and Public Health Accreditation. A general conversation followed on operating expenses for the other three divisions of the Health and Human Services Department.

Mr. McDonald spoke about a proposed opportunity that would benefit The Center at the Heights Fitness Center. This would include a \$20K commitment each year for a period of five years. He noted that this is still in preliminary discussion.

Dr. Cosgrove spoke briefly about the joint meeting with the Chairs of all four divisions of the Health and Human Services Department. The meeting was held with Town Manager Kate Fitzpatrick and Assistant Town Manager Chris Coleman. The discussion centered on the Youth Services Director's job

description revisions, a process that would take place over the next 18-24 months.

UPDATE ON CONCUSSION TRAINING AND TRACKING SYSTEM

Mr. McDonald introduced Kerry Dunnell. Ms. Dunnell works on Fridays for the Public Health Division. She also works full-time at the Boston University School of Public Health. Mr. McDonald described how the online concussion training works. He stated that he is still working on some of the administrative processes and would like to test the program. Mr. McDonald stated that next steps would involve piloting the program and reconvening the public hearing. Dr. Epstein stated that sports teams would voluntarily pilot the program in the spring with the mandated regulations in full effect starting in the fall. A brief discussion followed on the logistics for rolling out this requirement.

FOLLOW-UP DISCUSSION ABOUT HEALTHY AGING REPORT AND POSSIBLE NEXT STEPS

Mr. McDonald stated that the Public Health Division has received a grant in the amount of \$20,000 from the MetroWest Health Foundation to support the Healthy Aging Project. Funding would support a Transportation Summit and a Task Force. Mr. McDonald spoke about additional funding received in the amount of \$10,000 to study the viability of a Ride Sharing Program for seniors in Needham. A general discussion followed on options to increase availability of the CATH shuttle buses to seniors in the evenings and on Saturday. He mentioned that there is an additional grant opportunity that closes next Friday for \$200,000.

Mr. McDonald spoke about the importance supporting encouraging the Board of Selectmen to be involved in supporting the recommendations of the Healthy Aging Report. Mr. McDonald described some of the scenarios the town could achieve in making it easier for seniors to modify their homes and additional steps to take to help seniors in Needham age in place.

BOARD OF HEALTH PUBLIC HEARING - Began at 4:23 p.m.

- **Revision to Article 1: Regulation Affecting Smoking and the Sale and Distribution of Tobacco Products in Needham**

Motion and Vote

Ed Cosgrove moved and Jane Fogg seconded the motion to open the Public Hearing and not close, on Revision to Article 1, and to open and not close the Public Hearing on Article 24.

The motion carried. The vote was unanimous.

The Board opened the Hearing. There were no members of the public present to comment on the draft regulations. The board engaged in a general conversation and reviewed regulatory changes.

Mr. McDonald referred to two letters that he had received earlier that day. One was from a law enforcement perspective, the other from the Mass Municipal Association. Mr. McDonald distributed copies to the Board.

Mr. McDonald stated that one of the features of the regulation change for the Board's consideration would be the addition of a more graduated penalty and with the graduated penalty a wiping out of violations on a vendor's record, with the trade-off being a longer period of performance. Mr. McDonald stated that he has spoken with DJ Wilson and Cheryl Sborra on developing a no transfer policy. A discussion followed.

The conversation continued with a discussion on the labeling requirements for e-cigarettes. Mr. McDonald stated that should the Board require a warning label on e-cigarettes, it would be a challenge and he would clarify this with DJ Wilson, MMA. Dr. Epstein suggested that a warning on e-cigarettes sign be placed at the display of e-cigarettes. Dr. Fogg expressed the importance of educating the consumer on the level of toxicity of e-cigarettes, which are targeted to underage smokers.

- **Consideration of Article 24: Regulation to Ensure the Sanitary and Safe Operations of Commercial and Recreational Marijuana Establishments, and to Minimize Community Impacts and Collateral Consequences of Widespread Recreational Marijuana Use and Both Commercial and Personal Marijuana Cultivation**

The Board began its deliberation on the homegrown aspects of this regulation as it relates to hardship requirements for cultivation for medical use versus recreational use.

Dr. Epstein stated that the regulations should mirror the Registered Medical Marijuana Dispensary regulations. He noted that the major differences are going to be the advertising aspects and attraction to kids. A general discussion followed on commercial regulation and zoning.

Dr. Epstein asked State Representative Denise Garlick about the level of modification of this law from the Legislature.

Representative Garlick stated that even though 121 State Representatives formally signed a petition opposing the

language of this referendum, it passed with 54% of the vote. She added that the legislature is accountable to the voters in what they asked for and the Legislature is responsible for health and safety of the citizens in the commonwealth. Rep. Garlick stated that there might be a way to control some of the language through a moratorium. A lengthy discussion followed.

Public Hearing will be kept opened.

OTHER ITEMS -

Ms. Gurge presented a brief update on Bodyworks regulations and the concerns expressed by one vendor on the rigorous permit paperwork that is required. Ms. Gurge pointed out the simplicity of the paperwork for massage establishments have changed and that the definition for Bodyworks establishments are completely different than what was required in the past for massage establishments.

Ms. Gurge presented an update on demolition reviews. Ms. Gurge stated that upon review of a particular demolition review she learned that she was in receipt of forged pest control documents from the builder. She explained that with further research she learned that this builder has forged documents for four other demolition permits. Ms. Gurge will speak with Town Counsel to determine how documents from this builder can be verified.

Ms. Gurge also presented an update on Acapulcos Restaurant in Needham. Ms. Gurge stated that an inspection was conducted and critical violations were noted. Acapulcos was advised to hire a food consultant. A follow-up inspection was conducted and items were addressed but the establishment is being monitored.

Adjournment -

Upon motion duly made and seconded, that the December 2, 2016 BOH meeting adjourn at 5:25 p.m.

The motion carried. The vote was unanimous.

Next meeting is scheduled for, Friday, January 13, 2017

Respectfully submitted: Cheryl Gosmon, Recording Secretary



NEEDHAM PUBLIC HEALTH



Director's Report

To: Needham Board of Health
From: Timothy Muir McDonald, Public Health Director
Date: January 9, 2017
Re: Monthly Report for November 2016

In November, the Public Health Division moved forward a number of initiatives including the Healthy Aging project, the preparation of testimony for the Board of Selectmen about Eversource Reliability Project, and follow-up work from the Modera Needham Housing Development discussion following the Board's November meeting. Research and literature reviews into possible new regulations about marijuana and revisions to existing tobacco regulations continued in November.

Needham Health & Human Services

A significant amount of time in the month of November was focused upon the transition into a Health & Human Service model. For the FY 2018 budget submission this fall, I reviewed, approved, and integrated the budgets for all four divisions (Public Health, COA, Veterans, and Youth) into one departmental budget.

The other divisions' budgets were largely maintenance budgets that did not request additional funding to support new staff members, programs, and assets. The Public Health Division budget included additional expense line funding to support the costs of maintaining supplies, training, and travel for the existing staff, and I added the following new budget requests:

- A cooperative proposal for \$38,765 to provide education, training, and regulatory enforcement of alcohol and other drugs in the same manner that the Public Health Division and the Board of Health have long conducted its tobacco control program;
- An HHS-wide proposal for \$20,000 to request recurring funding to support both quantitative and qualitative data gathering initiatives to help better understand community conditions and to help better distribute and direct resources to the most acute community needs;
- A \$35,000 proposal for the Council on Aging Division, working cooperatively with the Public Health Division, to advance Healthy Aging planning in Needham. Like the grant-funded project that began in late winter 2016 and culminated in the report entitled "Assessment of Housing and Transit Options for Needham Seniors" (available [here](#)), this project would have a dual-focus on both transportation options and on age-friendly housing and policy options for Needham's seniors; and
- A \$6,000 request to support Public Health Accreditation activities.

I submitted the budget on November 10th, and made an initial presentation of the HHS budget to the Town Manager and her staff on November 23rd (along with the Finance Committee liaison). Following the receipt of a \$20,000 grant from the MetroWest Health Foundation, which was awarded jointly to Public Health and COA, to pursue a Healthy Aging project nearly identical to the one described above, I withdrew that budget request. Also, following review and discussion, I agreed to postpone for another year the request for funding to support accreditation activities. The hearing on the Health & Human

Service Department's combined budget request is scheduled for approximately 7:00 p.m. on Wednesday February 1st.

Town Requests for Revisions to Recreational Marijuana Law

At the request of you (the Board of Health), the Town Manager, and the Board of Selectmen, my staff and I have drafted a list of important edits and revisions to the commercial marijuana law. This is the eight-page memo which I provided to you as a late addition to your December 2016 meeting packet. My staff and I continue to review and research laws and regulations in state's which have legalized recreational marijuana in order to have the clearest possible understanding of the possible revisions or regulatory language that can ensure that recreational marijuana is implemented in the manner which has the least negative effect on the public's health.

Office Space and its Impact on Public Health Staff Members

In November, following instructions from a physician, a member of the staff of the Public Health Division was assigned to a work location outside of Town Hall. This marks the third staff member (two full-time staff and one part-time staff) who were relocated from Town Hall following office space-related health effects of varying severity.

To address this challenge, the Town is also looking for locations into which the Public Health Division may be temporarily relocated. On the Wednesday before Thanksgiving, along with the Town Manager, two Assistant Town Managers, Building Commissioner, Public Facilities Director and Crew Chief, and IT Director and the Network Manager, I toured a couple of different venues for possible relocation of the Public Health Division. Unfortunately, none of the three locations reviewed appears promising as a short-term or even medium-term solution, and one of the locations has specific air quality problems from mold and water-damage.

I will keep the Board of Health informed as this issue continues to develop.

Sincerely,

A handwritten signature in cursive script that reads "Timothy Muir McDonald".

Timothy Muir McDonald
Director of Public Health, Town of Needham

Needham Public Health Department
November 2016
Health Agents - Tara Gurge and Brian Flynn

Activities

<i>Activity</i>	<i>Notes</i>
Animal Permit Renewal application	1 – Animal Permit renewal application sent to: - <u>Celldex Immunotherapeutics, Inc. @ #119 Fourth Avenue</u> (since they are on a calendar year renewal schedule.)
Bodywork Renewal Permit applications	Mailed out Bodywork renewal permit applications to all establishments and practitioners. Also reviewing bodywork establishment and practitioner permit renewal applications, and collecting fees, as they come in. Inspections pending.
Demo reviews/approvals	9 - Demolition sign-offs: • #30 Sterling Rd. • #11 Colonial Rd. • #657 Webster St. • #969 Greendale Ave. • #53 Homestead Park • #49 Mayflower Rd. • #692 Greendale Ave. • #744 Greendale Ave. • #81 Highland Terr.
Emergency/Fire Dept. Call	1 – Emergency call received from Fire Dept. for: - Call received from Fire to respond to sewer back-up in basement at CVS located at #936 Highland Ave.
Food – Complaints	1 – Food Complaint - <u>Needham House of Pizza</u> – Report of fly being present in take-out salad. Site visit conducted. Met with owner about complaint. Got copy of pest control report. Reminded him to ensure his staff keeps screen door closed, especially on nice weather days, to ensure no pests can enter into establishment.
Food – Temporary Food Permits	8 – Temp. food permits issued to: - <u>Community Center of Needham, Inc.</u> – Needham Lights - <u>Congregational Church of Needham</u> - The Village Fair and Marketplace - <u>Hillside School PTC</u> - Hillside Family Fun Night - <u>Knights of Columbus</u> – Trivia Night - <u>Temple Beth Shalom Garden Club</u> – Antique Show - <u>Coldwell Banker</u> - Pie in the Sky Event - <u>Needham Rotary/Community Council</u> – Thanksgiving Event - <u>Rebecca's Café</u> – Olin Orchestra
Food – Plan Reviews	2 – Food Permit Plan Reviews conducted for: - <u>#77 A Street Café</u> – Received food permit plan review packet for new 300 seat cafeteria to be built in industrial park area (at old General Dynamics site). Initial plan review comments sent. (In process of reviewing.) - <u>#301 Reservoir St. (New Caterer)</u> - Received food permit plan review packet for new caterer to take over existing kitchen catering space. Initial plan review comments sent. (In process of reviewing.)
Food – Pre-operation inspections	2 – Pre-operation food establishment inspections conducted at: - <u>A New Leaf</u> – One final pre-operation inspection conducted. Issued permit. - <u>CVS</u> – For sewer ejector pump back-up.

Food – New Retail/Food Establishment Permit issued	1 – New food establishment permit issued to: - <u>A New Leaf</u>
Housing – Complaints/Follow-ups	0 – Housing Complaints/Follow-ups.
Nuisance – Complaints/Follow-ups	3 – Nuisance Complaints/Follow-ups: - <u>#115 Wilshire Park</u> – Concern from neighbor about adjacent property. They report that their neighbor has a shed/garage that is falling down and in disrepair. Report of pests also being present. Building Dept. also notified. Site visit conducted. Letter sent to owner. - <u>#160 Tudor Rd.</u> – Report received of new home being built adjacent to complainants' property. He reported that the builder was using a very loud ledge chipper. Also reported to Building Dept. Was able to get time frame of project, which helped to quell complainants concern. - <u>#228 Marked Tree Rd.</u> – Neighbor reported to us that their neighbor next door was in his condemned home. Reported to Building Dept. The Building Dept. is in the process of working with the homeowner to clean up his property (both interior and also the exterior landscaping.)
Permit Renewal s	In process of collecting and reviewing annual permit renewal applications/setting up inspections, etc. Collecting fees for annual permits.
Planning Board review	1 – Planning Board review conducted for: - <u>Major Project Site Plan Special Permit No. 2016-03</u> – Comments sent re: the Rosemary Recreational Complex.
Pool Plan Reviews/Follow-ups	2 – New Pool plan reviews/updates conducted for: - <u>Residences at Wingate</u> – State letter received denying the pool variance request for the addition of a treadmill inside the new pool. <u>UPDATE:</u> New Pool plan approved. Letter sent. - <u>Rosemary Town Pool</u> – Sent follow-up email request to pool design engineer to respond to previous comments that were sent, and to supply a copy of the revised pool design plans to the Health Dept. for review. <u>UPDATE:</u> Newly revised set of pool plans received for review. (Plan review still in process.)
Septic Construction Permits	2 – Septic construction permits issued for: - <u>#1516 Central Ave.</u> – For septic system upgrade. - <u>#1600 Central Ave.</u> - For septic system upgrade.
Septic Deed Restriction	1 – Septic Deed Restriction submitted for: - <u>#1554 Central Ave.</u> (for no garbage grinder allowed.)

Septic – Plan Reviews/Approvals	3 – Septic Plan Reviews conducted for: - <u>#109 Brookside Rd.</u> – Final septic as-built plan received. Approval sent. - <u>#1689 Central Ave.</u> – Final septic as-built plan received. Error noted on plan. Comments sent to engineer (revised plan pending.) - <u>#1600 Central Ave.</u> – Plan review conducted. Additional info. requested. Approval sent.
Septic – Trench Permits	2 – Septic Trench permits issued for: - <u>#1600 Central Ave.</u> – For septic installation. - <u>#1516 Central Ave.</u> – For septic installation.
Septic – Certificate of Compliance	1 – Septic Certificate of Compliance issued for: - <u>#109 Brookside Rd.</u>
Septic – Installation Inspection	1 – Septic system installation inspection conducted at: - <u>#1516 Central Avenue (on-going)</u>
Tobacco – Complaints	0 –Tobacco Complaints received
Tobacco Insp.	2 – Tobacco inspections conducted.
Tobacco Permit Update	Tobacco permit update: - Panella’s Market submitted some initial materials for their Tobacco permit application. Additional materials still pending. (Still in review process.)
Tobacco Suspensions	1 – Tobacco suspensions set up for the following establishments: - <u>Tedeschi Food Shops</u> – Suspension took place the week of Nov. 7 – 14th. Spot check site inspections conducted.

