



Needham Board of Health

AGENDA

Thursday, November 10, 2016

4:00 p.m. – 6:15 p.m.

**Charles River Room – Public Services Administration Building
500 Dedham Avenue, Needham MA 02492**

- **4:00 to 4:05 - Welcome & Review of Minutes (October 21st)**
- **4:05 to 4:30 - Discussion re: Modera Needham Housing**
 - Lars Unhjem, Vice President, Mill Creek Development
 - Doug Brugge, Professor, Tufts School of Medicine
- **4:30 to 5:00 - Discussion of Marijuana Dispensaries & Residential Parcels**
 - Matt Borrelli and Marianne Cooley, Board of Selectmen

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Board of Health Public Presentation/Hearing

- **5:00 to 5:30 - Eversource West Roxbury to Needham Reliability Project and Associated Health Impacts**
 - Jack Lopes, Community Relations Specialist, Eversource
- **5:30 to 5:40 - Initial Review of Draft Regulations**
 - Tobacco Regulations (proposed revisions)
 - Marijuana (proposed new regulations)

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- **5:40 to 5:50 - Board Discussion of Policy Positions, Goals**
- **5:50 to 6:00 - Overview of Public Health Accreditation**
- **6:00 to 6:15 - Director and Staff Reports**
- **Other Items**
- **Next Meeting ... Friday December 16th? Friday December 2nd?**
- **Adjournment**

(Please note that all times are approximate)

NEEDHAM BOARD OF HEALTH

October 21, 2016

MEETING MINUTES

PRESENT: Edward V. Cosgrove, PhD, Chair, Jane Fogg, Vice-Chair, M.D., and Stephen Epstein, M.D

STAFF: Timothy McDonald, Director, Donna Carmichael, Catherine Delano, Maryanne Dinell, Tara Gurge, Summer Koop, Carol Read, Karen Shannon, Dawn Stiller

GUEST: Christopher Coleman, Assistant Town Manager, Lars Unhsem, Mill Creek Residential, Mohammed Alam, Tedeschi, Ray Couillard, Tedeschi, Laurie Trotta, Tedeschi, Erin Kofod, Tedeschi, Lesley St. Germain, Tedeschi, Michael Brangwynne, Speedway, Wayne Bartley, Speedway, Kristina Kurakina, Slava Dolghy

CONVENE: 7:00 a.m. - Public Services Administration Building (PSAB), 500 Dedham Avenue, Needham MA 02492

DISCUSSION:

Call To Order - 7:04 a.m. - Dr. Cosgrove, Chairman

APPROVE MINUTES:

Upon motion duly made and seconded, the minutes of the BOH meetings of September 9, 2016 and September 14, 2016 were approved as submitted.

The motion carried. The vote was unanimous.

DIRECTOR'S REPORT - Timothy McDonald

Mr. McDonald reported that the Public Health Division has been focused on completing a grant application through the Healthy Aging project to address transportation options for seniors. Mr. McDonald stated that Community Forum continued its efforts to educate and inform the community on the potential impact of recreational marijuana legalization.

STAFF REPORTS

• **Environmental Health Agents Report - Tara Gurge**

Ms. Gurge reported on a septic request for #145 Brookside Road. Ms. Gurge summarized the history associated with the request. She stated that this has been an ongoing issue since 2011 when the previous homeowner wanted to upgrade the septic system prior to selling the home. Ms. Gurge noted that this is a sixty-one year old cesspool. Ms. Gurge reported that in 2013 the new owner had a Title 5

Inspection done and it passed. She added that in 2015 the new owner proposed an addition to the home, which included renovations to the first and second floors, and adding a garage with unfinished storage space. Ms. Gurge stated that the owners have recently amended the initial proposal to include 3 finished rooms above the garage and a full bath. Ms. Gurge pointed out that a Title 5 Inspection was conducted relative to the amended proposal and it needed further assessment by the Board of Health. Ms. Gurge stated that she notified the owners that the Title 5 Inspector could not pass the system without further Board of Health evaluation. Dr. Cosgrove stated that no additional bedrooms or bathrooms could be added to the house if the owners keep the existing septic system. He also stated that the house could not be sold unless the septic system is upgraded. A general discussion followed on the Title 5 Inspection relative to the sale of the property in 2013 and deed restriction.

Ms. Gurge reported that Tobacco Compliance checks were conducted on Tuesday, October 4th. She stated that two establishments, Tedeschi Food Shops and Speedway, sold tobacco products to minors. Ms. Gurge explained what happened at the point of sale for both establishments. A brief discussion followed on the Tobacco Regulations.

- **Public Health Nurses Report - Donna Carmichael, RN & Alison Paquette, RN**

Ms. Carmichael provided a detailed description on communicable diseases and animal bites. A brief discussion followed on the Campylobacter, Hepatitis C and Influenza A. Ms. Carmichael stated that the Flu Clinic would be open to the public, no appointment needed. The Public Health Department will have Flu Clinics by appointment in November. A brief discussion followed on the High Dose Flu vaccine. She pointed out that the Needham Public Health Department does not administer this vaccine.

- **Traveling Meals Coordinator Report - Maryanne Dinell**

No discussion.

- **Substance Use Prevention Senior Program Coordinator - Catherine Delano**

Ms. Delano introduced Summer Koop, who has been hired as an intern to assist with the implementation of the Cardinal Health Medication Disposal Grant. Ms. Koop is a candidate for her Masters in Health Communication Degree at Tufts Medical School.

- **Substance Abuse Prevention and Education Senior Program Coordinator - Carol Read**

No discussion.

MODERA NEEDHAM HOUSING - Lars Unhjem, Mill Creek Development

Mr. McDonald introduced this item and welcomed Lars Unhjem. Mr. McDonald stated that he and Dr. Epstein met with Mr. Unhjem regarding the Board's concern on the proximity of housing development to the highway (128) and traffic emissions.

Mr. Unhjem presented a schematic review on the overall site plan and project design. He stated that the project would include 52 townhomes, and 84 apartments inside a mid-rise building. The outdoor amenity areas include barbeque grills, a pool and playground. Mr. Unhjem stated that Mill Creek is aware of the concerns of the Board and would like the opportunity to address them adequately. Mr. Unhjem recapped the Board's concerns, which are the outdoor amenities and proximity to the highway, and air filtration systems. Mr. Unhjem explained the elements of the project. He stated that the townhomes are on the higher part of the land and the midrise are deep down, creating a less imposing midrise building. He added that it also allows the midrise building to shield the townhomes from the highway. Mr. Unhjem also described dimensional elements, the air filtration system as well as planned improvements to the design of the placement for the air filtration system.

Dr. Epstein summarized major issues and improvements as planned by Mill Creek, addressing the concerns of the Board relative to the air filtration systems and outdoor amenities. A brief discussion ensued around mitigation of the air handling systems.

Mr. Unhjem described the physical barriers between the amenity areas and the highway as well as plantings for the area that will create natural vegetation.

Mr. McDonald stated that he would invite Professor Doug Brugge from Tufts Medical School to the November meeting.

BOARD OF HEALTH PUBLIC HEARING - Began at 8:01 a.m.

- **Administrative Hearing about Tobacco Regulations (Article #1) Violations-Sale to Underage Persons**

Ms. Gurge stated that she conducted a Tobacco Compliance check on October 4, 2016 at Speedway #2472. Ms. Gurge summarized the event, which involved the sale of e-cigarettes to a minor. Ms. Gurge invited Speedway and their representatives to address the Board.

Michael Brangwynne, Attorney representing Speedway, and Wayne Bartley, Regional Manager for Speedway addressed the Board. Mr. Brangwynne stated that Speedway is not disputing that a violation of the Tobacco Regulation took place. He stated that the employee responsible was immediately terminated, which is standard Speedway policy. Mr. Brangwynne also stated that Speedway's hiring process includes a tobacco training, which this employee completed.

Mr. Bartley stated that he is the regional manager for Massachusetts, Rhode Island, and New Hampshire. Mr. Bartley stated that Speedway takes their responsibility of being a responsible retailer in the community very seriously. Mr. Bartley summarized internal policies and programs in place that ensures Speedway as a responsible retailer and how Speedway reacts to violations.

Dr. Cosgrove commended Speedway for their efforts for being a responsible retailer and how they react to violations. Dr. Cosgrove stated that the Board of Health does not have any tolerance for the sale of tobacco products to persons under the age of 21 for any reason.

Dr. Fogg applauded Speedway for the excellent measures in their internal compliance checks. She added that the Board of Health feels it important to have a consistent voice in Needham in these matters with the hope that no tobacco permit holder in Needham sell to persons less than 21 years of age.

