



Needham Board of Health



AGENDA

Friday, July 29, 2016

7:00 a.m. – 8:45 a.m.

**Charles River Room – Public Services Administration Building
500 Dedham Avenue, Needham MA 02492**

- **7:00 to 7:05 - Welcome & Review of Minutes**
- **7:05 to 7:30 - Director and Staff Reports (EH, TM, PHN, SUP)**
- **7:30 to 7:45 - Discussion about Proposed Plastic Bag Ban**
Christopher Thomas, Needham Resident

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Board of Health Public Hearing

- **7:45 to 8:00 - Pool Variance Hearing for Wingate Needham**
- **8:00 to 8:40 - Discussion of Proposed New or Amended BOH Regulations**
 - **Body Art**
 - **Synthetic Drugs**
 - **Drug Paraphernalia**
- **8:40 to 8:45 - Board Discussion of Policy Positions (BOS Meeting August 25th?)**
- **Other Items (Healthy Aging, Water Quality, June Articles)**
- **Next Meeting Scheduled for Friday September 9, 2016**
- **Adjournment**

(Please note that all times are approximate)

NEEDHAM BOARD OF HEALTH
June 17, 2016
MEETING MINUTES

PRESENT: Edward V. Cosgrove, PhD, Chair, Jane Fogg, M.D., Vice Chair, and Stephen Epstein, M.D.

STAFF: Timothy McDonald, Director, Donna Carmichael, Catherine Delano, Maryanne Dinell, Angela Giordano, Tara Gurge, Karen Shannon

CONVENE: 7:00 a.m. - Public Services Administration Building (PSAB), 500 Dedham Avenue, Needham MA 02492

DISCUSSION:

Call to Order - 7:04 a.m. - Dr. Cosgrove

Approve Minutes:

Upon motion duly made and seconded, the minutes of the BOH meeting of May 13, 2016 were approved as amended.

The motion carried. The vote was unanimous.

Welcome New Staff Members

Mr. McDonald stated that Catherine Delano was introduced to the Board at the May meeting. She was hired at that time, in a part-time capacity but is now on board full-time. Mr. McDonald welcomed summer intern, Angela Giordano. Ms. Giordano is a Master's of Public Health candidate at Boston University.

Director's Report - Timothy McDonald

Mr. McDonald reported that the Traveling Meals Volunteer Appreciation Luncheon took place on Tuesday May 3rd. Mr. McDonald stated Ms. Dinell, Traveling Meals Program Coordinator, did a very good job in organizing this event. Mr. McDonald stated that the number of volunteers has increased because the need has increased. Ms. Dinell and her team of volunteers have done a great job and that it is very nice to have a luncheon to appreciate them.

Mr. McDonald reported that the Needham Coalition for Substance Abuse Prevention and three other substance abuse prevention coalitions from Stoughton Weymouth, Avon attended a conference on Friday, May 13th about the Impact of Marijuana.

Mr. McDonald reported on the Healthy Aging through Healthy Community Design mini grant. Mr. McDonald explained that he is working on a three part report that would be completed mid July.

The report would include a combination of assessments of municipal regulations, zoning policies; qualitative data gathered from key informant interviews and focus groups, as well quantitative data from the survey. Mr. McDonald stated he received 650 responses, 200 written response and 450 online responses.

Mr. McDonald reported on water safety at the Hillside Elementary School. Mr. McDonald stated that because of the news reports from Natick, Boston and Newton Superintendent Gutekanst asked that the two oldest schools be tested: Hillside and Mitchell. Mr. McDonald stated that EPA Action level at Hillside was high and was immediately taken offline and a re-test was conducted on every drinking source. He reported that the second round of test came back with a high EPA Action level for a different drinking source at Hillside. Mr. McDonald stated that the town now has a policy on when to remove a drinking source from service. Mr. McDonald reported on his meeting with parents regarding this issue. Mr. McDonald stated that he has developed a document that provides parents with information on this issue. Mr. McDonald stated that the town would conduct baseline testing of all drinking resources in all its schools. A general discussion followed.

Staff Reports

- **Traveling Meals Coordinator Report - Maryanne Dinell**

Ms. Dinell's report included a description on the number of meals delivered. Ms. Dinell reported that four women would be hired for the summer program. Three are from last summer, 2015 and one is from 2014. Ms. Dinell reported that the summer program begins on June 20th and that summer staff have been hired.

- **Environmental Health Agents Report - Tara Gurge**

Mr. McDonald delivered the Environmental Health Agents Report on behalf of Tara Gurge, Environmental Health Agent. Mr. McDonald reported that there was a sustained discussion about food permits and food trucks at Town Meeting. He stated that this discussion is still ongoing. Mr. McDonald stated that from a Public Health perspective he would like clarity from the town on the process, which would include the Selectmen, Police Department, Building Commission and the Board of Health to ensure that safe food practices are followed. Mr. McDonald stated that he would be working on this initiative over the summer.

Mr. McDonald stated that the Farmer's Market is starting and that there are not as many vendors as last year. Mr. McDonald also stated that there have been requests from the Farmer's Market vendors to sell breads and cheeses that are not

produced on the farm, which causes challenges. Mr. stated that Ms. Gurge is in conversation with DPH regarding this.

Mr. McDonald spoke about challenges with regards to septic reviews, plans and inspections. Mr. McDonald briefed the Board on the status of the 7-Eleven, #173 Chestnut Street, tobacco permit suspension.

- **Public Health Nurses Report - Donna Carmichael & Alison Paquette**

Ms. Carmichael stated that Ms. Paquette did an excellent job while she was away. She also stated that Ms. Paquette has been very busy with camp openings. Ms. Carmichael stated that there are seven, day camps and one overnight camp. Ms. Carmichael presented an update on communicable diseases. Ms. Carmichael reported on a housing call involving Needham Fire Department and Springwell. Ms. Carmichael noted that fuel assistance help is down.

- **Senior Substance Use Prevention Coordinator - Catherine Delano**

Ms. Delano stated that she worked part-time during the month of May. She spent time acquainting herself with the details of the Drug Free Communities (DFC) grant materials and attending trainings. Ms. Delano spoke about a campaign she is involved with on educating youth about the risk of impaired drugged driving.

- **Substance Abuse Prevention Coordinator - Carol Read**

Ms. Read stated that Mr. McDonald and Ms. Gurge contributed significantly to the conference on the Impact of Marijuana. Ms. Read stated that the conference was a collaborative effort involving Norfolk District Attorney, Michael Morrissey, Attorney John Scheft, Walpole Police Chief, John Carmichael and the Substance Abuse Prevention Coalitions of Avon, Needham, Stoughton and Weymouth. Ms. Read stated that the goals of the conference included discussions on developing best practices to prevent the diversion of marijuana to youth, as well as discussions on mitigating the collateral consequences of Registered Medical Marijuana Dispensaries. Ms. Read stated that the Board of Health Regulations to adhere to those two goals were presented at the conference and everyone appreciates the work Needham is doing in limiting access and availability. Ms. Read stated that Needham's regulations have been shared throughout the Commonwealth. Ms. Read described what participants were expected to learn as well as educational information on model health regulations participants would walk away with.

Ms. Read spoke about Needham's goal to not have home cultivation in Needham based on the law and regulations. Ms. Read stated that she is enjoying the four town regional Substance Abuse Prevention Collaborative (SAPC) grant. Ms. Read stated that the grant's primary focus is on the prevention of underage drinking. Ms. Read stated that having towns that understand prevention and form coalitions bring in other towns into sound prevention strategies. Ms. Read stated that Westwood and Norwood initiated a parent survey modeled after Needham's template. Ms. Read noted that Westwood and Norwood were pleased at the number of responses they received.

Ms. Read spoke about efforts to encourage pharmacies to understand and carry nasal Naloxone and to have their staff trained as a point of access for Narcan. Ms. Read stated that Public Health nurses could also be a point of access as well. A general discussion followed.

The conversation veered to a lengthy discussion on the marijuana referendum. Dr. Epstein stated that if this referendum passes regulations would need to be in place by December 15, 2016. Dr. Epstein noted that there would be home cultivation if the referendum passes. A discussion then followed on the bi-law change for mixed-use zone and residential parcels and establishing a buffer zone.

Mr. McDonald suggested that the Board convene a Chair's meeting involving the Chairmen of the Planning Board, Board of Selectmen, and Board of Health. Mr. McDonald also suggested that Dr. Cosgrove extend an invitation to this group to attend a Chairman's meeting in August or September. Mr. McDonald stated that Special Town Meeting is scheduled for October, if a Public Hearing is needed it would need to happen in September. Discussion followed.

- **Substance Abuse Prevention Program Support Assistant - Karen Shannon**

Karen Shannon stated that she works part-time with Monica De Winter to provide program support to the Needham Coalition for Youth Substance Abuse Prevention. Ms. Shannon stated that she has been busy with developing the logic model for Drug Free Communities (DFC) grant. She explained that the Public Health Department is in year six of the DFC grant and that she and Ms. De Winter have been assisting Ms. Delano in putting the logic model in place.

Ms. Shannon also stated that she has been very busy developing a series of Public Service Announcements (PSA) for parents in the Needham community. Ms. Shannon stated

that a taping for a 17 minute long PSA for prom and graduation safety have been completed. She added that it has been aired on the Needham Channel and disbursed through the school system as well as the YMCA via a You Tube link. Ms. Shannon stated a second PSA installment is a man on the street style interview for parents of children K-6. She noted this would air in July.

Continued Discussion of Proposed New or Amended BOH Regulations

- **Body Art**

Mr. McDonald stated that the **Regulation for Body Art Establishments and Practitioners** were revised with feedback from the Board of Health and David Tobin, Town Counsel, to address techniques as well as additional questions from one Needham practitioner. Mr. McDonald stated that the Regulation for Body Art addresses permanent tattoos and temporary tattoos that involve skin penetration. A brief discussion followed on temporary tattoos and microblading. Mr. McDonald will investigate which salons are using microblading techniques. Mr. McDonald stated that this regulation would be brought back for discussion at the next meeting. A general discussion followed on age requirements for obtaining a tattoo and safety versus esthetics.

- **Synthetic Marijuana**

Mr. McDonald stated that the **Regulation for Restriction of Synthetic Drugs** has been revised extensively. Mr. McDonald outlined changes that were suggested by the Board. A brief discussion followed. Mr. McDonald stated he would submit a change memo to David Tobin with a notice for a Public Hearing.

- **Drug Paraphernalia**

Mr. McDonald stated that he had a long conversation with Town Counsel on the **Regulation for Restriction of Drug Paraphernalia**. Mr. McDonald summarized suggestion from Town Counsel. A lengthy discussion followed on kits for planting and the definition of drug paraphernalia as it applies to the sale of marijuana seeds for home cultivation. Mr. McDonald will clarify this with the Department of Public Health. Mr. McDonald stated he would submit a case for change memo to David Tobin with a notice for a Public Hearing.

Board Discussion of Policy Positions

Mr. McDonald stated that Ms. Delano and Ms. Giordano are working on a letter to the editor of the Needham Times that outlines the dangers of synesthetic drugs.

Mr. McDonald spoke about what the Board could do to inform the community on the upcoming state ballot question on the legalization, regulation and taxation of marijuana.

Dr. Epstein spoke about the governor's coalition of doctors, law enforcement officials, and addiction specialists in opposition to legalizing marijuana. Dr. Epstein suggested that the Needham Board of Health sign onto this coalition.

Mr. McDonald stated that the Interfaith Clergy Association asked if the Needham Public Health Department would partner with them on a Public Forum against the ballot referendum to legalize marijuana. Mr. McDonald added that this is an idea worth discussing. A brief discussion followed.

Other Items

Mr. McDonald provided a brief update on developing the concussion data base.

Adjournment -

Upon motion duly made and seconded, that the June 17, 2016 BOH meeting adjourn at 8:45 a.m. The motion carried. The vote was unanimous.

