

NEEDHAM YOUTH SERVICES

1471 Highland Avenue - Town Hall, Needham, MA 02492

Phone: 781-455-7500 Fax: 781-449-4569

Needhamyouth@needhamma.gov

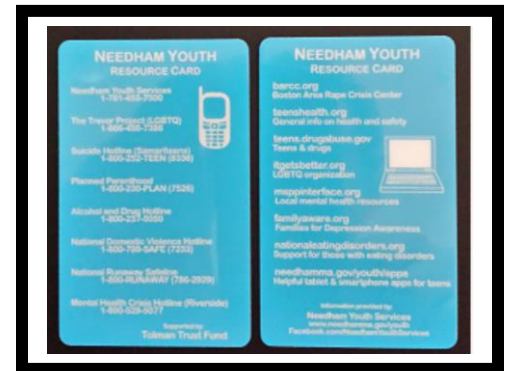
www.needhamma.gov/youth



The **Needham Youth Card** is a “plasticized” wallet-sized card with resources to help youth in unexpected situations and to generally help them stay safe and healthy. Cards are available at no cost at the Youth Services office or by e-mailing us at Needhamyouth@needhamma.gov.

Below is a listing of the resources on the current edition of Needham Youth Cards.

- **Needham Youth Services** 1-781-455-7500
- **The Trevor Project (LGBTQ)** 1-866-488-7386
- **Suicide Hotline (Samariteens)** 1-800-252-TEEN (8336)
- **Planned Parenthood** 1-800-230-PLAN (7526)
- **Alcohol and Drug Hotline** 1-800-237-5050
- **National Domestic Violence Hotline** 1-800-799-SAFE(7233)
- **National Runaway Hotline** 1-800-RUNAWAY (786-2929)
- **Mental Health Crisis Hotline(Riverside)** 1-800-529-5077
- **barcc.org**
 - Boston Area Rape Crisis Center
- **teenshealth.org**
 - General info on health and safety
- **teens.drugabuse.gov**
 - Teens & Drugs
- **itgetsbetter.org**
 - LGBTQ organization
- **msppinterface.org**
 - Local mental health resources
- **familyaware.org**
 - Families for Depression Awareness
- **nationaleatingdisorders.org**
 - Support for those with eating disorders
- **needhamma.gov/youth**
 - Needham Youth Services website



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