Motion and Vote

Jane Fogg moved and Stephen Epstein seconded the motion to proceed with seven-day suspension of Tobacco Sales Permit and fine of one hundred dollars. This is the first violation for this establishment within a 24-month period.

The motion carried. The vote was unanimous.

Ms. Gurge stated that a Tobacco Compliance check on October 4, 2016 was also conducted at Tedeschi Food Shops. Ms. Gurge summarized the event, which involved the sale of e-cigarettes to a minor. Ms. Gurge invited Tedeschi and their representatives to address the Board.

Lesley St. Germain, representing Tedeschi Food Shops and Regional Manager, Ray Couillard addressed the Board. Ms. St. Germain noted that the entire management team is also present in support of this matter. Ms. St. Germain stated that this is a site that was formally operated by a franchisee and the oversight has shifted back to corporate.

Ms. St. Germain stated that Tedeschi Food Shops is not disputing the violation. She explained that corporate was not informed of this initial violation that occurred a year ago. Corporate office only learned of the violation in preparation for this Public Hearing. Ms. St. Germain pointed out that the Franchisee was required to report but did not. Ms. St. Germain stated that corporate office is now enforcing its internal policies and training. She stated that this includes the implementation of the BARS Program at all of the locations since the acquisition of Tedeschi by 7-Eleven as well as weekly team meeting. She added that all employees have been retrained and they have a policy to card all individuals purchasing tobacco products.

Motion and Vote

Stephen Epstein moved and Jane Fogg seconded the motion to proceed with suspension of the Tobacco Sales Permit for a seven-day period and issue a \$100.00 fine.

The motion carried. The vote was unanimous.

- **Septic Plan Review – 145 Brookside Road**

Ms. Gurge presented a brief overview on addition to a home on a septic request. Ms. Gurge reported that on October 14, 2016 an inspection was conducted for the septic system at 145 Brookside Road and the results revealed that it needs further evaluation by the Board of Health. Ms. Gurge explained that cesspool does not meet breakout requirements and that no additional rooms, that could be used as bedrooms, shall be added to this residence.

Ms. K Kurakina spoke about renovation plans to the property. She stated that she and her husband decided to finish the third floor to create a play area for her children. Mr. Dolghy described the layout of the house and pointed out that it doesn't change, with the exception of the new play area for the children. Mr. Dolghy responded and confirmed Dr. Epstein's question on the installation of the retaining walls that were installed when the property was purchased.

A lengthy discussion ensued on the amended renovation plans from Ms. Kurakina and Mr. Dolghy. Per the Board's discussion the septic system must be upgraded before the addition of a bathroom and bedroom. Ms. Gurge will inform the building department of the decision of the Board.

Motion and Vote

Jane Fogg moved and Stephen Epstein seconded the motion to have the variance approved as discussed.

The motion carried. The vote was unanimous.

Public Hearing ended at 8:44 a.m.

OTHER ITEMS -

- **Draft Goals for FY2017-18**
- **Policy Position: Recreational Marijuana**

Motion and Vote

Ed Cosgrove moved and Jane Fogg seconded the motion to accept the wording of the Policy Position on Recreational Marijuana.

The motion carried. The vote was unanimous.

- **Waste Hauler Regulations**

Mr. McDonald stated that he and Ms. Gurge are working with the Recycling Transfer Station (RTS) and the Environmental Protection Agency on updating the Waste Hauler Regulations. Mr. McDonald asked if there was an authorization to allow composting. The Board confirmed that an authorization was implemented two years ago.

Adjournment -

Upon motion duly made and seconded, that the October 21, 2016 BOH meeting adjourn at 9:10 a.m.

The motion carried. The vote was unanimous.

Next meeting is scheduled for, Thursday, November 10, 2016

Respectfully submitted: Cheryl Gosmon, Recording Secretary



NEEDHAM PUBLIC HEALTH



Director's Report

To: Needham Board of Health
From: Timothy Muir McDonald, Public Health Director
Date: November 7, 2016
Re: Monthly Report for October 2016

I think I say that every month is busy, but October really **was incredibly busy**. The Public Health Division moved forward its projects including the Healthy Aging initiative, Eversource Reliability Project, the Modera Needham Housing Development, and conducted research and literature reviews into possible new regulations about marijuana and revisions to existing tobacco regulations.

Information & Awareness Efforts of Ballot Question #4: Recreational Marijuana Legalization

The Public Health Division and its staff also continued its efforts to educate and inform the community about Ballot Question #4, and to inform and educate Needham residents about the public health implications of commercial marijuana legalization. In addition to social media messages, the Public Health Division sent two items to the Hometown Weekly and to the Needham Times for publication—the Board of Health's Policy Position on Marijuana Legalization, and a public policy letter to the editor that I wrote. Sadly, neither was selected for publication.

The other big initiative on the information and awareness front is a combined effort between Needham Public Health Division and the Needham Police to use MWAHS data to inform and educate the community. The Public Health Division recently released a video (**available at bit.ly/DrugImpairedDriving**) about the difference in the perception of risk that Needham High School students ascribe to drunk driving versus drug-impaired driving. This was recorded in the beginning of July and was supposed to be released in time for the start of the new school year, but we had some video and audio editing challenges. It is the first step in a multi-part process that will include significant work from Catherine and her team on Coaches Huddle announcements, as well as a peer-to-peer education campaign.

Sincerely,

Timothy Muir McDonald
Director of Public Health, Town of Needham

Needham Public Health Department
October 2016
Health Agents - Tara Gurge and Brian Flynn

Activities

<i>Activity</i>	<i>Notes</i>
Animal Permit Plan Reviews/Inspections	1 – Animal Permits/Updates - - # 453 Greendale Ave. – Final inspection pending to keep 4 chickens. Final insp. scheduled. Permit to be issued.
Demo reviews/approvals	21 - Demolition sign-offs: • #89 Hillcrest Rd. • #78 Webster St. • #74 Henderson St. • #148 Pine Grove St. • #160 Tudor Rd. • #103 Evelyn Rd. • #35 Marked Tree Rd. • #25 Lakin St. • #14 Avery St. (garage) • #378 High Rock St. • #11 May St. • #40 Ardmore Rd. • #603 Central Ave. • #585 Central Ave. (Store) • #585 Central Ave. (Rear garage) • #585B Central Ave. (Barn) • #573 Central Ave. • #597 Central Ave. • #567 Central Ave. • #559 Central Ave. • #45 Sunset Rd.
Emergency/Fire Dept. Call	1 – Emergency call received from Fire Dept. for: - Call received from Fire to respond to power outage on Sudbury Farms block on Highland Ave. (Tim responded.)
Food – NBA Harvest Fair Sat., Oct. 1 st – Needham Town Common	Issued 15 food permits for NBA Harvest Fair/Souper Bowl event held on Saturday, Oct. 1st. Inspections conducted.
Food – High School Craft Fair	8 – High School Craft Fair permits issued to the following food vendors: - FUNdamentally Nuts - Deborah's Kitchen - Chocolate Therapy - A Basket Full of Herbs - The Candy Cottage - Kastania Olive Oil - Wozz Kitchen Creations - Wicked Good Treats
Food – Complaints	0 – Food Complaints
Food – Temporary Food Permits	10 – Temp. food event permit applications received/permits issued to: - <u>Center Café (Chef in the House) (x4)</u> – Cooking Demos on Sundays (across from Farmers Market venue.) - <u>Salem Five Bank</u> – For event @ Needham Junction MBTA. - <u>Newman School PTC</u> – For Halloween event.