Next meeting is scheduled for, Friday, July 29, 2016

Respectfully submitted: Cheryl Gosmon, Recording Secretary



NEEDHAM PUBLIC HEALTH



Director's Report

To: Needham Board of Health
From: Timothy Muir McDonald, Public Health Director
Date: July 27, 2016
Re: Monthly Report for June 2016

The end of the fiscal year was a busy time for the Public Health Division. Thanks to the concentrated efforts of the Department Staff, and especially Administrative Coordinator Dawn Stiller, the Division proceeded with its planned spend down of funds and was also able to assist other divisions within the Health & Human Services Department with unexpected late year salary expenses.

Healthy Aging through Healthy Community Design

The cooperative Healthy Aging through Healthy Community Design project was a major activity in the month of May. The information gathering for that project includes key informant interviews (21) and focus groups (four), a detailed community survey for seniors that I highlighted in last month's report, and a regulatory and policy assessment from the Metropolitan Area Planning Council (MAPC). A Needham Channel News segment on the Healthy Aging through Healthy Community Design project was filmed in mid-May. The video is available here: <https://youtu.be/ogkHdb9in8A>

A draft Executive Summary of the report, upon which Lynn Schoeff and Julie Whyte are still working, is included the attached packet, linked under Other Items.

Hillside Elementary School—Water Safety

The safety of public drinking water has again been a topic in the local news. More extensive water quality testing throughout all drinking water sources in the Needham Public Schools was conducted in mid-June, and returned a clean bill of health for every Needham Public School with the exception of Hillside Elementary School.

The majority of the samples had non-detected levels of lead in the water, and the overwhelming majority of the samples had only trace amounts of lead in the water, amounts that are many levels below the EPA action-level of 15 parts per billion and in fact are often less than half of Needham's very conservative replacement threshold of 10 parts per billion.

A small number of samples (two) at the Hillside Elementary School did test above the EPA action-level of 15 parts per billion on the initial sample but were found to be slightly below the EPA action-level on the second sample (the one taken following a 30 second flush). That highlights the importance of having "fresh" water to consume (that is, not water which has been sitting overnight in a water fountain or sink faucet).

The two sources that tested above the EPA action-level of 15 ppb on the initial sample were the K1 Water Fountain and Room 13 Left Water Fountain (which is one of the water fountains that was replaced with a new fixture in early June). Those sources came in at 32.4 ppb and 29.5 ppb on the initial

draw, respectively, and registered at 11.2 ppb and 1.87 ppb on the second draw following the 30 second flush. Additionally, the Room 15 Water Fountain came back below the EPA action-level but slightly above Needham's very conservative replacement threshold of 10 parts per billion.

Additional information is included in the attached packet, linked under [Other Items](#).

Sincerely,

A handwritten signature in dark ink, reading "Timothy Muir McDonald". The signature is written in a cursive, flowing style.

Timothy Muir McDonald
Director of Public Health, Town of Needham

Needham Public Health Department
June 2016
Health Agents - Tara Gurge and Brian Flynn

Activities

<i>Activity</i>	<i>Notes</i>
Animal Permit Applications	3 – Received new Animal Permit applications for the properties located at: - #220 Nehoiden St. – For 4 chickens. Application approved. Initial inspection conducted. (Final inspection pending by Animal Control.) - #453 Greendale Ave. – For 4 chickens. Application approved. Initial inspection conducted. (Final inspection pending by Animal Control.) - #139 Richdale Rd. – For 4 chickens. (Plan review in process.)
Animal Permit Renewals	13 – Animal Permits mailed.
Bottling Permit renewal mailing	1 – Bottling permit renewal application materials sent out to Coca-Cola at 9 B Street. (Inspection pending.)
Demo review/approval	8 - Demolition sign-offs: • 50 Sterling Rd. • 9 Ridgeway Ave. • 34 Spring Rd. • 80 Evelyn Rd. • 80 Sachem Rd. • 24 Norfolk St. • 114 Hillside Ave. • 348 Manning St.
Emergency/Fire Dept. Call	2 – Emergency calls received from Fire Dept. for: - <u>Not Your Average Joe's</u> - For smoke alarm being triggered when they were starting up their pizza wood-fired oven prior to opening. Smoke came back into restaurant and triggered the alarm. No sprinklers were triggered. They were able to air out restaurant and open. - <u>#51 Pershing Rd.</u> – Received a call from Fire Dept. to come out to site due to housing concerns. (See follow-up in Housing section below.)
Farmers Market/Retail Food Permit	1 – Farmers Market permit issued to the following food vendors: - <u>MacArthur Farm</u> – To sell Apple Cider and prepackaged bread.
Food – July 4 th Celebration Inspections	I conducted a pre-operation inspection over at the Memorial Park pavilion and also checked out the restrooms, on Friday, July 1st. Brian conducted follow-up inspections on Sunday, July 3rd. No violations observed.
Food – Complaints	3 – New Food Complaints received: - <u>Sweet Corner</u> – Complaint received about food prep worker not washing her hands or wearing gloves while preparing food. Site visit conducted. Reminded her to ensure that hands are properly washed and gloves are worn to prevent the risk of bare hand contact with ready-to-eat food items. - <u>Restaurant Depot</u> – Report of sale of expired lettuce and cucumbers, starting to wilt, etc. Spoke to store manager about complaint. - <u>Panella's</u> – Report of restroom not accessible on site (Out of Order sign.) Spoke to owner about complaint (this is temp. while they repair toilet.) Additional restroom available on site.
Food – Temporary Food Permits	13 – Temp. food event permit applications received/permits issued to: - <u>Center Café (Chef in the House) (x4)</u> – Cooking Demos on Sundays (across from Farmers Market venue.) - <u>B. Good</u> – Geared Up for Kids event at Cutler Lake Park/PTC. - <u>B. Good</u> – End of Year Party @ St. Joseph's School. - <u>A Kids Brain Tumor Care (AKBTC)</u> – Geared Up for Kids event @ Cutler Lake

	Park/PTC. - <u>St. Joseph's School</u> – St. Joseph's Field Day. - <u>Boy Scout Troop 10</u> – Eagle Court of Honor Event @ Powers Hall. - <u>Sweet Tomatoes Pizza Truck</u> – Newman School Picnic. - <u>Sweet Tomatoes Pizza Truck</u> – Needham Pool and Racquet Club event. - <u>Charles River YMCA</u> – July 4th Road Race @ Episcopal Church. - <u>Needham Exchange Club</u> – July 4th Celebration @ Memorial Park.
Food – Plan Reviews	6 – Food Permit Plan Reviews: - <u>Samosaman Exotic Foods</u> – Farmers Market permit application review (still in process.) - <u>Rebecca's Café (Olin College Kitchen)</u> – Change of owner. Food permit plan review conducted. - <u>YMCA Camp</u> – Conducted a plan review for satellite feeding site permit for seasonal camp. (Using same permitted space as existing Afterschool Program.) - <u>#147 Parker Rd. (Residential Kitchen)</u> – Reviewed food permit plan review packet for new residential kitchen permit. Approved application. - <u>MacArthur Farm</u> – Reviewed permit application for proposal to sell retail food items at the Needham Farmers Market. Worked with the state on this. Approved application. - <u>Rosemary Pool Ice Cream</u> – Retail Food permit.
Food – Pre-operation inspections conducted	7 – Pre-operation inspections conducted for: - <u>Rebecca's Café (Olin College kitchen)</u> – Pre-operation inspection conducted. - <u>#147 Parker Rd. (residential kitchen)</u> – Pre-operation inspection conducted. - <u>Rosemary Pool Ice Cream</u> – Pre-operation inspection. - <u>Sweet Tomatoes Pizza Truck</u> – Pre-operation inspection conducted for temp. food event. - <u>Starbucks Coffee</u> – Pre-operation inspection conducted for renovations that were conducted. - <u>Olin College/Rebecca's Café</u> – Pre-operation inspection conducted for new food service. - <u>Not Your Ave. Joe's</u> – Pre-operation inspection conducted due to smoke from wood-fired pizza oven.
Food – Annual/Seasonal Permits	4 – Annual/Seasonal food service permits issued to: - <u>Rebecca's Café</u> – Annual food permit issued. - <u>YMCA on Charles River St.</u> – For Summer Camp – Satellite food permit issued. - <u>#147 Parker Rd.</u> – Annual residential food permit issued. - <u>Rosemary Pool Ice Cream</u> – For seasonal retail food permit.
Health Matters Articles	3 – Health Matters Articles written on: - Summer Grilling - Lead Safe painting/Powersanding - Demolition Guidelines
Housing – Complaints/Follow-ups	5 – Housing Complaints/Follow-ups: - <u>#210 Hillside Ave., Unit #32</u> – Received complaint of lots of clutter in unit. Inspection conducted. Housing order letter sent. Multiple follow-up site visits conducted. <u>UPDATE</u> – Final inspection conducted. All items addressed. - <u>#321 Hillside Avenue</u> – Still working with owner in addressing the on-going housing concerns. (She is in the process of evicting her tenants.) Landlord reported that the tenants did not show up at the mandatory Housing Court Hearing scheduled on June 9th. Landlord will continue to keep us in the loop on this eviction process. <u>UPDATE</u> – Tenants were evicted on July 21st. Eviction Moving Truck was on site to remove all items. Landlord will need to repair items in house, and she will call us back for a final inspection, prior to re-renting the unit. (Building Dept. will also be present at final insp.) - <u>#348 Manning St.</u> – Received a call from a tenant about housing code violations that she reports her landlord was not addressing for her. Housing

	inspection conducted with Scott Chisholm, Building Dept. electrical inspector. Order letter sent to landlord. <u>UPDATE</u> – Tenant moved out. Owner not re-renting unit. Home to be demolished (pending.) - <u>#51 Pershing Rd.</u> – Received a call from Fire Dept. to come out to site due to housing concerns. Working with owner's health care proxy on getting a signed/dated letter from owner for permission to allow Health and Building Depts. access to conduct an interior housing inspection. Received permission. <u>UPDATE</u> – Inspection conducted with Building Dept. Order letter sent. (In process of working with owner on addressing the items.) - <u>#228 Marked Tree Rd.</u> – Call from Police Dept. Met Building Dept. on site to speak to resident about recent concerns from neighbors. Neighbors called about overgrown yard and pests being present (going into home, etc.). Owner stated that he would submit a copy of a pest control report, and will start calling landscaping companies to trim up the yard.
Nuisance – Complaint	1 – Nuisance Complaint - <u>#238 Chestnut St. (George's Autobody Shop)</u> – Concern from neighbor about paint odors being present in yard from abutting Autobody Paint Shop. Site visit conducted.
Special Permit Plan Reviews (Planning Board)	2 – Special permit plan review comments sent.
Pool Plan Reviews	2 – New Pool plan reviews conducted for: - Wingate (Plan review still in process) - Rosemary Pool (Plan review still in process)
Pool Permit Inspection Conducted	1 – Seasonal Outdoor Pool Permit inspection conducted at: - Rosemary Town Pool
Pool Permit Issued	1 – Seasonal Outdoor renewal permits issued for: - Rosemary Town Pool
Septic – Addition to a Home Plan Reviews	3 – Addition to a Home on a Septic System Plan Reviews conducted for: - <u>#106 Windsor Rd.</u> – Approval letter sent. - <u>#1245 South St.</u> – Approval letter sent. - <u>#1516 Central Ave.</u> – Comments sent. (In process of reviewing plans.)