Well – Plan Reviews	1 – Plan review for a new irrigation well to be located at: - # 865 Central Avenue (North Hill-lessee)/Babson College – Issued approval to drill letter.
Well Permits	1 – Irrigation well permit issued to: - # 865 Central Avenue (North Hill-lessee)/Babson College

Yearly

Category	Jul	Au	S	O	N	D	J	F	M	A	Ma	Ju	FY' 17	FY' 16	FY' 15	Notes/Follow-Up
Biotech	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2	Biotech permits
Bodywork	0	1	0	0	0	0	0	0	0	0	0	0	1	11	0	Bodywork Estab. Insp.
Bodywork	0	1	0	0	0	0	0	0	0	0	0	0	1	3	0	Bodywork Estab. Permits
Bodywork	0	2	0	0	0	0	0	0	0	0	0	0	2	10	0	Bodywork Pract. Permits
Bottling	0	0	1	0	0	0	0	0	0	0	0	0	1	1	1	Bottling Permit insp.
Demo	5	12	11	21	9	0	0	0	0	0	0	0	58	110	100	Demo reviews
Domestic Animal Permits/ Insp.	1/0	0/1	0	0	0	0	0	0	0	0	0	0	1/1	16	15	Animal permits/ Inspections
Food Service	12	16	11	18	15	0	0	0	0	0	0	0	72	209	220	Routine insp.
Food Service	3	1	11	6	2	0	0	0	0	0	0	0	23	35	26	Pre-oper. Insp.
Retail	2	10	6	6	7	0	0	0	0	0	0	0	31	71	71	Routine insp.
Resid. kitchen	0	1	1	0	0	0	0	0	0	0	0	0	2	11	8	Routine insp.
Mobile	6	1	0	0	0	0	0	0	0	0	0	0	7	9	10	Routine insp.
Food Service	7	3	5	2	5	0	0	0	0	0	0	0	22	50	52	Re-insp.
Food Service/ Retail	1	0	3	2	1	0	0	0	0	0	0	0	7	176	170	Annual permits
Food Service	13/6	8/3	29/15	18/0	8/0	0	0	0	0	0	0	0	76/24	107/54	96/44	Temp. food permits/ Temp. food insp.

Food Service	0/0	0/0	0	0	0	0	0	0	0	0	0	0	0/0	9/16	18/45	Farmers Market permits/ Market insp.
Food Service	0/0	3/3	0/1	0	1/1	0	0	0	0	0	0	0	4/5	21/21	17/21	New Compl./ Follow-ups
Food Service	1	3	3	4	2	0	0	0	0	0	0	0	13	32	35	Plan Reviews
Food Service	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	Admin. Hearings
Grease/ Septage Haulers	0	0	0	1	0	0	0	0	0	0	0	0	1	29	25	Grease/ Septage Hauler permits
Housing (Chap II Housing)	0/0	0/0	7/0	0/7	0	0	0	0	0	0	0	0	7/7	7/4	7/4	Annual routine insp./ Follow-up insp.
Housing	2/4	0/2	0/2	0	0	0	0	0	0	0	0	0	2/8	18/37	8/10	New Compl./ Follow-ups
Hotel	0	0	0	0	0	0	0	0	0	0	0	0	0	3/0	2/0	Annual insp./Follow-ups
Nuisance	2/9	3/9	2/3	0/1	3/2	0	0	0	0	0	0	0	10/24	44/50	43/47	New Compl./ Follow-ups
Pools	0	1/3	2/2	0	0	0	0	0	0	0	0	0	3/5	9/3	10/7	Pool insp./follow-ups
Pools	0	0	0	0	0	0	0	0	0	0	0	0	0	9	10	Pool permits
Pools	2	1	2	2	2	0	0	0	0	0	0	0	9	8	7	Pool plan reviews
Pools	1	0	0	0	0	0	0	0	0	0	0	0	1	4	6	Pool variances
Septic	1	3	3	1	2	0	0	0	0	0	0	0	10	8	9	Septic Abandon Forms
Septic	1	2	1	1	0	0	0	0	0	0	0	0	5	9	10	Addition to a home on a septic plan rev/approval
Septic	0	8	5	1	1	0	0	0	0	0	0	0	15	23	14	Install. Insp.
Septic	0	0	0	0	0	0	0	0	0	0	0	0	0	3	2	COC for repairs
Septic	0	0	1	0	1	0	0	0	0	0	0	0	2	3	0	COC for complete septic system
Septic	6	6	7	5	4	0	0	0	0	0	0	0	28	61	61	Info. requests.
Septic	2	0	1	0	0	0	0	0	0	0	0	0	3	8	3	Soil/Perc Test.
Septic	0	1	1	1	2	0	0	0	0	0	0	0	5	6	4	Const. permits
Septic	1	0	2	0	0	0	0	0	0	0	0	0	3	9	10	Installer permits
Septic	1	0	2	1	0	0	0	0	0	0	0	0	4	6	6	Installer

																Tests
Septic	0	0	2	0	1	0	0	0	0	0	0	0	3	3	3	Deed Restrict.
Septic	2	1	1	1	3	0	0	0	0	0	0	0	8	14	8	Plan reviews
Sharps permits/ Insp.	0	0	0	0	0	0	0	0	0	0	0	0	0	10	10	Disposal of Sharps permits/Insp.
Subdivision	0/0	1/0	0/1	0	0	0	0	0	0	0	0	0	1/1	3/0	7/1	Plan review- Insp. of lots /Bond Releases
Special Permit/ Zoning memos	1/1	0/1	0	1	1	0	0	0	0	0	0	0	3/2	16	12	Special Permit/ Zoning
Tobacco	1	0	0	0	0	0	0	0	0	0	0	0	1	13	12	Tobacco permits
Tobacco	1/1	3/1	2/0	2/0	2/1	0	0	0	0	0	0	0	10/3	25/7	21/2	Routine insp./ Follow-up insp.
Tobacco	0	0	0	12	0	0	0	0	0	0	0	0	12	48	36	Compliance checks
Tobacco	0/0	0/0	0/0	0	0	0	0	0	0	0	0	0	0/0	4/4	3/3	New compl./ Compl. follow-ups
Trash Haulers/ Medical Waste Haulers	0/0	1/0	0/0	0	0	0	0	0	0	0	0	0	1/0	30/2	29/2	Trash Hauler permits/ Medical Waste Hauler permits
Wells	1	1	0	2	1/1	0	0	0	0	0	0	0	5/1	6/0	14/1	Permission to drill letters/ Well permits

FY 17 Critical Violations Chart (By Date)

Restaurant	Insp. Date	Critical Violation	Description
Fuji Steakhouse	7/18/16	- Cold Holding - Conformance with Approved Procedures/HACCP Plan (for Acidified Sushi Rice) - Food Contact surfaces cleaning and sanitizing	- Need to ensure that walk-in cold-holding temp. is maintained at 41 deg F or below. Had serviced. - Need to ensure that Sushi pH Log is maintained and entries are made when rice is prepared (Log was not up to date). Updated log; - Ensure that dish machine reaches a min. temperature of 180 deg F or greater for final hot water sanitizing rinse. Had serviced.
Gianni's Deli	10/4/16	- Hot Holding	- Need to ensure that calzones are hot held at min 140 deg F. (Moved to warmer.)
Dunkin Donuts (Highland Ave.)	10/25/16	- Cold Holding	- Need to ensure that prep reach-in cold-holding unit temp. is maintained at 41 deg F or below. (All items moved to walk-in unit.) Had unit serviced. New unit pending.
Rice Barn	11/1/16	- Cold Holding	- Need to ensure that prep reach-in cold-holding unit temp. is maintained at 41 deg F or below. Had unit serviced.

November, 2016, Monthly Report
Maryanne Dinell- Traveling Meals Program Coordinator

Maryanne Dinell- Traveling Meals Program Coordinator

<i>Description</i>	<i>Reason</i>	<i>Notes/Follow-Up (ongoing, completed, etc.)</i>
Month of November, 2016	Residents of Needham, need help with their daily meals.	45 clients on the Traveling Meals Program 32 Springwell Elder Services, Waltham clients 13 private pay clients - Needham residents
645 2- meal packages were delivered in November	23 Clients receive meals 5 times a week 18 Clients receive meals 3 days a week 4 Clients receive 7 meals within 5 day period	537 meals delivered to Springwell Clients 200 meal delivered to private pay residents Total #737 meals delivered @ 5.50 per meal =cost of \$4053.50
2 new clients Previously on the Program returned	Both Springwel l Clients	Will be short term
5 clients off Program	2 client into nursing home 2 clients into rehab 1 Client on own	2 clients on Program since 2011 1 since 2015 1 short term 2016 1 client on Program short term 2016- recuperating from surgery

[illegible]

Category		Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	FY '16 Total	FY '17 Total	

Meetings, Events, and Trainings

BI	Type	Description/Highlights/Votes/Etc.	Attendance
Board of Health Meeting		Monthly meeting held at PSAP	9

Donations, Grants, and Other Funding [List any donations received, grants funded, etc. over the past month.]

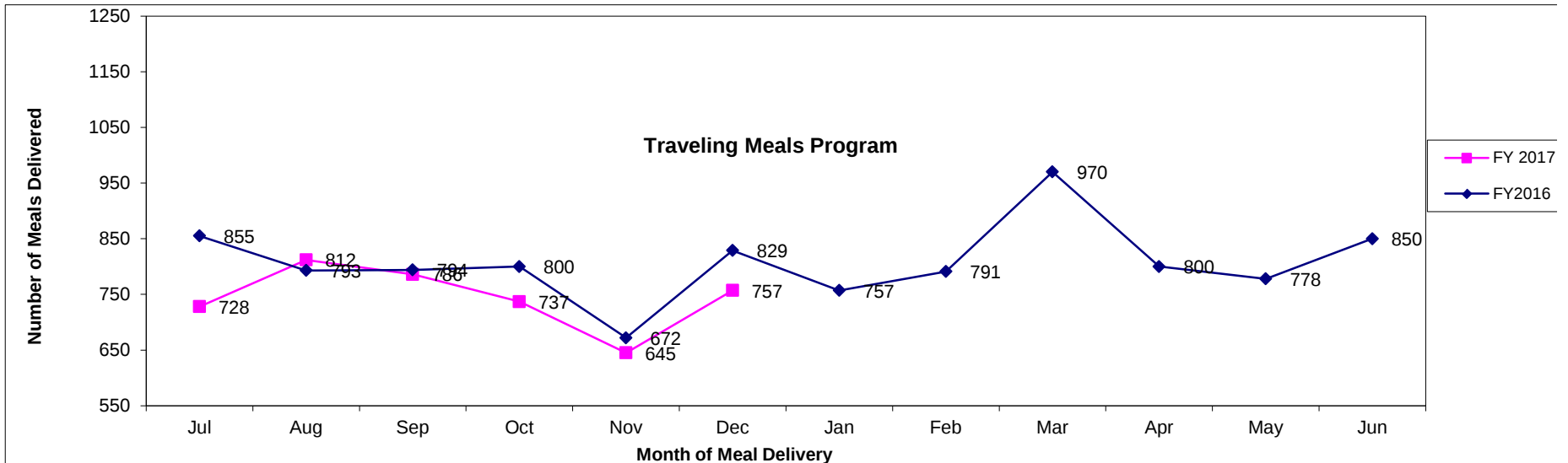
Description	Type (D,G,O)	Amount Given	Source	Notes
Donation	Donation	\$1000.00	Volunteer Driver	

Traveling Meals Program

November, 2016 FY 17

Month	# Meals FY2015	# Meals FY2016	FY16 Cost	% Change # Meals
<u>Jul</u>	855	728	\$4,004.00	-15%
<u>Aug</u>	793	812	\$4,466.00	2%
<u>Sep</u>	794	786	\$4,323.00	-1%
<u>Oct</u>	800	737	\$4,053.50	-8%
<u>Nov</u>	672	645	\$3,547.50	-4%
<u>Dec</u>	829	757	\$4,163.50	-9%
<u>Jan</u>	757			
<u>Feb</u>	791			
<u>Mar</u>	970			
<u>Apr</u>	800			
<u>May</u>	778			
<u>Jun</u>	850			
Totals:	9,689	4,465	24,557.50	

Projected-12 Mo.	
\$	49,115.00
#	8,930



Donna Carmichael RN & Alison Paquette RN

NEEDHAM HEALTH DEPARTMENT

FISCAL YEAR 2017[illegible]

Immunizations	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY17	FY16	FY15
B12	2	2	2	2	2								10	23	22
Flu (Seasonal)	0	0	0	497	158								655	816	723
TDap	1	0	0	0	0								1	0	2
Varicella	0	1	0	0	0								1		
Consult	30	48	62	54	54								248	475	390
Fire/Police	4	6	8	2	3								23	40	49
Schools	8	10	15	16	12								69	88	59
Town Agencies	12	22	24	28	23								109	216	125
Community Agencies	6	10	15	8	16								55	139	157

ASSISTANCE PROGRAMS

ASSISTANCE PROGRAMS												FY17	FY16	FY 15
Food Pantry	0	1	3	2	2							8	21	35
Food Stamps	0	0	0	1	0							1	6	4
Friends	0	0	0	0	0							0	1 - \$300.00	1- YTD
Gift of Warmth	0	0	0	0	3							3 YTD \$730.00	YTD 17	22 - YTD
Good Neighbor	0	0	0	0	0							0	YTD- 5	6- YTD
Park & Rec	0	1	0	0	0							1	5	3
RTS	0	0	0	0	0							0	0	1
Salvation Army	0	0	0	0	0							0	0	0
Self Help	0	0	3	5	11							19	27	51
Water Abatement	0	0	0	0	0							0	2	2

WELLNESS Programs

														FY17	FY16	FY15
Office Visits	39	41	38	35	48									201	447	287
Safte Visits	0	0	0	1	1									2	10	33
Clinics	1	0	0	0	0									0	31	34
Housing Visit	2	0	0	1	2									3	8	27
Housing Call	6	0	2	6	3									11	70	186
Camps-summer	6	8	8	0	0									22	72	63
Tanning Insp	0	0	0	0	0									0	0	2
Articles	0	0	1	0	0									1	2	8
Presentations	0	0	0	0	0									0	2	2
Cable	1	0	1	1	0									3	1	4

EMPLOYEE WELLNESS	July	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	FY17	FY16	FY15
BP/WELLNESS - DPW/RTS	18	14	14	15	15								76	120	137
FLU VACCINE	0	0	0	36	10								46	87	52
CPR/AED INSTRUCTION	0	0	0	0	0								0	26	29
SMOKING Education	0	2	2	1	2								7	9	8
HEALTH ED Tick Borne	28	0	15	12	0								55	67	102
HEALTH ED Mosquito Borne	28	0	15	12	0								55	80	90
HEALTH ED FLU	0	0	10	28	25								63	327	221
FIRST AIDE	6	4	3	4	6								23	34	29
GENERAL HEALTH EDUCATION	20	12	22	26	25								105	188	230
Police weights	0	0	0	0	10								10	33	34
TOTAL EMPLOYEE CONTACTS	100	32	81	134	93								440	1028	981

Emergency Planning

Meetings, Events, and Trainings

<i>Title</i>	<i>Description/Highlights/Votes/Etc.</i>
Flu Clinics	7 Clinics at Town hall By Appointments
PAD Program	Updates to PAD Program (Public Access Defibrillation) Updating materials for teaching CPR
DVAC	Monthly Meeting with minutes

Needham Public Health Department

Catherine Delano, Senior Substance Use Prevention Program Coordinator
November 2016 Monthly Report

Section 1: Highlights

- Began meeting with our three action teams that were formed last month. Each team has tried to meet every other week
- Held monthly coalition meeting and created three action teams by substance: alcohol, marijuana, and prescription drugs. Each action group has a leader and their goal is to carryout activities based on our data/logic model.
- Participated monthly CCIT meeting
- Have started the beginning phases of planning the pharmacists breakfast
- Had to leave Town Hall and now working at CATH

Section 2: Goals

- Start a monthly segment on the Needham Channel related to varying public health topics
- Create Coalition website
- Build youth coalition capacity
- Get approval by Town to implement Alcohol Compliance checks

Needham Health Department
Monica De Winter, Program Support Assistant
November 2016 Monthly Report

Section 1: Summary

During the month November our work focused on action teams project work – that is, the recently established 3 action teams for alcohol, marijuana and prescription drugs - and REACH software data entry.