	- <u>Needham Exchange Club</u> – For Oktoberfest event in Powers Hall. - <u>Park and Recreation Dept.</u> – For Kids Night Out event. - <u>Park and Recreation Dept.</u> – For TGIF Nights events. - <u>Sweet Basil's</u> – For YMCA Gala event in Powers Hall.
Food – Plan Reviews	4 – Food Permit Plan Reviews conducted for: - <u>Volante Farms</u> – Reviewed additional plans for new proposed kitchen in basement area. Revised plan received. - <u>Boony Bunz (old Sweet Corner)</u> – Reviewed proposal to take over existing establishment. Comments sent. Received additional info. back for review. - <u>A New Leaf</u> – Plan review conducted for new food establishment. Comments sent. Additional information submitted back for review. - <u>#77 A Street Café</u> – Received food permit plan review packet for new 300 seat cafeteria to be built in industrial park area. (In process of reviewing.)
Food – Pre-operation inspections	6 – Pre-operation food establishment inspections conducted at: - <u>Volante Farms</u> – Four (x4) pre-operation inspections conducted. Issued permit. - <u>Boony Bunz (old Sweet Corner)</u> – Two (x2) follow-up pre-operation inspections conducted with new owner taking over existing food establishment. Issued permit.
Food – New Retail/Food Establishment Permits issued	2 – New food establishment permits issued to: - <u>Booney Bunz (old Sweet Corner)</u> - <u>Volante Farms</u>
Food – Permit Updates	The Depot Store (#30 Charles St.) is going out of business and will not be renewing their retail food permit.
Housing – Complaint Follow-ups	0 – Housing Complaint Follow-ups.
Housing Inspections (Chap II Housing)	14 - Annual Housing inspections - - <u>Walker Home and School (#1968 Central Avenue)</u> – Seven (x7) annual housing inspections conducted. Seven (x7) follow-up inspections conducted to verify items.
Nuisance – Complaint/Follow-up	1 – Nuisance Complaint/Follow-up: - <u>#141 Livingston Circle</u> – Concern received from homeowner about Needham Reservoir flooding which is damaging their property due to beaver issue. Site visit conducted. Evidence of water/flooding observed. Health Dept. in process of working with Town Depts., including Conservation Commission on issuance of Emergency 10-Day Beaver Permit, to remove beavers, and to disrupt beaver dam, etc. <u>UPDATE:</u> Permits issued to remove beaver. Three beavers removed.
Permit Renewal Mailings	Mailed out permit renewal applications for the following permits: - Food (retail/food service) - Tobacco - Septic Installers (w/ exam renewal letters) - Septic/Medical Waste/Grease Haulers - Hotel - Indoor Swimming Pools - Disposal of Sharps - Animal (Biotec) - Bodywork

Planning Board review	1 – Planning Board review conducted for: - <u>Major Project Special Permit for CATZ, located at #53-83 Fourth Ave.</u>
Pool Plan Reviews/ Follow-ups	2 – New Pool plan reviews/updates conducted for: - <u>Residences at Wingate</u> – State letter received denying the pool variance request for the addition of a treadmill inside the new pool. UPDATE: Newly revised plans received for review. UPDATE: New pool plans contained grab rails that the MA DPH considered as projections. New set of plans re-submitted for review. (Plan approval pending.) - <u>Rosemary Town Pool</u> – Sent follow-up email request to pool design engineer to respond to previous comments that were sent, and to supply a copy of the revised pool design plans to the Health Dept. for review. UPDATE: Newly revised set of pool plans received for review. (Plan review still in process.)
Septic – Addition to a Home plan review	1 – Addition to a Home on a Septic System plan review conducted for: - <u>#145 Brookside Rd.</u> – Revised Memo sent to Building Dept. for conditional approval.
Septic Construction Permit (Repair)	1 – Septic construction permit issued for: - <u>#100 Forest St.</u> – For septic system repair.
Septic – Plan Review/Approval	1 – Septic Plan Review conducted for: - <u>#1554 Central Ave.</u> – Septic plan review conducted. Conditional septic plan approval letter sent.
Septic – Installation Inspection	1 – Septic system installation inspection conducted at: - <u>#100 Forest St.</u> – For septic repair.
Tobacco – Complaints	0 –Tobacco Complaints received
Tobacco Insp.	2 – Tobacco inspections conducted.

Tobacco Permit Update	Tobacco permit update: - The Depot Store is going out of business and will not be renewing their tobacco license. We offered the license to Panella's Market, who was on the tobacco permit waiting list, and they will be applying for the permit.
Tobacco Suspensions	2 – Tobacco suspensions set up for the following establishments: - <u>Tedeschi Food Shops</u> – Suspension to take place the week of Nov. 7 – 14th. - <u>Speedway</u> – Suspension to take place the week of Dec. 5 – 12th.
Trash – Waste Hauler Applications/Permits	1 – Waste Hauler applications received/permits issued for: - <u>Lifecycle Renewables</u>
Wells	2 – Plan reviews for new geothermal wells conducted for: - <u>#54 Rosalie Rd.</u> – Issued approval to drill letter. - <u>#48 Douglas Rd.</u> – Issued approval to drill letter.

Yearly

Category	Jul	Au	S	O	N	D	J	F	M	A	Ma	Ju	FY' 17	FY' 16	FY' 15	Notes/Follow-Up
Biotech	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2	Biotech permits
Bodywork	0	1	0	0	0	0	0	0	0	0	0	0	1	11	0	Bodywork Estab. Insp.
Bodywork	0	1	0	0	0	0	0	0	0	0	0	0	1	3	0	Bodywork Estab. Permits
Bodywork	0	2	0	0	0	0	0	0	0	0	0	0	2	10	0	Bodywork Pract. Permits
Bottling	0	0	1	0	0	0	0	0	0	0	0	0	1	1	1	Bottling Permit insp.
Demo	5	12	11	21	0	0	0	0	0	0	0	0	49	110	100	Demo reviews
Domestic Animal Permits/ Insp.	1/0	0/1	0	0	0	0	0	0	0	0	0	0	1/1	16	15	Animal permits/ Inspections
Food Service	12	16	11	18	0	0	0	0	0	0	0	0	57	209	220	Routine insp.
Food Service	3	1	11	6	0	0	0	0	0	0	0	0	21	35	26	Pre-oper. Insp.

Retail	2	10	6	6	0	0	0	0	0	0	0	0	24	71	71	Routine insp.
Resid. kitchen	0	1	1	0	0	0	0	0	0	0	0	0	2	11	8	Routine insp.
Mobile	6	1	0	0	0	0	0	0	0	0	0	0	7	9	10	Routine insp.
Food Service	7	3	5	2	0	0	0	0	0	0	0	0	17	50	52	Re-insp.
Food Service/ Retail	1	0	3	2	0	0	0	0	0	0	0	0	6	176	170	Annual permits
Food Service	13/6	8/3	29/15	18/0	0	0	0	0	0	0	0	0	68/24	107/54	96/44	Temp. food permits/ Temp. food insp.
Food Service	0/0	0/0	0	0	0	0	0	0	0	0	0	0	0/0	9/16	18/45	Farmers Market permits/ Market insp.
Food Service	0/0	3/3	0/1	0	0	0	0	0	0	0	0	0	3/4	21/21	17/21	New Compl./ Follow-ups
Food Service	1	3	3	4	0	0	0	0	0	0	0	0	11	32	35	Plan Reviews
Food Service	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	Admin. Hearings
Grease/ Septage Haulers	0	0	0	1	0	0	0	0	0	0	0	0	1	29	25	Grease/ Septage Hauler permits
Housing (Chap II Housing)	0/0	0/0	7/0	0/7	0	0	0	0	0	0	0	0	7/7	7/4	7/4	Annual routine insp./ Follow-up insp.
Housing	2/4	0/2	0/2	0	0	0	0	0	0	0	0	0	2/8	18/37	8/10	New Compl./ Follow-ups
Hotel	0	0	0	0	0	0	0	0	0	0	0	0	0	3/0	2/0	Annual insp./Follow-ups
Nuisance	2/9	3/9	2/3	0/1	0	0	0	0	0	0	0	0	7/22	44/50	43/47	New Compl./ Follow-ups
Pools	0	1/3	2/2	0	0	0	0	0	0	0	0	0	3/5	9/3	10/7	Pool insp./follow-ups
Pools	0	0	0	0	0	0	0	0	0	0	0	0	0	9	10	Pool permits
Pools	2	1	2	2	0	0	0	0	0	0	0	0	7	8	7	Pool plan reviews
Pools	1	0	0	0	0	0	0	0	0	0	0	0	1	4	6	Pool variances
Septic	1	3	3	1	0	0	0	0	0	0	0	0	8	8	9	Septic Abandon Forms
Septic	1	2	1	1	0	0	0	0	0	0	0	0	5	9	10	Addition to a home on a septic plan rev/approval
Septic	0	8	5	1	0	0	0	0	0	0	0	0	14	23	14	Install. Insp.
Septic	0	0	0	0	0	0	0	0	0	0	0	0	0	3	2	COC for

