

NEEDHAM BOARD OF HEALTH
December 12, 2014
MINUTES

PRESENT: Jane Fogg, M.D., Chair, Stephen Epstein, M.D.
Vice-Chair, Edward V. Cosgrove, and Ph.D.
STAFF: Timothy McDonald, Director, Donna Carmichael,
Interim Director, Anne Clark, Tara Gurge,
Maryanne Dinell, Alison Paquette, Carol Read
GUEST: Elizabeth Grimes, Needham Planning Board
CONVENE: 7:00 a.m. - Public Services Administration
Building (PSAB), 500 Dedham Avenue, Needham
MA 02492

DISCUSSION:

I. Call To Order - 7:06 a.m. - Dr. Fogg

II. Approve Minutes:

Upon motion duly made and seconded, the minutes of the BOH meeting of November 14, 2014 were approved as submitted. The motion carried. Unanimous vote.

III. Interim Director's Report - Donna Carmichael

Ms. Carmichael reported that November has been a transition month. Ms. Carmichael reported that she and Director Tim McDonald attended a combined department (Board of Health, Council on Aging, and Needham Youth Services) budget meeting. Ms. Carmichael stated that the goals of each department would be combined and that it would be important for the Public Health Department to really advocate for its goals. Ms. Carmichael also reported that the Flu Clinics and individual Flu Shots by appointment are now being administered in the Public Health Department offices on the 2nd floor of Town Hall. Ms. Carmichael noted that the Friends of the Needham Board of Health and Traveling Meals have donated \$400 in gift cards for local pharmacy's to help pay co-pays for prescription medicine.

IV. Director's Comments - Timothy McDonald

Mr. McDonald stated that he has met with Ms. Carmichael as well as the staff, and that everyone has made his transition painless. He appreciates their work and their welcome.

V. Staff Reports

• **Environmental Health Agents Report - Tara Gurge**

Ms. Gurge presented a brief summary relative to the

request for the release of off street drainage bonds at 9 August Way, lot #6.

Dr. Cosgrove moved to release the bond at 9 August Way, Lot #6, in the amount of \$4000.00. Dr. Epstein seconded the motion. The motion carried. Unanimous vote.

Ms. Gurge presented an update on Food Permit Plan Reviews that were conducted for Home Kitchen and Trip Advisor. Ms. Gurge noted that the Home Kitchen application is still in process, Servsafe pending, also that the Trip Advisor application is still ongoing. Ms. Gurge noted that 2 pre-operation inspections were conducted, for Plates Café, located at 230 First Avenue; a permit has been issued.

Ms. Gurge reported that annual permit renewals are underway and that she has received almost the entire renewal applications/fees. Ms. Gurge noted that she is still waiting for the Septic Installers to come in to take exams.

Ms. Gurge reported on a meeting she attended with Mr. McDonald and the Assistant Town Manager regarding the feasibility to connect to the municipal sewer system. This meeting is relative to a request from Martin Shea, 23 Cheney to connect his property to the Town's sewer system. Mr. Shea feels that it is not feasible to connect his property sewer, which is 380' away. Mr. McDonald added that the town engineer, Tony Delgaizo is working on a sewer connection design plan to help us determine feasibility. Also getting guidance from Mass DEP. A general discussion ensued on estimates and size of lot, which is very close to the proposed Add-a-Lane project. Mr. McDonald noted that a more formal presentation might be presented for the Board's consideration at their next meeting.

- **Traveling Meals Coordinator Report - Maryanne Dinell**

Ms. Dinell presented a brief update on meal deliveries. Ms. Dinell reported on an incident that occurred with a volunteer driver who entered the home of a client in need of medical attention. Ms. Dinell noted that the volunteer driver was informed on correct protocols, which were to not enter the home, and to call 911 and then call Ms. Dinell. Ms. Dinell added that the client was assessed by the Public Health Nurse and encouraged to go to the hospital. Ms. Dinell stated that the client was admitted to the

hospital and was very grateful for the assistance. Ms. Dinell stated that she has sent out a reminder of protocols to all drivers.

Ms. Dinell and the Board discussed whether or not it would be feasible for the drivers to leave meals at the home of clients. After some discussion the general consensus was that meals should never be left overnight and that the meals should not be left in an exposed area. Mr. McDonald and Ms. Dinell noted that drivers would be instructed on the procedure to follow if they were given authorization to leave a meal at the home of a client that did not answer.