Septic Certificate of Compliance	1 – Septic Certificate of Compliance issued for: - <u>#102 Pine St.</u> – Issued COC.
Septic – Plan Reviews	3 – Septic Plan Reviews conducted for: - <u>#109 Brookside Rd.</u> – Septic plan approval letter sent. - <u>#1516 Central Ave</u> – Comments sent. (In process of reviewing plans.) - <u>#102 Pine St.</u> - Received septic as-built.
Septic – Title Five Insp. Report - Cond. Pass	1 – Septic Title Five Inspection report received for: - <u>#6 Charles River St.</u> – Title Five inspection report stated it was a ‘Conditional Pass.’ Repairs/upgrades needed to be made in order to be compliant. Letter sent to owner about pumping and abandoning existing cesspool system and starting the septic upgrade process or connecting to the municipal sewer system, if available on the street.
Septic Trench Permit	1 – Septic Trench Permit issued to: - <u>David Atkinson</u> – D.L. Atkinson, Inc. (For job at #1554 Central Ave.)
Septic – Installation Inspections	3 – Installation inspections conducted at: - <u>#102 Pine Street</u> – Conducted septic installation inspections (x3)
Septic – Soil Test	1 – Soil Test conducted at: - <u>#1554 Central Ave.</u>
Tobacco – Complaints	0 –Tobacco Complaints received
Tobacco Insp.	3 – Tobacco follow-up inspections conducted.

Trash – Waste Hauler Truck Inspections	6 – Trash Hauler Truck inspections conducted for: - Volante Farms (1 truck) - Save That Stuff (3 trucks) - Zaccaria (1 truck) - Roy's Recycling (1 truck)
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Yearly

Category	Jul	Au	S	O	N	D	J	F	M	A	Ma	Ju	Yly Tot	FY' 15	FY' 14	Notes/Follow-Up
Biotech	0	0	0	0	0	2	0	0	0	0	0	0	2	2	1	Biotech permits
Bodywork								5	3	3	0	0	11	0	0	Bodywork Estab. Insp.
Bodywork								1	0	2	0	0	3	0	0	Bodywork Estab. Permits
Bodywork								8	0	2	0	0	10	0	0	Bodywork Pract. Permits
Bottling	0	1	0	0	0	0	0	0	0	0	0	0	1	1	3	Bottling Permit insp.
Demo	13	13	16	7	11	11	5	9	8	5	4	8	110	100	117	Demo reviews
Domestic Animal	1	0	0	1	0	1	0	0	0	0	0	13	16	15	14	Animal permits
Food Service	9	10	16	14	13	25	19	17	21	18	17	30	209	220	198	Routine insp.
Food Service	5	2	5	5	1	1	0	2	0	2	5	7	35	26	43	Pre-oper. Insp.
Retail	4	5	7	10	3	5	5	4	11	8	3	6	71	71	69	Routine insp.
Resid. kitchen	0	0	3	0	2	0	1	1	0	0	0	4	11	8	11	Routine insp.
Mobile	1	1	1	0	0	0	0	0	2	0	3	1	9	10	13	Routine insp.
Food Service	2	5	1	8	7	5	0	1	2	3	6	10	50	52	36	Re-insp.
Food Service/Retail	3	1	3	2	1	158	0	3	0	1	2	2	176	170	166	Annual permits
Food Service	5/4	3/0	17/18	9/2	15/0	1/1	3/1	5/0	6/4	4/1	27/19	15/4	107/54	96/44	90/52	Temp. food permits/ Temp. food insp.
Food Service	1/3	0/2	0/3	1/2	0/0	0/0	0/0	0/0	0/0	0/0	6/6	1/0	9/16	18/45	12/18	Farmers Market permits/ Market insp.
Food Service	1/1	2/2	0/0	4/4	0/0	2/2	3/3	0/0	3/3	2/2	1/1	3/3	21/21	17/21	15/16	New Compl/ Follow-ups
Food Service	4	3	1	1	0	1	1	3	3	2	7	6	32	35	28	Plan Reviews

Food Service	0	0	0	0	1	0	0	0	0	1	1	0	3	0	1	Admin. Hearings
Grease/ Septage Haulers	0	0	0	0	15	7	1	0	0	0	1	5	29	25	26	Grease/ Septage Hauler permits
Housing (Chap II Housing)	0/0	0/0	7/0	0/4	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	7/4	7/4	7/0	Annual routine insp./ Follow-up insp.
Housing	2/3	1/1	0/1	4/5	1/3	0/2	0/1	2/3	0/1	4/5	7/7	1/5	18/37	8/10	3/5	New Compl./ Follow-ups
Hotel	0/0	0/0	0/0	0/0	1/0	2/0	0/0	0/0	0/0	0/0	0/0	0/0	3/0	2/0	12/0	Annual insp./Follow-ups
Nuisance	6/6	7/7	2/1	5/4	3/4	2/5	3/4	6/4	4/7	2/4	3/3	1/1	44/50	43/47	42/44	New Compl./ Follow-ups
Pools	0/0	0/0	0/0	0/0	2/0	3/1	0/0	0/0	0/0	0/0	3/2	1/0	9/3	10/7	10/2	Pool insp./follow-ups
Pools	0	0	0	0	0	5	0	0	0	0	3	1	9	10	9	Pool permits
Pools	0	0	0	0	0	0	0	4	1	1	0	2	8	7	1	Pool plan reviews
Pools	0	0	0	0	0	3	0	0	0	0	1	0	4	6	6	Pool variances
Septic	2	0	0	1	1	1	1	0	0	0	2	0	8	9	8	Septic Abandon Forms
Septic	0	0	0	1	0	1	0	1	0	0	3	3	9	10	1	Addition to a home on a septic plan rev/approval
Septic	0	5	0	2	0	2	0	1	1	5	4	3	23	14	23	Install. Insp.
Septic	0	0	0	2	0	0	0	1	0	0	0	0	3	2	0	COC for repairs
Septic	1	0	0	1	0	0	0	0	0	0	0	1	3	0	6	COC for complete septic system
Septic	4	5	4	5	4	3	5	6	4	4	7	10	61	61	63	Info. requests.
Septic	0	0	1	0	3	0	1	0	0	1	1	1	8	3	2	Soil/Perc Test.
Septic	1	0	0	3	0	0	0	1	0	1	0	0	6	4	5	Const. permits
Septic	2	0	0	0	4	1	1	0	0	0	0	1	9	10	9	Installer permits
Septic	2	0	0	1	2	0	1	0	0	0	0	0	6	6	5	Installer Tests
Septic	1	0	0	0	0	0	0	0	0	0	2	0	3	3	4	Deed Restrict.
Septic	2	0	0	1	1	2	2	1	0	0	2	3	14	8	14	Plan reviews
Sharps insp.	0	0	0	0	0	9	1	0	0	0	0	0	10	10	8	Disposal of Sharps insp.
Sharps permits	0	0	0	0	0	9	1	0	0	0	0	0	10	10	8	Disposal of Sharps

																permits
Subdivision	0/0	1/0	0/0	0/0	0/0	0/0	1/0	0/0	0/0	0/0	1/0	0/0	3/0	7/1	6/2	Plan review- Insp. of lots /Bond Releases
Special Permit/ Zoning memos	0	3	1	1	0	0	6	0	2	1	0	2	16	12		Special Permit/ Zoning
Tobacco	0	0	1	0	0	12	0	0	0	0	0	0	13	12	12	Tobacco permits
Tobacco	0/0	2/0	2/0	2/0	5/0	1/0	1/0	2/0	5/0	3/0	1/4	1/3	25/ 7	21/ 2	20/ 21	Routine insp./ Follow- up insp.
Tobacco	0	0	0	12	0	12	0	0	12	12	0	0	48	36	33	Compliance checks
Tobacco	0/0	0/0	0/0	0/0	0/0	2/2	0/0	0/0	0/0	1/1	1/1	0/0	4/4	3/3	2/2	New compl./ Compl. follow-ups
Trash Haulers/ Medical Waste Haulers	0/0	1/0	0/0	1/0	0/1	0/1	0/0	0/0	3/0	0/0	0/0	25/ 0	30/ 2	29/ 2	24/ 2	Trash Hauler permits/ Medical Waste Hauler permits
Wells	1/0	0/0	0/0	0/0	2/0	1/0	0/0	0/0	1/0	0/0	1/0	0/0	6/0	14/ 1	5/8	Permission to drill letters/ Well permits

FY 16 Critical Violations Chart (By Date)

Restaurant	Insp. Date	Critical Violation	Description
Restaurant Depot	8/10/15	- Food Contact surfaces cleaning and sanitizing; - Hand washing – Operation and Maintenance	- Need to provide sufficient hot water at Seafood Dept. 3-Bay sink; - Need to provide sufficient hot water at Seafood Dept. hand washing sink.
Pronti Bistro	8/10/15	- Hand washing – Operation and Maintenance	- Provide working soap dispenser; - Re-fill empty paper towel dispenser at kitchen hand washing sink.
Fuji Steakhouse	8/24/15	- Hand washing – Operation and Maintenance - Conformance with Approved Procedures/HACCP Plan (for Acidified Sushi Rice) - Food Contact surfaces cleaning and sanitizing	- Repair hot water faucet handle at kitchen hand washing sink; - Need to ensure that Sushi pH Log is maintained and entries are made when rice is prepared (Log was not up to date); - Ensure that dish machine reaches a min. temperature of 180 deg F or greater for final hot water sanitizing rinse.
The Center Café	9/15/15	- Separation/Segregation/Protection	- Observed Flies in establishment. Got copies of recent pest control reports. Will monitor.
Gari	10/20/15	- Hand washing – Operation and Maintenance	- Need to provide sufficient hot water at hand washing sinks. Only 99-103 deg F observed. Repaired. Ensure that sushi hand wash sink is easily accessible and used for hand washing only (some items stored in sink.)
Spiga	12/8/15	- Separation/Segregation/Protection	- Observed evidence of pests on site. Got copies of recent pest control reports. Will monitor.
Knowledge of Beginnings	1/12/16	- Hand washing – Operation and Maintenance	- Need to provide sufficient hot water at hand washing sinks. Repaired.
Dunkin Donuts Mini Mart	1/25/16	- Hand washing – Operation and Maintenance	- Need to provide sufficient hot water at hand washing sinks. Only 99-100 deg F observed. Repaired.
Dunkin Donuts	4/28/16	- Hand washing/ 3-Bay sink – Operation and Maintenance	- Need to provide sufficient hot water at hand washing and 3-Bay sinks. Only 88 deg F observed.

(1201 Highland Ave.)			Repaired.
Town House of Pizza	5/9/16	- Hot and Cold holding	- Need to ensure that hot holding temperature is a minimum of 140 deg. F. (Only 108 deg. F observed.) Turned hot-holding unit up.
Dunkin Donuts (260 Chestnut St.)	5/17/16	- Physical Facility	- Need to eliminate fruit flies observed on site. Got copy of pest control service report. Need to clean/maintain floor drains on a more routine service schedule.
Acapulcos Restaurant	5/17/16	- Physical Facility	- Need to eliminate pest evidence observed on site. Got copies of pest control service reports. Require to service 2x/week. Will require owner to forward 2x/week pest reports and weekly cleaning logs to Health Dept.

June, 2016 Monthly Report
Maryanne Dinell- Traveling Meals Program Coordinator

Description	Reason	Notes/Follow-Up (ongoing, completed, etc.)
Month of June, 2016	Clients need help with their daily meals.	51 clients on the Traveling Meals Program 33 Springwell clients 18 private pay clients - Needham residents
850 2- meal packages were delivered in March	21 Clients receive meals 5 times a week 30 Clients receive meals 3 days a week	590 meals delivered to Springwell Clients 260 meal delivered to private pay residents Total # meals delivered 850 @ 5.50 per meal =cost of \$4675.00
2 clients Joined the Program in May	Age related need of the Program	3 clients private pay- all first time on Program
3 clients off Program	2 clients no longer needs program 1 client passed away	

[illegible]

<i>Category</i>		<i>Jul</i>	<i>Au</i>	<i>Sep</i>	<i>Oct</i>	<i>Nov</i>	<i>Dec</i>	<i>Jan</i>	<i>Feb</i>	<i>Mar</i>	<i>Apr</i>	<i>May</i>	<i>Jun</i>	<i>FY '15 Total</i>	<i>FY '16 Total</i>	

Meetings, Events, and Trainings

<i>BI</i>	<i>Type</i>	<i>Description/Highlights/Votes/Etc.</i>	<i>Attendance</i>
Board of Health Meeting		Monthly meeting held at PSAP	9

Donations, Grants, and Other Funding [List any donations received, grants funded, etc. over the past month.]