Section 2: Activities

<i>Activity</i>	<i>Notes</i>
REACH conference call	Conference call with Kelli Keck, Karen S., Monica and Catherine to learn more about using the REACH software system
Data input	Entered accomplishments and outputs to REACH software – this is historical data
Documented and prepared meeting minutes	From 11/1 Alcohol Action Team meeting and emailed them to the team leader, Keith Ford.
Preparation for SPAN (new name of our coalition, stands for Substance Preventin Alliance of Needham) monthly meeting to be 12/6/16	Prepared for meeting by helping set agenda and coordinate with Karen S., Monica and Catherine

Section 3: Meetings & Conferences

<i>Title</i>	<i>Description</i>	<i>Attendance</i>
Alcohol Action Team meeting, 11/1/16	prepare for and attend the first alcohol action team meeting led by Keith Ford, Assistant Principal, at Needham High School	10
Met with Karen S. and Karen M.	Discuss Leadership Team recruitment	3
SPF primer presented to action team leader for alcohol, Keith Ford	Karen S. and I presented overview SPF and how the action teams need to align	3

	work with logic model	
SPF primer presented to action leaders for marijuana and prescription drugs: Janet Jankowiak and Alyssa Kence	Karen S. and I presented overview SPF and how the action teams need to align work with logic model	4
SAPC Stakeholder Meeting, 11/15/16	Carol Read shared the approved strategic plan for the SAPC cohort. Stakeholders discussed and brainstormed future action plan ideas.	40
Marijuana Action Team meeting, 11/17/16	First steps at identifying activities for Needham to engage in for marijuana prevention for youth and the community. Held at Pollard Middle School	10
Met with Catherine, Summer and Karen S.	Discussed action teams, coalition renaming to SPAN (Substance Prevention Alliance of Needham) and a new SPAN logo, and our upcoming December 6 th SPAN coalition meeting.	4
Marijuana Action Team meeting, 11/30/16	Discussed peer-to-peer video done by Needham youth and a parent education approach	8

Needham Public Health Department

November 2016

Substance Abuse Prevention & Education
Needham Coalition for Youth Substance Abuse Prevention ~ NCYSAP
Karen Mullen, Project Coordinator/Capacity Building

Section 1: Activities

Activity	Notes
SALSA Activities- <i>Students Advocating Life Without Substance Abuse</i> 2016-17	SALSA is comprised of 136 High School club members- one of the largest & most active clubs at NHS. SALSA presentation rehearsals 11/14 (10 NHS students) & 11/15 (10 NHS students) SALSA Field Trips to Pollard Health Classes 11/14 (30 Pollard 8th Graders) and 11/15 (35 Pollard 8th graders) Meeting with SALSA Leaders 11/16 to decide on new LT member & follow-up on Peer Leadership projects (KM, HW, NL, GM, LB). Conner Jahn/NHS Jr. to join the leadership team. Peer Leadership Conference at Gillette Stadium (11/6 event). Attended with 8 NHS SALSA members. Follow-up includes Distracted Driving Awareness program & contest coordination (NHS vs. other Norfolk County high schools) Distracted Driving Awareness Month window- SALSA students designed a window in the NHS library to highlight the dangers of distracted driving (Dec. is National Distracted Driving Awareness month) Field trip events & rehearsal administration, membership administration, project management
Fundraising- SALSA & 5th Quarter	Draft fundraising communication; choose photos/videos, draft list of potential donors.
SPAN Action Team Meeting- Marijuana	Attended action team meeting. Responsible for taking meeting minutes for team lead (Janet Jankowiak) as well as follow-up action items.
Needham Channel Prevention Videos	Working w/Needham Channel editing 2 prevention videos. Target timing for completion Jan for Feb. distribution. Marc has been delayed in editing videos for several months due to staffing.

Carol Read, M.Ed., CAGS, CPS

Substance Use Prevention and Education ~ Initiative Highlights Needham NPHD, NCYSAP and SAPC grant * ~ November 2016

SAPC grant collaboration with the towns of Dedham, Needham, Norwood and Westwood.

SAPC grant

SAPC Leadership Team: November 14th Strategy implementation planning. Review regional leader/stakeholder meeting content for November 15th Powers Hall 8:00am-10:00am. Finalize agenda including overview of town coalition programs and accomplishment since June 2016, marijuana vote outcome and related town initiatives to educate residents on the details of Q4, resources for youth marijuana education and implementation of Needham SAPC Strategic Plan.

SAPC Regional Leader/Stakeholder meeting: November 15th Needham Town Hall 8:00am-10:00am. Presentation of MDPH-BSAS approved SAPC Strategic Plan. Agenda included: (1) Overview of town coalition achievements, outcomes and community changes since June 2016 (2) Discussion of marijuana legalization Q4, town vote results, opt out strategies, potential zoning amendments and BOH regulations to reduce access and availability to youth. (3) Prevention strategy review to impact Intervening Variables related to UAD including underage alcohol access and low perception of risk and harm of alcohol by youth and parents.

Town coalition meetings:

Dedham Prevention coalition meeting: November 1st Dedham Town Hall 6:00pm.

Westwood Cares coalition meeting: November 7th Westwood High School 8:00am.

Impact Norwood coalition meeting: November 16th Norwood Police Department 7:00pm
Ongoing phone and email communication to provide educational information, therapeutic support resources and community prevention guidance to enhance all town coalition capacity.

Westwood Cares Marijuana Forum: November 15th *The Impact of Marijuana on Teens and Young Adults*. Westwood High School 7:00pm Presentation by Rick Cresta LICSW, MSW, MPH Adjunct faculty BU School of Social Work targeting clinical approaches substance use, substance use disorders with adolescents. Taped by WestCAT cable television.

MDPH BSAS reporting: SAPC report submission Q1. Online quarterly programmatic report requirements delineating cluster activities including: prevention, communication and SUD related training attendance, capacity building activities, town specific programs and prevention initiatives, TA engagement and reflection on needs to enhance implementation of the Strategic Plan across the cluster. Scott Formica, SAPC grant evaluator.

BSAS SAPC FY 17 budget: Mandatory amendment related to change in line item funding shift. Conference call with SAPC grant manager Amal Marks. Collaboration with Tim McDonald in drafting spreadsheet adjustments and FY 17 Budget Narrative to support amendment request. **Submitted 11-21- 2016. Approved 12-14-2016**

MassTAPP Technical Assistance: November 2nd and November 9th Tracy Desovich, MPH. Conference calls in preparation for SAPC Regional Leader/Stakeholder meeting

MDPH- BSAS Training: November 3rd All day *LifeSkills* Level 1 Certification- Botvin evidence-based substance use prevention curriculum –grades 7-12

AlcoholEdu: November 8th Maddy Murphy, EverFi Implementation planning

Town Accountant: Michelle Vaillancourt November 30th SAPC FY17 budget upload

Needham Public Health (NPHD) -Needham Coalition for Youth Substance Abuse Prevention (NCYSAP)

NPHD initiatives:

Needham Board of Health: November 10th PSAB Staff public health and prevention reporting.

NPHD prevention planning: November 18th Marijuana Regulations- MWHF grant. TM-CD

Massachusetts Partnership for Health Promotion and Chronic Disease Prevention

Fall Summit: November 10th Wyndham Boston. *A Population Health Approach in a Time of Change*. Keynote John Auerbach, Associate Director of Policy, and Acting Director Office of State, Tribal, Local and Territorial support. Presentation of population health frameworks including (1) Three Buckets of Prevention (2) CDC 6118 and HI -5 initiatives. Communities of Practice (CoP) 6 workgroup session meetings.

Norfolk District Attorney Prevention: November 16th Michael Morrissey District Attorney, Jennifer Rowe Assistant District Attorney, Dave Morgan, Prevention program coordinator. Presentation Mark Doloff OD home visit program, alcohol licensees resources TIPS training program EOPSS grant, Norfolk coalition program sharing and networking.

Community Crisis Intervention Team (CCIT) November 9th Needham Police Department. Chris Baker, Donald Anastasi, Donna Carmichael, Latanya Steel, Catherine Delano and Wen-Hui Yang Riverside CC, Director Emergency Services.

Marijuana documentary- November 21st Needham High School media initiative. Natalie Guthrie, NHS faculty, Juan Antonio Student coordinator. Cable interview on public health impact of Marijuana Q4 recreational marijuana legalization in Massachusetts.

NPHD Staff: November 3rd Substance team planning. CD-KS-MD-SK

Program and meeting preparation, outreach for research and resource gathering

(1) NHS marijuana documentary supplemental research and resources for integration into program (2) Needham CCIT resource packet sample (3) Alcohol outlet density research: call and email outreach to Sabrina Adler, ChangeLabs, Michael Sparks, CADCA, Cassie Greisen, John Hopkins CAMY and Dianne Riibe, US Alcohol Policy Alliance.

Resident Support- Respond to calls or meeting requests related to mental health conditions and/substance use disorder resources. Referral to counseling, assessment, treatment and recovery resources. **3 requests:** (M- 50 yrs. Grief and loss) (F- 60 yrs. MH IOP- Recovery AA connection) (F 35 yrs. MH Farsi language resources)

NCYSAP initiatives:

NCYSAP Alcohol Action Team: November 1st Needham High School 7:30am Keith Ford, Assistant Principal NHS Chair with NPHD staff Karen Shannon and Monica DeWinter.

*SAPC technical assistance calls, coordinator meetings, and compliance related to the SAPC grant program are extensively documented in the BSAS-SAPC online quarterly reports.

2 holidays (Veteran's Day- Thanksgiving) **Respectfully submitted by Carol Read January 5, 2017**



NEEDHAM PUBLIC HEALTH



Director's Report

To: Needham Board of Health
From: Timothy Muir McDonald, Public Health Director
Date: January 9, 2017
Re: Monthly Report for December 2016

Major new responsibilities resulting from the transition to a full Health & Human Services Department and unexpected challenges about the health effects of office space were my primary focus in the month of December.

Needham Health & Human Services

Working with the Public Health Division's administrative coordinator Dawn Stiller, I have begun to revise the tracking mechanisms that I use to monitor financial and programmatic activities in the Public Health Division and with the various donation, revolving, and grant accounts under Public Health's purview. The process of revising those documents and streamlining them will prove valuable in early 2017 when I begin to request that all Division Directors in HHS complete those forms each month before my meeting with those directors.

As a reminder, the hearing on the Health & Human Service Department's combined budget request is scheduled for approximately 7:00 p.m. on Wednesday February 1st. If one or more of the Board members is available to attend and/or send a letter to the Finance Committee in support of the Public Health Division's activities, that would be very beneficial.

The Health & Human Services Department has a new Finance Committee Liaison for this budget cycle; his name is Tom Jacob and I look forward to working with him to best communicate the important work that all four divisions within HHS undertake on a daily basis.

Staffing Challenges

The Health & Human Services Division has a number of HR activities on its plate, including the search process for a full-time environmental health agent, the promotion of Tara Gurge to a higher-level position to reflect the additional responsibilities and authority afforded her, the search process for a full-time public health nurse as Donna Carmichael transitions to a 22-25 hour per week work schedule, the search process for a 25-hour per week emergency management coordinator, and the search for a new Director for the Aging Services Division following the retirement of Jamie Gutner in mid-December 2016.

Continued Research and Review of the Recreational Marijuana Law

My staff and I continue to review and research laws and regulations in state's which have legalized recreational marijuana in order to have the clearest possible understanding of the possible revisions or regulatory language that can ensure that recreational marijuana is implemented in the manner which has the least negative effect on the public's health.

In early December, I attend a meeting in downtown Boston with state legislators and policy experts. The discussion was very interesting, and it highlighted the fog of uncertainty about the recreational marijuana law in which both state and local governments are currently operating.

Office Space and its Impact on Public Health Staff Members

****This is an update and expansion of information I provided in November 2016**** The room known as the “Nurses’ Office” in the Public Health Suite in Town Hall used to be occupied by the Public Health Nurses. In late 2014 and early 2015 respectively, due to health reasons and following a doctor’s review, a full-time and a part-time staff member were assigned to a much smaller Nurses’ Office at the Center at the Heights (CATH). For a while, the Nurses’ Office at Town Hall was unoccupied or used for storage.

But space is at a premium in Town Hall, and after receiving a pair of high-dollar value, multi-year substance use prevention grants, I eventually assigned staff members to sit in the Town Hall Nurses’ Office beginning in November 2015. The initial staff members, part-time Substance Use Prevention Support Assistants, worked in that office without major incident but they worked a part-time schedule that involved fairly frequent off-site meetings. So their exposure to the challenging environment was not continuous, nor was it anywhere close to full-time.

In May 2016, the Nurses’ Office was modified somewhat, in that the door was removed and work stations were added. The first full-time staff member assigned to the Town Hall Nurses’ Office was our new Senior Substance Use Prevention Coordinator, who was hired full-time in June 2016. After experiencing some relatively moderate health discomfort in the summer months, this staff member had more sustained and serious health effects beginning in October 2016. In mid-November, due to health reasons and following a doctor’s review, that staff member was moved out of Town Hall and assigned to a temporary work space at CATH.

Less than a month later, a second staff member who was not in the same office but was on the same side of the Public Health Suite and also in a private office (rather than an open-air workstation), another staff member moved out of Town Hall and assigned to a temporary work space at CATH. Currently there are three full and one part-time staff members of the Public Health Division assigned to CATH, and of those four only two of those staff members have an assigned work station.

The Town, as you may know, did a series of investigations into air quality issues in the Public Health Office Suite beginning in the years following the renovation. Independent investigations were conducted in 2012, 2013, and 2014, and the Town implemented dozens of suggestions from those consultants. Unfortunately, none of those investigations revealed the root cause of the health effects, nor did any of the interventions resolve the issue.

Following the latest information about its impact on staff health, Town administration brought in a new environmental consultant who began an air sampling and monitoring protocol in early January 2017. The Town is also looking for locations into which the Public Health Division may be temporarily relocated. In addition to a walk-through of Town facilities on November 23rd, on December 22nd Town officials including the Town Managers, two Assistant Town Managers, Building Commissioner, and the acting Public Facilities Director toured a commercial location in Needham Heights as a possible venue for relocation of the Public Health Division.

Unfortunately, none of the locations reviewed to date (three Town options, one commercial in Needham Heights) appears promising as a short-term or even medium-term solution, and one of the locations has

specific air quality problems from mold and water-damage.

My overall goal, and it is a goal that I hope the Board of Health shares, is to find one location where the entire Public Health team can work cohesively in a safe and healthy environment.

I will keep the Board of Health informed as this issue continues to develop.

Sincerely,

A handwritten signature in cursive script that reads "Timothy Muir McDonald". The ink is dark and the signature is fluid.

Timothy Muir McDonald
Director of Public Health, Town of Needham

Needham Public Health Department
December 2016
Health Agents - Tara Gurge and Brian Flynn

Activities

<i>Activity</i>	<i>Notes</i>
Animal Permit Plan Reviews/Permit Issued	1 – Animal Permit renewal issued to: - <u>Celldex Immunotherapeutics, Inc. @ #119 Fourth Avenue.</u>
Biotech Registrations	2 – Biotech registrations received for: - Celldex Therapeutics, Inc. - Verastem
Bodywork Establishment Inspections	4 – Bodywork inspections conducted, with local police, at: - B In Touch Massage - Boston Rolfer - Healing Hands - Season Day Spa
Bodywork Establishment Application Review/Permits issued	4 – Bodywork establishment permits issued.
Bodywork Practitioner Application Reviews/Permits Issued	8 – Bodywork practitioner permits issued. (NOTE: Six more pending for B In Touch.)
Bottling Permit	1 – Bottling permit renewal issued. (Received MA DPH permit application approval letter.) Permit mailed to Coca-Cola.
Demo reviews/approvals	9 - Demolition sign-offs: • #168 Pleasant St. • #35 Maple St. • #61 Fair Oaks Rd. • #119 Livingston Cir. • #62 Emerson Rd. • #19 Bird St. • #11 Allindale Rd. • #1427 Great Plain Ave. • #58 Beaufort Ave.
Annual Disposal of Sharps Permits Issued	9 – Annual Disposal of Sharps permits issued. (1 pending)
Food – Annual Permits	126 – Annual food permits issued.
Food – Complaints	4 – Food Complaints received for: - <u>Boony Bunz</u> – For illegally dumping trash/garbage food waste in behind store near train tracks (not in dumpster). Abutting neighbor called in the complaint. Spoke to owner about complaint. Got copy of trash pick-up contract. He will ensure trash is contained and dumpster is serviced on a weekly schedule. - <u>Dunkin' Donuts Mini Mart</u> – Received a call from an employee that works at this store, about an on-going issue with the mop sink backing up (when men's restroom toilet flushes). Also reports that there are fruit flies on site. Site visit conducted. Also called Town Water and Sewer Dept. to investigate this issue. No back-up observed. Increased pest control service and enforced nightly floor drain cleanings on site. Daily cleaning logs to be faxed in to Health Dept. Will continue to monitor this establishment.