- **Substance Abuse Prevention Coordinator – Carol Read**

Ms. Read reported that things are moving forward. SALSA (Students Advocating Life without Substance Abuse) held its first presentation, 13 students spoke to high school students. Ms. Read reported that she had an opportunity to speak with the Needham Public Schools on community initiatives, prevention and getting substance abuse education implemented into the curriculum at the elementary level. Ms. Read spoke about the Middle School Parent Conference on November 22nd. Ms. Read noted that the conference was sold out and that Needham Public Schools Health and Wellness Director Mimi Stamer co-facilitated the conference with her. Ms. Read also noted that there would be not a High School Parent Conference this year. Ms. Read stated that she continues to collaborate with the Norfolk County District Attorney Michael Morrissey and his team on community education, prevention initiatives and collaboration among 25 towns. Ms. Read stated that SALSA Students and RADD students are hosting a Coffee House on Saturday night at the Congregational Church. A general discussion ensued.

- **Public Health Nurses Report – Alison Paquette**

Ms. Paquette presented a brief review on communicable diseases. Dr. Fogg shared that there will be continued testing on Hepatitis B and Hepatitis C. Ms. Paquette noted that Flu Clinic numbers are down from last year. Ms. Paquette added that she would send out a notice on the importance of getting a flu shot. A general discussion ensued on how vaccines are covered from insurance companies.

- **Public Health Program Coordinator Report – Anne Clark**

Ms. Clark reported that she continues to work on the Needham Board of Health, Concussion Prevention, Education and Training, Draft Regulations.

VI. Amend Zoning By-law Update - Needham Planning Board

Ms. Grimes thanked the Board for the opportunity to bring them up to speed on the work the Planning Board is proposing relative to medical marijuana zoning. Ms. Grimes stated that Planning Board is proposing a plan that would allow dispensaries by special permit, pending site plan review, in the industrial-1, Highland commercial 128, and mixed-use 128 districts, subject to certain setback requirements. Ms. Grimes noted that under this plan dispensaries would not be able to open in the same building as daycare centers or other facilities catering to children. Ms. Grimes added that dispensaries would not be able to open within 1000 feet of public or private schools or municipal parks and playgrounds. A general discussion ensued on the proposed locations.

Ms. Grimes noted that this proposal is different because it is expanded, broader and easy to understand than creating an overlay district. Ms. Grimes also noted that this proposal allows for easy access to the highway. Ms. Grimes stated that if the proposal is not put forward, the Town could open itself to a retail distribution center, adding that the Town needs a specific and definitive plan for use. Ms. Grimes stated that she would like the support of Town Boards in preparation for May Town Meeting. A general discussion ensued on the upcoming Public Hearing regarding this matter that would take place in either January or February. A consensus of the Board is to help Ms. Grimes with drafting an easy read on the legislation medical marijuana dispensaries and the Planning Board's proposal. The January Board meeting would include an update on this matter.

The conversation veered to the development of the nine-lot subdivision to be located on Rockwood Lane. Ms. Grimes noted that the developer has complied with the Zoning Board, a noise mitigation plan has been developed and limitations on when blast relative to construction can take place. Ms. Grimes noted that the noise mitigation plan is modeled after Lexington's plan, which is a good comprehensive and well written plan.

VII. Discussion: Concussion Prevention, Education, and Training - Draft Regulations - Donna Carmichael and Anne Clark

Mr. McDonald met with Patty Carey, Director of Park and Recreation, Chris Coleman, Assistant Town Manager and Public Facilities who are suggesting a meeting with the sport leagues before the Public Hearing regarding list of specific areas for input. A general discussion ensued

Next steps would include a Public Hearing on the draft regulations, which would include a list of specific areas of input from the sport leagues. A draft copy of the regulations would go to Town Council for review. A general discussion ensued on speaking points and planning for additional Hearings.

VIII. Presentation and Discussion: Youth Data, Substance Use and Mental Health Indicators – Carol Read

Ms. Read presented data from the 2012 MetroWest Adolescent Health Survey. Ms. Read noted that the data has been tracked since 2006. Ms. Read stated that this data has been shared with the Superintendent, the Town Manager, the Needham Coalition for Youth Substance Abuse Prevention and the Needham Coalition for Suicide Prevention. Ms. Read addressed the matter of prescription drug use numbers at the high school. Ms. Read noted that the district has a lot of work to do. Ms. Read also address the data that outline the number of students who consider suicide after abusing prescription drugs, explaining that the number show that there is an increased risk for students who abuse drugs and or drank alcohol with prescription drugs. Ms. Read stated that it is important to start at a young age to teach strategies and awareness.

Dr. Fogg stated that the Board would need to talk about how to use this information and to report to parents as well as work with the schools.

Adjournment – 9:05 a.m.

Upon motion duly made and seconded, the December 12, 2014 BOH meeting adjourned at 9:05 a.m. The motion carried. Unanimous vote.