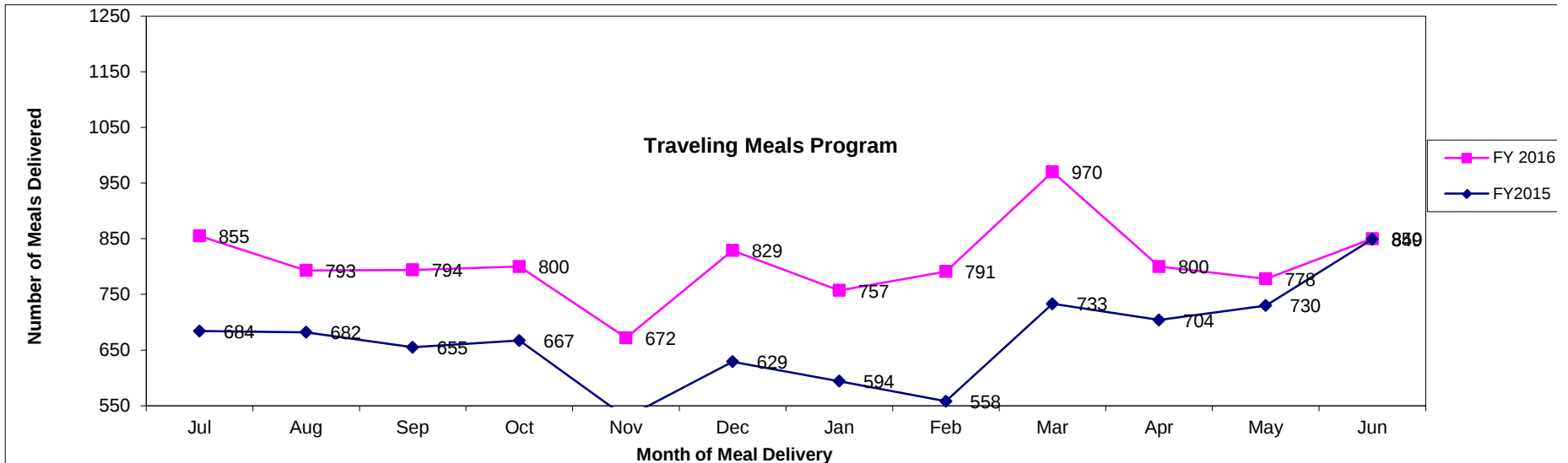
<i>Description</i>	<i>Type (D,G,O)</i>	<i>Amount Given</i>	<i>Source</i>	<i>Notes</i>

Traveling Meals Program

June, 2016 FY 16

Month	# Meals FY2015	# Meals FY2016	FY16 Cost	% Change # Meals
<u>Jul</u>	684	855	\$4,702.50	25%
<u>Aug</u>	682	793	\$4,361.50	16%
<u>Sep</u>	655	794	\$4,367.00	21%
<u>Oct</u>	667	800	\$4,400.00	20%
<u>Nov</u>	529	672	\$3,696.00	27%
<u>Dec</u>	629	829	\$4,559.50	32%
<u>Jan</u>	594	757	\$4,163.50	27%
<u>Feb</u>	558	791	\$4,350.50	42%
<u>Mar</u>	733	970	\$5,335.00	32%
<u>Apr</u>	704	800	\$4,400.00	14%
<u>May</u>	730	778	\$4,279.00	7%
<u>Jun</u>	849	850	\$4,675.00	0%
Totals:	8,014	9,689	53,289.50	

Projected-12 Mo.	
\$	53,289.50
#	9,689



Needham Public Health Department – Nurses Report

Donna Carmichael RN & Alison Paquette RN

COMMUNICABLE DISEASES and Animal Bites NEEDHAM HEALTH DEPARTMENT FISCAL YEAR 2016

DISEASES:	JUL	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	Apr	MAY	JUN	T16	T15	T14
BABESIOSIS													0	3	1
Borrelia Miyamota				1									1	na	na
CAMPYLOBACTER	1	3	2	2		1							9	12	13
CHICKENPOX	3				2		1	2	1				9	6	6
CRYPTOSPORIDIUM													0	0	0
E-Coli													0	0	0
EHRLICHIOSIS/ HGA	1							1					2	2	2
Enterovirus			2	1									3	2	1
GIARDIASIS												1	1	5	2
HEPATITIS B						1			3		1		5	8	6
HEPATITIS C		2		1	1	2	1	3	1		1		12	13	13
Influenza							1	7	39	45	5	5	102	77	54
Legionellosis													0	2	0
Listeriosis							1						1	0	1
LYME	12	13	8	5	3	1	3	2	4		1	6	58	57	80
MEASLES													0	0	0
MENINGITIS													0	0	0
Meningitis(Aseptic)													0	0	0
Mumps									2				2	0	2
Noro Virus		1				1							2	0	0
PERTUSSIS								1					1	1	0
SALMONELLA		1			1		3						5	1	3
SHIGELLOSIS		1							1	1			3	2	1
STREP Group B		1	1							1			3	2	1
STREP (GAS)										1			1	2	0
STREP PNEUMONIAE													0	1	1
TUBERCULOSIS													0	1	0
Latent TB- High Risk									1				1	0	0
Vibrio		1											1	1	2
West Nile virus													0	0	1
TOTAL DISEASES	17	23	13	10	7	6	10	16	52	48	8	12	222	197	190
Revoked Diseases Investigated				1					1	2	1	3	8	7	NA
Contact Investigation													0		
Animal/Human Bites															
DOG			1	1	1			1		1	1	2	8	10	15
CAT												2	2	0	
BAT	1	4											5	5	9
SKUNK												1	1	0	
RACCOON													0	0	1
Fox													0	0	
TOTAL BITES	1	4	1	1	1	0	0	1		1	1		10	18	25

Immunizations	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	FY16	FY15	FY14
B12	2	2	2	3	0	4	1	1	1	3	2	2	23	22	26
Flu (Seasonal)	0	0	0	661	147	8	0	0	0	0	0	0	816	723	1137
Consult	18	24	39	50	75	57	51	58	52	0	25	26	475	390	301
Fire/Police	2	4	1	2	3	2	1	4	7	0	5	9	40	49	36
Schools	0	2	22	10	12	10	5	15	7	0	2	3	88	59	40
Town Agencies	12	8	14	26	32	25	30	22	20	0	15	12	216	125	84
Community Agencies	4	10	8	12	28	20	15	17	18	0	5	2	139	157	141

ASSISTANCE PROGRAMS													FY16	FY15	FY 14
Food Pantry	1	3	2	2	4	4	1	0	0	1	0	3	21	35	42
Food Stamps	0	0	0	1	1	1	2	0	0	0	0	1	6	4	10
Friends	0	0	0	0	0	0		0	1	0	0	0	1 - \$300.00	1- YTD \$25.00	4-YTD \$400.00
Gift of Warmth	0	2	2	2	1	2	1	0	2	3	0	2	YTD 17 \$5189.00	22- YTD \$6133.00	38 – YTD \$11,480
Good Neighbor	0	0	0	0	0	0	3	1	1	0	0	0	5 - \$1448 \$300/fam	6 -\$1650 \$275/Fam	12- \$250./Fam
Park & Rec	0	2	0	0	0	0	0	0	0	0	0	2	4	3	5
RTS	0	0	0	0	0	0	0	0	0	0	0	0	0	1	15
Salvation Army	0	0	0	0	0	0	0	0	0	0	0	0	0	0	YTD-4 \$293.00
Self Help	0	1	2	4	7	4	3	4	2	0	0	0	27	51	50
Water Abatement	0	0	0	0	0	1	0	0	0	0	1	0	2	2	4

Gift of Warmth – 0

Gift Card Donation - 0

WELLNESS Programs
FY16 FY15 FY14

Office Visits	22	35	34	19	39	51	62	44	33	51	27	30	447	287	528
Safte Visits	0	2	2	0	2	0	0	2	0	0	1	1	10	33	17
Clinics	3	5	0	0	1	2	1	3	0	2	9	5	31	34	17
Housing Visit	0	1	1	1	2	0	0	2	0	0	1	0	8	27	11
Housing Call	0	8	12	16	18	5	1	6	2	0	2	0	70	186	57
Camps-summer	15	5	20	0	0	0	0	4	2	3	8	15	72	63	29
Tanning Insp	0	0	0	0	0	0	0	0	0	0	0	0	0	2	5
Articles	1	0	1	0	0	0	0	0	0	0	0	0	2	8	3
Presentations	1	0	0	1	0	0	0	0	0	0	0	0	2	2	4
Cable	1	0	0	0	0	0	0	0	0	0	0	0	1	4	6

EMPLOYEE WELLNESS	July	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE	FY16	FY15	FY14
BP/WELLNESS - DPW/RTS	9	0	12	12	15	14	16	15	17	0	0	10	120	137	147
FLU VACCINE	0	0	0	73	12	2	0	0	0	0	0	0	87	52	52
CPR/AED INSTRUCTION	0	0	10	7	0	0	0	0	9	0	0	0	26	29	23
SMOKING Education	1	0	0	1	2	1	2	2	1	0	0	1	9	8	9
HEALTH ED Tick Borne	20	20	0	10	7	0	0	0	0	0	0	10	67	102	94
HEALTH ED Mosquito Borne	20	20	0	0	0	0	25	12	5	0	0	10	80	90	29
HEALTH ED FLU	0	0	50	200	32	15	10	0	20	0	0	0	327	221	132
FIRST AIDE	5	3	4	6	5	2	2	3	3	0	0	1	34	29	66
GENERAL HEALTH EDUCATION	10	12	20	25	50	10	15	10	28	0	0	8	188	230	157
Police weights	0	0	0	0	10	7	0	1	1	0	10	4	33	34	31
TOTAL EMPLOYEE CONTACTS	85	75	96	334	136	51	70	43	84	0	10	44	1028	981	825

Emergency Planning

NC7 Meeting – Dedham

MRC training in Needham by MDPH on Vector Borne Diseases including Zika – 30 members

Emergency Response with House Fire – worked with Red Cross as well as provided for one night shelter at the Residence Inn

Meetings, Events, and Trainings

<i>Title</i>	<i>Description/Highlights/Votes/Etc.</i>
BOH Meeting	Staff Update
Webinar	VFC/ Immunization update and recertification
Meet and Greet	Human Resource Director Rachel Glisper presented and introduced staff
MAPHN Meeting	Monthly Meeting TB updates
Staff Meeting	Staff updates and meeting new team members
Infection Control Meeting NW Hospital	Annual infection Control and updates with Newton Wellesley Hospital
Conference Call	Updates from Commissioner Bharel's quarterly conference call

Needham Health Department

Catherine Delano, Senior Substance Use Prevention Program Coordinator

June 2016 Monthly Report

Section 1: Summary

The month of June was my first month full time. I continued to spend time learning about my responsibilities and reading about grant information. I focused on finishing the logic model for DFC as well as learning about and implementing the DFC budget. Additionally, I continued work on the “drugged driving” campaign with Tom Lyons.