	- <u>Sudbury Farms</u> – Report received about worker in Meat Dept. taking pre-packaged raw chicken off a metal tray with raw meat juices and putting it out for sale. Spoke to store manager about concern. - <u>Blue on Highland</u> – Report of pests present (Rec'd on Sat.) I spoke to manager about complaint. Requested increase in pest service to 1x/week. Follow-up site visit conducted to confirm no evidence of pests (sealed up additional locations in the basement.) NOTE: Also conducted site visits at Starbucks, Café Fresh Bagel, and Town Pizza, to confirm proper trash containment. Also had those establishments bump up their pest service to 1x/week. (Still in process of monitoring situation.)
Food – Temporary Food Permits	6 – Temp. food permits issued to: - <u>New Years Needham, Inc.</u> – Needham Lights - <u>Needham Women's Club</u> – Holiday House Tour - <u>Parent Talk</u> – Winter Marketplace - <u>French Press Bakery</u> – Winter Marketplace - <u>Temple Beth Shalom Garden Club</u> – Antique Show - <u>Temple Beth Shalom</u> – Project Ezra Event
Food – Plan Reviews/ Approvals	5 – Food Permit Plan Reviews conducted for: - <u>#77 A Street Café</u> – Received food permit plan review packet for new 300 seat cafeteria to be built in industrial park area (at old General Dynamics site). Additional plan review info. received. Approval issued. - <u>#301 Reservoir St. (New Caterer – True Taste)</u> - Received food permit plan review packet for new caterer to take over existing kitchen catering space. Initial plan review comments sent. Additional plan review info. received. Approval issued. - <u>Buddha Superfoods (#14 Brewster Dr.)</u> – New residential kitchen food permit plan review packet received. (Plan review still in process.) - <u>Temple Aliyah</u> – Daycare in process of applying for a satellite feeding site permit. (Plan review still in process.) - <u>Linden/Chambers (#5 Chamber St.)</u> – Springwell is looking to apply for a food permit in order to have a site to provide already prepared food delivered for service (similar to Center at the Heights site.) (Plan review still in process.)
Food – Pre-operation inspections	0 – Pre-operation food establishment inspections conducted.
Housing – Complaints/ Follow-ups	0 – Housing Complaints/Follow-ups.
Medical Waste Hauler Permit Issued	1 – Medical Waste Hauler permit issued.
Nuisance – Complaints/ Follow-ups	3 – Nuisance Complaints/Follow-ups: - <u>#16 Mills Rd.</u> – Received a call from the neighbor about wood smoke getting into his residence. Neighbor (renters) installed a wood pellet stove for heat, and may be burning wood in stove. Also reported to Building Dept. Site visit conducted. Owner in process of having pellet stove properly permitted. - <u>#222 Central Ave.</u> – Report of a lot of pigeons being attracted on site due to excessive amounts of bird feeders on site. Neighbor called to report that there is a lot of bird droppings on her property. Site visit conducted. Spoke to owner about concern.

	- #33 Fenton Rd. – Report of a lot of junk being stored in yard. Referred to Town Selectmen’s office, since this falls within the Selectmen’s Town Junk Bylaw, with excessive items being stored on site. No trash/garbage items reported.
Permit Renewal s	Continued to collect and review annual permit renewal applications/conducted inspections, etc. (i.e. food, indoor pools, disp. of sharps.) Collected fees for annual permits. Annual Permits mailed.
Planning Board reviews	2 – Planning Board reviews conducted for: - <u>Amendment to the Major Project Site Plan, Special Permit No. 1988-D, property located at #50 Cabot St.</u> - <u>Amendment to Major Project Special Permit 2014-04, property located at #10-16 Charles St.</u>
Pool Inspections	5 – Indoor Pool inspections conducted for: - Sheraton Needham Hotel - Goldfish Swim School - North Hill - Residence Inn Hotel - YMCA
Pool Permits	5 – Annual Indoor Pool Permits issued.
Pool Plan Review/ Follow-up	1 – Pool plan review conducted for: - <u>Rosemary Town Pool</u> – Sent follow-up email request to pool design engineer to respond to previous comments that were sent, and to supply a copy of the revised pool design plans to the Health Dept. for review. UPDATE: Newly revised set of pool plans received for review. (Plan review still in process.)
Septic/Grease Hauler Permits	22 – Septic/Grease Hauler permit renewals issued. (Additional still pending.)
Septic – Plan Reviews/Approvals	2 – Septic Plan Reviews conducted for: - <u>#1689 Central Ave.</u> – Final septic as-built plan received. Error noted on plan. Comments sent to engineer (revised plan pending.) UPDATE: Revised as-built plan received. Approved plan. - <u>#12 Brookside Rd.</u> – New revised septic plan submitted for review. (Plan review still in process.)

Septic – Certificate of Compliance	1 – Septic Certificate of Compliance issued for: - <u>#1689 Central Ave.</u>
Septic – Installation Inspections	11 – Septic system installation inspections conducted at: - <u>#1516 Central Avenue (x 5)</u> - <u>#1600 Central Avenue (x 6)</u>
Septic Installer Exams	2 – Septic Installer exams given (for permit renewals.)
Septic Installer Permit Application Reviews/ Permits issued	5 – Installer permit renewals issued.
Tobacco – Complaints	0 –Tobacco Complaints received
Tobacco Annual Permits	11 – Tobacco permit renewals issued. (1 still pending – Panella’s Market)
Tobacco Compliance Checks	Conducted Routine Tobacco Compliance Checks on 12/16/16 to all 11 permitted establishments. No Sales.
Tobacco Insp.	1 – Tobacco inspection conducted.

Tobacco Suspensions	1 – Tobacco suspensions set up for the following establishments: - <u>Speedway</u> – Suspension took place the week of Dec. 5 – 12th. Spot check site inspections conducted.
Well – Plan Reviews	0 – Plan review s conducted for new wells.
Well Permits	0 – Well permit issued.
Zoning Board of Appeals Project reviews	2 – Zoning Board of Appeal reviews conducted for: - <u>#26 Cross St. and #40 Arbor St. Project</u> - <u>#629-661 Highland Ave. Project</u>

Yearly

Category	Jul	Au	S	O	N	D	J	F	M	A	Ma	Ju	FY' 17	FY' 16	FY' 15	Notes/Follow-Up
Biotech	0	0	0	0	0	2	0	0	0	0	0	0	2	2	2	Biotech registrations
Bodywork	0	1	0	0	0	4	0	0	0	0	0	0	5	11	0	Bodywork Estab. Insp.
Bodywork	0	1	0	0	0	4	0	0	0	0	0	0	4	3	0	Bodywork Estab. Permits
Bodywork	0	2	0	0	0	8	0	0	0	0	0	0	10	10	0	Bodywork Pract. Permits
Bottling	0	0	1	0	0	0	0	0	0	0	0	0	1	1	1	Bottling Permit insp.
Demo	5	12	11	21	9	9	0	0	0	0	0	0	67	110	100	Demo reviews
Domestic Animal Permits/ Insp.	1/0	0/1	0	0	0	1	0	0	0	0	0	0	2/1	16	15	Animal permits/ Inspections
Food Service	12	16	11	18	15	19	0	0	0	0	0	0	91	209	220	Routine insp.
Food Service	3	1	11	6	2	0	0	0	0	0	0	0	23	35	26	Pre-oper. Insp.

Retail	2	10	6	6	7	3	0	0	0	0	0	0	34	71	71	Routine insp.
Resid. kitchen	0	1	1	0	0	0	0	0	0	0	0	0	2	11	8	Routine insp.
Mobile	6	1	0	0	0	0	0	0	0	0	0	0	7	9	10	Routine insp.
Food Service	7	3	5	2	5	2	0	0	0	0	0	0	24	50	52	Re-insp.
Food Service/ Retail	1	0	3	2	1	126	0	0	0	0	0	0	133	176	170	Annual permits
Food Service	13/6	8/3	29/15	18/0	8/0	6/1	0	0	0	0	0	0	82/25	107/54	96/44	Temp. food permits/ Temp. food insp.
Food Service	0/0	0/0	0	0	0	0	0	0	0	0	0	0	0/0	9/16	18/45	Farmers Market permits/ Market insp.
Food Service	0/0	3/3	0/1	0	1/1	4/4	0	0	0	0	0	0	8/9	21/21	17/21	New Compl./ Follow-ups
Food Service	1	3	3	4	2	5	0	0	0	0	0	0	18	32	35	Plan Reviews
Food Service	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	Admin. Hearings
Grease/ Septage Haulers	0	0	0	1	0	22	0	0	0	0	0	0	23	29	25	Grease/ Septage Hauler permits
Housing (Chap II Housing)	0/0	0/0	7/0	0/7	0	0	0	0	0	0	0	0	7/7	7/4	7/4	Annual routine insp./ Follow-up insp.
Housing	2/4	0/2	0/2	0	0	0	0	0	0	0	0	0	2/8	18/37	8/10	New Compl./ Follow-ups
Hotel	0	0	0	0	0	2	0	0	0	0	0	0	2	3/0	2/0	Annual insp./Follow-ups
Nuisance	2/9	3/9	2/3	0/1	3/2	3/2	0	0	0	0	0	0	13/26	44/50	43/47	New Compl./ Follow-ups
Pools	0	1/3	2/2	0	0	5	0	0	0	0	0	0	8/5	9/3	10/7	Pool insp./follow-ups
Pools	0	0	0	0	0	5	0	0	0	0	0	0	5	9	10	Pool permits
Pools	2	1	2	2	2	1	0	0	0	0	0	0	10	8	7	Pool plan reviews
Pools	1	0	0	0	0	4	0	0	0	0	0	0	5	4	6	Pool variances
Septic	1	3	3	1	2	2	0	0	0	0	0	0	12	8	9	Septic Abandon Forms
Septic	1	2	1	1	0	0	0	0	0	0	0	0	5	9	10	Addition to a home on a septic plan rev/approval
Septic	0	8	5	1	1	11	0	0	0	0	0	0	26	23	14	Install. Insp.
Septic	0	0	0	0	0	0	0	0	0	0	0	0	0	3	2	COC for

																repairs
Septic	0	0	1	0	1	1	0	0	0	0	0	0	3	3	0	COC for complete septic system
Septic	6	6	7	5	4	6	0	0	0	0	0	0	34	61	61	Info. requests.
Septic	2	0	1	0	0	0	0	0	0	0	0	0	3	8	3	Soil/Perc Test.
Septic	0	1	1	1	2	0	0	0	0	0	0	0	5	6	4	Const. permits
Septic	1	0	2	0	0	5	0	0	0	0	0	0	8	9	10	Installer permits
Septic	1	0	2	1	0	2	0	0	0	0	0	0	6	6	6	Installer Tests
Septic	0	0	2	0	1	0	0	0	0	0	0	0	3	3	3	Deed Restrict.
Septic	2	1	1	1	3	2	0	0	0	0	0	0	10	14	8	Plan reviews
Sharps permits/ Insp.	0	0	0	0	0	9	0	0	0	0	0	0	9	10	10	Disposal of Sharps permits/Insp.
Subdivision	0/0	1/0	0/1	0	0	0	0	0	0	0	0	0	1/1	3/0	7/1	Plan review- Insp. of lots /Bond Releases
Special Permit/ Zoning memos	1/1	0/1	0	1	1	2/2	0	0	0	0	0	0	5/4	16	12	Special Permit/ Zoning
Tobacco	1	0	0	0	0	11	0	0	0	0	0	0	12	13	12	Tobacco permits
Tobacco	1/1	3/1	2/0	2/0	2/1	1/0	0	0	0	0	0	0	11/3	25/7	21/2	Routine insp./ Follow-up insp.
Tobacco	0	0	0	12	0	11	0	0	0	0	0	0	23	48	36	Compliance checks
Tobacco	0/0	0/0	0/0	0	0	0	0	0	0	0	0	0	0/0	4/4	3/3	New compl./ Compl. follow-ups
Trash Haulers/ Medical Waste Haulers	0/0	1/0	0/0	0	0	0/1	0	0	0	0	0	0	1/1	30/2	29/2	Trash Hauler permits/ Medical Waste Hauler permits
Wells	1	1	0	2	1/1	0	0	0	0	0	0	0	5/1	6/0	14/1	Permission to drill letters/ Well permits

FY 17 Critical Violations Chart (By Date)

Restaurant	Insp. Date	Critical Violation	Description
Fuji Steakhouse	7/18/16	- Cold Holding - Conformance with Approved Procedures/HACCP Plan (for Acidified Sushi Rice) - Food Contact surfaces cleaning and sanitizing	- Need to ensure that walk-in cold-holding temp. is maintained at 41 deg F or below. Had serviced. - Need to ensure that Sushi pH Log is maintained and entries are made when rice is prepared (Log was not up to date). Updated log; - Ensure that dish machine reaches a min. temperature of 180 deg F or greater for final hot water sanitizing rinse. Had serviced.
Gianni's Deli	10/4/16	- Hot Holding	- Need to ensure that calzones are hot held at min 140 deg F. (Moved to warmer.)
Dunkin Donuts (Highland Ave.)	10/25/16	- Cold Holding	- Need to ensure that prep reach-in cold-holding unit temp. is maintained at 41 deg F or below. (All items moved to walk-in unit.) Had unit serviced. New unit pending.
Rice Barn	11/1/16	- Cold Holding	- Need to ensure that prep reach-in cold-holding unit temp. is maintained at 41 deg F or below. Had unit serviced.

December, 2016 Monthly Report
Maryanne Dinell- Traveling Meals Program Coordinator

<i>Description</i>	<i>Reason</i>	<i>Notes/Follow-Up (ongoing, completed, etc.)</i>
Month of December, 2016	Residents of Needham, need help with their daily meals.	46 clients on the Traveling Meals Program 31 Springwell Elder Services, Waltham clients 15 private pay clients - Needham residents
757 2- meal packages were delivered in September	26 Clients receive meals 5 times a week 16 Clients receive meals 3 days a week 4 Clients receive 7 meals within 5 day period	543 meals delivered to Springwell Clients 214 meal delivered to private pay residents Total #757 meals delivered @ 5.50 per meal =cost of \$4163.50
4 new clients, 3 previously on the Program 1 for 1 st time	2 Springwel l Clients 1 private pay	All expected to be short term
4 clients off Program	3 clients into nursing home 1 Client on own	2 clients on Program since 2016- short term 2 clients on Program since 2013

[illegible]

<i>Category</i>		<i>Jul</i>	<i>Aug</i>	<i>Sept</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>	<i>Jan</i>	<i>Feb</i>	<i>Mar</i>	<i>Apr</i>	<i>May</i>	<i>Jun</i>	<i>FY '16 Total</i>	<i>FY '17 Total</i>	

Meetings, Events, and Trainings

<i>BI</i>	<i>Type</i>	<i>Description/Highlights/Votes/Etc.</i>	<i>Attendance</i>
Board of Health Meeting		Monthly meeting held at PSAP	9

Donations, Grants, and Other Funding [List any donations received, grants funded, etc. over the past month.]