																repairs
Septic	0	0	1	0	0	0	0	0	0	0	0	0	1	3	0	COC for complete septic system
Septic	6	6	7	5	0	0	0	0	0	0	0	0	24	61	61	Info. requests.
Septic	2	0	1	0	0	0	0	0	0	0	0	0	3	8	3	Soil/Perc Test.
Septic	0	1	1	1	0	0	0	0	0	0	0	0	3	6	4	Const. permits
Septic	1	0	2	0	0	0	0	0	0	0	0	0	3	9	10	Installer permits
Septic	1	0	2	0	0	0	0	0	0	0	0	0	3	6	6	Installer Tests
Septic	0	0	2	0	0	0	0	0	0	0	0	0	2	3	3	Deed Restrict.
Septic	2	1	1	1	0	0	0	0	0	0	0	0	5	14	8	Plan reviews
Sharps insp.	0	0	0	0	0	0	0	0	0	0	0	0	0	10	10	Disposal of Sharps insp.
Sharps permits	0	0	0	0	0	0	0	0	0	0	0	0	0	10	10	Disposal of Sharps permits
Subdivision	0/0	1/0	0/1	0	0	0	0	0	0	0	0	0	1/1	3/0	7/1	Plan review-Insp. of lots /Bond Releases
Special Permit/ Zoning memos	1/1	0/1	0	1	0	0	0	0	0	0	0	0	2/2	16	12	Special Permit/ Zoning
Tobacco	1	0	0	0	0	0	0	0	0	0	0	0	1	13	12	Tobacco permits
Tobacco	1/1	3/1	2/0	2/0	0	0	0	0	0	0	0	0	8/2	25/7	21/2	Routine insp./ Follow-up insp.
Tobacco	0	0	0	12	0	0	0	0	0	0	0	0	12	48	36	Compliance checks
Tobacco	0/0	0/0	0/0	0	0	0	0	0	0	0	0	0	0/0	4/4	3/3	New compl./ Compl. follow-ups
Trash Haulers/ Medical Waste Haulers	0/0	1/0	0/0	0	0	0	0	0	0	0	0	0	1/0	30/2	29/2	Trash Hauler permits/ Medical Waste Hauler permits
Wells	1	1	0	2	0	0	0	0	0	0	0	0	4	6/0	14/1	Permission to drill letters/ Well permits

FY 17 Critical Violations Chart (By Date)

Restaurant	Insp. Date	Critical Violation	Description
Fuji Steakhouse	7/18/16	- Cold Holding - Conformance with Approved Procedures/HACCP Plan (for Acidified Sushi Rice) - Food Contact surfaces cleaning and sanitizing	- Need to ensure that walk-in cold-holding temp. is maintained at 41 deg F or below. Had serviced. - Need to ensure that Sushi pH Log is maintained and entries are made when rice is prepared (Log was not up to date). Updated log; - Ensure that dish machine reaches a min. temperature of 180 deg F or greater for final hot water sanitizing rinse. Had serviced.
Gianni's Deli	10/4/16	- Hot Holding	- Need to ensure that calzones are hot held at min 140 deg F. (Moved to warmer.)
Dunkin Donuts (Highland Ave.)	10/25/16	- Cold Holding	- Need to ensure that prep reach-in cold-holding unit temp. is maintained at 41 deg F or below. (All items moved to walk-in unit.) Had unit serviced. New unit pending.

October 2016, Monthly Report
Maryanne Dinell- Traveling Meals Program Coordinator

<i>Description</i>	<i>Reason</i>	<i>Notes/Follow-Up (ongoing, completed, etc.)</i>
Month of October, 2016	Clients needing help with their daily meals.	46 clients on the Traveling Meals Program 33 Springwell Elder Services, Waltham clients 13 private pay clients - Needham residents
737 2- meal packages were delivered in September	24 Clients receive meals 5 times a week 18 Clients receive meals 3 days a week 4 Clients receive 7 meals within 5 day period	537 meals delivered to Springwell Clients 200 meal delivered to private pay residents Total #739 meals delivered @ 5.50 per meal =cost of \$4053.50
1 client, Previously on the Program returned	1 Springwel l Client	Will be long term
3 clients off Program	client into nursing home 2 clients into rehab	client on Program since 2008 client on Program since 2010 client on Program since 2015

[illegible]

Category		Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	FY '16 Total	FY '17 Total	

Meetings, Events, and Trainings

BI	Type	Description/Highlights/Votes/Etc.	Attendance
Board of Health Meeting		Monthly meeting held at PSAP	9
MHOA		1 day Annual Conference	100 plus

Donations, Grants, and Other Funding [List any donations received, grants funded, etc. over the past month.]

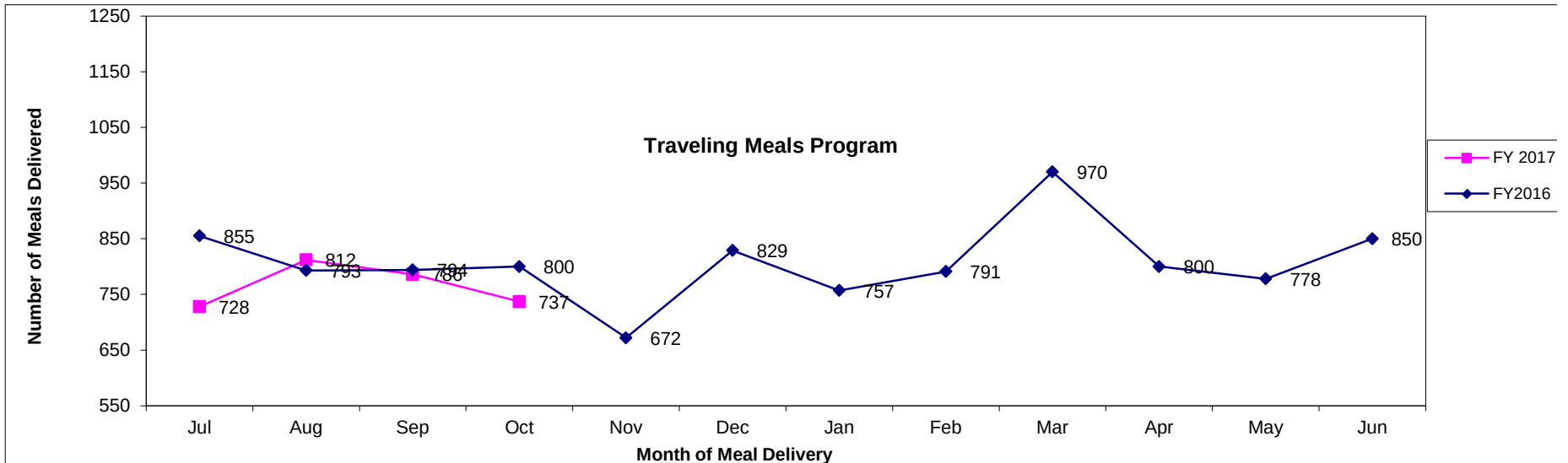
Description	Type (D,G,O)	Amount Given	Source	Notes

Traveling Meals Program

October, 2016 FY 17

Month	# Meals FY2015	# Meals FY2016	FY16 Cost	% Change # Meals
<u>Jul</u>	855	728	\$4,004.00	-15%
<u>Aug</u>	793	812	\$4,466.00	2%
<u>Sep</u>	794	786	\$4,323.00	-1%
<u>Oct</u>	800	737	\$4,053.50	-8%
<u>Nov</u>	672			
<u>Dec</u>	829			
<u>Jan</u>	757			
<u>Feb</u>	791			
<u>Mar</u>	970			
<u>Apr</u>	800			
<u>May</u>	778			
<u>Jun</u>	850			
Totals:	9,689	3,063	16,846.50	

Projected-12 Mo.	
\$	50,539.50
#	9,189



Immunizations	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY17	FY16	FY15
B12	2	2	2	2									8	23	22
Flu (Seasonal)	0	0	0	497									497	816	723
TDap	1	0	0	0									1	0	2
Varicella	0	1	0	0									1		
Consult	30	48	62	54									194	475	390
Fire/Police	4	6	8	2									20	40	49
Schools	8	10	15	16									49	88	59
Town Agencies	12	22	24	28									86	216	125
Community Agencies	6	10	15	8									39	139	157

ASSISTANCE PROGRAMS													FY17	FY16	FY 15
Food Pantry	0	1	3	2									6	21	35
Food Stamps	0	0	0	1									1	6	4
Friends	0	0	0	0									0	1 - \$300.00	1- YTD
Gift of Warmth	0	0	0	0									0	YTD 17	\$25.00
Good Neighbor	0	0	0	0									0	\$5189.00	22- YTD
Park & Rec	0	1	0	0									1	5 - \$1448	\$6133.00
RTS	0	0	0	0									0	\$300/fam	6 -\$1650
Salvation Army	0	0	0	0									0	4	\$275/Fam
Self Help	0	0	3	5									8	0	3
Water Abatement	0	0	0	0									0	0	1