Section 2: Activities

<i>Activity</i>	<i>Notes</i>
Supervised intern – Angela Giordano	
Poster Campaign	Updated posters and submitted one weekly during the month of June to be advertised in the local newspaper
Budget	Worked further on budget for DFC which will be completed by early July
Logic Model	Finished Logic model and sent to Epiphany to upload onto the Reach system
MetroWest optional questions	Continued the conversation with Shari and Carol in an attempt to get more questions on our bi-annual survey, specifically around marijuana, edibles, and access.
Article on Synthetic Drugs	Worked with Angela to create an article about the facts of synthetic drugs and what Needham has done and plans to do around this

Section 3: Meetings & Conferences

<i>Title</i>	<i>Description</i>	<i>Attendance</i>
Needham Domestic Violence Action Committee Meeting	Attended this meeting to meet introduce myself to the committee and to learn more about what the committee does	9
DFC Conference Call	Bi-monthly call with metrowest DFC grantees. Call is used as for town updates and collaboration.	8
Tom Lyons (x2)	Tom and I continue to collaborate on our drugged	2

	driving campaign	
Call with Kelli Keck		3
Interfaith Clergy Association	Met with Clergy to discuss a potential marijuana forum this fall	~10
Met with Kerrie Attwood	Met with the social worker at the council on aging to discuss a presentation that I will do in September to Older Adults and Substance Use	2
Midpoint review with Angela	Met with Angela to discuss her projects and time at the Division of Public Health and to update her with new projects	2

Needham Health Department

Karen Shannon and Monica De Winter, Program Support Assistants
June 2016 Monthly Report

Section 1: Summary

During the month of June we scripted and began coordinating logistics for the third installment and final installment of public service videos. The video will highlight the importance of good communication throughout the tween and teenage years. The video will feature experienced parents of adult teenagers and their lessons learned and it is to be filmed end of July timeframe. Also, we have continued the process of completing our Logic Model as mandated by the Drug Free Communities (DFC) grant.

Section 2: Activities

<i>Activity</i>	<i>Notes</i>
SALSA coordinator	Met NHS SALSA students at NHS and fed them pizza lunch. Accompanied them to the Pollard Middle School to teach the 8 th grade wellness class a SALSA session. Took a group photo of the SALSA leaders for Karen Mullen. Served as chaperone.
Public Service Videos	Collaborated with Karen Mullen and Angela Giordano in brainstorming the third and final PSA installment. "I Wish Had Known" will communicate importance of solid communication with your tween as gleaned from experience of 4 parents who have "been through it" with their teenage and adult children. Work with Marc Mandel video recording date options. Developed talking points for the 4 interviewees.
NCYSAP Coalition list compilation	Used Constant Contact list and current listings used by Carol Read and merged. Began process of importing this Excel list to Outlook to have a master list
Logic Model Meetings	Continued process of completing our Logic Model with Catherine Delano
Needham Parents Care Logo	Worked with Catherine Delano and Karen Shannon to develop a logo for Needham Parents Care

REACH software	Printed out DFC related staff monthly reports for February 2015 through May 2016 to be prepared to enter data into the REACH software
FFR	Researched how to file FFR (the quarterly Federal Financial Report of cash transaction) which is due 7/30/16. Set up a meeting for Catherine Delano to meet with Michelle, town accountant, to complete FFR

Section 3: Meetings & Conferences

<i>Title</i>	<i>Description</i>	<i>Attendance</i>
Monthly District Attorney Coalition meeting	Norfolk County substance abuse coalition meetings meet monthly. Facilitated by Asst. D.A. Jennifer Rowe	50
Building Coalition Capacity and Infrastructure	By Community Health Training Institute	45
Coalition Sustainability and Resource Planning	By Community Health Training Institute	40
Kelli Keck conference call	Continuing to learn the REACH software system for evaluation purposes. Reviewed how accomplishments and outputs translate into a usable report for DFCMe system	4

Substance Abuse Prevention and Education ~ Initiative Highlights Needham NPHD, NCYSAP and SAPC* ~ June 2016

SAPC grant collaboration with the towns of Dedham, Needham, Norwood and Westwood.

SAPC grant ~

Town coalition meeting attendance: Dedham Coalition for Prevention- June 7th Westwood Cares- June 8th

Attend monthly coalition meetings to present SAPC program updates and provide technical assistance related to coalition capacity building, organizational structure and prevention strategies. Share educational resources to support residents with substance use issues and mental health conditions.

Parent Survey initiatives- Coordinate parent surveys to identify parent perceptions, attitudes and behaviors related to youth substance use, family management and community norms for Impact Norwood and Westwood Cares edited by Rachel Massar, consultant. Review Needham survey with Public Health Directors to finalize town specific surveys. Share press release templates and communication strategies. Monitor response rates to promote equity on grade level responses. Westwood final response rate 604- *survey closed*. Norwood final response rate 417- *survey closed* Final reports pending.

Strategic Planning meetings:

SAPC Leadership Team: Monthly planning meeting- June 13th

Review and discussion of evidence based and best practice strategies for SAPC Logic Model and final Strategic Plan Report to be submitted June 17th. Final review of Norwood and Westwood parent survey initiatives and summer meeting schedule. Cathy Cardinale Dedham, Tim McDonald, Needham, Linda Shea, Westwood, Sigalle Reiss, Norwood, Public Health nurses Donna Carmichael, Karen Regan and Jessica Gardner.

SAPC Strategic Plan- Written and Submitted on June 17th for review and approval to MA-DPH BSAS Amal Marks, Grant Manager. Technical Assistance Tracy Desovich, MPH, MassTAPP Content included:

Needham SAPC Strategic Plan, four regional meeting PowerPoint presentations and the IV prioritization survey report created to inform the strategic planning process.

1. Needham SAPC Strategic Plan *dated 6-17-2016*
2. Survey Monkey SAPC report
3. Regional meeting presentation October 29, 2015
4. Regional Meeting presentation January 28, 2016
5. Regional Meeting presentation March 31, 2016
6. Regional meeting presentation May 24, 2016

Needham Public Health initiatives:

Community Crisis Intervention Team (CCIT) Coordinate inaugural meeting plan with Lt. Chris Baker. Outreach and consultation with Tracy Zitoli, LICSW Riverside Community Care Emergency Services team leader- Community Liaison. Donna Carmichael, Catherine Delano and Tim McDonald.

Resident Support- Respond to calls related to mental health conditions and/substance use disorder educational resources. Referral to counseling, assessment, treatment and recovery resources. 2 Needham adult requests

CDC initiative- Webinar June 24th CADCA facilitators Dave Shavel and Sharon O-Hara. Collaboration on dissemination program structure, feedback on the CDC dissemination report and participation as a public health representative in a panel presentation at the CADCA Mid- Year July 2016.

Overview: *The Centers for Disease Control and Prevention has contracted with ChangeLab Solutions, who in turn has contracted with CADCA to disseminate the CDC's "Prevention Status Reports" on "Excessive Alcohol Use" (PSR's on EAU) to states, coalitions and communities across the country. The objectives of the dissemination effort are to empower and support coalitions to: raise awareness of the problem of Excessive Alcohol Use in communities, provide information to key stakeholders about the evidence-based strategies that can be used to address this problem, create a "readiness for action" among the stakeholders and provide resources for additional information. **Webinar Power Point attached.***

Webinars:

MassTAPP- June 30th *Communications Planning: integrating the MassTAPP on-line tool kit into coalition prevention work.* Facilitated by Kim Netter, public health strategy implementation. Lauren Gilman, Director MassTAPP. Fernando Perfas, Assistant Director of Prevention MA-DPH BSAS

Meetings:

Needham Interfaith Clergy Association: June 14th Ramin Abrishamian, President. Rep. Denise Garlik and clergy members. Request for resources and information on marijuana access, health impacts and strategies to inform congregation members on pending legalization referendum. St. Joseph Parish Rectory Collaboration on a community education forum September 22nd Powers Hall.

Needham Public Health Department (NPHD) - June 14th Brown Bag Bonding- Staff lunch

Board of Health- June 17th Public Health Department staff reports- Regulation reviews

Needham Coalition for Suicide Prevention- June 20th Beth Pinals, Ph.D.

NPHD Staff Meeting- June 23rd Staff program information sharing and strategic planning.

Needham capacity- June 24th Young adult Former RADD- SALSA leader, 2014 NHS graduate.

*SAPC technical assistance calls, coordinator meetings, budget consultation with BSAS Grant Manager and compliance related to the SAPC grant program are documented in the BSAS-SAPC quarterly reports.

Prevention Status Reports (PSRs) on Excessive Alcohol Use (EAU)

Expert Panel Virtual Meeting #3

Date: Friday, June 24, 2016

Dial-In Number: 1-800-250-3900 | PIN: 3847582#

Introductions – Expert Panel

Coalitions

Tammy Rubio, Executive Director Community Coalitions of Idaho Hayden Lake, ID

Claudia Kasten, Chair, Stand Strong Coalition, Vernon Hills, IL

Virgil Boysaw Jr., Drug Free Community Coordinator Cecil County Coalition, Cecil County, MD

Maggie Anderson, Project Coordinator and ***Sue Mendive***, Volunteer, Lincoln County Unite for Youth Libby, MT

Carol Read, Substance Abuse Prevention Coordinator, Needham Prevention Coalition Needham, MA

Holly Carter, Prevention Specialist, The Buncombe County Partnership for Drug Free Youth, Asheville, NC

NPNs

Gail Taylor, Prevention Services Manager , Virginia Department of Behavioral Health and Developmental Services

Michelle Nienhius, Prevention Consultant – Division of Program Accountability, South Carolina Department of Alcohol & Other Drug Abuse Services

Al Fredrickson, Senior Prevention SAPT Consultant, Minnesota Department of Health and Human Services Alcohol and Drug Abuse Division

Daniel Highley and Sarah Mariani Behavioral Health Administrator – Division of Behavioral Health and Recovery Washington State Department of Social and Health Services

Introductions – CADCA Staff



Project Management Team

Kareemah Abdullah

Ashley Evans

Dave Shavel

Sharon O'hara

Communications Team

Jessica Joisten, Director

Victoria Carlborg, Senior Assoc.

Webinar #3 Agenda

- 1. Welcome and Introductions**
- 2. Review of efforts-to-date**
- 3. Discuss New PSR Format and Feedback**
 - Sabrina Adler, Senior Staff Attorney, ChangeLab Solutions**
- 4. Review Draft Dissemination Report**
- 3. Discussion of contents of Coalition “Toolkit”**
- 4. Next Steps**

Webinar #1:

Focus on Key Stakeholders

1. Which target audiences (state and community level) should be prioritized?
2. Which CADCA Dissemination tools would be helpful?
3. What information, resources and support can CADCA provide to coalitions to support their dissemination to the prioritized target audiences?

Webinar #2 Review:

Focus on PSR Strategies

1. Discuss each strategy and implications for dissemination.
 - Commercial Host Liability
 - Alcohol Taxes
 - Alcohol Outlet Density
2. Identify who would be key target audiences for each strategy.
3. What information, resources and support can CADCA provide to coalitions to support their dissemination to the prioritized target audiences for each strategy?

Discuss New PSR Format and Feedback

Sabrina Adler, Senior Staff Attorney, ChangeLab Solutions



Sabrina Adler, JD

As senior staff attorney, Sabrina works primarily on legal and policy issues related to school foods and food marketing to children. Before joining ChangeLab Solutions, she was a staff attorney at the Child Care Law Center, where she assisted legal aid attorneys with child care cases and did policy work on health and obesity prevention in the child care setting, due process protections for parents with child care subsidies, and child care licensing standards. In addition, she received a Skadden Foundation Fellowship to found the San Francisco Medical-Legal Partnership (a collaboration between Bay Area Legal Aid and San Francisco General Hospital), in which she provided direct legal services to low-income pediatric patients and their families. Her practice included advocacy in the areas of housing, health, public benefits, disability, education, and family law. Sabrina graduated from Brown University (magna cum laude) and Stanford Law School.

