

Needham Youth Services

Fall and Winter Programs 2012 / 2013

**Programs for
kids of all ages**

**Trainings for
parents**

**Counseling
Services**

**Workshops
in schools**

**Community
Presentations**



Michelle Butman (Needham Youth Services) and Matt Reilly (UBS Financial Advisors) present the May RAY of Hope Award to Dan Julien for his work with the nonprofit organization Circle of Hope.

Registration begins Monday, September 10, 2012

Registrations are accepted as follows:

In Person: Monday — Friday, 8:30am — 5:00pm
Needham Youth Services' Office

Mail: Needham Youth Services
Needham Town Hall
1471 Highland Avenue
Needham, MA 02492

To learn more about Needham Youth Services
or if you have questions, please call our office at **781-455-7500 x267**

For notification of upcoming programs join our listserv at:

www.needhamma.gov/youth/email

www.needhamma.gov/youth



Fall/Winter School Partnership Programs

Ask your child about these upcoming workshops at...

Needham High School:
Loss and Teen Dating Violence seminars

Pollard Middle School:
Picture Perfect workshop on gender roles & the media

High Rock:
Safe Surf Internet Program workshop on friendship and cyber-bullying

Elementary schools:
Social skills groups

Counseling Services

Confidential individual, group, and family counseling for youth is available from our trained and committed staff. We accept referrals from the schools, courts, and parents.

Substance Abuse Awareness Program: an assessment, education, and intervention program, which takes an innovative approach to the topic of alcohol and drugs.

Bullying Intervention Program: includes assessment, skill-building, and education. Participants gain an appreciation of the dangers of bullying and learn the skills needed to make mature and responsible decisions in the future.

Learn more about our counseling services at: www.needhamma.gov/youth/counselingservices.

RAY of Hope Program

The RAY of Hope award (Recognize A Youth) is a monthly recognition of a youth who is giving back to the community and/or is a role model for their peers. The program has no age limit — kindergarten through high school...and yes, we have had recipients as young as 5 years old!

To learn more and/or to nominate a youth for "RAY" you can download a form online at: www.needhamma.gov/youth/ray or one can be obtained at the Needham Youth Services office.

Fall/Winter Youth Programs

Babysitter Training Course

We offer a Babysitter Training Seminar for new babysitters or for those with limited experience who desire a refresher class. The training is six hours and is offered as a three-day course. Students must be in the sixth grade and at least 11 years old to take the class. Additional sessions will be offered in the spring. Learn more at www.needhamma.gov/youth/babysitting.



Dates: Training 1: October 11, 18, 25
Training 2: November 13, 20, 27
Training 3: November 28, December 5, 12 (snowdate: December 19)
Training 4: January 8, 15, 22 (snowdate: January 29)

Cost: \$45 (waived in the event of financial need)

Location: Trainings 1 & 3 at High Rock (2:30 - 4:30pm)
Trainings 2 & 4 at Pollard (2:45 - 4:45pm)

Facilitators: Jayme Nowland, LICSW & Meaghan Dupuis, LMHC



Meet the Staff



Jon Mattleman
MS Counseling
Director
jmattleman@needhamma.gov

Katy Colthart
LICSW
Social Worker
kcolthart@needhamma.gov



Carol Rosenstock
BS Education
Office Manager
crosenstock@needhamma.gov

Michelle Butman
LICSW
Social Worker
mbutman@needhamma.gov



Samantha Orsagh-Yentis
MA Counseling Psychology (spring 2013)
Clinical Intern
sorsaghyentis@needhamma.gov

Fall/Winter Parent Programs

A Conversation...For Parents of Teens



Funded by the Needham Women's Club, this free program is limited to 9 participants per evening and creates a forum in which parents discuss the challenges of parenting teens in a supportive and confidential setting. Parents may attend any/all of the following evening meetings (which will include dinner). Additional sessions will be offered in the spring. Learn more at www.needhamma.gov/youth/aconversation.

Dates: October 23rd Make peace (and not war) with your teen
December 4th What a parent needs to know about teen risk taking behaviors (e.g. drugs/alcohol)
January 29th Teen stress, depression, and suicide

Registration for the following winter/spring "A Conversation..." programs opens in early January:

February 26th Teen Secrets: What they are, and what parents need to know about them.
March 12th Dads Only Night: Being a better father to my teen.

Cost: Free
Location: May-Chapel Room at Town Hall
Facilitator: Jon Mattleman (jmattleman@needhamma.gov)

QPR Suicide Prevention Training

The Needham Coalition for Suicide Prevention and Needham Youth Services are offering free QPR trainings. QPR (Question, Persuade, Refer) is based upon the following concepts: Those who most need help in a suicidal crisis are the least likely to ask for it; The person most likely to prevent a person dying by suicide is someone they already know; and, That prior to making a suicide attempt a person typically sends warning signs of their distress and suicidal intent to those around them. Learn more at www.needhamma.gov/youth/QPR.

Date: November 27, 2012
Cost: Free
Location: Great Plain Meeting Room at Town Hall
Facilitator: Jon Mattleman (jmattleman@needhamma.gov)

(Registration for the March 5, 2013 QPR opens in early January)

Patrick C. Forde Good Person Memorial Award

Named after Needham resident and community activist Patrick Forde, each year this award recognizes an adult in the community who has helped make Needham a better place for youth through his/her volunteer work.

Learn more at :
www.needhamma.gov/youth/fordeaward

Please Nominate!

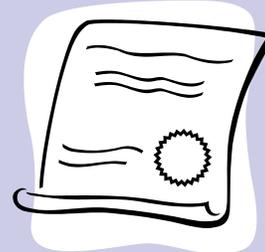
Forde Award recipients are nominated by members of the Needham Community, and we are looking for nominations for our next Forde Award recipient!