Gift Cards – 1 family (food and medicine)

Lions Club – Gift of Sight Program – eye exam and glasses for Student in elementary school

WELLNESS Programs

														FY17	FY16	FY15
Office Visits	39	41	38	35										153	447	287
Safte Visits	0	0	0	1										1	10	33
Clinics	1	0	0	0										0	31	34
Housing Visit	2	0	0	1										1	8	27
Housing Call	6	0	2	6										8	70	186
Camps-summer	6	8	8	0										22	72	63
Tanning Insp	0	0	0	0										0	0	2
Articles	0	0	1	0										1	2	8
Presentations	0	0	0	0										0	2	2
Cable	1	0	1	1										3	1	4

EMPLOYEE WELLNESS	July	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	FY17	FY16	FY15
BP/WELLNESS - DPW/RTS	18	14	14	15									61	120	137
FLU VACCINE	0	0	0	36									36	87	52
CPR/AED INSTRUCTION	0	0	0	0									0	26	29
SMOKING Education	0	2	2	1									5	9	8
HEALTH ED Tick Borne	28	0	15	12									55	67	102
HEALTH ED Mosquito Borne	28	0	15	12									55	80	90
HEALTH ED FLU	0	0	10	28									38	327	221
FIRST AIDE	6	4	3	4									17	34	29
GENERAL HEALTH EDUCATION	20	12	22	26									80	188	230
Police weights	0	0	0	0									42	33	34
TOTAL EMPLOYEE CONTACTS	100	32	81	134									347	1028	981

Emergency Planning
Nc7 Meeting in Dedham

Meetings, Events, and Trainings

<i>Title</i>	<i>Description/Highlights/Votes/Etc.</i>
MHOA	Cape Cod
Flu Clinics	4 Clinics 3 on site – 1 off site
PAD Program	Meeting with Schools to update PAD Program (Public Access Defibrillation)
Webinar	MDPH Flu
DVAC	Monthly Meeting

Needham Public Health Department

Catherine Delano, Senior Substance Use Prevention Program Coordinator
October 2016 Monthly Report

Section 1: Highlights

- The Needham Police Department and the Coalition teamed up for the DEA National Drug Take Back Day. We collected 61 pounds of medication on the day of and over 500 pounds over the past six months.
- Held monthly coalition meeting and created three action teams by substance: alcohol, marijuana, and prescription drugs. Each action group has a leader and their goal is to carryout activities based on our data/logic model.
- Sent out a survey to take a poll on preference for a renaming of the coalition. The new name is: Substance Prevention Alliance of Needham (SPAN).
- Worked with Tim on write up for the Town to start alcohol compliance checks

Section 2: Goals

- Start a monthly segment on the Needham Channel related to varying public health topics
- Create Coalition website
- Build youth coalition capacity
- Get approval by Town to implement Alcohol Compliance checks

Needham Public Health Department

October 2016

Substance Abuse Prevention & Education
Needham Coalition for Youth Substance Abuse Prevention ~ NCYSAP
Karen Mullen, Project Coordinator/Capacity Building

Section 1: Activities

Activity	Notes
SALSA & 5th Quarter Fundraising	Draft fundraising communication, choose photos/videos, draft list of potential donors.
SALSA- <i>Students Advocating Life Without Substance Abuse</i> 2016-17	SALSA is comprised of 136 High School club members- one of the largest & most active clubs at NHS. SALSA rehearsals 10/6 (10 NHS students) & 10/7 (9 NHS students) SALSA Field Trips to Pollard Health Classes 10/6 (40 Pollard 8th Graders) and 10/7 (35 Pollard 8th graders) Meeting with SALSA Leaders 10/18/16 to plan annual events, determine chairs of each event and action team. (KM, HW, NL, GM, LB) Peer Leadership Conference at Gillette Stadium (11/6 event)- Coordinate field trip for 10 SALSA leaders (permission forms, transportation, logistics planning) Field trip administration, membership administration, event project management
5 th Quarter Planning	Plan, coordinate and publicize 10/14 & 10/21 events. Recruit volunteers, design fliers and copy to promote event(s) at NHS and in the Needham community. Nearly 300 students attended the 10/14 event. The weather cancelled the 10/21 game thus low turnout for 10/21 event. Good community volunteer support. Fundraising planned for fall/winter to sustain program.
NCYSAP- <i>Needham Coalition for Youth Substance Abuse Prevention</i>	General Meeting & Parent Liaison Meeting
Needham Channel Prevention Videos	Working w/Marc Mandel at the Needham Channel, editing 2 prevention videos. Target timing for completion 11/30 for distribution in December
Substance Use Prevention Meeting	Team Meeting (KM, TM, CD, SH, MD)

Needham Health Department
Karen Shannon, Program Support Assistant
October 2016 Monthly Report

Section 1: Summary

During the month of October we held our Fall “kickoff” NCYSAP large group meeting (October 4) and presented our new Logic Model with a presentation by Kelli Keck of Epiphany Community Services. The lead up to this was extensive collaboration with Kelli fine tuning our logic model. We are targeting late Fall for airing our 2nd and 3rd PSAs via The Needham Channel and other media outlets in the Needham community. I attended a presentation by Marisa Silveri, PhD, neuroscientist at McLean Hospital, on “Understanding the Development of the Adolescent Brain and the Effects of Alcohol and Drug Use.”

Section 2: Activities

<i>Activity</i>	<i>Notes</i>
Public Service Videos	Waiting for Marc Mandel at The Needham Channel to send us an edited update of PSAs #2 and #3. Karen Mullen and I have made several email communications with him to offer editorial feedback before airing the segments.
NCYSAP	Assisted in agenda planning, handout preparation, and site technology logistics for large group meeting on October 4.
Logic Model/Intervention Mapping	Kelli Keck of Epiphany Community Services made an site visit 10/3-10/4. We reviewed our logic model and her presentation plan for Intervention Mapping.
School Health Curriculum	Organized and attended third discussion meeting, held October 19, with Jennifer Cohen, Tim McD. and Carol R. regarding implementing substance use education in Needham Public School health curriculum. Jennifer to speak with the Billerica schools Superintendent about strategies for working with our school committee on health curriculum.

Section 3: Meetings & Conferences

<i>Title</i>	<i>Description</i>	<i>Attendance</i>
NCYSAP Meeting: 10/4/16	Discussed new logic model, need for action teams and team leaders, coalition name and logo change (all affirmed a change), meeting frequency,	23
Kelli Keck site visit, 10/3-10/4/16	Reviewed Logic Model, Intervention Mapping for presentation at NCYSAP meeting, and REACH Evaluation System data entry.	4
NPS Health Curriculum, 10/19/16	Met with Jennifer Cohen to continue plan for requesting implementation of substance use education in the NPS health curriculum.	4
Board of Health Meeting, 10/21/16		n/a
Prevention Planning Overview	Monica DeWinter and I met with Keith Ford, new Asst. Principal at NHS, and new Alcohol Action Team Leader for the NCYSAP. Reviewed general prevention platform for the coalition work, including Risk/Protective Factors, SPF, and logic models.	3
Prevention Planning Meeting, 10/25/16	Reviewed foundation for prevention planning, SPF, Logic Model with Keith Ford, NCYSAP Alcohol Action Team Leader.	
Webinar: "Using Data Effectively," 10/26/16	Listened to webinar hosted by Community Health Training Institute, presenter from MPHD.	n/a
Presentation: Understanding the Development of the	Presentation hosted by Commonwealth Psychology	50 +/-

Adolescent Brain and the Effects of Alcohol and Drug Use	and Carol Read. Presenter: Dr. Marisa Silveri.	
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Needham Health Department
Monica De Winter, Program Support Assistant
October 2016 Monthly Report

Section 1: Summary

During the month October I continued to work two days per week. The majority of my work focused on developing action teams and REACH software data input.