Discuss New PSR Format and Feedback

Prevention Status Reports

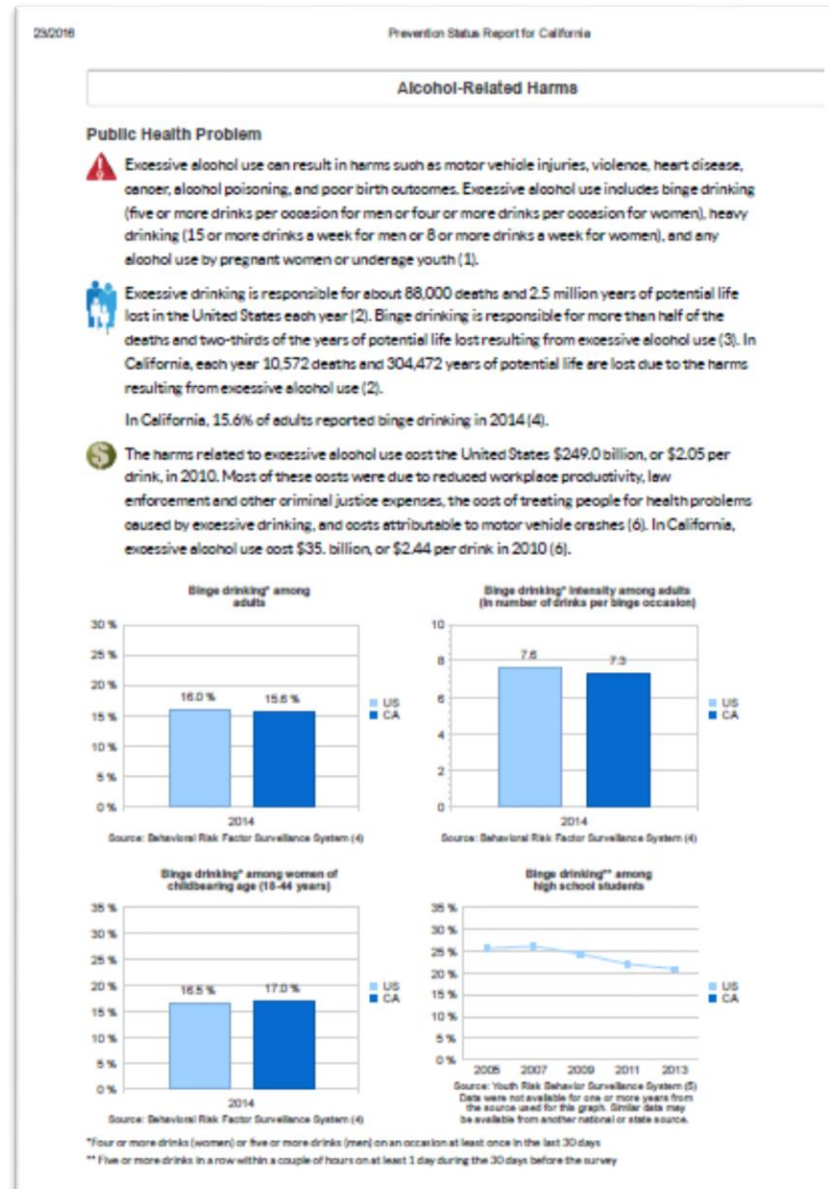
The screenshot displays the 'STLT Gateway' website for 'PSR Prevention Status Reports'. The left sidebar contains a navigation menu with links: 'PSRs', 'About the PSRs', 'View PSRs by State', 'View National Summary', 'FAQs', 'Quick Start Guide', and 'PSR 2013'. Below this is a 'Need Assistance?' section with contact information for 'perinfo@cdc.gov' and an email subscription form. The main content area features a header with social media icons and a description of PSRs. It includes a row of icons for various health topics: Alcohol-Related Harms, Food Safety, Healthcare-Associated Infections, Heart Disease and Stroke, HIV, Motor Vehicle Injuries, Nutrition, Physical Activity, and Obesity, Prescription Drug Overdose, Teen Pregnancy, and Tobacco Use. A 'View Reports by State' section contains a map of the United States with state abbreviations. A vertical list of state abbreviations is on the right side of the map. At the bottom, there is a 'Select a State' dropdown menu and a 'Go' button. The CDC logo is in the bottom right corner.

<https://www.cdc.gov/psr/>

Discuss New PSR Format and Feedback

Alcohol Related Harms

California Report page 5



Discuss New PSR Format and Feedback

Status of Policy and Practice Solutions

California Report pages 8 - 10

6/23/2016

Prevention Status Report for California

Status of Policy and Practice Solutions

State beer excise tax

The excise tax rate, in dollars per gallon, imposed by the state on beer containing 5% alcohol by volume. State beer excise tax does not include any additional taxes, such as those based on price rather than volume (e.g., ad valorem or sales taxes) that states have implemented at the wholesale or retail level.

As of January 1, 2014, California's excise tax per gallon of beer was \$0.20 (12).

Rating	State beer excise tax
Green	≥\$1.00 per gallon
Yellow	\$0.50-\$0.99 per gallon
Red	<\$0.50 per gallon

Community Preventive Services Task Force recommendation: Increase alcohol taxes (7). Studies show that a 10% increase in the price of beer would likely reduce beer consumption by approximately 5% (7). Doubling alcohol taxes could reduce alcohol-related mortality by an average of 35% (13).

How This Rating Was Determined

Data on state beer excise taxes were obtained from the Alcohol Policy Information System (12). As of January 1, 2014, state beer excise taxes ranged from \$0.02 to \$1.29 per gallon across states for which data were available. This rating reflects where the state's tax fell within this range. For states with different tax rates for off-premises (e.g., liquor stores) and on-premises (e.g., restaurants) retailers, the off-premises tax rate was reported.

State distilled spirits excise tax

The excise tax rate, in dollars per gallon, imposed by the state on distilled spirits containing 40% alcohol by volume. State distilled spirits excise tax does not include any additional taxes, such as those based on price rather than volume (e.g., ad valorem or sales taxes) that states have implemented at the wholesale or retail level.

As of January 1, 2014, California's excise tax per gallon of distilled spirits was \$3.30 (14).

Rating	State distilled spirits excise tax
Green	≥\$8.00 per gallon
Yellow	\$4.00-\$7.99 per gallon
Red	<\$4.00 per gallon

Community Preventive Services Task Force recommendation: Increase alcohol taxes (7). Studies show that a 10% increase in the price of distilled spirits would likely reduce distilled spirits consumption by approximately 8% (7). Doubling alcohol taxes could reduce alcohol-related mortality by an average of 35% (13).

How This Rating Was Determined

Data on state distilled spirits excise taxes were obtained from the Alcohol Policy Information System (14). As of January 1, 2014, state distilled spirits excise taxes ranged from \$1.50 to \$14.25 per gallon across states for which data were available. This rating reflects where the state's tax fell within this range. For states with different tax rates for off-premises (e.g., liquor stores) and on-premises (e.g., restaurants) retailers, the off-premises tax rate was reported.

State wine excise tax

The excise tax rate, in dollars per gallon, imposed by the state on wine containing 12% alcohol by

<http://www.cdc.gov/prevention/PSR/Report.aspx>

8/83

Prevention Status Report Users' Guide - FAQ

Commercial Host (Dram Shop) Liability

Prevention Status Report Users' Guide

Commercial Host (Dram Shop) Liability

I. Introduction to Commercial Host (Dram Shop) Liability

What are commercial host liability laws (also known as dram shop liability laws)?

Commercial host (dram shop) liability laws hold an alcohol retailer responsible when a third party is injured or harmed (e.g., a death resulting from an alcohol-related car crash) by a patron to whom the retailer illegally served or sold alcohol (because the patron was visibly intoxicated or underage).¹ In states where commercial host liability policies are in place, the injured third party can file a lawsuit in court to recover damages both from the patron who caused the injury and from the retailer who illegally served or sold alcohol to the patron. In states that have adopted this policy, both on-premises (e.g., bars and restaurants) and off-premises (e.g., liquor stores and grocery stores) establishments may be held liable, depending on state law.

How does commercial host liability work as a prevention strategy? Why would permitting lawsuits against alcohol retailers who illegally serve underage persons or intoxicated adults reduce excessive alcohol use and alcohol-related problems?

The Guide to Community Preventive Services developed the following analytic model for describing how this prevention strategy works²:



As described in the model, commercial host liability is an effective deterrence strategy for reducing alcohol-related problems. In states with a commercial host liability policy, retailers who illegally sell or serve alcohol to underage persons or visibly intoxicated adults risk major lawsuits that may harm or even force the closure of their businesses. The retailers' perception of risk increases the likelihood that retailers will implement preventive strategies to reduce illegal service, such as by adopting Responsible Beverage Service (RBS) policies and training. Preventive actions by retailers reduce excessive drinking, which in turn reduces adverse public

Infographic

Commercial Host (Dram Shop) Liability



Resource Guide

Commercial Host (Dram Shop) Liability

Commercial Host Liability Resources: Links

Commercial Host Liability Policy

CDC's Prevention Status Reports: Excessive Alcohol Use

<http://www.cdc.gov/psr/alcohol/index.html>

Guide to Community Preventive Services Systematic Review and Community Preventive Services Task Force Recommendation

Findings and Recommendations:

<http://www.thecommunityguide.org/alcohol/dramshop.html>

[http://www.thecommunityguide.org/library/Dram%20Shop_Overservice%20recommendations.p
df](http://www.thecommunityguide.org/library/Dram%20Shop_Overservice%20recommendations.pdf)

Research article:

[http://www.thecommunityguide.org/library/Dram%20Shop_Overservice%20evidence%20revie
w.pdf](http://www.thecommunityguide.org/library/Dram%20Shop_Overservice%20evidence%20review.pdf)

Report to Congress on the Prevention and Reduction of Underage Drinking (prepared by the U.S. Department of Health and Human Resources)

Summary of Commercial Host Liability laws (for service to underage people only) across the 50 states:

[https://www.stopalcoholabuse.gov/media/ReportToCongress/2013/profile_summaries/14_dram
shop_liability.pdf](https://www.stopalcoholabuse.gov/media/ReportToCongress/2013/profile_summaries/14_dram_shop_liability.pdf)

State reports (includes status of Commercial Host Liability for service to underage people by state):

<https://www.stopalcoholabuse.gov/resources/reporttocongress/RTC2013.aspx>

Journal article entitled: *Commercial host (dram shop) liability: current status and trends* (abstract only):

<http://www.sciencedirect.com/science/article/pii/S0749379713003346>

Excessive Drinking:

CDC Resources

<http://www.cdc.gov/alcohol/>

Includes the following:

- FAQs
- Public Health surveillance
- Fact sheets
- About CDC's Alcohol Program
- Other resources

Discuss New PSR Format and Feedback

CDC / ChangeLab materials include:

- Resource Guide
- FAQ
- Infographic

For the following strategies:

- Dram Shop
- Tax
- Outlet Density

Discuss New PSR Format and Feedback

To facilitate feedback we will:

- Provide the draft versions of the CDC/ChangeLab Materials
- Provide an updated draft of Dissemination Report
- Provide a questionnaire for each Expert Panel Member to complete
- Expert Panel members return completed questionnaires by Friday, July 8, 2016

Questions / Comments



Dissemination Report

- I. Executive Summary
- II. Purpose of the Dissemination Report
- III. Background
- IV. Analysis of target audiences and dissemination
- V. Unique considerations for each CDC Strategy
- VI. Recommendations and Next Steps
- VII. Acknowledgements
- VIII. References
- VIII. Appendices

Dissemination Report Discussion

Analysis Section

Key Target Audiences – best ways to disseminate to each audience

- State-level

- Community-level

- Coalitions

CADCA Dissemination Methods

- Method Descriptions – briefly describe each method and potential use for dissemination

- Advantages / Disadvantages for Dissemination of PSR's

Usability of the PSR's / User Guides

- Content TBD – to be written after the CADCA Mid-Year Meeting

Unique considerations for each CDC Strategy

- Raising Alcohol Taxes

- Commercial Host Liability

- Alcohol Outlet Density

Dissemination Report Discussion

Analysis Section

Key Target Audiences – best ways to disseminate to each audience

State-level

Community-level

Coalitions

Discussion:

- What needs clarification?
- What information is missing?
- What recommendations can be made?

Dissemination Report Discussion

Analysis Section

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Dissemination Report Discussion

Analysis Section

Unique considerations for each CDC Strategy

Raising Alcohol Taxes

Commercial Host Liability

Alcohol Outlet Density

Discussion:

- What needs clarification?
- What information is missing?
- What recommendations can be made?