Nominated individuals must:
1) Be a Needham resident
2) Be at least 21 years of age
3) Not be paid for their work with children, youth, and/or families for which they are being nominated

Nominations will be accepted for the 2012 recipient until November 1, 2012. Nomination forms are available in the Youth Services Office and online at www.needhamma.gov/youth/fordeaward.

Once a recipient has been chosen, the public is invited to the:

Award Ceremony
January 28, 2013 at 5:00 PM
Needham Public Library



Consultation and Referral at Needham Youth Services

As the parent of a teen, you know first hand how challenging this stage of life can be. Even the best equipped and involved parents can find themselves in complex and confusing situations --- and parents may not know what to do next.

Needham Youth Services can be a source of support in a crisis and/or when a parent does not know where to turn. Our free consultation can support a parent at a time when making logical decisions is critical. Parents have utilized this resource when dealing with a serious matter involving their child (e.g. drug/alcohol use), when they are concerned about a specific behavior (e.g. depression), or when they are just worried about their child's growth and development.

All support is provided in a confidential setting and at no charge. Contact Jon Mattleman (jmattleman@needhamma.gov)

General Information

Most of our services are **Free** of charge



Join our Email Listserv

If you are interested in receiving periodic updates of Needham Youth Services' programs that may be of interest to you and/or your children, please visit our website at www.needhamma.gov/youth/email and click on the year of birth of your child/children.

We ask for the year your child was born so that we can send you information that pertains to your child --- thus eliminating unwanted information. If you have more than one child, you must register for each child (by year of birth) individually.

Payment

Most of our services are **FREE** of charge. If the program charges a fee, payment must accompany all registrations. Checks should be made payable to "Town of Needham - Youth Services".

Fee Assistance

Financial aid is available to all Needham residents and Needham students. A letter requesting assistance must be submitted to the Director of Needham Youth Services at the time of registration. To learn more, please visit our website at www.needhamma.gov/youth/fee.

Course Confirmation

We will confirm registrations by phone, email, or mail. You will be notified if the program is full or cancelled and your payment will be refunded.

Inclement Weather

It is our policy that if Needham Public Schools close due to weather, our programs will also be cancelled. Weather related cancellations will be posted on our website at www.needhamma.gov/youth.

Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds will not be given; however, we will do our best to reschedule.

Refunds

If you request to withdraw from a class with sufficient time to get a replacement, a refund may be issued. However, if the slot can not be filled, no refund will be issued. If you do not show up for a class, there is no refund. Refunds will be issued if Needham Youth Services cancels a program and/or you registered for a program and there are no openings.

\$ Employment Program

The Employment Program assists young people in obtaining business and residential employment, as well as helping residents requiring help for around-the-house chores.

Youth ages 12 to 21 who want to work must register with us by completing a Job Registration Form and a Parent Permission Form. For those 18 years of age and under, a parent or legal guardian must co-sign this form.

Both the Residential Employment Books and the Job Posting Books are available on Tuesdays from 9:00 am - 4:00 pm or by appointment. Forms may be requested/submitted at any time during the business week. There is a \$5 fee for this service for residents (\$10 for the express listing); there is no charge for youth using the Employment Program. Learn more at www.needhamma.gov/youth/employment.

The Employment Program does not screen any applications or individuals—we act simply as a clearing house and an information source.

For further information please contact Carol Rosenstock 781-455-7500 x267 or Crosenstock@needhamma.gov

What's Ahead in Spring/Summer 2013:



Make a Statement Day returns to Needham High on March 28, 2013

Needham Unplugged March 2013

No homework/meeting night is March 21, 2013



— Registration for the Following Programs — Beginning in May



Peer Tutor 2013 - 2014
VIP Program 2013 - 2014



Extreme Looks Program offered in late June, 2013

Project VAN returns for its 16th summer in July, 2013



Needham Youth Services Registration Form

(Please complete the entire form)

PARTICIPANT INFORMATION

Participant's Name:	M/F DOB:
Address:	Zip Code:
Home Phone:	Cell Phone:
Email Address:	Grade & School:

PARENT/GUARDIAN INFORMATION

Name:	Cell Phone:
Email Address:	

EMERGENCY INFORMATION

Name:	Relationship:	Phone:
Name:	Relationship:	Phone:
Allergies:		Medical Conditions:

PROGRAM INFORMATION

Program Name	Session	Fee

Donation to Needham Youth Services:	\$
Total Amount :	\$
Make Checks payable to "Town of Needham — Youth Services"	

REQUIRED
Authorization of Participation

I, the undersigned parent/guardian of _____, give permission for my child to participate in a Needham Youth Services' program. In the event of medical emergency, I authorize the staff to seek medical attention as required. Further, I shall indemnify and hold harmless and hereby release, remise, and forever discharge the Town of Needham from any and all liability, suits, losses, cause of actions, damage arising or occurring out of participation in the abovementioned program and/or arising or occurring out of any said medical attention.

SIGNATURE _____ **Date** _____

OPTIONAL
Authorization to Photograph/Videotape

I, _____, do hereby give permission to the Needham Youth Services to photograph/videotape me and/or my children as participants in a Needham Youth Services program. I understand that these photographs or the videotape may be used in one or all of the following ways:

- As part of the Needham Youth Services' website regarding this specific program.
- As an enclosure to letters sent to potential funding sources.
- As part of an article in the Needham Times, Hometown Weekly, Boston Globe, Needham Patch, etc.
- As a piece on the cable station which may also be posted on YouTube by the Needham Cable Channel.

SIGNATURE _____ **Date** _____