Section 2: Activities

<i>Activity</i>	<i>Notes</i>
Preparation for NCYSAP monthly meeting	Prepared for meeting by helping set agenda and coordinate that with our facilitator, Kelli Keck. Logic model conversion to a flow chart for Coalition meeting handout completed. Decided to forming three action teams based on substance at upcoming meeting: alcohol, marijuana, and prescription drugs
REACH training with Kelli	Met with Kelli Keck, Karen S., and Catherine to learn more about using the REACH software system
Recruit coalition members to join action teams	Drafted coalition letter to invite folks to Action Teams
Data input	Entered accomplishments and outputs to REACH software – this is historical data
Documented and prepared meeting notes	Based on the 10/4 coalition meeting brainstorming session by the alcohol action team members, I compiled mtg notes and emailed them to the team leader, Keith Ford.
Alcohol Action Team work	Scheduled a primer meeting with Keith Ford, Asst. Principal of NHS, action team leader meeting for alcohol, and with Karen Shannon to review the SPF, Logic Models and forming strategic activities; We presented an overview of DFC grant the purpose of and how logic models work; Karen Shannon drafted and I edited

	a primer packet as a reference for this prevention work
Administrative work	Updated the logic model formatting so that an added column allows the action teams to fill in their activities/interventions

Section 3: Meetings & Conferences

<i>Title</i>	<i>Description</i>	<i>Attendance</i>
NCYSAP monthly meeting 10/4/16	prepare for and attend monthly NCYSAP meeting 10/4/16; attend Parent Liaison Meeting;	23
Parent Liaison Meeting 10/4/16	Discussed scope of the group; potential future small groups thru schools of 5 th graders in a bookclub format discussing healthy choices	7
Met with Catherine, Karen M. and Karen S.	Substance Abuse Prevention Team meeting – it's new	4
"Understanding the Development of the Adolescent Brain and the Effects of Alcohol and Drug Use" presentation	Presentation by Dr. Marisa Silveri, neuroscientist	50

Carol Read, M.Ed., CAGS, CPS

Substance Use Prevention and Education ~ Initiative Highlights Needham NPHD, NCYSAP and SAPC* ~ October 2016

SAPC grant collaboration with the towns of Dedham, Needham, Norwood and Westwood.
SAPC grant ~

SAPC Leadership Team: October 11th Strategy implementation planning. Review timeline, date for regional leader/stakeholder meeting November 15th Powers Hall 8:00am-10:00am. Compile draft agenda including meeting structure and implementation.

Westwood Cares coalition meeting: October 3rd Westwood High School 8:00am
Impact Norwood coalition meeting October 20th Norwood High School 3:00pm
Phone and email communication to provide educational information, therapeutic support resources and community prevention guidance to enhance town coalition capacity.

BSAS Training: October 5th *Substance Misuse Prevention: Better Public Health Through Local Policy Change*. Environment changes to prevent substance misuse, changing local policies and practices. D.J. Wilson, Mass Municipal Association.

BSAS: MassTAPP- October 28th Quarterly coordinator meeting-SAPC, MOAPC and PFS 2 program managers. Networking and strategy implementation sharing. Fernando Perfas, BSAS programmatic add compliance update. Lauren Gilman, MassTAPP technical assistance updates.

Coalitions Learning Together- Regional prevention: **October 19th** Prevent Promote Commission Rep. James Cantwell presentation on HB3898 timeline. Stoughton Youth Commission. Michael Jackman, Regional liaison to Congressman Bill Keating.

Needham Public Health-Needham Coalition for Youth Substance Abuse Prevention (NCYSAP)

NCYSAP coalition meeting: October 4th Needham Public Library 7:30am
Parent Liaison meeting- October 4th Needham Public Library 9:00am

NPHD initiatives:

Resident Support- Respond to calls related to mental health conditions and/substance use disorder educational resources. Referral to counseling, assessment, treatment and recovery resources. **3 requests:** F- 75yrs. Senior resources- F 25 yrs. – sober living – F- 60yrs. Recovery support

Adolescent brain development training: October 27th *Understanding the Development of the Adolescent Brain and the Effects of Alcohol and Drug Use*, Dr. Marisa Silveri, McLean Hospital- Ass. Professor of Psychiatry Harvard Medical. In collaboration with **Commonwealth Psychology Associates.** 75 clinicians, school guidance, teachers, college administrators and health educators, law enforcement and parents from Dedham, Westwood, Norwood, Wellesley, Newton and Needham in attendance.

Needham League of Women Voters: October 21st Ballot Question #4 Forum.
Legalization, Regulation and Taxation of Marijuana. Needham Public Library Karen Price,
President Tim McDonald Opening Presentation, Francy Wade, Proponent, Heidi Heilman,
Opponent

Christ Church Needham: October 23rd Rev. Nick Morris-Kilment. **Four Legs to Stand On**,
Sunday afternoon event, community education and outreach related to addiction as a
disease affecting the family system. Creating Outreach About Addiction Support Together
COAAST, Anna Bess Moyer Bell. Educational and support resources presented by the NPDH.

Meetings:

Christ Church Needham: October 6th Julia Bullard. Promotion planning *Four Legs to
Stand On* play. Press promotion and targets for community and regional awareness.

NPHD Staff: October 6th BOH Marijuana policy TM-CD

NPHD Staff: October 11th **Substance team planning and collaboration**

Communication goals and strategic planning substance team

AlcoholEdu: October 12th Dedham Public Schools Mark Carney, Health Director Cathy
Cardinale PH Director Review curriculum, program structure and implementation.

Health Curriculum; October 19th Jennifer Cohen, LICSW parent. Advocacy strategy

COAAST program: October 18th Ana Bess Moyer Conference call- event planning *Four
Legs to Stand On* production. October 23rd Christ Church

Needham Board of Health: October 21st Staff public health and prevention reporting

NPHD Staff October 21st Alcohol Regulations TM-CD

Dedham Public Library: October 24th Dr. Steven Kassels, Certified Addiction Medicine
Certified Emergency Medicine *Addiction on Trial*, book presentation.

Needham Public Schools Guidance: October 26th Tom Denton, Director. Annual
presentation of NPHD resources, protocol and programs with Donna Carmichael.

Michelle Vaillancourt Town Accountant: October 31st SAMHSA DFC grant program final
compliance- Q 4 filing DPM system and FFR 425 annual grant year 1 report.

*SAPC technical assistance calls, coordinator meetings, and compliance related to the SAPC
grant program are documented in the BSAS-SAPC quarterly reports.

Respectfully submitted by Carol Read November 4, 2016

3.5 days out of office (Columbus Day- 2.5 vacation days)

Coalitions Learning Together

A quarterly gathering of
substance abuse
prevention coalitions in
Massachusetts



Offering:

- Educational and Networking opportunities
 - Opportunities to share Policies and Best Practices
-
-

Please join us for a presentation on:

The “Promote Prevent” Bill

Featuring State Representative Jim Cantwell

When: Wednesday October 19, 2016 – 9:00am to noon

Where: Stoughton Youth Commission
110 Rockland Street, Stoughton

Registration: Required by October 7, 2016

CLICK HERE TO REGISTER:

<https://www.surveymonkey.com/r/H6K52TM>

Cost: Free

Program: State Representative Jim Cantwell will provide an in depth look at the Promote Prevent bill that sets up a Commission to investigate and study substance abuse and mental health under one behavioral health umbrella.

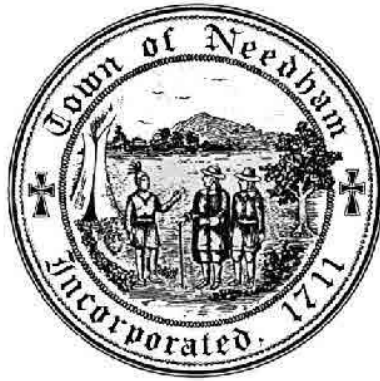
The Commission’s final report (the “Promote Prevent” Plan) will include all findings and recommendations for achieving measurable outcomes in promoting behavioral health and preventing mental, emotional, and behavioral health disorders.

For additional Information please contact:

Lyn Frano, Stoughton OASIS – lfrano@stoughton-ma.gov

Arlene Goldstein, CHNA 20 – agoldstein@baystatecs.org

Kim Noble, Youth Health Connection - kimberly_noble@sshosp.org



Board of Health

Edward Cosgrove, PhD
Chair

Stephen Epstein, MD, MPP
Member

Jane Fogg, MD, MPH
Vice Chair

Mission

The mission of the Needham Public Health Division since 1877 has been to prevent and control the spread of disease, to address environmental issues, to promote healthy lifestyles, and to protect the public health and social well-being of all Needham's residents, especially the most vulnerable.

Goals for FY 2017 and 2018

Community Health

- Adopt Public Health Division-wide communications calendar to ensure community outreach on pertinent public health issues via a variety of methods including articles, videos, presentations at community meetings, and hosting of community forums
- Pursue small grant funding opportunities to meet distinct community needs (such as concussion education, and healthy aging initiatives).
- Enhance and refine financial tracking mechanisms to ensure the both complete and appropriate use of all financial resources, Town and grants and donations.
- Support existing community initiatives that address public health concerns including senior nutrition, elder isolation, mental health promotion and domestic violence awareness.
- Enhance the new Community Crisis Intervention Team initiative and develop mechanisms and processes to sustain its multi-disciplinary work to assist families and community members in need of mental health, domestic violence, and substance use support.