Support for Coalitions - Coalition Policy Toolkit

Create a **Coalition Policy Toolkit** which includes:

- Fiscal Impact Statements including cost of the problem and cost / benefit of proposed solutions
- Calculator for determine cost benefit of the three strategies
- Sample emails, letters to legislators or specific audience
- CDC and ChangeLab Tools
- Local data and/or sources of local data
- “Scenarios” for connecting with specific sectors
- Sample Op-Eds and press releases
- Talking points for specific target audiences within the community

Support for Coalitions - Coalition Policy Toolkit

In developing a Coalition Policy Toolkit – what unique tools should be provided for each strategy?

- Commercial Host Liability
- Alcohol Taxes
- Alcohol Outlet Density

Upcoming Events

Event/Action	Date	Location
✓ Expert Panel Webinar #1	April 29, 2016 1:00pm EST	Online Skype Meeting
✓ Gather Information from Panel Members	May 2016	
✓ Expert Panel Webinar #2	May 20, 2016 1:00pm EST	Online Skype Meeting
Expert Panel Webinar #3	June 24, 2016 1:00pm EST	Online Skype Meeting
Feedback Due from Expert Panel on PSR's and Draft Dissemination Report	July 8, 2016	Send to Dave and Ashley
Expert Panel Convening & Prevention Status Report Training at CADCA's Mid-Year Training Institute (MYTI)	July 18-21, 2016	Las Vegas, NV
Finalize Feedback from MYTI	August 2016	
Deliver Training to Communities	August 26, 2016 1:00pm EST	Online Skype Meeting

Contact Us

Support	Who	Contact Information
Training Logistics	Ashley Evans Projects Coordinator	aevans@cadca.org 703-706-0560 ext. 283
Project Administration & Executive Oversight	Kareemah Abdullah Project Director	kabdullah@cadca.org
Materials Development Subject Matter Expert	Dave Shavel Project Manager	dshavel@cadca.org



Thank You!

Why Now?

- ❑ Over thirty other communities in Massachusetts have banned plastic bags including Wellesley, Newton, and Brookline.
- ❑ Brookline estimates one million bags have been removed from their municipal waste.
- ❑ Needham has been a leader in multiple green initiatives and this would be a logical next step.
- ❑ The only way of enacting true change is to start small and banning plastic bags is our way of doing this.

About us

We are Needham High School students determined to help our environment. Banning plastic bags in our hometown is a great way to start. We all use these bags, unthinkingly. We see them cluttered along the sides of the Transfer Station, in the parks and even at times in our own front yards. Yet we don't see the islands of trash in our oceans or the microplastics in our soil. The impact is real, growing and frightening. But there is a solution. And you can help.

Be the change you want to see!

Sign our petition to stop the sale of wasteful and hazardous plastic bags around Needham. Your show of support will allow us to pass this ban like so many towns before us.



Contact us:

Email:

NeedhamPlasticBagBan@gmail.com

Facebook:

[Facebook.com/NeedhamPlasticBagBan](https://www.facebook.com/NeedhamPlasticBagBan)

Online Petition:

[Change.org/p/town-of-needham-single-use-plastic-bag-ban](https://change.org/p/town-of-needham-single-use-plastic-bag-ban)

Needham Single-Use Plastic Bag Ban



The Plastic Bag Problem

America uses over **100 billion single-use plastic bags** annually. Plastic bags are an unnecessary environmental hazard, cause multiple health concerns, and are economically costly to the town. These bags are light enough so the wind is able to blow them out of waste facilities littering our environment. The bags then slowly break down into dangerous microplastics which seep into the soil and in turn the entire ecosystem. Microplastics have been linked to birth defects and types of cancers.



Facts about Plastic Bags

- ❑ Plastic bags reduce the revenue generated by Needham selling its recyclables - bags jam recycling machines so Needham is paid less.
- ❑ 70% of all ocean pollution is plastics and bags make up 19% of that. Marine life mistakenly eats or get tangled by these plastics
- ❑ There are 'islands' of trash in the Pacific Ocean in an area the size of Texas - *floating* pollution is 90% plastics, the most common of which are plastic bags.
- ❑ Over one trillion plastic bags are used annually worldwide.
- ❑ Over thirteen countries have already made bans or other laws against plastic bags.

Needham's Ban would:

- Prohibit the distribution of plastic bags less than 4 mils in thickness
- Give businesses a time period between six months to a year to adjust to the ban
- Require that paper bags be completely biodegradable and made out of 100% recyclable materials
- Exempt thin-film plastic bags without handles such as newspaper, laundry, produce, meat, and bulk foods bags
- Give the Health Department the authority to administer and enforce the ban with fines that would increase after each offense



Alternatives to Plastic Bags

- Decline a bag when you can carry something in your hand or pocket
- For multiple items, carry reusable bags in your car or purse
- While biodegradable plastic bags exist, these require special handling and are not yet economically viable. Use them as an alternative, but reusable bags are better
- Always request paper over plastic bags



How can I make a difference?

- Sign our petition to help get the ban on the Town Meeting Agenda
- Share our cause and get support



Needham Public Health Department

1471 Highland Avenue, Needham, MA 02492
www.needhamma.gov/health

781-455-7500 ext. 511
781-455-0892 (fax)



Year 2016 Swimming Pool/Special Purpose Pool

FEE: \$240.00 (Annual)

Variance = \$140.00 (new)/\$85.00 (renewal)

Application for: ☒ Swimming Pool ☐ Wading Pool ☐ Special Purpose Pool

(Check one only) ☒ Indoor ☐ Outdoor

Location: 235 Gould Street

Owner/Address: Continental Wingate Devel. Company Phone: (781) 707-9200

Owner Email: dfeldman@wingatehealthcare.com

Contractor/Pool Service contact: Aquaknot Pools, Keith Mulken (781) 335-7705

Certified Pool Operator*: _____ Emer. Phone: () _____ Email: _____

(*PLEASE INCLUDE COPY OF CPO CERTIFICATE → NOTE: Application will not be processed without it.)

Pool Finish: Plaster/pebble free white Length: 32'
(walls and bottom)

Width: 25' Volume: 18,060

Source of Water: _____

Size: Swimming Area (square feet) N/A
Non Swimming Area (square feet) 602
Diving Area (square feet) N/A
Maximum Pool Capacity (persons) 40

Scum Gutter: N/A

Decking Type: Non-Skid Brown Finish Minimum Width: 4'

Number of deck chairs: # _____ (NOTE: Will confirm during pre-operation inspection.)

Mechanical Information: _____

Filters: Type Cartridge - Pentair CCP240
Total Filter Area (square feet) 240
Circulation Rate (g.p.m.) 50
Backwash Rate (g.p.m.) N/A
Turn-Over Rate (hours) 6

Skimmers: Weir Length 8 Number 3
Chlorinator: Type Automatic Salt Generation Capacity 1.45 lbs per 24 hours

Chemical Feeders: Automatic Salt Capacity 1.45 lbs per 24 hours Quantity N/A

UV System? Y ☒ If yes, list name of manufacturer: _____
Date installed: _____

Remarks: _____

REMEMBER - Sketch swimming pool(s) dimensions on the back of sheet including dimensions and depth locations.

Signed: Michael Tomarelli Date: 7/26/16
Print: Michael Tomarelli



NEEDHAM HEALTH DEPARTMENT



Fees:

NEW \$140.00/RENEWAL \$85.00

POOL VARIANCE REQUEST

Name: Continental Wingate Development Company - Wingate at Needham Phase III

Address: 235 Gould Street

City/Town: Needham, MA 02494

Phone Number: (781) 707-9200

Regulation and nature of variance request (please note section):

Regulation: 105 CMR 435.05 (3)

Nature of Request: Variance for projection caused by treadmill in pool.

Reason for Request: The design of the pool at Wingate Needham Phase III includes an exercise treadmill
in the pool.

See attached Continental Wingate Company letter dated 7/22/16 for a complete description of treadmill.

.....

For Health Department use only

Date of site visit if any: _____

Date hearing notice was published: _____

Date hearing was held: _____

Health Department decision: _____

Variance in effect from _____ to _____

Attach all pertinent documents including a copy of the written decision.

July 22, 2016



One Charles River Place
63 Kendrick Street
Needham, MA 02494

781.707.9000 TEL

781.707.9299 FAX

Needham Health Department

1471 Highland Avenue

Needham, MA. 02492

Dear Sir/Madam,

Wingate Residences will offer a complete Wellness program to our residents. Our Aqua Fitness and Wellness Center is an engaging and active lifestyle experience; featuring interactive smart-tech exercise equipment, aqua-aerobics and a lap pool. Spa services including aromatherapy, massage treatments, and a meditation room. Our Fitness Director has a BA in Physical Therapy and has her lifeguard certification. The director will work with each resident and will conduct individualized personal training and customized fitness plans to suite their personal needs.

Example of a day at Aqua Fitness and Wellness Center:

9:00-10:00- Yoga Class

10:30-11:30- Director will work residents developing programs.

1:00-1:45-Hydro Fit Class (water aerobics) (IL)

2:00-2:45- Meditation Class (AL and IL)

3:00-3:45- Hydro Fit Class (AL)

On alternate days we will add Therapeutic sessions using the water treadmill in the Therapy pool. These sessions will be under the supervision of a Licensed Physical Therapist while the resident is on the treadmill. No resident will be allowed to participate in these Therapy sessions without the approval of their primary physician. The Physical Therapist will provide outcome reports to the resident's primary physician as needed or upon request by the doctor.

One of the major benefits of having a water treadmill at the community is its low impact on the body. Water is 790 times more resistant than air in 360 degrees of movement. Energy expelled is 4 times greater in water than in air for the same motion, so walking 1 mile in water is like walking 4 miles on land. Water's buoyancy reduces the patient weight lowering impact on joints. The weight of the water creates hydrostatic pressure that presses on the skin and reduces edema. All of these benefits by just



REAL ESTATE DEVELOPMENT
CONSTRUCTION MANAGEMENT

getting into water. Now add an underwater treadmill that will provide exercise to the muscles that the person will need for day to day life like walking and running. We feel this amenity would be greatly received by the residents within the Wingate community as well as their primary care physicians which will afford their patients low impact cardiovascular training within a controlled environment under the supervision of a physical therapist and personal trainer without having to travel outside their home. The design of the pool was laid out so multiple functions can take place simultaneously. We created a separate area for the treadmill that is accessible using the main stairs. We created a landing area at the bottom of the stairs so a person entering the pool would not interfere with someone in the swimming lane. Once in the therapy area they are isolated from the 2 swimming lanes.

Pool filtration will not be affected as 2 additional floor drains are provided in the therapy area along with wall supply outlets. The treadmill when in the pool fits flush with the bottom so there are no trip hazards. When the treadmill is not in use it will remain in the therapy pool. If the need ever arose it could be easily removed from the pool. All corners of the pool will be rounded so there will not be any 90 degree corners that may pose a potential safety hazard. All pool corner edges will be marked with a 4" stripe of contrasting color to create swimmer awareness.

Based on the information provided Wingate is requesting a variance of Massachusetts pool code 105 CMR 435.00: Minimum Standards for Swimming Pools section 435.05 (3)

Respectfully,



David Feldman

V.P Real Estate

Wingate Developemnt

THREE (3)
EXCERISIZE GRAB RAILS

Wingate Pool

HANDRAILS WITH IN-WALL STEPS
TWO FOUR INCH ANCHORS WITH
BRASS WEDGE ON 8 IN BAR

1. All returns to be installed at
a distance of 20' apart.

2. Tile depth markings on deck
and vertical walls per code 435.12

3. Tile trim marking steps in 4"
wide contrasting color per code
435.12

NO FOUR INCH ANCHORS WITH
BRASS WEDGE ON 8 IN BAR.