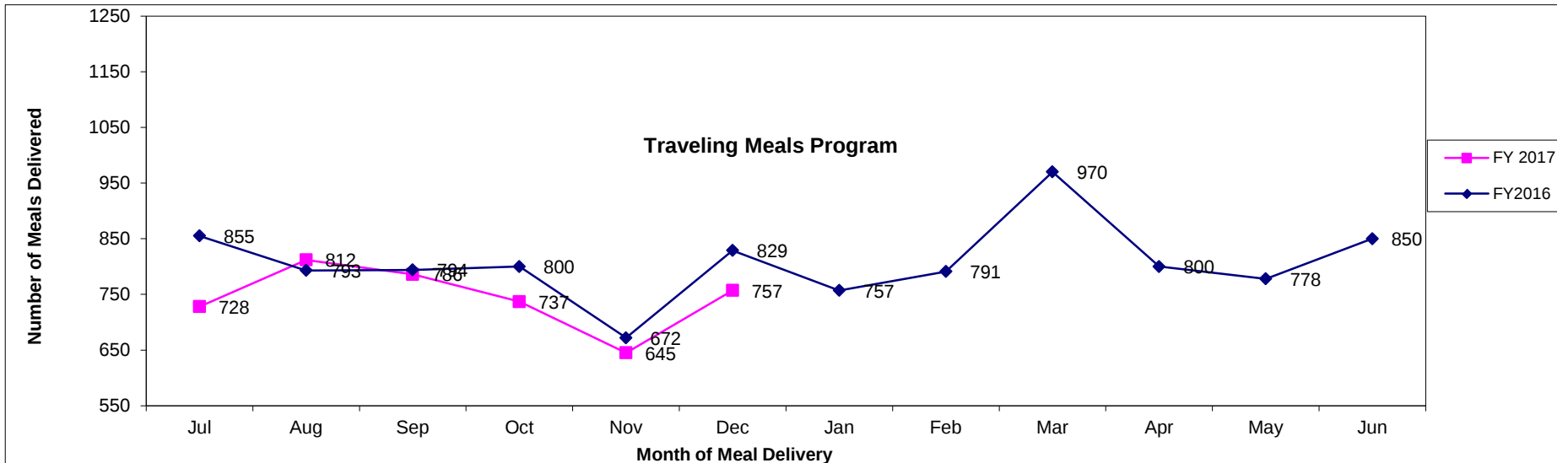
<i>Description</i>	<i>Type (D,G,O)</i>	<i>Amount Given</i>	<i>Source</i>	<i>Notes</i>
Donation	Donation	\$300.00	Daughter of former Client	

Traveling Meals Program

December, 2016 FY 17

Month	# Meals FY2015	# Meals FY2016	FY16 Cost	% Change # Meals
<u>Jul</u>	855	728	\$4,004.00	-15%
<u>Aug</u>	793	812	\$4,466.00	2%
<u>Sep</u>	794	786	\$4,323.00	-1%
<u>Oct</u>	800	737	\$4,053.50	-8%
<u>Nov</u>	672	645	\$3,547.50	-4%
<u>Dec</u>	829	757	\$4,163.50	-9%
<u>Jan</u>	757			
<u>Feb</u>	791			
<u>Mar</u>	970			
<u>Apr</u>	800			
<u>May</u>	778			
<u>Jun</u>	850			
Totals:	9,689	4,465	24,557.50	

Projected-12 Mo.	
\$	49,115.00
#	8,930



Donna Carmichael RN & Alison Paquette RN

NEEDHAM HEALTH DEPARTMENT

DISEASES:

[illegible]

Immunizations	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY17	FY16	FY15
B12	2	2	2	2	2	2							12	23	22
Flu (Seasonal)	0	0	0	497	158	6							661	816	723
TDap	1	0	0	0	0	0							1	0	2
Varicella	0	1	0	0	0	0							1		
Consult	30	48	62	54	54	54							302	475	390
Fire/Police	4	6	8	2	3	12							35	40	49
Schools	8	10	15	16	12	10							79	88	59
Town Agencies	12	22	24	28	23	20							129	216	125
Community Agencies	6	10	15	8	16	12							67	139	157

ASSISTANCE PROGRAMS													FY17	FY16	FY 15
Food Pantry	0	1	3	2	2	2							10	21	35
Food Stamps	0	0	0	1	0	0							1	6	4
Friends	0	0	0	0	0	0							0	1 - \$300.00	1- YTD
Gift of Warmth	0	0	0	0	3	1							4 YTD \$870.00	YTD 17	22 - YTD
Good Neighbor	0	0	0	0	0	0							0	YTD- 5	6- YTD
Park & Rec	0	1	0	0	0	0							1	5	3
RTS	0	0	0	0	0	0							0	0	1
Salvation Army	0	0	0	0	0	0							0	0	0
Self Help	0	0	3	5	11	3							22	27	51
Water Abatement	0	0	0	0	0	0							0	2	2

Gift of Warmth

Donations – First Baptist Church - \$400.00
 Congregational Church - \$1000.00
 Private Resident - \$200.00
 Private Resident - \$200.00

Gift Cards – 4 families served with gift cards for food as well as CVS

WELLNESS Programs
FY17 FY16 FY15

Office Visits	39	41	38	35	48	28								229	447	287
Safte Visits	0	0	0	1	1	0								2	10	33
Clinics	1	0	0	0	0	0								0	31	34
Housing Visit	2	0	0	1	2	0								3	8	27
Housing Call	6	0	2	6	3	1								12	70	186
Camps-summer	6	8	8	0	0	0								22	72	63
Tanning Insp	0	0	0	0	0	0								0	0	2
Articles	0	0	1	0	0	0								1	2	8
Presentations	0	0	0	0	0	0								0	2	2
Cable	1	0	1	1	0	0								3	1	4

EMPLOYEE WELLNESS	July	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	FY17	FY16	FY15
BP/WELLNESS - DPW/RTS	18	14	14	15	15	14							90	120	137
FLU VACCINE	0	0	0	36	10	0							46	87	52
CPR/AED INSTRUCTION	0	0	0	0	0	0							0	26	29
SMOKING Education	0	2	2	1	2	0							7	9	8
HEALTH ED Tick Borne	28	0	15	12	0	0							55	67	102
HEALTH ED Mosquito Borne	28	0	15	12	0	0							55	80	90
HEALTH ED FLU	0	0	10	28	25	12							75	327	221
FIRST AIDE	6	4	3	4	6	3							26	34	29
GENERAL HEALTH EDUCATION	20	12	22	26	25	20							125	188	230
Police weights	0	0	0	0	10	9							19	33	34
TOTAL EMPLOYEE CONTACTS	100	32	81	134	93	58							498	1028	981

Emergency Planning

NC7 - Dedham

Meetings, Events, and Trainings

<i>Title</i>	<i>Description/Highlights/Votes/Etc.</i>
Flu Clinics	3 Clinics at Town hall By Appointments
PAD Program	Updates to PAD Program (Public Access Defibrillation) Updating materials for teaching CPR
DVAC	Monthly Meeting with minutes
SAPC Meeting	Mtg in Dedham
CCIT	Meeting at Police Station – Review of Mental Health Needs
Conference Call	Connected Newton Wellesley Hospital Sexual Assault Program and Social Workers at Center at the Heights for Programming
Rosemary Building	Meeting with Tim, Patty and IT regarding IT needs of new Rosemary building.

Needham Public Health Department

Catherine Delano, Senior Substance Use Prevention Program Coordinator
December 2016 Monthly Report

Section 1: Highlights

- Held our bi-monthly coalition where the three action teams discussed accomplishments and collaborated on some ideas, such as creating a drug diversion program.
 - Continued meetings with our three action teams that were formed last month. Each team has tries to meet every other week.
- Created and filmed 4 PSA's for the cardinal health grant. These PSA's will be adapted for all of the towns who are part of the NC7 and disseminated on local cable channels.
- Worked on the SPAN website with Summer Koop, which will be completed next month.
- Participated monthly CCIT meeting and we will be inviting BIDN and Newton – Wellesley to participate next month to discuss data and resources
- Continued planning pharmacists breakfast
- Met with Needham Parents Care group to discuss how to grow the group and continue the work

Section 2: Goals

- Start a monthly segment on the Needham Channel related to varying public health topics
- Build SPAN capacity/community recognition
- Build youth coalition capacity
- Find a central location for the Department to work
- Get approval by Town to implement Alcohol Compliance checks

Needham Health Department
Monica De Winter, Program Support Assistant
Karen Shannon, Program Support Assistant
December 2016 Monthly Report

Section 1: Summary

During the month December the majority of our work focused on action team meetings, coalition preparation and minutes plus REACH software input.

Section 2: Activities

<i>Activity</i>	<i>Notes</i>
Preparation for coalition meeting set for 12/6/16	Set agenda with Catherine, Karen S., Monica and Summer
Research	Researched marijuana regulations in Oregon for opt-in vs. opt-out and for tax rates; Researched evidence-based marijuana interventions i.e. "Marijuana Wise" {used to be Marijuana 101}
REACH conference call	Conference call with Kelli Keck, Karen S., Monica and Catherine to with further REACH and coalition updates
Data input	Entered accomplishments and outputs to REACH software
Documented and prepared meeting minutes	From 12/6 SPAN meeting (coalition new name) and for Needham Parents Care meeting

Section 3: Meetings & Conferences

<i>Title</i>	<i>Description</i>	<i>Attendance</i>
Prescription Drug Action Team meeting, 12/1/16	Attend meeting led by team leader, Alyssa Kence	7
SPAN Coalition Meeting, 12/6	Bi-monthly meeting. Each of the newly formed action	18

	teams provided planning updates	
Marijuana Action Team meeting, 12/13/16	Honed in on activities of peer-to-peer plus support to parents	10
Met with Catherine, Summer and Karen S.	Discussed upcoming Continuation Grant report due 1/27/17	4
Needham Parents Care meeting, 12/19	Broad discussion about future direction of work for this group	4

Needham Public Health Department

December 2016

Substance Abuse Prevention & Education
Needham Coalition for Youth Substance Abuse Prevention ~ NCYSAP
Karen Mullen, Project Coordinator/Capacity Building

Section 1: Activities

Activity	Notes
SALSA Activities- <i>Students Advocating Life Without Substance Abuse</i> 2016-17	SALSA is comprised of 136 High School club members- one of the largest & most active clubs at NHS. SALSA Field Trips to Pollard Health Classes- Prep for 1/6 & 1/9 trips. Arrange transportation, rehearsals, confirm students attending, distribute trip forms, order lunches. Coordinate with Robyn Briggs (NHS Graphics teacher) to have students design new SALSA logo and t-shirt. Meeting with SALSA Leaders 11/16 to decide on new LT member & follow-up on Peer Leadership projects (KM, HW, NL, GM, LB). Conner Jahn/NHS Jr. to join the leadership team. Distracted Driving Awareness program- write and distribute communication to NHS students about program and contest to encourage all NHS students to view program (and win contest vs. other Norfolk County schools per DA Morrissey). Field trip events & rehearsal administration, membership administration, project management
Fundraising- SALSA & 5th Quarter	After presenting to both- Contacted Needham Golf Charities and Needham Exchange Club re: sponsorships. Both agreed to sponsor- need to confirm donation amounts for each.
SPAN Meeting	General Meeting & Parent Liaison Meeting
Needham Channel Prevention Videos	Working w/Marc Mandel at the Needham Channel, editing 2 prevention videos. Target timing for completion 11/30 for distribution in December
SPAN Marijuana Action Team Meeting	Working with Administration to have NHS students produce a PSA video & activity to be shown in extended homerooms, to remove bathroom doors from 900s to reduce smoking in school and to draft a parent/student communication regarding the new recreational marijuana law and how it will affect NHS students. Include 5 tips for parents about MJ.

Carol Read, M.Ed., CAGS, CPS

December 2016

Substance Use Prevention and Education ~ Initiative Highlights

Needham NPHD, Needham SPAN and Substance Abuse Prevention Collaborative (SAPC) grant * collaboration with the towns of Dedham, Needham, Norwood and Westwood.

SAPC grant

SAPC Leadership Team: December 12th Strategy implementation planning. town initiatives to educate residents on the details of Q4, resources for youth marijuana education and next steps for implementation of Needham SAPC Strategic Plan.

Town coalition meetings:

Dedham Prevention coalition meeting: Dedham 6th Dedham Town Hall 6:00pm.

Impact Norwood coalition meeting: December 19th Norwood High School 3:00pm

Westwood Cares coalition meeting: December 5th Westwood High School 8:00am.

Targeted conversations on reducing youth access to marijuana including town votes to opt out, marijuana curriculum and drafting retail regulations to through ordinance or boards of health. Ongoing dialogue on individual and family support opioid addiction and access to Narcan. Advocacy with town leaders to adopt AlcoholEdu for 9th grade students.

MassTAPP Technical Assistance: Jessica Goldberg, MPH. Interim SAPC program Technical Assistance provider. 2 Conference calls December 14th and December 22nd. Review of Needham SAPC Strategic Plan, identification of progress on prevention initiative implementation across cluster towns. Identification of capacity building steps to enhance local coalition engagement with regional prevention initiatives.

MDPH-BSAS training: December 19th *Maximizing Family Involvement and Support in Substance Use Treatment and Recovery*. Facilitated by Terri Bogage, MSW, LICSW and Dianna Christmas, MPH – Institute for Health & Recovery. Engaging, educating and support family members about addiction and recovery to enhance recovery outcomes, reduce relapse and improve stress levels in family systems.

AlcoholEdu: Maddy Murphy, EverFi Westwood High School, implementation planning. Sean Bevan, Principal.

Needham Public Health (NPHD) -Needham Coalition for Youth Substance Abuse Prevention (NCYSAP)

NPHD initiatives:

Needham Board of Health: December 2nd Staff public health and prevention reporting.

Adolescent Behavioral Health: December 5th Beth Pinals, PsyD, NHS *Own Your Peace* advisor. Review of health education curriculum LifeSkills program, school based leadership programs and education and support resources for SUD.

Coalitions Learning Together: December 6th Coalition regional prevention collaboration planning to impact youth access to marijuana and alcohol through policy changes in multiple domains.

Town of Needham- Human Resource Department: December 9th Rachel Glisper Director Review of physician letter outlining health status and work environment restrictions.

Community Crisis Intervention Team (CCIT) December 14th Needham Police Department: Chris Baker and Sgt. John McGrath, Needham Fire: Donald Anastasi and Eddie Sullivan, Donna Carmichael, Latanya Steel, Catherine Delano and Riverside CC Community Liaison Noelle Kelly, LICSW.

Needham CATH retirement: December 8th Jamie Gutner, Director

Norwich University student interview: December 13th Senior Army Cadet Tim Haggerty. Criminal Justice seminar requirement, drug prevention policies, practices and programs.

Riverside Trauma Center training: December 16th Keynote address: Christine Cissy White. Adverse childhood experiences, traumatic stress, PTSD and the relationship to substance use disorders and mental health conditions in youth and families. Positive coping strategies for long term health and well-being.

NPHD Staff holiday luncheon: December 20th Annual staff gathering

Addiction support meeting- December 21st. Convened by Seana Gaherin, Dunn and Gaherin restaurant. Discussion facilitated by Trudy Avery, National Development Director Caron Treatment Centers. Needham Bank

NPHD Staff meeting: December 22nd. Staff sharing and Strategic Planning overview.

CADCA CDC ChangeLabs: December 9th and December 13th webinars on alcohol access and use reduction strategies. Facilitated by Dave Shavel and Sharon O'Hara. Participant in prevention and public health team initiative review and refine CDC Prevention Status Reports for usability and distribution to local and state decision makers. Education and advocacy to advance 3 evidence-based excessive alcohol use (EAU) reduction strategies.

Program and meeting preparation, outreach for research and resource gathering
(1) Marijuana regulations in WA- AL and OR (2) Holiday season grief support meetings and services -*Secular and Non Secular* (3) BIDN and NWH contact information: names, positions and email addresses for January CCIT meeting (4) Draft CCIT January meeting email text.

Resident Support- Respond to calls or meeting requests related to mental health conditions and/substance use disorder resources. Referral to counseling, assessment, treatment and recovery resources. **2 requests:** (F- 55 yrs. Health Care proxy witness- Grief support group parent) (F- 60 yrs. MH SUD -2 calls and home visit with Jessica Moss)

NCYSAP initiatives:

NCYSAP Leadership Team meeting: December 2nd Kathy Pinkham, Lt. Chris Baker, Karen Mullen, Maureen Doherty and Tim McDonald. Ideas for LT capacity building- new members, Marijuana Q4 details, marijuana curriculum addition options and next steps for advocacy for health curriculum.

NCYSAP meeting: December 6th 7:30am. Action Team Prevention initiative reporting, Cardinal Health grant strategies, review and support to enhance alcohol licensee training and establish licensee compliance check program on par with tobacco prevention efforts. New coalition name presentation SPAN! Substance Abuse Prevention Network.

*SAPC technical assistance calls, coordinator meetings, and compliance related to the SAPC grant program are extensively documented in the BSAS-SAPC online quarterly reports. Page 2 of 2 Pages
Respectfully submitted by Carol Read January 5, 2017



Board of Health

Edward Cosgrove, PhD
Chair

Stephen Epstein, MD, MPP
Member

Jane Fogg, MD, MPH
Vice Chair

Mission

The Needham Board of Health, founded in 1877, and its Public Health Division strive to prevent and control the spread of disease, to address environmental issues, to promote healthy lifestyles, and to protect the public health and social well-being of all Needham's residents, especially the most vulnerable.

Goals FY 2017 and 2018

Administrative

Ensure the necessary infrastructure to effectively provide essential public health services.

- Develop Public Health Division-wide communications strategy that incorporates a variety of methods (articles, videos, presentations to community groups, hosting of community forums) to ensure community outreach on pertinent public health issues.
- Pursue small grant funding opportunities to meet distinct community needs (similar to concussion education, and healthy aging initiatives).
- Enhance and refine financial tracking mechanisms to ensure complete and appropriate use of municipal, grant, and donated financial resources
- Develop processes and accrue resources to support the continual gathering of qualitative and quantitative data to inform the activities of the Public Health Division.
- Address the health and physical space challenges of the Public Health Division's office environment, and aggressively pursue an appropriate location for Public Health staff in the short, medium, and long-term.
- **Long-term** - Pursue Public Health Division accreditation and support the establishment of a culture of continuous quality improvement.

Community Health

Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.