Community Health (continued)

- Develop processes and accrue resources to support the continual gathering of qualitative and quantitative data to inform the activities of the Public Health Division.
- Pursue Public Health Division accreditation and support the establishment of a culture of continuous quality improvement.

Emergency Preparedness

- Hire an Emergency Preparedness Coordinator to support/enable achievement of Public Health Division and Town-wide emergency management goals.
- Revise and update Comprehensive Emergency Management Plan (CEMP), Hazard Vulnerability Analysis (HVA) and municipal safety and emergency guidelines.
- Work towards full certification of the Needham Local Emergency Planning Committee (LEPC), and state and federal recognition as such.

Environmental Health (EH)

- Increase EH unit capacity for inspections, environmental health monitoring, training, and both vendor and general public education.
- Improve communication and relationships with food service owners and staff, with an emphasis on training to achieve compliance with state and local regulations.
- Improve communication and relationships with tobacco vendors and staff, with an emphasis on training to achieve compliance with state and local regulations.
- Extensively review the Board of Health tobacco regulations and consider revisions and updates at least annually.
- Transition EH unit to electronic inspections and reporting capacity.
- Develop and implement food establishment grading policies (FY 2020 approximately).
- Research best practices and pursue regulatory standards for posting of calorie counts and nutritional information (FY 2018).
- Research and extensively revise the Board's environmental health regulations, including Trash Haulers (FY 2017) and Private Wells (FY 2017 or 2018).

Public Health Nursing

- Identifying best practices for public health nursing service provision and review and assess Needham's capabilities for public health nursing.

Public Health Nursing (continued)

- Establish community outreach calendar for focused educational and training programs such as sunscreen, tick borne illnesses, and other timely public health nursing issues.
- Examine community demographics and population needs to identify important staff capabilities.

Substance Use Prevention

- Expand community support for addressing alcohol compliance in the same fashion as tobacco compliance, with increased inspections (goal of semi-annual) and compliance checks (long-term goal of quarterly, interim goal of semi-annual).
- Provide education and information to community about adverse health impacts of substance use and misuse for the youth, adult, and senior populations.
- Advocate for community level policy changes to impact access and availability, similar to raising purchase age for tobacco and reducing sale outlet density.
- Increase awareness of proper prescription medication disposal options and secure storage practices within the Town of Needham.
- By FY 2020, secure commitment for secondary safe and secure disposal locations for prescription medications (in addition to current kiosk at Police Station) and sharps (in addition to current pair of kiosks at RTS).

Tenth Take Back the Night announced

Week 10/20/16

Needham High School's Take Back the Night Club and the Needham Domestic Violence Action Committee are pleased to announce the 10th annual Take Back the Night event. Take Back the Night is dedicated to raising awareness about domestic violence and sexual assault and its prevention, as well as working to give a voice to those who do not have one. Their mission is to end domestic violence in our

community and promote healthy relationships. Planned and put on by Needham High School students, the event will feature live music, guest speakers, free food, give aways, and much more. The 10th anniversary event will take place Thursday, November 17 from 6-9 p.m. in the Needham High School cafeteria. Everyone is invited and encouraged to attend this free event.

BALLOT

from Page A4

Cities and towns could prohibit or limit marijuana sales, but would first have to hold a local community-wide vote.

Proponents of the initiative, originally organized as the Committee to Regulate Marijuana Like Alcohol, argue efforts to ban the drug have been ineffective and costly. Legalized and regulated sales, they claim, would reduce dangerous black market activity. They project a legalized marijuana industry would generate \$100 million in annual tax revenue.

Opponents argue the

proposal would produce undesirable social costs that wouldn't be offset by the increased tax revenue. Marijuana-infused candies and edibles could be accidentally ingested by children, and legalized pot would lead to increased rates of drugged driving and drug use, they claim. The ballot language, they argue, would also restrict the ability of cities and towns to limit marijuana sales in their communities.

—Gerry Tuoti is the Regional Newsbank Editor for Wicked Local. Email him at gtuoti@wickedlocal.com or call him at 508-967-3137.

QUESTION 4 LEGALIZATION OF MARIJUANA

What's at stake: Marijuana would be legal for recreational use for anyone age 21 and older, if Question 4 passes. A new state Cannabis Control Commission would license and regulate marijuana retail stores. People would also be allowed to grow their own marijuana at home, with a limit of six plants per person or 12 per household.

What's the background: Voters in November will decide whether Massachusetts joins Colorado, Washington, Oregon, Alaska and the District of Columbia in legalizing marijuana.

The ballot question is the latest in a series of moves to loosen marijuana laws in the state. In 2012, Massachusetts voters passed a referendum allowing medical marijuana. Four years earlier, voters approved a ballot question decriminalizing possession of small amounts of marijuana.

Question 4 would subject marijuana sales to the 6.25 percent state sales tax, the 3.75 percent state excise tax and a local-option tax of up to 2 percent. Adults 21 and older would be allowed to possess up to 1 ounce of the drug outside their home, and up to 10 ounces inside their home.

Prescription drug collection event coming

The Needham Public Health Department and the Drug Enforcement Administration will hold a prescription drug collection from 10 a.m. to 2 p.m. Oct. 22 at the Needham Police Department, 99 School St.

Residents are invited to bring all expired, unused and unwanted prescription drugs for safe disposal. Usual methods of disposing of unused medicine, flushing them down the toilet or throwing them in the trash, are a potential

safety and health hazard.

The service is free and anonymous. No questions will be asked.

For information: 781-455-7500, ext. 277; www.deadiversion.usdoj.gov/drug_disposal.

Public Health to take back unused drugs *weekly 10/20/16*

On Saturday, October 22, from 10 a.m. to 2 p.m. the Needham Public Health Department and the Drug Enforcement Administration (DEA) will give the public its 13th opportunity in six years (since 2009) to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. This event is an extension of the Cardinal Health Foundation's Prescription Drug Disposal Grant offered to the Needham Community Council and the Norfolk County 7 on July 1. Bring your pills for disposal to Needham Police Department at 99 School St, Needham (Needles, thermometers, medical waste or illegal drugs such as cocaine or marijuana will not be accepted at

this event). The service is free and anonymous, no questions asked.

Last April, Americans turned in 447 tons (over 893,000 pounds) of prescription drugs at almost 5,400 sites operated by the DEA and more than 4,200 of its state and local law enforcement partners. Massachusetts contributed over 25,000 pounds of those collected prescription drugs at 148 sites, including the 435 pounds collected by the Needham Police Department's 24-hour medication disposal kiosk over the course of the eleventh event and six months prior.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home

cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—both pose potential safety and health hazards.

For more information about the disposal of prescription drugs or about the October 22 Take Back Day event, go to the DEA Diversion website (http://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html) or contact Catherine Delano of the Needham Public Health Department at (781-455-7500 x 277).

Times 10/13/16

Emergency Management team works to protect residents

By Dennis Condon and
Timothy Muir McDonald

Disasters and their aftermath appear in the news; but the work of preparing for those disasters happens every day. Needham Emergency Management works to protect residents and businesses from adverse events and partners with regional and state organizations like the Massachusetts Emergency Management Agency. The Needham Emergency Management team works together and with the Local Emergency Preparedness Planning Committee to plan responses to potential emergencies that can happen in Needham. Additionally, the volunteer Needham Medical Reserve Corp prepares to provide medications to residents, such as flu vaccine and other medications that may be necessary in a public health emergency.

You can take time during National Preparedness

Month to ensure you and your family are better protected and prepared. It really is easier than you may think. If you have ever had to rearrange plans because you had to work late, had car trouble, dealt with a sudden winter storm, and made alternate arrangements for pickup of family members or for pet care, then you have used elements of an emergency plan.

Preparing emergency supplies uses a similar kind of thinking. For example, if you are without power for a period of time, you will want to have a supply of food and water, in case stores aren't open, or roads are impassable. Standard recommendation is to have nine gallons per person, which would provide enough water for drinking, cooking, and personal hygiene for three days. Along with food and water, medications are something to consider; it's best to avoid waiting until the last day to refill your regular prescriptions.