ANDICAP LIFT ADA BATTERY OPERATED
COMPLIANT

SAVI LED LIGHT

SAVI LED LIGHT

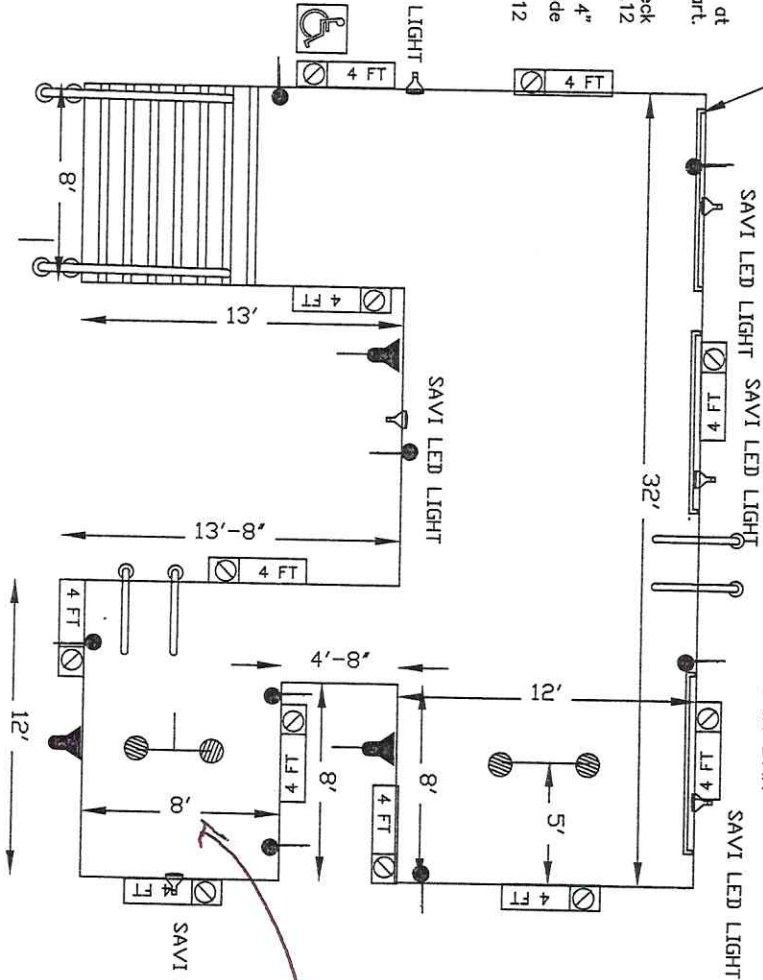
SAVI LED LIGHT

SAVI LED LIGHT

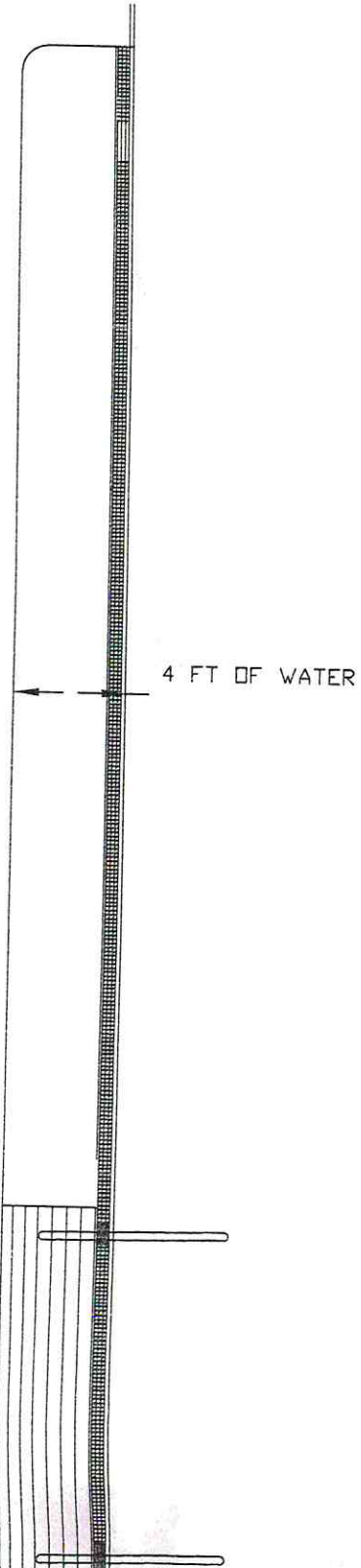
SAVI LED LIGHT

SAVI LED LIGHT

Tree location

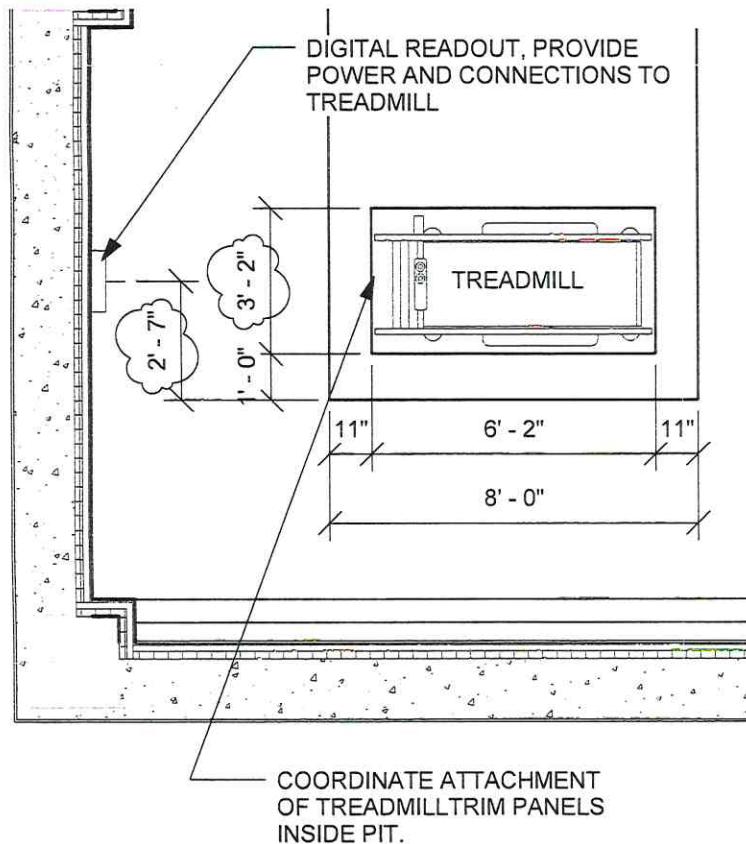


1 POOL AND SPA



ST FLOOR PLAN - ASK 15

	DOOR DETAILS			HARDW ARE	REMARKS
	HEAD	JAMB	SILL		
D	30/A3.50	30/A3.50	11/A3.50	HW-06	PROVIDE LOUVER WITH MIN. 120 SQ. IN. VENTILATION



WINGATE AT NEEDHAM
235 GOULD STREET NEEDHAM, MA

Project:

Title: AQUATIC CENTER UTILITY CLOSET & TREADMILL

Ref Dwg: A7.30

Date: 04/06/16 REVISED 06/23/2016 & 06/29/2016 & 07/07/2016

Project #: 13184

Sheet #:

ASK 15R3

Scale: 1/4" = 1'-0"

tat | the architectural team

50 Commandant's Way T 617.889.4402

at Admiral's Hill F 617.884.4329

Chelsea MA 02150 www.architecturalteam.com

©2014 The Architectural Team, Inc.

10

PART'L ENLARGED BASEMENT FLOOR PLAN - THERAPY POOL

Scale : 1/4" = 1'-0"

Wingate Pool proposal for:

AQUA**GAITER**
by HUDSON Aquatic Systems

- 1 treadmill in pool
- will set directly in pool
- will be flush w/ bottom of pool when not in use.
- It is removable.

AQUAGAITER UNDERWATER TREADMILL SYSTEM

THERAPY | CONDITIONING | WELLNESS



HUDSON
AQUATIC SYSTEMS, LLC
YOUR PARTNER IN AQUATICS

AQUAGAITER UNDERWATER TREADMILL SYSTEM

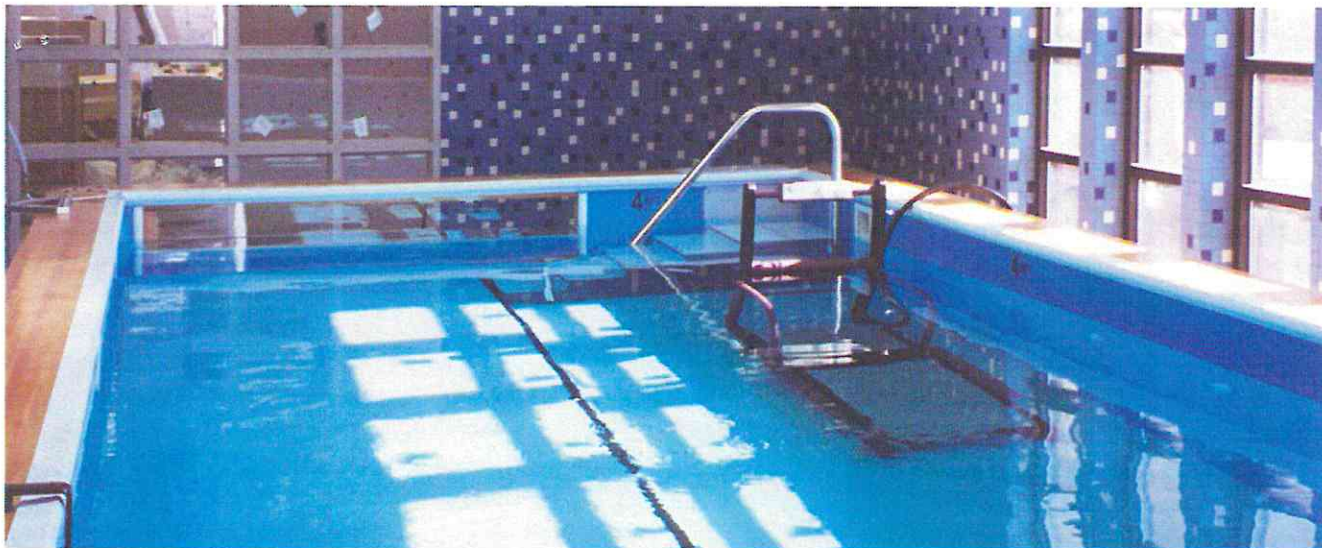
Developed in 1993, the American-made AquaGaiter is an underwater treadmill system that combines traditional treadmill training with the natural properties of water (buoyancy, resistance and hydrostatic pressure) for a rigorous cardiovascular workout with reduced impact and stress on joints.

With two models available (5 HP Heavy Duty and 5 HP High Speed), we have a system to fit your needs. The AquaGaiter features variable speed adjustments from 0.5 mph to 5 mph on the Heavy Duty system and from 0.5 to 7 mph on the High Speed system in 0.1 mph increments.

AquaGaiter is a perfect system for aquatic therapy, conditioning and wellness. Whether a patient needs rehabilitated (surgery, injury, neurological, etc.), is obese, has arthritis or needs conditioning or wellness training, the AquaGaiter is the tool to help them.

The AquaGaiter is the first commercial underwater treadmill of its time, and continues to be the leader in the market. Many have tried to imitate it, but none have been successful in duplicating it. The AquaGaiter stands the test of time with our earliest systems continuing to exceed expectations.





Easily installs into new or existing pools and can transform a traditional swimming or lap pool into an aquatic therapy & conditioning environment.

FEATURES:

- ① Durable Polypropylene Frame Construction
- ② PVC-Monofil Polyester Belt
- ③ Large 22" x 58" Running Surface
- ④ Pneumatic Speed Control
- ⑤ Safety Side Steps and Handrails
- ⑥ Large Digital Wall Display Showing Speed, Time & Distance

Suction Cup Leveling Pads

5 HP Hydraulic Power Pack Standard



AQUAGAITER

by HUDSON Aquatic Systems

UNDERWATER TREADMILL SYSTEM



HUDSON
AQUATIC SYSTEMS, LLC
YOUR PARTNER IN AQUATICS



1100 Wohler St. • Angola, IN 46703 • 888-206-7802
HudsonAquatic.com • info@HudsonAquatic.com