- Support existing community initiatives that address public health concerns including senior nutrition, elder isolation, mental health promotion, and domestic violence awareness.
- Sustain multi-disciplinary work to assist families and community members in need of mental health, domestic violence, and substance use support through the Needham Community Crisis Intervention Team (CCIT).
- Emphasize the importance of affordable and accessible housing as a public health issue for all Needham's residents and especially for the Town's senior citizens.
- Advocate for resources to support and enhance Healthy Aging in the community, such as accessible senior housing and more frequent forms of town or community-run transportation programs.

Emergency Management/Emergency Preparedness

Improve the community's ability to prevent, prepare for, respond to, and recover from a major emergency.

- Hire a part-time Emergency Management Coordinator to support achievement of Public Health Division and Town-wide emergency management goals.
- Revise and update Comprehensive Emergency Management Plan (CEMP), Hazard Vulnerability Analysis (HVA), and municipal safety and emergency guidelines.
- Establish a detailed calendar depicting assigned dates for training, exercises, and updates/revisions to existing emergency plans.
- Work towards full certification of the Needham Local Emergency Planning Committee (LEPC), and state and federal recognition as such.

Environmental Health (EH)

Promote health for all through a healthy environment

- Hire additional staff to maintain EH Unit capacity for inspections, environmental health monitoring, training, and vendor and general public education.
- Prioritize positive communication and relationships with food service owners and staff and tobacco vendor owners and staff.
- Develop regular schedule for detailed review and revision of all regulations
 - Review and revise Tobacco regulations (2017).
 - Review and revise Trash Haulers regulations (2017).
 - Review and revise Private Well regulations (2017-2018).
- Identify best practices and optimal platforms for electronic inspection reporting capacity.

Environmental Health (EH) continued

Promote health for all through a healthy environment

- **Long-term** - Research best practices and pursue regulatory standards for posting of calorie counts and nutritional information (FY 2018).
- **Long-term** - Develop and implement food establishment grading policies (FY 2020 approximately).

Public Health Nursing

Advance population health through quality community/ public health nursing education, research and service.

- Prepare for 2017 staff transition.
- Examine community demographics and population needs to identify priorities for public health nursing staff capabilities.
- Review and assess Needham's public health nursing capabilities.
- Develop community outreach calendar of focused educational and training programs such as sunscreen, tick borne illnesses, and other timely public health nursing issues.

Substance Use Prevention

Reduce substance use and misuse to protect the health, safety, and quality of life for all, especially children.

- Provide education and information to community about adverse health impacts of substance use and misuse for the youth, adult, and senior populations.
- Advocate for community level policy changes to impact access and availability of alcohol, akin to raising purchase age for tobacco and reducing sale outlet density.
- Expand community support for addressing alcohol compliance in the same fashion as tobacco compliance, with increased inspections (goal of semi-annual) and compliance checks (long-term goal of quarterly, interim goal of semi-annual).
- Increase awareness of proper prescription medication disposal options and secure storage practices within the Town of Needham.
- Research and develop regulations that will govern the use of recreational marijuana, and revise existing regulations that govern medical marijuana. The overall goal of such regulations should be to ensure the safe and sanitary operations of marijuana dispensaries and recreational marijuana establishments, while at the same time educating the community about the dangers of chronic use and general misuse of marijuana, and promoting a safe and healthy environment for all of Needham's residents.
- **Long-term** - Secure commitment for secondary safe and secure disposal locations for prescription medications, in addition to current medication disposal kiosk at the Police Station and the pair of sharps disposal kiosks at the RTS (FY 2020 approximately).



NEEDHAM PUBLIC HEALTH



Memorandum

To: Needham Board of Health
From: Tara Gurge, Environmental Health Agent
Date: November 29, 2016
Re: Body Work Regulation requirements

Public Health Director Timothy McDonald and I received an inquiry from one of our Body Work establishment owners, specifically Bonnie Matross-Antoniou, LCMT, from *B-In-Touch Massage Therapy* located at 1253 Highland Avenue. In her email, Ms. Matross-Antoniou expressed a number of concerns about of the Public Health Division's Body Work permit renewal requirements. Her concerns are noted below:

- Requirement on having an annual CORI/SORI check.
- Requirement to physically come into the Public Health Office to submit two forms of state-issued photo ID.
- Expressed hardship on her staff having to come into Public Health Office during our 'limited' business hours,
- Requirement to have a physician's letter attesting to the health and communicable disease status of the Body Works practitioner.

Mr. McDonald and I met to discuss these concerns and we were able to adjust some of the permit renewal requirements in an effort to lessen the administrative burden on Body Works practitioners. These are the administrative changes to the renewal process, which we agreed to discuss at our next Board of Health meeting. Please see below.

- Practitioners shall submit a physician's note on an annual basis (instead of every 6 months), which states that they have had a physical within the past 12 months, which states that they are in good health and that they are up to date with their adult immunizations and free from communicable diseases and/or conditions that may be transmitted due to close physical contact and may be detrimental to the public's health.
- The Board of Health will review whether the annual establishment fee can be decreased at our next fee schedule review, which will occur in spring 2017.
- The Public Health Division will agree to stay open later on certain evenings throughout the permit renewal season, in order to accommodate any practitioners that find the Public Health Division's normal business hours of Monday-Friday, 8:30 a.m. – 5:00 p.m. too restrictive. Precisely how many days and which specific days the Public Health Division will provide evening hours will need to be coordinated ahead of time,

Mr. McDonald and I had hoped that these additional changes/accommodations would be welcomed by Ms. Matross-Antoniou, but earlier this week we received follow-up correspondence from Ms. Matross-Antoniou in which she expressed additional or continuing concerns, including:

- the fact that she feels that her profession is being criminalized;
- her frustration about the requirement to submit paperwork in person;
- her frustration about the requirement to present two forms of legal ID;
- her frustration about the requirement to present a recent photograph; and
- her frustration about the requirement to conduct a CORI/SORI check every year.

All of those requirements, Ms. Matross-Antoniou maintains, are mandates not applied to other modalities which she states are already practiced by other healthcare practitioners in Needham. Ms. Matross-Antoniou also relied her belief that neither the Commonwealth of Massachusetts, nor the National Certification Board of Therapeutic Massage, have regulations as strict as Needham's regulations. Additionally, Ms. Matross-Antoniou wishes to have further discussion, and would like to be included in a future Board of Health meeting.

This information is included for your information, and to help inform a discussion for the next Board of Health meeting scheduled for Friday December 2nd, 2016.

Sincerely,

A handwritten signature in dark ink, appearing to read 'Tara E. Gurge', with a stylized, flowing script.

Tara E. Gurge, R.S., C.E.H.T., M.S.
Environmental Health Agent



December 16, 2016

Tobacco Compliance Checks

The Needham Public Health Department, in conjunction with the Needham Police Department conducts quarterly tobacco compliance checks in the Town to enforce the Needham Board of Health Tobacco Regulation (Article 1). Under Article 1, no tobacco permit holder in the Town may sell to persons less than 21 years of age. Article 1 § 6.4 reads, "Each person selling or distributing tobacco products shall verify the age of the purchaser by means of government-issued photographic identification containing the bearer's date of birth that the purchaser is twenty-one (21) years or older. Verification is required for any person under the age of 27." There are currently 12 permitted tobacco vendors in the Town. During the compliance checks, the Environmental Health Agent and a Needham Police Officer work with a local student under 21 years of age. The student attempts to buy tobacco products from each tobacco permit holder without an ID. If sales are made to the student, the tobacco permit holder is subject to the following penalties under Article 1 § 12:

- (a) In the case of a first violation, a fine of one hundred dollars (\$100.00), and the Tobacco Sales Permit shall be suspended for seven (7) consecutive business days.
- (b) In the case of a second violation within 24 months of the date of the first violation, a fine of two hundred dollars (\$200) and the Tobacco Sales Permit shall be suspended for 12 months.
- (c) In the case of three or more violations within a 24-month period, the Board of Health shall hold a hearing and may permanently revoke a Tobacco Sales Permit. A permit holder whose permit has been suspended for 12 months may not apply for a new permit prior to the expiration of the 12-month suspension period.

For the December 16, 2016 compliance checks, an 18 year-old male student from Olin College assisted with the compliance check. He was the underage party; a 21 year-old student from Olin College also participated. There were no sales made to the underage buyer. Attached is a complete summary detailing each compliance check.



<u>Establishment:</u>	Roche Bros. Supermarket, Inc.
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Grocery Store
<u>Time:</u>	3:27 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked age?:</u>	No
<u>Sex of Clerk:</u>	Female
<u>Age of clerk:</u>	Young Adult
<u>Type of tobacco asked for:</u>	Marlboro Lights
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and cigarettes.

<u>Establishment:</u>	7-Eleven #32485B, 845 Highland Ave.
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Convenience Store
<u>Time:</u>	4:24 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Young Adult
<u>Type of tobacco asked for:</u>	Blu E-Cigarette original
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and e-cig.

<u>Establishment:</u>	Great Plain Ave. Gas, Inc.
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Gas Mini-Mart
<u>Time:</u>	3:39 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Adult
<u>Type of tobacco asked for:</u>	Blu E-Cigarette original
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and e-cig.

<u>Establishment:</u>	7-Eleven #37505H, 168 Garden St.
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Convenience Store
<u>Time:</u>	3:47 pm
<u>Purchaser asked for ID?:</u>	No
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Female
<u>Age of Clerk:</u>	Adult
<u>Type of tobacco asked for:</u>	Blu E-cigarette original
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and e-cig. Clerk was very adamant about needing valid ID for sale.

<u>Establishment:</u>	Needham Service Center, Inc.
<u>Type of Establishment:</u>	Independent
<u>Style of Establishment:</u>	Gas Mini-Mart
<u>Time:</u>	3:51 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Adult
<u>Type of tobacco asked for:</u>	Marlboro Lights
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	Clerk was adamant about requiring valid ID. Clerk wouldn't sell to 21 year old who had a valid ID.

<u>Establishment:</u>	Needham Center Fine Wine
<u>Type of Establishment:</u>	Independent
<u>Style of Establishment:</u>	Liquor Store
<u>Time:</u>	3:58 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Adult
<u>Type of tobacco asked for:</u>	Cigar
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	Clerk wouldn't sell to 21 year old who had a valid ID.

<u>Establishment:</u>	Sudbury Farms
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Grocery Store
<u>Time:</u>	4:09 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Female
<u>Age of Clerk:</u>	Young Adult
<u>Type of tobacco asked for:</u>	Marlboro Lights
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and cigarettes.

<u>Establishment:</u>	7-Eleven #36044H, 173 Chestnut St.
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Convenience Store
<u>Time:</u>	3:31 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Young Adult
<u>Type of tobacco asked for:</u>	Blu Original e-cigarette
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and e-cig.

<u>Establishment:</u>	Needham Heights Auto. Shell
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Gas Mini-Mart
<u>Time:</u>	4:28 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Young Adult
<u>Type of tobacco asked for:</u>	Marlboro Lights
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and cigarettes.

<u>Establishment:</u>	Speedway #2472
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Gas Mini-Mart
<u>Time:</u>	4:35 pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked for age?:</u>	Yes
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Adult
<u>Type of tobacco asked for:</u>	Marlboro Lights
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted to a co-buy of gum and cigarettes.

<u>Establishment:</u>	Fernandes Mini-Mart
<u>Type of Establishment:</u>	Chain
<u>Style of Establishment:</u>	Gas Mini-Mart
<u>Time:</u>	4:55pm
<u>Purchaser asked for ID?:</u>	Yes
<u>Purchaser asked age?:</u>	No
<u>Sex of Clerk:</u>	Male
<u>Age of Clerk:</u>	Adult
<u>Type of tobacco asked for:</u>	Blu Original E-Cigarette
<u>Outcome:</u>	No Sale Made
<u>Notes:</u>	The purchaser attempted a co-buy of gum and e-cig.



NEEDHAM PUBLIC HEALTH



Memorandum

To: Needham Board of Health
From: Tara Gurge, Environmental Health Agent
CC: Timothy McDonald, Director of Public Health
Anthony DelGazion, Town Engineer
Matt Varrell, Director of Conservation
Date: January 9, 2017
Re: #12 Brookside Rd. septic system

An on-going septic system plan review is in progress at #12 Brookside Road, and I wish to provide you with a brief review of the project and its current status.

As you may recall, following a failed Title Five septic system report the Public Health Division required the owners of the property to upgrade the system. That requirement was communicated to the property owner after I confirmed with the Town's Water & Sewer Division that no municipal sewer is available on the street, and that it is not feasible for a connection to be made between #12 Brookside Road and the nearest municipal sewer.

As a further bit of background, the process of upgrading the septic system was put on hold due to the homeowner changing his architectural plans for the existing house. In my role as Environmental Health Agent, I required that an 'Enforceable Agreement' be placed on this property due to this delay.¹ The Enforceable Agreement required the homeowner to submit a signed/dated agreement to us which stated that the property would remain vacant until the septic system upgrade was complete, and that this septic upgrade would be conducted in a timely manner. This agreement is currently on file with the Public Health Division.

As part of the Division's septic plan review process, additional soil testing of an area in the front yard of the property was conducted. The first round of soil testing occurred in the back yard, where the existing failed septic system is located, and the back yard was found to contain decent soils. Unfortunately high ground water also exists in the back yard and the area in question is approximately 35 feet from wetlands. With these soil testing results, the septic design engineer initially proposed the installation of a replacement septic system in the back yard area and indicated his intent to request a pair of local upgrade approvals, one for the decrease in the required setback to the wetlands, and one for the decrease in required separation to ground water.

During the length project delay, I consulted with Mass DEP and with Town of Needham Engineer Anthony DelGaizo. Based upon those discussions, I recommended additional soil testing in the

¹ This action accommodated a request from the Massachusetts Department of Environmental Protection (DEP).

front yard, so that all testing areas on the property would be explored before local upgrade approvals became necessary.

Additional soil testing was conducted in the front yard of the #12 Brookside Road property on January 9, 2017, and found nice sandy loam soils. As an added benefit, I observed an appropriate level of separation from the ground water (i.e. there was no groundwater observed on bottom of hole or weeping from the sides) and the area in question is located farther away from the wetlands. However, the front yard is a very constrained space.

As a result, if plans for an upgraded septic system in the front yard were to proceed, the tight front yard area will necessitate a request for a variance to the setback distance requirement from the side and/or front property line(s), and also a variance to the setback distance requirement from the foundation. I discussed this issue at some length with Mass DEP and with Tony DelGazio, and collectively we believe that the pair of setback distance variances necessitated by a front yard placement are less disruptive and present the potential for reduced environmental impact than the back yard placement, which would require the pair of local upgrade approvals.

The challenges of the site at #12 Brookside Road are such that the Board of Health should consider the situation and the trade-offs involved. At the next Board of Health meeting on January 13, 2017, I hope to discuss with you the current status of this septic upgrade project and to receive your thoughts and input about the recommendation for a front yard placement (with two distance setback variances) versus a back yard placement (with two local upgrades for groundwater and for proximity to a wetland²). Depending upon the Board's judgment, the septic design engineer will then re-submit a proposed septic system design plan for this upgraded system.

Sincerely,



Tara E. Gurge, R.S., C.E.H.T., M.S.
Environmental Health Agent

² Additionally, the Town of Wellesley's water wells are located adjacent to the rear of this Brookside Road property, across from the wetlands. And the choice of a front yard placement away from the wetlands is likely to appeal to Needham's neighbors in Wellesley, as well as to the Conservation Commission since their review and approval will be required on the final septic plan.

Times 11/23/16

Merchants of addiction

How Big Pharma profits from the pain caused by painkillers

You knew addiction had gone fully mainstream when TV ads suddenly appeared offering remedies for an affliction most people had never heard of: Opioid Induced Constipation.

It turns out that along with such dire side effects as abuse, addiction, overdose and death, opioids can leave you really backed up. Physicians wrote 249 million prescriptions for opioid painkillers last year, which has created a big market for stool softeners.

OIC remedies aren't the only way the pharmaceutical industry profits from addiction. Medications for treating addiction and drugs for reversing overdoses are also big money-makers. Analysts quoted by The Washington Post estimate the market for treating opioid side effects is worth \$1 billion a year to Big Pharma.

The connection between pharmaceutical industry profits and



RICK HOLMES

America's addiction crisis isn't discussed nearly enough, says Vermont Gov. Peter Shumlin.

"We didn't have this problem until 1990, when Purdue invented OxyContin," he told a conference of drug court professionals in Marlborough this week. "They said it wasn't addictive, and got every medical group to embrace it as the new way to treat pain."