A flashlight of course will help in the dark; some people choose to add a head lamp to their emergency supply to allow more flexibility. A battery powered radio, extra batteries, and an 'old fashioned' phone that plugs into a jack and doesn't rely on electricity to function; all allow you to be in touch with the world outside your home. It's a good idea to make a plan now on how you will contact your family members after an emergency - does everyone know how to reach each other? As we've seen in previous emergencies, sometimes the communications traffic is so heavy that local calls are not possible, but you can still reach a relative or family friend outside the area. You can ask your Aunt Sandy in New Hampshire to be the out of town coordinator, and you can program her phone number into everyone's cell phones and write it on your emergency contact documents.

The Town of Needham

preparedness capabilities include notification to residents about emergencies through phone, email and text message. In addition, if conditions warrant, Needham can open municipal buildings such as the Public Library, the Center at the Heights, and other locations as warming or cooling shelters. This will allow residents to recharge phones and spend a little time in an appropriate warm, protected environment.

Disasters begin and end locally. Please take some simple steps to make your emergency experience a little easier. For more information, please visit the town's website or see this handy checklist at bit.ly/KnowPlanPrepare.

—Dennis Condon is Needham's Fire Chief and Emergency Management director and Timothy Muir McDonald is Needham's director of public health and assistant Emergency Management director.

Public Health offers seasonal flu clinics

The Needham Public Health Division will provide seasonal flu vaccination clinics at the Center at the Heights, 300 Hillside Ave, Needham. The clinics will be held on Tuesday, October 18 and Thursday, October 20 from 4-6 p.m.

The clinic is for individuals aged 18 and over. All participants are asked to bring their insurance cards, as insurance will be billed for the vaccination. No appointment is required for the clinics.

Weekly 10/13/14



times
10/13/16

Needham Health Department



Seasonal Flu Clinics

The Needham Public Health Division will provide seasonal flu vaccination clinics

*Center at the Heights
300 Hillside Ave
Needham, Ma*

Tuesday October 18th 4:00 p.m. – 6:00 p.m.

Thursday October 20th 4:00 p.m. – 6:00 p.m.

Our clinic is for those **18 years and older**. Please bring all insurance cards as we will be billing insurance.
No appointment needed for these clinics



weekly
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NEEDHAM DRUG TAKE-BACK DAY

Don't let your unwanted or expired drugs fall into the wrong hands!

WHAT

Safely dispose of your unwanted, unused and expired drugs to avoid improper use

WHEN

Saturday, October 22nd
10:00am to 2:00pm

WHERE

Needham Police Department

KNOW BEFORE YOU GO:

- ✓ Check your home for unused over-the-counter and prescription medications
Needles, Thermometers, Medical Waste or Illegal Drugs (such as cocaine or marijuana will not be accepted)*
- ✓ Check the expiration dates on all medications

*Needle disposal available at Needham RTS



Needham Public Health Department, Catherine Delano, 781-455-7500 x 277
Partnership of the Needham Public Health Dept.
Needham Police Department and the Needham Coalition for Youth Substance Abuse Prevention

Weekly
10/20/16



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More towns capping tobacco sales permits

Controlling density helps prevent clusters

By **Gerry Tuoti Wicked**
Local Newsbank Editor

Citing public health benefits associated with

decreased rates of smoking, more communities in Massachusetts are taking steps to limit the number of tobacco retailers in their communities.

"I think it's definitely a trend that's going to continue," said Marc Hymovitz,

Massachusetts government relations director for the American Cancer Society Cancer Action Network. "Here in Massachusetts, we've made great progress in reducing the smoking rate, but we still have about 15 percent of the population

that smokes. Any opportunity we have to come up with policies to reduce tobacco use will help reduce that number."

As of Sept. 13, there were 81 Massachusetts cities and towns that have approved ordinances capping their

number of tobacco sales permits, according to the Massachusetts Municipal Association, including Ashland, Bellingham, Framingham, Hudson, Natick, Shrewsbury,

SEE TOBACCO, A4

TOBACCO

From Page A1

Wayland and Millis. Once the cap is reached, the community starts a waiting list for the next available permit. Even if the population increases, the number of permits will remain the same, reducing the ratio of tobacco retailers to residents.

"The idea was not to start shutting down places, but having a slow decrease," said D.J. Wilson, the tobacco control director and public health liaison for the Massachusetts Municipal Association.

Some communities that have enacted caps go a step further. There are 60 that don't allow tobacco retailers within 500 feet of a school. In

some cities and towns, once a tobacco retailer closes or sells his or her business, the permit reverts back to the municipal government and is taken out of circulation.

Ryan Kearney, general counsel for the Retailers Association of Massachusetts, said that approach harms businesses that play by the rules.

"One of the biggest issues we've seen is they're restricting the transferability of permits," he said. "Their view is that they're going to be able to sell the business along with the license, but if it reverts back to the city or town, that devalues the business."

In recent years, tobacco retailers have had to navigate an increasingly diverse patchwork of regulations that vary from town to town, he said. More than 130 cities and towns have raised the tobacco purchasing age to 21, while

others have kept the age at 18. Some have restricted the sale of e-cigarettes. Flavored tobacco products are allowed on store shelves in some towns, but not others.

"With any of these, our major stance is because this affects interstate commerce, they should be decided at the state level," Kearney said. "We want a level playing field for everyone."

Wilson said the tobacco regulation efforts are geared toward public health. By controlling the density of tobacco retailers, local governments can eventually prevent clusters of cigarette vendors, he said.

"The public health theory is that if you keep a clustering of stores all in one area of town, that tends to up the amount of advertisements neighborhood kids would see," he said. "Also, when they're clustered, the competition is fierce to lower the price of tobacco

because they're so close to each other. We have known for decades that when you raise the price of tobacco, people buy it less, especially kids."

With tobacco advertising restricted in many forms of media, store displays are one of the primary marketing venues for tobacco companies, Hymovitz said.

"These aren't just retail locations, they're actually billboards for the tobacco industry," he said. "Because of industry limits on where you can put marketing products, they put the bulk of their marketing in retail locations."

Capping the number of permits not only limits the number of places that sell tobacco, but it also limits the amount of marketing. It's something we're supportive of for a host of reasons."

Flu clinics

The Needham Public Health Division will provide seasonal flu vaccination clinics from 1 to 3 p.m. Oct. 11 and 4 to 6 p.m. Oct. 18 and 20 at the Center at the Heights, 300 Hillside Ave., Needham.

Most people who get the flu will become very sick but recover within a week. However, some groups of people, including young children, pregnant women, people with chronic medical conditions and people older than 65, can experience

very serious complications from the flu.

The clinic is for individuals older than 18. Participants should bring all insurance cards.

For information:
781-455-7500, ext. 511;
needhamma.gov/health.

Column inaccurate and unfair

I applaud your Sept. 29 reporting of the marijuana

forum held at Powers Hall on Sept. 24. It was an accurate and well-written account of what took place.

Unfortunately, the same cannot be said about Mr. George Rappolt's guest column in the same issue; it was inaccurate and unfair. He criticized the presenters as being "biased" and later went on to "shame" the organizers for inviting them and the Needham Times for "endorsing without a due diligence check."

It is important to recognize that Ballot Question 4 has been written and promoted by those with significant financial interest in increasing the availability and use of marijuana.

In contrast, none of the presenters have any financial interest in Question 4. They are respected experts in their fields who have studied this issue. A result of their analysis is that passing Question 4 is likely harmful for the commonwealth, particularly for children and youth.

The same conclusion has also been reached by every state agency and an overwhelming number of individuals in Massachusetts responsible for public health and safety.

Mr. Rappolt is not accurate in stating that the status of marijuana in the commonwealth was not covered. All four presenters clearly stated that they supported the current Massachusetts'

decriminalization of marijuana use and sale of medical marijuana. They encouraged further research and study, welcomed further regulatory reforms and expressed support for more sensible ways of regulating it than the proposed regulations written by the industry for its benefit with little or no consideration of potential public health consequences.

The presenters carefully distinguished between information and data from refereed academic journals and what was their personal opinions or speculations. I encourage your readers to view the materials that were presented at www.needhamma.gov. The event was also videotaped and will soon be available.

Attorney John Sofis Scheft was asked if he would rather people obtained their marijuana from the dealer on the street corner or from a business. His response was unequivocal that under the proposed regulation, the street-corner-dealer was preferred. S/he would not be distilling the marijuana to increase its potency, s/he will not be advertising in the local papers offering free samples or coupons, s/he will not be infusing drinks, candies or other edibles with high concentrations of the marijuana components. All of which logically have one intent: to increase the number of users and to make them more dependent.

Ramin Abrishamian