Since then, opioid addiction has skyrocketed, hitting especially hard in rural areas like Vermont. While he was governor, Shumlin saw a sharp rise in small crime in Vermont, with more broken families and more children taken into state custody. It became the defining issue of

his governorship, and Shumlin made national headlines two years ago when he devoted his entire state of the state address to the crisis.

Shumlin, who leaves office in January, said Vermont has taken important steps to deal with the addiction epidemic. When someone is arrested on a drug-related charge, a professional assessor gets involved at the booking, when the person is often more open to treatment as an alternative to criminal charges. The state's drug treatment system has added capacity to eliminate waiting lists. They've made anti-overdose rescue kits available to anyone who'll take them.

Vermont, like Massachusetts and some other states, has also moved to require better training for physicians prescribing painkillers and to limit the number of pills that can be prescribed. But there has been great resistance at every step of the way from Big Pharma's

lobbyists. As state legislatures have considered prescription limits, the industry has funded the "acute pain lobby," Shumlin said, using sympathetic victims of serious illnesses to argue against measures to restrict the flow of addictive pills.

The pharmaceuticals and health products industry has invested more money lobbying than any other industry, according to the Center for Responsive Politics, spending more than \$3.4 billion since 1998 and employing 1,261 lobbyists.

They've gotten more than their money's worth from the federal Food and Drug Administration, Shumlin said. The agency has approved ever more powerful painkillers for ever wider use - even in the face of opposition from the FDA's staff and advisory boards. Last year, the FDA approved the use of OxyContin on children as young as 11.

SEE HOLMES, B3

Notice of Public Hearings

Friday, December 2, 2016, 4:00 p.m. – 4:50 p.m.

**Charles River Room – Public Services Administration Building
500 Dedham Avenue, Needham MA 02492**

Weekly

11/23/16

The purpose of these regulations is to:

- Revise Article 1: "Regulation Affecting Smoking and the Sale and Distribution of Tobacco Products in Needham" to rescind labeling provision and to consider possible lessening of penalties for non-compliance as well as a longer tolling period and other changes to permit transfer processes and outlet density.

- Consideration of Article 24: "Regulation to Ensure the Sanitary and Safe Operations of Commercial and Recreational Marijuana Establishments, and To Minimize Community Impacts and Collateral Consequences of Widespread Recreational Marijuana Use and Both Commercial and Personal Marijuana Cultivation" to consider a number of regulatory provisions that govern the operation of commercial and recreational marijuana establishments in the Town of Needham including inspectional standards and staff training procedures. These regulations shall be considered in Needham in the interest of, and for the preservation of, the public health. This summary shall serve as notice to all.

Comments will be accepted at the public hearing, and will also be accepted through Wednesday November 30th in writing via electronic or postal mail. Please send comments to healthdepartment@needhamma.gov or to Public Health Department, 1471 Highland Avenue, Needham, MA 02492. Both regulations are available for interested parties to review on the Public Health Department's website at www.needham.gov/health.

QUESTION 4 *Timothy 11/17/16*

Marijuana's legal in Massachusetts, so now what?

By **Gerry Tuoti**
Wicked Local Newsbank Editor

Voters in Massachusetts have legalized marijuana, but it will likely be more than a year before the first pot shops open in the state.

In the meantime, there's a long to-do list for lawmakers and government officials. Following the Nov. 8 vote, policymakers will soon begin the process of implementing and regulating pot sales in the commonwealth, a process that could potentially see legislators alter the new law by enacting higher marijuana tax rates and adding regulations.

"I think there's a general agreement that we need

to respect the will of the voters and implement this, implement it in a reasonable amount of time and also resolve some issues that are not addressed in ballot question and some that were addressed but were not best practices based on the experiences in Colorado and Washington state," said Senate President Stanley Rosenberg, one of the most prominent elected officials to support the pot legalization ballot question.

Voters passed Question 4 by a margin of 54 percent to 46 percent, paving the way for legalized recreational marijuana. Under the ballot question, it will be legal for adults ages 21 and older to possess and use marijuana

effective Dec. 15.

It remains to be determined how much the new law will change in the coming months.

Issues remain

Among the items likely to be debated are identifying an initial funding source to implement the law, preventing drugged driving, resolving regulatory overlaps between the medical and recreational marijuana industries, enacting marketing restrictions on pot vendors and regulating the types of marijuana products and edibles allowed to be sold.

Officials including Rosenberg and state Treasurer Deb Goldberg have also

suggested the proposed pot tax rate could be hiked to cover the cost of regulating the industry. The ballot question calls for a 6.25 percent sales tax and 3.75 percent excise tax on pot sales, with cities and towns having the option of imposing an additional 2 percent tax. The total tax of 12 percent is less than half the tax rate in Colorado.

"It's the lowest in the country," said Rosenberg, who said he'd want to see state studies on enforcement and regulatory costs before setting a tax rate.

After declaring victory Nov. 8, Jim Borgesani, the communications director for the Yes on 4 Campaign, urged supporters to stay

vigilant and make sure the new law is implemented as intended, without drastic changes from state lawmakers.

While Rosenberg said some aspects of the law may be modified, he said the core intent will be respected.

"When you have a big issue of this sort on the ballot, people generally are voting on principle, not voting on every detail in the bill that's been put before them," he said.

State Sen. Jason Lewis, D-Winchester, chairs the Senate's Special Commission on Marijuana and opposed Question 4.

"We will fully respect the will of the people to

SEE MARIJUANA, A5

MARIJUANA

From Page A1

legalize the use and sale of recreational marijuana in Massachusetts," he said. "I expect the Legislature and state government will move forward expeditiously to implement this new law."

When asked if he expects lawmakers to be able to adequately address their concerns while maintaining the core intent of the ballot initiative, Lewis responded, "Time will tell on that."

The will of voters

The ballot measure calls for the creation of a three-member Cannabis Control Commission, which will oversee licensed pot retail shops. Under the ballot measure, the commission will publish regulatory frameworks by Sept. 17, 2017, with the first marijuana shops opening as soon as Jan. 1, 2018.

Question 4 faced opposition from several prominent lawmakers and state officials, prompting

legalization backers to voice concerns that legislators could potentially alter portions of the measure significantly.

"The important task in front of us is implementing the will of the voters and creating safe, legal access to marijuana by adults," said Whitney A. Taylor, political director of the American Civil Liberties Union of Massachusetts. "We must ensure that elected officials who opposed Question 4 do not use their influence to dismantle, hinder or reject what the voters demanded on Election Day. The ACLU of Massachusetts is dedicated to ensuring the will of the voters is implemented and that we do not allow political biases to interfere with the job entrusted to elected officials."

Under the ballot measure, any community that wants to ban or restrict pot shops would need to hold a townwide vote. Medical marijuana dispensaries will get the first shot at applying for commercial retail licenses. Additionally,

adults will be able to legally grow their own marijuana, up to six plants per person or 12 per household.

Gov. Charlie Baker, who opposed the legalization of pot, stated early Nov. 9 that he would work with various stakeholders to carefully implement the new law while protecting "communities and families."

House Speaker Robert DeLeo, another prominent opponent of marijuana legalization, is pledging to collaborate with other political leaders throughout the process.

Many other elected officials who opposed the ballot question are taking a similar approach.

"The people have spoken, and I think the Legislature will be careful in acting because we don't want to overturn the will of the people," said state Sen. Vinny deMacedo, R-Plymouth, who opposed legalizing marijuana. "I really don't know what the sentiment of the Legislature will be to tinker with this."

Weekly 11/17/16

Public Health, PD, produce video report

The Needham Public Health Division and the Needham Police Department published a brief video report on concerns relating to drug-impaired driving in the town of Needham. The report was based on data collected from the MetroWest Health Foundation's Adolescent Health Survey. The survey has been providing the town and the MetroWest region with important health and wellness data about Needham's youth every other year for the past ten years.

The most recent survey indicates the alarming fact that 81% of Needham High School students believe driving drunk or with someone who has been drinking is dangerous, but only 53% believe that the same behavior for someone who is drug-impaired is dangerous.

In the brief video, Needham Public Health Director Timothy Muir McDonald describes how federal advertising efforts significantly contribute to the youth perception that driving drunk is dangerous, but no such efforts exist for drug-impaired driving.

"I think the fact that marijuana is more visible and available does affect perceptions and attitudes that people have towards it," continued McDonald.

Greater awareness and understanding about the dangers of any type of impaired driving is needed amongst Needham youth and the Town overall. That is especially true with the Commonwealth's approval of medical marijuana in 2012, and

the ballot question legalizing the recreational use of marijuana. "[Our] goal is that all impaired drivers are off the road," noted Needham Police Chief John Schlittler. "Having this freedom to drive a car, it is a difficult thing especially as a kid. Now, if you throw in being impaired...the ability to control the vehicle, your reaction times and so forth, not only as just a new driver but being impaired, it really could translate into some very dangerous situations."

"This type of behavior is dangerous," he added. "Driving impaired, under any circumstances, is ... risky behavior and there could be some very tragic outcomes."

"We want to work together with the community to change the perception among teens that drug-impaired driving is not as dangerous as drunk driving; they are both dangerous and they are both a hazard to the health of the operator of the vehicle and to anyone else who is on the road or out in the community with them," said McDonald.

The Public Health Division and the Police Department aim to collaborate with Needham High School students to spread peer-to-peer awareness and produce an educational campaign on the dangers of drug-impaired driving.

The full video report is available by visiting the Town of Needham-Needham Public Health Facebook page or the Needham Public Health twitter handle @Needham_Health. Or by visiting bit.ly/DrugImpairedDriving.

Tenth Take Back ^{Weekly} the Night announced

Needham High School's Take Back the Night Club and the Needham Domestic Violence Action Committee are pleased to announce the 10th annual Take Back the Night event. Take Back the Night is dedicated to raising awareness about domestic violence and sexual assault and its prevention, as well as working to give a voice to those who do not have one. Their mission is to end domestic violence in our community and promote healthy relationships. Planned and put on by Needham High School students, the event will feature live music, guest speakers, free food, give aways, and much more. The 10th anniversary event will take place Thursday, November 17 from 6-9 p.m. in the Needham High School cafeteria. Everyone is invited and encouraged to attend this free event.

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MEDICAL MARIJUANA

Dispensary moving along in application process ^{times 11/10/16}

By Emma R. Murphy
emurphy@wickedlocal.com

Hopeful for a Needham location, medical marijuana dispensary Sage Cannabis is moving along in the state application process.

After the Board of Selectmen unanimously voted to issue a letter of non-opposition for the dispensary in June, the business' application returned to the state Department of Public Health for final approval.

The state issued a Provisional Certificate of

Registration to Sage in July according to the DPH website.

Sage is now waiting for the DPH to issue a Final Certificate of Registration after which the department could approve Sage to set up and sell medical marijuana in Needham.

If approved, Sage Cannabis would set up shop at 29-37 Franklin St..

During its many meetings with Selectmen, Sage outlined an appointment-only system, free home delivery to Needham

residents as well as a one-ounce-limit on the amount of marijuana available for purchase.

Before the Board of Selectmen issued the letter of non-opposition, it required Sage to agree to sign a Community Benefit Agreement.

As part of the agreement, Sage would need the town's approval before it could start selling marijuana for recreational use, should recreational marijuana become legal in Massachusetts.

VOLUNTEERS

Picking up trees to help charities

By Emma R. Murphy
emurphy@wickedlocal.com

Come January, teams of volunteers from Carter Memorial United Methodist Church will be spending their Saturdays transporting Christmas trees from Needham homes to the Needham Recycling and Transfer Station - and they will be doing it all for charity.

On Jan. 7, 14 and 21 a team of Carter Church volunteers will pick up Christmas trees and deliver them to the Needham Recycling and Transfer Station. The program is an annual one, and there is no cost to sign up, though donations for charity are welcome.

"We donate all the proceeds to charities and this year we decided to donate to all Needham charities," said Carter Church Outreach Team Co-Chair John Frantz.

Popular in Needham, the program typically raises about thirteen thousand dollars. Each year the proceeds are given to different charities selected by the Outreach Team.

This year the team decided to keep it local.

Among the charities to receive donations this year are the Needham Community Council and the Gift of Warmth program.

Run by Needham Public Health, the Gift of Warmth program provides fuel assistance to Needham families in need.

"The Gift of Warmth program is great for the Needham families who cannot afford heating," said Frantz.

Personally involved with the Needham Community Council, Frantz said the organization serves many Needhamites in need.

"There are a lot of generous people in Needham and there are also a lot of needy people in Needham," Frantz said.

The program started 18 years ago when a Carter church member began looking for ways to provide charitable services in Needham, Frantz said.

In the beginning,

CHARITIES

From Page A1

church volunteers went door-to-door through Needham offering to transport trees to the RTS. Since then the program has grown and now has returning customers.

"We've got such a great group of people that come back year after year," said Frantz.

The Carter Church Outreach Team oversees the

program every year and although it has become routine, running the program each year requires significant effort.

The team organizes around 50 volunteers from the church to help transport the trees, rents trucks for the transport and coordinates with RTS.

"There is a team of people that does this every year but it does take quite a bit of effort," said Frantz.

One of the biggest challenges is developing the truck

routes according to Frantz.

The team has to enter each tree pickup into a system in order to develop routes for the trucks, which typically run three different routes each through town in one day.

Needham RTS has also been instrumental in helping coordinate the program and handling all the trees that the team brings in. According to Frantz the team usually transports 750 trees each year through the program.

"RTS is really great in

helping us do this," said Frantz.

While much credit goes to RTS and the Outreach Team for running the program each year, the volunteers are essential to making it all happen.

"Obviously the biggest effort is the people going to pick up the trees," Frantz said.

The team takes pick up requests into mid-January. Those interested can sign up either through the church website carterumc.org/ or by calling 781-444-2469.

Holiday food safety tips

A popular way to celebrate holidays or any party occasion is to invite friends and family to a buffet. However, this type of food service where foods are left out for long periods leave the door open for uninvited guests — bacteria that cause foodborne illness. Festive times for giving and sharing should not include sharing foodborne illness.

Typical symptoms of foodborne illness are vomiting, diarrhea, and flu-like symptoms, which can start anywhere from hours to days after contaminated food or drinks are consumed. The symptoms usually are not long-lasting in healthy people—a few hours or a few days—and usually go away without medical treatment. But foodborne illness can be severe and even life-threatening to anyone, especially those most at risk:

older adults, infants and young children, pregnant women, people with HIV/AIDS, cancer, or any condition that weakens their immune system, and people who take medicines that suppress the immune system (for example, some medicines for rheumatoid arthritis).

Combating bacteria, viruses, parasites, and other contaminants in our food supply is a high priority for the Food and Drug Administration (FDA). But

consumers have a role to play, too, especially when it comes to safe food-handling practices in the home.

Here are some tips from the U.S. Department of Agriculture (USDA) Meat and Poultry Hotline to help you have a SAFE holiday party.

Safe Food Handling - Always wash your hands before and after handling food. Keep your kitchen, dishes and utensils clean also. Always serve food on clean plates —not those previously holding raw meat and poultry. Otherwise, bacteria which may have been present in raw meat juices can cross contaminate the food to be served.

Cook Thoroughly - If you are cooking foods ahead of time for your party, be sure to cook foods thoroughly to safe minimum internal temperatures.

Cook all raw beef, pork, lamb and veal steaks, chops, and roasts to a minimum internal temperature of 145 °F as measured with a food thermometer before removing meat from the heat source. For safety and quality, allow meat to rest for at least three minutes before carving or consuming. For reasons of personal preference, consumers may choose to cook meat to higher temperatures.

Cook all raw ground beef, pork,

lamb, and veal to an internal temperature of 160 °F as measured with a food thermometer.

Cook all poultry to a safe minimum internal temperature of 165 °F as measured with a food thermometer.

Use Shallow Containers - Divide cooked foods into shallow containers to store in the refrigerator or freezer until serving. This encourages rapid, even cooling. Reheat hot foods to 165 °F. Arrange and serve food on several small platters rather than on one large platter. Keep the rest of the food hot in the oven (set at 200-250 °F) or cold in the refrigerator until serving time. This way foods will be held at a safe temperature for a longer period of time. REPLACE empty platters rather than adding fresh food to a dish that already had food in it. Many people's hands may have been taking food from the dish, which has also been sitting out at room temperature.

The Two-Hour Rule - Foods should not sit at room temperature for more than two hours. Keep track of how long foods have been sitting on the buffet table and discard anything there two hours or more. Keep Hot Foods Hot And Cold Foods Cold - Hot foods should be held at 140 °F or warmer. On the buffet table you can keep hot foods hot with chafing dishes, slow cookers, and warming trays. Cold foods should be held at 40 °F or colder. Keep foods cold by nesting

dishes in bowls of ice. Otherwise, use small serving trays and replace them. Foodborne Bacteria -

Bacteria are everywhere, but a few types especially like to crash parties. *Staphylococcus aureus*, *Clostridium perfringens* and *Listeria monocytogenes* frequent people's hands and steam tables. And unlike microorganisms that cause food to spoil, harmful or pathogenic bacteria cannot be smelled or tasted. Prevention is safe food handling. If illness occurs, however, contact a health professional and describe the symptoms. Here are the most common bacteria that cause these illnesses.

See below: *Staphylococcus aureus* - *Staphylococcus* ("staph") bacteria are found on our skin, in infected cuts and pimples, and in our noses and throats. They are spread by improper food handling. Prevention includes washing hands and utensils before preparing and handling foods and not letting prepared foods — particularly cooked and cured meats and cheese and meat salads — sit at room temperature more than two hours. Thorough cooking destroys "staph" bacteria but *staphylococcal enterotoxin* is resistant to heat, refrigeration and freezing. *Clostridium perfringens* - "Perfringens" is called the "cafeteria germ" because it may be found in foods served in quantity and left for long periods of time on inadequately maintained steam tables or at room temperature.

Prevention is to divide large portions of cooked foods such as beef, turkey, gravy, dressing, stews and casseroles into smaller portions for serving and cooling. Keep cooked foods hot or cold, not lukewarm. *Listeria monocytogenes* - Because *Listeria* bacteria multiply, although slowly, at refrigeration temperatures, these bacteria can be found in cold foods typically served on buffets. To avoid serving foods containing *Listeria*, follow "keep refrigerated" label directions and carefully observe "sell by" and "use by" dates on processed products, and thoroughly reheat frozen or refrigerated processed meat and poultry products before consumption.

Be sure to follow these important safe food handling practices to have a safe and healthy holiday season!

For more information on holiday food safety, the U.S. Department of Agriculture offers more information on its website at <http://www.fsis.usda.gov>. You can also call the USDA Meat and Poultry Hotline, at 1-888-MPHotline (1-888-674-6854). The Food and Drug Administration (FDA) has additional food safety information online at <http://www.fda.gov/>, and also has a Food Information Line, at 1-888-SAFEFOOD (1-888-723-3366). Information can also be provided by the Needham Public Health Department at (781-455-7500; Ext. 511).

Holiday food safety tips from the Health Department

By the Needham Public Health Department

hms 12/22/16

A popular way to celebrate holidays or any party occasion is to invite friends and family to a buffet. However, this type of food service where foods are left out for long periods leave the door open for uninvited guests — bacteria that cause food borne illness. Festive times for giving and sharing should not include sharing food borne illness.

Typical symptoms of food borne illness are vomiting, diarrhea and flu-like symptoms, which can start anywhere from hours to days after contaminated food or drinks are consumed. The symptoms usually are not long-lasting in healthy people—a few hours or a few days—and usually go away without medical treatment. But food borne illness can be severe and even life-threatening to anyone, especially those most at risk: older adults; infants and young children; pregnant women; people with HIV/AIDS, cancer or any condition that weakens their immune system; and people who take medicines that suppress the immune system, for example, some medicines for rheumatoid arthritis.

Combating bacteria, viruses, parasites and other contaminants in our food supply is a high priority for the Food and Drug Administration, but consumers have a role to play, too, especially when it comes to safe food-handling practices in the home.

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also. Always serve food on clean plates — not those previously holding raw meat and poultry. Otherwise, bacteria which may have been present in raw meat juices can cross contaminate the food to be served.

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Staphylococcus aureus

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Clostridium perfringens

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MetroWest Health Foundation awards grants for Healthy Aging Initiative

Tuesday

Posted Dec 13, 2016 at 1:12 PM

The town of Needham's Council on Aging and Public Health Divisions, part of the town's Health and Human Services Department, recently received a grant award from the MetroWest Health Foundation.

The grant award of \$20,000 was based upon a proposal to address those community conditions which confront Needham's seniors and which were presented in the Assessment of Housing and Transportation Options for Needham Seniors.

"The Healthy Aging Report presented the Board of Health and the Council on Aging with real data about the housing and transportation challenges our older residents face in Needham," said Ed Cosgrove, chair of the Needham Board of Health and a board member of the town's Council on Aging.

"One of the biggest challenges older residents face is finding a home that is both affordable and accessible," said Timothy Muir McDonald, Needham's director of public health. "Because of limited supply in the community and the cost of Needham's housing, one of the most affordable options for Needham's seniors may be to renovate their current homes to improve accessibility."

The other issue highlighted in the Healthy Aging Report was transportation for Needham's seniors.

"Transportation is a multifaceted issue," said Council on Aging Director Jamie Brenner Gutner. "And it is a real challenge for seniors as they age and consider giving up their cars. But it is one that Needham has worked to address, through town programs, collaborations with groups like the Needham Community Council and by identifying new funding opportunities like this grant from MetroWest Health Foundation."

The two divisions will utilize the grant funding to address some of the most immediate challenges identified in the Healthy Aging Report including better organizing and better coordinating existing transportation resources in Needham, and more effectively publicizing the transportation resources that already exist in the community and developing easy to use resources and a careful guide on how to modify a home to make it more accessible for seniors as they age in places.

For information: 781-455-7500, ext. 278; [**lschoeff@needhamma.gov**](mailto:lschoeff@needhamma.gov).

Needham receives MetroWest Health Foundation grant

Weekly 12/16

The Town of Needham's Council on Aging (COA) and Public Health (PH) Divisions, part of the town's Health and Human Services Department, recently received a grant award from the MetroWest Health Foundation.

The grant award of \$20,000 was based upon a proposal to address those community conditions which confront Needham's seniors and which were presented in the August 2016 report "Assessment of Housing and Transportation

Options for Needham Seniors."

"The Healthy Aging Report presented the Board of Health and the Council on Aging with real data about the housing and transportation challenges our older residents face in Needham," said Ed Cosgrove, Ph.D., chair of the Needham Board of Health and a board member of the Town's Council on Aging.

HEALTH GRA continued on page

HEALTH GRANT continued from front page

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The other issue highlighted in the Healthy Aging Report was

transportation for Needham's seniors. "Transportation is a multifaceted issue," noted Council on Aging Director Jamie Brenner Gutter. "And it is a real challenge for seniors as they age and consider giving up their cars."

"But it is one that Needham has worked to address," Ms. Gutter added, "through Town programs, collaborations with groups like the Needham Community Council, and by identifying new funding opportunities like this grant from MetroWest Health Foundation."

The two divisions will utilize the grant funding to address some of the most immediate challenges identified in the Healthy Aging Report including better organizing and better coordinating existing transportation resources in Needham, and more effectively publicizing the transportation resources that already exist in the community. They will also focus on developing easy-to-use resources and a careful guide on how to modify a home to make it more accessible for seniors as they age in places.

Emergency Planning Committee to meet

Weekly 12/16

The Emergency Planning HVA planning meeting.

The Committee will be discussing the data, and how to utilize this information in future planning and mitigation activities. This is especially important because three different hazards tied for third place on the Committee's priority list; given time and resources, the Committee needs to prioritize a top three, so it

- Attendees are asked to come prepared to discuss the following about the following items with regard to the top three hazards:
- Written plans, protocols, guides
- Recently conducted or upcoming trainings or exercises
- Resources
- Identified gaps/areas for improvement

Marijuana possession

Weekly 12/16

On Nov. 18 around 10:20 p.m. a Needham Police Officer detected a strong marijuana odor upon speaking with the driver of a car parked on Webster Street. According to the police report, the driver, a 22-year-old Needham man, was in possession of marijuana and was given a civil citation for possession of less than one ounce of marijuana.

On Nov. 17 around 6:50 p.m. a Needham Police Officer assisting with traffic on Great Plane Avenue by the Route 128 ramp, spotted a vehicle cross the double yellow line towards oncoming traffic. According to the police report the officer instructed the vehicle to pull to the side of the road and determined that that the driver, a 28-year-old Needham man, had less than an ounce of marijuana in the vehicle. The report states that the marijuana was seized and the driver was given a civil citation for possession under an ounce of marijuana.

RELIABILITY PROJECT

Board: no health risks related to Eversource project

By Emma R. Murphy
emurphy@wickedlocal.com

In response to concerns from the public, the Needham Board of Health has determined there are no health risks associated with Eversource Energy's proposed reliability project.

Eversource hopes to install 4.2 miles of new transmission lines, both above ground and below, connecting a substation in West Roxbury to one on Chestnut Street in Needham. Of those 4.2 miles, the company hopes to run 2.6 miles of transmission lines under several of Needham's roads starting at Valley Road.

Residents had worried that the magnetic fields generated by the transmission lines would pose health risks to the residents, particularly children, who regularly walk and play on the neighborhood streets where the lines would run.

Roads included in Eversource's preferred underground route:

- Greendale Avenue ("gravel pit")
- Grosvenor Road
- Broad Meadow Road
- Great Plain Avenue
- Harris Avenue
- School Street
- Grant Street
- Junction Street
- Chestnut Street

During a Board of Selectmen meeting Nov. 22, Director of Public Health Tim McDonald explained that magnetic fields are commonly found in the day-to-day.

"One of the important things to recognize is that electromagnetic fields are in objects we use everyday," he said.

According to a presentation made by the Eversource team in September, the magnetic field levels drop to 10 percent 20 feet away from the lines.

"The health impacts are not substantial; there is not a clear detrimental health effect for this project,"

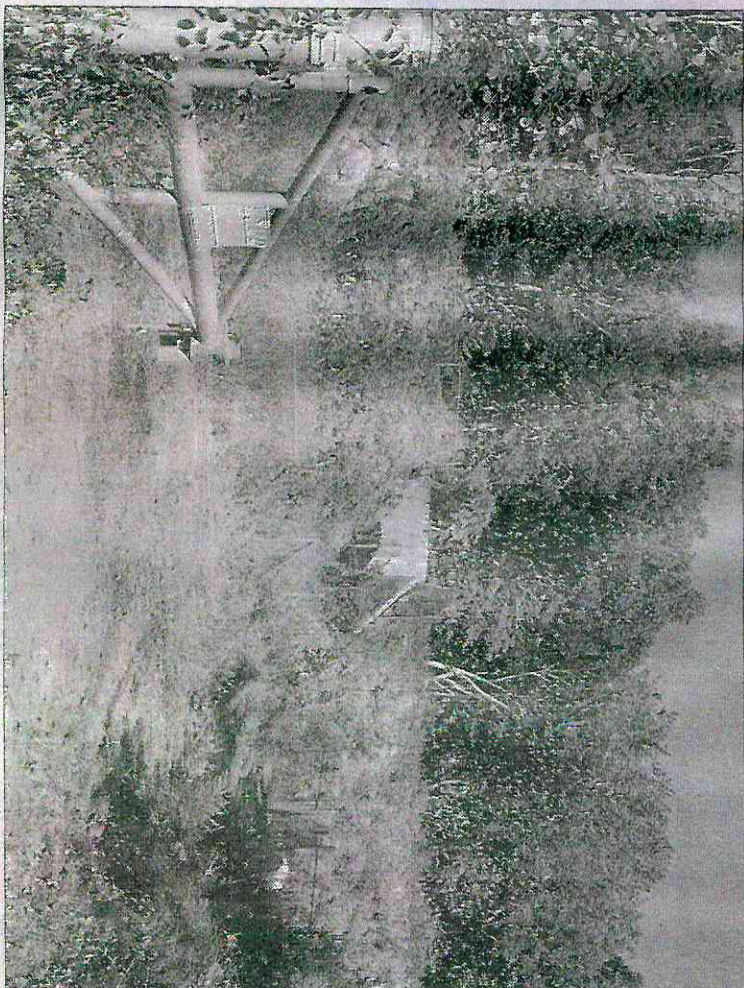
McDonald said.

The project is under review and waiting permitting from the state Energy Facilities Siting Board.

Needham has applied to be an intervenor in the permitting process so as to ensure the town's best interests are represented and considered.

According to the siting board's public hearing notice, a person or group who intervenes can fully participate in the evidentiary hearing process and can appeal a final decision.

The town has not yet heard if its status as an intervenor has been accepted, according to Town



Eversource Energy's preferred route would have transmission lines enter Needham through land locally known as the "gravel pit" and transfer underground at Valley Road. WICKED LOCAL PHOTO / EMMA R. MURPHY

Manager Kate Fitzpatrick.

The next step for the town is to develop a community host agreement proposal with Eversource according to Fitzpatrick. The Board of Selectmen will hold a public hearing on the proposal, likely in July.

Commercial dispensary regs mulled

Times 12/11/16

By Emma R. Murphy
emurphy@wicklocal.com

Following the legalization of commercial marijuana dispensaries in Massachusetts, the Needham Board of Health is developing regulations for commercial marijuana dispensaries.

Town regulations for commercial dispensaries could be similar to the medical dispensary regulations, which the board passed in February.

"The idea is that we would try to mirror to a large extent the regulations we adopted for a medical marijuana dispensary," said Director of Public Health Tim McDonald.

Regulating both medical and commercial dispensaries would likely involve compliance checks similar to the ones conducted for shops that sell tobacco.

The town's compliance checks of tobacco vendors involve checking for proper signage and testing to make sure that all vendors check

IDs to ensure the buyer is 21 or older.

For medical dispensaries, the compliance check could be fairly straightforward, as no one should be permitted inside the dispensary without a medical marijuana card.

"Hopefully it's a fairly simple compliance check," McDonald said.

Regulating commercial dispensaries could be a more complex process. Those compliance checks would likely be similar to

the tobacco checks in that the department would send persons under 21, typically local college students, into the store to purchase the item and see if the vendors check ID.

Another point of concern for the Board of Health is the option for homegrown pot. Included in the legalization of recreational marijuana is the ability to legally grow up to six plants at home.

While the town can't prohibit home-growing, McDonald said.

SEE REGS, A6

Possible falsification of inspection reports

On Dec. 13 around 11:15 a.m. a Needham Police officer reported to town property on Highland Avenue for past incidents of possible fraud. According to the police report, a town employee said they believed a local builder had been falsifying pest inspection reports with the Town of Needham. An investigation is underway.

Times 12/22/16

REGS

From Page A1

Enforcing these regulations would require more manpower and on Oct. 5, Special Town Meeting approved budgetary funding for a second full-time Environmental Health Agent to assist the Department of Public Health with the work.

According to McDonald, the department currently has one full-time environmental health agent and one part-time agent. The town has not had

much guidance yet from the state on how to handle commercial dispensaries should they come to Needham, McDonald said.

In its passage, question four established a Cannabis Control Commission to oversee regulations for recreational marijuana use and distribution in the state, but according to McDonald the state has not yet appointed anyone to the commission.

According to McDonald the board is anxious to start the local regulation process. As part of that the board hopes to gather feedback from the public,

but gathering input can be challenging.

In that past, McDonald said there have been few responses to calls for public input.

The Board of Health is expected to hold a public hearing on marijuana dispensary regulations on Dec. 2.

Homegrowers and the possession of recreational marijuana will become legal on Dec. 15, according to the terms of the ballot initiative approved by state voters Nov. 8.

BOH/TOBACCO REGULATIONS
LEGAL NOTICE
Notice of Public Hearings
Friday, December 2, 2016
4:00 p.m. - 4:30 p.m.
Charles River Room - Public Services
Administration Building
500 Dedham Avenue, Needham MA 02492

The purpose of these regulations is to:
1. "Regulate the Sale and Distribution of Tobacco Products in Needham" to rescind labeling provision and to consider possible lessening of penalties for non-compliance as well as a longer tolling period and other changes to permit transfer processes and outlet density.
2. "Consideration of Article 24: Regulations to Ensure the Sanitary and Safe Operations of Commercial and Recreational Marijuana Establishments, and To Minimize Community Impacts and Collateral Consequences of Widespread Recreational Marijuana Use and Cultivation" to consider a number of regulatory provisions that govern the operation of commercial and recreational marijuana establishments in the Town of Needham including inspectional standards and staff training procedures.

These regulations shall be considered in Needham in the interest of, and for the preservation of, the public health. This summary shall serve as notice to all.

Comments will be accepted at the public hearing, and will also be accepted through Wednesday November 30th in writing via electronic or postal mail. Please send comments to healthdepartment@needhamma.gov or to the Public Health Department, 1471 Highland Avenue, Needham, MA 02492. Both regulations are available for interested parties to review on the Public Health Department's website at www.needham.gov/health.

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Needham Times 12/1/16